

Look what's happening this month at the OASIS Senior Center!

Let's Go Trippin: Travel Film Series

Wednesday, October 11, 7-8pm, OASIS Event Center

This monthly program provides a first-hand account of travels from different presenters and to different locations. The group meets the second Wednesday of the month. This month, Jim and Linda Lenthall will present two trips to Vietnam including stops in Hanoi, Ho Chi Minh City, Halong Bay, and the unique Mekong Delta. They will also show some of the aspects of everyday life in rural Vietnam and some of the unique foods that are eaten. No RSVP needed.

Free OASIS Health and Resources Fair

Saturday, Oct 21, 9am-12pm

Over 70 vendors, flu shot clinic, health lectures and fitness class demos!
Boxed lunch tickets for \$5; lunch 12-1pm

TNT Lecture: Improve your Balance and Joint Health

Presented by Dr. Evan Osar and Jenice Mattek, Integrative Movement System

Tuesday, Oct 24, 6-7:30pm, OASIS Event Center

In this interactive 90-minute workshop, you will discover the number one reason so many of us experience balance issues and osteoarthritis of the hips, knees, and spine. Additionally, you will learn three important strategies you can apply to immediately change how you move and how you feel so that you can move towards doing the things you need, want and love to do. Please call 949-644-3244 or email OASISCenter@newportbeachca.gov to RSVP for this free lecture.

Prescription Drug Drop Off

Saturday, Oct 28, 10am-2pm, OASIS parking lot

Turn in your unused or expired medication for safe disposal.

Great Courses Discussion Group

"The Scientific Secrets for a Powerful Memory"

Thursdays, October 12-November 16, 3-4pm, OASIS Room 2B

This group meets every Thursday for six weeks to watch a National Geographic DVD followed by a group discussion. This fall, we cover The Scientific Secrets of a Powerful Memory. Participants are encouraged to bring in articles relevant to the topic to use for discussion. Space is limited, and registration is required. Call 949-644-3244 to reserve your space, email RSVP's will not be accepted.

UCI Shakespeare Reader's Circle

Fridays, 10/13, 11/17, 12/15, 1/12, and 2/9

10am-Noon, OASIS Room 4

Join Dr. Sheiba Kian Kaufman, Lecturer of English at UCI, in reading "Hamlet" out loud each session, assigning parts scene by scene, and breaking frequently for discussion. No background in Shakespeare or drama required. Books will be provided. Please plan to attend all five meeting dates. Space is limited, and registration is required. Call 949-644-3244 to reserve your space, email RSVP's will not be accepted.



OASIS Senior Center
801 Narcissus Avenue
Corona del Mar, CA 92625
949-644-3244



Look what's happening this month at the OASIS Senior Center!

OASIS 40th Anniversary Celebration in November!

Let's Celebrate 1977...AGAIN!

In honor of all that we've accomplished over the past 40 years, we're celebrating with three days of activities. Hope you can join us in celebrating 40 years of service to the senior community.

THREE day Celebration SCHEDULE:

Thursday, November 2

Root beer Float Social, OASIS Courtyard, 2-3pm

Enjoy a free root beer float to kick off the start of the anniversary celebration!

FREE

Friday, November 3

Friends of OASIS Monthly Get Together, Evelyn Hart Event Center, 10am- 1pm

A presentation about the history of OASIS, slide show of OASIS past, entertainment and a pot roast lunch.

\$8.00; call to purchase tickets 949-718-1800.

Saturday, November 4

Pancake Breakfast, Evelyn Hart Event Center, 9 – 11am

Join us for breakfast at "throwback" prices: \$1.00 per person. Pancakes, sausage, orange juice and coffee.

Bring the whole family to celebrate this fun event.

\$1.00; Call to purchase tickets 949-718-1800 or pay at the door.

Saturday, November 4

Concert in the Courtyard, 2 – 5pm

A fantastic 70's cover band, small bites of tasty food, wine and beer for sale, and a dance floor for dancing.

This event will be outside: bring your beach chairs and enjoy the music as it takes you back to 40 years ago.

Tickets \$15.0. Available for purchase starting October 2. Call 949-644-3244 or purchase in the Admin office.

Where were you in 1977?

Dig up those throwback photos and dust off your memory books, OASIS is turning 40 and we need you to help us celebrate with your favorite memory from 1977! We are looking for copies of old photos and/or special OASIS memories over the past 40 years, especially from 1977. Please bring in copies of photos or fill out a memory card beginning October 2. Memory Cards are available at the OASIS front desk.



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