

NEWPORT HARBOR Paddleboarding Safety Tips



1. KNOW HOW TO SWIM



**2. MAKE SURE TO HAVE
A LIFE JACKET & WHISTLE
(IT'S THE LAW)**



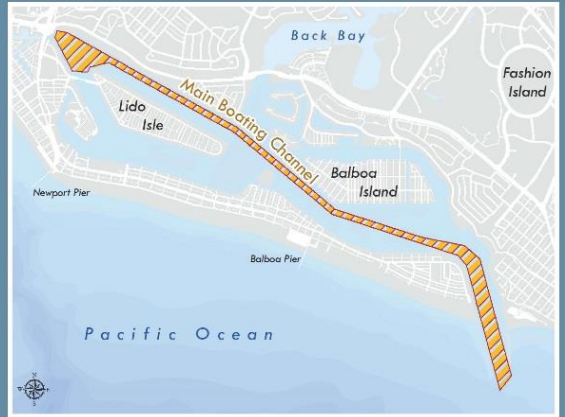
**3. WEAR YOUR LEASH IF
AVAILABLE**



**4. STAY CLEAR OF BOATS &
ALWAYS GIVE THEM THE
RIGHT OF WAY**



**5. DO NOT DISTURB SEA LIFE
(INCLUDING SEA LIONS)**



Newport Harbor's main boating channel, as shown above, is busy with vessel traffic. Keep clear and use extreme caution if crossing. Remember to always give passing boats the right of way.

IN CASE OF EMERGENCY:



Credit: Newport Aquatic Center

- Do not abandon your board in the water
- Paddle to the nearest dock for assistance
- If you cannot paddle, wave your paddle from side to side to warn others about your need for help

Enjoy your visit to Newport Harbor!