

## MEN'S SHARING CIRCLE

## Wednesdays July 15 – August 12, 2020 2:00 pm – 3:30 pm via Zoom

Are you looking for a safe place where you can share the joys and sorrows of your life with other Senior men?

If yes, please join us for a 5 week, virtual Men's Sharing Circle where we will explore how our lives are working for us in the interesting times that we are currently living in.

An ideal participant would be

- A reflective man who is comfortable sharing his thoughts and feelings
- An empathetic listener
- Someone comfortable with joining and participating in Zoom calls as well as reading and sending emails

## Limited to 9 participants, including the facilitator. RSVP required: 949-644-3244 or oasiscenter@newportbeachca.gov

Over the last 20 years, facilitator Dick Granoff has created hundreds of safe spaces where participants have felt comfortable sharing their thoughts and feelings on a variety of topics. Feel free to contact him at 949-791-2404, if you have any questions about the Group.