

Look what's happening this month at the OASIS Senior Center!

TNT Lecture: "Healthy Brain Aging"

Tuesday, October 9, 6pm, Event Center, FREE

Presented by: Dr. Teryn Clarke, Clarke Neurology

An informative discussion on how to prevent memory loss and other types of cognitive impairment due to dementing disorders such as diabetes, heart disease, high blood pressure, high cholesterol, sleep apnea, and Alzheimer's disease.

RSVP 949-644-3244

Journey of Caregiving

Three (3) Consecutive Thursdays, October 11, 18 & 25, 6pm, Room 1, FREE

Presented by the Family Caregiver Resource Center

Learn to take better care of yourself, reduce stress, reduce guilt, anger and depression and communicate more effectively.

RSVP 714-446-5030

TNT Lecture: Court Appointed Special Advocate (CASA) Program

Tuesday, October 16, 6pm, Event Center, FREE

Presented by Matthew Wadlinger, Chief Communications Officer

This presentation will provide the details of the CASA program and the wonderful volunteer opportunity available for you in our community. There are currently over 300 deserving children, in the foster care system, on a waiting list for a CASA. You could be part of making these children's lives better.

RSVP 949-644-3244

Behind the Classics: "To Kill a Mockingbird"

Wednesday, October 17, 2:30-5pm, Event Center, FREE

Presented by: Theo Siegel, writer, researcher and television professional

We will show the movie "To Kill a Mockingbird" in its entirety preceded by a 30-minute informative discussion about the film, its origins, script, casting, production, audience reaction, box office sales, and its legacy.

RSVP 949-644-3244

Health & Resources Fair

Saturday, October 20, 9am-Noon, Event Center, FREE

This popular event returns with a large vendor fair, class demos (boxing and ballroom dancing), lectures (nutritional supplements and mindfulness) and more! Sponsored by Coast Hearing and Balance Center, Greater Newport Physicians, PACE CalOptima, Coraltree In-Home Care, and Linda K. Duffy.

RSVP 949-644-3244

TNT Lecture: "Animal Conservation Efforts in Africa"

Tuesday, October 23, 6pm, Event Center, FREE

Presented by: Jim Holden of Holden Safaris

This presentation brings information on the current state of animal conservation in Africa, including the ivory and rhino horn trades, land usage, and the tradeoff between indigenous people and modern industrial movements on land uses in the area.

RSVP 949-644-3244

Flu Shot Clinic

Wednesday, October 24, 9-11am, Room 1, FREE

Sponsored by Hoag Hospital Department of Community Health



OASIS Senior Center
801 Narcissus Avenue
Corona del Mar, CA 92625
949-644-3244



Look what's happening this month at the OASIS Senior Center!

The vaccine will be available to individuals 18 years and older; we will not be offering the vaccination to pregnant women or children. Vaccine will be offered on a first come, first served basis.

Prescription Drug Drop Off

Saturday, October 27, 10am-2pm, OASIS Auxiliary parking lot off Marguerite

Turn in your unused or expired medication for safe disposal. Note, the drop off is located in the parking lot that houses the temporary fire station (off Marguerite).



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