

RECREATION & SENIOR SERVICES DEPARTMENT



Parks
Make
Life
Better!

NEWPORT NAVIGATOR

SPRING 2019

APRIL 2-JUNE 24



April 26 Youth Track Meet

NEW LOCATION: Davidson Field at Newport Harbor High School | PAGE XX

NEWPORT NAVIGATOR



Newport Beach City Council

Mayor	Diane B. Dixon ddixon@newportbeachca.gov
Mayor Pro Tem	Will O'Neill woneill@newportbeachca.gov
Councilmember	Brad Avery bavery@newportbeachca.gov
Councilmember	Duffy Duffield dduffield@newportbeachca.gov
Councilmember	Jeff Herdman jherdman@newportbeachca.gov
Councilmember	Joy Brenner joy@newportbeachca.gov
Councilmember	Kevin Muldoon kmuldoon@newportbeachca.gov

City Staff

City Manager	Grace K. Leung gleung@newportbeachca.gov
Recreation & Senior Services Director	Laura Detweiler ldetweiler@newportbeachca.gov
Recreation & Senior Services Deputy Director	Sean Levin
Senior Services Manager	Celeste Jardine-Haug
Recreation Manager	Jonathon Harmon
Recreation Manager	Justin Schmillen
Recreation Manager	Racquel Valdez

City Hall Hours

Monday–Thursday	7:30 a.m.–5:30 p.m.
Friday	7:30 a.m.–4:30 p.m.

CONNECT WITH US



@cityofnewportbeach



City of Newport Beach



newportbeachgov

City Directory

Budgeting & Finance	949-644-3127
Animal Control	949-644-3717
Building Department	949-644-3275
Building Permits	949-644-3288
City Attorney	949-644-3131
City Clerk	949-644-3005
Code Enforcement	949-644-3215
Community Youth Center	949-644-3165
Fire & Lifeguard (Business)	949-644-3104
Fire /Police Emergency	9-1-1
General Services	949-644-3055
Graffiti Hotline	949-644-3333
Human Resources	949-644-3300
Information	949-644-3309
Library	949-717-3800
Licenses	949-644-3141
OASIS Senior Center	949-644-3244
Marina Park	949-270-8150
Natural Resources/Tidepools	949-644-3038
Mayor	949-644-3004
Newport Coast Community Center	949-270-8100
Park Patrol	949-795-2381
Parking Citations	949-644-3396
Planning Department	949-644-3200
Police (Front Desk)	949-644-3681
Police (non-emergency dispatch)	949-644-3717
Public Works	949-644-3311
Recreation & Senior Services	949-644-3151
Utilities Department	949-644-3011
Water Bill Information	949-644-3050



Recreation & Senior Services Department

100 Civic Center Drive, Bay E
Newport Beach, CA 92660
newportbeachca.gov/recreation
recreation@newportbeachca.gov

Phone: 949-644-3151

Fax: 949-644-3155

Park Patrol: 949-795-2381

Mud Line: 949-718-1860

Spring 2019



- X Special Events
- X Special Needs
- X Camps
- X Natural Resources
- X Preschool
- XX Youth & Teens
- XX Workshops
- XX Water Sports
- XX Youth Track Meet
- XX Tennis
- XX Pickleball
- XX Dogs
- XX Adult
- XX Adult Leagues
- XX OASIS
- XX Library
- XX Cultural Arts
- XX Instructor Directory
- XX Registration Form
- XX Map

Welcome Letter

We are here to put some “SPRING” in your step this season with a variety of programs, classes and events. The following pages are full of activities with something for everyone!

HOP on down to the Civic Center for the 5th Annual Mayor’s Egg Race...its free and full of fun.

PAGE XX

Get the **JUMP** on summer activity planning at the Camp Newport Expo.

BACK COVER

KICK start your heart at OASIS by joining our world class Fitness Center.

PAGE 12

FIND us on Instagram while out enjoying any one of our 65 Parks.

@cityofnewportbeach

The Newport Navigator is your guide to all things **SPRING** Recreation!

About the Cover

The Track Meet of Champions makes its way back to Newport Harbor High after spending the last decade at Corna del Mar High School.

PAGE XX



Parks Make Life Better!



10th Annual Field of Honor

★★★ **FRIDAY, MAY 17 at 8:00 A.M.** ★★★

**Castaways Park
700 Dover Dr., Newport Beach**

Visitors welcome daily from Friday, May 17 to Monday, May 27.



- 1,776 American flags arranged
- Patriotic performances by local students
- American flag giveaways
- Additional ceremonies on Armed Forces Day (Saturday, May 18) & Memorial Day (Monday, May 27)

For more information about flag dedications, sponsorships and event details, visit www.nhexchange.net.



LAWN BOWLING OPEN HOUSE “Saturday on the Green”

SATURDAY, MAY 4

10 a.m.–3 p.m.

1550 Crown Drive North | Corona del Mar
(San Joaquin Hills Rd across from Gelson’s Market)

Newport Harbor
LAWN BOWLING CLUB

For more information, call **949-640-1022.**

Newport Film Festival
3.4563 in W
X
4.6125 in H

Friends of OASIS presents

FIESTA FANTÁSTICA

OLÉ! OLÉ!

Saturday, April 13
5–9 p.m.

\$45/PERSON:

- Dinner & Dancing
- Gaming & Silent Auction
- Live Music by **Tears of Joy**

For more information and registration, visit friendsofoasis.org or call 949-718-1800.

2ND ANNUAL NEWPORT BEACH HOME TOWN SPECIAL OLYMPICS



Unity Torch Walk,
Mini Hoop Shoot Challenge & BBQ
Thursday, May 9 • 6–9 p.m.
Newport Beach Civic Center

Join us as over 300 Special Olympic Athletes, Newport Beach Police, Fire, City Council, local officials, business and community members converge on the Center Center park trail passing the torch to one another in a show of unity and community. Let's celebrate the over 539 Special Olympic Athletes that live, work train and go to school here in Newport Beach. You'll be treated to a spirited evening that features a Newport Rib Company BBQ, live band, fine wines, craft beer and lots of fun!

TO REGISTER:

sosc.org/newporthometown

For more information on the event and sponsorships, email Sue Adams at suewildermuthadams@gmail.com.



CITY OF NEWPORT BEACH • RECREATION AND SENIOR SERVICES

Movie in the Park

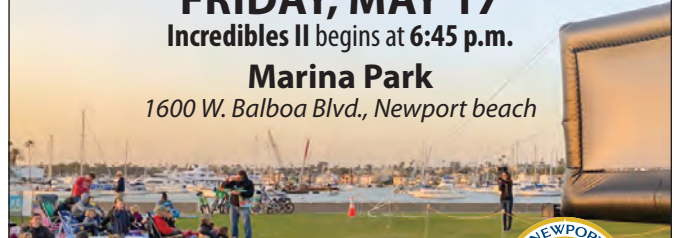
- FREE POPCORN, CANDY & ACTIVITIES •
- FOOD FOR PURCHASE •

FRIDAY, MAY 17

Incredibles II begins at 6:45 p.m.

Marina Park

1600 W. Balboa Blvd., Newport beach



For more information, visit
newportbeachca.gov/recreation
or call 949-270-8150.



CITY OF NEWPORT BEACH • RECREATION & SENIOR SERVICES DEPARTMENT

Egg Race

MAYOR'S
5TH ANNUAL

EGG ROLL RACES ✿ PICTURES
BOUNCE HOUSES ✿ TRAIN RIDES ✿ AND MORE

**SATURDAY
APRIL 13, 2019**

10 a.m.–Noon

Civic Center Lawn

100 Civic Center Dr., Newport Beach



For more information and registration: newportbeachca.gov/recreation • 949-644-3151



The City of Newport Beach is proud to serve participants with special needs. Patrons are encouraged to enjoy an assortment of activities through our recreation classes and programs as well as specialized adaptive recreation programs. See page XX for Natural Resources field trips that can be adapted for participants with special needs.

Special Needs Ballroom Basics

Definitely Dance Inc.

Join us for a dynamic dance class that is specifically designed for people 18+ with all types of special needs and developmental disabilities! Must sign up with a family member or caregiver, who will be your dance buddy throughout class. One registration per pair. Taught by our lead instructor, Mandy Mykitta, many dances will be represented. From the Waltz to the Hustle, we'll teach you all the moves you need to own any dance floor!

- Dance buddies do not need to be registered for class.

COMMUNITY YOUTH CENTER

Sa	11:30am-12:30pm	4/6-5/4	18+	\$50	CYC212
Sa	11:30am-12:30pm	5/11-6/15	18+	\$50	CYC213

Sunday Circle

Friendship Circle OC

Join the Friendship Circle, and come together for a variety of entertainment, recreation and enrichment activities. This program offers a unique opportunity for children and teens to gain skills and confidence from group activities while still receiving one-on-one attention from their buddies. The Sunday Circle program helps to teach children everything from gross motor and cognitive techniques to communication and language skills. Specialized activities raise the spirits and promote creativity, while sports activities exercise gross motor skills and promote physical fitness. RSVP is required.

- Register at www.bit.do/FriendshipCircle

BONITA CREEK COMMUNITY ROOM

Su	2-4pm	4/7, 5/5, 6/2	4-18yrs	FREE
----	-------	---------------	---------	-------------

Basketball Buddies

Friendship Circle OC

Basketball Buddies is a program for kids and young adults who would like to learn fundamental basketball skills and make new friends! Every participant will be paired up with a teen buddy who then assists them acquire their newly learned skills. Participants will play a scrimmage game each class.

- RSVP is required
- Register at www.bit.do/FriendshipCircle
- Participants play a scrimmage game each class.

NEWPORT COAST COMMUNITY CENTER

Su	11am-1pm	4/7, 5/5, 6/2	10-25yrs	FREE
----	----------	---------------	----------	-------------

10 Legal Protections for Children with Disabilities

Attorney Darlynn Morgan

This workshop is for parents, grandparents, and relatives of any child with a disability (minor adult). What would happen to your disabled child if something unexpected should happen to you, their parent? We will address common questions such as "what is a special needs trust and is it necessary", "what is conservatorship and are there alternatives", "how do you pass an inheritance to a disabled person so governmental benefits are not disrupted," and more. Please call 949-644-3151 or email recreation@newportbeachca.gov to RSVP for this free event.

MARINA PARK COMMUNITY CENTER

Th	5-7pm	4/18	Adult	FREE
----	-------	------	-------	-------------



Stoked: Surf Class for Special Needs

Endless Sun Surf

Come join us in this unique surf class designed for those with special needs. This is a great way to increase self-esteem, connect with the Ocean, make new friends and learn a sport unlike any other. Professional instructors will work 1:1 with students

in the water to help them catch and ride waves, learn about ocean safety, surfing techniques and ocean awareness at a perfect location with gentle waves and safe, shallow depths. Surf school owners are CPR and First Aid certified and have experience in teaching surfing to those with special needs.

- Surfboards and wetsuits are provided.
- Class meets under the Newport Pier.

NEWPORT PIER

F	3:30-5pm	5/3-5/31	6+	\$180 MP2302
---	----------	----------	----	---------------------

Solo to Social

Kids Care

Individually tailored class to a child's needs and level of autonomy while having fun learning gymnastics and lifetime skills. We focus on progressive structured classes developing motor skills, flexibility, coordination, self-efficacy and confidence. These classes are designed to allow progression to typical gymnastics programs and group integration. No class 4/22, 5/27.

M	1-1:45pm	4/1-6/17	1+	\$375	ST2032
M	2-2:45pm	4/1-6/17	1+	\$375	ST2033
M	3-3:45pm	4/1-6/17	1+	\$375	ST2034
M	4-4:45pm	4/1-6/17	1+	\$375	ST2035
W	12-12:45pm	4/3-6/19	1+	\$375	ST2038
W	1-1:45pm	4/3-6/19	1+	\$375	ST2039
W	2-2:45pm	4/3-6/19	1+	\$375	ST2040
F	12-12:45pm	4/5-6/21	1+	\$375	ST2036
F	1-1:45pm	4/5-6/21	1+	\$375	ST2037

Group Gym

Kids Care

Socialization and group participation make this specially grouped class a fun place for improving basic gymnastics and social skills, strength and flexibility leading to autonomy in group settings. The encouraged interaction with others in a safe and active environment make this class a great place to meet new friends. No class 4/24, 5/22.

16TH ST RECREATION CENTER

W	5:30-6:15pm	4/3-6/19	1+	\$200	ST2041
---	-------------	----------	----	-------	--------

BASKETBALL TOURNAMENT
SATURDAY, APRIL 20 ■ 9am-1pm
 Newport Coast Community Center

FOR MORE INFORMATION OR TO VOLUNTEER:
714-564-8374 or
jcabrera@sosc.org

Coastline College Program for Adults with Intellectual Disabilities

Taught by Coastline College

Special Programs & Services Faculty

Coastline College Registration Requirements & Information

- *Deadline to register: Friday, May 24*
- *Students must be at least 18 years of age*
- *Students must have & provide verification of an intellectual/developmental disability*
- *Students must complete a Coastline Special Programs & Services Application & Registration Form*
- *Students must meet with the Special Programs and Services Coordinator, prior to enrollment*
- *For more information and to receive an application packet, please contact Coastline Community College's Special Programs & Services Office at 1515 Monrovia Avenue, Newport Beach, CA 92663 or call (714) 241-6214 or email specialprograms@coastline.edu*

Orientation to Art (SPED C421)

This course provides an introduction to a variety of creative art forms, with an emphasis on use of tools and materials necessary to render finished artwork. This course is designed specifically for individuals with intellectual disabilities

OASIS ART CENTER

M	6/24-8/12	5-7pm	Adult	FREE
---	-----------	-------	-------	------

Adaptive Fitness for Adults (SPED C438)

This course is designed to utilize calisthenics, jogging, exercise, race walking, and weight training to increase muscular strength and endurance, to improve posture and mobility, and breath control. Exercises are tailored to the abilities of the students. This course is designed specifically for individuals with intellectual disabilities.

CYC CHINA COVE

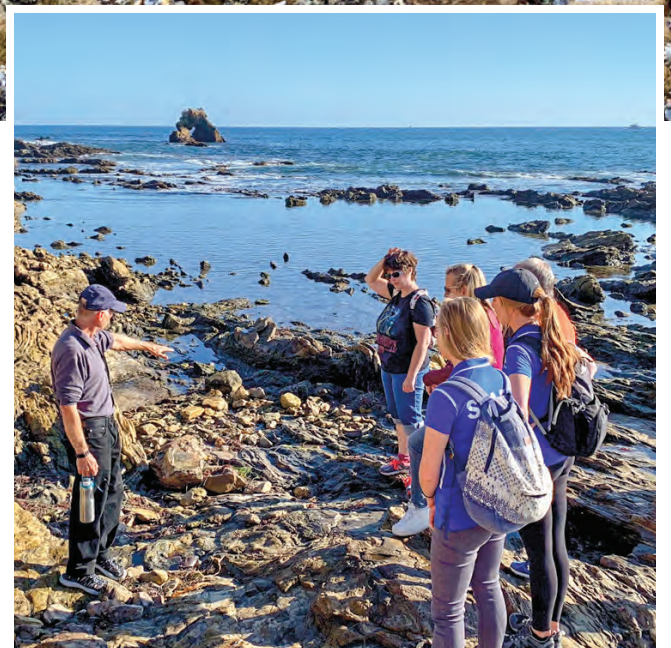
W	6/26-8/15	5-7pm	Adult	FREE
---	-----------	-------	-------	------

For More Information

Visit newportbeachca.gov and search "Special Needs Programming" for a full list of local resources.

Discover the Tide Pools

For more information on the events listed below, email tidepools@newportbeachca.gov.



FREE

Marine Protected Area Hikes

Join the Natural Resources Staff on a guided, informational 2.6-mile hike through Newport Beach's Crystal Cove State Marine Conservation Area.

- Hike meets at Little Corona Lifeguard Tower #7.
- Ages 13 years and up

Hike Dates & Times:

Saturday, April 13 11am-1pm
Saturday, May 11 10am-12pm
Saturday, June 8 8am-10am

FREE

Community Day

Led by Newport Bay Conservancy Volunteers

Come explore parts of the Back Bay Science Center and participate in fun hands-on activities to learn more about the ocean.

BACK BAY SCIENCE CENTER

600 Shellmaker Road ▪ Newport Beach, CA 92660
Sundays 10am-2pm

Field Trips

There are a number of field trip opportunities available throughout Newport Beach, including exploring tide pools at Little Corona, hiking Buck Gully, and learning about the Upper Newport Bay at Big Canyon.

The Office of Natural Resources has engaging and educational trips available year-round.

DID YOU KNOW?

The California Two-Spot Octopus mates only once in its lifetime, but can lay over 100,000 eggs during this period!



Volunteer Opportunities

Are you interested in volunteering as a tidepool docent in Newport Beach? Please visit ocmarineprotection.org for the next Orange County docent training dates and times!



BUCK GULLY HIKES

FREE

Buck Gully Loop Hike

Led by Irvine Ranch Conservancy Staff

Come and explore the entire Buck Gully Reserve trail system. Beginning from the Oasis Senior Center, we'll hike up through the almost three mile length of the canyon, then along San Joaquin Hills Road for about a mile, stopping at Canyon Watch Park where we will take in the panoramic view of the reserve and the Pacific coastline before descending back into the canyon along the Bobcat Trail.

- Please bring water, a light trail snack, sturdy closed-toe shoes and supplies to keep you safe during the journey.
- Sunscreen and a hat are highly recommended.
- Conducted at a walking pace of approximately three miles per hour.
- **Distance:** 6 miles
- **Duration:** 3.5 hours
- **Difficulty:** High-Moderate

Staging location:

BUCK GULLY-OASIS SENIOR CENTER

(aux. lot at 5th and Marguerite)

Apr. 13 Sa 8-11:30am 12yrs+

FREE

Buck Gully Upper Loop Evening Hike

Led by Irvine Ranch Conservancy Staff

Explore the richness of Newport Beach's Buck Gully Reserve as we hike during the beautiful early evening hours. The stream is running and the rich plant and animal life are enjoying the cool, shady canyon, making for a fantastic evening hike in a natural oasis amid the suburban surroundings. We'll walk along San Joaquin Hills Road, which overlooks Buck Gully, for the first mile and then drops down into the canyon on the Bobcat Trail, hikers will loop back through the upper end of the gully along the Buck Gully Trail.

- Walking pace, approximately 3 miles per hour.
- **Distance:** 4 miles
- **Duration:** 2.5 hours
- **Difficulty:** Moderate

Staging location:

NEWPORT COAST COMMUNITY CENTER

May 11 Sa 3:30-6pm 8yrs+

FREE

Flora and Fauna of Buck Gully, Bobcat Route/OASIS Shuttle Service

Led by Irvine Ranch Conservancy Staff

Explore the magnificent diversity of native flora and fauna in the Buck Gully Reserve on this interpretive walk. This will be a slow paced hike, traversing the lower half of Buck Gully. We will be shuttled to Canyon Watch Park from the Oasis Senior Center and hike from the park back to the Oasis center. The route will be mostly downhill, with a few short, steep sections. Suggested are sturdy shoes, sunscreen, water, and binoculars if you have them.

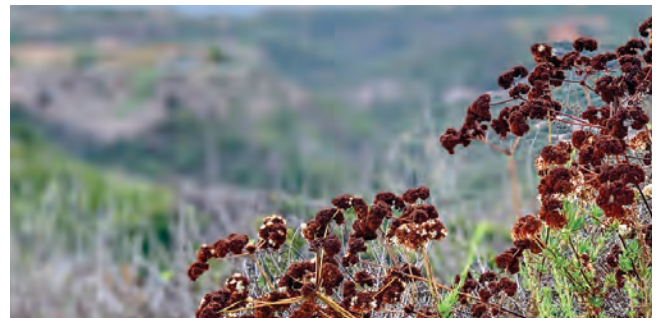
- The OASIS Shuttle Service will transport participants to Canyon Watch Park where they will hike from the park back to the center.
- **Distance:** 2 miles
- **Duration:** 2 hours
- **Difficulty:** Easy

Staging location:

BUCK GULLY-OASIS SENIOR CENTER

(aux. lot at 5th and Marguerite)

Apr. 12 F 9-11:00am Adult



FREE

Bridges of Buck Gully Hike

Led by Irvine Ranch Conservancy Staff

Buck Gully is a natural, coastal canyon which opened to the public in 2012 with the installation of four bridges to allow for safe public access. These bridges facilitate exploration of the Buck Gully Reserve, and also provide viewing platforms from which to pause and observe the abundant life in and around the stream. The guided program starts with a short walk from the Oasis Senior Center to the beginning of the Buck Gully trail, offering a visually dramatic entrance into this special canyon.

- Walking pace, approximately 3 miles per hour.
- **Distance:** 5 miles
- **Duration:** 3.5 hours
- **Difficulty:** Moderate

Staging location:

BUCK GULLY-OASIS SENIOR CENTER

(aux. lot at 5th and Marguerite)

June 8 Sa 8am-11:30am 12yrs+



Camp Playball OC Playball

Perfect for NEW campers! Children learn the basics for sports such as soccer, tennis, hockey, basketball, baseball, volleyball and more. Athletes will learn persistence, courage, cooperation, respect and positive relationships while having fun. We combine high-energy games like relay races and obstacle courses, with all the Playball favorites.

COMMUNITY YOUTH CENTER (CYC)
M-F 9am-12:30pm 4/8-4/12 3-12yrs \$165 **FB2347**

Decomposers: Earth's Best Friends Bionerds

Come and join this fun and hands-on biology workshop for kids! Learn why and how these organisms, from worms, beetles, crustaceans, and more, are called Earth's best friends. Your child will be up close and personal with the live organisms and perform dissections, cool biology experiments using lab equipment/tools.

- A \$70 material fee is due to the instructor on the first day.
- Attire: closed-toe shoes and comfortable, not loose clothing.
- Please bring: Bionerds waiver form.

COMMUNITY YOUTH CENTER (CYC)
M-F 1-4pm 4/8-4/12 5-12yrs \$200 **CYC202**

Erik Nelsen Surf Camps/Spring Ocean Adventure Programs-EN

Come join Erik Nelsen and Ocean Adventure Program's 34 years of youth camp experience this Spring Recess for an exciting week of Co-Ed Surf Camp. Boys and Girls will receive surf instruction, learn ocean awareness, tide cycles, wave types, eco-friendly beach exercises, beach activities including relay races, beach flags and other junior lifeguard games. Ocean safety will be taught and practiced by our professional staff, which is CPR and First Aid certified. Surf lessons are conducted at an excellent site with gentle waves, a sandy bottom and a safe environment for learning.

- A professional surfer will be on hand to share their surfing knowledge on Friday afternoon.
- Soft surfboards, wetsuits and tents for shade are provided.
- We welcome Hurley as our new sponsor.
- Camp has a 4:1 student to instructor ratio.
- Meet a pro surfer and pizza party on Friday.
- Participants receive: camp T-shirt, goodie bag and a group and an individual photo.
- Carpool-style pick-up and drop off for parents.
- West Newport Park corner of Seashore Drive and Nordina Street.

SEASHORE & NORDINA
M-F 9am-3pm 4/8-4/12 5-14yrs \$550 **SRF201**

From Human Body to Decomposers Bionerds

Learn about how your body's systems work, from your brain to your skin in the morning. Learn why these organisms, from worms to beetles, are called Earth's best friends in the afternoon. Your child will be up close with living organisms, fresh/preserved organs and perform dissections/cool biology experiments.

- A \$100 material fee is due to the instructor on the first day.
- Attire: closed-toe shoes and comfortable, not loose clothing.
- Please bring: Bionerds waiver form.

COMMUNITY YOUTH CENTER (CYC)
M-F 9am-4pm 4/8-4/12 5-12yrs \$400 **CYC203**

GameMaker: 3D Dev with Unity Brainstorm Studios

Create your own 3D game using, Unity and Unreal, the leading professional 3D Game Design engines. This course will teach game design principles, mechanics and level design. Students will build multiple Unity and Unreal 3D game projects by applying knowledge and skills including designing effective game levels and C# programming.

- A \$20 material fee due first day of camp.
- Bring labeled snack and water bottle.

NEWPORT COAST COMMUNITY CENTER
M-F 9am-Noon 4/8-4/12 9-14yrs \$275 **NCC202**



Human Body: From Head to Toes! Bionerds

Come and join this fun and hands-on biology workshop for kids! Learn about how amazing your body is and how its systems work, from your brain to your skin. Your child will be up close and personal with fresh/preserved organs and perform dissections/cool biology experiments using lab equipment/tools.

- A \$70 material fee is due to the instructor on the first day.
- Attire: closed-toe shoes and comfortable, not loose clothing.
- Please bring: Bionerds waiver form.

COMMUNITY YOUTH CENTER (CYC)
M-F 9am-Noon 4/8-4/12 5-12yrs \$200 **CYC201**

Mixed Media Art Camp Lisa Albert

Students will have a terrific week making creative projects from clay, wood, wire and metal embossing. Artists will paint masterpieces on canvas and paper plus explore collage, printing and watercolor. An emphasis on techniques and skills will enhance this art curriculum taught by a credentialed art teacher.

- Attire: old clothes or smock.
- Please bring: daily snack and water.
- A \$45 material fee is due to the instructor on the first day.

LISA ALBERT ART STUDIO
M-F 9am-Noon 4/8-4/12 5-12yrs \$300 **FB2037**



Pint Size Spring Break Camp Recreation Staff

This half-day program is filled with fun activities such as art, music, water

games, outdoor time and more! Pint-Sized Campers is led by the same Preschool 101 trained and enthusiastic Recreation Leaders who are First Aid and CPR certified.

- Campers must be potty trained (No pull-ups allowed).
- Refund Policy: NO REFUNDS OR TRANSFERS ONCE CAMP BEGINS.
- \$25 REFUND FEE applies to withdrawals with 7 days or more notice.
- \$50 REFUND FEE applies to withdrawals with 6 days or less notice.
- Campers must bring lunch, close-toed shoes, and sunscreen.

NEWPORT COAST COMMUNITY CENTER

M-Th 9:15am-12:45pm 4/8-4/11 3-5yrs \$132 CNBP02

Skateboarding Spring Break Camp

Skatedogs

This camp is for all ability levels. Make new friends, play games, win prizes, advance your skills and have fun!

- Requirements: Waiver form, a "trick" skateboard, knee pads/ elbow pads, and a helmet.
- Visit skatedogs.com to view our skateboard customizer and to learn about what type of skateboard to bring.

NEWPORT ELEMENTARY SCHOOL

M-F 8:30-11:30am 4/8-4/12 5-13yrs \$189 FB2060

Spring Break Day Camp

Recreation Staff

Camp Participants will enjoy crafts, games, tournaments, and various structured activities. Campers will take a field trip on Wednesday. Camp is staffed by Recreation Leaders and is designed for youth to expand their abilities, discover new talents, and have fun.

- Campers must be enrolled in K-6th grade during the '18-'19 school year.
- Refund Policy: NO REFUNDS OR TRANSFERS ONCE CAMP BEGINS.
- \$25 REFUND FEE applies to withdrawals with 7 days or more notice.
- \$50 REFUND FEE applies to withdrawals with 6 days or less notice.
- Campers must bring two daily snacks, lunch, closed-toe shoes, and sunscreen.

COMMUNITY YOUTH CENTER (CYC)

M-F 7am-6pm 4/8-4/12 5-12yrs \$150 AKWC44

Spring Break Sailing & Boating Camp

UCI Sailing

We'll get our campers on the water, sailing different boats and learning all the basics or developing new skills while having fun! Stand up paddling and kayaking will be added to the curriculum for variety.

- 50 yard min swimming ability required.
- Clothing/Equipment: Workout/quick-dry clothes/bathing suit/towel recommended, sunglasses/hat/sunscreen, PFD provided.
- Completed/signed UCI Waiver required (provided on day 1).
- Registration minimum is 4 students or class could be cancelled.
- Please meet in the UCI Campus Recreation Sailing Office (NE corner of MP, facing water).

MARINA PARK

M-F 1-4pm 4/8-4/12 6-12yrs \$275 MP2101

STEAM Studio: Youtube Masters

Brainstorm Studios

From YouTube beginner basics to advanced visual effect techniques, students will explore all aspects of video production and storytelling in this creative and engaging class. Learn to create your own advanced visual effects to add movie magic to any video.

- A \$20 material fee due first day of camp.
- Bring labeled snack and water bottle.

NEWPORT COAST COMMUNITY CENTER

M-F 1-4pm 4/8-4/12 9-14yrs \$275 NCC203

Young Einstein's: STEM Lab

Recreation Staff

Discover the amazing world of STEM! Our young scientists will learn all about Science, Technology, Engineering and Math in this exciting hands-on course. Each day students will explore different concepts through fun and engaging projects, from Chemistry, Rocketry, Physics, Engineering, Coding, Electronics, and even Robotics, this course covers it all.

- A \$20 material fee is payable to the instructor.
- Please bring water and a snack.

MARINA PARK

M-F 9am-Noon 4/8-4/12 5-13yrs \$270 MP2089

Young Einstein's: Tech Academy

Recreation Staff

Our Young Einsteins: Tech Academy program introduces advanced concepts of coding and engineering. In this course, students create amazing computer games, electronic creations and interactive robots to explore coding fundamentals, such as variables, events, conditional statements and more. This class will excite the curious mind of each and every student.

- A \$20 material fee is payable to the instructor.
- Please bring water and a snack.

MARINA PARK

M-F 1-4pm 4/8-4/12 5-13yrs \$270 MP2090

ARTS & THEATRE



Parent & Me Mixed Media and Clay

Lisa Albert

Little artists will learn basic clay techniques such as coil and slab making, blending, firing and glazing. Imaginative masks, bowls, tiles and fun animal projects will be made. Creative painting projects on canvas, paper, printing, collage and pastels will be taught. Projects are keepsakes. This class shouldn't be missed! No class 5/25

- Attire: old clothes or smock.
- A \$35 material fee is due to the instructor on the first day.

COMMUNITY YOUTH CENTER (CYC)

W	4:30-5:30pm	4/17-5/15	2-5yrs	\$145	CYC240
W	4:30-5:30pm	5/22-6/19	2-5yrs	\$145	CYC241

LISA ALBERT ART STUDIO

Sa	9-10am	4/13-5/11	2-5yrs	\$140	FB2024
Sa	9-10am	5/18-6/22	2-5yrs	\$140	FB2031
Th	9-10am	4/18-5/16	2-5yrs	\$140	FB2027
Th	9-10am	5/23-6/20	2-5yrs	\$140	FB2034

Preschool Music and Play with Miss Jen! Jennifer Lambert

Music and play are the BEST ways to encourage our wee children to begin their lifelong love of learning! In these well-crafted classes, students will have a blast exploring letters and numbers through music and movement, while also prepping them for the transition into preschool with positive socialization, and a focus on confidence building! Parent participation not mandatory, but always welcome! No class 4/9

MARINA PARK

Tu	9:30-10:15am	4/2-5/14	3-6yrs	\$140	MP2001
Tu	9:30-10:15am	5/21-6/25	3-6yrs	\$150	MP2002

ENRICHMENT

Baby Sign Language

Layla Guerrero

Enhance language development and communication with Baby Sign Language. This class includes over 75 signs, music with signs, signed felt board stories and other developmentally appropriate activities. Parents or caregivers will also be given the opportunity to ask for instruction in signs that are personalized for their own family.

- A \$20 material fee is due to the instructor on the first day.

COMMUNITY YOUTH CENTER (CYC)

F	10:30-11:15am	4/19-5/17	0-18mos	\$105	CYC236
---	---------------	-----------	---------	-------	---------------

CLIFF DRIVE PARK COMMUNITY CENTER

Sa	9:30-10:15am	4/27-5/18	6-18mos	\$85	FB2020
----	--------------	-----------	---------	------	---------------

OC Tiny Tots Academy-Preschool

OC Tiny Tots

Taught by a CA Credentialed teacher with her M.Ed. and 19 years teaching experience, students obtain the foundations for success in kindergarten and beyond. Curriculum centers on the California Preschool Learning Foundations and CCSS. Students are taught phonologic and phonemic awareness, printing, number sense, math reasoning, and the social-emotional skills for school success. Students engage in whole/small group instruction, read alouds, songs, art, science, multi-sensory learning centers, music, movement, and imaginative play. Students strengthen their social-emotional skills, leadership abilities, and overall essential classroom behaviors. Instruction is differentiated; therefore, curriculum is structured based on age, abilities, readiness, and social-emotional growth.

- A \$20 material fee is payable to the instructor.
- Students must be fully potty trained and parent volunteers are welcome.

MARINA PARK

Tu-Th	9am-Noon	4/2-5/2	3.5-5yrs	\$425	MP2080
Tu-Th	9am-Noon	5/7-5/30	3.5-5yrs	\$425	MP2081
Tu-Th	9am-Noon	6/4-6/20	3.5-5yrs	\$320	MP2082



Preschool 101

This is a place where your child can have fun while learning! The Staff follows curriculum guidelines to ensure every child will be ready for kindergarten.

Activities include music, story-time, learning the alphabet, crafts related to the letter of the week, organized indoor and outdoor play and lunch-time.

MARINERS - VJC ROOM

M/W/F	9:15am-Noon	4/15-6/21	4.5-5yrs	\$448	MAP201
Tu/Th	9:15am-Noon	4/16-6/20	3-4.5yrs	\$305	MAP202

NEWPORT COAST COMMUNITY CENTER

M/W/F	9:15am-Noon	4/15-6/21	4.5-5yrs	\$448	NCC200
Tu/Th	9:15am-Noon	4/16-6/20	3-4.5yrs	\$305	NCC201

No Preschool 5/27

- Staff are First Aid and CPR Certified.
- Participants must fax or mail immunization records to the Recreation office by **Monday, April 8**.
- Registration is ONLINE ONLY and opens Thursday, March 7 at 8:00am at newportbeachca.gov/recreation.
- Participants must be potty trained. No pull-ups.





GYMNASTICS

Junior Olympians

Tumble-n-Kids

Beginning gymnasts are taught fundamental movement and gymnastic skills through introduction of simple directions and fun stations. Beginning cartwheels, rolls, balance beams, mini trampoline, back-handspring barrel, and obstacle courses will be safely introduced. Boost self-esteem, increase body awareness and build strength and coordination for all types of sports!

- A \$5 material fee is payable to the instructor on the first day.
- Parent participation may be required.

NEWPORT COAST COMMUNITY CENTER

Tu	11:45am-12:30pm	4/16-6/11	3-5yrs	\$149	NCC208
W	12:15-1pm	4/17-6/12	3-5yrs	\$149	NCC209

Ninja Kids

Kids Care

Donning Ninja Headbands kids explore movement and coordination through structured obstacle courses with progressive difficulty and skill acquisition. Based in gymnastics basics with a parkour twist these young Ninja's will be enthralled as they learn positioning, spatial awareness, and body control while gaining strength and flexibility. No class 4/24, 4/26, 5/22, 5/24

- A \$5 material fee is due to the instructor on the first day.

16TH ST. RECREATION CENTER

F	10-10:45am	4/5-6/21	2.5-6yrs	\$155	ST2030
W	10-10:45am	4/3-6/19	2.5-6yrs	\$155	ST2031

Parent & Me Gymnastics

Kids Care

A fun filled class where adults help children learn body awareness, basic coordination and motor skills through various circuits, stations, rhymes and games. Instructor teaches progressive skills while reinforcing acquired skills each week leading to children's accomplishment and ability to move on to a transition level class. No class 4/24, 4/26, 5/22, 5/24

- Child must be able to walk unassisted.

16TH ST. RECREATION CENTER

M	10-10:45am	4/1-6/17	9mos-2.5yrs	\$140	ST2023
F	11-11:45am	4/5-6/21	9mos-2.5yrs	\$140	ST2024
W	11-11:45am	4/3-6/19	9mos-2.5yrs	\$140	ST2025

OC Tiny Tots Academy-Preschool Prep

OC Tiny Tots

Get your child prepared for preschool! Students develop their executive functions and self-regulation skills, while learning, problem solving, playing, and socializing in a nurturing and safe environment. We expose your learner to the language arts, math, gross, and fine motor skills needed for preschool. Activities include story time, centers, arts & crafts, and free play.

- Parent participation required.
- A \$15 material fee is payable to the instructor.

MARINA PARK

Sa	10-11:30am	4/6-4/27	2-3.5yrs	\$105	MP2083
Sa	10-11:30am	5/4-5/25	2-3.5yrs	\$105	MP2084
Sa	10-11:30am	6/8-6/22	2-3.5yrs	\$80	MP2085

Preschool Spanish Basics

Portal Languages

Welcome to the PORTAL Enrichment program, which provides a unique opportunity to enjoy a Spanish class and associated cultural activity. This children language learning program will come alive through fun and entertainment with music, puppets, big books, posters, picture cards, theater, felt board, trivia and bingo games. No class 4/11

COMMUNITY YOUTH CENTER (CYC)

Th	9:15-10:15am	4/4-6/6	2-3yrs	\$185	CYC250
Th	9:15-10:15am	6/13-6/20	2-3yrs	\$45	CYC252
Th	10:30-11:30am	4/4-6/6	4-6yrs	\$185	CYC249
Th	10:30-11:30am	6/13-6/20	4-6yrs	\$45	CYC251

Toddler Sign Language

Layla Guerrero

Benefits of Sign Language for toddlers include increased language, literacy skills, fine motor and improved joint attention. In each class, a minimum of 80 ASL signs taught as well as 10+ songs and games to sign and sing with your toddler! Language strategies appropriate for this age also discussed.

- A \$20 material fee is due to the instructor on the first day.

CLIFF DRIVE PARK COMMUNITY CENTER

Sa	10:30-11:15am	4/27-5/18	1-4yrs	\$85	FB2021
----	---------------	-----------	--------	------	---------------

COMMUNITY YOUTH CENTER (CYC)

F	9:30-10:15am	4/19-5/17	1-5.5yrs	\$105	CYC237
---	--------------	-----------	----------	-------	---------------



Preschool Gymnastics

Kids Care

In a fun and inclusive environment children learn the fundamentals of gymnastics while developing body and spatial awareness, improving strength and flexibility while increasing self confidence and social interaction. No class 4/22, 5/27

16TH ST. RECREATION CENTER

M 11-11:45am 4/1-6/17 2.5-6yrs \$155 **ST2026**

Tiny Twisters

Tumble-n-Kids

Tiny Twisters and partners Shake-Tumble-N-Roll with upbeat music and friends. Safe spotting tips and age-appropriate tumbling will facilitate child's sensory and motor skill development. Tumblers learn multiple rolls down the "big cheese," balance on beams, crawl through tunnels, jump on trampolines and learn gymnastic positions in circle time.

- Parent participation required.
- A \$5 material fee is payable to the instructor.

16TH ST. RECREATION CENTER

Th 11-11:45am 4/18-6/13 9-24mos \$149 **ST2019**

COMMUNITY YOUTH CENTER (CYC)

M 10-10:45am 4/15-6/17 9mos-2yrs \$149 **CYC272**

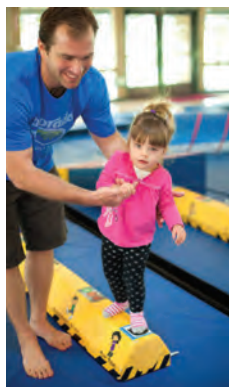
MARINA PARK

F 10-10:45am 4/19-6/14 9mos-2yrs \$149 **MP2020**

NEWPORT COAST COMMUNITY CENTER

Tu 10-10:45am 4/16-6/11 9-24mos \$149 **NCC204**

W 10:30-11:15am 4/17-6/12 9-24mos \$149 **NCC205**



Tumble Bugs

Tumble-n-Kids

Let's MOVE! Music, tumbling challenges, introducing simple directions and routines will help your child develop listening and social interaction skills. Tumble Bugs and partner will participate in circle time and obstacle courses, dance to songs, tumble, roll, jump, balance, walk like animals and finish with parachute activities! No class 5/25, 5/27

- Parent participation required.
- A \$5 material fee is due to the instructor on the first day.

16TH ST. RECREATION CENTER

Th 10:15-11am 4/18-6/13 2-3.5yrs \$149 **ST2018**

Sa 10:15-11am 4/27-6/15 18mos-2yrs \$117 **ST2021**

COMMUNITY YOUTH CENTER (CYC)

M 10:45-11:30am 4/15-6/17 2-3.5yrs \$149 **CYC273**

MARINA PARK

F 10:45-11:30am 4/19-6/14 18mos-3yrs \$149 **MP2021**

NEWPORT COAST COMMUNITY CENTER

Tu 10:45-11:30am 4/16-6/11 2-3.5yrs \$149 **NCC206**

W 11:15am-Noon 4/17-6/12 2-3.5yrs \$149 **NCC207**

HEALTH & FITNESS

Baby and Me Yoga

Jessi Moon Conder

Parents bond with their baby and get to connect to themselves to release stress, stretch and breathe. We have a lot of fun and create a community atmosphere where babies learn to interact peacefully and parents get to rejuvenate. Jessi is amazing at getting babies to love yoga! No class 4/12, 4/19

- Please bring: yoga mat.

COMMUNITY YOUTH CENTER (CYC)

F 9:15-10:15am 4/5-6/21 0-2yrs \$205 **CYC222**



Preschool Age Yoga

Westcliff Yogi LLC

Join us for a fun and exciting yoga class created especially for preschool age children. Children will stretch like a cat, balance like a flamingo and breathe like the wind, nurturing the whole child in a cooperative non-competitive environment. Classes will also include storytelling, games, music, language and arts.

COMMUNITY YOUTH CENTER (CYC)

W 11am-Noon 4/17-5/15 3-5yrs \$105 **CYC278**

W 11am-Noon 5/22-6/19 3-5yrs \$105 **CYC279**

Zumba Kids (Tiny Stars)

CS Dance Factory

Wiggle and groove to fun Latin tunes. Active, curious toddlers keep busy in this lively, energetic class. Child development meets the magic of Zumba« with world rhythms and catchy, kid-friendly tunes. Meet new friends; stimulate toddler's brain with musical patterns, playful games, colorful props, and instruments. Fiesta on last day! Parent participation required. Younger, stable walkers may be admitted with permission. No class 5/27

NEWPORT COAST COMMUNITY CENTER

M 11:30am-12:15pm 4/22-6/3 18mos-3.5yrs \$95 **NCC217**



MUSIC

Little Singers

Take The Stage Productions

An introduction to voice for youth who love to sing. Students will build a solid foundation in vocal performance, rhythm, & musicianship while having fun singing favorites from Broadway musicals, Grammy winners, and popular children's songs. Students will develop listening, gross & fine motor skills, coordination of articulators, concentration and memory. No class 5/23

- A \$10 material fee is due to the instructor on the first day.
- Performance on last day.

COMMUNITY YOUTH CENTER (CYC)

Th 2:30-3:15pm 4/18-6/13 3-5yrs \$110 **CYC270**

Moving to the Music

Reina Rivera

Explore the magic of Spring through song, dance and dramatic play for tiny toes. Classes include circle time, instrumental jam sessions, creative movement, a themed Fall craft and a puppet show featuring our special guest Elmo! Each class promotes socialization, confidence, rhythm and coordination in a fun and positive environment. No class 5/27

- Parent participation required.
- A \$20 material fee is due to the instructor on the first day.
- Parent participation require.

CLIFF DRIVE PARK COMMUNITY CENTER

M 10:30-11:15am 4/15-6/3 1-3.5yrs \$145 **FB2058**

South Coast Music Together - Baby

South Coast Music Together

Learn how to nurture and support your baby's musical growth as they are discovering the exciting, interesting world around them. Interacting musically with your little one through an expertly guided class experience is a wonderful way to bond, comfort and communicate in the pre-verbal stage of development. **No class 4/8, 5/27**

- Parent participation required.
- Encouraged to bring a blanket.
- A \$42 curriculum fee is due to SCMT on the first day of class.

COMMUNITY YOUTH CENTER (CYC)

M 11:30am-12:15pm 4/1-6/17 0-9mos \$193 **CYC268**



South Coast Music Together

South Coast Music Together

Join the award-winning international research-based music and movement program bringing infants, toddlers, and the adults who love them, the joy of making music together! Learn to support and nurture the innate musicality in your child through an expertly guided class experience in an environment that celebrates each child's individual nature. No class 4/8, 5/27

- A \$42 curriculum fee is due to SCMT on the first day of class.
- Parent participation required.

CARROLL BEEK COMMUNITY CENTER

Tu 9:30-10:15am 4/2-6/4 0-4yrs \$193 **FB2069**

Tu 10:30-11:15am 4/2-6/4 0-4yrs \$193 **FB2070**

CLIFF DRIVE PARK COMMUNITY CENTER

Tu 3:45-4:30pm 4/2-6/4 0-4yrs \$193 **FB2071**

Tu 4:45-5:30pm 4/2-6/4 0-4yrs \$193 **FB2072**

COMMUNITY YOUTH CENTER (CYC)

M 9:30-10:15am 4/1-6/17 0-4yrs \$193 **CYC266**

M 10:30-11:15am 4/1-6/17 0-4yrs \$193 **CYC267**

MARINA PARK

Th 9:30-10:15am 4/4-6/6 0-4yrs \$193 **MP2005**

Th 10:30-11:15am 4/4-6/6 0-4yrs \$193 **MP2006**

Sa 9:30-10:15am 4/6-6/8 0-4yrs \$193 **MP2034**

Sa 10:30-11:15am 4/6-6/8 0-4yrs \$193 **MP2035**

Ballet, Jazz & Tap Combo I

OC Dance Productions

For those new to dance, this combo class will offer a mix of basic ballet, jazz, and beginning rhythmic tap and terminology. Dance steps combined with creative movements and choreography will help dancers develop spatial awareness, rhythm, and listening skills. Ballet and Tap shoes required. Performance for parents on the last day. No class 4/8, 5/27

- *Optional Recital in June for those enrolled in both winter and spring sessions. (Nominal costume fees apply.)*

NEWPORT COAST COMMUNITY CENTER

Combo I

M	4:20-5:05pm	4/1-4/29	3-4yrs	\$69	NCC218
M	4:20-5:05pm	5/6-6/3	3-4yrs	\$69	NCC219
M	4:20-5:05pm	4/1-6/3	3-4yrs	\$129	NCC220

Combo II

M	3:30-4:15pm	4/1-4/29	4-6yrs	\$69	NCC221
M	3:30-4:15pm	5/6-6/3	4-6yrs	\$69	NCC222
M	3:30-4:15pm	4/1-6/3	4-6yrs	\$129	NCC223



Butterfly Ballerinas

OC Dance Productions

Transform into a magical butterfly by earning wings in this intro to ballet and creative movement class. Class consists of beginning ballet movements across the floor and practice as a group. Children learn terminology, engage in creative movement activities, learn spatial awareness, listening skills and how to work in a group setting. No class 4/8

- *Ballet shoes required.*
- *Performance for parents on the last day.*
- *Optional Recital in June for those enrolled in both winter and spring sessions. (Nominal costume fees apply.)*

NEWPORT COAST COMMUNITY CENTER

M	5:10-5:55pm	4/1-4/29	4-6yrs	\$69	NCC224
M	5:10-5:55pm	5/6-6/3	4-6yrs	\$69	NCC225
M	5:10-5:55pm	4/1-6/3	4-6yrs	\$129	NCC226

Fairytale Princess Ballet

Reina Rivera

Dress up in your favorite princess costume and come over for a magical time featuring all things fairytale! Students will learn ballet steps and French terminology as they dance to their favorite princess songs. The last segment of class is devoted to a creative princess craft and puppet show! No class 5/23

- *A \$20 material fee is due to the instructor on the first day.*
- *Parent participation required.*

COMMUNITY YOUTH CENTER (CYC)

Th	9:30-10:15am	4/18-6/6	1-3yrs	\$145	CYC253
----	--------------	----------	--------	-------	---------------



Hip Hop Tumble

OC Dance Productions

In this fun, energetic class, dancers learn beginning jazz, hip hop and basic tumbling that are incorporated into dance combinations. Class promotes listening and social skills, motor skills, creativity, coordination, strength, musicality and best of all confidence. Suitable for boys and girls. No class 4/8, 5/27

- *Jazz shoes or sneakers required. Leotard, leggings or comfortable fitting clothing is recommended.*
- *Performance on the last day of class.*
- *Optional spring recital in June.*
- *Must be enrolled in full session in both winter and spring for recital. (Nominal costume fee applies.)*

NEWPORT COAST COMMUNITY CENTER

M	10:05-10:50am	4/1-4/29	3-5yrs	\$69	NCC258
M	10:05-10:50am	5/6-6/3	3-5yrs	\$69	NCC259
M	10:05-10:50am	4/1-6/3	3-5yrs	\$129	NCC270

Irish Dance

Shaughnessy Irish Dance

This fun and energetic class will have your dancers toes tapping throughout the week! Dancers will learn the beginning movements and steps of traditional Irish Dance along with the timing and rhythm of the music. This class promotes structure, skill, and fitness, while having fun and creating lasting friendships! No class 4/9

- *Attire: comfortable clothing, ballet shoes or flexible tennis shoes.*
- *Please contact teacher if you are interested in Irish Dance shoes.*

COMMUNITY YOUTH CENTER (CYC)

Tu	3-3:45pm	4/2-5/7	3-5yrs	\$85	CYC260
Tu	10:30-11:15am	4/2-5/7	3-5yrs	\$85	CYC283
Tu	3-3:45pm	5/14-6/18	3-5yrs	\$101	CYC262
Tu	10:30-11:15am	5/14-6/18	3-5yrs	\$101	CYC284

16TH ST. RECREATION CENTER

W	2-2:45pm	4/3-5/8	3-5yrs	\$101	ST2005
W	2-2:45pm	5/15-6/19	3-5yrs	\$101	ST2007

Moving to the Music

Reina Rivera

Explore the magic of Spring through song, dance and dramatic play for tiny toes. Classes include circle time, instrumental jam sessions, creative movement, a themed Fall craft and a puppet show featuring our special guest Elmo! Each class promotes socialization, confidence, rhythm and coordination in a fun and positive environment. No class 5/23

- *Parent participation required.*
- *A \$20 material fee is due to the instructor on the first day.*

COMMUNITY YOUTH CENTER (CYC)

Th	10:30-11:15am	4/18-6/6	1-3yrs	\$145	CYC255
----	---------------	----------	--------	-------	---------------

NEWPORT COAST COMMUNITY CENTER

Tu	10:30-11:15am	4/23-6/4	1-3.5yrs	\$145	NCC227
Tu	9:30-10:15am	4/16-6/4	1-3.5yrs	\$165	NCC228

Parent & Me Tutus & Tapshoes

Reina Rivera

Dancers will learn the basic elements of ballet and tap followed by a creative craft! Students will be introduced to dance terminology through movement, games and imaginative exercises incorporating props, instruments and concluding with a dancing puppet show! Classes promote confidence, poise, muscle toning and coordination.

- Parent participation required.
- A \$20 material fee is due to the instructor on the first day.
- Optional spring recital in June. Must be enrolled in full session in both winter and spring for recital. (Nominal costume fee).
- Annual Spring Recital Sunday June 9, at 2pm, OASIS Event Center.

MARINA PARK

W 10:30-11:15am 4/17-6/5 1-3.5yrs \$165 **MP2007**

Preschool Hip-Hop for Tots!

Reina Rivera

This high-energy dance class introduces students to creative movement, incorporating stimulating props and musical instruments to all the latest Disney songs! Classes enhance socialization, motor skills, coordination and flexibility. Children are encouraged to bring their individuality and unique personality to this class. No class 5/25

- Dress attire: sneakers and comfortable clothing.
- Optional spring recital in June. Must be enrolled in full session in both winter and spring for recital. (Nominal costume fee).
- Annual Spring Recital Sunday, June 9 at 2pm, OASIS Event Center.

COMMUNITY YOUTH CENTER (CYC)

F 11:30am-12:15pm 4/19-6/7 3-5yrs \$145 **CYC256**

MARINA PARK

Sa 11:30am-12:15pm 4/27-6/8 3-5yrs \$125 **MP2010**



Shorty & Me Hip-Hop

Reina Rivera

This high energy class is designed especially for you and your lil shorty giving them a positive introduction to the

world of DANCE! Each session includes circle time, creative dance, fun props, crafts and a hip puppet show featuring homeboy Elmo! Classes promote confidence, motor skills, socialization, expression and coordination. No class 5/27

- A \$20 material fee is due to the instructor on the first day.
- Parent participation required.

CLIFF DRIVE PARK COMMUNITY CENTER

M 11:30am-12:15pm 4/15-6/3 1-3.5yrs \$145 **FB2059**

COMMUNITY YOUTH CENTER (CYC)

F 10:30-11:15am 4/26-6/7 1-3.5yrs \$145 **CYC257**

MARINA PARK

W 11:30am-12:15pm 4/24-6/5 1-3.5yrs \$145 **MP2008**

Twinkle Toes Ballet/Tap Combo

Reina Rivera

Students will learn the basic elements of ballet, tap sequence related exercises, formation changes, across the floor and center combinations. No class 5/25.

- Dress attire: tights, leotard, ballet and tap shoes.
- Optional spring recital June 9th, 2pm at OASIS Senior Center. Must be enrolled in full session in both winter and spring for recital. (Nominal costume fee)

MARINA PARK

Sa 10:30-11:15am 4/27-6/8 3-5.5yrs \$125 **MP2009**



"Under the Sea"

Parent & Me Princess Ballet

OC Dance Productions

It's "Under the Sea" Princess Ballet Parent and Me Style! Dancers are introduced to the fundamentals of ballet and creative movement with an element of fun and lots of encouragement by professional children's dance

instructors. Dancers wear tutus, engage in creative movement exercises with props, hear stories and dance to favorite songs from these two movies. Class promotes listening skills, motor skills, beginning movements in dance, social skills, coordination and musicality. No class 4/8, 5/27

- Ballet shoes required. Leotard and tights are recommended.
- A \$5 material fee is due on the first day of class.
- Parent/guardian participation required.

NEWPORT COAST COMMUNITY CENTER

M 9:15-10am 4/1-4/29 18mos-3yrs \$69 **NCC255**

M 9:15-10am 5/6-6/3 18mos-3yrs \$69 **NCC256**

M 9:15-10am 4/1-6/3 18mos-3yrs \$129 **NCC257**

"Under the Sea" Princess Ballet

OC Dance Productions

Enjoy your favorite songs and stories with your favorite mermaid and Polynesian princesses in this special edition of Princess Ballet. Dancers will be introduced to the fundamentals of ballet and creative movement with an element of fun and lots of encouragement. Dance skills will follow our age 3-5 progression program by professional children's dance instructors. No class 4/8, 5/27

- Ballet shoes required. Leotard and tights are recommended.
- A \$5 material fee is due on the first day of class.
- Performance on the last day of class. Optional spring recital in June. Must be enrolled in full session in both winter and spring for recital. Nominal costume fee applies.

NEWPORT COAST COMMUNITY CENTER

M 10:55-11:40am 4/1-4/29 3-5yrs \$69 **NCC260**

M 10:55-11:40am 5/6-6/3 3-5yrs \$69 **NCC261**

M 10:55-11:40am 4/1-6/3 3-5yrs \$129 **NCC262**

SPECIAL INTERESTS

Pre-Horse Riding/Vaulting

OC Vaulting

Littles: This class focuses on the skills needed for 4-6 year olds to prepare them for safe equestrian vaulting, riding, and working around horses. The class size is kept small for individualized attention. Most of the class time will be on the barrel, but we also go on the horse. No class 4/13

- *Attire: leggings, tight fitting top, and thin, rubber-soled athletic shoes (or a shoe like Tom's).*
- *Please bring: bike or skateboard helmet for your child for the introduction to horse portion of this class.*
- *OC Fairgrounds Equestrian Center - 905 Arlington Ave., Gate 9*

OC FAIRGROUNDS EQUESTRIAN CENTER

Sa	9-9:45am	4/6-5/4	4-6yrs	\$125	FB2046
Sa	9-9:45am	5/18-6/15	4-6yrs	\$155	FB2049

SPORTS

Little Ninja Warriors

Skyhawks Sports Academy

This new program is designed to let young children live out their dream of being a ninja warrior! Each week, the little ninjas will attempt to complete a new, fun, and imaginative obstacle course. Every course is specifically designed to develop strength, coordination, balance, flexibility, and agility.

COMMUNITY YOUTH CENTER (CYC)

Th	11:45am-12:30pm	4/11-5/16	3.5-5yrs	\$99	CYC282
----	-----------------	-----------	----------	------	---------------



Mini-Hawk Multi-Sport Skyhawks Sports Academy

Introduce your little superstar to sports in our most popular program! This multi-sport class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. Sports include soccer, baseball, and basketball. No class 5/27

- *Parent participation required for 2-3.5 year-old group.*

GRANT HOWALD PARK

M	9-9:30am	4/15-6/17	2-3.5yrs	\$149	FB2063
M	9:45-10:30am	4/15-6/17	3.5-5yrs	\$149	FB2064

MARINA PARK

Tu	4-4:30pm	4/16-6/11	2-3.5yrs	\$149	MP2011
Tu	4:45-5:30pm	4/16-6/11	3.5-5yrs	\$149	MP2012
Sa	9-9:30am	4/20-6/15	2-3.5yrs	\$149	MP2013
Sa	9:45-10:30am	4/20-6/15	3.5-5yrs	\$149	MP2014

OC Playball

OC Playball

Developed by Occupational Therapists, Playball classes are taught in a fun-filled, energetic and positive environment. We use the medium of sports to improve motor development, increase concentration, build muscle tone, improve hand-eye/foot-eye coordination, balance and countless other life skills. At Playball kids learn persistence, courage, responsibility, teamwork and self-worth. No class 4/10, 5/25, 5/29

- *Parent participation required for Parent & Me.*

COMMUNITY YOUTH CENTER (CYC)

Parent & Me Playball

W	10:15-11am	4/3-6/19	2-3yrs	\$145	CYC242
Sa	10:15-11am	4/13-6/22	2-3yrs	\$145	CYC243

Playball

W	3:30-4:15pm	4/17-6/19	4-6yrs	\$145	CYC244
---	-------------	-----------	--------	-------	---------------

Watch Me at 3 Playball

W	11:15am-Noon	4/17-6/19	3-4yrs	\$145	CYC245
Sa	11:15am-Noon	4/13-6/22	3-4yrs	\$145	CYC246

MARINA PARK

Parent & Me Playball

M	9:30-10:15am	4/15-6/17	2-3yrs	\$145	MP2003
---	--------------	-----------	--------	-------	---------------

Watch Me at 3 Playball

M	10:30-11:15am	4/15-6/17	3-4yrs	\$145	MP2004
---	---------------	-----------	--------	-------	---------------

NEWPORT COAST COMMUNITY CENTER

Parent & Me Playball

Th	10:30-11:15am	4/18-6/20	2-3yrs	\$145	NCC213
F	9:30-10:15am	4/19-6/21	2-3yrs	\$145	NCC214

Watch Me at 3 Playball

Th	11:30am-12:15pm	4/18-6/20	3-4yrs	\$145	NCC215
F	10:30-11:15am	4/19-6/21	3-4yrs	\$145	NCC216





Skyhawks Baseball Tots

Skyhawks Sports Academy

A developmental program that uses a variety of games while teaching and developing fundamental skills. The goal is to build fitness, muscle coordination, baseball fundamentals and a love of the game. No class 5/27

BONITA CANYON SPORTS PARK

M	3:30-4:10pm	4/15-6/10	3-4yrs	\$139	FB2061
M	4:20-5pm	4/15-6/10	4-6yrs	\$139	FB2062

Skyhawks Hoopster Tots

Skyhawks Sports Academy

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing and team work. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge. No class 5/27

NEWPORT COAST COMMUNITY CENTER

M	3:15-4pm	4/15-6/10	3-3yrs	\$139	NCC232
M	4:15-5pm	4/15-6/10	4-5yrs	\$139	NCC233

COMMUNITY YOUTH CENTER (CYC)

F	5-5:40pm	4/19-6/7	3-4yrs	\$139	CYC265
---	----------	----------	--------	-------	---------------

Skyhawks SoccerTots

Skyhawks Sports Academy

Focus is on developing motor skills and self-confidence. Instructor-to-student ratio is kept small to maximize individual development, and above all else we promote fun, fun, fun!

- Parent participation required for younger age group.

GRANT HOWALD PARK

Th	4-4:30pm	4/18-6/6	2-3.5yrs	\$139	FB2067
Th	4:45-5:30pm	4/18-6/6	3.5-5yrs	\$139	FB2068

MARINA PARK

Tu	9-9:30am	4/16-6/4	2-3.5yrs	\$139	MP2015
Tu	9:45-10:30am	4/16-6/4	3.5-4yrs	\$139	MP2016
W	4-4:30pm	4/17-6/5	2-3.5yrs	\$139	MP2017
W	4:45-5:30pm	4/17-6/5	3.5-5yrs	\$139	MP2018

TinyTykes Youth Soccer

Challenger Sports

TinyTykes is an exciting program that teaches basic soccer skills while focusing on motor skill development, balance, coordination, concentration, listening skills and teamwork of players ages 2-5. Coaches will take your young player on a journey to imaginary destinations of dinosaurs, princesses, dragons, and more; through soccer, music, storytelling, and games.

- A \$15 material fee is due to the instructor on the first day.
- Registration for first time students includes: official jersey, shorts, and soccer ball!
- Registration returning students includes a choice of: Lenny the lion stuffed animal, backpack or inflatable soccer goals.

COMMUNITY YOUTH CENTER (CYC)

Cubs

M	2-2:45pm	4/15-5/20	2-3yrs	\$113	FB2004
Tu	9:15-10am	4/16-5/21	2-3yrs	\$113	FB2006

Lions

M	2:45-3:30pm	4/15-5/20	4-5yrs	\$113	FB2005
Tu	10:15-11am	4/16-5/21	4-5yrs	\$113	FB2007

Tots Sports & Games

Skyhawks Sports Academy

A development program for kids ages 2-3 years old that uses a variety of fun games to engage kids while exposing them to a variety of different sports. The goal is to build fitness, muscle coordination, sports fundamentals while creating a love of athletics.

- Parent participation required.

COMMUNITY YOUTH CENTER (CYC)

Th	9:30-10:15am	4/18-6/6	2yrs	\$139	FB2065
Th	10:30-11:15am	4/18-6/6	3yrs	\$139	FB2066

MARINA PARK

W	9:15-10am	4/17-6/5	2-3yrs	\$139	MP2019
---	-----------	----------	--------	-------	---------------

ARTS & THEATRE

After School Art Club

Recreation Staff

What better way to end a day of learning than with an After-School Art Club! Each week, students will create an art project designed to engage your child's senses and imagination. We will explore a variety of arts and crafts media/materials, including acrylic painting, watercolors, pastels, collage, and much more. We will also touch on a variety of artists and their impact on art history. No class 4/11

- A \$20 material fee is payable to the instructor.

MARINA PARK

Th	4-5:30pm	4/4-5/2	6-12yrs	\$85	MP2091
Th	4-5:30pm	5/9-5/30	6-12yrs	\$85	MP2092
Th	4-5:30pm	6/6-6/20	6-12yrs	\$65	MP2093

Literacy Based Art

Recreation Staff

Come enjoy a new piece of literature each week and a correlating art project. Education in the arts is essential to students' intellectual, social, physical, and emotional growth. Literature and art develop the ability to think creatively and critically. Literature includes Dr. Seuss, James Dean, Mo Willems, Tomie dePaola, and more. No class 4/10

- A \$15 material fee is payable to the instructor.

MARINA PARK

W	2:30-3:45pm	4/3-4/24	5-8yrs	\$65	MP2086
W	2:30-3:45pm	5/1-5/22	5-8yrs	\$85	MP2087
W	2:30-3:45pm	6/5-6/19	5-8yrs	\$65	MP2088

CITY OF NEWPORT BEACH
RECREATION AND SENIOR SERVICES DEPARTMENT

Active Kids

AFTERSCHOOL

C.Y.C. | MARINERS | NEWPORT EL.

Your child can play, learn and explore new things while being in a safe environment. Staff will pick up your child directly after school. Activities include arts & crafts, indoor and outdoor play, homework help, reading time, movies, structured games and more.

All sites are closed on NMUSD and City observed holidays.

Monday-Friday
APRIL 15-JUNE 21
School Dismissal-6pm
\$360/trimester

Community Youth Center
CYC200
Mariners: VJC Room
MAP200
Newport Elementary
NEL200

Registration begins Thursday, March 7 at 8:00am:
newportbeachca.gov/recreation

Graphic Art Printing and Drawing

Lisa Albert

An inspirational teacher will instruct artists with line, design, composition, shadowing & proportion. Artists will learn to draw and paint portraits, still life, landscapes & explore design elements, layout and how to communicate through visuals and words. Students will create logos, cards & stickers. This class won't use computers.

- Attire: old clothes or smock.

COMMUNITY YOUTH CENTER (CYC)

F	4:30-6pm	4/19-5/17	5-12yrs	\$180	CYC238
F	4:30-6pm	5/24-6/21	5-12yrs	\$180	CYC239

Mixed Media and Clay Art

Lisa Albert

A wonderfully imaginative class where children will be taught the fundamentals and techniques of painting, pastels, water colors, collage, printing, clay, sculpture and more. All highly imaginative projects will inspire creative thinking, self confidence and freedom of expression. Art projects will be new and definite keepsakes. No class 5/25

- Attire: old clothes or smock.
- A \$45 material fee is payable to the instructor on the first day.

LISA ALBERT ART STUDIO

Sa	10:30am-Noon	4/13-5/11	5-12yrs	\$180	FB2033
Sa	10:30am-Noon	5/18-6/22	5-12yrs	\$180	FB2030
Th	4:30-6pm	4/18-5/16	5-12yrs	\$180	FB2026
Th	4:30-6pm	5/23-6/20	5-12yrs	\$180	FB2033

ENRICHMENT

Beginning Spanish

Portal Languages

Welcome to the PORTAL Enrichment Program, which provides a unique opportunity to enjoy a language class that will come alive through fun and entertainment with music, puppets, books, posters, picture cards, theater. No class 4/11

COMMUNITY YOUTH CENTER (CYC)

Th	3:30-4:30pm	4/4-5/9	4-12yrs	\$105	CYC280
Th	3:30-4:30pm	5/16-6/13	4-12yrs	\$105	CYC281

Code Academy: App & Game Development

Brainstorm Studios

In this coding focused class, students will learn to build games and apps. They will create 2D games - such as Nintendo classics like Super Mario - and mobile apps with MIT App Inventor. Fundamental programming concepts learned here can transfer to traditional languages such as Python, Java or C#.

- A \$20 material fee is due to the instructor on the first day.
- Please bring: daily snack and drink.

COMMUNITY YOUTH CENTER (CYC)

M	4:30-5:30pm	4/22-5/20	9-14yrs	\$95	CYC204
---	-------------	-----------	---------	------	--------

Farsi

Ferdowsi Farsi School

At Ferdowsi Farsi, students will be taught the Farsi language and Persian culture in a caring, fun, and educational environment. Highly qualified professionals will teach students the fundamentals of the language through proven teaching techniques, building strong Farsi foundations and ensuring success. No class 3/27, 4/3, 4/10

- Advance class enrollment requires instructor approval.

NEWPORT COAST COMMUNITY CENTER

Beginner

W 4-5pm 4/3-6/19 6-12yrs \$305 **NCC245**

Intermediate

W 3-4pm 4/3-6/19 6-12yrs \$305 **NCC244**

Advanced

W 1:45-2:45pm 3/20-6/19 6-12yrs \$275 **NCC243**



GameMaker:

3D Game with Unity & Unreal

Brainstorm Studios

Create your own 3D game using, Unity and Unreal, the leading professional 3D Game Design engines. This course will teach game design principles, mechanics and level design. Learn to develop a game concept prototype. Students will build multiple Unity and Unreal 3D game projects by applying knowledge and skills learned in this creative class.

NEWPORT COAST COMMUNITY CENTER

W 5-6pm 5/22-6/19 8-11yrs \$110 **NCC286**

Mandarin for Kids

Portal Languages

Welcome to the PORTAL Enrichment program which provides an unique opportunity to learn Mandarin by playing games and developing activities with our native speaker teacher.

- Portal Languages in Costa Mesa, 1500 Adams Ave, Suite 206 Costa Mesa.

PORTAL LANGUAGES

M 5-6pm 4/1-5/20 6-10yrs \$165 **FB2052**

Manners, Character & Social Skill

Etiquette W Ms. Nelson

Our exclusive programs helps children understand why integrity, respect, empathy and charity help our lives. Over 50 different etiquette skills are taught using games, role play, props, music, stories, and kind discussion. Skills include: Introductions, dining etiquette, kindness, tact, conversation, being a guest, hygiene, sincere apologies and more!

- Registration includes: T-shirt, manner music CD, and placemat.
- A \$20 material fee is due to the instructor on the first day.

COMMUNITY YOUTH CENTER (CYC)

Th 5:15-7:15pm 4/18-5/16 5-10yrs \$145 **CYC214**

Th 5:15-7:15pm 5/23-6/20 5-10yrs \$145 **CYC215**

MARINERS -VJC ROOM

M-Th 9am-Noon 4/8-4/11 5-10yrs \$185 **FB2008**

STEAM Studio: 3D Printing

Brainstorm Studios

Top of the line 3D Printing technology introduces students to inventing in a fun and engaging way. Kids will explore engineering and delve in to what it takes to create their own product. Student will use 3D software to create their ideas and then print them using our 3D printers.

- A \$20 material fee is due to the instructor on the first day.
- Please bring: daily snack and drink.

16TH ST. RECREATION CENTER

Tu 3:30-4:30pm 4/23-5/28 9-14yrs \$113 **ST2001**

STEAM Studio: Youtube & Moviemaking Masters

Brainstorm Studios

Make movie magic and become the next YouTube star! This class challenges students to tell a story with moving images by creating everything from gamecasts to lightsabers in this creative and engaging class. From YouTube beginner basics to advanced visual effect techniques, students will explore all aspects of video production.

NEWPORT COAST COMMUNITY CENTER

W 5-6pm 4/17-5/15 8-11yrs \$110 **NCC284**

Young Einstein's Super Scientists

Brainstorm Studios

In this course, our Super Scientists will explore Science through fun and educational hands-on experiments. Create an erupting volcano, launch rockets high into the sky and put your engineering skills to the test in the parachute challenge. Experiment with energy by harnessing static electricity and solar power.

- A \$20 material fee is due to the instructor on the first day.
- Please bring: daily snack and drink.

COMMUNITY YOUTH CENTER (CYC)

M 3:30-4:30pm 4/22-5/20 6-9yrs \$95 **CYC205**

Young Einstein's: STEM Lab

Brainstorm Studios

Discover the amazing world of STEM! Our young scientists will learn all about Science, Technology, Engineering and Math in this exciting hands-on course. Each day students will explore different concepts through fun and engaging projects, from Chemistry, Rocketry, Physics, Engineering, Coding, Electronics and even Robotics, this course covers it all.

- A \$20 material fee is due to the instructor on the first day.
- Please bring: daily snack and drink.

COMMUNITY YOUTH CENTER (CYC)

F 3:30-4:30pm 4/26-5/31 6-9yrs \$113 **CYC207**

Young Einstein's: Super Scientists

Brainstorm Studios

Pure science, pure FUN! In this course, our Super Scientist will explore the world of Science through fun and educational hands-on experiments and projects. Learn about chemical compounds and reactions as you discover the different states of matter. Create an erupting volcano, launch rockets high into the sky and put your engineering skills to the test in the parachute challenge.

NEWPORT COAST COMMUNITY CENTER

W 4-5pm 4/17-5/15 5-9yrs \$110 **NCC283**



Young Einstein's: Tech Academy

Brainstorm Studios

Our Young Einstein's Tech Academy program introduces advanced concepts of coding and engineering through playful projects and games. This course will

explore coding fundamentals, such as variables, events, conditional statements and more, students are able to program a game or create a robot that can navigate a maze as they learn how to use math and computer coding to think creatively.

NEWPORT COAST COMMUNITY CENTER

W 4-5pm 5/22-6/19 5-9yrs \$110 **NCC285**

Young Einstein's: Tech Academy

Brainstorm Studios

Our Young Einstein's: Tech Academy program introduces advanced concepts of coding and engineering. In this course, students create amazing computer games, electronic creations and interactive robots to explore coding fundamentals, such as variables, events, conditional statements and more. This class will excite the curious mind of each and every student.

- A \$20 material fee is due to the instructor on the first day.
- Please bring: daily snack and drink.

16TH ST. RECREATION CENTER

Tu 3:30-4:30pm 4/23-5/28 6-9yrs \$113 **ST2000**

GYMNASTICS

Aerial & Back Handspring Clinic

Tumble-n-Kids

Two desirable skills packed into one amazing class! Tumblers will work on strength and proper technique needed to do a standing and running aerial and also back handsprings and round off back hand springs.

- Minimum skills required: Cartwheel and unassisted back bend.

16TH ST. RECREATION CENTER

Th 3:45-4:45pm 4/18-6/13 6-12yrs \$167 **ST2020**

Individual Approach Gymnastics

Successful Little Athletes

Participants gain confidence while they enjoy mastering tumbling and gymnastic skills. Coach Marti assigns skills individually to ensure success. This class focuses on mastering cartwheels and more advanced skills. Students gain coordination, strength, flexibility, balance, and body awareness and overcome fears in a safe and supportive environment. No class 4/10

- Parents may observe first and last class.

NEWPORT COAST COMMUNITY CENTER

Beg/Intermediate

W 3:10-4:05pm 4/3-5/29 5-10yrs \$189 **NCC229**

Advanced

W 5-5:55pm 4/3-5/29 6-11yrs \$189 **NCC231**

Intermediate

W 4:05-5pm 4/3-5/29 5-10yrs \$189 **NCC230**



Jammin' Gymnasts

Tumble-n-Kids

Gymnasts build skills on balance beam, uneven bars, vault, trampoline and floor, learn cartwheels, round-offs, handsprings, backbends and more! The mastery of basic skills leads to

increased development and advancement through the levels of the USA Gymnastics Program that is implemented in our curriculum. No class 5/25

16TH ST. RECREATION CENTER

W 3:45-4:45pm 4/17-6/12 5-10yrs \$167 **ST2017**

Sa 9-10am 4/27-6/15 5-10yrs \$131 **ST2022**

NEWPORT COAST COMMUNITY CENTER

Beginners

Tu 3:10-4:05pm 4/16-6/11 4-6yrs \$194 **NCC210**

Intermediate

Tu 4:05-5pm 4/16-6/11 5-8yrs \$194 **NCC211**

Advanced

Tu 5-6pm 4/16-6/11 7-14yrs \$194 **NCC212**



Tumbling, Strength & Conditioning Tumble-n-Kids

Aspiring gymnasts benefit from our progressive skill teaching method, promoting confidence and self-esteem! Gymnasts build routines and skill on floor, fine-tune rolls, cartwheels, round-offs, walkovers, handsprings, splits, and more! Emphasis on conditioning to build strength and flexibility.

COMMUNITY YOUTH CENTER (CYC)

Beginner

M 3:30-4:30pm 4/15-6/17 4-6yrs \$194 **CYC274**

Intermediate

M 4:30-5:30pm 4/15-6/17 5-10yrs \$194 **CYC275**

MARINA PARK

Beginner

F 3-4pm 4/19-6/14 4-6yrs \$194 **MP2022**

Intermediate

F 4-5pm 4/19-6/14 6-12yrs \$194 **MP2023**

Youth Gymnastics

Kids Care

Children have fun while developing gymnastics skills, strength and flexibility. Youth program skills follow USAG level progression guidelines and techniques. Each level has a specific set of skills that a child must pass before moving to the next level. Students develop self-discipline, confidence, goal setting, teamwork, respect and responsibility. No class 4/24, 5/22, 5/27

- Advanced participants must have cartwheel, bridge, handstand and pullover with minimal spot. Assessment of skills will happen first class.

16TH ST. RECREATION CENTER

Beginner

M 5-5:55pm 4/1-6/17 5-7yrs \$160 **ST2027**

Intermediate

M 6-7:30pm 4/1-6/17 6-12yrs \$240 **ST2028**

Advanced

W 6:30-8pm 4/3-6/19 9-15yrs \$240 **ST2029**

HEALTH & FITNESS

Early Day Creative Yoga Play

Westcliff Yogi LLC

This is not your typical yoga class! Students play yoga games, prepare healthy snacks and create yoga inspired crafts! Our goal is to nurture the whole child. Our students love playing yoga charades, making unicorn smoothies and dream catchers all while learning the benefits of yoga! Harbor View students get picked up at Active Kids fence.

COMMUNITY YOUTH CENTER (CYC)

W 1:35-2:35pm 4/17-5/15 5-12yrs \$150 **CYC276**

W 1:35-2:35pm 5/22-6/19 5-12yrs \$150 **CYC277**

Kids Mindfulness and Yoga

Jessi Moon Conder

Kids learn science proven tools to reduce anxiety, direct the mind and emotions, and stay happy! This course will give your child a greater edge in life. With tools equipped for a strong sense of self and inner peace nothing can stand in their way! No class 4/9, 4/16

- Please bring: yoga mat.

COMMUNITY YOUTH CENTER (CYC)

Tu 3:30-4:25pm 4/2-5/7 6-11yrs \$110 **CYC224**

Tu 3:30-4:25pm 5/14-6/11 6-11yrs \$130 **CYC225**

Teen Yoga and Mindfulness

Jessi Moon Conder

Teens learn science proven tools to reduce anxiety, direct the mind and emotions, and learn how to stay happy! This course will give your teen a greater edge in life. With tools like meditation and ways to connect with their inner peace nothing can stand in their way! No class 4/9

- Please bring: yoga mat.

COMMUNITY YOUTH CENTER (CYC)

Tu 4:30-5:30pm 4/2-5/7 12-17yrs \$130 **CYC234**

Tu 4:30-5:30pm 5/14-6/11 12-18yrs \$130 **CYC235**

MUSIC & DANCE

Broadway Star Musical Theater

Take The Stage Productions

Act, Sing, Dance and explore the world of Broadway in this fun musical theater class! Students will build valuable performance skills, play theater games and create fun characters all while working together to perform a final showcase on the last day! Students will be expected to practice lines and songs at home. No class 5/23

- A \$10 material fee is due to the instructor on the first day.
- Performance on last day.

COMMUNITY YOUTH CENTER (CYC)

Th 3:30-4:30pm 4/18-6/13 5-11yrs \$118 **CYC269**

Group Guitar

The Rock Band Experience

Have you ever wanted to be a rockstar? Well now is the time. Learn to play guitar and have fun playing your favorite songs in no time! Beatles, Rolling Stones, Green Day, AC/DC and so much more! So don't delay and learn to play today! No class 4/8, 5/27

- Students must provide their guitars.
- A \$20 material fee is due to the instructor the first day.

16TH ST. RECREATION CENTER

M 5-6pm 4/1-5/6 8-12yrs \$105 **ST2009**

M 5-6pm 5/13-6/17 8-12yrs \$105 **ST2013**

M 6:15-7:15pm 4/1-5/6 13yrs-Adult \$105 **ST2010**

M 6:15-7:15pm 5/13-6/17 13yrs-Adult \$105 **ST2014**



Group Ukulele

The Rock Band Experience

Have you ever wanted to play ukulele? Well now's the time! Learn and have fun playing your favorite songs in no time! Learn traditional Hawaiian, Pop and Rock Songs, and even modern-day adaptations of Radio Hits! All levels and ages are welcome, so don't delay and learn to play today! No class 4/9

- Students must provide their own Ukulele.
- A \$20 material fee is due to the instructor the first day.

16TH ST. RECREATION CENTER

Tu	5-5:45pm	4/2-5/7	8-12yrs	\$105	ST2011
Tu	5-5:45pm	5/14-6/18	8-12yrs	\$105	ST2015

Hip-Hop/Jazz Combo

Reina Rivera

This combination dance is a fun high-energy class. Explore the expressive style of jazz and hip-hop. Students will develop a foundation of basic jazz/hip-hop urban movement including jumps, turns, across the floor and stylized choreography to pop music.

- Dress attire: Jazz shoes and comfortable clothing; no dresses or jeans.
- Dancers have option to perform in Spring recital 6/9, 2pm at OASIS Senior Center. (Additional costume fee will apply.)

COMMUNITY YOUTH CENTER (CYC)

W	4:45-5:30pm	4/17-6/5	5-12yrs	\$165	CYC254
---	-------------	----------	---------	-------	---------------

Irish Dance

Shaughnessy Irish Dance

This fun and energetic class will have your dancers toes tapping throughout the week! Dancers will learn the beginning movements and steps of traditional Irish Dance along with the timing and rhythm of the music. This class promotes structure, skill, and fitness, while having fun and creating lasting friendships! No class 4/9

- Attire: comfortable clothing, ballet shoes or flexible tennis shoes.
- Please contact teacher if you are interested in Irish Dance shoes.

COMMUNITY YOUTH CENTER (CYC)

Tu	4-4:45pm	4/2-5/7	6-12yrs	\$85	CYC261
Tu	4-4:45pm	5/14-6/18	6-12yrs	\$101	CYC263

16TH ST. RECREATION CENTER

W	3-3:45pm	4/3-5/8	6-12yrs	\$101	ST2006
W	3-3:45pm	5/15-6/19	6-12yrs	\$101	ST2008

SPECIAL INTERESTS

Youth Equestrian/Horse Vaulting

OC Vaulting

Love gymnastics, dance and horses? Try an Equestrian Sport that combines all 3! You will learn to sit, stand, and somersault on a real horse! Start on a stationary barrel then a moving horse. Class emphasizes safety, fun, and the essentials of Equestrian Vaulting.

- No experience necessary.
- Attire: leggings, tight fitting top, and thin, rubber-soled athletic shoes (or a shoe like Tom's).
- OC Fairgrounds Equestrian Center - 905 Arlington Ave., Gate 9

OC FAIRGROUNDS EQUESTRIAN CENTER

W	5-6:30pm	4/3-4/24	7-15yrs	\$145	FB2044
W	5-6:30pm	5/1-6/5	7-15yrs	\$215	FB2048
W	5-6:30pm	6/12-6/19	7-15yrs	\$75	FB2050

SPORTS

All Girls Indoor Volleyball

Beach Elite

Youth indoor volleyball for beginners and intermediates. We plan to make this group a team that will compete in monthly tournaments in a Lake Forest league. No class 4/8, 4/12, 5/27

- Please bring: water and a good attitude!

LINCOLN ATHLETIC CENTER

M/F	6-8pm	3/25-6/17	6-14yrs	\$500	FB2003
-----	-------	-----------	---------	-------	---------------

Beach Volleyball at 14th Street

Beach Elite

Come learn the fundamentals and skills of beach volleyball from the professional, positive and fun coaches at Beach Elite. The camp is open to beginner levels, boys and girls. This is a great after school program for elementary age kids on and around Balboa Peninsula.

- Please bring: water and a good attitude!

14TH STREET BEACH

Tu	2:45-3:45pm	4/2-4/30	9-12yrs	\$80	FB2000
Tu	2:45-3:45pm	5/7-5/28	9-12yrs	\$65	FB2001
Tu	2:45-3:45pm	6/4-6/18	9-12yrs	\$50	FB2002

Developmental Club Volleyball

Beach Elite

Beginners: Want to try club volleyball without the long commitment and big cost? This is the perfect program for your daughter! In this short three month club program we will teach competitive volleyball and compete in one tournament a month against other beginner clubs. Registration includes all tournament fees. This program has proven to be a huge success as an introductory program to club volleyball for beginners in neighboring cities. No class 4/8, 4/12, 5/27

- Material fee: \$100 for gear including uniform, backpack, hoodie, T-shirt, and shorts.

LINCOLN GYM

M/F 6-8pm	3/25-6/17	6-12yrs	\$500	FB2345
M/F 6-8pm	3/25-6/17	13-14yrs	\$500	FB2346

Indoor Youth Volleyball

Beach Elite

This indoor class will focus on fundamentals of volleyball and feature instruction by the professional and positive coaches from Beach Elite. Skills taught include serving, spiking, passing and setting. Students are introduced to the game with fun drills and simplified competitions. Classes are small enough for personalized instruction with every student.

- No kneepads necessary.
- Bring water, wear comfortable clothes.

NEWPORT COAST COMMUNITY CENTER

Th 3:30-4:30pm	4/4-5/9	7-9yrs	\$95	NCC279
Th 3:30-4:30pm	5/16-6/20	7-9yrs	\$95	NCC280
Th 4:30-5:30pm	4/4-5/9	10-12yrs	\$95	NCC281
Th 4:30-5:30pm	5/16-6/20	10-12yrs	\$95	NCC282

Introduction to Fencing

Gryphon Fitness Studio

Learn the exciting Olympic sport of fencing! Fencing develops agility, stamina, and coordination. Students will learn the history and etiquette of modern sports fencing, as well as the basic foot movements and blade actions. Class will conclude with a fun competition using an electronic scoring system.

- All equipment provided.

BONITA CREEK COMMUNITY CENTER

W 4:30-5:30pm	4/3-5/8	8-16yrs	\$149	FB2013
W 4:30-5:30pm	5/15-6/19	8-16yrs	\$149	FB2014

Judo & Jujitsu

Rick Bradley

Judo and Jujitsu are martial arts that emphasize the use of balance and technique to defeat a larger, stronger opponent by using the opponent's own strength against them. This class will consist of stretching/warming up, fall rolls, mat work and free practice.

- A practice uniform can be obtained through the instructor.

COMMUNITY YOUTH CENTER (CYC)

Tu/Th 6:15-7:30pm	4/2-6/20	5-17yrs	\$24	CYC258
-------------------	----------	---------	------	---------------

Karate

David Crockett

Traditional karate with emphasis on discipline, manners and self-defense. Itosu-kai is a older style with a rich history in Japan. Belts can be earned as the students progress. Advanced class is only for Itosu-kai students who have achieved Red Belt (jr), Brown or Black Belt (adult).

- A uniform can be purchased from the instructor for \$35.

NEWPORT COAST COMMUNITY CENTER

Beginner

Tu/Th 4-5pm	4/2-6/20	5-14yrs	\$185	NCC267
-------------	----------	---------	-------	---------------

Beginner/Intermediate

Sa 12-1pm	4/6-6/22	5-14yrs	\$125	NCC268
-----------	----------	---------	-------	---------------

Intermediate

Tu/Th 5-6pm	4/2-6/20	5-14yrs	\$185	NCC269
-------------	----------	---------	-------	---------------

Advance

M 6:30-7:30pm	4/1-6/20	14yrs-Adult	\$191	NCC272
Tu/Th 6-7pm				

Newport Volleyball Academy

Newport Volleyball Academy

Newport Harbor volleyball coach Dan Glenn and Mike D'Alessandro will teach the fundamentals of beach volleyball. Class will be 30 minutes of drills and 30 minutes of play. No class 4/9.

- Please bring water and sunscreen.

SEASHORE & GRANT

Tu 4-5pm	4/2-6/11	12-17yrs	\$155	MP2350
----------	----------	----------	-------	---------------

Skyhawks Basketball

Skyhawks Sports Academy

This fun, skill-intensive program is designed for beginning to intermediate players. An active class of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility.

NEWPORT COAST COMMUNITY CENTER

F 5-6pm	4/19-6/7	7-10yrs	\$149	NCC235
---------	----------	---------	-------	---------------



Skyhawks HoopsterTots

Skyhawks Sports Academy

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing and team work. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge. No class 5/27

COMMUNITY YOUTH CENTER (CYC)

F 5:50-6:30pm	4/19-6/7	5-6yrs	\$139	CYC264
---------------	----------	--------	-------	---------------

NEWPORT COAST COMMUNITY CENTER

M 5:15-6pm	4/15-6/10	5-6yrs	\$139	NCC234
------------	-----------	--------	-------	---------------



Babysitter, CPR, AED & First Aid

Healthy U

Become the babysitter every family wants with your American Heart Association CPR and first aid certifications. Pay the instructor the additional \$34 training supplies fee for the accompanying student workbook, certification card, babysitter reminder binder and other training supplies.

- Advance registration required.
- Student supplies the following: - \$34 cash or check payable to Healthy UA lunch and a drink.
- Students are encouraged to wear pants and tie hair back in a ponytail, as needed.

MARINA PARK

Sa 8:30am-4pm 6/1-6/1 11yrs-Adult \$74 **MP2028**

NEWPORT COAST COMMUNITY CENTER

Su 8:30am-4pm 4/28-4/28 11yrs-Adult \$74 **NCC277**

CPR & AED-Adult, Child & Infant

Healthy U

Don't miss a beat and increase the number of people "Stayin' Alive." Advanced registration required.

- A \$24 material fee is payable to the instructor for course training supplies.
- Not the BLS class for medical providers.
- Students are encouraged to wear pants and tie hair back in a ponytail, as needed.

MARINA PARK

Sa 8:30am-Noon 6/1-6/1 11yrs-Adult \$64 **MP2029**

NEWPORT COAST COMMUNITY CENTER

Su 8:30am-Noon 4/28-4/28 11yrs-Adult \$64 **NCC278**

Family Canvas And Paint

Lisa Albert

The whole family will spend a wonderful afternoon each painting a Summer themed canvas directed by an inspirational art teacher who will help, guide and instruct. All canvases will be completed in this fun informative class. Take this special time to create everlasting memories in this unique painting experience. All family members must be individually enrolled.

- A \$15 material fee is payable to the instructor on the first day.

LISA ALBERT ART STUDIO

Sa 1-3pm 6/22-6/22 4yrs-Adult \$40 **FB2036**

Family Ceramic Plate and Paint

Lisa Albert

Wonderfully creative workshop for the family where you can paint your own Spring plate with instruction from a professional art teacher. Bring a friend, your favorite person or the whole family and enjoy creating one of a kind decorative and functional masterpieces. A fun time for all ages. All family members must be individually enrolled. A \$15 material fee is payable to the instructor on the first day.

LISA ALBERT ART STUDIO

Sa 1-3pm 6/1-6/1 4yrs-Adult \$40 **FB2035**

Family Yoga and Mindfulness!

Jessi Moon Conder

Come with your whole family for a Fun Yoga and Mindfulness class with Senior Teacher Jessi Moon from The Self Awareness Institute. Jessi trains families in Mindfulness and is excited to offer this workshop! Come play and learn to shift your energy!

- Fee is per family up to 4.

MARINA PARK

Su 11am-Noon 4/7-4/7 0yrs-Adult \$45 **MP2024**

Su 11am-Noon 6/2-6/2 0yrs-Adult \$45 **MP2025**





Mindful Parenting Workshop

Jessi Moon Conder

Parents learn tools in this workshop to help kids listen better, focus, improve grades, and be happier! The tools are science proven to reduce stress and help with mental and emotional functioning. Parents leave with an enlightened sense of awareness and inspired to move forward with hope.

MARINA PARK

Couple

Sa 11am-1pm 4/27-4/27 Adult \$50 **MP2058**

Individual

Sa 11am-1pm 4/27-4/27 Adult \$35 **MP2057**

Mother & Daughter Canvas & Paint: Mother's Day

Lisa Albert

Mother and daughter will spend a wonderful afternoon each painting a seasonal inspired canvas directed by an inspirational art teacher who will help, guide and instruct. All canvases will be completed in this fun informative class. Take this special time to create everlasting memories with each other and grandma too!

- Both mother and daughter need to be individually enrolled.
- A \$15 material fee is payable to the instructor on the first day.

LISA ALBERT ART STUDIO

Sa 1-3pm 5/11-5/11 4yrs-Adult \$40 **FB2029**

Sa 1-3pm 4/20-4/20 4yrs-Adult \$40 **FB2028**

Nia: Move IT Workshop

Jennifer Earle

Learn 52 moves that mobilize and condition every body part and muscle group by using interval training and the movement forms of Nia: dance, martial arts and healing arts, such as yoga. Build cardiovascular conditioning, strength, flexibility, muscle tone, and improve your range of motion, while having fun!

- Please bring: water and a towel or yoga mat.
- Open to all levels of conditioning and no experience is needed.

COMMUNITY YOUTH CENTER (CYC)

Su 2-3:30pm 4/14-4/14 Adult \$25 **CYC220**

Su 2-3:30pm 5/12-5/12 Adult \$25 **CYC221**

Sign and Sing Through the Day

Layla Guerrero

This 2-hour workshop will help you introduce the main signs needed for 4 major activities in a baby's day: eating, changing, sleeping and playing. Approximately 50 signs are taught in this 2-hour workshop. This workshop is for infants and toddlers.

- Parent participation is required.
- Please contact the instructor for more information.
- Just the child is required to registered.

CLIFF DRIVE PARK COMMUNITY CENTER

Sa 9-11am 6/1-6/1 0-2yrs \$45 **FB2022**

Private Surf Lessons

NEWPORT SURF CAMP

866-SURF-CAMP | newportsurfcamp@yahoo.com

Register at newportsurfcamp.com

1 person	2 people	3 people	4+ people
\$70/hr	\$100/hr	\$130/hr	\$70/2 hrs/person

ENDLESS SUN SURF SCHOOL

949-533-1022 | endlessunsurf@hotmail.com

Register at endlessunsurf.com

1 person	2 people	3 people	4+ people
\$75/hr \$130/2 hrs	\$55/2 hrs/ person	\$50/2 hrs/ person	\$60/2 hrs/ person



UCI Sail Pass & Boat Rentals

3 STEPS TO SAIL

- 1. Learn:** Build your sailing skills through classes at Marina Park or qualify with equivalent experience/skills.
- 2. Get Rated:** Register for a required rating class by boat type. A three-hour session includes orientation, review & sail/written test for **\$65**.

Additional ratings are available for all boats and racing, spinnaker and ocean. Ratings may take 7 business days to process.

- 3. Buy an Annual Sailing Pass or Drop-in Boat Rental:** Purchase a pass (free drop-in sailing for the year) or pay a per-use rental fee.

SAILING PASS PRICING

Adult Annual Membership: \$600

Student Membership: \$300 (annually)
\$100 (quarterly)

Must be a full-time student at least 18 years old

BOAT RENTAL PRICING

J/22: \$20/hour | RS Quest, Lido & Sabot: \$15/hour

No additional charge for crew.

Separate pricing for racing with a racing rating.

FOR MORE INFORMATION CONTACT

UCI Sailing at Marina Park | 949-270-8160

boating@uci.edu | campusrec.uci.edu/sailing

SURF

After School Surfing

Endless Sun Surf

Learn to surf or improve your surfing, at the safest and best beach for kids to learn! This class is intended for kids attending any school. Our patient surf instructors will teach kids the basic skills of surfing, etiquette, safety, proper wave selection, efficient paddling, pop-up, and turning techniques.

- Parents must transport kids to the Newport Pier.
- Drop off and pick up UNDER Newport Pier.
- Student must have the ability to swim.
- Wetsuits and boards are provided.

NEWPORT PIER

Th 3:30-5pm 4/25-6/13 5-18yrs \$250 **MP2300**



Dawn Patrol Surfing

Endless Sun Surf

This intermediate to advanced surf class is for kids who want to hone in on their surfing skills and get some good conditions before school! Teachers are CPR/First Aid certified professional surfers who know how to take your child's surfing to the next level.

- Boards and wetsuits can be provided, or you can bring your own.
- Parents drop-off & pick-up UNDER the Newport Pier.

NEWPORT PIER

F 6:30-7:30am 5/3-5/31 5-18yrs \$140 **MP2301**

Stoked-Surf Class for Special Needs

Endless Sun Surf

Come join us in this unique surf class designed for those with special needs. This is a great way to increase self-esteem, connect with the ocean, make new friends and learn a sport unlike any other. Professional instructors will work 1:1 with students in the water to help them catch and ride waves, learn about ocean safety, surfing techniques and ocean awareness at a perfect location with gentle waves and safe, shallow depths. Surf school owners are CPR and First Aid certified and have experience in teaching surfing to those with special needs. Surfboards and wetsuits are provided.

- Class meets UNDER the Newport Pier.

NEWPORT PIER

F 3:30-5pm 5/17-5/31 5-18yrs \$110 **MP2302**

Stand Up Paddling Women's Group

Island Paddleboard

Get together with the girls and go for a morning paddle! The group will meet once a week and go Stand up Paddling. Our female instructor will lead the group. Equipment rental is included, and basic instruction will be provided.

- A \$20 material fee is due to the instructor on the first day.
- Equipment rental is included.

ISLAND PADDLEBOARD

W	9-10:30am	4/17-5/15	Adult	\$185	MP2103
W	9-10:30am	5/22-6/19	Adult	\$185	MP2104

SUP/Kayak Rentals

UCI Sailing

Pay per session or purchase a "punch pass" and paddle during our open paddle session hours. We'll set you up with our new, state-of-the-art equipment, offer helpful tips and put away your gear when you're done!

- 10 punch pass-NO REFUNDS
- 10 sessions of 1.5 hours
- Non-transferable
- Expires 1 year after purchase
- Ages 6-12yrs must be accompanied by a parent or guardian.
- Drop In (NO REFUNDS) \$20

MARINA PARK

10 Punch Pass (NO REFUNDS)

Every day 9am-6pm 4/1-6/23 6yrs-Adult \$100 **MPUK20**

5 Punch Pass (NO REFUNDS)

Every day 9am-6pm 4/1-6/23 6yrs-Adult \$75 **MPUK25**



SAILING & BOATING

Open Sailing Session

UCI Sailing

Come down to Marina Park to see what the Sailing Program is all about - for FREE! Catch a ride, with an instructor, on one of our J/22 Keelboats or RS Quest Dinghies. Be warned! You might get hooked and sign up for one our upcoming spring sailing classes

MARINA PARK

Sa 1-3pm 4/13 16yrs-Adult Free **MP2128**

After School Sailing

UCI Sailing

Designed to plant a seed for the love of sailing, instructors will teach the basics in a variety of boats. Sailing will alternate with kayaking and paddle boarding -- sure to bring out smiles as children playfully learn to appreciate Newport Harbor's sea life. Open to children from all schools, transportation not provided.

MARINA PARK

W 3:30-5pm 4/24-6/5 6-12yrs \$235 **MP2102**



MARIAN BERGESON AQUATIC CENTER (MBAC)

CdM High School | 2102 Eastbluff Drive

RUN BY NEWPORT BEACH AQUATICS STAFF

Lap Swim is a great way to stay active this season. Bring a friend and have fun while using kickboards, pull buoys and pace clocks to enhance your workouts!

- Circle swimming is required and lanes are limited.
- Swim cards are non-transferable & non-refundable.
- No cash accepted at the pools.
- No lap swim 1/21, 2/18, 2/23-24

MONDAY-FRIDAY: 6-8 p.m.

SATURDAY & SUNDAY: 7 a.m.-NOON

5 Visit Swim Pass | \$15 Adults | \$10 Seniors

20 Visit Swim Pass | \$50 Adults | \$35 Seniors

Annual Pass | \$160 Adults | \$110 Seniors

(Non-residents pay an additional \$30 fee)



For more information, call 949-270-8100.



Sailing - Dinghy

UCI Sailing

Introduction to Sailing-Dinghy

If you've ever wanted to try sailing, this 1-day class is for you! Our easy, hands-on approach teaches the basics and has you sailing an RS Quest (14' dinghy/ small boat) in just three hours. You'll have 1-3 people in your boat so register with a friend!

- Full-time student \$55-Use SPRSAIL as Activation Code.

Beginner Sailing-Dinghy *Two Day*

If sailing is on your "bucket list" but you're short on time, this two-day class is for you. Instructors will teach you the basics and you'll be sailing in your own RS Quest 14' dinghy (small boat). This Sat/Sun class will whet your appetite for sailing.

- Full-time student \$95-Use SPRSAIL as Activation Code.

Beginner Sailing-Dinghy

Build knowledge and confidence while sailing Newport Harbor in an RS Quest 14' dinghy. This 4-session class teaches you the basics of sailing, with on-the-dock demos and independent sailing on day one. By the end of 4 weeks, you'll know the fundamentals of rigging, steering, wind direction, and sailing safety.

- Full-time student \$125-Use SPRSAIL as Activation Code.

Intermediate Sailing-Dinghy

You've got the sailing "bug" and you want to keep up the momentum. It's time to build upon the fundamentals. This class helps you develop your skills and boat-handling, with further instructions and more time on the water, in these boats. No class 4/21.

- Full-time student \$125-Use SPRSAIL as Activation Code

MARINA PARK

Introduction to Sailing-Dinghy

Su	10am-1pm	4/7	16yrs-Adult	\$65	MP2105
Sa	10am-1pm	4/20	16yrs-Adult	\$65	MP2106
Su	10am-1pm	5/5	16yrs-Adult	\$65	MP2107
Su	10am-1pm	6/2	16yrs-Adult	\$65	MP2109
Sa	10am-1pm	5/18	16yrs-Adult	\$65	MP2108
Sa	10am-1pm	6/15	16yrs-Adult	\$65	MP2110

Beginner Sailing-Dinghy *Two Day*

Sa-Su	10am-1pm	4/6-4/7	16yrs-Adult	\$105	MP2113
Sa-Su	10am-1pm	5/4-5/5	16yrs-Adult	\$105	MP2114
Sa-Su	10am-1pm	5/18-5/19	16yrs-Adult	\$105	MP2115
Sa-Su	10am-1pm	6/1-6/2	16yrs-Adult	\$105	MP2116
Sa-Su	10am-1pm	6/15-6/16	16yrs-Adult	\$105	MP2117

Beginner Sailing-Dinghy

Sa	10am-1pm	4/20-5/11	16yrs-Adult	\$140	MP2111
Su	10am-1pm	6/2-6/23	16yrs-Adult	\$140	MP2112

Intermediate Sailing-Dinghy

Su	10am-1pm	4/7-5/5	16yrs-Adult	\$140	MP2118
Sa	10am-1pm	5/18-6/8	16yrs-Adult	\$140	MP2119



Sailing - Keelboat

UCI Sailing

Introduction to Sailing-Keelboat

This 1-day class is for the beginner who'd like to learn how to sail in a keelboat. You'll build knowledge and confidence in the comfort of a stable 16.5' RS Venture, with an instructor on board with you for personalized instruction. You'll have a max of four other students on board with

you while you learn basic sailing fundamentals, point-of-sail, right of way, rigging, docking and more.

- Full-time student \$65-Use SPRSAIL as Activation Code.

Beginner Sailing-Keelboat

This class is for the beginner who'd like to learn how to sail in a keelboat. In this series of 4 classes, you'll be able to build knowledge and confidence in the comfort of a stable 16.5' RS Venture, with an instructor on board with you for personalized instruction. You'll have a max of four other students on board with you, while you learn basic sailing fundamentals, point-of-sail, right of way, safety, rigging, docking and more.

- Full-time student \$215-Use SPRSAIL as Activation Code.

Keelboat 1

For intermediate sailors who are looking for the next step after a couple of Dinghy class series or after a Beginning Keelboat class in the Venture keelboat. In this 4-session class, you'll apply the sailing fundamentals you learned in the dinghy or Venture classes to our large 22' keelboats. The J/22s have different rigging, crew positions, boat-handling techniques and so much more to learn.

- Pre-Req: Beginner Sailing - Dinghy or Beginner Sailing - Keelboat.
- Full-time student \$155-Use SPRSAIL as Activation Code.

Keelboat 2

The perfect class for an intermediate/advanced sailor who wants to get more performance, do drills, get physical and go fast. Possibly introduce spinnaker and ocean sailing. No class 4/21.

- Pre-Req: Intermediate Sailing class or similar experience.
- Full-time student \$155-Use SPRSAIL as Activation Code.

MARINA PARK

Introduction to Sailing-Keelboat

Sa	10am-1pm	4/6	16yrs-Adult	\$75	MP2120
Sa	10am-1pm	5/4	16yrs-Adult	\$75	MP2121
Sa	10am-1pm	6/1	16yrs-Adult	\$75	MP2122

Beginner Sailing-Keelboat

Sa	10am-1pm	4/6-4/27	16yrs-Adult	\$240	MP2123
Sa	10am-1pm	5/4-5/25	16yrs-Adult	\$240	MP2124

Keelboat 1

Su	1:30-4:30pm	5/5-5/26	16yrs-Adult	\$165	MP2125
Su	1:30-4:30pm	6/2-6/23	16yrs-Adult	\$165	MP2126

Keelboat 2

Su	1:30-4:30pm	3/31-4/28	16yrs-Adult	\$165	MP2127
----	-------------	-----------	-------------	-------	---------------

2019 Youth Track Meet of Champions

in memory of Frank E. Anderson



FRIDAY, APRIL 26 - 4-8 P.M.

**Davidson Field at
Newport Harbor High School**

TRACK & FIELD EVENTS

Maximum of THREE events:
TWO track and ONE field or TWO field and ONE track.

BORN IN 2012: DIV. 2012 (YSL 212)

TRACK	FIELD
50 Meters	Long Jump
100 Meters	Softball Throw
200 Meters	

BORN IN 2011: DIV. 11 (YSL 211)

TRACK	FIELD
50 Meters	Long Jump
100 Meters	Softball Throw
200 Meters	
400 Meters	

BORN IN 2010: DIV. 10 (YSL 210)

TRACK	FIELD
50 Meters	Long Jump
100 Meters	Softball Throw
200 Meters	
400 Meters	

BORN IN 2009: DIV. 09 (YSL 209)

TRACK	FIELD
100 Meters	Long Jump
200 Meters	Softball Throw
400 Meters	
800 Meters	
1600 Meters**	

BORN IN 2008: DIV. 08 (YSL 208)

TRACK	FIELD
100 Meters	Long Jump
200 Meters	Softball Throw
400 Meters	
800 Meters	
1600 Meters**	

BORN IN 2007: DIV. 07 (YSL 207)

TRACK	FIELD
100 Meters	Long Jump
200 Meters	Softball Throw
400 Meters	
800 Meters	
1600 Meters**	

BORN IN 2006: DIV. 06 (YSL 206)

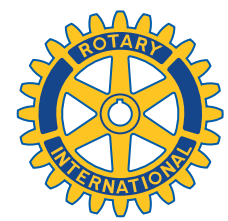
TRACK	FIELD
100 Meters	High Jump
200 Meters	Long Jump
400 Meters	Shot Put
1600 Meters	Softball Throw

BORN IN '04/05: DIV. 04/05* (YSL 205)

TRACK	FIELD
100 Meters	High Jump
200 Meters	Long Jump
400 Meters	Shot put
1600 Meters	Softball Throw

*Combined division. **Not a qualifying event for SCMAF/OC or SCMAF advancement meets.
Must be Newport Beach resident or attend Newport Beach school to be eligible for records (as of 2016).

FOR MORE INFORMATION AND REGISTRATION:
Call: 949-644-3151 • Fax: 949-644-3155 • email: sports@newportbeachca.gov
newportbeachca.gov/sports



2019
**Youth Track Meet
of Champions**
in memory of Frank E. Anderson



Friday, April 26
4–8 p.m.

Davidson Field at
Newport Harbor High School

REGISTRATION DEADLINES AND FEES [NO REFUNDS]

Residents

- **Before April 12:** \$10
- **After April 13:** \$15
- Online registration **closes 4/24**
- **Day of registration** accepted

Non-Residents

- **Before April 12:** \$13
- **After April 13:** \$18
- Non-residents registration **closes 4/23**
- **NO Day of registration** accepted

Club Teams must submit full team roster in excel,
individual waivers, and register by **April 10**.

CHECK-IN Held at stadium entrance 2:30-4:00 pm. Opening Ceremonies will begin promptly at 4:00 pm.

CLUB TEAMS Club members must register with their team. Email sports@newportbeachca.gov for more information.

SPIRIT CUP The school that earns the most points for its student's performance wins the Spirit Cup. *Only NMUSD teams and schools will be eligible.*

ORANGE COUNTY CHAMPIONS MEET In addition to the Youth Track Meet, participants placing 1st thru 6th place will qualify to represent Newport Beach in the Orange County Champions Meet on Sunday, May 19, 2019 at Downey High School.

From there, athletes may move on to the Southern California Track Championships held on Sunday, June 2, 2019 at TBA. Check our web site for more info.

PARTICIPANT'S NAME (FIRST & LAST): _____ **MALE/FEMALE:** _____ **DIVISION NUMBER:** _____ **SHIRT SIZE:** _____

BIRTHDATE: / / **GRADE:** _____ **SCHOOL:** _____ **CLUB:** _____

PRIMARY ADULT CONTACT'S NAME: _____ **EMAIL:** _____

ADDRESS: _____ **CITY:** _____ **ZIP:** _____ **PHONE #:** _____

PAYMENT OPTIONS Cash, checks and credit cards accepted. Please make checks payable to the City of Newport Beach. If paying by credit card, register on-line: www.newportbeachca.gov or at the Recreation office: 100 Civic Center Drive – Newport Beach. Credit cards also accepted at the event.

REGISTRATION INFORMATION & POLICIES I (We) the undersigned certify that I (We) have read, reviewed, understand and agree to the Registration Information & Policies on adjacent page. These policies are also included as part of your receipt.

PHOTO RELEASE I understand that from time to time City representatives may photograph activities of City recreation programs and participants. By signing this form, I authorize the City of Newport Beach to use or publish any photographs taken by the City showing my participation or my child/children's participation to promote classes on the City's website and other social media used by the City, future publications of the Newport Navigator and/or flyers.

WAIVER & RELEASE OF LIABILITY In consideration of participation in the Program, I (We), the undersigned, recognize, agree and acknowledge as follows: (1) Participation in the Program is voluntary; (2) Follow and abide by the rules, regulations, guidelines and Participant Code of Conduct (3) The participant is in good health, physically able to participate in the program without restrictions and has no medical condition that would or may cause participation to be potentially hazardous to his or her health, which the city can request participant to agree to furnish medical documentation at participants own expense; (4) Failure to disclose a medical condition could terminate participation; (5) There is a real possibility that participant could be seriously injured while participating in the Program; (6) Participant assumes all risks associated with participation in the Program. Participant acknowledges the inherent and potential dangers of participating and expressly waives and voluntarily assumes all risk of personal injury or death which may be sustained while participating. I (WE) RECOGNIZE THAT REGISTRATION IN THE PROGRAM IS DANGEROUS AND CONTAINS RISK OF PERSONAL INJURY, DEATH, DISABILITY, PROPERTY DAMAGE OR LOSS ("DAMAGES"). I ASSUME ANY AND ALL RISKS associated with my or my child's participation in the Program, including, but not limited to, strenuous physical activity or exertion; striking or being struck, by objects or persons; slipping; and exposure to heat, cold or humidity. Such risk may result in injuries that include, but are not limited to: sprain, strain or tear of muscles or ligaments; fracture or dislocation of joints or bones; head or facial injuries; spinal cord or internal injuries. I know that the risks, hazards and dangers include, but are not limited to, falling, slipping, colliding with other users, staff or spectators. I understand that these risks, hazards and dangers are further increased when other persons, whether or not of the same level of experience, are present at the same time and/or using the same facilities. ALL SUCH RISKS ARE KNOWN AND APPRECIATED BY ME. I hereby, for myself, my child, heirs, or anyone who might claim on my or my child's behalf, agree not to bring any claim, and waive, release and forever discharge the City of Newport, the Newport-Mesa Unified School District, and all of their officers, agents, and employees from any and all duty to me, my child and/or liability for damages arising out of or in the course of my child's participation in the Program, including all liability for any active or passive negligence by the City/Newport-Mesa Unified School District and/or their officers, agents and employees. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. I waive and voluntarily assume all risk of personal injury which may be sustained while participating. The laws of the State of California shall govern this agreement. The undersigned, hereby acknowledged to be lawful parent(s) and/or guardian(s) of the participant, acknowledge(s) my/our qualifications to sign the Release on behalf of the participant.

MANDATORY SIGNATURE _____ **DATE:** _____

NAME ON CARD: _____ **EMAIL:** _____

CASH **CHECK #:** _____ **CREDIT CARD #** _____ **EXP:** _____ **CVV#** _____

TENNIS INFORMATION



BONITA CANYON SPORTS PARK

MacArthur & Bonita Canyon
Two courts, no lights

GRANT HOWALD PARK

5th & Iris, Corona del Mar
Two courts, no lights

IRVINE TERRACE PARK

Malabar & Evita
Two courts, no lights

MARINERS PARK

Dover & Irvine Avenue
Two lighted courts

SAN JOAQUIN HILLS PARK

San Joaquin Hills Road & Crown Drive North
Four courts, no lights

WEST NEWPORT PARK

57th & River Jetty
Four courts, no lights



Tiny-Hawk Tennis

Skyhawks Sports Academy

Introduce your little superstar to tennis! This class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. All equipment is provided. No class 5/27

BONITA CANYON SPORTS PARK

M 4-4:40pm 4/15-6/10 4-5yrs \$165 SKY200

COMMUNITY YOUTH CENTER (CYC)

Sa 9-9:40am 4/20-6/8 4-5yrs \$165 SKY204

MARINERS PARK

Th 5-5:40pm 4/18-6/6 4-5yrs \$165 SKY202

Skyhawks Tennis

Skyhawks Sports Academy

This class provides a relaxed environment where fundamental tennis skills are taught along with a wide range of fun activities that help develop agility, balance, movement, sending, receiving and gross motor skills. All equipment is provided. No class 5/27

BONITA CANYON SPORTS PARK

M 4:50-5:30pm 4/15-6/10 6-8yrs \$165 SKY201

COMMUNITY YOUTH CENTER (CYC)

Sa 9:50-10:30am 4/20-6/8 6-8yrs \$165 SKY205

MARINERS PARK

Th 5:50-6:30pm 4/18-6/6 6-8yrs \$165 SKY203

Private Tennis Lessons

Recreation Management Services (RMS)

RMS Tennis is under the direction of Director of Tennis, Donald Alger, a USPTA Certified, former College player and coach at both high school and college levels. RMS professionals will help you achieve the level of tennis you want for yourself or your children.

- Participants may sign up for as many lessons as they want and pay at one time.
- Dates and times must be confirmed with instructor prior to registration with the Recreation Department.
- Call Melinda Alger for assistance 714-342-9058.
- No refunds

Pricing is per person:

1 person	2 people	3+ people
\$60/hr/person	\$30/hr/person	\$25/hr/person



RMS CLASS INFORMATION

Please bring a racquet and can of unopened tennis balls to the first class.

Wear appropriate clothing and tennis shoes.

If you need a racquet, call RMS and they will provide one during class time.

Classes cancelled due to weather are made up at the end of the session if time permits.

Tennis



Adult Tennis- Beginning Level 1

RMS

This is an entry level class designed for the adult with little to no experience. Class will introduce racquet grip, footwork and progression of serve. Drills for balance and coordination with movement forward and back progression and side to side.

BONITA CANYON SPORTS PARK

M	9-10am	4/1-4/29	Adult	\$80	RMS200
M	9-10am	5/13-6/17	Adult	\$80	RMS201

MARINERS PARK

W	6-7pm	4/3-5/1	Adult	\$80	RMS220
W	6-7pm	5/15-6/12	Adult	\$80	RMS221
W	10-11am	4/3-5/1	Adult	\$80	RMS222
W	10-11am	5/15-6/12	Adult	\$80	RMS223

Adult Tennis- Intermediate Level 2

RMS

Stress will be on the ability of the class and move towards the higher end of progression of footwork, with strokes and serves. Movement to the net and placement of the ball in game situation drills.

BONITA CANYON SPORTS PARK

M	10-11am	4/1-4/29	Adult	\$80	RMS202
M	10-11am	5/13-6/17	Adult	\$80	RMS203

COMMUNITY YOUTH CENTER (CYC)

Tu	9:30-11am	4/2-4/30	Adult	\$120	RMS204
Tu	9:30-11am	5/14-6/11	Adult	\$120	RMS205

IRVINE TERRACE PARK

M	9-10am	4/1-4/29	Adult	\$80	RMS210
M	9-10am	5/13-6/17	Adult	\$80	RMS211
W	9-10am	4/3-5/1	Adult	\$80	RMS212
W	9-10am	5/15-6/12	Adult	\$80	RMS213

MARINERS PARK

W	7-8pm	4/3-5/1	Adult	\$80	RMS216
W	7-8pm	5/15-6/12	Adult	\$80	RMS217
W	9-10am	4/3-5/1	Adult	\$80	RMS218
W	9-10am	5/15-6/12	Adult	\$80	RMS219

SAN JOAQUIN HILLS PARK

Sa	8-9am	4/6-5/4	Adult	\$80	RMS226
Sa	8-9am	5/18-6/15	Adult	\$80	RMS227
Sa	10-11am	4/6-5/4	Adult	\$80	RMS228
Sa	10-11am	5/18-6/15	Adult	\$80	RMS229



Adult Tennis- Advanced Level 3

RMS

Our instructor was a college player and has been teaching tennis with us for over 10 years. He will bring his expertise of game strategy, competition and over-all tennis instructions for the player. No class 5/27

IRVINE TERRACE PARK

M	8-9am	4/1-4/29	Adult	\$80	RMS206
M	8-9am	5/13-6/17	Adult	\$80	RMS207
W	8-9am	4/3-5/1	Adult	\$80	RMS208
W	8-9am	5/15-6/12	Adult	\$80	RMS209

SAN JOAQUIN HILLS PARK

Sa	9-10am	4/6-5/4	Adult	\$80	RMS224
Sa	9-10am	5/18-6/15	Adult	\$80	RMS225

Senior Double Tennis

RMS

This doubles clinic will feature drills on organized team play. Intermediate and Advanced players only. All ages welcome!

IRVINE TERRACE PARK

Tu/Th	8:30-9:30am	4/2-5/2	Adult	\$80	RMS214
Tu/Th	8:30-9:30am	5/14-6/13	Adult	\$80	RMS215

PICKLEBALL INFORMATION



BONITA CANYON SPORTS PARK

MacArthur & Bonita Canyon
4 courts, outdoor, no lights

OPEN COURT HOURS:

Monday-Friday; 7-8 a.m. & Noon-Dusk
Saturday-Sunday; 7 a.m.-Dusk

Drop-In Play: Monday-Friday; 8 a.m.-Noon

DROP-IN PICKLEBALL:

Participants are required to supply their own paddle from our approved paddle list found at www.newportbeachca.gov/sports.

Noise reduced balls will be available on-site.

Outdoor pickleball is only permitted on the designated court.

For a detailed description, please visit: www.newportbeachca.gov/sports.



Free Intro to Pickleball

Newport Beach Sports Staff

Come learn to play the fastest growing sport in America! At this free clinic, you will learn how to play the sport of Pickleball, general rules and scoring of the game, different types of hitting and basic partner communication.

- No paddle or experience needed!
- Clinics are free but pre-registration is required.
- Clinics are taught in group settings. Group size may vary. Limit up to 8 participants.

BONITA CANYON SPORTS PARK

W	Noon-1pm	4/3	Adult	Free	ASP200
W	Noon-1pm	5/1	Adult	Free	ASP201
W	Noon-1pm	6/5	Adult	Free	ASP202

Beginning Pickleball with Lonnie

Lonnie Kojima

Learn beginning techniques of the pickleball forehand/backhand stroke, the dink, volleys, overheads, the serve and the return serve. No class 5/27

BONITA CANYON SPORTS PARK

M	Noon-1pm	4/1-4/29	Adult	\$75	ASP207
M	Noon-1pm	5/13-6/17	Adult	\$75	ASP208

Private Pickleball Lessons

Melanie Wheatley

Melanie Wheatley competed on the National Senior Women's Tennis Circuit and won 4 National Championships, received the #1 ranking in the Nation by the USTA for 2 years in a row and won 2 Bronze medals at the World Championships in Perth, Australia and Amsterdam. She is transferring her vast knowledge of tennis to the game of pickleball through instruction and coaching to beginners and intermediates. She tailors her teaching to the needs of the individual or team to improve their technical skills and strategy to help them take their game to the next level.

- Participants may sign up for as many lessons as they want and pay at one time.
- Dates and times must be confirmed with instructor prior to registration.
- Email melwheatley54@gmail.com; text or call 562-760-1319
- No refunds

PRICING IS PER PERSON (PP):

1 person	2 people	3 or more people
\$55/hr	\$45/pp/hr	\$35/pp/hr

Pickleball



Beginning Pickleball with Melanie

Melanie Wheatley

Basic fundamentals of the game, including serve, return of serve, volleys, dinks, 3rd shot, overhands and keeping score. The objective is to develop the basic skills and knowledge so you can enjoy playing the game.

BONITA CANYON SPORTS PARK

Tu	Noon-1pm	4/2-4/30	Adult	\$75	ASP203
Tu	Noon-1pm	5/14-6/11	Adult	\$75	ASP204
Tu	1:30-2:30pm	4/2-4/30	Adult	\$75	ASP213
Tu	1:30-2:30pm	5/14-6/11	Adult	\$75	ASP214

Intermediate Pickleball with Lonnie

Lonnie Kojima

Learn how to play a more consistent style of game using drop shots, angle shots to the open courts and hitting behind your opponent. Discover how to find the strengths and weakness of your opponent and incorporate strategy in to your game. No Class 5/27

BONITA CANYON SPORTS PARK

M	1:15-2:15pm	4/1-4/29	Adult	\$75	ASP209
M	1:15-2:15pm	5/13-6/17	Adult	\$75	ASP210

Intermediate Pickleball with Melanie

Melanie Wheatley

The objective is to enhance your basic skills by improving your technique, court awareness, positioning, strategy and shot selection. This class should provide you with all the tools necessary to take you to the next level.

BONITA CANYON SPORTS PARK

Th	Noon-1pm	4/4-5/2	Adult	\$75	ASP205
Th	Noon-1pm	5/16-6/13	Adult	\$75	ASP206
Th	1:30-2:30pm	4/4-5/2	Adult	\$75	ASP215
Th	1:30-2:30pm	5/16-6/13	Adult	\$75	ASP216



Indoor Beginning Pickleball with Melanie

Melanie Wheatley

Basic fundamentals of the game, including serve, return of serve, volleys, dinks, 3rd shot, overhands and keeping score. The objective is to develop the basic skills and knowledge so you can enjoy playing the game.

NEWPORT COAST COMMUNITY CENTER

Th	7:45-8:45am	4/4-4/25	Adult	\$60	NCC263
Th	7:45-8:45am	5/16-6/6	Adult	\$60	NCC264
Th	9-10am	4/4-4/25	Adult	\$60	NCC265
Th	9-10am	5/16-6/6	Adult	\$60	NCC266

Pickleball Boot Camp with Melanie

Melanie Wheatley

Emphasis on cardio conditioning, agility skills and advanced paddle techniques. Curriculum is designed to generate an elevated heart rate by incorporating footwork, drills and skills, court movement and paddle quickness. This will be a fast-paced class, so be prepared to sweat!

- *Prerequisite: Must have taken Intermediate pickleball with Melanie or equivalent and be approved by the instructor prior to registration.*

BONITA CANYON SPORTS PARK

W	12:15-1:15pm	4/3-5/1	Adult	\$90	ASP211
W	12:15-1:15pm	5/15-6/12	Adult	\$90	ASP212
W	1:45-2:45pm	4/3-5/1	Adult	\$90	ASP217
W	1:45-2:45pm	5/15-6/12	Adult	\$90	ASP218



ARTS & THEATRE

Adult Watercolor & Painting

Lisa Albert

A wonderfully instructive class where adults will be taught the fundamentals and variety of watercolor and painting techniques. Students will learn about the various brush strokes, color theory, values, texture and more. All highly imaginative projects will inspire creative thinking, confidence and freedom of expression. A class not to be missed.

- A \$45 material fee is due to the instructor on the first day.

LISA ALBERT ART STUDIO

Th	6-8pm	4/18-5/16	16yrs-Adult	\$180	FB2025
Th	6-8pm	5/23-6/20	16yrs-Adult	\$180	FB2032

ENRICHMENT

American Mah Jongg Open Play

Terry Sweeney

If you are looking for a place to play with your fellow classmates, please join us! Sign up solo or with a group.

- *Prerequisite: Supervised Play with Terry. Bring your current Card of Hands and American Mah Jongg set.*

COMMUNITY YOUTH CENTER (CYC)

Sa	10am-Noon	4/13-5/18	Adult	\$83	CYC271
----	-----------	-----------	-------	------	---------------

American Sign Language

Portal Languages

Beginners Learn ASL with little or no knowledge. Vocabulary development, key grammatical structures and use of appropriate gestures will follow. The lessons build on one another. The class is fun and entertaining.

- *Portal Languages in Costa Mesa, 1500 Adams Ave, Suite 206 Costa Mesa.*

PORTAL LANGUAGES

Sa	Noon-1pm	4/6-5/25	16yrs-Adult	\$165	FB2056
----	----------	----------	-------------	-------	---------------

Beginning Farsi

Portal Languages

This class is for beginner students who would like to speak Farsi for traveling and culture. You will speak Farsi from the first lesson. Vocabulary development, key grammatical structures and use of appropriate verbs will follow. The lessons build on one another. The class is fun and entertaining.

- *Portal Languages in Costa Mesa- 1500 Adams Ave., Suite 206 Costa Mesa.*

PORTAL LANGUAGES

Th	6:30-7:30pm	4/4-5/23	16yrs-Adult	\$165	FB2054
----	-------------	----------	-------------	-------	---------------

Beginning French

Portal Languages

Beginners Learn French with little or no knowledge. The focus is on conversation for fast learning of daily actions. You will speak French from the very beginning. Vocabulary development, key grammatical structures, and use of appropriate verbs will follow. The lessons build on one another.

- *A \$20 material fee is due to the instructor on the first day.*

16TH ST. RECREATION CENTER

Tu	7-8pm	4/2-5/7	16yrs-Adult	\$125	ST2003
Tu	7-8pm	5/14-6/18	16yrs-Adult	\$125	ST2004

Beginning Korean

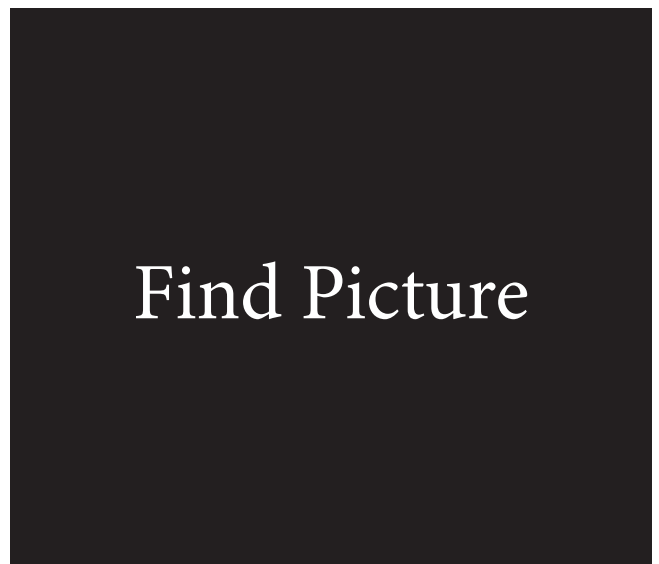
Portal Languages

This class is for beginner students who would like to speak Korean for traveling and culture. You will speak Korean from the first lesson. Vocabulary development, key grammatical structures and use of appropriate verbs will follow. The lessons build on one another. The class is fun and entertaining.

- *Portal Languages in Costa Mesa, 1500 Adams Ave, Suite 206 Costa Mesa.*

PORTAL LANGUAGES

Tu	6-7pm	4/2-5/21	16yrs-Adult	\$165	FB2053
----	-------	----------	-------------	-------	---------------



Beginning Spanish

Portal Languages

Beginners Learn Spanish with little or no knowledge. The focus is on conversation for fast learning of daily actions. You will speak Spanish from the very beginning. Vocabulary development, key grammatical structures, and use of appropriate verbs will follow. The lessons build on one another.

- A \$30 material fee is due to the instructor on the first day.

COMMUNITY YOUTH CENTER (CYC)

Th	6-7pm	4/4-5/9	16yrs-Adult	\$125	CYC247
Th	6-7pm	5/16-6/20	16yrs-Adult	\$125	CYC248

Bridge- Intermediate

Rose Reynolds

Learn the popular bidding conventions that every advancing bridge player should know in this intermediate bridge class. Subjects will include new minor forcing, cue bidding the opponents suit and more. Advance your bridge skills through this fun and interactive bridge class!

- A \$10 material fee is due to instructor.

NEWPORT COAST COMMUNITY CENTER

M	9:30-11:20am	4/1-4/29	Adult	\$90	NCC273
M	9:30-11:20am	5/13-6/17	Adult	\$90	NCC274

Japanese Int/Advanced Class

Portal Languages

The focus is on conversation for fast learning of daily actions. This class is for students who already speak Japanese and need to improve their skills. Vocabulary development, key grammatical structures and use of appropriate verbs will follow. The lessons build on one another. The class is fun and entertaining.

- Portal Languages in Costa Mesa, 1500 Adams Ave, Suite 206 Costa Mesa.

PORTAL LANGUAGES

F	4:30-5:30pm	4/5-5/24	16yrs-Adult	\$165	FB2055
F	4:30-5:30pm	5/31-6/21	16yrs-Adult	\$85	FB2057

Mindful Parenting

Jessi Moon Conder

Learn tools to shift you and your child's state of mind and energy for greater receptivity, happiness and success. These are science proven tools that reduce stress and increase clarity. Jessi trains parents and kids in mindfulness all over O.C. and L.A. This class will change your families life! No class 4/10, 4/17

MARINA PARK

W	5:45-6:45pm	4/3-5/8	Adult	\$135	MP2056
---	-------------	---------	-------	-------	---------------

NEWPORT COAST COMMUNITY CENTER

Sa	11am-1pm	6/8-6/8	Adult	\$35	NCC276
----	----------	---------	-------	------	---------------

HEALTH & FITNESS

Better Balance Yoga

Mindful Movement

BBY is a blend of traditional forms of Yoga, like Hatha & Vinyasa, with a modern exercise science approach. Each class we work on facilitating better movement and awareness, strengthening our mind and body, and integrating everything into balancing our lives both on and off our mats. Every session focuses on different regions of the body and is synchronized into fundamental movement concepts (Ex: Arms integrated with Core, Hips/Feet and their relationship with Balance, etc).

- Must be able to get up and down from the ground with relative ease and comfort.
- Equipment: yoga mat, towel and water. (Optional: Blankets) Yoga blocks and other equipment provided.
- Drop In (NO REFUNDS) \$20

MARINA PARK

Tu	5:30-6:30pm	4/2-5/7	16yrs-Adult	\$83	MP2043
Tu	5:30-6:30pm	5/14-6/18	16yrs-Adult	\$83	MP2044

Bodyworks + Abs

Body Business

BodyWorks + Abs will use methods of resistance training to help promote lean muscle, balance and strength with an emphasis on your abdominal muscles. You will work with resistance bands and weights to strengthen and tone for a full body workout.

- Please bring a mat, some weights will be available to borrow.

NEWPORT COAST COMMUNITY CENTER

M	9:15-10:15am	4/8-5/6	Adult	\$75	NCC247
M	9:15-10:15am	5/13-6/17	Adult	\$75	NCC250
W	9:15-10:15am	4/10-5/8	Adult	\$75	NCC248
W	9:15-10:15am	5/15-6/19	Adult	\$89	NCC251
M/W/F	9:15-10:15am	4/8-5/10	Adult	\$170	NCC249
M/W/F	9:15-10:15am	5/13-6/21	Adult	\$192	NCC252

Candlelight Yoga

Mindful Movement

Candlelight Flow Yoga helps relax and move your body and mind. Set to soft music and the glow of candles, this yoga class features relaxing holds and slow movement. This gentler style of yoga will ease every muscle and help your mind find ease after a long day.

- Bring a yoga mat, towel and water.
- Yoga blocks and other equipment provided. Optional equipment: Blankets

NEWPORT COAST COMMUNITY CENTER

W	6:15-7:15pm	4/3-5/8	16yrs-Adult	\$83	NCC287
W	6:15-7:15pm	5/15-6/19	16yrs-Adult	\$83	NCC288

Cardio Boot Camp

Body Business

Burn calories, improve strength and increase your endurance with this high-energy circuit training and more program.

- Please bring: 5-8 lb. dumbbells, a mat and water.

BONITA CREEK COMMUNITY CENTER

Tu/Th 9:15-10:15am 4/9-5/16 Adult \$149 **FB2042**
 Tu/Th 9:15-10:15am 5/21-6/20 Adult \$125 **FB2043**

Core Strength Training

Body Business

Core Strength is an overall conditioning technique using a stability ball and hand weights. Emphasis will be on your core muscles including abdominals and lower back while working all areas of your body. Core strength will increase lean muscle mass and improve balance, coordination and strength.

- Please bring mat, stability ball and water.
- Some weights will be available to borrow.

NEWPORT COAST COMMUNITY CENTER

Th 9:15-10:15am 4/11-5/9 Adult \$75 **NCC253**
 Th 9:15-10:15am 5/16-6/20 Adult \$89 **NCC254**

Family Yoga and Mindfulness!

Jessi Moon Conder

Come with Your Whole Family for a Fun Yoga and Mindfulness class with Senior Teacher Jessi Moon from The Self Awareness Institute. Jessi trains families in Mindfulness and is excited to offer this workshop! Come play and learn to shift your energy!

- Each family member attending must be registered.

COMMUNITY YOUTH CENTER (CYC)

Su 11am-Noon 5/12-5/12 2yrs-Adult \$25 **CYC223**



Jazzercise

Karen Halley

Group dance fitness combines dance based cardio with strength training and stretch to sculpt, tone and lengthen muscles for maximum burn. No class 5/27

- An enrollment fee of \$70 is payable to the instructor for new students or those returning after 6 months, who register for a month or more.
- Bring a mat and bottled water. Limited weights available for use on a first come, first serve basis
- 5 Day Pass (No Refunds)

NEWPORT COAST COMMUNITY CENTER

M/Tu/W/F 8-9am 4/1-4/30 Adult \$75 **NCC236**
 M/Tu/W/F 8-9am 5/1-5/31 Adult \$75 **NCC237**
 M/Tu/W/F 8-9am 6/3-6/21 Adult \$75 **NCC238**
 M/Tu/W/F 8-9am 4/1-6/21 Adult \$60 **NCC246**



Meditation and Mindfulness

Jessi Moon Conder

Learn science proven tools to reduce stress, increase life force energy, improve focus, gain clarity and increase happiness levels. You will learn basic to advanced forms of meditation and introspection. You deserve to live in your highest quality of energy. There is a peace

within and we can all learn to connect with this ever present peace allowing this connection to fuel our life for a happier, more peaceful and powerfully enlightening existence. Look forward to seeing you in class! No class 4/10, 4/16, 4/17

- Attire: comfortable clothes for light stretching.
- Drop In (NO REFUNDS) \$25

BONITA CREEK COMMUNITY CENTER

W 11am-Noon 4/3-6/19 14yrs-Adult \$225 **FB2015**

COMMUNITY YOUTH CENTER (CYC)

M 7-8pm 4/1-5/6 14yrs-Adult \$125 **CYC226**
 M 7-8pm 5/13-6/17 14yrs-Adult \$125 **CYC227**

MARINA PARK

M 10-11am 4/1-5/6 14yrs-Adult \$105 **MP2032**
 M 10-11am 5/13-6/17 14yrs-Adult \$105 **MP2033**
 W 7-8pm 4/3-5/8 14yrs-Adult \$105 **MP2030**
 W 7-8pm 5/15-6/19 14yrs-Adult \$125 **MP2031**

NEWPORT COAST COMMUNITY CENTER

Tu 9-10am 4/2-6/18 14yrs-Adult \$205 **NCC275**

Meditation Retreat

Jessi Moon Conder

Have you ever wanted to go on a meditation or yoga retreat but just couldn't take the time off to travel? Lets have a mini all day meditation, mindfulness and yoga retreat right here! Join me for a love filled day entering deeper into the peace and blissfulness within!

COMMUNITY YOUTH CENTER (CYC)

Sa 9am-7:30pm 4/6-4/6 14yrs-Adult \$125 **CYC229**
 Sa 9am-7:30pm 6/1-6/1 14yrs-Adult \$125 **CYC230**

Mindful Parenting

Jessi Moon Conder

Learn tools to shift you and your child's state of mind and energy for greater receptivity, happiness and success. These are science proven tools that reduce stress and increase clarity. Jessi trains parents and kids in mindfulness all over O.C. and L.A. This class will change your families life! No class 4/16

- Each parent attending must be registered.

COMMUNITY YOUTH CENTER (CYC)

Tu 6-7pm 4/2-5/7 Adult \$165 **CYC231**
 Sa 11am-1pm 5/25-5/25 Adult \$35 **CYC232**



Mindful Yoga

Jessi Moon Conder

Come Learn a gentle but strong yoga and meditation practice. You will be guided through a series of movements and stretches and receive hands on healing too. This yoga class is for beginners to very advanced. Expect to feel light and blissful afterwards. No class 4/15, 4/20, 5/27

Please bring: yoga mat and blanket.

16TH ST. RECREATION CENTER

Sa 10-11am 5/18-6/22 14yrs-Adult \$125 **ST2002**

COMMUNITY YOUTH CENTER (CYC)

M 6-7pm 4/1-6/17 14yrs-Adult \$205 **CYC233**

MARINA PARK

M 9-10am 4/1-6/17 14yrs-Adult \$205 **MP2026**

Sa 10-11am 4/6-5/11 14yrs-Adult \$105 **MP2027**

Mindful Yoga on the Beach!

Jessi Moon Conder

Come enjoy the sun setting and learn yoga and meditation on the beach with advanced Yoga and Mindfulness teacher Jessi Moon! Meet new beautiful friends and lets create a loving atmosphere watching the sunset while stretching, breathing and gently strengthening our bodies, clearing our minds and enjoying the beauty of the beach! No class 4/9

- Please bring: beach towel.

CORONA DEL MAR STATE BEACH

Tu 6-7:15pm 4/2-5/7 12yrs-Adult \$95 **FB2016**

Tu 6-7:15pm 5/14-6/18 12yrs-Adult \$113 **FB2017**

NIA: Dance Into a Healthy Body

Jennifer Earle

Dance into health with NIA! Improve your muscle tone, posture, flexibility, strength, balance, coordination, stress threshold, and capacity for joy. NIA combines the expressiveness of dance, the power of martial arts and the mindfulness of the healing arts. The moves are simple to follow and practiced barefoot to soul-stirring music. No class 5/25

- Please bring: water and a beach towel or mat.
- Drop In (NO REFUNDS) \$20

COMMUNITY YOUTH CENTER (CYC)

Sa 10:15-11:15am 4/6-6/22 Adult \$170 **CYC218**

Seaside Strength & Stretch

Judy Aprile

A great way to start your day! Low-impact warm-up, followed by targeted strength and flexibility exercises for the whole body. Special attention will be given to postural alignment and static and dynamic stability. This class is very appropriate for older adults. No class 5/7, 5/9

- Bring mat and towel.
- Drop In (NO REFUNDS) \$20

MARINA PARK

Tu/Th 8-9am 4/2-4/30 40yrs+ \$95 **MP2040**

Tu/Th 8-9am 5/2-5/30 40yrs+ \$75 **MP2041**

Tu/Th 8-9am 6/4-6/27 40yrs+ \$85 **MP2042**

The Calm Class (Calm Parent Edition)

Jennifer Lambert

Let's be honest, being a Parent is challenging. We are constantly giving, providing, and anticipating the needs of others, usually without stopping to recharge, relax, and regroup! This weekly, welcoming class will use meditation, mindfulness, a little discussion, and a little humor to help our community feel heard, supported, sustained, and inspired, no matter what your circumstances. Tap into your inner "calm" with this empowering makeover. Trust me, you deserve it, you are overdue, and the benefits will last much longer than any spa treatment. No class 4/8, 5/27

MARINA PARK

M 6-7pm 4/1-4/29 Adult \$60 **MP2048**

M 6-7pm 5/6-6/3 Adult \$60 **MP2049**



Zumba Gold

CS Dance Factory

The dance party workout for the young at heart. Zumba Gold«: Groovin' at your own pace; beginner and intermediate modifications shown. Easy-to-follow, low-impact dance steps to zesty Latin and international music. Meet new friends while moving and having fun! Improve balance, strength and mobility. It's time to feel good! No class 4/9, 5/25

- Attire: flat soled shoes.
- Please bring: water and towel.
- Drop In (NO REFUNDS) \$20

COMMUNITY YOUTH CENTER (CYC)

CYC 2 Day

Tu/Sa 9-10am 4/2-6/22 Adult \$247 **CYC208**

CYC Saturday

Sa 9-10am 4/13-6/22 13yrs-Adult \$125 **CYC209**

CYC Tuesday

Tu 9-10am 4/2-6/11 Adult \$137 **CYC210**

MUSIC

Group Guitar

The Rock Band Experience

Have you ever wanted to be a rockstar? Well now is the time. Learn to play guitar and have fun playing your favorite songs in no time! Beatles, Rolling Stones, Green Day, AC/DC and so much more! So don't delay and learn to play today! No class 4/11

- Students must provide their guitars.
- A \$20 material fee for course book due to the instructor.

MARINA PARK

Th	5-6pm	4/4-5/16	13yrs-Adult	\$125	MP2046
Th	5-6pm	5/23-6/20	13yrs-Adult	\$105	MP2047

Group Ukulele

The Rock Band Experience

Have you ever wanted to play ukulele? Well now's the time! Learn and have fun playing your favorite songs in no time! Learn traditional Hawaiian, Pop and Rock Songs, and even modern-day adaptations of Radio Hits! All levels and ages are welcome, so don't delay and learn to play today! No class 4/11

- Students must provide their Ukulele.
- A \$20 material fee for course book due to the instructor.

16TH ST. RECREATION CENTER

Tu	6-6:45pm	4/2-5/7	13yrs-Adult	\$105	ST2012
Tu	6-6:45pm	5/14-6/18	13yrs-Adult	\$105	ST2016

MARINA PARK

Th	4-4:45pm	4/4-5/16	8yrs-Adult	\$125	MP2060
Th	4-4:45pm	5/23-6/20	8yrs-Adult	\$105	MP2061

DANCE

Basic Beginner Line Dance Class

Vickie Jackson

Learn all of the basic line dance steps, sequences and vocabulary, as well as simple dances that will allow you to practice what you learn. No class 4/22, 5/27

- No previous knowledge of line dance steps required.

MARINA PARK

M	1:30-2:30pm	4/1-5/6	Adult	\$45	MP2050
M	1:30-2:30pm	5/13-6/17	Adult	\$45	MP2051

Drop In (NO REFUNDS) \$20

Improver Line Dance Class

Vickie Jackson

An extension of the Basic Beginner Line Dance Class. Will review steps, sequences and vocabulary while learning slightly more difficult dances including many of the classics. No class 4/22.

- Some previous knowledge of line dance steps or simultaneous enrollment in the basic beginner class suggested.
- **Drop In (NO REFUNDS) \$20**

MARINA PARK

M	2:30-3:30pm	4/1-5/6	Adult	\$45	MP2052
M	2:30-3:30pm	5/13-6/17	Adult	\$45	MP2053

Introduction to Social Line Dancing

Vickie Jackson

Improver and Easy Intermediate Line Dance Lessons, Reviews and Walk-throughs of previous lessons. Lots of practice dancing what you have already learned. No class 4/26.

- Previous basic knowledge of line dance steps suggested.
- **Drop In (NO REFUNDS) \$20**

MARINA PARK

F	6:30-9:30pm	4/5-5/17	Adult	\$71	MP2054
F	6:30-9:30pm	5/24-6/21	Adult	\$60	MP2055

NIA: Moving to Heal-Gentle Dance

Jennifer Earle

Moving to Heal is a gentle Nia class. Nia is a fusion of dance, martial arts and healing arts such as yoga. Moving to Heal is adaptable for anyone returning to movement, recovering from injury or illness, or simply needing a slower pace. This beautiful class format is designed for people seeking ways to feel better and more joyful in their bodies. Enjoy easy-to-follow choreography to fun music in a supportive atmosphere of safety and trust.

- Bring water and a yoga mat or towel for the end of class.
- We dance barefoot but if necessary, you are welcome to wear soft flexible shoes or sneakers.
- Chairs will be provided for those who need to or would like to dance in a chair.
- **Drop In (NO REFUNDS) \$20**

MARINA PARK

W 4-5pm 5/8-6/19 Adult \$131 **MP2059**

Special Needs Ballroom Basics

Definitely Dance Inc.

Join us for a dynamic dance class that is specifically designed for people 18+ with all types of special needs and developmental disabilities! Sign up with a family member or caregiver, who will be your dance buddy throughout the class. Taught by our lead instructor, Mandy Mykitta, many dances will be represented. From the Waltz to the Hustle, we'll teach you all the moves you need to own any dance floor!

- Dance buddies do not need to be registered for class.

COMMUNITY YOUTH CENTER (CYC)

Sa 11:30am-12:30pm 4/6-5/4 Adult \$50 **CYC212**
 Sa 11:30am-12:30pm 5/11-6/15 Adult \$50 **CYC213**

SPECIAL INTEREST

Dog Obedience Refresher Drill Workshop

Dog Services Unlimited

For dogs that have been through a basic obedience course but have not quite mastered all the skills, or need a refresher class to remind them who's in charge. Intensive practice and drill on all your novice obedience exercises! Improve your dog's attention, work with challenging distractions, and progress to off-leash control.

- Bring your dog with training equipment to all meetings.
- A \$5 insurance fee is due to the instructor at the first class.
- Children under 10 years must be accompanied by an adult.
- Meet at parking strip on west side of Junipero, 1 block north of Arlington.

TEWINKLE PARK

Tu 7:30-8:30pm 4/9-5/7 10yrs-Adult \$82 **NCC241**

Dog Obedience Training

Dog Services Unlimited

Obedience training can make your dog a more enjoyable family member! This beginner-level course, for all breeds of dogs ages five months and older, covers all A.K.C. exercises, including heel, automatic sit, stay, come, stand & down. Also address behavior problems (destructive chewing, hole-digging, barking and counter-surfing, etc.).

- Trophies and certificates awarded at graduation.
- First class meeting is an orientation, to be held **WITHOUT DOGS**.
- Bring current shot records to the orientation lesson.
- A \$10 material fee is due to the instructor (includes training manual) on the first class.
- This class is for ages 10yrs-Adult. Children under 14 must be accompanied by an adult.
- TeWinkle Park, 2686 Junipero, Costa Mesa, 92626.

NEWPORT COAST COMMUNITY CENTER

W 7:30-8:30pm 4/17-5/29 10yrs-Adult \$98 **NCC239**

TEWINKLE PARK

Tu 6:30-7:30pm 4/2-5/14 10yrs-Adult \$98 **NCC240**

Puppy Kindergarten

Dog Services Unlimited

Start your new puppy out on the right paw! Pups ages two to five months will benefit from early socialization with other puppies, and an introduction to basic commands. Advice on housebreaking, nipping, chewing, jumping up, etc. will also be included.

- Certificates will be awarded at the final meeting.
- First class meeting held inside **WITHOUT PUPPIES**. Minimum of two Distemper and Parvovirus vaccinations must be completed before bringing pup to class.
- A \$10 material fee is payable to the instructor (includes training manual).
- This class is for ages 10yrs-Adult. Children under 14 must be accompanied by an adult.

NEWPORT COAST COMMUNITY CENTER

W 6:30-7:30pm 4/17-5/22 10yrs-Adult \$87 **NCC242**

Horsemanship

OC Vaulting

Love Horses and want to work with them? Horse care, handling, grooming, tacking. Equestrian management, evaluation, behavior, and nutrition. Horse show assisting and beginning horse training. Upon successfully completing 1 year of study, student should be prepared to assist equestrian barns as a working student, groom, braider, or show assistant. No class 4/13

- A \$10 material fee is due to the instructor on the first day.
- Successful completion of all 3 parts is required to test for the American Vaulting Association Horsemanship Exams.
- Attire: clothing and shoes appropriate to work around horses (closed-toed shoes).
- OC Fairgrounds Equestrian Center - 905 Arlington Ave., Gate 9

OC FAIRGROUNDS EQUESTRIAN CENTER

Sa 9-11am 4/6-6/15 12yrs-Adult \$205 **FB2047**

“Yoga” on Horseback

OC Vaulting

Join our fun “yoga” workout starting on a stationary barrel and moving to horseback. You will be surrounded by others with varying experiences in a supportive environment. This class is for the beginning adult and older teen vaulter, and those with vaulting experience at the Walk or Trot.

- Class dates: 4/5, 5/10, 6/14
- Attire: leggings, tight fitting top, and thin, rubber-soled athletic shoes (or a shoe like Tom’s). OC Fairgrounds Equestrian Center - 905 Arlington Ave., Gate 9

OC FAIRGROUNDS EQUESTRIAN CENTER

F 6-7:30pm 4/5, 5/10, 6/14 16yrs-Adult \$110 **FB2045**

SPORTS

Group Golf Lessons

John Leonard

PGA Instructor John Leonard has personally designed this course for the beginner and intermediate golfer. This course emphasizes stance, swing and use of clubs. No class 4/9

- Bring your own clubs or rent clubs at the course.
- Students need to purchase a large bucket of balls per lesson before class begins.

NEWPORT BEACH GOLF COURSE

Sa 10-11am 4/6-4/27 Adult \$125 **FB2018**
Sa 10-11am 5/11-6/1 Adult \$125 **FB2019**

Indoor Volleyball 6’s Game Play

Matt Taylor

This competitive class is for intermediate to advanced players who know the 6/2 style of play. Organized play will consist of coed games as well as men’s games/women’s games. Instructor feedback on techniques and strategy. No class 4/9

LINCOLN ATHLETIC CENTER

Tu 8:30-10pm 4/2-5/7 16yrs-Adult \$75 **FB2039**
Tu 7-8:30pm 4/2-5/7 16yrs-Adult \$75 **FB2038**

Indoor Volleyball Combo

Matt Taylor

This competitive class is for intermediate to advanced players who know the 6/2 style of play. Organized play will consist of coed games as well as men’s games/women’s games. Instructor feedback on techniques and strategy. No class 4/9

LINCOLN ATHLETIC CENTER

Tu 7-10pm 4/2-5/7 16yrs-Adult \$125 **FB2040**

Indoor Volleyball King & Queen

Matt Taylor

This 6 on 6 tournament is designed to find the top male and female player at the intermediate/advanced level. Each game, players are shuffled onto different team assignments; players win points based their team’s performance. Total individual points establish the winners on the last night! Prizes awarded!

- A \$20 material fee is due to the instructor on the first day.

LINCOLN ATHLETIC CENTER

Tu 7:45-9:45pm 5/14-6/11 16yrs-Adult \$55 **FB2041**



Judo & Jujitsu

Rick Bradley

Judo and Jujitsu are martial arts that emphasize the use of balance and technique to defeat a larger, stronger opponent by using the opponent’s own strength against them. This class will consist of stretching/warming up, fall rolls, mat work and free practice.

- A practice uniform can be obtained through the instructor.

COMMUNITY YOUTH CENTER (CYC)

Tu/Th 7:30-9pm 4/2-6/18 Adult \$43 **CYC259**

Karate - Adult

David Crockett

Traditional karate with emphasis on discipline, manners and self-defense. Itosu-kai is a older style with a rich history in Japan. Belts can be earned as the students progress. Advanced class is only for Itosu-kai students who have achieved Red Belt (jr), Brown or Black Belt (adult). No class 5/27

- A uniform can be purchased from the instructor for \$35.

NEWPORT COAST COMMUNITY CENTER

Beginning

Tu/Th 6-7pm 4/2-6/20 14yrs-Adult \$185 **NCC271**

Advanced

M 6:30-7:30pm 4/1-6/20 14yrs-Adult \$191 **NCC272**
Tu/Th 6-7pm

Adult Leagues

Coed Beach Flag Football

Beach City Sports

Perfect for men & women living near the peninsula! Games will be played Sundays on the sand just north of the Balboa Pier. Individuals can register to be placed on a team or register on a designated team. Captains can also register for a team. Divisions for beginner to intermediate skill levels! Be prepared to "Get In & Get Social"!

- Register at beachcitysports.com.

BALBOA PIER

Su 9am-2pm 3/3-5/12 Adult \$89/person

Coed Turf Flag Football

Beach City Sports

Convenient access off the 73, perfect for men & women to enjoy after work! Games will be played Tuesdays at Bonita Creek Park. Individuals can register to be placed on a team or register on an already-existing team. Captains can also register for an entire team of 12-16 players. Lower division available for beginner to intermediate skill levels! Be prepared to "Get In & Get Social"!

- Register at beachcitysports.com.
- Non-Residents pay an additional \$10/person.

BONITA CREEK PARK

Tu 7-10pm 3/5-4/30 Adult \$85/person



Coed Sand Volleyball

Beach City Sports

Perfect for men & women living near the peninsula! Games will be played Saturdays on the sand just north of the Balboa Pier. Individuals can register to be placed on a team or register on a designated team. Captains can also register for a full team. Great for beginner to intermediate skill levels! Be prepared to "Get In & Get Social"!

- Register at beachcitysports.com.

BALBOA PIER

Sa 10am-2pm 3/9-4/27 Adult \$79/person

Coed Turf Kickball

Beach City Sports

Convenient access off the 73, perfect for men & women to enjoy after work! Games will be played Mondays at Bonita Creek Park. Individuals can register to be placed on a team or register on an already-existing team. Captains can also register for an entire team of 10-18 players. Be prepared to "Get In & Get Social"!

- Register at beachcitysports.com
- Non-Residents pay an additional \$10/person.

BONITA CREEK PARK

M 7-10pm 3/4- 4/29 Adult \$79/person

Drop-in Hoops

Newport Beach Sports Staff

Pick-up basketball at its finest! Come down and join the fun of "pick-up" style hoops. Teams will be broken down to 5 on 5 with a constant winner rotation.

- Individuals welcome!
- Pay and Play!
- Gym will be staffed and monitored during play.
- Drop-In cards may be purchased online, at City Hall, or NCCC.

NEWPORT COAST COMMUNITY CENTER

W 6:30-9:30pm 4/3-6/26 Adult \$3/visit



Adult Sports Leagues



Basketball



Soccer



Softball



Volleyball

BASKETBALL

\$690/Residents ■ \$740/Non-residents

DATES:

Monday–Thursday

LOCATIONS:

West Newport Community Center
Lincoln Athletic Center
Newport Coast Community Center

SEASONS:

Spring 2019

April 1–June 14

REGISTRATION BEGINS:
Feb. 4

REGISTRATION ENDS:
March 4*

Summer 2019

June 24–Sept. 13

REGISTRATION BEGINS:
April 29

REGISTRATION ENDS:
May 24

CO-ED 11v11 SOCCER

\$1690/Residents ■ \$1740/Non-residents

DATES:

Wednesday–Friday

LOCATIONS:

Arroyo Park
Bonita Creek Park
Lincoln Athletic Center

SEASONS:

Fall 2019

Aug. 19–Dec. 6

REGISTRATION BEGINS:
June 24

REGISTRATION ENDS:
Aug. 9

7v7 SOCCER

(MEN, WOMEN, CO-ED)

\$420/Residents ■ \$470/Non-residents

DATES:

Monday, Wednesday, Thursday, Friday

LOCATIONS:

Bonita Creek Park

SEASONS:

Summer 2019

June 3–Aug. 2

REGISTRATION BEGINS:
Apr. 15

REGISTRATION ENDS:
May 13

SOFTBALL

\$490/Residents ■ \$540/Non-residents

Additional \$16 umpire fees paid on the field.

DATES:

Tuesday–Thursday

LOCATIONS:

Bonita Creek Park
Arroyo Park

SEASONS:

Spring 2019

Feb. 26–May 9

REGISTRATION BEGINS:
Jan. 2

REGISTRATION ENDS:
Jan. 28*

MENS:
Tuesday, Wednesday

CO-ED:
Tuesday, Wednesday,
Thursday

Summer 2019

May 21–Aug. 8

REGISTRATION BEGINS:
April 1

REGISTRATION ENDS:
April 29

VOLLEYBALL

\$420/Residents ■ \$470/ Non-Residents

DATES:

Thursday

LOCATIONS:

Lincoln Athletic Center

SEASONS:

Spring 2019

April 4– June 13

REGISTRATION BEGINS:
Feb. 11

REGISTRATION ENDS:
March 18

Summer 2019

June 27–Sept. 12

REGISTRATION BEGINS:
April 29

REGISTRATION BEGINS:
May 24

**If registering after the deadline, a \$30 late fee may apply.*

Registration is accepted on a team only basis.

Free Agents accepted via newportbeachca.gov/sports.

Space is available on a first come first serve basis.



FOR MORE INFORMATION:

newportbeachca.gov/sports ■ sports@newportbeachca.gov

Welcome to the
OASIS SENIOR CENTER



OASIS
SENIOR CENTER



OASIS SENIOR CENTER GENERAL INFORMATION

HOURS OF OPERATION

Administration Office

Monday-Thursday 7:30am-5:30pm

Friday 8am-5pm

Saturday/Sunday Closed

Center is closed on all City-observed holidays.

Fitness Center

Monday-Thursday 7:00am-8:00pm

Friday 7:00am-5:00pm

Saturday/Sunday 8:00am-4:00pm

CONTACT INFORMATION

801 Narcissus Ave., Corona del Mar, CA 92625

newportbeachca.gov/oasis

949-644-3244

FITNESS CENTER MEMBERSHIP

- *Age requirement is 50 years and older.*
- *Annual fee: Newport Beach resident \$125 Non-resident \$175*
- *Registration is required for use of Fitness Center.*
- *Personal trainers available for an additional fee.*
- *An orientation on all fitness equipment is available for each new member.*

TABLE OF CONTENTS

- XX** Transportation
- XX** Social Services
- XX** Meal Programs
- XX** Health Screenings
- XX** Support Groups
- XX** Friends Of Oasis Info
- XX** Upcoming Travel
- XX** Health & Fitness Classes
- XX** Dance Classes
- XX** Enrichment Classes

UPCOMING SPECIAL EVENT

FREE EVENTS

April 2 6 p.m. TNT Lecture: *Maintain Your Brain Health*

May 29 1 p.m. Afternoon Movie

June 12 6:30 p.m. Let's Go Trippin' Travel Series



A wide variety of social services are available to assist older adults and their families. Services are designed to enable people to live as independently and safely as possible. The following services are offered:

TRANSPORTATION

Care-A-Van

Provides transportation to medical appointments, grocery shopping and other necessary appointments within City limits. Cost is \$3 each way.

Shuttle

Provides transportation to senior classes and activities at OASIS. Cost is \$1.50 each way.

Hours

Monday-Thursday 7:45am-5pm.

Friday 8am-4pm.

Reservations For Traditional Ride Service

Recommended at least 3-5 business days in advance and up to 3 weeks in advance.

Reservations For Same-Day Ride Service

Available on Tuesday, Wednesday and Thursday. Call between 7:30-8:00 am for same-day rides.

Eligibility

- Age 60+
- Live in a private residence
- Reside within Newport Beach, Corona del Mar or Newport Coast.
- No longer driving or unable to drive.
- Passengers in a wheelchair must be able to push themselves or bring an attendant with them.

SOCIAL SERVICE PROGRAMS

Information & Referrals

Assistance with referrals to a vast assortment of senior services such as home care, housing options, adult day care, home health care, assisted living and retirement facilities, respite care, support groups, ombudsman services, and more. If we don't know, we'll find out.

Legal Assistance

One half hour of free legal consultation regarding estate planning, wills and trusts is available by appointment.

Medicare Assistance

A counselor can provide unbiased, individualized counseling to help Medicare recipients maximize benefits, understand health plan choices, and resolve Medicare issues (HICAP program).

Medical Equipment to Loan

Companion wheelchairs, walkers, crutches and knee scooters. Advance Health Care Directive Form Available

Memory Screening

Orange County Vital Aging Program provided at OASIS by Hoag Neurosciences Institute. Screening fee: \$45. Call 949-764-6288 or visit www.OCVitalAging.org for more information.

Senior Assessment Program

Comprehensive assessment and referral program enabling seniors to live independently in their own home.

Telephone Reassurance

Daily contact for seniors living alone.

MEAL PROGRAMS



Daily Lunch Program

Both hot and cold lunches are served Monday through Friday from Noon-12:30pm. Suggested donation \$4.50. Reservations are required. Call 949-718-1820.

Home-Delivered Meals

Meals are available for homebound seniors. Call 949-718-1820 for more details.

HEALTH SCREENINGS

Blood Pressure Screenings

Walk-in screenings on the 1st and 3rd Tuesday from 9-11am.

Visual Aid Screening

Braille Institute screens for magnifying when eyeglasses are no longer sufficient. Call 714-821-5000 for an appointment.

SUPPORT GROUPS

Alzheimer's Caregiver Support Group

Victor Mazmanian | 949-310-6682

This group meets the 1st Wednesday of the month from 10-11:30am. Meetings are open to caregivers, family members and friends caring for a loved one with Alzheimer's or dementia. You are not alone; find how sharing your ideas, feelings and concerns can help you care for yourself and your loved one. This group is affiliated with Alzheimer's Orange County.

Compassionate Friends, Newport Beach Chapter

Basla Mosinski | 917-703-3414

This group meets on the 3rd Wednesday of the month from 6:30-8:15pm. The group is a non-profit self-help bereavement support group for families who have experienced the death of a child(ren).

Grief Support Group

888-368-6869

Come and join us for coffee or tea and share in an easy and comforting conversation about the loss of your loved one. This group meets the 2nd and 4th Thursday of the month from 3-4:30pm.

Low Vision Support Group

Charlotte Stradtman | 949-552-7637

Polly Smith | 949-723-1603

This group meets on the 3rd Friday of the month. It is for people experiencing difficulty in daily living due to sight loss. The content of the discussion will be based on participants' needs, which may cover a variety of topics such as getting around town, low vision devices, family awareness and staying connected.

Parkinson's Resource Organization (pro)

PRO Office | 877-775-4111

This group meets the 2nd Thursday of the month from 6:30-8:30pm and is a support group for caregivers only. For more information call 877-775-4111.

Free Groups, Lectures & Activities

For details about various free program offerings at OASIS please view our current OASIS newsletter online at newportbeachca.gov/oasis.

FRIENDS OF OASIS



BENEFITS OF MEMBERSHIP

- Subscription to monthly OASIS Newsletter.
- Discounts on travel.
- Access to unique clubs
- Opportunity to support programs & events at OASIS.

HOW TO BECOME A MEMBER

Visit www.friendsofoasis.org to register for membership online or call 949-718.1800.

The Friends of OASIS is a 501 (C) (3) non-profit corporation. Your gift may be tax deductible - consult your tax advisor.

Single \$15/year • Couple \$25/year • Life Member \$300

UPCOMING TRAVEL OPPORTUNITIES

OASIS has fantastic travel opportunities to places near and far. Volunteers manage the travel program and work with group tour operators to offer quality tours at reasonable prices.

For detailed trip information please call 949-718-1810 or visit us at www.friendsofoasis.org and click on the travel tab, or stop by the OASIS Travel Office Monday through Friday, 9 a.m.–1 p.m.

GAMBLING TRIPS

Gambling trips are scheduled monthly. Please call 949-718-1810 for upcoming schedule.

EXTENDED TRIPS

Trips both domestic and abroad are offered. Please call 949-718-1810 for more information.

DAY TRIPS

- April** L.A.'s Hidden Gardens
- May** Jet Propulsion Lab
- May** The Caynon, The Coast & Capistrano
- June** L.A. Architectural Tour

friendsofoasis.org



ARTS & THEATRE

Beading

Tania Addington

This class is for anyone with an interest in beading with small beads and detail patterns, and those who need to refresh their basic beading stitch understanding. Students new to beading will learn about supplies, findings, tools, beads, and will work on simple projects using basic beading stitches. More experienced students will build their knowledge, learn color combination and balance, and create projects in off-loom stitches: Peyote, Brick, Netting, right Angle Weave, Square, Herringbone, and Chevron stitch. We will make rings, bracelets, earrings, and necklaces.

- A material list will print out on registration receipt.

OASIS SENIOR CENTER

Tu 12:30-2:30pm 4/16-5/21 Adult \$42 **SS2013**

Bead Stringing & Re-Stringing

Tania Addington

This course is designed for beginning beaders of all levels of stringing beads. Also for re-stringing older jewelry. Students will be instructed in the rules of stringing, how to finish projects, and use color and balance in stringing, make bracelets, necklaces and earrings. Students are encouraged to use their own style and choice of beads. One session will be for instruction in knotting between pearls and another wire loops to make earrings.

- A material list will print out on registration receipt.

OASIS SENIOR CENTER

Tu 9:30-11:30am 4/16-5/21 Adult \$42 **SS2016**

Beading & Bead Stringing - Single Repair - DROP-IN

Tania Addington

This is not a one-on-one instruction, rather, the instructor will offer helpful instructions during regular classes as time permits to drop-in students looking to repair a single item. See "Beading" and "Bead Stringing" listings for available class dates, days, and times.

- Limit one drop in student per class meeting.

Tu 9:30-11:30am 4/16-5/21 Adult \$15 **DRP200**

Card Making Workshop

Barbara Durst-Taylor

Card making fun! Join the party. All the supplies for you to make 5 one-of-a-kind cards for family, friends and loved ones... birthday, sympathy, get well, etc.! Let your creative side design a card to bring a smile to any face!

- A \$10 material fee due on the first day.

OASIS SENIOR CENTER

Th 1-3pm 4/18 Adult \$25 **SS2160**



Ceramics

Karen Thayer

Learn how to create ceramic objects using hand-building techniques and the potter's wheel. Beginning students will learn the basics of slabbing, coiling, pinching and glazing clay. Returning and advanced students will refine their skills with the endless possibilities that this simple material offers. If you have your own tools, please bring them. No class 5/8

- No tools are required at the first class.
- Instructor will provide basic tools and also have specialty tools available for purchase.
- A \$19 material fee is due to the instructor the first day.

OASIS SENIOR CENTER

W 9am-Noon 4/3-6/12 Adult \$152 **SS2149**

Chinese Brush Painting

Diana Wong

Explore the art of Chinese brush painting through the use of Chinese brushes, rice paper, Chinese ink and colors while expressing the inner spirit of the subject or the feeling of the artist. Learn to paint flowers, fish, birds, animals and insects.

- Material list will be printed on registration receipt.
- Material fee payable to instructor on the first day of class.
- A \$12 material fee is due to the instructor the first day for SS2535.
- A \$6 material fee is due to the instructor the first day for SS2536 & SS2537.

OASIS ROOM 4

W 1:30-4pm 4/17-6/5 Adult \$139 **SS2535**
 W 1:30-4pm 4/17-5/8 Adult \$75 **SS2537**
 W 1:30-4pm 5/15-6/5 Adult \$75 **SS2536**

Freehand Drawing- Beg/Adv

Nancy Wahamaki Vasek

Join Nancy in this fun drawing class; she will lead you every step of the way! Beginner to Advanced, working in graphite/pencil, pen & ink and charcoal. Learn tips to capture and sketch the world around you, keep an artist's journal and awaken to really "seeing". This type of "seeing" creates beautiful drawings and a new awareness of your surroundings.

- Visit <https://www.linkedin.com/in/nancygandolfwahamaki> for Nancy's education, experience and photos of her work.
- Please bring materials on the first day of class. (Material's list will print out on registration receipt).
- A \$10 material fee is due to the instructor on the first day.

OASIS SENIOR CENTER

W 9-11am 4/10-5/8 Adult \$115 **SS2076**
 W 9-11am 5/22-6/19 Adult \$115 **SS2077**

Instructor Assisted Art Workshop- Beg/Adv

Nancy Wahamaki Vasek

This workshop is open to all mediums, including acrylic, watercolor, pastel, colored pencil, and drawing (pen & ink, charcoal and graphite). Nancy, a professional artist and teacher who will help you "push" your style and give you encouragement to take you to the next step as you work on your own individual project. No class 5/27

- Visit <https://www.linkedin.com/in/nancygandolfwahamaki> for Nancy's education, experience and photos of her work.
- Please bring a project you are currently working on and any supplies you may need.

OASIS SENIOR CENTER

M	9am-Noon	4/8-5/6	Adult	\$110	SS2118
M	9am-Noon	5/20-6/24	Adult	\$110	SS2119

Oil Painting

Bobbi Boyd

This exciting class will help the beginner develop confidence as they learn new skills and techniques that will help them create art they can be proud of. More experienced artists can continue to develop and move to a whole new level. I will help you up your game. The community in this class brings out lively discussions and exposure to new ideas as well as a supportive environment with other creative people. I encourage individual projects and bringing in something you would find interesting to work on. No ideas yet? No worries. I have lots of fabulous projects to get you started. No class 5/27

- Solvent-free paints are preferred.
- Material list will print on receipt.
- A \$10 material fee is due to the instructor the first day.

OASIS SENIOR CENTER

M	1-4pm	4/1-4/29	50	\$145	SS2004
M	1-4pm	5/13-6/17	50	\$145	SS2008

Paint Your Own Wine Glass

Barbara Durst-Taylor

All supplies provided for you to paint two wine glasses to take home. Sign up with your friends and have some fun designing and painting a special wine glass to enjoy!

- A \$10 material fee is due to the instructor the first day.

OASIS SENIOR CENTER

Th	1-3pm	5/30	Adult	\$25	SS2161
----	-------	------	-------	------	---------------

Rag Quilt Workshop

Barbara Durst-Taylor

Learn how to make a soft, snuggly lap rag flannel quilt in 3 workshop days. Simply design and construction. Sewing (at home) required. Easy to follow directions, and instruction. You will be required to buy your own material after day 1.

- A \$15 material fee is due to the instructor the first day.

OASIS SENIOR CENTER

Tu	6-7:30pm	4/16-4/30	Adult	\$45	SS2163
----	----------	-----------	-------	------	---------------



Watercolor- Beginning

Theresa Fernald

Learn creative, expressive and colorful watercolor techniques. Develop a foundation for great watercolor composition and drawing while exploring color, brushwork and design based on art history and design theories.

- A materials list will print out on registration receipt.
- A \$5 material fee is due to the instructor on the first day.

OASIS SENIOR CENTER

Tu	1-4pm	4/2-5/7	Adult	\$82	SS2140
Tu	1-4pm	5/14-6/18	Adult	\$82	SS2141

Watercolor- Intermediate

Christine Sullivan

This fun and comprehensive class concentrates on developing traditional and experimental skills and techniques in transparent watercolor painting as well as designing more interesting and effective compositions. Landscapes, seascapes, people, still life and other subjects may be explored using photographs or studio set-ups. Demonstrations, individual assistance and group critiques all included.

- A material list will print out on registration receipt.

OASIS SENIOR CENTER

W	9am-Noon	4/3-5/8	Adult	\$142	SS2162
---	----------	---------	-------	-------	---------------

Watercolor- Advanced

Christine Sullivan

Learn to paint more expressive watercolors! In this fun and exciting advanced level watercolor painting class, you will explore various design concepts, experimental and traditional watercolor techniques, and use of other media to develop emotional content in your paintings. Creative and expressive interpretation of your subject matter will be the focus.

- Material list will print on receipt.

OASIS SENIOR CENTER

W	1-4pm	4/3-5/8	Adult	\$142	SS2213
---	-------	---------	-------	-------	---------------



DANCE

All Level Swing Basics

Definitely Dance Inc.

Learn how to own the dance floor with this dynamic class! Swing is one of the most popular dances, and you will learn some exciting new moves to last a lifetime! And to top it off, we make learning fun. Come join us! No class 5/27

- No partner needed
- Drop-In \$13 (NO REFUNDS) DRP264

OASIS SENIOR CENTER

M	2:15-3:15pm	4/1-4/29	Adult	\$40	SS2593
M	2:15-3:15pm	5/6-6/10	Adult	\$40	SS2594

Ballet II

Michelle Zehnder

Join us in learning the graceful beautiful movements of Classical Ballet. Ballet improves strength, flexibility, coordination and balance. It is a chance to express and share your creative side through non-stressful movements in a relaxed and supportive classroom environment. This class is designed for people who have had at least 2 years of dance at some time in their lives but students may adapt the lesson as needed. No class 5/14

- Please wear comfortable clothing and ballet slippers by the second class meeting.
- Drop-In \$18 (NO REFUNDS) DRP255

OASIS SENIOR CENTER

Tu	11:30am-12:30pm	4/2-6/11	Adult	\$128	SS2601
----	-----------------	----------	-------	-------	---------------

Ballroom Dance Basics

Definitely Dance Inc.

Never be a wallflower again. From Waltz to Salsa, we'll teach you how to own the dance floor! Join our ballroom group class, followed immediately by a lively practice party. Our dynamic steps and techniques will last a lifetime and we make learning fun! No class 5/27

- No partner needed.
- Drop-In \$13 (NO REFUNDS) DRP264

OASIS SENIOR CENTER

M	12:30-2pm	4/1-4/29	Adult	\$40	SS2597
M	12:30-2pm	5/6-6/10	Adult	\$40	SS2599
M	6:45-8:15pm	4/1-4/29	Adult	\$40	SS2598
M	6:45-8:15pm	5/6-6/10	Adult	\$40	SS2600



Dance Workshop

Michelle Zehnder

This dance workshop incorporates many styles of dance seen on stage and television. You will warm up with a ballet barre and then we will work on choreography using a variety of dance styles. This is a great opportunity for you to develop a unique repertoire of dances in a fun and friendly workshop atmosphere.

At least one year of dance experience is advised. No class 5/11

- Drop-In \$23 (NO REFUNDS) DRP259

OASIS SENIOR CENTER

Sa	11am-12:30pm	4/6-6/1	Adult	\$152	SS2602
----	--------------	---------	-------	-------	---------------

Intro to Broadway Dance

CS Dance Factory

Come learn simple, basic Broadway dance patterns and techniques. No partner necessary as it's taught in a small group setting. Steps are broken down so beginners are able to dance immediately with confidence. Enjoy favorite Broadway tunes, and see why dance is top-rated for your brain, your heart and your soul! Optional performance opportunities. No class 4/10

OASIS SENIOR CENTER

W	10:15-11am	4/17-6/19	Adult	\$155	SS2646
---	------------	-----------	-------	-------	---------------

Line Dancing

Vickie Jackson

Learn new dances and classic favorites while improving your fitness level. No class 4/25

Level 1 - Beginner / Improver (Includes steps, sequences & vocabulary)

Level 2 - Improver / Easy Intermediate (Should already know basic steps)

Level 3 - Easy Intermediate / Intermediate (Step Competency required)

- Drop-In \$15 (NO REFUNDS) DRP600

OASIS SENIOR CENTER

Level 1

Th	1-1:55 PM	4/4-5/9	Adult	\$34	SS2603
Th	1-1:55 PM	5/16-6/20	Adult	\$40	SS2604

Level 2

Th	2-2:55 PM	4/4-5/9	Adult	\$34	SS2605
Th	2-2:55 PM	5/16-6/20	Adult	\$40	SS2606

Level 3

Th	3-4pm	4/4-5/9	Adult	\$34	SS2607
Th	3-4pm	5/16-6/20	Adult	\$40	SS2608

Combo Class: Level 1 & 2

Th	1-2:55 PM	4/4-5/9	Adult	\$46	SS2609
Th	1-2:55 PM	5/16-6/20	Adult	\$52	SS2610

Combo Class: Level 2 & 3

Th	2-4pm	4/4-5/9	Adult	\$46	SS2611
Th	2-4pm	5/16-6/20	Adult	\$52	SS2612

ENRICHMENT

Languages

Portal Languages

Beginning Level 1

Learn a language with little or no knowledge. The focus is on conversation for fast learning of daily actions. You will speak your chosen language from the very beginning. Vocabulary development, key grammatical structures, and use of appropriate verbs will follow. The lessons build on one another. Emphasis is given to listening and interpretation. No class 5/27

Beginning Level 2

A continuation for students that have completed the Level 1. The class will keep focusing on vocabulary development, key grammatical structures, and use of appropriate verbs. Emphasis is given to listening, reading and conversation. No class 5/27

- Any material fees are due to the instructor the first day.

OASIS SENIOR CENTER

Beginning French 1 (\$25 material fee)

M/W	5-6pm	4/8-5/1	Adult	\$180	SS2028
M/W	5-6pm	5/6-6/3	Adult	\$180	SS2029
M/W	5-6pm	6/10-6/19	Adult	\$160	SS2030

Beginning French 2 (\$25 material fee)

M/W	6-7pm	4/8-5/1	Adult	\$180	SS2033
M/W	6-7pm	5/6-6/3	Adult	\$180	SS2034
M/W	6-7pm	6/10-6/19	Adult	\$160	SS2035

Beginning Italian 1 (\$20 material fee)

M/W	5-6pm	4/8-5/1	Adult	\$180	SS2043
M/W	5-6pm	5/6-6/3	Adult	\$180	SS2044
M/W	5-6pm	6/10-6/19	Adult	\$160	SS2045

Beginning Italian 2 (\$20 material fee)

M/W	6-7pm	4/8-5/1	Adult	\$180	SS2038
M/W	6-7pm	5/6-6/3	Adult	\$180	SS2039
M/W	6-7pm	6/10-6/19	Adult	\$160	SS2040

Beginning Spanish 1 (\$30 material fee)

Tu/Th	4-5pm	4/2-4/25	Adult	\$180	SS2049
Tu/Th	4-5pm	4/30-5/23	Adult	\$180	SS2050
Tu/Th	4-5pm	5/28-6/20	Adult	\$180	SS2051



Advanced French Reading & Discussion

Darielle Wilson

Conducted exclusively in French, discussion will be on a variety of topics presented by the students. Further discussion will follow the reading

of short stories by Fred Vargas and Bonjour Tristesse by Françoise Sagan. A maximum of 15 students will permit each person an opportunity to speak often, practicing and improving his or her fluency in French.

OASIS SENIOR CENTER

Th	10am-Noon	4/4-6/20	Adult	\$70	SS2005
----	-----------	----------	-------	------	--------

Advanced Studies in French Literature

Darielle Wilson

Class is conducted exclusively in French. Literature will include classic and modern novels, short stories and poems. Classroom activities center on spontaneous classroom and small-group discussions, reading aloud, dictations and grammar review as needed. Reading selections will include the classic novel *Les Liaisons dangereuses* by Choderlos de Laclos.

OASIS SENIOR CENTER

W	10am-Noon	4/3-6/19	Adult	\$70	SS2011
---	-----------	----------	-------	------	--------

Computer Skills

Carole Kamper

This class is for participants who have had some prior experience with computers. It will familiarize you with the desktop and the control panel. Emphasis will be on the steps used to create and save files and folders, as well as retrieving and editing those files. Shortcuts such as cut, copy and paste, print menu and beginning word processing skills will be highlighted.

OASIS SENIOR CENTER

M	11am-Noon	4/8-4/29	Adult	\$64	SS2060
Tu	10:30am-12:30pm	6/11-6/18	Adult	\$64	SS2061

Digital Photo Editing

Barbara Yin-Milbert

Learn to download your pictures from your camera or smart phone to your computer. Organize your pictures into folders. Learn to edit your digital photos using Picasa photo editing program.

- Prerequisite: Computer Basics or equivalent.
- Bring phone or camera and cords to class.

OASIS SENIOR CENTER

Th	9:45-10:45am	4/25-5/9	Adult	\$48	SS2068
----	--------------	----------	-------	------	--------

Ebay 1

Barbara Yin-Milbert

Learn to buy and sell items on eBay.

- Prerequisite: basic computer skills and familiarity with the internet

OASIS SENIOR CENTER

W	10am-Noon	4/3	Adult	\$32	SS2070
---	-----------	-----	-------	------	--------

Ebay 2

Barbara Yin-Milbert

Learn more advanced skills for buying and selling items on eBay. Hands-on class.

- Prerequisite: eBay 1 or equivalent and basic computer skills, and have eBay and paypal account.

OASIS SENIOR CENTER

Th	11am-Noon	4/4-4/11	Adult	\$32	SS2073
----	-----------	----------	-------	------	--------

Excel Refresher

Barbara Yin-Milbert

Emphasis on cut and paste, creating formulas, inserting pictures, auto-fill, and merge/center techniques.

OASIS SENIOR CENTER

Th 9:45-10:45am 4/4-4/11 Adult \$32 **SS2107**

Intermediate Computer Skills

Carole Kamper

This class is designed for students who have taken some computer classes and/or are self-taught. It is designed to take your skills to the next level. We will explore intermediate Word Processing Skills such as using templates to make greeting cards, flyers and newsletters. The fun presentation program, PowerPoint will also be taught as a way to apply these newly acquired skills. Google features such as translation, calendar and advanced searches will also be covered.

- *Prerequisite: Computer Skills, Basic Word Processing Skills.*

OASIS SENIOR CENTER

Tu 11am-1pm 5/21-5/28 Adult \$64 **SS2124**

Intro to Excel

Barbara Yin-Milbert

Learn to manipulate, process, and view the data on a spreadsheet. Use different functions of Excel. Insert graphics into your spreadsheet.

- *Prerequisite: Computer Basics and Skills or equivalent.*

OASIS SENIOR CENTER

Th 11am-Noon 5/23-6/13 Adult \$64 **SS2106**

Intro to Facebook & Social Media Sites

Barbara Yin-Milbert

In this introductory class, you will learn about Facebook and the pros and cons of joining this popular social network. You will also learn how to set up an account and select your security and privacy settings. In addition, we will touch upon the other social media sites: Twitter, Snapchat, Instagram, and Pinterest.

- *Prerequisite: Computer Basics and Skills or equivalent.*

OASIS SENIOR CENTER

Th 11am-Noon 4/25-5/9 Adult \$48 **SS2109**

Intro to Word

Barbara Yin-Milbert

Learn to open and save a new document, cut, copy and paste, use spell check, change font, text size, style and color, organize your files, insert pictures, and more!

- *Prerequisite: Computer basics or equivalent.*

OASIS SENIOR CENTER

Th 9:45-10:45am 5/23-6/13 Adult \$64 **SS2115**

Ipad Basics

Carole Kamper

This class will help you learn the basics of your Apple iPad. We will cover using an iPad as a reader, accessing the internet, doing email, and watching videos/movies. We will also explore taking photos and storing them as well as introducing you to several APPS.

OASIS SENIOR CENTER

Tu	1-3pm	4/16	Adult	\$34	SS2122
M	10am-Noon	6/17	Adult	\$34	SS2123



Iphone For Beginners

Carole Kamper

The class is designed for new and not so new users of iPhones. Instruction will cover the basics of making and receiving calls, setting up voicemail, sending and receiving text messages and other general topics, such as Settings, Calendar and Photos. You will also become familiar with several APPS to make you a more experienced and confident smartphone user. Please contact the instructor if you have any questions regarding the version of your iPhone for this class.

The class is designed for new and not so new users of iPhones. Instruction will cover the basics of making and receiving calls, setting up voicemail, sending and receiving text messages and other general topics, such as Settings, Calendar and Photos. You will also become familiar with several APPS to make you a more experienced and confident smartphone user. Please contact the instructor if you have any questions regarding the version of your iPhone for this class.

OASIS SENIOR CENTER

Tu	11am-1pm	4/9	Adult	\$34	SS2127
M	10am-Noon	6/3	Adult	\$34	SS2128

Making a Shutterfly Photo Book

Carole Kamper

Learn how to make a printable photo album using the website Shutterfly. Using the Shutterfly Smartphone app you will learn how to upload pictures from your phone directly to your Shutterfly account.

- *Prerequisite: Basic computer skills with some knowledge of the internet.*

OASIS SENIOR CENTER

Tu	1-3pm	5/7	Adult	\$34	SS2062
M	10am-Noon	6/10	Adult	\$34	SS2063

Writing Your Life Stories (Advanced)

Berteil Mahoney

Participants will continue to write their life stories and refine their writing with emphasis on the elements of style.

- *Prerequisite: Writing Your Life Stories 1.*
- *Group is limited to 12 participants.*

OASIS SENIOR CENTER

Tu	12:30-2:30pm	4/2-5/21	Adult	\$140	SS2164
----	--------------	----------	-------	-------	---------------

Writing Your Life Stories - 1

Berteil Mahoney

Have you ever wanted to write about your life, but wondered how to get started, how to keep going, and whether it is even worth it in the first place? In this class, you will learn how to turn the crazy, sad and wonderful stuff of your life into stories that have order, clarity and meaning. With opportunities for giving and receiving feedback, you will learn how to prepare your stories for the benefit of future generations, possibly your greatest legacy. No writing experience necessary.

- A \$15 materials fee is due to the instructor the first day.

OASIS SENIOR CENTER

Tu 10am-Noon 4/2-5/21 Adult \$140 **SS2168**

GAMES

Advanced Beginning Bridge 1

Ann Cressman

Lessons will consist of handouts, play of pre-arranged hands and analysis.

OASIS SENIOR CENTER

Th 9:30-11:30am 5/2-6/13 Adult \$135 **SS2001**

Advanced Beginning Bridge 2

Ann Cressman

Lessons will consist of more advanced bidding, handouts, play of pre-arranged hands and analysis.

- Prerequisite: Advanced Beginning Bridge 1.

OASIS SENIOR CENTER

F 9:30-11:30am 5/3-6/14 Adult \$135 **SS2006**

Advanced Beginning Bridge 3

Rose Reynolds

The class will consist of overcalling, preemptive bids, strong hands, and slam bidding. The class is designed for newer players or those who want to reinforce their bridge skills.

- A \$10 material fee is due to instructor the first day.

OASIS SENIOR CENTER

M 6-8pm 4/1-4/29 Adult \$90 **SS2007**

American Mah Jongg for Beginners

Terry Sweeney

Allow me to introduce you to the exciting, action-packed game of Mah Jongg. This tile game has been played in the U.S. since the late 1930's, and is popular worldwide. Join us for fun and laughter. Come experience the thrill of your first Mah Jongg.

OASIS SENIOR CENTER

Th 1:30-3:30pm 4/11-5/16 Adult \$118 **SS2200**

American Mah Jongg-Supervised Play

Terry Sweeney

Join your fellow classmates and practice your newly acquired Mah Jongg skills. Sign up early as space is limited. All players must bring the current Card of Hands to each class.

- Prerequisite: American Mah Jongg for Beginners with Terry Sweeney.

OASIS SENIOR CENTER

M	9:30-11:30am	4/15-5/13	Adult	\$99	SS2201
Th	1:30-3:30pm	5/23-6/20	Adult	\$99	SS2202



Beginning Bridge

Ann Cressman

Join us to learn the exciting and stimulating game of bridge. This class is for new players and those who want to brush up on their skills.

OASIS SENIOR CENTER

Tu 9:30-11:30am 4/30-6/11 Adult \$135 **SS2019**

Bridge- Intermediate Supervised Play

Ann Cressman

Improve your play through supervised instruction and analysis of hands.

- Prerequisite: Advanced Beginning Bridge 1 and 2.

OASIS SENIOR CENTER

Tu 12:30-2:30pm 4/30-6/11 Adult \$135 **SS2093**

Supervised Play

Rose Reynolds

The class will consist of a brief review mini lesson, then play hands that reinforce the lesson. The class is designed to reinforce your all around bridge skills. Bidding, play of the hand, offense and defense. A great opportunity to ask questions in a relaxed interactive environment. No class 5/27

- A \$10 material fee is due to instructor the first day.

OASIS SENIOR CENTER

M 6-8pm 5/13-6/17 Adult \$90 **SS2010**

HEALTH & FITNESS

Barre Stretch & Strength

CS Dance Factory

Live longer, get stronger! Standing at the barre for the whole class, you will be led through easy-to-follow, head-to-toe exercises that are effective and fun. The barre provides stability while you strengthen muscles to improve your balance, mobility and circulation. Stretch to increase flexibility and range of motion and reduce muscle tension. Take advantage of the beautiful dance room with built-in barres to get a unique workout. No class 4/8, 4/12, 5/27

- **Drop-In \$20 (NO REFUNDS) DRP251**

OASIS SENIOR CENTER

M	10:05-10:50am	4/1-6/24	Adult	\$140	SS2648
F	10:15-11am	4/5-6/28	Adult	\$150	SS2649
M/F	10:05-11am	4/1-6/28	Adult	\$260	SS2650

Better Balance Yoga

Mindful Movement

BBY is a blend of traditional forms of yoga, like Hatha and Vinyasa, with a modern exercise science approach. Each class we work on facilitating better movement and awareness, strengthening our mind and body, and integrating everything into balancing our lives both on and off our mats. Every session focuses on different regions of the body and is synchronized into fundamental movement concepts (i.e. arms integrated with core, hips/feet and their relationship with balance, etc.). No class 5/25

- *Must be able to get up and down from the ground with relative ease and comfort.*
- *Please bring a yoga mat, towel, and water.*
- *Yoga blocks and other equipment provided. (Optional equipment: blankets.)*
- **Drop-In \$20 (NO REFUNDS) DRP266**

OASIS SENIOR CENTER

W	7:30-8:30am	4/3-5/8	Adult	\$83	SS2571
Sa	9:15-10:15am	4/6-5/11	Adult	\$83	SS2573
Sa	9:15-10:15am	5/18-6/22	Adult	\$70	SS2574
W	7:30-8:30am	5/15-6/19	Adult	\$83	SS2572

Chair Exercise

Judy Aprile

Build upper and lower body strength; increase flexibility; improve postural alignment and coordination. All exercises are performed seated. No class 4/17, 5/8, 5/27

- *Please wear comfortable clothing; no open-toed shoes.*

OASIS SENIOR CENTER

M/W	9:30-10:30am	4/1-4/24	Adult	\$35	SS2520
M/W	9:30-10:30am	6/3-6/24	Adult	\$35	SS2522
M/W	9:30-10:30am	5/1-5/22	Adult	\$31	SS2521

Chair Tai Chi

Diana Wong

Chair Tai Chi is a min-body exercise using easy to follow circular movements to increase strength, flexibility, and range of motion. With this low-impact, slow-motion exercise, you learn to breathe deeply and naturally, focusing your attention on your bodily sensations. It can be easily adapted for anyone from the most fit to people confined to wheelchairs.

- *All activities are performed seated.*
- *Please wear comfortable clothing; no open-toed shoes.*
- **Drop-In \$20 (NO REFUNDS) DRP263**

OASIS SENIOR CENTER

Th	10:45-11:45am	4/11-6/6	Adult	\$89	SS2532
Th	10:45-11:45am	5/2-6/6	Adult	\$69	SS2533

FallProof®

Anchor Five Health & Wellness

This class is a progressive program designed to improve balance and reduce fall risk. Developed and researched at CSU Fullerton Center for Successful Aging, the FallProof® program has been proven to reduce the risk of falling in participants who have completed one or more rotations of the program. Candidates for this program must be able to safely walk a distance of 200 feet without the use of any assistive device (cane or walker). This program is not appropriate for people with memory loss or cognitive impairment that could adversely impact judgment and/or decision-making abilities. No class 5/27

- *Space is limited to 12 students.*
- *Must register in person.*
- *New students must complete a balance assessment a week prior to the first class or during the initial week of the program.*
- *All new students must provide a medical note signed by a doctor which indicates they are safe to participate in a balance class prior to undergoing the assessment.*
- *Instructor will contact the participant the week before the first class to schedule the assessment.*
- *Please pick up a packet of forms from the OASIS front desk to complete and bring to the assessment.*

OASIS SENIOR CENTER

M/F	1:30-2:30pm	4/1-4/26	Adult	\$127	SS2547
M/F	1:30-2:30pm	5/13-6/17	Adult	\$159	SS2548

Head to Toe Fitness

Keith Glassman

Starting with dynamic stretching and low impact movements, this class includes light weight training and floor exercises, helping you maintain bone density as it tones, strengthens, and stretches muscles throughout the body. No class 4/9, 4/11

OASIS SENIOR CENTER

Tu/Th	8-9am	4/2-5/2	Adult	\$65	SS2516
Tu/Th	8-9am	5/7-5/30	Adult	\$65	SS2517
Tu/Th	8-9am	6/4-6/20	Adult	\$50	SS2518

How to Prevent Damage to Your Body from Sitting

Kathryn Rollins

Are you sitting at your desk, in front of the computer, traveling or just reading a book for hours upon end? Recent studies show that sitting for long periods can be damaging to your body and mind. Come and learn how to counteract the negative effects of sitting. Taught by nurse who specializes in injury prevention and injury management.

OASIS SENIOR CENTER

W 3:45-5pm 5/29 Adult \$25 **SS2579**

Intro to MELT Method of Self Care

Yvette Casal

For anyone new to the MELT Method, this class must be taken prior to taking the 1 hour class. Erase pain and tension in your hands, feet, neck and low back. Tension brought on by everyday stress, overuse and aging. This simple self-treatment technique can make your whole body feel better and provide relief from neck and low back pain, arthritis, bunions, plantar fasciitis, and carpal tunnel syndrome. Yvette will teach you the four Rs of MELT: reconnect, re-balance, re-hydrate, and release so you can develop a home practice.

- Please bring a mat and water to drink.
- Drop-In \$15 (NO REFUNDS) DRP257

OASIS SENIOR CENTER

Tu 1-1:40 PM 4/9-4/30 Adult \$50 **SS2510**
 Tu 1-1:40 PM 5/14-6/4 Adult \$50 **SS2511**

It's Time To Get Up...Easily

Kathryn Rollins

Is getting up from a chair or floor difficult? Come and learn why and what stretches, exercises and strategies can make it easier. Taught by a nurse who specializes in Injury Prevention and Injury Management.

OASIS SENIOR CENTER

W 3:45-5pm 6/12 Adult \$25 **SS2590**

Iyengar Yoga

Carolyn Matsuda

Yoga is for everyone and every body type. This gentle class will help you to become stronger and more flexible. Iyengar Yoga focuses on building a foundation, from the ground up and aligning our arms, legs and spine to the yoga pose. We use props and modify poses so everyone can join in. Instructor is Jr. Intermediate Certified Iyengar Yoga Teacher. No class 5/27, 5/30

- Bring a sticky mat and 3 firm blankets. (Students generally spend about \$45-\$60 on these items.)
- More details will be given the first day of class.

OASIS SENIOR CENTER

M 10-11:15am 4/1-4/29 Adult \$75 **SS2585**
 M 10-11:15am 5/13-6/17 Adult \$75 **SS2588**
 Th 10-11:15am 4/4-5/2 Adult \$75 **SS2586**
 Th 10-11:15am 5/16-6/13 Adult \$75 **SS2589**
 M/Th 10-11:15am 4/1-5/2 Adult \$135 **SS2584**
 M/Th 10-11:15am 5/13-6/20 Adult \$135 **SS2587**

Keeping Your Bones Strong & Healthy

Kathryn Rollins

Come to this informative, one hour class where you will learn about osteoporosis/osteopenia, the anatomy of the bone, how it ages and the best exercise and diet decisions you can make. Taught from a proactive viewpoint by a nurse who specializes in Injury Prevention and Injury Management.

OASIS SENIOR CENTER

W 3:45-5pm 4/24 Adult \$25 **SS2580**



MELT Method

Yvette Casal

This class should not be taken unless you have previous MELT experience. This class will combine hydrating length techniques and stabilizing strength techniques to address the weak links that damage joints and inhibit your body's ability to function optimally. Learn to identify and eliminate cellular dehydration before it accumulates causing chronic aches and pains. Reduce inflammation, ease chronic neck and lower back strain, improve alignment, enhance athletic performance, and keep your whole body feeling great at any age.

- Must be able to get up off the floor unassisted.
- Please bring a mat and water to drink.
- Drop-In \$20 (NO REFUNDS) DRP257

OASIS SENIOR CENTER

Tu 1:45-2:45pm 4/2-4/30 Adult \$65 **SS2512**
 Tu 1:45-2:45pm 5/14-6/11 Adult \$65 **SS2513**

Physical Training

Judy Aprile

This light aerobics class targets cardiovascular conditioning, gait variation, strength and flexibility. Activities are performed standing, moving and lying on the floor. No class 4/5, 4/17, 5/3, 5/27, 5/29, 6/7, 6/26

- Please bring exercise mat and hand towel.

OASIS SENIOR CENTER

M/W/F 7-7:55am 4/1-4/26 Adult \$48 **SS2501**
 M/W/F 7-7:55am 6/3-6/28 Adult \$48 **SS2503**
 M/W/F 7-7:55am 5/1-5/31 Adult \$52 **SS2502**
 M/W/F 8:05-9am 4/1-4/26 Adult \$43 **SS2504**
 M/W/F 8:05-9am 6/3-6/28 Adult \$48 **SS2506**
 M/W/F 8:05-9am 5/1-5/31 Adult \$52 **SS2505**

Pilates

Kathryn Rollins

This Pilates beginning/intermediate class is taught with strength, alignment and flexibility in mind. Throughout each class participants are taught proper functional movement so their bodies can be maintained and injuries prevented. Taught by a nurse who specializes in injury prevention and injury management.

- *Bring a mat and patience.*
- **Drop-In \$21 (NO REFUNDS) DRP254**

OASIS SENIOR CENTER

Tu	8:45-9:45am	4/2-5/7	Adult	\$92	SS2613
Tu	8:45-9:45am	5/14-6/18	Adult	\$92	SS2616
W	5:30-6:30pm	4/10-5/8	Adult	\$84	SS2614
W	5:30-6:30pm	5/22-6/19	Adult	\$84	SS2617
Th	7:30-8:30am	4/11-5/9	Adult	\$84	SS2615
Th	7:30-8:30am	5/23-6/20	Adult	\$84	SS2618

Silver Glove Fitness

Andrew Deming

Silver Glove Fitness is a non-contact boxing program that provides a workout that is fun, challenging, and always changing. Boxing uses the entire body and has been proven to improve quality of life and health. It is a workout that gets your body moving and heart rate going, all while having fun. Beginner to advanced athletes welcome. No class 5/25, 5/27

- *Please bring a mat, towel and water.*
- *Boxing gloves are required for class. Please purchase these on your own (12 oz. size gloves are appropriate). They can be found at most sporting goods stores.*
- *Email ademing@sivlervglovefitness.com if you have any questions about this.*
- **Drop-In \$20 (NO REFUNDS) DRP267**

OASIS SENIOR CENTER

M	3:30-4:30pm	4/1-5/6	Adult	\$95	SS2628
M	3:30-4:30pm	5/13-6/17	Adult	\$80	SS2629
Th	3-4pm	4/4-5/9	Adult	\$95	SS2630
Th	3-4pm	5/16-6/20	Adult	\$95	SS2631
Sa	8-9am	4/6-5/11	Adult	\$95	SS2632
Sa	8-9am	5/18-6/22	Adult	\$80	SS2633

Strong and Healthy Bones Chair/ Standing Class

Kathryn Rollins

If you have osteopenia, osteoporosis, want to increase bone density, or just want to move then this class is for you. We use scientifically-based, impact, resistance and strengthening moves proven to support bone health and strength. Taught by a Buff Bones certified nurse who specializes in injury prevention.

- *Bring a pair of 1.5lb ankle weights.*
- **Drop-In \$21 (NO REFUNDS) DRP254**

OASIS SENIOR CENTER

Th	9:15-10:15am	4/11-5/9	Adult	\$84	SS2544
Th	9:15-10:15am	5/23-6/20	Adult	\$84	SS2545



Strong and Healthy Bones Mat/ Standing Class

Kathryn Rollins

If you have osteopenia, osteoporosis, want to increase bone density, or just want to move then this class is for you. We use scientifically-based, impact, resistance and strengthening moves proven to support bone health and strength. Taught by a Buff Bones certified nurse who specializes in injury prevention. Bring a pair of 1.5lb ankle weights and a mat.

- **Drop-In \$21 (NO REFUNDS) DRP254**

OASIS SENIOR CENTER

Tu	10-11am	4/2-5/7	Adult	\$92	SS2542
Tu	10-11am	5/14-6/18	Adult	\$92	SS2543

Tai Chi - Sun Style

Diana Wong

The Sun-style tai chi chuan is well known for its smooth and flowing movements which omit the more physically vigorous crouching and leaping of some other styles. With its unique footwork and small circular movements with the hand, Sun-style tai chi improves the flow of energy inside one's body, leading to greater awareness, calmness and overall sense of wellness. This low-impact, weight bearing, relaxing exercise will improve strength and balance, and also reduce pain and stiffness. Its gentle postures and high stances make it very suitable for geriatric exercise and martial arts therapy. Beginners are welcome.

- *Please wear comfortable clothing; no open-toed shoes.*

OASIS SENIOR CENTER

W	11:15am-12:15pm	4/17-6/5	Adult	\$92	SS2530
---	-----------------	----------	-------	------	---------------

Tai Chi Qigong

Diana Wong

Being one of the most effective, widely practiced body and mind exercises in the world, the continuous circular, gentle movements of Tai Chi create a powerful flow of energy that will enhance physical health and cultivate tranquility and harmony into your mind. This class provides step by step instruction for Tai Chi Qigong 18 movements. For clarification on style, please email the instructor (dianawong2001@yahoo.com). Beginner are welcome.

- **Drop-In \$20 (NO REFUNDS) DRP263**

OASIS SENIOR CENTER

Th	9:30-10:30am	4/11-6/6	Adult	\$89	SS2528
Th	9:30-10:30am	5/2-6/6	Adult	\$69	SS2529

Therapeutic Pilates Movement

Kathryn Rollins

Learn to exercise and move from a place of strength, flexibility and confidence. Perfect for individuals who are trying to get moving again or for those that want a slower pace with lots of information. Taught by a nurse who specializes in injury prevention and injury management. No class 5/23

- *Bring a mat and enthusiasm.*

OASIS SENIOR CENTER

Th	10:30-11:30am	4/11-5/9	Adult	\$84	SS2619
Th	10:30-11:30am	5/30-6/20	Adult	\$72	SS2620



Zumba Gold Toning

CS Dance Factory

This class offers the best of both worlds: the exhilarating experience of a Zumba Gold® Fitness Party with the benefits of effective strength training. Through dynamic lightweight resistance training and exciting international rhythms, Zumba® Gold-Toning classes help participants build muscle strength, increase bone density, and improve mobility, posture and coordination. No class 4/12

- *Toning sticks optional.*

OASIS SENIOR CENTER

F	9-10am	4/5-6/28	Adult	\$149	SS2557
---	--------	----------	-------	-------	---------------



Yoga Fusion: Vinyasa Mixed with Yin

Anchor Five Health & Wellness

Prana is often referred to as life-energy, vital life force, or more simply breath. Through this yoga practice, you can awaken a source of "vitality" by activating the power of your "breath" while you engage in a combination of moving "vinyasa" flow sequences sprinkled with static "yin" restorative poses.

This 75-minute yoga class provides a safe space for you to explore your capabilities and heighten your body awareness during standing and floor-based movements. No class 4/29, 5/3, 5/27

- *Please bring a yoga mat, blanket and small towel.*
- **Drop-In \$22 (NO REFUNDS) DRP250**

OASIS SENIOR CENTER

M	5:15-6:30pm	4/1-4/22	Adult	\$72	SS2564
M	5:15-6:30pm	5/6-5/20	Adult	\$54	SS2566
M	5:15-6:30pm	6/3-6/24	Adult	\$72	SS2570
F	2:45-4pm	4/5-4/26	Adult	\$72	SS2565
F	2:45-4pm	5/10-5/31	Adult	\$72	SS2567
F	2:45-4pm	6/7-6/28	Adult	\$72	SS2581
M/F	5:15-4pm	4/1-4/26	Adult	\$128	SS2568
M/F	5:15-4pm	5/6-5/31	Adult	\$112	SS2569
M/F	5:15-4pm	6/3-6/28	Adult	\$128	SS2582

Zumba Gold (Chair)

CS Dance Factory

Reverse the signs of aging in the brain when you learn some simple dance steps that can be done sitting in the chair. Zumba Gold® (Chair) exercise has simple, easy movements to increase strength and flexibility in your arms, legs, and core muscles. Enjoy listening to energizing music and have a joyful time moving with our uplifting instructor. Great for injury recovery, too. No class 5/3, 6/7

- *Bring water and a towel.*

OASIS SENIOR CENTER

F	11:15am-Noon	4/19-5/17	Adult	\$30	SS2562
F	11:15am-Noon	5/24-6/21	Adult	\$30	SS2563

Zumba Gold

CS Dance Factory

The dance party workout for the young at heart. Zumba® Gold: Groovin' at your own pace; beginner and intermediate modifications shown. Easy-to-follow, low-impact dance steps to zesty Latin and international music. Meet new friends while moving and having fun! Improve balance, strength and mobility. Our motivating instructors will uplift and energize you. Now is a good time to feel great! No class 4/6- 4/12, 5/25, 5/27

- *New multi day discounts for 4-day and 6-day unlimited options.*
- **Drop-In \$20 (NO REFUNDS) DRP251**

OASIS SENIOR CENTER

M	9-10am	4/1-6/24	Adult	\$137	SS2551
W	9-10am	4/3-6/26	Adult	\$149	SS2552
Th	9-10am	4/4-6/27	Adult	\$149	SS2553

Zumba Gold: 4-Day OASIS

M/W/Th/F	9-10am	4/1-6/28	Adult	\$325	SS2558
----------	--------	----------	-------	-------	---------------

Zumba Gold: 6-Day OASIS

M-Sa	9-10am	4/1-6/28	Adult	\$435	SS2559
------	--------	----------	-------	-------	---------------

Zumba® Dance Fitness

CS Dance Factory

Feel amazing and boost your energy in this fun, energetic class. Zumba® takes the "work" out of workout, by mixing low and high intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are exercise in disguise.

- *Bring a water & towel.*

OASIS SENIOR CENTER

Th	4:45-5:45pm	4/18-6/20	Adults	\$125	SS2554
----	-------------	-----------	--------	-------	---------------



NEWPORT BEACH PUBLIC LIBRARY

Library Services Director

Tim Hetherton

Board of Library Trustees

Jill Johnson-Tucker, Chair

Janet Ray, Vice-Chair

Doug Coulter

Kurt Kost

Paul Watkins

Library Locations & Hours

Central Library

949-717-3800

1000 Avocado Avenue, Newport Beach

Monday-Thursday: 9am to 9pm

Friday & Saturday: 9am to 6pm

Sunday: Noon to 5pm

Balboa Branch

949-644-3076

100 East Balboa Boulevard, Balboa

Monday & Wednesday: 9am to 9pm

Tuesday, Thursday-Saturday: 9am to 6pm

Sunday: Closed

Corona del Mar Branch

949-644-3075

420 Marigold Avenue, Corona del Mar

Closed for re-construction.

Opening Summer 2019

Mariners Branch

949-717-3838

1300 Irvine Avenue, Newport Beach

Monday-Thursday: 9am to 9pm

Friday & Saturday: 9am to 6pm

Sunday: Noon to 5pm

25TH ANNIVERSARY

NEWPORT BEACH PUBLIC LIBRARY

It was in July 1994 that dreams came true for a group of dedicated and hard-working individuals who spearheaded the building of a new Central Library in Newport Beach. Their vision resulted in the building, collections and services that fulfill the mission of the Newport Beach Public Library to be the cultural, educational and informational heart of the City. Throughout the year, the Central Library will celebrate its extensive past and exciting future by highlighting programs that capture the essence of the library and its place in the community. A special week of activities will be held in July to commemorate the opening of this important community facility. Look for more details on the NBPL website at www.newportbeachlibrary.org

LIBRARY SUPPORT

Friends of the Library Bookstore

949-759-9667

Central Library, 1000 Avocado Avenue

Monday-Saturday: 10:30am to 4:30pm

Sunday: 1-4pm

NBPL Foundation

949-717-3890

www.nbplfoundation.org

LIBRARY SERVICES

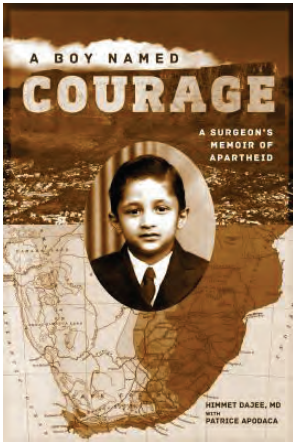
Information: 949-717-3800

Circulation: 949-717-3850

Reference: nbplref@newportbeachca.gov

Adult Literacy Services: 949-717-3874

LOCAL AUTHOR TALKS



Dr. Himmet Dajee & Patrice Apodaca

A Boy Named Courage: A Surgeon's Memoir of Apartheid

THUR, APR 4, 7PM, CENTRAL LIBRARY

Author and Newport Beach surgeon Dr. Himmet Dajee, along with co-author Patrice Apodaca, talk about their book, *A Boy Named Courage*, which tells the rags to riches tale of an Indian immigrant boy's journey from his home of apartheid South Africa, with its racism and the bigotry and hatred of the Afrikaner ruling class, to realizing the dream of a medical degree and a career as a heart surgeon. It is a story of resilience, brotherly love, gratitude, and perseverance.

Co-author Patrice Apodaca is a former Los Angeles Times staff writer and a featured columnist for the Daily Pilot.

Deborah Gaal

The Dream Stitcher

WED, APR 17, 7PM, CENTRAL LIBRARY

Local author Deborah Gaal has written two full-length works of fiction and received the San Diego State University Writer's Conference Editor's Choice Award. Her new book *The Dream Stitcher* was selected as a finalist in Debut Fiction of the 2018 National Jewish Book Award.

The Dream Stitcher tells the captivating story of a young Polish woman who has the power to sew dreams into reality and is tasked by the Germans during World War II to decipher the symbols in the iconic Bayeux Tapestry. Meanwhile, she is working against them, using her magic to raise money for guns to help her lover launch the Warsaw Ghetto Uprising. Ms. Gaal will talk about the book and themes in the novel, touching on their relevance in today's world. Seating is limited.

Register online at

www.newportbeachca.gov/events to save a seat. This event is generously funded by the Friends of the Library. Admission is free. Books will be available for purchase and signing.



BOOK GROUP

The Charlotte "Charlie" Alexander Book Group

WED, 9:15 – 11:00AM, CENTRAL LIBRARY

PRESENTED BY THE NBPL FOUNDATION

- March 13: *The Immortalists* by Chloe Benjamin
- April 10: *Imagine Me Gone* by Adam Haslet
- May 8: *My Name is Lucy Barton* by Elizabeth Strout

SUNDAY MUSICALES

Rigby Jones, Mezzo Soprano

SUN, MAR 17, 3PM, CENTRAL LIBRARY

Rigby Jones and pianist Martin Borsanyi perform a dynamic, dramatic program from the European cabaret tradition, centered on the favorite works of Weill and Piaf.

Dale Fielder Jazz Quartet

SUN, APR 7, 3PM, CENTRAL LIBRARY

For over 20 years, the Dale Fielder Quartet has been a part of the jazz scene in SoCal and across the country. Fielder plays baritone sax and performs his own original compositions. The quartet includes Jane Getz on piano, Bill Markus on bass, and Thomas White on drums.

Almer Imamovic & Till Richter Duo

SUN, MAY 19, 3PM, CENTRAL LIBRARY

This guitar and percussion duo will take you on a musical journey from Spain to the Balkans with original compositions, arrangements of folk songs and their spin on tunes from the jazz, rock and classical genres.

BEYOND THE CANVAS

The Masters Series

Award-winning professor Jacqueline Hahn continues her fascinating lecture series on legendary artists' lives and artistic movements. Sponsored by Friends of the Library.

Giorgione Italian Painter

WED, MAR 27, 7PM, CENTRAL LIBRARY

Tintoretto Italian Painter

WED, APR 24, 7 PM, CENTRAL LIBRARY

All of the above programs are free and held in the Central Library Friends Room unless otherwise noted.



Presented by



Amy Walter



Joel Sartore

Amy Walter

The Cook Political Report

FRI, MAR 8 & SAT, MAR 9, CENTRAL LIBRARY

Over the past 19 years, she has built a reputation as an accurate, objective, and insightful political analyst with unparalleled access to campaign insiders and decision-makers. Known as one of the best political journalists covering Washington, join us to welcome the national editor of *The Cook Political Report*.

Joel Sartore

The Photo Ark: One Man's Quest to Document the World's Animals

FRI, APR 12 & SAT, APR 13, CENTRAL LIBRARY

Join Joel Sartore, an award-winning photographer, speaker, author, conservationist, and the 2018 National Geographic Explorer of the Year, as he takes us around the world to showcase some of the most endangered creatures and landscapes left on Earth.

Friday programs begin at 7 p.m., followed by light supper and wine. Saturday programs begin at 2 p.m. followed by coffee and dessert. Books will be available for purchase and signing.

For tickets and information: nbpplfoundation.org

**FRIDAY EVENING
LECTURE & SUPPER**

NBPLF Member: \$58

Non-Member: \$63

7:00pm Lecture and Q&A

8:30pm Light supper & wine

Book sales & signing

**SATURDAY AFTERNOON
LECTURE & COFFEE**

NBPLF Member: \$38

Non-Member: \$43

2:00pm Lecture and Q&A

3:30pm Coffee & dessert

Book sales & signing

Susan Orlean

The Library Book

THUR, MAR 21, 7PM, CENTRAL LIBRARY

Susan Orlean, a journalist and an author, is one of our finest storytellers and her account has been called "a true love letter to one of our most prized institutions." *The Library Book* is a reminder of the importance of libraries, spotlighting the vital role they continue to play in our culture.

Library Live programs are presented by the NBPL Foundation. Seating is limited. Reservations are required. Tickets: \$21.00 member/\$27.00 Non-Member

For tickets and information: nbpplfoundation.org



Presented by NBPL Foundation
in partnership with UC Irvine
Health

Bio-identical Hormonal Restoration

MON, MAR 25, 7PM, CENTRAL LIBRARY

Speaker: Marcela Dominguez, MD

Dr. Dominguez will discuss Bio-Identical Hormone Restoration and the latest information to keep you feeling youthful and preventing future illness. This lecture will explore the foundations of healthy bio-identical hormone restoration to maximize your quality of life and prevent significant illness.

Update on Breast Cancer Screening and Treatment

MON, APR 22, 7PM, CENTRAL LIBRARY

Speaker(s): Freddie Combs, MD and Erin Lin, DO

Dr. Freddie J. Combs is a UC Irvine Health radiologist who specializes in the detection and diagnosis of breast cancer.

Dr. Erin H. Lin is a surgical oncologist who specializes in breast health promotion and breast surgical treatment.

CHILDREN'S PROGRAMS

Under The Sea Drop-In Crafts

SAT, MAR 2, 12 - 3PM, CENTRAL LIBRARY

Join us for a fun-filled afternoon of crafts inspired by our ocean animal friends! Ages 3-8.

National Pig Day Crafts

TUES, MAR 5, 4PM, CREAN MARINERS BRANCH

Celebrate National Pig Day by learning about pigs and making pig-inspired crafts! Ages 3 and up.

Luck o' the Irish Crafts

WED, MAR 13, 3:30PM, BALBOA BRANCH

Come all ye leprechauns to the Library for a craft-filled celebration of St. Patrick's Day! Ages 3-8.

Caterpillars and Butterflies

TUES, MAR 19, 4PM, CENTRAL LIBRARY

Meet our new caterpillar friends while enjoying butterfly-themed stories and crafts. We will display our live caterpillars at the children's desk and you can visit them over several weeks as they grow and change into butterflies!

NATIONAL LIBRARY

WEEK - APRIL 6-13

Community Helpers Crafts

SAT, APR 6, 12PM - 3PM, CENTRAL LIBRARY

What do you want to be when you grow up? Join us for fun crafts about community helpers to celebrate National Library Week!

Blast Off! Outer Space Crafts

TUES, APR 9, 4PM, CREAN MARINERS BRANCH

Libraries are out-of-this-world! Blast off by making outer space crafts to celebrate National Library Week! Ages 3 and up

Puppet Musical

THURS, APR 11, 3:30PM, BALBOA BRANCH

It's National Library Week! Science meets Arts & Crafts as Noteworthy Puppets presents STEAMworks: The Puppet Musical. Whiz kids Max & Julie embark on a Hip-Hop musical STEAM adventure. Ages 3-8.

Meet a Police Officer!

SAT, APR 13, 11AM, CENTRAL LIBRARY

Libraries make strong communities, and so do our community helpers! Meet Police Officer Fabbri and learn all about our Newport Beach Police Department. She has even invited us to sit in her police car! Join us as we celebrate National Library Week with NBPD and this fun event.

Crafts In Bloom Drop-In Crafts

SAT, MAY 4, 12PM - 3PM, CENTRAL LIBRARY

Come join us for an afternoon full of flowery crafts!

Mother's Day Crafts

TUES, MAY 7, 4PM, CREAN MARINERS BRANCH

Come make your mom a beautiful craft for Mother's Day! Ages 3 and up.

6th Annual Books & Bunnies Festival for Kids

SAT, MAY 11, 10AM - 2PM, CENTRAL LIBRARY

Storytime, face painting, arts & crafts, and outdoor activities are planned for this year's festival. Come prepared to read, create and move throughout the library and our beautiful Civic Green area. Presented by NBPL Foundation.

Butterflies & Blooms Crafts

WED, MAY 15, 3:30PM, BALBOA BRANCH

Stop by the Balboa Branch to make crafts inspired by butterflies, flowers, and the beauty of Spring.

TEEN PROGRAMS

AP Practice Test: World & US History

SAT, MAR 2, 9:30AM - 1PM, CENTRAL LIBRARY

Sharpen your test-taking skills with a free full-length practice AP test offered in partnership with C2 Education.

College Planning

THUR, APR 11, 7 - 8PM, CENTRAL LIBRARY

For high school freshmen and sophomores: Collegewise helps freshmen and sophomores understand how participating in class, extracurricular activities and good study habits can impact their college goals.

AP Teen Study Hall

SUN, APR 14 & 28, 12-4:30PM, CENTRAL LIBRARY

For students 9th - 12th Grades taking AP tests in May. Prepare for your AP tests. Bring schoolwork and study pals.

Highly Selective College Admission Workshop

THUR, MAY 9, 7PM, CENTRAL LIBRARY

For high school juniors, seniors and parents: Collegewise discusses strategies that improve a student's chances of admission at the most selective schools.

All programs are free unless otherwise noted.



NEWPORT BEACH CULTURAL ARTS

Cultural Arts Office

1000 Avocado Avenue
Newport Beach, CA 92660
949-717-3870

Cultural Arts Website

www.newportbeachca.gov/culturalarts

- Art Exhibits at the Library
- Cultural Arts Exhibitions
- Cultural Arts Grants
- Concerts on the Green
- Sculpture in Civic Center Park
- NB Sister City Association

City Arts Commission

- Arlene Greer, Chair
- Michelle Bendetti, Vice-Chair
- Miriam Baker
- Grace Divine
- Barbara Glabman
- Wayan Kaufman
- Marie Little

City Arts Commission

On behalf of the City, the seven-member City Arts Commission advises City Council on matters pertaining to artistic, aesthetic and cultural aspects of the City. It also actively encourages programs for the cultural enrichment of the community, including visual and performing arts activities as well as arts education programs.

ARTS FOUNDATION

The Newport Beach Arts Foundation, a non-profit 501(c)(3) organization, engages individuals and businesses in activities to enrich community life by supporting the Arts Commission and its cultural arts programming.
www.NewportBeachArtsFoundation.org



Sculpture Exhibition IV

The City Arts Commission is pleased to announce that the City Council approved Phase IV of the Sculpture Exhibition in Civic Center Park. Ten artworks will be selected and prominently showcased for two years in the 14-acre Civic Center park designed by renowned landscape architect Peter Walker.

Call for Entries

Artists are invited to submit one original sculpture for consideration using Slideroom and the guidelines and instructions found under Sculpture Exhibition at:

www.newportbeachca.gov/culturalarts.

The deadline for entries is March 4, 2019.

Selection and Installation

The public will be invited to view the entries selected by the committee and give their input before final approval by City Council.

Installation is anticipated to be in early June with Grand Opening of the Sculpture Exhibition scheduled for June 22.

PROGRAMS

Sleeping Beauty for Kids

SAT, MAR 16, Two Shows: 10am & 11:30am

CENTRAL LIBRARY FRIENDS ROOM

The City Arts Commission presents an abridged version of the classic ballet- Sleeping Beauty. Festival Ballet Theatre brings to life the timeless story of a beautiful princess, cursed by an unforgiving fairy and rescued by a handsome prince. Create a special memory by enjoying this shortened version of Tchaikovsky's masterpiece, with full production costumes and characters. **ADMISSION FREE** but due to limited seating tickets will be distributed for both shows beginning at 9 a.m.



55th Annual Newport Beach Art Exhibition

SAT, JUNE 15, 2019

NEWPORT BEACH CIVIC CENTER

The 55th Annual Newport Beach Art Exhibition presents an opportunity for artists to show and sell their artwork to the public in a one-day exhibit, with a portion of the proceeds benefiting community art programs throughout the year.

Call for Entry

DEADLINE: MAY 27, 2019

The exhibition is open to all artists 18 years of age and older. Exhibition is limited to two (2) works of art per artist. Registration is required and will be limited as space permits. Photos of entries must accompany application.

Entry fees: \$30 for one entry. \$40 for two entries.

- Original artwork only! Please do not submit works done in school, under instructor supervision or copied from published photos, artist reproductions or Giclée. Photography must be signed and numbered.
- Works must have been created within the last two years.
- All two-dimensional artwork must be framed.
- Work must be for sale. A 20% donation to the Newport Beach Arts Foundation will be accepted on all sales.

For complete details on artwork sizes and judging categories, please refer to the Call for Entry under Newport Beach Art Exhibition at www.CallforEntry.org or on the City website at www.newportbeachca.gov/culturalarts

OC Coast Print Series Art Prints by Joe Cladis

MAR 4 - MAY 3, 2019, CENTRAL LIBRARY



The Newport Beach City Arts Commission presents an exhibition of art prints depicting the Orange County Coast by artist Joe Cladis, on display at the Newport Beach Central Library gallery.

As long as he can remember, Joe Cladis has loved to draw. That love lead him to Art Center College of Design in Pasadena where he majored in Advertising with a minor in Illustration. Since that time he has spent his life working in the visual arts as a fine artist, graphic designer and illustrator. Having lived in Orange County for over 35 years, Joe has come to love the uniqueness of each of it's coastal towns and communities. This passion lead him to create the OC Coast print series.



A

Andrew Deming
andrewgdeming@gmail.com

Anchor Five Health & Wellness
revivifyfitness@gmail.com

Ann Cressman
anncressman@gmail.com
949-495-4564

B

Barbara Durst-Taylor
durstttaylor@sbcglobal.net

Barbara Yin Milbert
pacpal33@yahoo.com

Beach Elite
714-290-3730
beachelitevball@gmail.com

Berteil Mahoney
949-496-7289

Bionerds
admin@bionerdsllc.com
949-288-1486

Body Business™
ocbodybusiness.com
949-813-3262

Brainstorm Studios
dj@brainstormkidsstudios.com
949-607-8676

Brenda Smith
bmsmith0203@yahoo.com

C

Carole Kamper
949-230-5902

Carolyn Matsuda
cmats84@msn.com
714-388-4328

Challenger Sports
760-849-4111
challengersports.com

Chris Sullivan
chrissullivanart@gmail.com

Code to the Future
dk.marsh@codetothefuture.com
626-598-3454

Conversa, Inc.
conversaspanish.com
info@conversaspanish.com
714-360-7757

CORE Athletic Training
info@coreathletictraining.com
949-562-9108

CS Dance Factory
csdancefactory.com
info@csdancefactory.com
949-230-5934

Culinary Kids
culinarykids.biz
culinarykids@live.com
949-292-4720

D

Darielle Wilson
949-675-5182

David Crockett
714-206-9066

Definitely Dance
definitelydance.org
info@definitelydance.com
205-420-1292

Diana Wong
Dianawong2001@yahoo.com

Dog Services Unlimited
dogclassinfo.com
patty@dogclassinfo.com
714-532-3647

E

Endless Sun Surf School
endlessunsurf.com
endlessunsurf@hotmail.com
949-533-1022

Etiquette with Ms. Nelson
etiquettewithmsjenn@gmail.com
661-433-3233

F

Fashion Camp
info@createdesignsew.com
714-259-0946

Ferdowsi Farsi School
ocferdowsifarsi@gmail.com
714-742-6878

Friendship Circle
friendshipoc.org
chani@friendshipoc.org
949-721-9800

Fundamental Chess
fundamentalchess.com
derektan@fundamentalchess.com

G

Gryphon Fitness Studio
info@gryphonfencing.com
714-519-1343

H

Healthy U
714-374-3008

I-J

Jake Jacobs
Jakeair99@gmail.com

Jennifer Dory
jdory@nmusd.edu
949-633-8551

Jennifer Earle
Jenniferluceroearle.com
jennifer@jenniferluceroearle.com
206-501-1629

Jennifer Lambert
714-322-4322
jtrevour@hotmail.com

Jessi Moon Conder
jessi@letsenlightentogether.com

John Leonard
johnleonardsgolf.com
949-852-8689

Judy Aprile
jjjaprile@yahoo.com

K

Karen Halley

khalley2@cox.net
949-412-9842

Karen Thayer

karenthayer@yahoo.com

Kathryn Rollins

plumbines@hotmail.com
949-422-9834

Keith Glassman

keith.glassman@gmail.com

Kids Care

kidscareincludes@gmail.com

L

Layla Guererro

layla@weehands.com
949-287-1052
weehands.com

Lisa Albert

lisaalbertartclasses.com
lisaalbert13@yahoo.com
949-887-1490

Lonnie Kojima

pokerlonnie@gmail.com

M

Matt Taylor

matttaylorvolleyball.com
714-6428645

Mega Super Co

Megasuperco.com
info@megasuperco.com
949-375-6018

Melanie Wheatley

Melwheatley54@gmail.com
562-760-1319

Michael Ryan

ryan9985@gmail.com

Michelle Caumiant Zehnder

mcaumiant26@gmail.com

Mindful Movement

garrettneill@gmail.com
714-225-7040

N

Nancy Wahamaki Vasek

nwwasek@gmail.com

Nasira Burkholder-Cooley

nasirasnutritionkitchen@gmail.com

Newport Beach City Aquatics Staff

aquatics@newportbeachca.gov
949-644-3151

Newport Beach City Recreation Staff

Newportbeachca.gov
recreation@newportbeachca.gov
949-644-3151

Newport Beach Sports Staff

Newportbeachca.gov/sports
sports@newportbeachca.gov
949-644-3151

Newport Aquatic Center

newportaquaticcenter.com
admin@newportaquaticcenter.com
949-646-7725

Newport Surf Camp

newportsurfcamp.com
newportsurfcamp@yahoo.com
866-SURF-CAMP

Newport Volleyball Academy

dglenn@nmusd.us
949-500-7118

O

Ocean Adventures

www.eriknellsensurf.com

O.C. Dance Productions

ocdanceproductions.com
info@ocdanceproductions.com
714-389-1933

OC Equestrian Vaulting

ocvaulting.com
info@ocvaulting.com
949-355-7023

OC Playball

nblake@ocplayball.com
949-606-4038

Odyssey Dance

Odysseydanceacademy.com
info@odysseydanceacademy.com
949-752-9400

P

Parker Anderson Enrichment

oc@parker-anderson.org
714-292-0023

Pateadores Soccer

ocpateadores.org
949-386-7244
admin@pateadores.org

Play-Well TEKologies

chrissy@play-well.org
714-861-9807

Portal Languages

costamesa@portallanguages.com
714-979-1655

Q-R

Reina Rivera

monkeysteps.com
reina@monkeysteps.com
714-721-7977

RMS Tennis

rmsnewportbeach.com
714-342-9058
fountainvalleytenniscenter@hotmail.com

Rose Reynolds

pareynolds@aol.com
Rick Bradley
949-466-1011

S

SCPGA

aleone@pgahq.com
714-552-4872
Shaughnessy Irish Dance
shaughnessykate@yahoo.com
909-762-4346

Skatedogs

skatedogs.com
714-313-8787
mail@skatedogs.com

Skyhawks

skyhawks.com
skyhawks@skyhawks.com
800-804-3509

South Coast Music Together

southcoastmusictogether.com
949-706-3408

Strategic Kids

strategickids@gmail.com
949-545-8146
ssizemore@strategickids.com

Successful Little Athletes

successfullittleathletes.com
successfullittleathletes@cox.net
949-364-1465

T

Take the Stage

takethestageproductions.com
info@takethestageproductions.com

Terry Sweeney

off2bridge@gmail.com

Theresa Fernald

tfernald@saddleback.edu

The Rockband Experience

Therockbandexperience.net
Greg.therockbandexperience@gmail.com
562-977-8723

Tumble-N-Kids, Inc.

tumblenkids.com
tmblena@aol.com
714-842-3586

U

UCI Sailing

boating@uci.edu
949-270-8160

V

Vickie Jackson

vickie@promodonnas.com
951-809-8010

W

Westcliff Yogi

christine@westcliffyogi.com
949-351-5878

X-Z

Yvette Casal

meltwithyvette@gmail.com
714-520-1427

Online

Available only prior to class start date.

1. Go to newportbeachca.gov
2. Click on Classes.
3. Click on My Account.
4. Enter Username & Password.
5. Click on Register for Activities.
6. Sort Activities or Search for class
7. Click on Name of Activity.
8. Click Add to My Cart.
9. Follow the steps for payment.

Mail-In or Email

REGISTRATION FORM & PAYMENT TO:

Recreation & Senior Services Dept.

City of Newport Beach
100 Civic Center Drive
Newport Beach, CA 92660

recreation@newportbeachca.gov

Fax-In

Both pages of the registration form including your Visa, Description Mastercard, Discover or AmEx card number/expiration date and fax to 949-644-3155. Faxes are processed during regular business hours.

Walk-In

Recreation & Senior Services Dept.

100 Civic Center Dr.
Newport Beach, CA 92660

Monday–Thursday: 7:30 a.m.–5:30 p.m.

Friday: 7:30 a.m.–4:30 p.m.

Newport Coast Community Center

6401 San Joaquin Hills Rd.
Newport Beach, CA 92657

Monday–Thursday: 8 a.m.–10 p.m.

Friday: 8 a.m.–5 p.m.

Saturday: 9 a.m.–3 p.m.

OASIS Senior Center

801 Narcissus Ave.
Corona del Mar, CA 92625

Monday–Friday: 8 a.m.–5 p.m.

Marina Park Community Center

1600 West Balboa Blvd.
Newport Beach, CA 92663

Monday–Thursday: 7:30 a.m.–5:30 p.m.

Friday: 7:30 a.m.–4:30 p.m.

Registration Information

- Registration is required for all programs/camps.
- Programs/camps are subject to change without notice.
- Fax and mail-in registrations are processed upon receipt of a completed and signed registration form.
- Confirmation receipts are emailed for fax and mail-in registration. Online registration receipts available under account information.
- Registration will NOT be accepted over the phone.
- Fees are not pro-rated for missed classes or late registration.
- If program/camp is full, you will be placed on a wait list. If space becomes available, City staff will contact you and provide a 24 hour response time before moving to the next person on the list. No class petitioning permitted.

Refund Policy

Program Cancellation

A full refund will be granted if program/camp is cancelled by the Recreation & Senior Services Department.

Participant Request for Program/Camps

Unless otherwise noted, no refunds after the commencement of the second class or camp. Refunds for workshops and one or two day classes will be granted if requested five business days before class begins.

Refund Fees

Classes/Workshops

- \$10 for classes/camps \$74 and under.
- \$20 for classes/camps \$75 and above.

Newport Beach Day Camps/Pint Sized Campers

- \$25 refund fee applies for withdrawals with seven days or more notice.
- \$50 refund fee applies for withdrawals with six days or less notice.
- No refunds once camp has begun.

Contract Summer Camps

- \$10 for camps \$74 and under before camp begins
- \$20 for camps \$75 and above before camp begins
- If request is made before the second day of camp a refund fee equivalent to a single day of camp will be charged unless otherwise noted. NO REFUNDS after commencement of second day of camp.
- Events/Excursions
- No refunds.

Refund Processing Time/Payment Type

- Check/Cash- Refunds processed within 3-4 weeks by mailed check.
- Credit Card – Refunds processed within 3-5 days

Participant Code of Conduct

All participants are expected to exhibit appropriate behavior at all times while participating, being a spectator, or attending any program or activity conducted or sponsored by the City of Newport Beach Recreation & Senior Services Department. The following guidelines are designed to provide safe and enjoyable activities for all participants:

- Be respectful of and to all participants and program staff.
- Take direction from program staff/supervisors.
- Refrain from using abusive or foul language.
- Refrain from causing bodily harm to self, other participants, or program staff/supervisors.
- Refrain from damaging equipment, supplies, and facilities.
- Refrain from harassment of staff, instructors or participants.
- Failure to follow these rules may result in denial of program participation privileges. The City of Newport Beach Recreation & Senior Services Department strives to make your participation fun-filled, rewarding, educational and safe. Thank you for your cooperation.

CREDIT CARD INFORMATION



Credit Card Number

Expiration Date

Full Name Appearing On the Credit Card

CVV (3 or 4 digit code on back of card)

Registration



CITY OF NEWPORT BEACH
RECREATION & SENIOR SERVICES DEPARTMENT
 100 Civic Center Drive ■ Newport Beach, CA 92660
 Phone: 949-644-3151 ■ Fax: 949-644-3155
 email: recreation@newportbeachca.gov ■ newportbeachca.gov

Please note, your receipt will be emailed.

ADULT/GUARDIAN INFORMATION (Please print all information)

Adult/Guardian Last Name		Adult/Guardian First Name	
Address		City	Zip Code
Home Phone	Cell Phone	Work Phone	Email

PARTICIPANT & COURSE INFORMATION

Participants Name	Date of Birth	Gender	Course #	Class Name	Fee
<i>example John Doe</i>	<i>04/18/07</i>	<i>M</i>	<i>NCC230</i>	<i>Gymnastics</i>	<i>\$60</i>
Payment Options Cash, checks and credit cards accepted. Please make checks payable to the City of Newport Beach . If paying by credit card, please fill out the credit card information form on the adjacent page. <i>Special Assistance If you need special accommodations for activities notify the Recreation & Senior Services Dept 949-644-3151 or recreation@newportbeachca.gov.</i>					Total Class Fees Non-Resident Fee for Classes \$5/class \$74 & below or \$10/class \$75 & up Non-Resident Fee for Camps \$10/camp \$124 & below or \$20/camps \$125 & up GRAND TOTAL

REGISTRATION INFORMATION & POLICIES I (We) the undersigned certify that I (We) have read, reviewed, understand and agree to the Registration Information & Policies on adjacent page. These policies are also included as part of your receipt.

PHOTO RELEASE I understand that from time to time City representatives may photograph activities of City recreation programs and participants. By signing this form, I authorize the City of Newport Beach to use or publish any photographs taken by the City showing my participation or my child/children's participation to promote classes on the City's website and other social media used by the City, future publications of the Newport Navigator and/or fliers.

WAIVER & RELEASE OF LIABILITY In consideration of participation in the Program, I (We), the undersigned, recognize, agree and acknowledge as follows: (1) Participation in the Program is voluntary; (2) Follow and abide by the rules, regulations, guidelines and Participant Code of Conduct (3) The participant is in good health, physically able to participate in the program without restrictions and has no medical condition that would or may cause participation to be potentially hazardous to his or her health, which the city can request participant to agree to furnish medical documentation at participants own expense; (4) Failure to disclose a medical condition could terminate participation; (5) There is a real possibility that participant could be seriously injured while participating in the Program; (6) Participant assumes all risks associated with participation in the Program. Participant acknowledges the inherent and potential dangers of participating and expressly waives and voluntarily assumes all risk of personal injury or death which may be sustained while participating. **I (WE) RECOGNIZE THAT REGISTRATION IN THE PROGRAM IS DANGEROUS AND CONTAINS RISK OF PERSONAL INJURY, DEATH, DISABILITY, PROPERTY DAMAGE OR LOSS ("DAMAGES").** I ASSUME ANY AND ALL RISKS associated with my or my child's participation in the Program, including, but not limited to, strenuous physical activity or exertion; striking or being struck, by objects or persons; slipping; and exposure to heat, cold or humidity. Such risk may result in injuries that include, but are not limited to: sprain, strain or tear of muscles or ligaments; fracture or dislocation of joints or bones; head or facial injuries; spinal cord or internal injuries. I know that the risks, hazards and dangers include, but are not limited to, falling, slipping, colliding with other users, staff or spectators. I understand that these risks, hazards and dangers are further increased when other persons, whether or not of the same level of experience, are present at the same time and/or using the same facilities. **ALL SUCH RISKS ARE KNOWN AND APPRECIATED BY ME.** I hereby, for myself, my child, heirs, or anyone who might claim on my or my child's behalf, agree not to bring any claim, and waive, release and forever discharge the City of Newport, the Newport-Mesa Unified School District, and all of their officers, agents, and employees from any and all duty to me, my child and/or liability for damages arising out of or in the course of my child's participation in the Program, including all liability for any active or passive negligence by the City/Newport-Mesa Unified School District and/or their officers, agents and employees. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. I waive and voluntarily assume all risk of personal injury which may be sustained while participating. The laws of the State of California shall govern this agreement. The undersigned, hereby acknowledged to be lawful parent(s) and/or guardian(s) of the participant, acknowledge(s) my/our qualifications to sign the Release on behalf of the participant.

Mandatory Signature _____ **Date** _____

MAP

MAP

PRESORTED STANDARD
U.S. POSTAGE
PAID
NEWPORT BEACH, CA
PERMIT #289

Seize Your SUMMER

**Early Bird
Discount
Deadline
MAY 6**

ARTS

SPORTS

SCIENCE

& MORE

CAMPNEWPORT.COM

CITY OF NEWPORT BEACH
RECREATION & SENIOR SERVICES DEPARTMENT
949-644-3151 ▪ recreation@newportbeachca.gov



Join us for the **Camp Newport Expo**
at the finish line of the **Spirit Run**.

SUNDAY, MARCH 17
6:30 a.m.–11 a.m.
Fashion Island, Newport Beach