



The City of Newport Beach is proud to serve participants with special needs. Patrons are encouraged to enjoy an assortment of activities through our recreation classes and programs as well as specialized adaptive recreation programs. See page XX for Natural Resources field trips that can be adapted for participants with special needs.

## Special Needs Ballroom Basics

### Definitely Dance Inc.

Join us for a dynamic dance class that is specifically designed for people 18+ with all types of special needs and developmental disabilities! Must sign up with a family member or caregiver, who will be your dance buddy throughout class. One registration per pair. Taught by our lead instructor, Mandy Mykitta, many dances will be represented. From the Waltz to the Hustle, we'll teach you all the moves you need to own any dance floor!

- Dance buddies do not need to be registered for class.

#### COMMUNITY YOUTH CENTER

Sa	11:30am-12:30pm	4/6-5/4	18+	\$50	<b>CYC212</b>
Sa	11:30am-12:30pm	5/11-6/15	18+	\$50	<b>CYC213</b>

## Sunday Circle

### Friendship Circle OC

Join the Friendship Circle, and come together for a variety of entertainment, recreation and enrichment activities. This program offers a unique opportunity for children and teens to gain skills and confidence from group activities while still receiving one-on-one attention from their buddies. The Sunday Circle program helps to teach children everything from gross motor and cognitive techniques to communication and language skills. Specialized activities raise the spirits and promote creativity, while sports activities exercise gross motor skills and promote physical fitness. RSVP is required.

- Register at [www.bit.do/FriendshipCircle](http://www.bit.do/FriendshipCircle)

#### BONITA CREEK COMMUNITY ROOM

Su	2-4pm	4/7, 5/5, 6/2	4-18yrs	<b>FREE</b>
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## Basketball Buddies

### Friendship Circle OC

Basketball Buddies is a program for kids and young adults who would like to learn fundamental basketball skills and make new friends! Every participant will be paired up with a teen buddy who then assists them acquire their newly learned skills. Participants will play a scrimmage game each class.

- RSVP is required
- Register at [www.bit.do/FriendshipCircle](http://www.bit.do/FriendshipCircle)
- Participants play a scrimmage game each class.

#### NEWPORT COAST COMMUNITY CENTER

Su	11am-1pm	4/7, 5/5, 6/2	10-25yrs	<b>FREE</b>
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## 10 Legal Protections for Children with Disabilities

### Attorney Darlynn Morgan

This workshop is for parents, grandparents, and relatives of any child with a disability (minor adult). What would happen to your disabled child if something unexpected should happen to you, their parent? We will address common questions such as "what is a special needs trust and is it necessary", "what is conservatorship and are there alternatives", "how do you pass an inheritance to a disabled person so governmental benefits are not disrupted," and more. Please call 949-644-3151 or email [recreation@newportbeachca.gov](mailto:recreation@newportbeachca.gov) to RSVP for this free event.

#### MARINA PARK COMMUNITY CENTER

Th	5-7pm	4/18	Adult	<b>FREE</b>
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## Stoked: Surf Class for Special Needs

### Endless Sun Surf

Come join us in this unique surf class designed for those with special needs. This is a great way to increase self-esteem, connect with the Ocean, make new friends and learn a sport unlike any other. Professional instructors will work 1:1 with students

in the water to help them catch and ride waves, learn about ocean safety, surfing techniques and ocean awareness at a perfect location with gentle waves and safe, shallow depths. Surf school owners are CPR and First Aid certified and have experience in teaching surfing to those with special needs.

- Surfboards and wetsuits are provided.
- Class meets under the Newport Pier.

#### NEWPORT PIER

F	3:30-5pm	5/3-5/31	6+	\$180 <b>MP2302</b>
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## Solo to Social

### Kids Care

Individually tailored class to a child's needs and level of autonomy while having fun learning gymnastics and lifetime skills. We focus on progressive structured classes developing motor skills, flexibility, coordination, self-efficacy and confidence. These classes are designed to allow progression to typical gymnastics programs and group integration. No class 4/22, 5/27.

M	1-1:45pm	4/1-6/17	1+	\$375	ST2032
M	2-2:45pm	4/1-6/17	1+	\$375	ST2033
M	3-3:45pm	4/1-6/17	1+	\$375	ST2034
M	4-4:45pm	4/1-6/17	1+	\$375	ST2035
W	12-12:45pm	4/3-6/19	1+	\$375	ST2038
W	1-1:45pm	4/3-6/19	1+	\$375	ST2039
W	2-2:45pm	4/3-6/19	1+	\$375	ST2040
F	12-12:45pm	4/5-6/21	1+	\$375	ST2036
F	1-1:45pm	4/5-6/21	1+	\$375	ST2037

## Group Gym

### Kids Care

Socialization and group participation make this specially grouped class a fun place for improving basic gymnastics and social skills, strength and flexibility leading to autonomy in group settings. The encouraged interaction with others in a safe and active environment make this class a great place to meet new friends. No class 4/24, 5/22.

### 16TH ST RECREATION CENTER

W	5:30-6:15pm	4/3-6/19	1+	\$200	ST2041
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**Special Olympics**  
Southern California

**CITY OF NEWPORT BEACH**  
CALIFORNIA

# BASKETBALL TOURNAMENT

**SATURDAY, APRIL 20 ■ 9am-1pm**  
Newport Coast Community Center

FOR MORE INFORMATION OR TO VOLUNTEER:  
**714-564-8374** or  
**jcabrera@sosc.org**

## Coastline College Program for Adults with Intellectual Disabilities

### Taught by Coastline College Special Programs & Services Faculty

Coastline College Registration Requirements & Information

- *Deadline to register: Friday, May 24*
- *Students must be at least 18 years of age*
- *Students must have & provide verification of an intellectual/developmental disability*
- *Students must complete a Coastline Special Programs & Services Application & Registration Form*
- *Students must meet with the Special Programs and Services Coordinator, prior to enrollment*
- *For more information and to receive an application packet, please contact Coastline Community College's Special Programs & Services Office at 1515 Monrovia Avenue, Newport Beach, CA 92663 or call (714) 241-6214 or email [specialprograms@coastline.edu](mailto:specialprograms@coastline.edu)*

## Orientation to Art (SPED C421)

This course provides an introduction to a variety of creative art forms, with an emphasis on use of tools and materials necessary to render finished artwork. This course is designed specifically for individuals with intellectual disabilities

### OASIS ART CENTER

M	6/24-8/12	5-7pm	Adult	FREE
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## Adaptive Fitness for Adults (SPED C438)

This course is designed to utilize calisthenics, jogging, exercise, race walking, and weight training to increase muscular strength and endurance, to improve posture and mobility, and breath control. Exercises are tailored to the abilities of the students. This course is designed specifically for individuals with intellectual disabilities.

### CYC CHINA COVE

W	6/26-8/15	5-7pm	Adult	FREE
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## For More Information

Visit [newportbeachca.gov](http://newportbeachca.gov) and search "Special Needs Programming" for a full list of local resources.