



Tuesday mornings in July
 (July 9, 16, 23, 30)
9:00-10:30 am
Oasis Art Studio

A Creativity Program with Adult Brain Health in Mind

The Chuck Jones Center for Creativity has designed this *Food for Thought Program* to exercise memory, executive function, visual function, visual language and association through creative projects that provide every day tools to enhance cognitive function within the aging brain.

When we combine creativity with using our hands while visually engaged, we use multiple areas of our brain all at once, making vital connections. Using one's creativity throughout a lifetime positively impacts the retention of intelligence gained from accumulated knowledge and a lifetime of experiences.



7/9 Notan 7/16 Collaborative Grid Mural 7/23 Visual Typography 7/30 Reflection Painting

We are a Gymnasium for Your Creative Brain

As a recipient of an Arts and Cultural grant sponsored by the Newport Beach Arts Commission, the Chuck Jones Center for Creativity can offer this 4 week program for the price of \$20 (cash only)

To reserve a spot: Call **Oasis at 949-644-3244** or email: **OASISCenter@newportbeachca.gov**

Food for Thought is limited to 24 participants able to commit to the 4 week program.

Registration deadline: July 2nd.



Exercise Your Genius!
 3321-A Hyland Avenue Costa Mesa, CA 92626