

RECREATION & SENIOR SERVICES DEPARTMENT



NEWPORT NAVIGATOR

Parks
Make
Life
Better!

JANUARY 7-MARCH 31

WINTER 2020



Set Goals
This Year!
**Adult
Sports
Leagues**
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Update

Newport Beach City Council

Mayor	Diane B. Dixon <i>ddixon@newportbeachca.gov</i>
Mayor Pro Tem	Will O'Neill <i>woneill@newportbeachca.gov</i>
Council Member	Brad Avery <i>bavery@newportbeachca.gov</i>
Council Member	Joy Brenner <i>joy@newportbeachca.gov</i>
Council Member	Duffy Duffield <i>dduffield@newportbeachca.gov</i>
Council Member	Jeff Herdman <i>jherdman@newportbeachca.gov</i>
Council Member	Kevin Muldoon <i>kmuldoon@newportbeachca.gov</i>

Parks, Beaches & Recreation Commission

Chair	Walt Howald <i>whowald@newportbeachca.gov</i>
Vice Chair	David Granoff <i>dgranoff@newportbeachca.gov</i>
Commission Member	Hassan Archer <i>harcher@newportbeachca.gov</i>
Commission Member	Diane Daruty <i>ddaruty@newportbeachca.gov</i>
Commission Member	Laird Hayes <i>lhayes@newportbeachca.gov</i>
Commission Member	Heather Ignatin <i>hignatin@newportbeachca.gov</i>
Commission Member	Kate Malouf <i>kmalouf@newportbeachca.gov</i>

City Staff

City Manager	Grace K. Leung <i>gleung@newportbeachca.gov</i>
Recreation & Senior Services Director	Laura Detweiler <i>ldetweiler@newportbeachca.gov</i>
Recreation & Senior Services Deputy Director	Sean Levin
Senior Services Manager	Celeste Jardine-Haug
Recreation Manager	Jonathon Harmon
Recreation Manager	Justin Schmillen
Recreation Manager	Racquel Valdez

City Hall Hours

Monday–Thursday	7:30 a.m.–5:30 p.m.
Friday	7:30 a.m.–4:30 p.m.

City Directory

Budgeting & Finance	949-644-3127
Animal Control	949-644-3717
Building Department	949-644-3275
Building Permits	949-644-3288
City Attorney	949-644-3131
City Clerk	949-644-3005
Code Enforcement	949-644-3215
Community Youth Center	949-644-3165
Fire & Lifeguard (Business)	949-644-3104
Fire/Police Emergency	9-1-1
General Services	949-644-3055
Graffiti Hotline	949-644-3333
Human Resources	949-644-3300
Information	949-644-3309
Library	949-717-3800
Licenses	949-644-3141
OASIS Senior Center	949-644-3244
Marina Park	949-270-8150
Natural Resources/Tidepools	949-644-3036
Mayor	949-644-3004
Newport Coast Community Center	949-270-8100
Park Patrol	949-795-2381
Parking Citations	949-644-3396
Planning Department	949-644-3200
Police (Front Desk)	949-644-3681
Police (Non-emergency Dispatch)	949-644-3717
Public Works	949-644-3311
Recreation & Senior Services	949-644-3151
Utilities Department	949-644-3011
Water Bill Information	949-644-3050



Recreation & Senior Services Department

100 Civic Center Drive, Bay E
Newport Beach, CA 92660

newportbeachca.gov/recreation
recreation@newportbeachca.gov

PHONE: 949-644-3151

FAX: 949-644-3155

PARK PATROL: 949-795-2381

MUD LINE: 949-718-1860

Winter 2020



- X Special Events
- X Special Needs
- X Natural Resources
- X Summer Camps
- XX Preschool
- XX Youth & Teens
- XX Workshops
- XX Water Sports
- XX Tennis
- XX Pickleball
- XX Adults
- XX Adult Learning
- XX OASIS
- XX Library
- XX Cultural Arts
- XX Instructor Directory
- XX Registration Form
- XX Map

Update

Welcome Letter

FALL BACK TO FUN!

The Navigator is your guide to meaningful experiences in Newport Beach! Join us this fall for

Education, **Entertainment**, **Enrichment** and **Fitness**

A few fall highlights include **Concerts**, **Movies in the Park**, and our 3rd Annual

Halloween Spooktacular at Grant Howald Park which all promise to add **COLOR** to your Autumn!

See you soon at one of our **77 parks and facilities!**

CONNECT WITH US



About the Cover

OC Tiny Tots Academy is a new preschool at Marina Park. Students obtain the foundations for success in kindergarten and beyond taught by a California credentialed teacher.

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Parks Make Life Better!

Special Events



Friends of Newport Beach Animal Shelter

If you've been **looking** for **love**
in all the **wrong places**, search no more.

Find your perfect match at the
Newport Beach Animal Shelter.



Become a founding member at
FONBAS.ORG

20302 Riverside Drive ■ Newport Beach, CA 92660

Special Needs **SOCCER CLINIC**

FEB. 29
SATURDAY 2019

CHECK-IN 9:45 a.m.
EVENT 10 a.m.–Noon
LUNCH 11:30 a.m.–12:30 p.m.

Grant Howald Park

REGISTRATION:
949-644-3151
sports@newportbeachca.gov



**Parks
Make
Life
Better!**



SLAMMERS FC



**NEWPORT BEACH
RESTAURANT WEEK
JANUARY 13-24**

DineNB.com



DECEMBER 18-22
ChristmasBoatParade.com

ChristmasBoatParade.com | #MyBoatParadeNB
@nbboatparade /christmasboatparade @christmasboatparade

CITY OF NEWPORT BEACH • RECREATION & SENIOR SERVICES DEPARTMENT
NEWPORT-BALBOA ROTARY CLUB

2020 Youth Track Meet of Champions

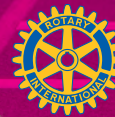
in memory of Frank E. Anderson



REGISTRATION opens **MONDAY, JANUARY 6, 2020**

newportbeachca.gov/sports ■ 949-644-3151

Children who are born between 2005 & 2013 are eligible to compete.



CITY OF NEWPORT BEACH • RECREATION & SENIOR SERVICES DEPARTMENT

2020 VISION

Focus on **FUN!**

Save the Date

CAMP NEWPORT EXPO
Sunday, March 1, 2020



CAMPNEWPORT.COM

949-644-3151 ■ recreation@newportbeachca.gov



The City of Newport Beach

is proud to serve participants with special needs. Patrons are encouraged to enjoy an assortment of activities through our recreation classes and programs as well as specialized adaptive recreation programs.

See our Natural Resources section for field trips that can be adapted for participants with special needs.

Special Needs Ballroom Basics

Definitely Dance Inc.

Join us for a dynamic dance class that is specifically designed for people 18+ with all types of special needs and developmental disabilities! Must sign up with a family member or caregiver, who will be your dance buddy throughout class. One registration per pair. Taught by our lead instructor, Mandy Mykitta, many dances will be represented. From the Waltz to the Hustle, we'll teach you all the moves you need to own any dance floor!

- *Dance buddies do not need to be registered for class.*

COMMUNITY YOUTH CENTER

Sa	11:30am-12:30pm	1/11-2/8	18+	\$50	CY1082
Sa	11:30am-12:30pm	2/15-3/14	18+	\$50	CY1083

Fun with Horses

Back Bay Therapeutic Riding

Introduction to horses, donkeys and farm animals. Classes include learning horsemanship skills, fun activities, and some horseback riding (if suited). Bring water, close toed shoes, and sunscreen if needed. Not recommended for people with allergies.

BACK BAY THERAPEUTIC RIDING CENTER

W	9:30-11:30am	1/8-2/26	Adult	\$255	FB1017
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Solo to Social Gymnastics

Kids Care

Individually tailored class to a child's needs and level of autonomy while having fun learning gymnastics and lifetime skills. We focus on progressive structured classes developing motor skills, flexibility, coordination, self-efficacy and confidence. These classes are designed to allow progression to typical gymnastics programs and group integration.

No class 2/19, 2/21, 2/22

- *Attire: comfortable clothing- no zippers or jeans.*
- *Please call 714-249-1105 for alternative classes to fit your schedule.*

COMMUNITY YOUTH CENTER

W	Noon-12:45pm	1/8-3/25	1yrs-Adult	\$425	ST1021
F	Noon-12:45pm	1/10-3/27	1yrs-Adult	\$425	ST1022
Sa	9-9:45am	1/11-3/21	1yrs-Adult	\$390	ST1023
Sa	1-1:45pm	1/11-3/21	1yrs-Adult	\$390	ST1024

Group Open Gymnastics

Kids Care

Socialization and group participation make this specially grouped class a fun place for improving basic gymnastics and social skills, strength and flexibility leading to autonomy in group settings. The encouraged interaction with others in a safe and active environment make this class a great place to meet new friends. **No class 2/19**

16TH ST RECREATION CENTER

W	6:30-7:15pm	1/8-3/18	7yrs+	\$145	ST1008
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FREE

Basketball Buddies Friendship Circle OC

Basketball Buddies is a program for kids and young adults who would like to learn fundamental basketball skills and make new friends! Every participant will be paired up with a teen buddy who then assists them acquire their newly learned skills. Participants will play a scrimmage game each class.

- *RSVP is required.*
- Register at friendshipoc.org

NEWPORT COAST COMMUNITY CENTER

Su 11am-1pm **9/8, 10/6, 11/3, 12/8** 10-25yrs

FREE

Sunday Circle Friendship Circle OC

Join the Friendship Circle and come together for a variety of entertainment, recreation and enrichment activities. This program offers an unique opportunity for children and teens to gain skills and confidence from group activities while still receiving one-on-one attention from their buddies. The Sunday Circle program helps to teach children everything from gross motor and cognitive techniques to communication and language skills. Specialized activities raise the spirits and promote creativity, while sports activities exercise gross motor skills and promote physical fitness.

- *RSVP is required.*
- Register at friendshipoc.org

BONITA CREEK COMMUNITY ROOM

Su 2-4pm 1/12, 2/9, 3/8 4-18yrs

Winter Camp 2019 Friendship Circle OC

An action-packed day camp for children with special needs, filled with fun camp activities ranging from sports, music, spectacular games, art, entertainment and exciting trips around Orange County. Campers are paired one-on-one with trained teen counselors who provide friendship and support. All staff members and volunteers are handpicked for their experience and dedication in working with individuals with special needs and are specially trained and briefed on each camper to ensure that participants have the safest and most exciting summer possible.

- *Sign up for the week or just for the day that works for you!*
- Register at www.friendshipoc.org

BONITA CREEK COMMUNITY CENTER

M-F 10am-3pm 12/30-1/3 \$300/week or \$60/day
6yrs+



For More Information

Visit newportbeachca.gov and search "Special Needs Programming" for a full list of local resources.

Discover the Tide Pools

For more information on the events listed below, email tidepools@newportbeachca.gov.



FREE

Marine Protected Area Hikes

Join the Natural Resources Staff on a guided, informational 2.6-mile hike through Newport Beach's Crystal Cove State Marine Conservation Area.

- Hike meets at Little Corona Lifeguard Tower #7.
- Ages 13 years and up

Hike Dates & Times:

Saturday, January 18 10 a.m.–Noon
Saturday, February 8 2–4 p.m.
Saturday, March 7 1–3 p.m.

Registration is now available online – sign up today!

FREE

Community Day

Led by Newport Bay Conservancy Volunteers

Come explore parts of the Back Bay Science Center and participate in fun hands-on activities to learn more about the ocean.

BACK BAY SCIENCE CENTER

600 Shellmaker Road ▪ Newport Beach, CA 92660
Sundays 10 a.m.–2 p.m.

Field Trips

There are a number of field trip opportunities available throughout Newport Beach, including exploring tide pools at Little Corona, hiking Buck Gully, and learning about the Upper Newport Bay at Big Canyon.

The Natural Resources Division has engaging and educational trips available year-round.

Volunteer Opportunities

Are you interested in volunteering as a tidepool docent in Newport Beach? Please visit ocmarineprotection.org for the next Orange County docent training dates and times!

DID YOU KNOW?

Winter marks the start of one of the coolest things that happens in Newport Beach- the Gray Whale migration! Usually beginning in February, adult and calf gray whales can be seen just yards from the beach throughout Newport Beach, searching for food in the sand and scratching themselves on the shallow bottom! At a distance, look for their heart-shaped spout, since they have two blow holes instead of one!





FREE BUCK GULLY HIKES

Buck Gully Loop Hike

Led by Irvine Ranch Conservancy Staff

Come and explore the entire Buck Gully Reserve trail system. Beginning from the OASIS Senior Center, we'll hike up through the almost three mile length of the canyon, then along San Joaquin Hills Road for about a mile, stopping at Canyon Watch Park where we will take in the panoramic view of the reserve and the Pacific coastline before descending back into the canyon along the Bobcat Trail.

- Please bring water, a light trail snack, sturdy closed-toe shoes and supplies to keep you safe during the journey.
- Sunscreen and a hat are highly recommended.
- Conducted at a walking pace of approximately three miles per hour.
- **Distance:** 6 miles
- **Duration:** 3.5 hours
- **Difficulty:** High-Moderate

Staging location: (aux. lot at 5th and Marguerite)

BUCK GULLY-OASIS SENIOR CENTER

January 11 Saturday 8–11:30 a.m. 12yrs+

Buck Gully Upper Loop Evening Hike

Led by Irvine Ranch Conservancy Staff

Explore the richness of Newport Beach's Buck Gully Reserve as we hike during the beautiful early evening hours. The stream is running and the rich plant and animal life are enjoying the cool, shady canyon, making for a fantastic evening hike in a natural oasis amid the suburban surroundings. We'll walk along San Joaquin Hills Road, which overlooks Buck Gully, for the first mile and then drops down into the canyon on the Bobcat Trail, hikers will loop back through the upper end of the gully along the Buck Gully Trail.

- Walking pace, approximately 3 miles per hour.
- **Distance:** 4 miles
- **Duration:** 2.5 hours
- **Difficulty:** Moderate

Staging location:

NEWPORT COAST COMMUNITY CENTER

February 8 Saturday 3–5:30 p.m. 8yrs+

Bridges of Buck Gully Hike

Led by Irvine Ranch Conservancy Staff

Buck Gully is a natural, coastal canyon which opened to the public in 2012 with the installation of four bridges to allow for safe public access. These bridges facilitate exploration of the Buck Gully Reserve, and also provide viewing platforms from which to pause and observe the abundant life in and around the stream. The guided program starts with a short walk from the OASIS Senior Center to the beginning of the Buck Gully trail, offering a visually dramatic entrance into this special canyon.

- Walking pace, approximately 3 miles per hour.
- **Distance:** 5 miles
- **Duration:** 3.5 hours
- **Difficulty:** Moderate

Staging location: (aux. lot at 5th and Marguerite)

BUCK GULLY-OASIS SENIOR CENTER

March 14 Saturday 8–11:30 a.m. 12yrs+



REGISTRATION IS REQUIRED AND AVAILABLE ONLINE AT WWW.LETSGOOUTSIDE.ORG

WINTER CAMPS

SPECIAL INTEREST

Insects: Bug Me if You Dare!

Bionerds

Come and join this fun and hands-on biology workshop for kids! Learn about the amazing bugs around us such as beetles, butterflies, fruit flies, microarthropods, ladybugs, grasshoppers, and more. Get up close and personal with live bugs using a microscope and perform cool biology experiments.

- A \$56 material fee is due to the instructor on the first day.
- Please bring: daily snack and water.

NEWPORT COAST COMMUNITY CENTER

Tu-F 9am-12pm 2/18-2/21 5-12yrs \$165 NCC163

Land Water Creatures

Bionerds

Come and join this fun and hands-on biology workshop for kids! Learn about the land and water creatures from lizards to frogs and sea urchin, stringrays and more. Your child will be up close and personal with the live/preserved organisms and/or perform dissections and cool biology experiments using lab equipment/tools.

- A \$56 material fee is due to the instructor on the first day.
- Please bring: daily snack and water.

NEWPORT COAST COMMUNITY CENTER

Tu-F 1-4pm 2/18-2/21 5-12yrs \$165 NCC164

From Insects to Land/Water Creatures

Bionerds

Come and join this fun and hands-on biology workshop for kids! Learn about the bugs around us such as beetles, butterflies, fruit flies, ladybugs, crickets, and grasshoppers in the morning. In the afternoon, learn about the land and water creatures from lizards and frogs to sea urchin, stingrays and more. Get up close and personal with live/preserved organisms and perform dissections/cool biology experiments.

- A \$80 material fee is due to the instructor on the first day.
- Please bring: two daily snacks and water.

NEWPORT COAST COMMUNITY CENTER

Tu-F 9a-4pm 2/18-2/21 5-12yrs \$321 NCC165

President's Recess Camp!

Campers will enjoy crafts, games, tournaments, and various structured activities. Your child will take a planned field trip to the Movie Theatre on Wednesday. Camp is staffed by Recreation Leaders and is designed for youth to expand their abilities, discover new talents, and have fun.

Campers must be enrolled in K-6th grade during the 2019-2020 school year.



STEM+

STEM FUNDamentals

Play-Well TEKnologies

Level up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering and architecture through engineer-designed projects such as Motorcycles, Aircraft Carriers and Conveyor Belts! Design and build as never before and explore your craziest ideas.

- Sign up for the week or just for the day that works for you!
- Register at www.friendshipoc.org

NEWPORT COAST COMMUNITY CENTER

Tu-F 9am-12pm 2/18-2/21 5-10yrs \$148 NCC162

SPECIAL NEEDS

Winter Camp 2019

Friendship Circle OC

An action-packed day camp for children with special needs, filled with fun camp activities ranging from sports, music, spectacular games, art, entertainment and exciting trips around Orange County. Campers are paired one-on-one with trained teen counselors who provide friendship and support. All staff members and volunteers are handpicked for their experience and dedication in working with individuals with special needs and are specially trained and briefed on each camper to ensure that participants have the safest and most exciting summer possible.

- Sign up for the week or just for the day that works for you!
- Register at www.friendshipoc.org

BONITA CREEK COMMUNITY CENTER

M-F 10am-3pm 12/30-1/3 6yrs+ \$300/week or \$60/day

REFUND POLICY:

- NO REFUNDS OR TRANSFERS ONCE CAMP BEGINS.
- \$25 REFUND FEE applies to withdrawals with 7 days or more notice.
- \$50 REFUND FEE applies to withdrawals with 6 days or less notice.

President's/Ski Week Excursion – Movie Theatre

COMMUNITY YOUTH CENTER (CYC)

M-F 7am-6pm 2/17-2/21 K-6grd \$150AKWCXX

DANCE

Ballet and Broadway Tap Combo

Reina Rivera

Students will learn the basic elements of ballet, tap, sequence related exercises, formation changes, across the floor and center combinations.

- A \$20 material fee is due to the instructor on the first day.
- Parent participation required.

COMMUNITY YOUTH CENTER (CYC)

F	11:30am-12:15pm	1/17-2/14	3-5yrs	\$105	CY1074
F	11:30am-12:15pm	2/28-3/27	3-5yrs	\$105	CY1075

Fairytales Princess Ballet

Reina Rivera

Dress up in your favorite princess costume and come over for a magical time featuring all things fairy tale! Students will learn ballet steps and French terminology as they dance to their favorite princess songs. The last segment of class is devoted to a creative princess craft and puppet show!

- A \$20 material fee is due to the instructor on the first day.
- Parent participation required.

COMMUNITY YOUTH CENTER (CYC)

Th	9:30-10:15am	1/16-2/13	1-3yrs	\$105	CY1054
Th	9:30-10:15am	2/27-3/26	1-3yrs	\$105	CY1055

Irish Dance

Shaughnessy Irish Dance

Join us as we learn the steps and movements of traditional Irish Dance! In this energetic class, we will focus on coordination, concentration and fitness, all while having fun and meeting new friends! Your child's feet will be tapping throughout the week!

- Attire: comfortable clothes (T-Shirt, shorts); tennis or ballet shoes. (If interested in traditional Irish pumps, please contact instructor.)

16TH ST. RECREATION CENTER

W	2-2:45pm	1/8-2/12	3-5yrs	\$101	ST1009
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COMMUNITY YOUTH CENTER (CYC)

Tu	2-2:45pm	1/14-2/11	3-5yrs	\$105	CY1097
Tu	2-2:45pm	2/25-3/24	3-5yrs	\$105	CY1098



ART & THEATER

Messy, Messy, Fun!

OC Tiny Tots Academy

Come have fun, get messy, and expand your child's creativity without messing up your house! Children will have fun creating, exploring their senses, and making art with clay, paint, watercolors, and various other mediums. **No class 2/18**

- Parent participation required.
- A \$10 material fee is due to the instructor on the first day.

MARINA PARK COMMUNITY CENTER

Tu	10-11am	1/7-1/28	1.5-3yrs	\$65	MP1010
Tu	10-11am	2/4-2/25	1.5-3yrs	\$50	MP1011
Tu	10-11am	3/3-3/24	1.5-3yrs	\$65	MP1012

Parent & Me Mixed Media and Clay

Lisa Albert

Little artists will learn basic clay techniques such as coil and slab making, blending, firing and glazing. Imaginative masks, bowls, tiles and fun animal projects will be made. Creative painting projects on canvas, paper, printing, collage and pastels will be taught. Projects are keepsakes. This class shouldn't be missed!

- A \$40 material fee is due to the instructor on the first day.
- Attire: old clothes or smock.

COMMUNITY YOUTH CENTER (CYC)

W	4:30-5:30pm	1/8-2/12	2-5yrs	\$185	CY1038
W	4:30-5:30pm	2/26-3/25	2-5yrs	\$155	CY1039

LISA ALBERT ART STUDIO

Th	9-10am	1/9-2/13	2-5yrs	\$185	FB1033
Th	9-10am	2/27-3/26	2-5yrs	\$155	FB1035
Sa	10:30-11:30am	1/11-2/15	2-5yrs	\$185	FB1034
Sa	10:30-11:30am	2/29-3/28	2-5yrs	\$155	FB1036



Parent & Me Tutus and Tap Shoes

Reina Rivera

Dancers will learn the basic elements of ballet and tap followed by a creative craft! Students will be introduced to dance terminology through movement, games and imaginative exercises incorporating props and instruments and concluding with a dancing puppet show! Classes promote confidence, poise, muscle toning and coordination.

- A \$20 material fee is due to the instructor on the first day.
- Parent participation required.
- Optional Attire: leotard, tights ballet and tap shoes.

MARINA PARK COMMUNITY CENTER

W	11-11:45am	1/15-2/12	1-3.5yrs	\$105	MP1020
W	11-11:45am	2/26-3/25	1-3.5yrs	\$105	MP1021

NEWPORT COAST COMMUNITY CENTER

Tu	9:30-10:15am	1/14-2/11	1-3.5yrs	\$105	NCC104
Tu	9:30-10:15am	2/25-3/24	1-3.5yrs	\$105	NCC105

Shorty & Me Hip-Hop

Reina Rivera

This high energy class is designed especially for you and your lil' shorty giving them a positive introduction to the world of DANCE! Each session includes circle time, creative dance, fun props, crafts and a hip puppet show featuring homeboy Elmo! Classes promote confidence, motor skills, socialization, expression and coordination.

- A \$20 material fee is due to the instructor on the first day.
- Parent participation required.

COMMUNITY YOUTH CENTER (CYC)

F	10:30-11:15am	1/17-2/14	1-3yrs	\$105	CY1076
F	10:30-11:15am	2/28-3/27	1-3yrs	\$105	CY1077

MARINA PARK COMMUNITY CENTER

W	10-10:45am	1/15-2/12	1-3.5yrs	\$105	MP1018
W	10-10:45am	2/26-3/25	1-3.5yrs	\$105	MP1019

Solid Hip Hop

Kids Care

Learn the real L.A. Hip Hop from our professional dance coach J.R. A fun and creative environment to explore music, rhythm, spatial awareness and motor skills. Dancers will learn basic technique while learning how to dance hip hop the correct way. Dancers are guaranteed to learn how to dance hip hop, while building self-esteem and self confidence through the art of dance in a fun and inclusive environment. **No class 2/18**

- All dancers, all ages, and all levels will have the opportunity to perform at huge venues such as Angels Stadium, Staples Center, UCI Half-time, Disneyland, and more!

16TH ST. RECREATION CENTER

Tu	4:30-5:30pm	1/7-3/24	4-7yrs	\$233	ST1019
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Wee Breakers Break Dance

Webreak Hip Hop Dance Co

Our preschool breakdance class is designed to teach age appropriate movements that encourage preschoolers to start express themselves through creativity and movement. Students learn the three parts of breakdancing: top rocking, footwork, and freezing. They also learn how to encourage one another, coordination, rhythm, timing, teamwork and following direction!

- A \$20 material fee is due to the instructor on the first day.
- Registration includes WeBreak Hip Hop T-shirt!

COMMUNITY YOUTH CENTER (CYC)

Th	10-10:45am	1/9-2/13	2.5-5yrs	\$155	CY1060
Th	10-10:45am	2/27-3/26	2.5-5yrs	\$130	CY1061

ENRICHMENT



Baby Sign and Sing in my Room

Layla Guerrero

Enhance language development and communication with Baby Sign Language. Sign and Sing at Play teaches signs and songs related to life at home, your toy box, clothing and bedtime. This class includes over 75 signs, music with signs, signed felt board stories and other developmentally appropriate activities. **No class 1/18**

- A \$25 material fee is due to the instructor on the first day.

CLIFF DRIVE COMMUNITY CENTER & PARK

Sa	10-10:45am	1/11-2/8	1mos-18mos	\$105	FB1003
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COMMUNITY YOUTH CENTER (CYC)

F	10-10:45am	1/10-2/7	1mos-1yrs	\$105	CY1071
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Baby Sign and Sing on the Road

Layla Guerrero

Enhance language development and communication with Baby Sign Language. Sign and Sing on the Road teaches signs for vehicles, the grocery store, at the park and at the Zoo. This class includes over 75 signs, music with signs, signed felt board stories and other developmentally appropriate activities.

- A \$25 material fee is due to the instructor on the first day.

CLIFF DRIVE COMMUNITY CENTER & PARK

Sa	10-10:45am	2/29-3/21	1mos-18mos	\$105	FB1004
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COMMUNITY YOUTH CENTER (CYC)

F	10-10:45am	2/28-3/20	1mos-1yrs	\$105	CY1072
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Mini Chefs - Cooking for Preschoolers

Theresa Ripke

Children at this age are curious and eager to get involved in the kitchen. Classes are designed to be "parent-assisted", with minimal assistance, if any, instead encouraging even the youngest kids to take initiative. This class will introduce concepts like kitchen safety, cutting skills, basic measurement, teamwork and following directions. The recipes are easy, healthy and mostly plant based.

- A \$20 material fee is due to the instructor on the first day.

MARINA PARK COMMUNITY CENTER

M 10:30-11:30am 3/2-3/23 3-4yrs \$120 MP1013

OC Tiny Tots Academy - Preschool

OC Tiny Tots Academy

Students obtain the foundations for success in kindergarten and beyond. Curriculum centers on the California Preschool Learning Foundations and CCSS. Students are taught phonologic and phonemic awareness, printing, number sense, math reasoning, and the social-emotional skills for school success. Students engage in whole/small group instruction, read alouds, songs, art, science, and more. **No class 1/20, 2/17-2/20**

- A \$20 material fee is due to the instructor on the first day.
- Students must be fully potty trained.

MARINA PARK COMMUNITY CENTER

M-Th	9am-Noon	1/6-1/30	3.5-5yrs	\$455	MP1001
M-Th	9am-Noon	2/3-2/27	3.5-5yrs	\$365	MP1002
M-Th	9am-Noon	3/2-3/26	3.5-5yrs	\$485	MP1003
Tu-Th	9am-Noon	1/7-1/30	3.5-5yrs	\$365	MP1004
Tu-Th	9am-Noon	2/4-2/27	3.5-5yrs	\$275	MP1005
Tu-Th	9am-Noon	3/3-3/26	3.5-5yrs	\$365	MP1006

OC Tiny Tots Academy - Preschool Prep

OC Tiny Tots Academy

Get your child prepared for preschool! Students develop their executive functions and self-regulation skills, while learning, problem solving, playing, and socializing in a nurturing and safe environment. We expose your learner to the language arts, math, gross and fine motor skills needed for preschool. Activities include story time, centers, arts & crafts, and free play. **No class 2/21**

- Parent participation required.
- A \$15 material fee is due to the instructor on the first day.

MARINA PARK COMMUNITY CENTER

F	10-11:30am	1/10-1/31	2-3.5yrs	\$105	MP1007
F	10-11:30am	2/7-2/28	2-3.5yrs	\$80	MP1008
F	10-11:30am	3/6-3/27	2-3.5yrs	\$105	MP1009



Preschool Spanish Basics

Portal Languages

Welcome to the Portal Enrichment program, which provides a unique opportunity to enjoy a Spanish class and associated cultural activity. This children language learning program will come alive through fun and entertainment with music, puppets, big books, posters, picture cards, theater, felt board, trivia and bingo games.

COMMUNITY YOUTH CENTER (CYC)

Th	9:30-10:30am	1/16-2/13	2-4yrs	\$105	CY1050
Th	9:30-10:30am	2/27-3/26	2-4yrs	\$105	CY1051

Toddler Sign Language - Helping Out

Layla Guerrero

Benefits of Sign Language for toddlers include increased language, literacy skills, fine motor and improved joint attention. In each class, a minimum of 80 ASL signs taught as well as 10+ songs and games to sign and sing with your toddler! Language strategies appropriate for this age also discussed. **No class 1/17, 1/18**

- A \$25 material fee is due to the instructor on the first day.

CLIFF DRIVE COMMUNITY CENTER & PARK

F	11-11:45am	1/10-2/7	1mos-4yrs	\$105	FB1050
Sa	11-11:45am	1/11-2/8	1mos-4yrs	\$105	FB1051

COMMUNITY YOUTH CENTER (CYC)

F	9-9:45am	1/10-2/7	1mos-4yrs	\$105	CY1073
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GYMNASTICS

Junior Olympians

Tumble-n-Kids

Girls and boys are taught fundamental movement and gymnastic skills through introduction of simple directions and fun stations. Beginning cartwheels, rolls, balance beams, mini trampoline, back-handspring barrel, and obstacle courses will be safely introduced. Boost self-esteem, increase body awareness and build strength and coordination for all types of sports! **No class 2/18**

- A \$5 material fee is due to the instructor on the first day.
- Parent participation may be required.

NEWPORT COAST COMMUNITY CENTER

Tu 11:45am-12:30pm 1/14-3/17 3.5-5yrs \$149 **NCC108**
 Tu 3:20-4:05pm 1/14-3/17 3.5-5yrs \$149 **NCC109**

Ninja Kids

Kids Care

Donning ninja headbands, kids explore movement and coordination through structured obstacle courses with progressive difficulty and skill acquisition. Based in gymnastics with a parkour twist, these young ninjas will be enthralled as they learn positioning, spatial awareness and body control while gaining strength and flexibility. **No class 2/19-2/22**

- A \$5 material fee is due to the instructor on the first day.

16TH ST. RECREATION CENTER

W 10-10:45am 1/8-3/18 2.5-4yrs \$181 **ST1012**
 F 10-10:45am 1/10-3/20 3.5-5yrs \$181 **ST1013**
 Sa 11:30am-12:15pm 1/11-3/21 3.5-6yrs \$181 **ST1014**

Parent & Me Gymnastics

Kids Care

A fun class where adults help children learn body awareness, coordination and motor skills through floor time, various circuits, stations, rhymes and games. Instructor teaches progressive skills while reinforcing acquired skills each week leading to children's accomplishment and ability to move on to a transition level class. **No class 2/21**

- Parent participation required.

16TH ST. RECREATION CENTER

F 11-11:45am 1/10-3/20 1-2.5yrs \$181 **ST1017**

Preschool Gymnastics

Kids Care

Bring learning into play and discover a fun and inclusive environment where children learn the fundamentals of gymnastics through fun games and activities which develop body and spatial awareness, improve strength and flexibility, and increase self-confidence and social interaction. **No class 2/19, 2/22**

- Parent participation required.

16TH ST. RECREATION CENTER

W 11-11:45am 1/8-3/18 2.5-5yrs \$181 **ST1016**
 Sa 10:30-11:15am 1/11-3/14 2.5-5yrs \$181 **ST1018**

Tiny Twisters

Tumble-n-Kids

Tiny Twisters and partners Shake-Tumble-N-Roll with upbeat music and friends. Safe spotting tips and age-appropriate tumbling will facilitate child's sensory and motor skill development. Tumblers explore in a safe environment, learn multiple rolls down the "big cheese", crawl through tunnels, and learn gymnastics positions in circle time with fun songs and props. **No class: 1/20, 2/17-2/19**

- A \$5 material fee is due to the instructor on the first day.
- Parent participation required.

16TH ST. RECREATION CENTER

Th 11-11:45am 1/16-2/6 9mos-2.5yrs \$69 **ST1026**
 Th 11-11:45am 2/27-3/19 9mos-2.5yrs \$69 **ST1027**

COMMUNITY YOUTH CENTER (CYC)

M 10-10:45am 1/13-3/23 9mos-2.5yrs \$149 **CY1014**

MARINA PARK COMMUNITY CENTER

F 10-10:45am 1/17-2/7 9mos-2.5yrs \$69 **MP1014**
 F 10-10:45am 2/28-3/20 9mos-2.5yrs \$69 **MP1015**

NEWPORT COAST COMMUNITY CENTER

Tu 10-10:45am 1/14-3/17 9mos-2yrs \$149 **NCC106**
 W 10-10:45am 1/15-3/18 9mos-2yrs \$149 **NCC107**

Tumble Bugs

Tumble-n-Kids

Let's move! Music, tumbling challenges, introducing simple directions and routines will help your child develop listening and social interaction skills. Tumble Bugs and partners will participate in circle time and obstacle courses, dance to songs, tumble, roll, jump, balance, walk like animals and finish with parachute activities! **No class: 1/20, 2/17-2/19**

- A \$5 material fee is due to the instructor on the first day.
- Parent participation required.

16TH ST. RECREATION CENTER

Th 10:15-11am 1/16-2/6 2-3.5yrs \$69 **ST1028**
 Th 10:15-11am 2/27-3/19 2-3.5yrs \$69 **ST1029**

COMMUNITY YOUTH CENTER (CYC)

M 10:45-11:30am 1/13-3/23 2-3.5yrs \$149 **CY1015**

MARINA PARK COMMUNITY CENTER

F 10:45-11:30am 1/17-2/7 2-3.5yrs \$69 **MP1016**
 F 10:45-11:30am 2/28-3/20 2-3.5yrs \$64 **MP1017**

NEWPORT COAST COMMUNITY CENTER

Tu 10:45-11:30am 1/14-3/17 2-3.5yrs \$149 **NCC110**
 W 10:45-11:30am 1/15-3/18 2-3.5yrs \$149 **NCC111**



HEALTH & FITNESS

Baby & Me Yoga

Jessi Moon Conder

Parents bond with their baby and get to connect to themselves to release stress, stretch and breathe. We have a lot of fun and create a community atmosphere where babies learn to interact peacefully and parents get to rejuvenate. Jessi is amazing at getting babies to love yoga!

- Drop-In (NO REFUNDS) \$25

COMMUNITY YOUTH CENTER (CYC)

F 10-10:55am 1/10-2/14 1mos-2yrs \$125 **CY1064**
 F 10-10:55am 2/28-3/27 1mos-2yrs \$105 **CY1065**

Little Singers

Take The Stage Productions

An introduction to voice for youth who love to sing. Students will build a solid foundation in vocal performance, rhythm, and musicianship while having fun singing favorites from Broadway musicals, Grammy winners, and popular children's songs. Students will develop listening, gross & fine motor skills, coordination of articulators, concentration and memory. **No class 1/23 and 2/20.**

- A \$5 material fee is due to the instructor on the first day.
- Performance on last day.

COMMUNITY YOUTH CENTER (CYC)

Th 2-2:45pm 1/9-3/26 3-5yrs \$145 **CY1059**



Story Time Yoga

Jessi Moon Conder

Children enjoy a fun, short story followed by yoga poses, deep breathing, singing and a light relaxation meditation with their guardian. This class promotes community, peace, wellness, happiness and teaches children how to interact peacefully. Community yoga promotes children to join in and synergize off our loving energy.

- Drop-In (NO REFUNDS) \$25

COMMUNITY YOUTH CENTER (CYC)

Tu 11:30am-12:20pm 1/7-2/11 1-5yrs \$125 **CY1021**
 Tu 11:30am-12:20pm 2/25-3/24 1-5yrs \$105 **CY1022**

Zumba® Kids (Tiny Stars)

CS Dance Factory

Wiggle and groove to fun Latin tunes. Active, curious toddlers keep busy in this lively, energetic class. Child development meets the magic of Zumba® with world rhythms and catchy, kid-friendly tunes. Meet new friends, stimulate toddler's brain with musical patterns, playful games, colorful props, and instruments. Fiesta on last day! **No class 1/20**

- Parent participation required.
- Younger, stable walkers may be admitted with permission.

NEWPORT COAST COMMUNITY CENTER

M 11:30am-12:15pm 1/13-2/10 1.5-3.5yrs \$69 **NCC146**
 M 11:30am-12:15pm 3/2-3/23 1.5-3.5yrs \$69 **NCC147**

Preschool 101

Preschool 101 is a place where your child can have fun while learning! The Staff follows curriculum guidelines to ensure every child will be ready for kindergarten.

Activities include music, story-time, learning the alphabet, crafts related to the letter of the week, organized indoor and outdoor play and lunch-time.

MARINERS LIBRARY – VJC ROOM

M/W/F 9:15am-Noon 1/6-4/3 4.5-5yrs \$448 **MAP101**
 Tu/Th 9:15am-Noon 1/7-4/2 3-4.5yrs \$305 **MAP102**
No Preschool 1/20, 2/17-21

NEWPORT COAST COMMUNITY CENTER

M/W/F 9:15am-Noon 1/6-4/3 4.5-5yrs \$448 **NCC100**
 Tu/Th 9:15am-Noon 1/7-4/2 3-4.5yrs \$305 **NCC104**
No Preschool 1/20, 2/17-21

- Staff are First Aid and CPR Certified.
- Participants must be potty trained. No pull-ups.
- Participants must fax or mail immunization records to the Recreation office by **Wednesday, January 2.**
- Registration is ONLINE ONLY and opens Thursday, November 8 at 8:00 a.m. at newportbeachca.gov/recreation.



MUSIC

Moving to the Music

Reina Rivera

Explore the magic of winter through song, dance and dramatic play for tiny toes. Classes include circle time, instrumental jam sessions, creative movement, a themed winter craft and a puppet show featuring our special guest Elmo! Each class promotes socialization, confidence, rhythm and coordination in a fun and positive environment.

- A \$20 material fee is due to the instructor on the first day.
- Parent participation required.

CLIFF DRIVE COMMUNITY CENTER & PARK

M 10:30-11:15am 2/24-3/23 1-3.5yrs \$125 **FB1032**

COMMUNITY YOUTH CENTER (CYC)

Th 10:30-11:15am 1/16-2/13 1-3.5yrs \$105 **CY1056**

Th 10:30-11:15am 2/27-3/26 1-3.5yrs \$105 **CY1057**

NEWPORT COAST COMMUNITY CENTER

Tu 10:30-11:15am 1/14-2/11 1-3.5yrs \$105 **NCC102**

Tu 10:30-11:15am 2/25-3/24 1-3.5yrs \$105 **NCC103**

South Coast Music Together Baby

South Coast Music Together

Join the award-winning international research-based music and movement program bringing infants, toddlers, and the adults who love them, the joy of making music together! Learn to support and nurture the innate musicality in your child through an expertly guided class experience in an environment that celebrates each child's individual nature. **No class 1/20, 2/17**

- A \$42 curriculum fee is due the first day of class payable to South Coast Music Together
- Caregiver participation required.

COMMUNITY YOUTH CENTER (CYC)

M 11:30am-12:15pm 1/6-3/23 0-9mos \$193 **CY1013**



South Coast Music Together

South Coast Music Together

Join the award-winning international research-based music and movement program bringing infants, toddlers, and the adults who love them, the joy of making music together! Learn to support and nurture the innate musicality in your child through an expertly guided class experience in an environment that celebrates each child's individual nature. **No class 1/20, 2/17**

- A \$42 curriculum fee is due the first day of class payable to South Coast Music Together
- Caregiver participation required.

CARROLL BEEK COMMUNITY CENTER

Tu 9:30-10:15am 1/7-3/10 0-4yrs \$193 **FB1045**

Tu 10:30-11:15am 1/7-3/10 0-4yrs \$193 **FB1046**

CLIFF DRIVE COMMUNITY CENTER & PARK

Tu 2:45-3:30pm 1/7-3/10 0-4yrs \$193 **FB1047**

Tu 3:45-4:30pm 1/7-3/10 0-4yrs \$193 **FB1048**

Tu 4:45-5:30pm 1/7-3/10 0-4yrs \$193 **FB1049**

COMMUNITY YOUTH CENTER (CYC)

M 9:30-10:15am 1/6-3/23 0-4yrs \$193 **CY1011**

M 10:30-11:15am 1/6-3/23 0-4yrs \$193 **CY1012**

MARINA PARK COMMUNITY CENTER

Th 9:30-10:15am 1/9-3/12 0-4yrs \$193 **MP1026**

Th 10:30-11:15am 1/9-3/12 0-4yrs \$193 **MP1027**

F 3:45-4:30pm 1/10-3/13 0-4yrs \$193 **MP1028**

F 4:45-5:30pm 1/10-3/13 0-4yrs \$193 **MP1029**

Sa 9:30-10:15am 1/11-3/14 0-4yrs \$193 **MP1030**

Sa 10:30-11:15am 1/11-3/14 0-4yrs \$193 **MP1031**

SPECIAL INTEREST

Pre-Horse Riding/Vaulting

OC Vaulting

This class focuses on the skills needed to prepare for safe equestrian vaulting, riding, and working around horses. Most of the class time will be on the barrel, but we also go on the horse and learn basic horsemanship (grooming, safely petting, etc.). The student must be able to listen, follow directions, and be able to focus while waiting for a turn. **No class 2/17**

OC FAIRGROUNDS EQUESTRIAN CENTER

Tu 4:15-5:15pm 1/7-1/28 4-6yrs \$140 **FB1037**

Tu 4:15-5:15pm 2/4-2/25 4-6yrs \$110 **FB1038**

Tu 4:15-5:15pm 3/3-3/24 4-6yrs \$140 **FB1039**

SPORTS

Mini-Hawk Multi-Sport

Skyhawks Sports Academy

Introduce your little superstar to sports in our most popular program! This multi-sport class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. Sports include soccer, baseball and basketball. **No class 2/18**

- Parent participation required.

MARINA PARK COMMUNITY CENTER

Tu	3:30-4:10pm	1/14-3/17	2-3.5yrs	\$155	MP1032
W	10-10:40am	1/15-3/18	2-3.5yrs	\$155	MP1034
Sa	9-9:40am	1/18-3/21	2-3.5yrs	\$155	MP1036
Tu	4:20-5pm	1/14-3/17	3.5-5yrs	\$155	MP1033
W	10:50-11:30am	1/15-3/18	3.5-5yrs	\$155	MP1035
Sa	9:50-10:30am	1/18-3/21	3.5-5yrs	\$155	MP1037

Skyhawks SoccerTots

Skyhawks Sports Academy

Focus is on developing motor skills and self-confidence. Instructor-to-student ratio is kept small to maximize individual development, and above all else we promote fun, fun, fun! **No class 2/18, 2/20**

- Parent participation required for younger classes.

GRANT HOWALD PARK

Th	4-4:40pm	1/16-3/12	2-3.5yrs	\$139	FB1043
Th	4:50-5:30pm	1/16-3/12	3.5-5yrs	\$139	FB1044

MARINA PARK COMMUNITY CENTER

Tu	10-10:40am	1/14-3/10	2-3.5yrs	\$139	MP1038
W	3:30-4:10pm	1/15-3/11	2-3.5yrs	\$139	MP1040
Tu	10:50-11:30am	1/14-3/10	3.5-5yrs	\$139	MP1039
W	4:20-5pm	1/15-3/11	3.5-5yrs	\$139	MP1041

Skyhawks BaseballTots

Skyhawks Sports Academy

A developmental program that uses a variety of games while teaching and developing fundamental skills. The goal is to build fitness, muscle coordination, baseball fundamentals and a love of the game. **No class 1/20, 2/17**

ARROYO PARK

M	4-4:40pm	1/13-3/16	3.5-4.5yrs	\$139	FB1041
M	4:50-5:30pm	1/13-3/16	4.5-6yrs	\$139	FB1042

Skyhawks Hoopster Tots

Skyhawks Sports Academy

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge. **No class 1/20, 2/17**

NEWPORT COAST COMMUNITY CENTER

M	3:15-4pm	1/13-3/16	3.5-4.5yrs	\$139	NCC112
M	4:15-5pm	1/13-3/16	4.5-5yrs	\$139	NCC113

Little Ninja Warriors

Skyhawks Sports Academy

This new program is designed to let young children live out their dream of being a ninja warrior! Each week, the little ninjas will attempt to complete a new, fun, and imaginative obstacle course. Every course is specifically designed to develop strength, coordination, balance, flexibility, and agility.

COMMUNITY YOUTH CENTER (CYC)

Th	11:45am-12:30pm	1/16-2/13	3.5-5yrs	\$95	CY1062
Th	11:45am-12:30pm	2/27-3/26	3.5-5yrs	\$95	CY1063

Playball

OC Playball

Developed by Occupational Therapists, Playball classes are taught in a fun-filled, energetic and positive environment. We use the medium of sports to improve motor development, increase concentration, build muscle tone, improve hand-eye/foot-eye coordination, balance and countless other life skills. At Playball kids learn persistence, courage, responsibility, teamwork and self-worth. **No class 1/20, 2/17-2/20**

- Parent participation required for Parent & Me classes.

COMMUNITY YOUTH CENTER (CYC)

Parent & Me

W	10:15-11am	1/8-3/25	2-3yrs	\$159	CY1040
Sa	10:15-11am	1/11-3/21	2-3yrs	\$159	CY1088

Playball

W	3:30-4:15pm	1/8-3/25	4-6yrs	\$159	CY1041
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Watch Me at 3 Playball

W	11:15am-Noon	1/8-3/25	3-4yrs	\$159	CY1042
Sa	11:15am-Noon	1/11-3/21	3-4yrs	\$159	CY1089

MARINA PARK COMMUNITY CENTER

Parent & Me

M	9:30-10:15am	1/13-3/23	2-3yrs	\$144	MP1024
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Watch Me at 3 Playball

M	10:30-11:15am	1/13-3/23	3-4yrs	\$144	MP1025
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NEWPORT COAST COMMUNITY CENTER

Parent & Me

Th	10:30-11:15am	1/9-3/26	2-3yrs	\$159	NCC157
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Watch Me at 3 Playball

Th	11:30am-12:15pm	1/9-3/26	3-4yrs	\$159	NCC158
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ART & THEATER

Art and Creative Time

Lisa Albert

Clay, painting, drawing, pastels, printing and more will be explored in this one of a kind creative and educational class. Memorable masterpieces will be made and children's imagination will be encouraged.

- A \$40 material fee is due to the instructor on the first day.
- Harbor View students will be picked up from campus and walked down to CYC. View class online for more information.

COMMUNITY YOUTH CENTER (CYC)

Tu	3:05-4:15pm	1/7-2/11	5-12yrs	\$185	CY1024
Tu	3:05-4:15pm	2/25-3/24	5-12yrs	\$155	CY1025

Broadway Star Musical Theater

Take The Stage Productions

Act, Sing, Dance and explore the world of Broadway in this fun musical theater class! Students will build valuable performance skills, play theater games and create fun characters all while working together to perform a final showcase on the last day! **No class: 1/23, 2/20**

- A \$5 material fee is due to the instructor on the first day.
- Performance on last day.
- Harbor View students will be picked up from campus and walked down to CYC. View class online for more information.

COMMUNITY YOUTH CENTER (CYC)

Th	3:05-4:15pm	1/9-3/26	5-11yrs	\$145	CY1058
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Cartooning and Design

Lisa Albert

Students will learn to draw with pencil, pens and watercolors while focusing on illustration techniques, story through image, creating facial expressions, and lettering. Students will be introduced to graphic design and will get to design their own T-shirt. A fabulous informative and creative class.

- A \$40 material fee is due to the instructor on the first day. Includes t-shirt.

COMMUNITY YOUTH CENTER (CYC)

Tu	4:30-5:30pm	1/7-2/11	5-12yrs	\$185	CY1026
Tu	4:30-5:30pm	2/25-3/24	5-12yrs	\$155	CY1027

Mixed Media and Clay Art

Lisa Albert

A wonderfully imaginative class where children will be taught the fundamentals and techniques of painting, pastels, water colors, collage, printing, clay, sculpture and more. All highly imaginative projects will inspire creative thinking, self confidence and freedom of expression. Art projects will be new and definite keepsakes.

- A \$40 material fee is due to the instructor on the first day.
- Attire: old clothes or smock.

LISA ALBERT ART STUDIO

Th	4:30-5:30pm	1/9-2/13	5-12yrs	\$185	FB1026
Sa	9-10:30am	1/11-2/15	5-12yrs	\$275	FB1027
Th	4:30-5:30pm	2/27-3/26	5-12yrs	\$155	FB1028
Sa	9-10:30am	2/29-3/28	5-12yrs	\$230	FB1029

Teen Thoughtful Theater

Jennifer Lambert

Teens will explore the Magic of Musical Theater through fun improv games and experienced acting/vocal coaching, with musical selections from a Broadway Hit! Woven throughout this creative process are teen-specific mindfulness practices, building self-confidence and resiliency, and reducing stress and anxiety, both on stage and off! **No class 1/20**

MARINA PARK COMMUNITY CENTER

Mean Girls

M	6-7:30pm	1/13-2/10	12-17yrs	\$105	MP1222
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Dear Evan Hansen

M	6-7:30pm	2/24-3/23	12-17yrs	\$130	MP1223
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DANCE

Advance in Dance

Kids Care

Confidence and style are encouraged in this rhythm based combination class. Take dance to a new level incorporating your own creativity into the mix. Kids learn to bring out their natural ability and moves while refining with professional techniques and tips. A sure winner for social interaction and fun. **No class 2/19**

- *Attire: comfortable clothing.*

16TH ST. RECREATION CENTER

W 6-7pm 1/8-3/25 8-15yrs \$197 **ST1000**

Irish Dance

Shaughnessy Irish Dance

Join us as we learn the steps and movements of traditional Irish Dance! In this energetic class, we will focus on coordination, concentration and fitness, all while having fun and meeting new friends! Your child's feet will be tapping throughout the week!

- *Comfortable clothes (T-Shirt, shorts); tennis shoes or ballet shoes. (If interested in traditional Irish pumps, please contact instructor.)*
- *Harbor View students will be picked up from campus and walked down to CYC. View class online for more information.*

16TH ST. RECREATION CENTER

W 2-2:45pm 2/26-3/25 3-6yrs \$85 **ST1010**

COMMUNITY YOUTH CENTER (CYC)

Tu 3:05-4:15pm 1/14-2/11 5-10yrs \$115 **CY1099**

Tu 3:05-4:15pm 2/25-3/24 5-10yrs \$115 **CY1100**

Kids Dance

Kids Care

A fun and creative environment to explore music, rhythm, spatial awareness and motor skills. Children will be taught basic level moves across the dance spectrum in an inclusive and social environment. Come join this combination class built to enhance children's coordination and social skills as they partner in musical fun and exploration. **No class 2/19**

- *Attire: comfortable clothing.*

16TH ST. RECREATION CENTER

W 5-6pm 1/8-3/25 4-7yrs \$197 **ST1011**

Showstoppers

Reina Rivera

Students will learn all the new and exciting dance moves featuring all the latest choreography. Each week basic hip-hop and jazz moves will be taught and broken down step by step.

- *Attire: tennis shoes and comfortable clothing (no dresses).*

COMMUNITY YOUTH CENTER (CYC)

W 4:45-5:30pm 2/26-3/25 4-11yrs \$105 **CY1045**

Solid Hip Hop

Kids Care

Learn the real L.A. Hip Hop from our professional dance coach J.R. A fun and creative environment to explore music, rhythm, spatial awareness and motor skills. Dancers will learn basic technique while learning how to dance hip hop the correct way. Dancers are guaranteed to learn how to dance hip hop, while building self-esteem and self confidence through the art of dance in a fun and inclusive environment. **No class 2/18**

- *All dancers, all ages, and all levels will have the opportunity to perform at huge venues such as Angels Stadium, Staples Center, UCI Half-time, Disneyland, and more!*

16TH ST. RECREATION CENTER

Tu 5:30-6:30pm 1/7-3/24 8-14yrs \$233 **ST1020**

ENRICHMENT

Before School Enrichment Club

Strategic Kids

We use fun story based lessons to make chess and Lego fun! Class includes a mix of Lego, STEM, chess and play! Designed for all skill levels, our Chess and LEGO program encourages children to think deeply, gain confidence, solve problems, develop patience, compete well, visualize results and plan!

- Harbor View students will be walked to their classroom.

COMMUNITY YOUTH CENTER (CYC)

M-F	7:20-8:20am	1/6-1/31	4-12yrs	\$260	CY1094
M-F	7:20-8:20am	2/3-2/28	4-12yrs	\$260	CY1095
M-F	7:20-8:20am	3/2-3/27	4-12yrs	\$260	CY1096

Beginning Spanish

Portal Languages

Spanish is currently the third most spoken language in the world. Studying Spanish will help you explore other cultures and communicate with Spanish speakers. Through role-playing, crafts, games, speaking, reading, and writing we will study a theme that will broaden your skills and comprehension. **No class 1/20**

- Harbor View students will be picked up from campus and walked down to CYC. View class online for more information.

COMMUNITY YOUTH CENTER (CYC)

M	3:05-4:15pm	1/6-2/10	6-11yrs	\$105	CY1028
M	3:05-4:15pm	2/24-3/23	6-11yrs	\$105	CY1029

Farsi

Ferdowsi Farsi School

At Ferdowsi Farsi, students will be taught the Farsi language and Persian culture in a caring, fun, and educational environment. Highly qualified professionals will teach students the fundamentals of the language through proven teaching techniques, building strong Farsi foundations and ensuring success. **No class 2/19**

- Enrollment requires instructor approval.

NEWPORT COAST COMMUNITY CENTER

W	1:45-2:45pm	1/8-3/18	6-13yrs	\$280	NCC167
W	3-4pm	1/8-3/18	6-13yrs	\$280	NCC168



Healthy Baking for Kids

Theresa Ripke

Almost everyone loves cookies and every family has their own secret recipes and their way of baking cookies, tarts and breads. This class will explore new recipes and healthy ways to prepare them. **No class 2/19**

- A \$20 material fee is due to the instructor on the first day of class.

MARINA PARK COMMUNITY CENTER

W	1:30-3pm	1/15-3/4	6-10yrs	\$170	MP1045
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Healthy Convenient Snacks for Teens

Theresa Ripke

This class is designed to teach children and teens how to prepare healthy, easy, fast snacks for on the go. This class will teach them healthy snack recipes to take with them as they go to school, sports activities and spending time with their friends. **No class 2/18**

- A \$20 material fee is due to the instructor on the first day of class.

MARINA PARK COMMUNITY CENTER

Tu	3-4:30pm	2/4-3/24	10-16yrs	\$170	MP1046
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Intermediate Spanish

Portal Languages

Spanish is currently the third most spoken language in the world. Studying Spanish will help you explore other cultures and communicate with Spanish speakers. Through role-playing, crafts, games, speaking, reading, and writing we will study a theme that will broaden your skills and comprehension.

- A \$10 material fee is due to the instructor on the first day.
- Harbor View students will be picked up from campus and walked down to CYC. View class online for more information.

COMMUNITY YOUTH CENTER (CYC)

M	4:30-5:30pm	1/6-2/10	6-11yrs	\$105	CY1030
M	4:30-5:30pm	2/24-3/23	6-11yrs	\$105	CY1031

LEGO Minecraft Movie Animation

Parker-Anderson Enrichment

Make Minecraft Legos come to life using Stop-Motion animation! Storyboard ideas, develop plots, and create unique Lego characters and sets as you bring inanimate objects to life! Each student receives a copy of their work at the end of the session.

COMMUNITY YOUTH CENTER (CYC)

Tu	4:30-5:30pm	1/14-2/11	5-12yrs	\$105	CY1018
Tu	4:30-5:30pm	2/25-3/24	5-12yrs	\$105	CY1019



Manners, Character & Social Skills - Part One

Etiquette Factory W Ms. Nelson

Our exclusive programs helps children understand why integrity, respect, empathy and charity help our lives. Over 50 different etiquette skills are taught using games, role play, props, music, stories, and kind discussion. Skills include: Introductions, dining etiquette, kindness, tact, conversation, being a guest, hygiene, sincere apologies and more!

- A \$20 material fee is due to the instructor on the first day.
- Please bring snack and water bottle to each class.
- Harbor View students will be picked up from campus and walked down to CYC. View class online for more information.

COMMUNITY YOUTH CENTER (CYC)

Th 3:05-5:15pm 1/9-2/13 5-12yrs \$165 **CY1048**

Manners, Character & Social Skills - Part Two

Etiquette Factory W Ms. Nelson

Part two of our exclusive program takes valuing others even further! We have a whole new series of skills, taught through role play, activities, games, and discussion. Some of the skills included are: Acts of Kindness, Etiquette with Family & Neighbors, Etiquette in Public & Social Events and tons more!

- A \$20 material fee is due to the instructor on the first day.
- Please bring snack and water bottle to each class.
- Harbor View students will be picked up from campus and walked down to CYC. View class online for more information.

COMMUNITY YOUTH CENTER (CYC)

Th 3:05-5:15pm 2/20-3/26 5-12yrs \$165 **CY1049**

Strategic Origami

Strategic Kids

The art of origami is a fun and exciting class where children will learn the Japanese art of origami along with a different aspect of Japanese culture each week. Every student will receive an origami instruction sheet on what was covered that day and take home what they make. Students will make an origami box, samurai helmet, ninja star, and several animals such as dogs, cats, cranes and more!

- A \$10 material fee is due to the instructor on the first day.
- Harbor View students will be picked up from campus and walked down to CYC. View class online for more information.

COMMUNITY YOUTH CENTER (CYC)

F 3:05-4:15pm 1/17-2/14 6-12yrs \$80 **CY1078**
 F 3:05-4:15pm 2/28-3/27 6-12yrs \$80 **CY1079**

Minecraft Engineering using LEGO

Play-Well TEKnologies

Bring Minecraft to life using tens of thousands of LEGO® parts! Build engineer-designed projects such as a Creeper, a Lava Trap, and a Minecart. Create your favorite Minecraft mobs, tools, and objects with the guidance of an experienced Play-Well instructor.

- Harbor View students will be picked up from campus and walked down to CYC. View class online for more information.

COMMUNITY YOUTH CENTER (CYC)

Th 4:30-6pm 1/16-2/13 5-12yrs \$115 **CY1052**

Super Hero Engineering using LEGO

Play-Well TEKnologies

Save the world with LEGO® Super Heroes! Enter the Phantom Zone, travel on Wonder Woman's Invisible Jet, and face off against Galactus. Create motorized and architectural projects with imagination and engineering to bring your super powers to life.

- Harbor View students will be picked up from campus and walked down to CYC. View class online for more information.

COMMUNITY YOUTH CENTER (CYC)

Th 4:30-6pm 2/27-3/26 5-12yrs \$115 **CY1053**



GYMNASTICS

Aerial Clinic

Tumble-n-Kids

Who's ready to conquer their cartwheel without hands? An Aerial Cartwheel is a specific skill gymnasts, cheerleaders, and dancers may need in order to enhance their tumbling. Tumblers will work on techniques, drills, and strength with plenty of spot time with the Instructor.

- *Students must be able to do a strong cartwheel in order to participate in the clinic.*

16TH ST. RECREATION CENTER

Th 3:45-4:45pm 1/16-2/6 6-12yrs \$89 **ST1001**

Back Handspring Clinic

Tumble-n-Kids

This is the clinic for you if you want to master your back handspring! This intensive, but fun, clinic is a full hour of drills that will get you flipping like a pro! A great class for gymnasts, cheerleaders, and dancers that want to enhance their tumbling.

- *Students must be able to do a back bend in order to participate in the clinic.*

16TH ST. RECREATION CENTER

Th 3:45-4:45pm 2/27-3/19 6-14yrs \$89 **ST1002**

Bars & Trampoline

Tumble-n-Kids

Brand new class to highlight the best parts of gymnastics! Trampoline and uneven bars! Students will spend time on trampoline learning to jump, tuck, twist and flip. The instructor will also include progressive skill work and fun conditioning on the uneven bars. Great class for beginner and intermediate athletes.

16TH ST. RECREATION CENTER

W 3:45-4:45pm 1/15-2/5 5-10yrs \$89 **ST1003**
 W 3:45-4:45pm 2/26-3/18 5-10yrs \$89 **ST1004**

Dance Training for Gymnastics

Kids Care

Increase your gymnastics grace, form, and flexibility all while having fun! With yoga warm-ups and Conditioning, improve and learn new skills for gymnastic routines including turns, leaps, jumps, and transitions. Alongside gymnastics-oriented dance curriculum, the final class session will conclude with a group recital including these new skills! **No class 2/22**

- *Attire: comfortable clothing.*

16TH ST. RECREATION CENTER

Sa 11am-Noon 1/11-3/21 8-12yrs \$181 **ST1006**



CITY OF NEWPORT BEACH ■ RECREATION & SENIOR SERVICES DEPARTMENT

HOLIDAY
REGISTRATION BEGINS:
October 28

ACE

After Class Enrichment



Active Bodies, Countless Memories, Enriching Fun



LOCATIONS

- | | | |
|------------------------|-------------------------------|------------------------|
| Mariners
Elementary | Newport Coast
Elementary | Ensign
Intermediate |
| Newport
Elementary | Newport Heights
Elementary | |

Robotics, Ukulele, Volleyball, Art, Etiquette,
Dance, Sailing, Cooking and more for
kindergarteners through 6th graders!

For more information on schedules, fees and registration visit:
newportbeachca.gov/ace



CITY OF NEWPORT BEACH
RECREATION & SENIOR SERVICES
presents

MATT LEINART FLAGFOOTBALL



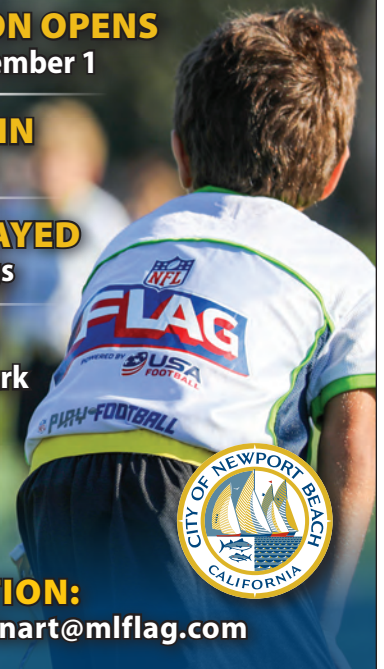
SPRING SEASON
MARCH-APRIL, 2020

REGISTRATION OPENS
Friday, November 1

PLAYOFFS IN
May, 2020

GAMES ARE PLAYED
Friday Evenings

LOCATION
Bonita Creek Park



TO REGISTER OR FOR MORE INFORMATION:

www.mlflagnb.com ■ Contact Ryan at 949-422-5864 or rleinart@mlflag.com



Flexibility & Dance for Gymnastics

Kids Care

Children improve their form and confidence for floor routines through games and dance by learning jumps, leaps and turns. This 10-week session of dance fun will include basic flexibility and strength training to enable the successful introduction of new dance and gymnastics skills. The class will culminate in a fun group recital the final week. **No class 2/22**

- Attire: comfortable clothing.

16TH ST. RECREATION CENTER

Sa 10-10:45am 1/11-3/21 5-7yrs \$181 **ST1007**

Gymnastics/Pre-team

Tumble-n-Kids

Do you love gymnastics? Would you like a chance to train and work on skills you could show off in competitions? If so Tumble-N-Kids Pre-team program is just the thing! Girls will work on USAG Xcel bronze skills on all four apparatuses and develop the strength and confidence to be a success in competition. **No class 2/19**

- Coach's approval is needed to enroll. Please email info@tumblenkids.com to schedule a tryout.

NEWPORT COAST COMMUNITY CENTER

W 4:30-6pm 1/15-3/18 6-12yrs \$275 **NCC118**

Jammin' Gymnasts

Tumble-n-Kids

Gymnasts build skills on balance beam, uneven bars, vault, trampoline and floor, learn cartwheels, round-offs, hand-springs, backbends and more! The mastery of basic skills leads to increased development and advancement through the levels of the USA Gymnastics Program that is implemented in our curriculum. **No class 2/18-2/19**

NEWPORT COAST COMMUNITY CENTER

Intermediate

Tu 4:05-5pm 1/14-3/17 5-8yrs \$194 **NCC115**

W 3:30-4:30pm 1/15-3/18 5-8yrs \$194 **NCC116**

Advanced

Tu 5-6pm 1/14-3/17 6-12yrs \$194 **NCC117**

Ninja Kids

Kids Care

Donning ninja headbands, kids explore movement and coordination through structured obstacle courses with progressive difficulty and skill acquisition. Based in gymnastics with a parkour twist, these young ninjas will be enthralled as they learn positioning, spatial awareness and body control while gaining strength and flexibility. **No class 2/19**

- A \$5 material fee is due to the instructor on the first day.

16TH ST. RECREATION CENTER

W 5:30-6:15pm 1/8-3/18 6.5-8yrs \$181 **ST1015**

Specialized Skill Clinic

Kids Care

Perfect for any athlete, this clinic tailors to the skill you've been struggling to get! From front handsprings to saltos and back tucks, roundoffs and handsprings, we will focus on the skill you want help with. Bring your desire to gain a skill and our expert coaches will create a specialized pathway for you to get there. Concentrate on the skills you want in this fun and focused class. **No class 2/22**

- Attire: comfortable clothing.

16TH ST. RECREATION CENTER

Sa Noon-1pm 1/11-3/28 7-17yrs \$197 **ST1025**

Tumbling

Kids Care

From forwards to backwards tumbles and back tucks to aerials. These skills used in acrobatics, cheer, horse vaulting and dance are developed and honed in this class. Our progression starts with the correct form and strength to attain the wanted skills safely. Individual training plans created and teamwork is encouraged. **No class 1/20, 2/17**

16TH ST. RECREATION CENTER

M 7:45-8:45pm 1/6-3/23 9-17yrs \$197 **ST1030**

HEALTH & FITNESS

Early Day Creative Yoga Play

Westcliff Yogi LLC

This is not your typical yoga class! Students play yoga games, prepare healthy snacks and create yoga inspired crafts! Our goal is to nurture the whole child. Our students love playing yoga charades, making unicorn smoothies and dream catchers all while learning the benefits of yoga!

- Harbor View students will be picked up from campus and walked down to CYC. View class online for more information.

COMMUNITY YOUTH CENTER (CYC)

W 1:25-3pm	1/8-2/12	5-12yrs	\$185	CY1046
W 1:25-3pm	2/26-3/25	5-12yrs	\$155	CY1047

Kids Happiness and Peace!

Jessi Moon Conder

Kids learn science proven tools to reduce anxiety, direct the mind and emotions, and stay happy! This course will give your child a greater edge in life. With tools equipped for a strong sense of self and inner peace nothing can stand in their way! Yoga, meditation and mindfulness skills are learned in a fun way.

- Harbor View students will be picked up from campus and walked down to CYC. View class online for more information.
- Please bring: yoga mat.

COMMUNITY YOUTH CENTER (CYC)

F 3:05-4:15pm	1/17-2/14	6-12yrs	\$130	CY1067
F 3:05-4:15pm	2/28-3/27	6-12yrs	\$130	CY1068

MARINA PARK COMMUNITY CENTER

W 4:30-5:25pm	1/8-2/12	6-12yrs	\$125	MP1058
W 4:30-5:25pm	2/26-3/25	6-12yrs	\$105	MP1059

Teen Happiness and Peace!

Jessi Moon Conder

Would you like your teen to know how to use their mind and direct their emotions? Teens learn to clear and direct their minds using ancient mindfulness, meditation and yoga techniques. The class develops social emotional skills and sets a foundation for a strong lifelong sense of resiliency, happiness and peace.

- Please bring: yoga mat.

COMMUNITY YOUTH CENTER (CYC)

F 4:30-5:30pm	1/17-2/14	12-17yrs	\$105	CY1069
F 4:30-5:30pm	2/28-3/27	12-17yrs	\$105	CY1070



Tumbling, Strength & Conditioning

Tumble-n-Kids

Aspiring gymnasts benefit from our progressive skill teaching method, promoting confidence and self-esteem! Gymnasts build routines and skill on floor, fine-tune rolls, cartwheels, round-offs, walkovers, handsprings, splits, and more! Emphasis on conditioning to build strength and flexibility. **No class 1/20, 2/17**

- Harbor View students will be picked up from campus and walked down to CYC. View class online for more information.

MARINA PARK COMMUNITY CENTER

Beginner

F 3-4pm	1/17-2/7	6-12yrs	\$89	MP1047
F 3-4pm	2/28-3/20	6-12yrs	\$89	MP1048

Intermediate

F 4-5pm	1/17-2/7	6-12yrs	\$89	MP1049
F 4-5pm	2/28-3/20	6-12yrs	\$89	MP1050

COMMUNITY YOUTH CENTER (CYC)

M 3:05-4:30pm	1/13-3/23	4-7yrs	\$234	CY1016
M 4:30-5:30pm	1/13-3/23	6-9yrs	\$194	CY1017

Youth Gymnastics

Kids Care

Children have fun while developing gymnastics skills, strength and flexibility. Youth program skills follow the USAG level progressions and techniques. Each level has a specific set of skills that a child must pass before moving to the next level. Students develop self-discipline, confidence, goal setting, teamwork, respect and responsibility. **No class 1/20, 2/17**

16TH ST. RECREATION CENTER

Beginner

M 5-6pm	1/6-3/23	5-7yrs	\$197	ST1031
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Intermediate

M 6:15-7:45pm	1/6-3/23	6-15yrs	\$293	ST1032
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CITY OF NEWPORT BEACH
RECREATION & SENIOR SERVICES DEPARTMENT

Active Kids AFTERSCHOOL

- COMMUNITY YOUTH CENTER
- MARINERS
- NEWPORT ELEMENTARY



Your child can play, learn and explore new things while being in a safe environment. Staff will pick up your child directly after school. Activities include arts & crafts, indoor and outdoor play, homework help, reading time, movies, structured games and more.

No class 12/21-1/5, 1/20, 2/17-21, 3/11

All sites are closed on NMUSD and City observed holidays.

Monday–Friday
JAN. 6–APRIL 3

School Dismissal–6 p.m.
\$360/Winter Pass

Community Youth Center
CYC100 • CYCANN

Mariners: VJC Room
MAP100 • MAPANN

Newport Elementary
NEL100 • NELANN

REGISTRATION IS ONLINE ONLY

Registration begins
Tuesday, November 8 at 8:00 a.m.

newportbeachca.gov/register



MUSIC

Group Guitar

The Rock Band Experience

Learn to play your favorite rock and pop songs in a fun group setting. Beatles, Rolling Stones, Green Day, AC/DC and so much more! So don't delay and learn to play today!

- Students provide their own acoustic guitar.
- A \$20 material fee for a course book is due to the instructor on the first day.

MARINA PARK COMMUNITY CENTER

W	5-5:45pm	1/8-2/12	8yrs-Adult \$125	MP1051
W	5-5:45pm	2/19-3/25	8yrs-Adult \$125	MP1052

Group Ukulele

The Rock Band Experience

Have you ever wanted to play ukulele? Well now is the time! Learn and have fun playing your favorite songs in no time! Learn traditional Hawaiian, pop and rock songs, and even modern-day adaptations of your favorite radio hits! All levels and ages are welcome, so don't delay and learn to play today!

- Students must provide their Ukulele.
- A \$20 material fee for course book is due to the instructor on the first day.

MARINA PARK COMMUNITY CENTER

Th	5-5:45pm	1/9-2/13	8yrs-Adult \$125	MP1053
Th	5-5:45pm	2/20-3/26	8yrs-Adult \$125	MP1054

Piano/Keyboard

Piano Voice Lessons & Beyond

Children will learn the basics of piano/keyboard playing in a fun group setting, learning new and familiar tunes. Concepts covered include beginning notation reading, melodic and rhythmic patterns, beat, dynamics, singing and movement.

- A \$25 material fee is due to the instructor on the first day.
- Keyboards provided in class only.

COMMUNITY YOUTH CENTER (CYC)

W	3:15-4pm	1/15-2/19	5-10yrs	\$170	CY1043
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SPECIAL INTEREST

Youth Equestrian/Horse Vaulting

OC Vaulting

Love gymnastics, dance and horses? Try an Equestrian Sport that combines all 3! You will learn to sit, stand, and somersault on a real horse! Start on a stationary barrel then a moving horse. Class emphasizes safety, fun, and the essentials of Equestrian Vaulting. **No class 2/19**

OC FAIRGROUNDS EQUESTRIAN CENTER

W	5:30-7pm	1/8-1/29	7-15yrs	\$145	FB1055
W	5:30-7pm	2/5-2/26	7-15yrs	\$145	FB1056
W	5:30-7pm	3/4-3/25	7-15yrs	\$145	FB1057



SPORTS

Advanced Indoor Girls Volleyball

Beach Elite

This indoor class is for intermediate and advanced club level players who want additional practice with professional and experienced high level coaches. Class will consist of competitive drills first and scrimmaging for the last 45 minutes of practice. **No class 1/20, 2/17**

LINCOLN ATHLETIC CENTER

M	6-9pm	1/6-3/23	12-16yrs	\$155	FB1000
F	4-6pm	1/10-3/27	12-16yrs	\$185	FB1001

Club Volleyball

Beach Elite

Beginners to intermediate players. This is for girls that want to play at a club volleyball level. In this program we will teach competitive volleyball and give the girls options to compete in tournaments against other beginner clubs. Registration includes all tournament fees. This program has proven to be a huge success as an introductory program for beginners. **No class 1/20, 2/17**

LINCOLN ATHLETIC CENTER

F	4-6pm	1/10-3/27	6-12yrs	\$185	FB1011
M	6-9pm	1/6-3/23	6-12yrs	\$155	FB1012

Girls Intermediate Youth Volleyball

Beach Elite

This indoor class is for intermediate to advanced level players and who want additional practice with professional and experienced high level coaches. Class will consist of competitive drills followed by scrimmages for the last 30 minutes of practice.

- Instructor approval required prior to registration.
- Bring water, wear comfortable clothes.

NEWPORT COAST COMMUNITY CENTER

Th	3:30-5:30pm	1/9-3/26	11-13yrs	\$355	NCC169
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Indoor Youth Volleyball

Beach Elite

This indoor class will focus on fundamentals of volleyball and feature instruction by the professional and positive coaches from Beach Elite. Skills taught include serving, spiking, passing and setting. Students are introduced to the game with fun drills and simplified competitions. Classes are small enough for personalized instruction with every student.

- No kneepads necessary.
- Bring water, wear comfortable clothes.

NEWPORT COAST COMMUNITY CENTER

Th	3:30-4:30pm	1/9-3/26	7-9yrs	\$221	NCC151
Th	4:30-5:30pm	1/9-3/26	10-13yrs	\$221	NCC152

Introduction to Fencing

Gryphon Fitness Studio

Learn the exciting Olympic sport of fencing! Fencing develops agility, stamina, and coordination. Students will learn the history and etiquette of modern sports fencing, as well as the basic foot movements and blade actions. Class will conclude with a fun competition using an electronic scoring system.

- All equipment provided!
- Harbor View students will be picked up from campus and walked down to CYC. View class online for more information.

COMMUNITY YOUTH CENTER (CYC)

W	1:25-3pm	1/8-2/12	7-13yrs	\$167	CY1036
W	1:25-3pm	2/26-3/25	7-13yrs	\$140	CY1037

Judo & Jujitsu

Rick Bradley

Judo and Jujitsu are martial arts that emphasize the use of balance and technique to defeat a larger, stronger opponent by using the opponent's own strength against them. This class will consist of stretching/warming up, fall rolls, mat work and free practice.

- A practice uniform can be obtained through the instructor.

COMMUNITY YOUTH CENTER (CYC)

Tu/Th	6:15-7:30pm	1/7-3/26	5-17yrs	\$29	CY1034
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Karate

David Crockett

Traditional karate with emphasis on discipline, manners and self-defense. Itosu-kai is a older style with a rich history in Japan. Belts can be earned as the students progress. Advanced class is only for Itosu-kai students who have achieved Red Belt (jr), Brown or Black Belt (adult).

- A uniform can be purchased from the instructor for \$35.

NEWPORT COAST COMMUNITY CENTER

Beginner

Tu/Th	4-5pm	1/7-3/26	5-14yrs	\$185	NCC127
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Beginner/Intermediate

Sa	Noon-1pm	1/11-3/28	5-14yrs	\$125	NCC128
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Intermediate

Tu/Th	5-6pm	1/7-3/26	5-14yrs	\$185	NCC129
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Skyhawks Basketball

Skyhawks Sports Academy

This fun, skill-intensive program is designed for beginning to intermediate players. An active class of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility. **No class 1/20, 2/17, 2/21**

NEWPORT COAST COMMUNITY CENTER

M	5:15-6pm	1/13-3/16	7-10yrs	\$139	NCC114
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F	5-6pm	1/17-3/13	7-10yrs	\$139	NCC119
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Babysitter, CPR, AED and First Aid Healthy U

Become the favorite babysitter every family wants! This class provides students with an American Heart Association Heartsaver workbook, course completion card (valid for 2 years) and a reminder binder.

- Advance registration required.
- A \$34 material fee is due to the instructor at the start of class as cash or check payable to Healthy U.
- Please bring: A lunch and drink.
- Attire: participants are encouraged to wear pants and tie hair back in a ponytail, as needed.

BONITA CREEK COMMUNITY CENTER & PARK
Sa 8:30am-4pm 2/29 11yrs-Adult \$74 **FB1005**

MARINA PARK COMMUNITY CENTER
Su 8:30am-4pm 1/26 11yrs-Adult \$74 **MP1085**
Sa 8:30am-4pm 3/21 11yrs-Adult \$74 **MP1086**

CPR & AED-Adult, Child & Infant Healthy U

Don't miss a beat and increase the number of people "Stayin' Alive." American Heart Association Heartsaver workbook and course card that is valid for 2 years.

- Not a BLS class for medical providers.
- Advance registration required.
- A \$24 material fee is due to the instructor at the start of class as cash or check payable to Healthy U.
- Attire: participants are encouraged to wear pants and tie hair back in a ponytail, as needed.

BONITA CREEK COMMUNITY CENTER & PARK
Sa 8:30am-Noon 2/29 11yrs-Adult \$64 **FB1090**

MARINA PARK COMMUNITY CENTER
Su 8:30am-Noon 1/26 11yrs-Adult \$64 **MP1084**
Sa 8:30am-Noon 3/21 11yrs-Adult \$64 **MP1087**

Grandparent/Child Canvas & Paint Lisa Albert

Grandparent and child will spend a wonderful afternoon each painting a seasonal inspired canvas directed by an inspirational art teacher who will help, guide and instruct. All canvases will be completed in this fun informative class. Take this special time to create everlasting memories with each other!

- Theme: Spring
- Both grandparent and child need to be individually enrolled.
- A \$15 per person material fee is due to the instructor at the start of class.

LISA ALBERT ART STUDIO
Sa Noon-1:30pm 3/14 4yrs-Adult \$40 **FB1018**

Mindful Parenting Jessi Moon Conder

Parents learn tools in this workshop to help their kids listen better, focus, and be happier! The tools are science proven to reduce stress and help with mental and emotional functioning for both parents and children. Parents leave with an enlightened sense of awareness and inspired to move forward with hope and tools for any stage of parenthood.

COMMUNITY YOUTH CENTER (CYC)
Su 1-2:30pm 3/15 18yrs+ \$40 **CY1093**

Mindfulness and Yoga Retreat Jessi Moon Conder

Have you ever wanted to go on a meditation and yoga retreat but just couldn't take the time off to travel? Let's have a mini meditation, mindfulness and yoga retreat right here! Join me for a love-filled day entering deeper into the peace and blissfulness within!

COMMUNITY YOUTH CENTER (CYC)
Sa 10am-4pm 2/1 14yrs-Adult \$125 **CY1086**
Sa 10am-4pm 3/28 14yrs-Adult \$125 **CY1087**



Mother/Daughter Canvas & Paint

Lisa Albert

Mother and daughter will spend a wonderful afternoon each painting a Valentine's Day inspired canvas directed by an inspirational art teacher who will help, guide and instruct. All canvases will be completed in this fun informative class. Take this special time to create everlasting memories with each other and grandma too!

- Theme: Valentine's Day
- Both mother and daughter need to be individually enrolled.
- A \$15 material fee is due to the instructor on the first day per person.

LISA ALBERT ART STUDIO

F 5-6:30pm 2/7 4yrs-Adult \$40 **FB1030**

Rejuvenate Workshop

Jessi Moon Conder

Spend an afternoon on active relaxation techniques, yoga, guided meditations, mindfulness exercise and a group healing lead by senior instructor Jessi Moon of The Self Awareness Institute. No experience necessary, just an open heart and a willingness to receive, enjoy and meet new friends.

MARINA PARK COMMUNITY CENTER

Su 1-4pm 2/16 14yrs-Adult \$50 **MP1201**

Sign and Sing Through the Day

Layla Guerrero

This 2-hour workshop will help you introduce the main signs needed for 4 major activities in a baby's day: eating, changing, sleeping and playing. Approximately 50 signs are taught in this 2-hour workshop. This workshop is for infants and toddlers parent participation is required. Please contact the instructor for more information.

- Parent participation is required.
- Just the child has to be registered. Expectant parents and caregivers may join. Please contact the instructor for more information.

CLIFF DRIVE COMMUNITY CENTER & PARK

Su 9-11am 3/8 1mos-2yrs \$30 **FB1040**

Storytime with a Princess

Reina Rivera

You are royally invited to story time with a princess! Princesses love to tell stories, sing songs, play games and meet new friends. Each little princess will receive take home craft and have a meet-n-greet and photo opportunity.

MARINA PARK COMMUNITY CENTER

Elsa

Sa 10-11am 1/25 2-5yrs \$30 **MP1022**

Snow White

Sa 10-11am 2/29 2-5yrs \$30 **MP1023**



PADDLING

SUP/Kayak Rentals

UCI Sailing

Love paddling but don't want the commitment or hassle of owning and lugging around your own equipment? Come do all of your kayak or SUP paddling from the beautiful beach at Marina Park! Pay per session or purchase a "punch pass" and paddle during our open paddle session hours. We'll set you up with our new, state-of-the-art equipment, offer helpful tips and put away your gear when you're done! **No class 1/20, 2/17**

- NO REFUNDS and NON-TRANSFERABLE. Expires 1 year after purchase.
- 5 or 10 punch pass- sessions of 1.5 hours.
- Ages 6-12yrs must be accompanied by a parent or guardian.
- Drop-In \$20/person/visit

5 Punch Pass (NO REFUNDS) \$75

10 Punch Pass (NO REFUNDS) \$100

MARINA PARK

M-Su 9am-5pm 1/6-3/29 6yrs-Adult \$20/hr

Private Surf Lessons

NEWPORT SURF CAMP

866-SURF-CAMP ▪ newportsurfcamp@yahoo.com
Register at newportsurfcamp.com

1 person	2 people	3 people	4 people +
\$70/hour	\$100/hour	\$130/hour	\$70/person for 2 hours

ENDLESS SUN SURF SCHOOL

949-533-1022 ▪ endlessunsurf@hotmail.com
Register at endlessunsurf.com

1 person	2 people	3 people
\$85/hour \$140/2 hours	\$125/hour \$250/2 hours	\$170/hour \$340/2 hours
7 people +		20 people +
\$60/person for 2 hours		\$50/2 hour/ person



UCI

Sail Pass & Boat Rentals

3 STEPS TO SAIL

- Learn:** Build your sailing skills through classes at Marina Park or qualify with equivalent experience/skills.
- Get Rated:** Register for a required rating class by boat type. A three-hour session includes orientation, review & sail/written test for **\$65**.
*Additional ratings are available for all boats and spinnaker.
Ratings may take 7 business days to process.*
- Buy an Annual Sailing Pass or Drop-in Boat Rental:** Purchase a pass (free drop-in sailing for the year) or pay a per-use rental fee.

SAILING PASS PRICING

Adult Annual Membership: \$600

Student Membership: \$300 (annually)
\$100 (quarterly)

Must be a full-time student at least 18 years old

BOAT RENTAL PRICING

J/22: \$20/hour | **RS Quest, Lido & Sabot:** \$15/hour

*No additional charge for crew.
Separate pricing for racing.*

For more information contact:

UCI Sailing at Marina Park | 949-270-8160
boating@uci.edu | campusrec.uci.edu/sailing



SAILING

Parent & Me Sailing

UCI Sailing

Parents and children are invited to learn to sail together in a fun, relaxed and safe environment on either 14' or 22' sailboats. Families will learn the basics of sailing on their own boat and cruise around beautiful Newport Beach!

- After 2 Adults, each additional Adult will be \$50/class.

MARINA PARK | NOON-2:30PM | 6YRS-ADULT

DATE	Single Adults \$50/1	1 Adult 1 Child \$75/1	1 Adult 2 Children \$100/1	2 Adults 1 Child \$100/1	2 Adults 2 Children \$140/1
Sa., 1/25	MP1101	MP1102	MP1103	MP1104	MP1105
Sa., 2/29	MP1106	MP1107	MP1108	MP1109	MP1110
Sa., 3/28	MP1111	MP1112	MP1113	MP1114	MP1115

Sailing: Dinghy

UCI Sailing

- Full-time students receive a discount with Activation Code WINSAIL.

Introduction to Sailing: Dinghy

If you've ever wanted to try sailing, this 1-day class is for you! Our easy, hands-on approach teaches the basics and has you sailing an RS Quest (14' dinghy/small boat) in just three hours. You'll have 1-3 people in your boat so register with a friend!

Beginner Sailing: Dinghy "2 Day"

If sailing is on your "bucket list," but you're short on time, this two-day class is for you. Instructors will teach you the basics and you'll be sailing in your own RS Quest 14' dinghy (small boat). This Sat/Sun class will whet your appetite for sailing.

Beginner Sailing: Dinghy

Build knowledge and confidence while sailing Newport Harbor in an RS Quest 14' dinghy (small boat). This 4-session class teaches you the basics of sailing, with on-the-dock demos and independent sailing on day one. By the end of 4 weeks, you'll know the fundamentals of rigging, steering, wind direction, and basic sailing safety.

Intermediate Sailing: Dinghy

You've got the sailing "bug" and you want to keep up the momentum. It's time to build upon the fundamentals. This class helps you develop your skills and boat-handling, with further instruction and more time on the water, in these boats.

MARINA PARK | 16YRS-ADULT

Introduction to Sailing: Dinghy

\$70 (Full-time student \$60)

TIME	DATE & SESSION		
10am-1pm	Saturday, 1/11 MP1116	Sunday, 1/19 MP1117	Saturday, 2/15 MP1118
	Sunday, 2/23 MP1119	Saturday, 3/14 MP1120	Sunday, 3/22 MP1121

Beginner Sailing: Dinghy "2 Day"

\$110 (Full-time student \$95)

TIME	DATE & SESSION	
Saturday/ Sunday 10am-1pm	1/11-1/12 MP1123	3/7-3/8 MP1126

Beginner Sailing: Dinghy

\$145 (Full-time student \$130)

TIME	DATE & SESSION		
10am-1pm	Sat., 1/11-2/1 MP1122	Sun., 2/2-2/23 MP1124	Sat., 3/7-3/28 MP1125

Intermediate Sailing: Dinghy

\$145 (Full-time student \$130)

TIME	DATE & SESSION	
Sunday 1:30-4:30pm	2/2-2/23 MP1127	3/7-3/28 MP1128

Sailing: Keelboat

UCI Sailing

- Full-time students receive a discount with Activation Code WINSAIL.

Introduction to Sailing: Keelboat

This one-day class is for the beginner who'd like to learn how to sail in a keelboat. You'll build knowledge and confidence in the comfort of a stable 16.5' RS Venture, with an instructor on board with you for personalized instruction. You'll have a max of four other students on board with you while you learn basic sailing fundamentals, point-of-sail, right of way, safety, rigging, docking and more.

Beginner Sailing: Keelboat

This class is for beginner keelboat sailors who would like to learn how to sail in beautiful Newport Harbor! In this multi-session class, you will be able to build upon your knowledge and confidence in the comfort of a stable RS Venture (16.5' keelboat), with an instructor on-hand for immediate instruction. You will sail together with a maximum of 3 other students as you learn basic sailing fundamentals, point-of-sail, right of way, safety, rigging, docking and more!

Keelboat 1

This class is for EXPERIENCED sailors who are looking for the next step in sailing. In this multi-session class, you will apply the sailing fundamentals you learned in previous classes to our beautiful J22 sailboats (22' keelboat). The J22s have different rigging, crew positions, and boat-handling techniques that will provide hours of engaging additional instruction!

- Pre-Req: Intermediate Sailing - Dinghy and/or Beginner Sailing - Keelboat.

Keelboat 2

The perfect class for an intermediate/advanced sailor who wants to get more performance, do drills, get physical and go fast. Possibly introduce spinnaker and ocean sailing.

- Pre-Req: Intermediate Sailing class or similar experience.

MARINA PARK | 16YRS-ADULT

Introduction to Sailing: Keelboat
\$80 (Full-time student \$70)

TIME	DATE & SESSION	
1:30-4:30pm	Sunday, 1/12 MP1129	Saturday, 3/14 MP1130

Beginner Sailing: Keelboat
\$245 (Full-time student \$220)

TIME	DATE & SESSION	
1-4pm	Sunday, 1/12-2/2 MP1131	Saturday, 3/7-3/28 MP1132

Keelboat 1
\$170 (Full-time student \$160)

TIME	DATE & SESSION	
1-4pm	Saturday, 1/11-2/1 MP1133	Sunday, 3/8-3/29 MP1134

Keelboat 2
\$170 (Full-time student \$160)

TIME	DATE & SESSION	
1-4pm	Saturday, 2/8-2/29 MP1135	



Marian Bergeson Aquatic Center (MBAC)

CdM High School | 2102 Eastbluff Drive

RUN BY NEWPORT BEACH AQUATICS STAFF

Lap Swim is a great way to stay active this season. Bring a friend and have fun while using kickboards, pull buoys and pace clocks to enhance your workouts!

- Circle swimming is required and lanes are limited.
- Swim cards are non-transferable & non-refundable.
- No cash accepted at the pools.
- No lap swim 11/11, 11/28-29, 12/24-1/1, 1/20, 2/17, 5/25.

MONDAY-FRIDAY: 6-8 p.m.

SATURDAY & SUNDAY: 7 a.m.-NOON

5 VISIT SWIM PASS | \$15 Adults | \$10 Seniors

20 VISIT SWIM PASS | \$50 Adults | \$35 Seniors

ANNUAL PASS | \$160 Adults | \$110 Seniors
 (Non-residents pay an additional \$30 fee)

For more information, call 949-270-8100.



TENNIS INFORMATION



BONITA CANYON SPORTS PARK

MacArthur & Bonita Canyon
Two courts, no lights

GRANT HOWALD PARK

5th & Iris, Corona del Mar
Two courts, no lights

IRVINE TERRACE PARK

Malabar & Evita
Two courts, no lights

MARINERS PARK

Dover & Irvine Avenue
Two lighted courts

SAN JOAQUIN HILLS PARK

San Joaquin Hills Road & Crown Drive North
Four courts, no lights

WEST NEWPORT PARK

57th & River Jetty
Four courts, no lights

Tiny-Hawk Tennis

Skyhawks Sports Academy

Introduce your little superstar to tennis! This class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. **No class 1/20, 2/17, 2/20, 2/22**

- All equipment is provided.

BONITA CANYON SPORTS PARK

M 3:30-4:10pm 1/13-3/16 4-5yrs \$149 SKY100

GRANT HOWALD PARK

Sa 9-9:40am 1/18-3/14 4-5yrs \$149 SKY101

MARINERS PARK

Th 5-5:40pm 1/16-3/12 4-5yrs \$149 SKY102



Skyhawks Tennis

Skyhawks Sports Academy

This class provides a relaxed environment where fundamental tennis skills are taught along with a wide range of fun activities that help develop agility, balance, movement, sending, receiving and gross motor skills. **No class 1/20, 2/17, 2/20, 2/22**

- All equipment is provided.

BONITA CANYON SPORTS PARK

M 4:20-5pm 1/13-3/16 6-8yrs \$149 SKY104

GRANT HOWALD PARK

Sa 9:50-10:30am 1/18-3/14 6-8yrs \$149 SKY105

MARINERS PARK

Th 5:50-6:30pm 1/16-3/12 6-8yrs \$149 SKY106

Private Tennis Lessons

Recreation Management Services (RMS)

RMS Tennis is under the direction of Director of Tennis, Donald Alger, a USPTA Certified, former College player and coach at both high school and college levels. RMS professionals will help you achieve the level of tennis you want for yourself or your children.

- Participants may sign up for as many lessons as they want and pay at one time.
- Dates and times must be confirmed with instructor prior to registration with the Recreation Department.
- Call Melinda Alger for assistance 714-342-9058.
- No refunds

Pricing is per person:

1 person	2 people	3+ people
\$60/hr/person	\$30/hr/person	\$25/hr/person



RMS CLASS INFORMATION

Please bring a racquet and can of unopened tennis balls to the first class.

Wear appropriate clothing and tennis shoes.

If you need a racquet, call RMS and they will provide one during class time.

Classes cancelled due to weather are made up at the end of the session if time permits.



Adult Tennis- Beginning Level 1

RMS

This is an entry level class designed for the adult with little to no experience. Class will introduce racquet grip, footwork and progression of serve. Participants will practice footwork drills to build strength, coordination, and develop endurance. **No class 1/20**

BONITA CANYON SPORTS PARK

M	9-10am	1/6-2/10	Adult	\$80	RMS100
M	9-10am	2/24-3/23	Adult	\$80	RMS101

MARINERS PARK

W	10-11am	1/8-2/5	Adult	\$80	RMS122
W	10-11am	2/19-3/18	Adult	\$80	RMS123
W	6-7pm	1/8-2/5	Adult	\$80	RMS120
W	6-7pm	2/19-3/18	Adult	\$80	RMS121

SAN JOAQUIN HILLS PARK

Sa	10-11am	1/11-2/8	Adult	\$80	RMS128
Sa	10-11am	2/22-3/21	Adult	\$80	RMS129

Adult Tennis- Intermediate Level 2

RMS

Stress will be on the ability of the class and move towards the higher end of progression of footwork, with strokes and serves. Movement to the net and placement of the ball in game situation drills. **No class 1/20**

BONITA CANYON SPORTS PARK

M	10-11am	1/6-2/10	Adult	\$80	RMS102
M	10-11am	2/24-3/23	Adult	\$80	RMS103

GRANT HOWALD PARK

Tu	9:30-11am	1/7-2/4	Adult	\$120	RMS104
Tu	9:30-11am	2/18-3/17	Adult	\$120	RMS105

IRVINE TERRACE PARK

M	9-10am	1/6-2/10	Adult	\$80	RMS110
M	9-10am	2/24-3/23	Adult	\$80	RMS111
W	9-10am	1/8-2/5	Adult	\$80	RMS112
W	9-10am	2/19-3/18	Adult	\$80	RMS113

MARINERS PARK

W	7-8pm	1/8-2/5	Adult	\$80	RMS116
W	7-8pm	2/19-3/18	Adult	\$80	RMS117
W	9-10am	1/8-2/5	Adult	\$80	RMS118
W	9-10am	2/19-3/18	Adult	\$80	RMS119

SAN JOAQUIN HILLS PARK

Sa	8-9am	1/11-2/8	Adult	\$80	RMS126
Sa	8-9am	2/22-3/21	Adult	\$80	RMS127

Adult Tennis- Advanced Level 3

RMS

Our instructor was a college player and has been teaching tennis with us for over 10 years. He will bring his expertise of game strategy, competition and over-all tennis instructions for the player. **No class 1/20**

IRVINE TERRACE PARK

M	8-9am	1/6-2/10	Adult	\$80	RMS106
M	8-9am	2/24-3/23	Adult	\$80	RMS107
W	8-9am	1/8-2/5	Adult	\$80	RMS108
W	8-9am	2/19-3/18	Adult	\$80	RMS109

SAN JOAQUIN HILLS PARK

Sa	9-10am	1/11-2/8	Adult	\$80	RMS124
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SAN JOAQUIN HILLS PARK

Sa	9-10am	2/22-3/21	Adult	\$80	RMS125
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PICKLEBALL INFORMATION



BONITA CANYON SPORTS PARK

MacArthur & Bonita Canyon
4 courts, outdoor, no lights

OPEN COURT HOURS:

Monday-Friday: 7-8 a.m. & Noon-Dusk

Saturday: 7am-9am & Noon-Dusk; **Sunday:** 7am-Dusk

DROP-IN PLAY

Monday-Friday: 8 a.m.-Noon; **Saturday:** 9am-Noon

DROP-IN PICKLEBALL:

Participants are required to supply their own paddle from our approved paddle list found at www.newportbeachca.gov/sports.

Outdoor pickleball is only permitted on the designated court.

For a detailed description, please visit: www.newportbeachca.gov/sports.



Private Pickleball Lessons

Melanie Wheatley

Melanie Wheatley competed on the National Senior Women's Tennis Circuit and won 4 National Championships, received the #1 ranking in the Nation by the USTA for 2 years in a row and won 2 Bronze medals at the

World Championships in Perth, Australia and Amsterdam. She is transferring her vast knowledge of tennis to the game of pickleball through instruction and coaching to beginners and intermediates. She tailors her teaching to the needs of the individual or team to improve their technical skills and strategy to help them take their game to the next level.

- Participants may sign up for as many lessons as they want and pay at one time.
- Dates and times must be confirmed with instructor prior to registration.
- Email melwheatley54@gmail.com; text or call 562-760-1319
- No refunds

PRICING IS PER PERSON (PP):

1 person	2 people	3 or more people
\$60/hour	\$50/person/hour	\$40/person/hour

Free Intro to Pickleball

NB Pickleball Volunteer

Come learn to play the fastest growing sport in America! At this free clinic, you will learn how to play the sport of Pickleball, general rules and scoring of the game, different types of hitting and basic partner communication. No paddle or experience needed!

- Clinics are free but pre-registration is required.
- Clinics are taught in group settings.
- Group size may vary. Limit up to 8 participants.

BONITA CANYON SPORTS PARK

W	Noon-1pm	1/8	Adult	Free	ASP100
W	Noon-1pm	2/5	Adult	Free	ASP101
W	Noon-1pm	3/4	Adult	Free	ASP102

Beginning Pickleball with Lonnie

Lonnie Kojima

Learn beginning techniques of the pickleball forehand/backhand stroke, the dink, volleys, overheads, the serve and the return serve. **No class 1/20**

BONITA CANYON SPORTS PARK

M	Noon-1pm	1/6-2/10	Adult	\$75	ASP113
M	Noon-1pm	2/24-3/23	Adult	\$75	ASP114

Intermediate Pickleball with Lonnie

Lonnie Kojima

Intermediate pickleball is learning strategy, court position, and refining your shots to advance to the next level. **No class 1/20**

BONITA CANYON SPORTS PARK

M	1:15-2:15pm	1/6-2/10	Adult	\$75	ASP115
M	1:15-2:15pm	2/24-3/23	Adult	\$75	ASP116

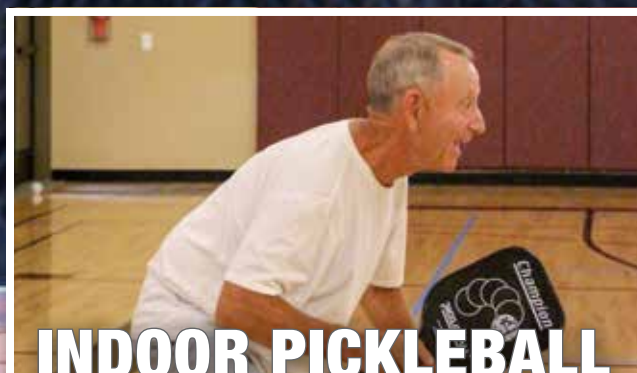
Beginning Pickleball with Melanie

Melanie Wheatley

Basic fundamentals of the game, including serve, return of serve, volleys, dinks, 3rd shot, overheads and keeping score. The objective is to develop the basic skills and knowledge so you can enjoy playing the game.

BONITA CANYON SPORTS PARK

Tu	Noon-1pm	1/7-2/4	Adult	\$80	ASP103
Tu	Noon-1pm	2/25-3/24	Adult	\$80	ASP104



INDOOR PICKLEBALL

Indoor Beginning Pickleball with Melanie

Melanie Wheatley

Basic fundamentals of the game, including serve, return of serve, volleys, dinks, 3rd shot, overhands and keeping score. The objective is to develop the basic skills and knowledge so you can enjoy playing the game.

NEWPORT COAST COMMUNITY CENTER

Th 7:45-8:45am 1/9-2/6 Adult \$80 **NCC142**
Th 7:45-8:45am 2/27-3/26 Adult \$80 **NCC144**

Indoor Intermediate Pickleball with Melanie

Melanie Wheatley

This course is designed for the intermediate player to improve their fundamental skills, court awareness, positioning, and strategy. Players must have the ability to perform the following skills: control of forehand/backhand, serves (depth and placement), knowledge of positioning, and can sustain volley and dink exchanges.

- *Instructor's approval required prior to registration.*
- *Prerequisite: Must have taken Beginning Pickleball with Melanie or equivalent and be approved by the instructor prior to registration*

NEWPORT COAST COMMUNITY CENTER

Th 9-10am 1/9-2/6 Adult \$80 **NCC143**
Th 9-10am 2/27-3/26 Adult \$80 **NCC145**

Indoor Drop-in Pickleball

Recreation Staff

Three indoor courts are for doubles play, no partner required. Paddles and indoor balls available. All skill levels welcome. **No class 11/11, 11/29, 12/6**

- *Drop-in cards may be purchased at City Hall, NCCC & OASIS.*
- *Dates & times subject to change.*

NEWPORT COAST COMMUNITY CENTER

M 12:30-3pm Adult \$3/visit
F 12:30-3:30pm Adult \$3/visit

Advanced Beginning Pickleball with Melanie

Melanie Wheatley

This course is designed for the advanced beginner to improve their fundamental skills and quality of play to help players transition to the intermediate class.

BONITA CANYON SPORTS PARK

Tu 1:15-2:15pm 1/7-2/4 Adult \$80 **ASP105**
Tu 1:15-2:15pm 2/25-3/24 Adult \$80 **ASP106**

Intermediate Pickleball with Melanie

Melanie Wheatley

This course is designed for the Intermediate player to improve their fundamental skills, court awareness, positioning and strategy. Players must have the ability to perform the following skills: control of forehand/backhand, serves (depth and placement), knowledge of positioning, and can sustain volley and dink exchanges.

- *Instructor's approval required prior to registration.*

BONITA CANYON SPORTS PARK

Th Noon-1pm 1/9-2/6 Adult \$80 **ASP109**
Th Noon-1pm 2/27-3/26 Adult \$80 **ASP110**
Th 1:15-2:15pm 1/9-2/6 Adult \$80 **ASP111**
Th 1:15-2:15pm 2/27-3/26 Adult \$80 **ASP112**

Pickleball Boot Camp with Melanie

Melanie Wheatley

High energy, non-stop fun divided into 2 sections: 1) Boot camp circuit training (battle ropes, jump ropes and more). 2) High intensity hitting drills designed to keep an elevated heart rate and constant movement while sharpening footwork and hitting skills.

- *Instructor's approval required prior to registration.*

BONITA CANYON SPORTS PARK

W 12:15-1:15pm 1/8-2/5 Adult \$90 **ASP107**
W 12:15-1:15pm 2/26-3/25 Adult \$90 **ASP108**

DANCE

Basic Beginner Line Dance Class

Vickie Jackson

Learn all of the basic line dance steps, sequences and vocabulary, as well as simple dances that will allow you to practice what you learn. **No class 1/20, 2/17**

- No previous knowledge of line dance steps required.
- Drop-In (NO REFUNDS) \$20

MARINA PARK COMMUNITY CENTER

M	1:30-2:30pm	1/6-3/9	Adult	\$75	MP1073
Th	6-7:30pm	1/9-3/26	Adult	\$105	MP1074

Introduction to Social Line Dancing

Vickie Jackson

Improver and easy-intermediate line dance lessons, reviews and talk-throughs of previous lessons. Lots of practice dancing what you have already learned.

- Previous basic knowledge of line dance steps suggested.
- Drop-In (NO REFUNDS) \$16

MARINA PARK COMMUNITY CENTER

F	6:30-9:30pm	1/10-3/27	Adult	\$132	MP1075
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DOGS

Puppy Kindergarten

Dog Services Unlimited

Start your new puppy out on the right paw! Pups ages two to five months will benefit from early socialization with other puppies, and an introduction to basic commands. Advice on housebreaking, nipping, chewing, jumping up, etc. will also be included. Certificates will be awarded at the final meeting.

- First class meeting held inside WITHOUT PUPPIES.
- Minimum of two Distemper and Parvovirus vaccinations must be completed before bringing pup to class.
- A \$10 material fee is due to the instructor on the first day (includes training manual).
- Children under 14 must be accompanied by an adult.

NEWPORT COAST COMMUNITY CENTER

W	6:30-7:30pm	2/5-3/11	10yrs-Adult	\$90	NCC156
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Dog Obedience

Refresher Drill Workshop

Dog Services Unlimited

For dogs that have been through a basic obedience course but have not quite mastered all the skills, or need a refresher class to remind them who's in charge. Intensive practice and drill on all your novice obedience exercises! Improve your dog's attention, work with challenging distractions, and progress to off-leash control. **No class 2/11**

- Bring your dog with training equipment to all meetings.
- A \$5 insurance fee is due to the instructor at the first class.
- Children under 14 years must be accompanied by an adult.
- Class held at Lions Park, 1855 Park Ave., Costa Mesa.

LIONS PARK

Tu	7:30-8:30pm	1/21-2/25	10yrs-Adult	\$87	NCC155
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Dog Obedience Training

Dog Services Unlimited

Obedience training can make your dog a more enjoyable family member! This beginner-level course, for all breeds of dogs ages five months and older, covers all A.K.C. exercises, including heel, automatic sit, stay, come, stand & down. Also address behavior problems (destructive chewing, hole-digging, barking and counter-surfing, etc.). Trophies and certificates awarded at graduation. **No class 2/11**

- First class meeting is an orientation held WITHOUT DOGS.
- Bring current shot records to the orientation lesson.
- A \$10 material fee is due to the instructor on the first day (includes training manual).
- Children under 14 must be accompanied by an adult.

LIONS PARK

Tu	6:30-7:30pm	1/14-3/3	10yrs-Adult	\$98	NCC154
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NEWPORT COAST COMMUNITY CENTER

W	7:30-8:30pm	1/22-3/4	10yrs-Adult	\$98	NCC153
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Share your Photos

@cityofnewportbeach



Photo by @kolbiethedog

Get a photo credit!

- 1 Follow Us on Instagram @cityofnewportbeach
- 2 Share your Newport Navigator Photos
- 3 Use #newportnavigator in your post
- 4 Tag us in your photo

Photo entries may be reposted and given credit on our social media accounts and may be used in the Newport Navigator.





ENRICHMENT

American Mah Jongg - Supervised Play

Terry Sweeney

Allow me to introduce you to the exciting game of Mah Jongg. This tile game has been played in the U.S. since the late 1930's, and is popular world-wide. Join us for fun and laughter. Come experience the thrill of your first Mah Jongg.

MARINA PARK COMMUNITY CENTER

W 10am-Noon 1/8-2/12 Adult \$122 **MP1068**

Portal Languages

Portal Languages

Beginning Classes

These classes are for beginner students who would like to speak a new language for traveling and culture. You will speak the new language from the first lesson. Vocabulary development, key grammatical structures and use of appropriate verbs will follow. The lessons build on one another. The class is fun and entertaining.

Japanese Intermediate/Advanced

The focus is on conversation for fast learning of daily actions. This class is for students who already speak Japanese and need to improve their skills. Vocabulary development, key grammatical structures and use of appropriate verbs will follow. The lessons build on one another. The class is fun and entertaining.

16TH ST. RECREATION CENTER

Beginning French

Tu 7-8pm 1/14-3/3 16yrs-Adult \$84 **ST1005**

PORTAL LANGUAGES

American Sign Language

Sa 10-11am 1/11-2/29 16yrs-Adult \$165 **FB1002**

Beginning Farsi

Sa 11am-Noon 1/11-2/29 16yrs-Adult \$165 **FB1007**

Japanese Intermediate/Advanced

F 4:30-5:30pm 1/10-2/28 16yrs-Adult \$165 **FB1022**

Bridge: Review of Basic Bidding

Rose Reynolds

The class will reinforce basic bidding skills and answer the most commonly asked bidding questions. Opener's rebid, the responder's rebid, overcalling and advancing will be reviewed. The class will improve your confidence and help you out of difficult bidding situations. Questions are encouraged.

No class 1/29

- A \$10 material fee is due to instructor on the first day.

NEWPORT COAST COMMUNITY CENTER

W 9:30-11:20am 1/8-2/12 Adult \$100 **NCC150**

Bridge: You Won the Contract

Rose Reynolds

You won the contract now what? Learn how to take advantage of the strategies available to you for making your contract. Promotion, developing long suits, finessing and trumping in dummy. The class is designed to improve your declarer play. Questions are encouraged. **No class 1/28**

- A \$10 material fee is due to instructor on the first day.

NEWPORT COAST COMMUNITY CENTER

Tu 9:30-11:20am 1/7-2/11 Adult \$100 **NCC122**



HEALTH & FITNESS

Better Balance Yoga

Mindful Movement

BBY is a blend of traditional forms of Yoga, like Hatha and Vinyasa, with a modern exercise science approach. Each class we work on facilitating better movement and awareness, strengthening our mind and body, and integrating everything into balancing our lives both on and off our mats. Every session focuses on different regions of the body and is synchronized into fundamental movement concepts (Ex: Arms integrated with Core, Hips/Feet and their relationship with Balance, etc).

- Must be able to get up and down from the ground with relative ease and comfort.
- Equipment: yoga mat, towel and water. (Optional: Blankets) Yoga blocks and other equipment provided.

MARINA PARK COMMUNITY CENTER

Tu 5:30-6:30pm 1/7-2/11 16yrs-Adult \$113 **MP1071**
 Tu 5:30-6:30pm 2/18-3/24 16yrs-Adult \$113 **MP1072**

Body Sculpting

Body Business

Body Sculpting will use methods of resistance training to help promote lean muscle, balance and strength with an emphasis on your abdominal muscles. You will work with resistance bands and weights to strengthen and tone for a full body workout. **No class 1/20**

- Please bring a mat, some weights will be available to borrow.

NEWPORT COAST COMMUNITY CENTER

M	9:15-10:15am	1/6-2/10	Adult	\$95	NCC134
M	9:15-10:15am	2/24-3/23	Adult	\$80	NCC138
W	9:15-10:15am	1/8-2/12	Adult	\$95	NCC135
W	9:15-10:15am	2/19-3/25	Adult	\$95	NCC139
F	9:15-10:15am	1/10-2/14	Adult	\$95	NCC136
F	9:15-10:15am	2/21-3/27	Adult	\$95	NCC140
M/W/F	9:15-10:15am	1/6-2/14	Adult	\$192	NCC137
M/W/F	9:15-10:15am	2/19-3/27	Adult	\$192	NCC141

Cardio Hip-Hop

CS Dance Factory

Cardio Hip Hop is a high-energy, heart-pumping, calorie-torching workout. The class uses varying combinations of hip-hop based dance moves that will get you dancing to your favorite songs. Using simple grooves that are easy to follow, means no experience is needed; anyone can do it! Adding variety to your routine helps you stick to your goals! Teens welcome too! **No class: 2/17**

- Drop-In (NO REFUNDS) \$20

COMMUNITY YOUTH CENTER (CYC)

M 6:45-7:45pm 1/27-3/16 13yrs-Adult \$124 **CY1001**

Sample Class

M 6:45-7:45pm 1/13 13yrs-Adult FREE **CY1003**

Jazzercise

Karen Halley

Jazzercise is the original dance party workout. 50 years strong taught by an original Jazzercise instructor. High energy moves with Pilates, yoga and kickboxing all choreographed to today's latest music. **No class 1/20**

- An enrollment fee of \$70 is due to the instructor for new students or those returning after 6 months, who register for a month or more.
- Bring a mat and bottled water.
- Limited weights available for use on a first come, first serve basis.

NEWPORT COAST COMMUNITY CENTER

M/Tu/W/F 8-9am 1/6-1/31 Adult \$75 **NCC123**

M/Tu/W/F 8-9am 2/3-2/28 Adult \$75 **NCC124**

M/Tu/W/F 8-9am 3/2-3/31 Adult \$75 **NCC125**

5 Day Pass (Must be used within the month purchased)

M/Tu/W/F 8-9am 1/6-3/24 Adult \$60 **NCC126**



Meditation and Mindfulness

Jessi Moon Conder

Learn science proven tools to reduce stress, increase life force energy, improve focus, gain clarity and increase happiness levels. You will learn basic to advanced forms of meditation and introspection. You deserve to live in your highest quality of energy. There is a peace within and we can all learn to connect with this ever present peace allowing this connection to fuel our life for a happier, more peaceful and powerfully enlightening existence. Look forward to seeing you in class!

- Please wear comfortable clothes for light stretching.
- Drop-In (NO REFUNDS) \$25

BONITA CREEK COMMUNITY CENTER & PARK

W 11am-Noon 1/8-2/12 14yrs-Adult \$125 **FB1023**
 W 11am-Noon 2/26-3/25 14yrs-Adult \$105 **FB1024**

COMMUNITY YOUTH CENTER (CYC)

M 6:45-7:45pm 1/6-2/10 13yrs-Adult \$125 **CY1004**
 M 6:45-7:45pm 2/24-3/23 13yrs-Adult \$105 **CY1005**

MARINA PARK COMMUNITY CENTER

W 6:45-7:45pm 1/8-2/12 14yrs-Adult \$125 **MP1080**
 W 6:45-7:45pm 2/26-3/25 14yrs-Adult \$105 **MP1083**
 Su 11am-Noon 1/12-2/16 14yrs-Adult \$125 **MP1081**
 Su 11am-Noon 2/23-3/29 14yrs-Adult \$125 **MP1082**

NEWPORT COAST COMMUNITY CENTER

Tu 10-11am 1/7-2/11 14yrs-Adult \$125 **NCC120**
 Tu 10-11am 2/25-3/24 14yrs-Adult \$105 **NCC121**

Moving to Heal

Jennifer Earle

Moving to Heal is a gentle Nia class, blending dance, martial arts and healing arts (ex.yoga). Feel better and more joyful in your body. Adaptable for anyone returning to movement, recovering from injury/illness, or simply needing a slower pace. Easy-to-follow movement to fun music in a supportive atmosphere.

- Drop-In (NO REFUNDS) \$20
- Please bring: water and a yoga mat or towel.
- Attire: We dance barefoot, but if necessary you are welcome to wear soft flexible shoes or sneakers.
- Chairs provided for those who need to or would like to dance in a chair.

MARINA PARK COMMUNITY CENTER

W 4-5pm 1/8-2/12 Adult \$113 **MP1069**

NIA Dance - The Joy of Movement

Jennifer Earle

Move your body and maximize your joy through Nia. A mind-body fitness practice, Nia blends dance moves, martial arts and healing arts (such as yoga) to leave you feeling strong, flexible, agile, centered and uplifted. Dance barefoot to super fun and diverse music (sneakers welcome). Moves are easy-to-follow, fun, energizing and stress-busting. Join our joyful and judgment-free community!

- Drop-in (NO REFUNDS) \$20

COMMUNITY YOUTH CENTER (CYC)

Sa 10:15-11:15am 1/11-2/15 Adult \$100 **CY1084**
 Sa 10:15-11:15am 2/22-3/28 Adult \$100 **CY1085**

Seaside Strength & Stretch

Judy Aprile

A great way to start your day! Low-impact warm-up, followed by targeted strength and flexibility exercises for the whole body. Special attention will be given to postural alignment and static and dynamic stability. This class is very appropriate for older adults. **No class 3/24, 3/26**

- Bring mat and towel.

MARINA PARK COMMUNITY CENTER

Tu/Th 8-9am 1/7-1/30 40yrs-Adult \$85 **MP1065**
 Tu/Th 8-9am 2/4-2/27 40yrs-Adult \$85 **MP1066**
 Tu/Th 8-9am 3/3-3/31 40yrs-Adult \$75 **MP1067**

Yoga 101

Jessi Moon Conder

Would you like to learn yoga in a more traditional sense? In this course we will practice gentle yoga, breathing techniques and meditation. You can ask questions and learn the ancient science while making new friends in a peaceful setting with Jessi Moon senior teacher from The Self Awareness Institute.

- Please bring: a yoga mat and a blanket to sit on.
- Drop-In (NO REFUNDS) \$25

COMMUNITY YOUTH CENTER (CYC)

M 5:30-6:30pm 1/6-2/10 14yrs-Adult \$125 **CY1007**
 M 5:30-6:30pm 2/24-3/23 14yrs-Adult \$105 **CY1008**

MARINA PARK COMMUNITY CENTER

W 5:30-6:30pm 1/8-2/12 14yrs-Adult \$125 **MP1076**
 W 5:30-6:30pm 2/26-3/25 14yrs-Adult \$105 **MP1077**
 Su 10-11am 1/12-2/16 14yrs-Adult \$125 **MP1078**
 Su 10-11am 2/23-3/29 14yrs-Adult \$125 **MP1079**

NEWPORT COAST COMMUNITY CENTER

Tu 9-10am 1/7-2/11 14yrs-Adult \$125 **NCC132**
 Tu 9-10am 2/25-3/24 14yrs-Adult \$105 **NCC133**

Zumba Gold - Community Youth Center (CYC)

CS Dance Factory

The dance party workout for the young at heart. Zumba Gold®: Groovin' at your own pace; beginner and intermediate modifications shown. Easy-to-follow, low-impact dance steps to zesty Latin and international music. Meet new friends while moving and having fun! Improve balance, strength and mobility. It's time to feel good! **No class 1/11, 2/15, 2/18**

- Drop-In (NO REFUNDS) \$20

COMMUNITY YOUTH CENTER (CYC)

Tu 9-10am 1/7-3/24 13yrs-Adult \$137 **CY1020**

Sa 9-10am 1/18-3/28 13yrs-Adult \$135 **CY1081**

Tu/Sa 9-10am 1/7-3/28 13yrs-Adult \$205 **CY1033**

Sample Zumba Gold Class

Sa 9-10am 1/11 13yrs-Adult FREE **CY1080**

MUSIC

All Levels Open Ukulele Jam

The Rock Band Experience

Have you ever wanted to play ukulele? Well now's the time! Learn and have fun playing your favorite songs in no time! Learn traditional Hawaiian, pop and rock songs, and even modern-day adaptations of your favorite radio hits! All levels are welcome, so don't delay and learn to play today!

- A \$20 material fee is due to the instructor on the first day.
- Students must provide their own ukulele.

COMMUNITY YOUTH CENTER (CYC)

Sa 9-10am 1/11-2/1 8yrs-Adult \$99 **CY1090**

Sa 9-10am 2/8-2/29 8yrs-Adult \$99 **CY1091**

Sa 9-10am 3/7-3/28 8yrs-Adult \$99 **CY1092**

MARINA PARK COMMUNITY CENTER

Sa 9-10am 1/11-2/1 8yrs-Adult \$99 **MP1055**

Sa 9-10am 2/8-2/29 8yrs-Adult \$99 **MP1056**

Sa 9-10am 3/7-3/28 8yrs-Adult \$99 **MP1057**

SPECIAL INTEREST

Care and Handling of Horses

OC Vaulting

Love horses and want to work with them? The goal of this hands-on, 10 week course is for students to learn and/or hone their horsemanship skills and to become confident in basic horse care and handling. This unmounted class is also an excellent science class for home-schooled students. **No class 2/22**

OC FAIRGROUNDS EQUESTRIAN CENTER

Sa 9-11am 1/11-3/21 10yrs-Adult \$205 **FB1008**

SPECIAL NEEDS

Fun with Horses

Recreation Staff

Introduction to horses, donkeys and farm animals. Classes include learning horsemanship skills, fun activities, and some horseback riding (if suited). Bring water, close toed shoes, and sunscreen if needed. Not recommended for people with allergies.

LOCATION UNSPECIFIED

W 9:30-11:30am 1/8-2/26 Adult \$255 **FB1017**

Solo to Social Gymnastics

Kids Care

Individually tailored class to a child's needs and level of autonomy while having fun learning gymnastics and lifetime skills. We focus on progressive structured classes developing motor skills, flexibility, coordination, self efficacy and confidence. These classes are designed to allow progress to our typical programs and small group integration. **No class 2/19-2/21, 2/22**

- Attire: comfortable clothing- no zippers or jeans.
- Please call 714-249-1105 for alternative classes to fit your schedule.

16TH ST. RECREATION CENTER

W Noon-12:45pm 1/8-3/25 1yrs-Adult \$425 **ST1021**

F Noon-12:45pm 1/10-3/27 1yrs-Adult \$425 **ST1022**

Sa 9-9:45am 1/11-3/21 1yrs-Adult \$390 **ST1023**

Sa 1-1:45pm 1/11-3/21 1yrs-Adult \$390 **ST1024**

Special Needs Ballroom Basics

Definitely Dance Inc. Definitely Dance Inc.

Join us for a dynamic dance class that is specifically designed for people 18+ with all types of special needs and developmental disabilities! Sign up with a family member or caregiver, who will be your dance buddy throughout the class. Taught by our lead instructor, Mandy Mykitta, many dances will be represented. From the Waltz to the Hustle, we'll teach you all the moves you need to own any dance floor!

COMMUNITY YOUTH CENTER (CYC)

Sa 11:30am-12:30pm 1/11-2/8 Adult \$50 **CY1082**

Sa 11:30am-12:30pm 2/15-3/14 Adult \$50 **CY1083**

SPORTS

Beach Volleyball

Beach Elite

Come enjoy your morning with family and friends participating in drills for the first hour and scrimmage for the second hour. Couples encouraged to play and drill together, and minors (13+) are allowed only with parent participation. A skills evaluation will be conducted to ensure everyone is signed up for the correct level of class.

CORONA DEL MAR STATE BEACH

Beginner Beach Volleyball

Su 12:30-2:30pm 1/12-3/29 13yrs-Adult \$220 **FB1006**

Family/Int. Beach Volleyball

Sa 10:30am-12:30pm 1/11-3/28 13yrs-Adult \$220 **FB1015**

Su 10:30am-12:30pm 1/12-3/29 13yrs-Adult \$220 **FB1016**

Family/Advanced Beach Volleyball

Sa 8:30-10:30am 1/11-3/28 13yrs-Adult \$220 **FB1013**

Su 8:30-10:30am 1/12-3/29 13yrs-Adult \$220 **FB1014**

Group Golf Lessons

John Leonard

PGA Instructor John Leonard has personally designed this course for the beginner and intermediate golfer. This course emphasizes stance, swing and use of clubs.

NEWPORT BEACH GOLF COURSE

Sa 10-11am 1/11-2/1 Adult \$125 **FB1019**

Sa 10-11am 2/15-3/7 Adult \$125 **FB1020**

Indoor Volleyball King & Queen

Matt Taylor

This 6 on 6 tournament is designed to find the top male and female player at the intermediate/advanced level. Each game, players are shuffled onto different team assignments; players win points based their team's performance. Total individual points establish the winners on the last night! Prizes awarded!

LINCOLN ATHLETIC CENTER

Tu 7:15-9:15pm 1/7-3/10 16yrs-Adult \$150 **FB1021**

Judo & Jujitsu

Rick Bradley

Judo and Jujitsu are martial arts that emphasize the use of balance and technique to defeat a larger, stronger opponent by using the opponent's own strength against them. This class will consist of stretching/warming up, fall rolls, mat work and free practice.

- A practice uniform can be obtained through the instructor.

COMMUNITY YOUTH CENTER (CYC)

Tu/Th 7:30-9pm 1/7-3/26 Adult \$53 **CY1035**

Karate

David Crockett

Traditional karate with emphasis on discipline, manners and self-defense. Itosu-kai is a older style with a rich history in Japan. Belts can be earned as the students progress. Advanced class is only for Itosu-kai students who have achieved Red Belt (jr), Brown or Black Belt (adult). **No class 1/20, 2/17**

- A uniform can be purchased from the instructor for \$35.

NEWPORT COAST COMMUNITY CENTER

Beginning

Tu/Th 6-7pm 1/7-3/26 14yrs-Adult \$185 **NCC130**

Advanced

M 6:30-7:30pm 1/6-3/26 14yrs-Adult \$191 **NCC131**

Tu/Th 6-7pm

Adult Leagues



Coed Beach Flag Football Beach City Sports

Perfect for men & women living near the peninsula! Games will be played Sundays on the sand just north of the Balboa Pier. Individuals can register to be placed on a team or register on a designated team. Captains can also register for a team. Divisions for beginner to intermediate skill levels! Be prepared to "Get In & Get Social"!

- Register at beachcitysports.com.

BALBOA PIER
Su 9am-2pm 12/8-2/16 Adult \$89/person



Coed Turf Flag Football Beach City Sports

Convenient access off the 73, perfect for men & women to enjoy after work! Games will be played Tuesdays at Bonita Creek Park. Individuals can register to be placed on a team or register on an already-existing team. Captains can also register for an entire team of 12-16 players. Lower division available for beginner to intermediate skill levels! Be prepared to "Get In & Get Social"!

- Register at beachcitysports.com.
- Non-Residents pay an additional \$10/person.

BONITA CREEK PARK
Tu 7-10pm 12/3-2/11 Adult \$89/person

Coed Sand Volleyball Beach City Sports

Perfect for men & women living near the peninsula! Games will be played Saturdays on the sand just north of the Balboa Pier. Individuals can register to be placed on a team or register on a designated team. Captains can also register for a full team. Great for beginner to intermediate skill levels! Be prepared to "Get In & Get Social"!

- Register at beachcitysports.com.

BALBOA PIER
Sa 9am-2pm 12/7-2/8 Adult \$79/person



Coed Turf Kickball Beach City Sports

Convenient access off the 73, perfect for men & women to enjoy after work! Games will be played Mondays at Bonita Creek Park. Individuals can register to be placed on a team or register on an already-existing team. Captains can also register for an entire team of 10-18 players. Be prepared to "Get In & Get Social"!

- Register at beachcitysports.com
- Non-Residents pay an additional \$10/person.

BONITA CREEK PARK
M 7-10pm 12/2-2/24 Adult \$79/person

Drop-in Hoops Newport Beach Sports Staff

Pick-up basketball at its finest! Come down and join the fun of "pick-up" style hoops. Teams will be broken down to 5 on 5 with a constant winner rotation.

- Individuals welcome!
- Pay and Play!
- Gym will be staffed and monitored during play.
- Drop-in cards may be purchased online, at City Hall, or NCCC.

NEWPORT COAST COMMUNITY CENTER
W 6:30-9:30pm 1/8-3/25 Adult \$3/visit

ADULT SPORTS LEAGUES

Basketball

Team Registration Fee (9 Scheduled Games):
\$690/Residents ▪ **\$740/Non-residents**

Locations:

- West Newport Community Center
- Newport Coast Community Center

Dates: Monday–Thursday

WINTER 2020

JAN. 6–MAR. 30

REGISTRATION BEGINS: Nov. 4

REGISTRATION ENDS: Dec. 6*

SPRING 2020

APR. 6–JUNE 22

REGISTRATION BEGINS: Feb. 3

REGISTRATION ENDS: Mar. 9*



Softball

Team Registration Fee (10 Scheduled Games):
\$490/Residents ▪ **\$540/Non-residents**

Additional \$16 umpire fees paid on the field.

Locations:

- Bonita Creek Park
- Arroyo Park

Dates: Tuesday–Thursday

MENS: Tuesday, Wednesday;

CO-ED: Tuesday, Thursday

SPRING 2020

FEB. 25–MAY 21

REGISTRATION BEGINS: Jan. 2

REGISTRATION ENDS: Jan. 30*



Co-ed 11v11 Soccer

Team Registration Fee (10 Scheduled Games):
\$1450/Residents ▪ **\$1550/Non-residents**

Locations:

- Arroyo Park
- Bonita Creek Park
- Lincoln Athletic Center

Dates:

Wednesday–Friday

SPRING 2020

FEB. 19–JUNE 4

REGISTRATION BEGINS: Dec. 16

REGISTRATION ENDS: Jan. 21*



7v7 Soccer

WINTER 2020

DEC. 9–FEB. 7

REGISTRATION BEGINS: Oct. 14

REGISTRATION ENDS: Nov. 8*

Team Registration Fee (6 Scheduled Games):
\$420/Residents ▪ **\$470/Non-residents**

Dates: Mon., Wed., Thur.

MEN, WOMEN, CO-ED

Locations: Bonita Creek Park

SPRING 2020

FEB. 24–JUNE 1

REGISTRATION BEGINS: Jan. 2

REGISTRATION ENDS: Jan. 30*

Team Registration Fee (10 Scheduled Games):
\$690/Residents ▪ **\$740/Non-residents**

Dates: Mon.



***If registering after the deadline,
a \$30 late fee may apply.**

Registration is accepted on a team only basis.
Free Agents accepted via newportbeachca.gov/sports.
Space is available on a first come first serve basis.

FOR MORE INFORMATION:

newportbeachca.gov/sports ▪ sports@newportbeachca.gov



Welcome to
OASIS SENIOR CENTER
OLDER ADULT SOCIAL & INFORMATION SERVICES



OASIS
SENIOR CENTER

The logo features the word "OASIS" in a serif font above a stylized wave graphic, with "SENIOR CENTER" in a sans-serif font below it.



OASIS SENIOR CENTER GENERAL INFORMATION

HOURS OF OPERATION

Administration Office

Monday-Thursday ▪ 7:30am-5:30pm

Friday ▪ 8am-5pm

Saturday/Sunday ▪ Closed

Center is closed on all City-observed holidays.

Fitness Center

Monday-Thursday ▪ 7:00am-8:00pm

Friday ▪ 7:00am-5:00pm

Saturday/Sunday ▪ 8:00am-4:00pm

CONTACT INFORMATION

801 Narcissus Ave., Corona del Mar, CA 92625

newportbeachca.gov/oasis

949-644-3244

FITNESS CENTER MEMBERSHIP

- *Age requirement is 50 years and older.*
- *Annual fee: Newport Beach resident \$125 Non-resident \$175*
- *Registration is required for use of Fitness Center.*
- *An orientation on all fitness equipment is mandatory for all new members.*
- *Personal trainers available for an additional fee.*

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UPCOMING SPECIAL EVENTS

November 27 Noon Thanksgiving Luncheon
\$5 advance ticket purchase required

December 10 2 p.m. Beating the Holiday Blues

December 11 Noon Holiday Luncheon
\$5 advance ticket purchase required



A wide variety of social services are available to assist older adults and their families. Services are designed to enable people to live as independently and safely as possible. Call our Admin Office for further information, 949-644-3244.

The following services are offered:

TRANSPORTATION

Care-A-Van

Provides transportation to medical appointments, grocery shopping and other necessary appointments within City limits. Cost is \$3 each way.

Shuttle

Provides transportation to senior classes and activities at OASIS. Cost is \$1.50 each way.

Hours

Monday–Friday 7:45 a.m.-5 p.m.

Reservations For Ride Service

Requires at least 3 business days in advance notice and up to 3 weeks in advance.

Eligibility

- Age 60+
- Live in a private residence
- Reside within Newport Beach, Corona del Mar or Newport Coast.
- No longer driving or unable to drive.
- Passengers in a wheelchair must be able to push themselves or bring an attendant with them.

SOCIAL SERVICE PROGRAMS

Information & Referrals

Assistance with referrals to a vast assortment of senior services such as home care, housing options, adult day care, home health care, assisted living and retirement facilities, respite care, support groups, ombudsman services, and more. If we don't know, we'll find out.

Legal Assistance

One half hour of free legal consultation regarding estate planning, wills and trusts is available by appointment.

Medicare Assistance

A counselor can provide unbiased, individualized counseling to help Medicare recipients maximize benefits, understand health plan choices, and resolve Medicare issues (HICAP program).

Medical Equipment to Loan

Companion wheelchairs, walkers, crutches and knee scooters. Advance Health Care Directive Form Available

Senior Assessment Program

Comprehensive assessment and referral program enabling seniors to live independently in their own home.

Senior Housing Assistance Repair Program

Critical home repairs for seniors. Must be a City of Newport Beach homeowner age 60 or older and fall below a certain income level. Additional criteria must be met.

Telephone Reassurance

Daily contact for seniors living alone.

MEAL PROGRAMS

Daily Lunch Program

Both hot and cold lunches are served Monday through Friday from Noon-12:30 p.m.

Suggested donation \$4.50. Reservations are required. Call 949-718-1820.

Home-Delivered Meals

Meals are available for homebound seniors.

Call 949-718-1820 for more details.

The Newport Beach

SHARP

Senior Home Assistance Repair Program

Helping income-qualified seniors in need of critical home repair or modifications

For more information, call 949-644-3244 or visit newportbeachca.gov/oasis.

HEALTH SCREENINGS

Blood Pressure Screenings

Walk-in screenings on the 1st and 3rd Tuesday from 9-11am.

Visual Aid Screening

Braille Institute screens for magnifying when eyeglasses are no longer sufficient. Call 714-821-5000 for an appointment.

Memory Screening

There is a \$45 fee for the screening. Provided by the Orange County Vital Aging Program, this screening promotes early detection and prevention of Alzheimer's Disease and related disorders. In-person screening at OASIS or Hoag; please call 949-764-6288 or visit www.OCVitalAging.org

SUPPORT GROUPS

Alzheimer's Caregiver Support Group

Victor Mazmanian | 949-310-6682

This group meets the 1st and 3rd Wednesday of the month at 10 a.m. Meetings are open to caregivers, family members and friends caring for a loved one with Alzheimer's or dementia. You are not alone; find how sharing your ideas, feelings and concerns can help you care for yourself and your loved one. This group is affiliated with Alzheimer's Orange County.

Compassionate Friends, Newport Beach Chapter

Basla Mosinski | 917-703-3414

This group meets on the 3rd Wednesday of the month from 6:30-8:15 p.m. The group is a non-profit self-help bereavement support group for families who have experienced the death of a child(ren).

Grief Support Group

888-368-6869

Come and join us for coffee or tea and share in an easy and comforting conversation about the loss of your loved one. This group meets the 2nd and 4th Thursday of the month from 3-4:30 p.m.

Low Vision Support Group

Charlotte Stradtman | 949-552-7637

Polly Smith | 949-723-1603

This group meets on the 3rd Friday of the month. It is for people experiencing difficulty in daily living due to sight loss. The content of the discussion will be based on participant's needs, which may cover a variety of topics such as getting around town, low vision devices, family awareness and staying connected.

Parkinson's Resource Organization (pro)

PRO Office | 877-775-4111

This group meets the 2nd Thursday of the month from 6:30-8:30 p.m. and is a support group for caregivers only. For more information call 877-775-4111.

Free Groups, Lectures & Activities

For details about various free program offerings at OASIS please view our current OASIS newsletter online at newportbeachca.gov/oasis.

FRIENDS OF OASIS



BENEFITS OF MEMBERSHIP

- Subscription to monthly OASIS Newsletter.
- Discounts on travel.
- Access to unique clubs
- Opportunity to support programs & events at OASIS.

HOW TO BECOME A MEMBER

Visit friendsofoasis.org to register for membership online or call 949-718.1800.

The Friends of OASIS is a 501 (C) (3) non-profit corporation. Your gift may be tax deductible - consult your tax advisor.

Single \$15/year • Couple \$25/year • Life Member \$300

UPCOMING TRAVEL OPPORTUNITIES

OASIS has fantastic travel opportunities to places near and far. Volunteers manage the travel program and work with group tour operators to offer quality tours at reasonable prices.

For detailed trip information please call 949-718-1810 or visit us at friendsofoasis.org and click on the travel tab, or stop by the OASIS Travel Office Monday through Friday, 9 a.m.–1 p.m.

GAMBLING TRIPS

Gambling trips are scheduled monthly. Please call 949-718-1810 for upcoming schedule.

DAY TRIPS & EXTENDED TRIPS

Trips both domestic and abroad are offered. Please call 949-718-1810 for more information.

friendsofoasis.org



ART & THEATER

Ceramics

Karen Thayer

Learn how to create ceramic objects using hand-building techniques and the potter's wheel. Beginning students will learn the basics of slabbing, coiling, pinching and glazing clay. Returning and advanced students will refine their skills with the endless possibilities that this simple material offers.

No class 2/12

- If you have your own tools, please bring them. No tools are required at the first class.
- Instructor will provide basic tools and also have specialty tools available for purchase.
- A \$19 material fee is due to the instructor on the first day.

OASIS SENIOR CENTER

W 9am-Noon 1/8-3/18 Adult \$170 **SS1149**

Chinese Brush Painting

Diana Wong

Explore the art of Chinese brush painting through the use of Chinese brushes, rice paper, Chinese ink and colors while expressing the inner spirit of the subject or the feeling of the artist. Learn to paint flowers, fish, birds, animals and insects.

- Material list will be printed on registration receipt.
- A material fee is due to instructor on the first day of class.
- \$12 material fee for SS1535.
- \$6 material fee for SS1536 and SS1537.

OASIS SENIOR CENTER

W 1:30-4pm 1/8-2/26 Adult \$139 **SS1535**
 W 1:30-4pm 1/8-1/29 Adult \$75 **SS1536**
 W 1:30-4pm 2/5-2/26 Adult \$75 **SS1537**

Freehand Drawing- Beg/Adv

Nancy Wahamaki Vasek

Join Nancy in this fun drawing class; she will lead you every step of the way! Beginner to Advanced, working in graphite/pencil, pen & ink and charcoal. Learn tips to capture and sketch the world around you, keep an artist's journal and awaken to really "seeing". This type of "seeing" creates beautiful drawings and a new awareness of your surroundings.

- Visit <https://www.linkedin.com/in/nancygandolfwahamaki> for Nancy's education, experience and photos of her work.
- Material's list will print out on registration receipt.
- Please bring materials on the first day of class.
- A \$10 material fee is due to the instructor on the first day.

OASIS SENIOR CENTER

W 9-11am 1/8-2/12 Adult \$144 **SS1076**
 W 9-11am 2/26-3/25 Adult \$120 **SS1077**

Instructor Assisted Art Workshop- Beg/Adv

Nancy Wahamaki Vasek

This workshop is open to all mediums, including acrylic, watercolor, pastel, colored pencil and drawing (pen & ink, charcoal and graphite). Nancy, a professional artist and teacher will help you "push" your style and give you encouragement to take you to the next step as you work on your own individual project. **No class 1/20**

- Visit <https://www.linkedin.com/in/nancygandolfwahamaki> for Nancy's education, experience and photos of her work.
- Please bring a project you are currently working on and any supplies you may need.

OASIS SENIOR CENTER

M 9am-Noon 1/6-2/10 Adult \$115 **SS1118**
 M 9am-Noon 2/24-3/23 Adult \$115 **SS1119**

Watercolor and Mixed Media

Christine Sullivan

This exciting and stimulating experimental watercolor and mixed media painting class will introduce you to new and creative approaches to painting. You will learn how to successfully combine a variety of materials with transparent watercolor and turn them into expressive works of art. Open to all painting levels. Beginners must have good watercolor painting skills.

- Materials list will print out on registration receipt.

OASIS SENIOR CENTER

W 1-4pm 2/5-3/11 Adult \$146 **SS1213**

Watercolor- Beginning

Theresa Fernald

Learn creative, expressive and colorful watercolor techniques. Develop a foundation for great watercolor composition and drawing while exploring color, brushwork and design based on art history and design theories. **No class 1/21**

- A materials list will print out on registration receipt.
- A \$5 material fee is due to the instructor on the first day.

OASIS SENIOR CENTER

Tu 1-4pm 1/7-2/18 Adult \$82 **SS1140**

Watercolor- Intermediate

Christine Sullivan

This fun and comprehensive class concentrates on developing traditional and experimental skills and techniques in transparent watercolor painting as well as designing more interesting and effective compositions. Landscapes, seascapes, people, still life and other subjects may be explored using photographs or studio set-ups. Demonstrations, individual assistance and group critiques all included.

- A material list will print out on registration receipt

OASIS SENIOR CENTER

W 9am-Noon 2/5-3/11 Adult \$146 **SS1162**

DANCE

All Level Swing Basics

Definitely Dance Inc.

Learn how to own the dance floor with this dynamic class! Swing is one of the most popular dances, and you will learn some exciting new moves to last a lifetime! And to top it off, we make learning fun. No partner needed. Come join us! **No class 1/20**

OASIS SENIOR CENTER

M	2:15-3:15pm	1/6-2/10	Adult	\$40	SS1593
M	2:15-3:15pm	2/24-3/23	Adult	\$40	SS1594

Ballet Barre

Michelle Zehnder

In this adv/beg. class we will be focusing on proper body alignment, balance, coordination, stamina, and graceful exercises that help build strength and understanding for Ballet dancing off the barre. The center floor work will concentrate on stretching and strengthening the core muscles. The class atmosphere is friendly and pressure free. Everyone is invited to make any needed adaptations for your personal comfort. We will be dancing to classical music.

- Drop-In (NO REFUNDS) DRP155 \$18

OASIS SENIOR CENTER

F	11:30am-12:15pm	1/10-3/13	Adult	\$120	SS1602
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Ballet II

Michelle Zehnder

Join us in learning the graceful beautiful movements of Classical Ballet. Ballet improves strength, flexibility, coordination and balance. It is a chance to express and share your creative side through non-stressful movements in a relaxed and supportive classroom environment. This class is designed for people who have had at least 2 years of dance at some time in their lives but students may adapt the lesson as needed.

- Please wear comfortable clothing and ballet slippers by the second class meeting.
- Drop-In (NO REFUNDS) DRP155 \$18

OASIS SENIOR CENTER

Tu	11:30am-12:30pm	1/7-3/10	Adult	\$128	SS1601
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Ballroom Dance Basics

Definitely Dance Inc.

Never be a wallflower again. From Waltz to Salsa, we'll teach you how to own the dance floor! Join our ballroom group class, followed immediately by a lively practice party. Our dynamic steps and techniques will last a lifetime and we make learning fun! **No class 1/20**

- No partner needed.
- Drop-In (NO REFUNDS) DRP159 \$23

OASIS SENIOR CENTER

M	12:30-2pm	1/6-2/10	Adult	\$40	SS1597
M	12:30-2pm	2/24-3/23	Adult	\$40	SS1599
M	6:45-8:15pm	1/6-2/10	Adult	\$40	SS1598
M	6:45-8:15pm	2/24-3/23	Adult	\$40	SS1600

Dance Workshop

Michelle Zehnder

This dance workshop incorporates many styles of dance seen on stage and television. You will warm up with a ballet barre and then we will work on choreography using a variety of dance styles. This is a great opportunity for you to develop a unique repertoire of dances in a fun and friendly workshop atmosphere.

- At least one year of dance experience is advised.
- Drop-In (NO REFUNDS) DRP164 \$13

OASIS SENIOR CENTER

Sa	11am-12:30pm	1/18-3/7	Adult	\$152	SS1603
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Intro to Broadway Dance

CS Dance Factory

Come learn simple, basic Broadway dance patterns and techniques. No partner necessary as it's taught in a small group setting. Steps are broken down so beginners are able to dance immediately with confidence. Enjoy favorite Broadway tunes, and see why dance is top-rated for your brain, your heart and your soul! **No class 2/19**

- Optional performance opportunities.

OASIS SENIOR CENTER

W	10:15-11am	1/15-3/25	Adult	\$155	SS1646
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Sample Class

W	10:15-11am	1/8	Adult	FREE	SSFree
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Line Dancing

Vickie Jackson

Learn new dances and classic favorites while improving your fitness level.

LEVEL 1 - Beginner / Improver

(Includes steps, sequences & vocabulary)

LEVEL 2 - Improver / Easy Intermediate

(should already know basic steps)

LEVEL 3 - Easy Intermediate / Intermediate

(Step Competency required)

- Drop-In Level 1-3 (NO REFUNDS) DRP900 \$13

- Drop-In Combo Classes (NO REFUNDS) DRP901 \$15

OASIS SENIOR CENTER

Level 1

Th	1-1:55pm	1/9-3/26	Adult	\$84	SS1604
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Level 2

Th	2-2:55pm	1/9-3/26	Adult	\$84	SS1605
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Combo Class: Level 1 & 2

Th	1-2:55pm	1/9-3/26	Adult	\$108	SS1609
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Level 3

Th	3-4pm	1/9-3/26	Adult	\$84	SS1607
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Combo Class: Level 2 & 3

Th	2-4pm	1/9-3/26	Adult	\$108	SS1612
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ENRICHMENT

2020 Election

Joshua Stone

This course examines the policies, people, and politics of the 2020 Election. From campaign strategy to voter analysis, we will explore how the 2020 Election for President of the United States is stacking up against the electorate. We will rely on up-to-date candidate policy proposals, such as health care, economic approaches, and national security issues to ensure a substantive discussion on the presidential race. This course is for those seeking to listen and share their views on the current state of 2020 Presidential Election Politics and the policies driving public debate. **No class 2/20**

OASIS SENIOR CENTER

Th	5-6:30pm	1/30-3/26	Adult	\$60	SS1102
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Politics of Protest

Joshua Stone

This course examines the evolution of protest politics in the United States. Various methods of dissent and citizen organizing has emerged in America. From the Tea Party Movement to Occupy Wall Street, we will explore the tactics these and other protest groups have employed to achieve their political goals. America was founded on civic engagement. The freedom to openly petition the state of American life is fundamental to what it means to be an American. This course is for those seeking to understand effective civic engagement and the ways people can get involved in discussions about important public issues. **No class 2/17**

OASIS SENIOR CENTER

M	5-6:45pm	1/27-3/23	Adult	\$60	SS1101
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U.S. International Conflict Management

Joshua Stone

This course will examine the current and historical state of conflict management around the world. From hot wars to refugee crises, we will explore the policies and actions of the United States to contend with global conflict. Participants will analyze the many foreign policy tools, sanctions, tariffs, military engagement, economic tools, and diplomacy, the U.S. employs to navigate international affairs. This course is for those seeking to learn and discuss current U.S. involvement in international conflicts. **No class 2/20**

OASIS SENIOR CENTER

Th	6:45-8:15pm	1/30-3/26	Adult	\$60	SS1103
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History of U.S. Middle East Relations

Dr. Don Schwartz

Crises in the Middle East represent the great threat to world peace today. These lectures will trace American policy over the past century and will shed light on the current situation in that troubled region.

OASIS SENIOR CENTER

W 1-2:30pm 2/12-3/11 Adult \$80 **SS1105**

Russia from Tsars to Putin

Dr. Don Schwartz

This four-part series will trace the past 500 years of Russian history in an effort to lend a greater understanding to Putin's regime today.

OASIS SENIOR CENTER

W 1-2:30pm 1/8-2/5 Adult \$80 **SS1104**

Writing Your Life Stories

(Introduction)

Berteil Mahoney

Have you ever wanted to write about your life, but wondered how to get started, how to keep going, and whether it is even worth it in the first place? In this class, you will learn how to turn the crazy, sad and wonderful stuff of your life into stories that have order, clarity and meaning. With opportunities for giving and receiving feedback, you will learn how to prepare your stories for the benefit of future generations, possibly your greatest legacy.

- No writing experience necessary.
- Group is limited to 15 participants.
- For those new to the class, a \$15 material fee is due to the instructor.

OASIS SENIOR CENTER

Tu 10am-Noon 1/7-2/25 Adult \$140 **SS1168**

Writing Your Life Stories (Advanced)

Berteil Mahoney

Participants will continue to write their life stories and refine their writing with emphasis on the elements of style.

- Prerequisite: *Writing Your Life Stories (Introduction)* Group is limited to 12 participants.

OASIS SENIOR CENTER

Tu 12:30-2:30pm 1/7-2/25 Adult \$140 **SS1164**

Advanced French Reading & Discussion

Darielle Wilson

Conducted exclusively in French, discussion will be on a variety of topics presented by the students. Further discussion will follow the reading of the short novel *La Symphonie Pastorale* by Andre Gide. A maximum of 15 students will permit each person an opportunity to speak often, practicing and improving his or her fluency in French.

OASIS SENIOR CENTER

Th 10am-Noon 1/9-3/26 Adult \$70 **SS1005**

Advanced Studies in French Literature

Darielle Wilson

Class is conducted exclusively in French. Literature will include classic and modern works of fiction. Classroom activities will center on spontaneous classroom and small-group discussions, reading aloud, dictations and grammar review as needed. Reading selections will include the classic novel *La Chartreuse de Parme* by Stendhal.

OASIS SENIOR CENTER

W 10am-Noon 1/8-3/25 Adult \$70 **SS1011**

Portal Languages

Portal Languages

Beginners learn a new language with little or no knowledge. The focus is on conversation for fast learning of daily actions. Vocabulary development, key grammatical structures, and use of appropriate verbs will follow. The lessons build on one another. Emphasis is given to listening and interpretation. **No class 1/20, 2/17**

- Any material fees are due to the instructor on the first day.

OASIS SENIOR CENTER

Beginning French 1 (\$25 material fee)

M/W 5-6pm 1/6-2/3 Adult \$180 **SS1028**

M/W 5-6pm 2/5-3/4 Adult \$180 **SS1029**

M/W 5-6pm 3/9-3/25 Adult \$140 **SS1031**

Beginning French 2 (\$25 material fee)

M/W 6-7pm 1/6-2/3 Adult \$180 **SS1033**

M/W 6-7pm 2/5-3/4 Adult \$180 **SS1034**

M/W 6-7pm 3/9-3/25 Adult \$140 **SS1036**

Beginning Italian 1 (\$20 material fee)

M/W 5-6pm 1/6-2/3 Adult \$180 **SS1043**

M/W 5-6pm 2/5-3/4 Adult \$180 **SS1044**

M/W 5-6pm 3/9-3/25 Adult \$140 **SS1046**

Beginning Italian 2 (\$20 material fee)

M/W 6-7pm 1/6-2/3 Adult \$180 **SS1038**

M/W 6-7pm 2/5-3/4 Adult \$180 **SS1039**

M/W 6-7pm 3/9-3/25 Adult \$140 **SS1041**

TECHNOLOGY

A Look at Popular Apps

Carole Kamper

Come and explore just a sampling of the many “apps” that are available on your iPhone or iPad. We will look at the Kindle app and Overdrive for downloading/reading eBooks, Google Translate and XE Currency Exchange for traveling, and Instagram and Shutterfly for photo sharing.

- Please contact the instructor if you have any questions regarding the version of your iPhone or iPad for this class.
- You will be contacted by the instructor prior to the class with instructions on how to download the apps to your device.

OASIS SENIOR CENTER

M	10:30am-12:30pm	1/27	Adult	\$38	SS1064
M	10am-Noon	2/17	Adult	\$38	SS1065

Computer Basics

Carole Kamper

This class is designed as an introduction to computers. You do not need to own a computer to attend. This class will help you understand the difference between hardware and software and what components and options are available when purchasing a new computer. Emphasis will be on hands-on use of the mouse and getting comfortable with the keyboard. You will learn the anatomy of a ‘window’ and the many features common to computer programs.

- A \$2 material fee is due to the instructor on the first day.

OASIS SENIOR CENTER

Tu	11:30am-12:30pm	1/7-1/28	Adult	\$68	SS1060
W	11:30am-12:30pm	3/4-3/25	Adult	\$68	SS1061

Digital Photo Editing

Barbara Yin-Milbert

Learn to download your pictures from your camera or smart phone to your computer. Organize your pictures into folders. Learn to edit your digital photos using Picasa photo editing program.

- Prerequisite: Computer Basics or equivalent.
- Bring phone or camera cord to class.

OASIS SENIOR CENTER

Th	11am-Noon	2/27-3/12	Adult	\$52	SS1068
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eBay 1

Barbara Yin-Milbert

Learn to buy and sell items on eBay.

- Prerequisite: basic computer skills and familiarity with the internet

OASIS SENIOR CENTER

Th	10am-Noon	1/9	Adult	\$36	SS1070
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Intro to Excel

Barbara Yin-Milbert

Learn to manipulate, process, and view the data on a spreadsheet. Use different functions of Excel. Insert graphics into your spreadsheet.

- Prerequisite: Computer Basics and Skills or equivalent.

OASIS SENIOR CENTER

Th	11am-Noon	1/23-2/13	Adult	\$68	SS1106
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Excel Refresher

Barbara Yin-Milbert

Emphasis on cut and paste, creating formulas, inserting pictures, auto-fill, and merge/center techniques.

OASIS SENIOR CENTER

Th	10am-Noon	3/26	Adult	\$36	SS1107
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Intro to Facebook & Social Media Sites

Barbara Yin-Milbert

In this introductory class, you will learn about Facebook and the pros and cons of joining this popular social network. You will also learn how to set up an account and select your security and privacy settings. In addition, we will touch upon the other social media sites: Twitter, Snapchat, Instagram, and Pinterest.

- Prerequisite: Computer Basics and Skills or equivalent.

OASIS SENIOR CENTER

Th	9:45-10:45am	2/27-3/12	Adult	\$52	SS1109
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Intro to Word

Barbara Yin-Milbert

Learn to open and save a new document, cut, copy and paste, use spell check, change font, text size, style and color, organize your files, insert pictures, and more!

- Prerequisite: Computer basics or equivalent.

OASIS SENIOR CENTER

Th	9:45-10:45am	1/23-2/13	Adult	\$68	SS1115
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Ipad Basics

Carole Kamper

This class will help you learn the basics of your Apple iPad. We will cover using an iPad as a reader, accessing the internet, doing email, and watching videos/movies. We will also explore taking photos and storing them as well as using the calendar.

OASIS SENIOR CENTER

M	10am-Noon	2/3	Adult	\$38	SS1123
Tu	1-3pm	3/17	Adult	\$38	SS1124

iPhone For Beginner

Carole Kamper

The class is designed for new and not so new users of iPhones. Instruction will cover the basics of making and receiving calls, setting up voicemail, sending and receiving text messages and other general topics of interest to smartphone users. Please contact the instructor if you have any questions regarding the version of your iPhone you will be bringing to class.

OASIS SENIOR CENTER

Tu	1-3pm	1/14	Adult	\$38	SS1127
M	10am-Noon	3/23	Adult	\$38	SS1128

Making a Shutterfly Photo Book

Carole Kamper

Learn how to make a printable photo album using the website "Shutterfly". Using the Shutterfly Smartphone app, you will also learn how to upload pictures from your devices directly to your Shutterfly account. Come and explore your creativity in this fun, project based class.

- *Prerequisite: Basic computer*

OASIS SENIOR CENTER

M	10:30am-12:30pm	1/13	Adult	\$38	SS1062
Tu	1-3pm	3/10	Adult	\$38	SS1063

Private Technology Lessons

Carole Kamper

Private instruction designed to zero in on your needs taught by a credentialed instructor with 25+ years of teaching computers to adults. Professional, in-depth help for your computer (PC or Mac), tablet, iPhone or iPad. Monday through Thursday timeslots available. All tutoring will take place at OASIS. Dates and times to be agreed upon by instructor and student prior to registration.

- *Lessons are \$62 per hour.*
- *Registration and payment due to OASIS at least 5 business days prior to lesson.*
- *No refunds once registered.*
- *Contact the instructor directly to set up a time: Carole Kamper, cckamper@cox.net, 949-230-5902*

OASIS SENIOR CENTER

M/Tu/W/Th	9am-5pm	1/6-3/26	50+yrs	\$62	DRP110
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GAMES

Beginning Bridge

Ann Cressman

Join us to learn the exciting and stimulating game of bridge. This class is for new players and those who want to brush up on their skills.

OASIS SENIOR CENTER

Tu	9:30-11:30am	2/4-3/17	Adult	\$140	SS1019
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Advanced Beginning Bridge 1

Ann Cressman

Lessons will consist of handouts, play of pre-arranged hands and analysis.

OASIS SENIOR CENTER

Th	9:30-11:30am	2/6-3/19	Adult	\$140	SS1001
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Advanced Beginning Bridge 2

Ann Cressman

Lessons will consist of more advanced bidding, handouts, play of pre-arranged hands and analysis.

- *Prerequisite: Advanced Beginning Bridge 1.*

OASIS SENIOR CENTER

F	9:30-11:30am	2/7-3/20	Adult	\$140	SS1006
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Advanced Intermediate Bridge

Ann Cressman

Lessons will consist of handouts, play of pre-arranged hands and more advanced bidding techniques.

- *Prerequisite: Advanced Beginning Bridge 1 and 2.*

OASIS SENIOR CENTER

Tu	12:30-2:30pm	2/4-3/17	Adult	\$140	SS1093
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American Mah Jongg for Beginners

Terry Sweeney

Allow me to introduce you to the exciting, action-packed game of Mah Jongg. This tile game has been played in the U.S. since the late 1930's, and is popular worldwide. Join us for fun and laughter. Come experience the thrill of your first Mah Jongg. **No class 2/17**

OASIS SENIOR CENTER

Th	1:30-3:30pm	1/9-2/13	Adult	\$122	SS1203
M	9:30-11:30am	2/10-3/23	Adult	\$122	SS1201

American Mah Jongg Supervised Play

Terry Sweeney

Join your fellow classmates and practice your newly acquired Mah Jongg skills. Sign up early as space is limited. All players must bring the current Card of Hands to each class.

- *Prerequisite: American Mah Jongg for Beginners*

OASIS SENIOR CENTER

Th	1:30-3:30pm	2/20-3/26	Adult	\$122	SS1200
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HEALTH & FITNESS

Barre Stretch & Strength

CS Dance Factory

Live longer, get stronger! Standing at the barre for the whole class, you will be led through easy-to-follow, head-to-toe exercises that are effective and fun. The barre provides stability while you strengthen muscles to improve your balance, mobility and circulation. Stretch to increase flexibility and range of motion and reduce muscle tension. Take advantage of the beautiful dance room with built-in barres to get a unique workout. **No class 1/20, 2/17, 2/21**

OASIS SENIOR CENTER

M	10:05-10:50am	1/6-3/23	Adult	\$135	SS1648
F	10:15-11am	1/10-3/27	Adult	\$148	SS1649
M/F	10:05-11am	1/6-3/27	Adult	\$257	SS1650

Better Balance Yoga

Mindful Movement

BBY is a blend of traditional forms of yoga, like Hatha and Vinyasa, with a modern exercise science approach. Each class we work on facilitating better movement and awareness, strengthening our mind and body, and integrating everything into balancing our lives both on and off our mats. Every session focuses on different regions of the body and is synchronized into fundamental movement concepts (i.e. arms integrated with core, hips/feet and their relationship with balance, etc.).

- *Must be able to get up and down from the ground with relative ease and comfort.*
- *Please bring a yoga mat, towel, and water.*
- *Yoga blocks and other equipment provided. Optional equipment: blankets.*
- *Drop-In (NO REFUNDS) DRP166 \$20*

OASIS SENIOR CENTER

Sa	9:15-10:15am	1/11-2/8	Adult	\$95	SS1574
Sa	9:15-10:15am	2/22-3/28	Adult	\$113	SS1575
W	7:30-8:30am	1/8-2/12	Adult	\$113	SS1571
W	7:30-8:30am	2/19-3/25	Adult	\$113	SS1572

Better Life Boxing

Andrew Deming

At Silver Glove Fitness, we provide seniors with fun, challenging, and safe boxing workouts that keep their bodies and brains healthy. During class, you will perform exercises that help improve your balance and coordination as well overall strength. Silver Glove Fitness can give anyone a customized workout that is enjoyable and fits your specific fitness needs. It is a workout that gets your body moving and heart rate going, all while having fun. Beginner to advanced athletes welcome. **No class 1/20**

- *Please bring a yoga mat, towel and water.*
- *Boxing gloves are required for class. Please purchase these on your own (12 oz. size gloves are appropriate). They can be found at most sporting goods stores. Email ademing@silverglovefitness.com if you have any questions about this.*
- *Drop-In (NO REFUNDS) DRP167 \$20*

OASIS SENIOR CENTER

M	3:30-4:30pm	1/6-2/10	Adult	\$80	SS1628
M	3:30-4:30pm	2/24-3/23	Adult	\$80	SS1629
Th	3-4pm	1/9-2/13	Adult	\$95	SS1631
Th	3-4pm	2/20-3/26	Adult	\$95	SS1632
Sa	8-9am	1/11-2/15	Adult	\$95	SS1634
Sa	8-9am	2/22-3/28	Adult	\$95	SS1635

Chair Exercise

Judy Aprile

Build upper and lower body strength; increase flexibility; improve postural alignment and coordination. All exercises are performed seated. **No class 1/20, 2/17, 3/23, 3/25**

OASIS SENIOR CENTER

M/W	9:30-10:30am	1/6-1/27	Adult	\$32	SS1523
M/W	9:30-10:30am	2/3-2/24	Adult	\$32	SS1524
M/W	9:30-10:30am	3/2-3/30	Adult	\$37	SS1525

Chair Tai Chi

Diana Wong

Chair Tai Chi is a min-body exercise using easy to follow circular movements to increase strength, flexibility, and range of motion. With this low-impact, slow-motion exercise, you learn to breathe deeply and naturally, focusing your attention on your bodily sensations. It can be easily adapted for anyone from the most fit to people confined to wheelchairs.

- *All activities are performed seated.*
- *Drop-In (NO REFUNDS) DRP163 \$20*

OASIS SENIOR CENTER

Th	10:45-11:45am	1/9-3/5	Adult	\$92	SS1532
Th	10:45-11:45am	1/30-3/5	Adult	\$69	SS1533

FallProof®

Anchor Five Health & Wellness

This class is a progressive program designed to improve balance and reduce fall risk. Developed and researched at CSU Fullerton Center for Successful Aging, the FallProof® program has been proven to reduce the risk of falling in participants who have completed one or more rotations of the program. Candidates for this program must be able to safely walk a distance of 200 feet without the use of any assistive device (cane or walker). This program is not appropriate for people with memory loss or cognitive impairment that could adversely impact judgment and/or decision-making abilities. **No class 1/20, 2/17**

- Space is limited to 12 students.
- Must register in person.
- New students must complete a balance assessment a week prior to the first class or during the initial week of the program. Also, all new students must provide a medical note signed by a doctor which indicates they are safe to participate in a balance class prior to undergoing the assessment.
- Instructor will contact the participant the week before the first class to schedule the assessment.
- Please pick up a packet of forms from the OASIS front desk to complete and bring to the assessment.

OASIS SENIOR CENTER

M/F 1:30-2:30pm 1/17-3/16 Adult \$265 **SS1547**

Head to Toe Fitness

Keith Glassman

Starting with dynamic stretching and low impact movements, this class includes light weight training and floor exercises, helping you maintain bone density as it tones, strengthens, and stretches muscles throughout the body.

- Drop-In (NO REFUNDS) DRP156 \$12

OASIS SENIOR CENTER

Tu/Th 8-9am	1/7-1/30	Adult	\$65	SS1516
Tu/Th 8-9am	2/4-2/27	Adult	\$65	SS1517
Tu/Th 8-9am	3/3-3/26	Adult	\$65	SS1518

Intro to MELT Method of Self Care

Yvette Casal

For anyone new to the MELT Method, this class must be taken prior to taking the 1 hour class. Erase pain and tension in your hands, feet, neck and low back. Tension brought on by everyday stress, overuse and aging. This simple self-treatment technique can make your whole body feel better and provide relief from neck and low back pain, arthritis, bunions, plantar fasciitis, and carpal tunnel syndrome. Yvette will teach you the four Rs of MELT: reconnect, re-balance, re-hydrate, and release so you can develop a home practice.

- Please bring a mat and water to drink.

OASIS SENIOR CENTER

Tu 1-1:40pm	1/7-1/28	Adult	\$50	SS1510
Tu 1-1:40pm	2/25-3/17	Adult	\$50	SS1511

Iyengar Yoga

Carolyn Matsuda

Yoga is for everyone and every body type. This gentle class will help you to become stronger and more flexible. Iyengar Yoga focuses on building a foundation, from the ground up and aligning our arms, legs and spine to the yoga pose. We use props and modify poses so everyone can join in. Instructor is Jr. Intermediate Certified Iyengar Yoga Teacher. **No class 1/20, 1/23**

- Bring a sticky mat and 3 firm blankets.
- Students generally spend about \$45-\$60 on these items.
- More details will be given the first day of class.

OASIS SENIOR CENTER

M/Th 10-11:15am	1/6-2/13	Adult	\$135	SS1584
M/Th 10-11:15am	2/24-3/26	Adult	\$135	SS1587
M 10-11:15am	1/6-2/10	Adult	\$75	SS1585
M 10-11:15am	2/24-3/23	Adult	\$75	SS1588
Th 10-11:15am	1/9-2/13	Adult	\$75	SS1586
Th 10-11:15am	2/27-3/26	Adult	\$75	SS1589

MELT Method

Yvette Casal

This class should not be taken unless you have previous MELT experience. This class will combine hydrating length techniques and stabilizing strength techniques to address the weak links that damage joints and inhibit your body's ability to function optimally. Learn to identify and eliminate cellular dehydration before it accumulates causing chronic aches and pains. Reduce inflammation, ease chronic neck and lower back strain, improve alignment, enhance athletic performance, and keep your whole body feeling great at any age.

- Must be able to get up off the floor unassisted.
- Please bring a mat and water to drink.
- Drop-In (NO REFUNDS) DRP158 \$20

OASIS SENIOR CENTER

Tu 1:45-2:45pm	1/7-2/11	Adult	\$75	SS1512
Tu 1:45-2:45pm	2/18-3/24	Adult	\$75	SS1513

Physical Training

Judy Aprile

This overall conditioning class includes a lite cardiovascular gait variation warm-up and targeted full body strength and flexibility exercises. Activities are performed standing, moving and lying on the floor. **No class 1/10, 1/20, 1/29, 2/7, 2/17, 2/26, 3/6, 3/23-3/27**

- Please bring an exercise mat.
- A towel or small pillow is recommended for neck support if needed.

OASIS SENIOR CENTER

M/W/F 7-7:55am	1/6-1/31	Adult	\$46	SS1501
M/W/F 7-7:55am	2/3-2/28	Adult	\$46	SS1502
M/W/F 7-7:55am	3/2-3/30	Adult	\$46	SS1503
M/W/F 8:05-9am	1/6-1/31	Adult	\$46	SS1507
M/W/F 8:05-9am	2/3-2/28	Adult	\$46	SS1508
M/W/F 8:05-9am	3/2-3/30	Adult	\$46	SS1509

Pilates

Kathryn Rollins

This Pilates beginning/intermediate class is taught with strength, alignment and flexibility in mind. Throughout each class participants are taught proper functional movement so their bodies can be maintained and injuries prevented. Taught by a nurse who specializes in injury prevention and injury management.

- *Bring a mat and patience.*
- *Drop-In (NO REFUNDS) DRP154 \$22*

OASIS SENIOR CENTER

Tu	8:45-9:45am	1/7-2/11	Adult	\$92	SS1613
Tu	8:45-9:45am	2/18-3/24	Adult	\$92	SS1616
W	5:30-6:30pm	1/8-2/12	Adult	\$92	SS1614
W	5:30-6:30pm	2/19-3/25	Adult	\$92	SS1617
Th	7:30-8:30am	1/9-2/13	Adult	\$92	SS1615
Th	7:30-8:30am	2/20-3/26	Adult	\$92	SS1618

Strong, Healthy Bones and Balance

Kathryn Rollins

Strengthen your bones and retrain your body and brain for balance. If you want to keep your bones strong, improve your balance, have osteoporosis or osteopenia this class is for you. Full of scientifically-based moves incorporating impact, weights, resistance and balance beneficial for bone density and balance. Taught by a Buff Bones certified nurse who specializes in injury prevention.

- *Bring a pair of 1.5lb ankle weights and a mat.*
- *Drop-In (NO REFUNDS) DRP154 \$22*

OASIS SENIOR CENTER

Th	10:30-11:30am	1/9-2/13	Adult	\$92	SS1619
Th	10:30-11:30am	2/20-3/26	Adult	\$92	SS1620

Strong, Healthy Bones Chair/ Standing Class

Kathryn Rollins

Strengthen your bones and retrain your body and brain for balance. If you want to keep your bones strong and improve your balance or have osteoporosis, osteopenia this class is for you. Full of scientifically-based moves incorporating impact, weights, resistance and balance proven to be beneficial for bone density and balance. Taught by a Buff Bones certified nurse who specializes in injury prevention.

- *Bring a pair of 1.5lb ankle weights and a mat.*
- *Drop-In (NO REFUNDS) DRP154 \$22*

OASIS SENIOR CENTER

Th	9:15-10:15am	1/9-2/13	Adult	\$92	SS1544
Th	9:15-10:15am	2/20-3/26	Adult	\$92	SS1545

Strong, Healthy Bones Mat/Standing Class

Kathryn Rollins

Strengthen your bones and retrain your body and brain for balance. If you want to keep your bones strong and improve your balance or have osteoporosis, osteopenia this class is for you. Full of scientifically-based moves incorporating impact, weights, resistance and balance proven to be beneficial for bone density and balance. Taught by a Buff Bones certified nurse who specializes in injury prevention.

- *Bring a pair of 1.5lb ankle weights and a mat.*
- *Drop-In (NO REFUNDS) DRP154 \$22*

OASIS SENIOR CENTER

Tu	10-11am	1/7-2/11	Adult	\$92	SS1542
Tu	10-11am	2/18-3/24	Adult	\$92	SS1543

Tai Chi - Sun Style

Diana Wong

The Sun-style tai chi chuan is well known for its smooth and flowing movements which omit the more physically vigorous crouching and leaping of some other styles. With its unique footwork and small circular movements with the hand, Sun-style tai chi improves the flow of energy inside one's body, leading to greater awareness, calmness and overall sense of wellness. This low-impact, weight bearing, relaxing exercise will improve strength and balance, and also reduce pain and stiffness. Its gentle postures and high stances make it very suitable for geriatric exercise and martial arts therapy.

- *Drop-In (NO REFUNDS) DRP163 \$20*

OASIS SENIOR CENTER

W	11:15am-12:15pm	1/8-3/4	Adult	\$97	SS1530
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Tai Chi Qigong

Diana Wong

Being one of the most effective, widely practiced body and mind exercises in the world, the continuous circular, gentle movements of Tai Chi create a powerful flow of energy that will enhance physical health and cultivate tranquility and harmony into your mind. This class provides step by step instruction for Tai Chi Qigong 18 movements. For clarification on style, please email the instructor (dianawong2001@yahoo.com). Beginners are welcome.

- *Please wear comfortable clothing; no open-toed shoes.*
- *Drop-In (NO REFUNDS) DRP163 \$20*

OASIS SENIOR CENTER

Th	9:30-10:30am	1/9-3/5	Adult	\$92	SS1528
Th	9:30-10:30am	1/30-3/5	Adult	\$69	SS1529

Yin-Yang Yoga Fusion

Anchor Five Health & Wellness

Awaken a source of “vitality” by activating the power of your “breath” while you explore various poses that are floor-based, standing, and sometimes performed at the ballet barre. This 75-minute yoga class provides a safe space for you to explore both static postures as well as dynamic vinyasa (flow) sequences. Class begins with a 30-minute yin sequence to target deep connective tissue and fascia throughout the body with the goal of increasing joint circulation. The second part of class transitions into the more traditional yang practice (hatha yoga) to develop muscular strength, stamina, and flexibility. **No class 1/13, 1/20, 1/27, 2/17, 3/20**

- Please bring a yoga mat, blanket, and small towel.
- Drop-In (NO REFUNDS) DRP150 \$22

OASIS SENIOR CENTER

F	2:45-4pm	1/10-1/31	Adult	\$80	SS1565
F	2:45-4pm	2/7-2/28	Adult	\$80	SS1567
F	2:45-4pm	3/6-3/27	Adult	\$60	SS1569
M	5:15-6:30pm	2/3-2/24	Adult	\$60	SS1566
M	5:15-6:30pm	3/2-3/23	Adult	\$80	SS1568

Yoga Fusion: Vinyasa Mixed with Yin (2x)

Anchor Five Health & Wellness

Awaken a source of “vitality” by activating the power of your “breath” while you explore various poses that are floor-based, standing, and sometimes performed at the ballet barre. This 75-minute yoga class provides a safe space for you to explore both static postures as well as dynamic vinyasa (flow) sequences. Class begins with a 30-minute yin sequence to target deep connective tissue and fascia throughout the body with the goal of increasing joint circulation. The second part of class transitions into the more traditional yang practice (hatha yoga) to develop muscular strength, stamina, and flexibility. **No class 1/13, 1/20, 1/27, 2/17, 3/20**

- Please bring a yoga mat, blanket, and small towel.

OASIS SENIOR CENTER

M/F	5:15-4pm	2/3-3/27	Adult	\$224	SS1570
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Zumba Gold (Chair)

CS Dance Factory

Reverse the signs of aging in the brain when you learn some simple dance steps that can be done sitting in the chair. Zumba Gold® (Chair) exercise has simple, easy movements to increase strength and flexibility in your arms, legs, and core muscles. Enjoy listening to energizing music and have a joyful time moving with our uplifting instructor. Great for injury recovery, too. **No class 2/21**

- Bring water and a towel.
- Drop-In (NO REFUNDS) DRP151 \$20

OASIS SENIOR CENTER

F	11:15am-Noon	1/10-1/31	Adult	\$30	SS1561
F	11:15am-Noon	2/14-2/28	Adult	\$20	SS1562
F	11:15am-Noon	3/13-3/27	Adult	\$25	SS1563

Zumba Gold

CS Dance Factory

The dance party workout for the young at heart. Zumba® Gold: Groovin’ at your own pace; beginner and intermediate modifications shown. Easy-to-follow, low-impact dance steps to zesty Latin and international music. Meet new friends while moving and having fun! Improve balance, strength and mobility. Our motivating instructors will uplift and energize you. Now is a good time to feel great! **No class 1/20, 2/17-2/21**

- New multi day discounts for 4-day and 6-day unlimited options!

OASIS SENIOR CENTER

M	9-10am	1/6-3/23	Adult	\$125	SS1551
W	9-10am	1/8-3/25	Adult	\$137	SS1552
Th	9-10am	1/9-3/26	Adult	\$137	SS1553
F	9-10am	1/10-3/27	Adult	\$137	SS1557

4-Day OASIS Option

M/W/Th/F	9-10am	1/6-3/27	Adult	\$297	SS1558
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6-Day Unlimited

M-Sa	9-10am	1/6-3/27	Adult	\$410	SS1559
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NEWPORT BEACH PUBLIC LIBRARY

Library Services Director

Tim Hetherton

Board of Library Trustees

Janet Ray, Chair

Paul Watkins, Vice-Chair

Doug Coulter, Secretary

Barbara Glabman

Kurt Kost

Library Locations & Hours

Central Library

949-717-3800

1000 Avocado Avenue, Newport Beach

Monday-Thursday: 9am to 9pm

Friday & Saturday: 9am to 6pm

Sunday: Noon to 5pm

Balboa Branch

949-644-3076

100 East Balboa Boulevard, Balboa

Monday & Wednesday: 9am to 9pm

Tuesday, Thursday-Saturday: 9am to 6pm

Sunday: Closed

Corona del Mar Branch

949-644-3075

410 Marigold Avenue, Corona del Mar

Closed for re-construction.

Opening July 2019

Mariners Branch

949-717-3838

1300 Irvine Avenue, Newport Beach

Monday-Thursday: 9am to 9pm

Friday & Saturday: 9am to 6pm

Sunday: Noon to 5pm

CDM LIBRARY

Corona del Mar Branch

The community celebrated the opening of the new Corona del Mar Branch Library and the new air-conditioned library building for maximum space utilization. The new building features a brand new collection of books with an outdoor reading area.

Now Open on Monday

CORONA DEL MAR LIBRARY

MONDAY-SATURDAY: 9AM - 6PM

LIBRARY SUPPORT

Friends of the Library Bookstore

949-759-9667

Central Library, 1000 Avocado Avenue

Monday-Saturday: 10:30am to 4:30pm

Sunday: 1-4pm

NBPL Foundation

949-717-3890

www.nbplfoundation.org

LIBRARY SERVICES

Information: 949-717-3800

Circulation: 949-717-3850

Reference: nbplref@newportbeachca.gov

Adult Literacy Services: 949-717-3874

INTERNATIONAL LITERACY DAY

THUR, SEPT 12, 10AM-12PM, CENTRAL LIBRARY
Celebrate the dedicated tutors, learners and supporters of the Newport/Mesa ProLiteracy program at this annual lunch program. Information: literacy@newportbeachca.gov

SUNDAY MUSICALES

LA Classics & Pops Ensemble: The Iconic Music of Claude Bolling

SUN, SEPT 22, 3PM
CENTRAL LIBRARY FRIENDS ROOM
The LA Classics & Pops Ensemble, featuring Cathleen Wong on flute; Scott Graham, double bass; John Ryskowski, drums; and Sonia Lee playing piano, will play a repertoire which elegantly infuses jazz and classical.

Dean Ratzman Swing Music

SUN, OCT 20, 3PM
CENTRAL LIBRARY FRIENDS ROOM
Enjoy an afternoon with jazz musician Dean Ratzman as he performs on piano, trumpet, trombone, and sings hits from '40s swing, big band, jazz standards, 50's, 60's and 70's jazz, blues, rock and soul. Dean's a one-man band that will take you on a delightful musical journey down memory lane.

Vieness Classical Piano Duo



Vijay Venkatesh and Eva Schaumkell, Vieness

SUN, NOV 17, 3PM
CENTRAL LIBRARY FRIENDS ROOM
Vieness, a piano duo featuring Vijay Venkatesh and Eva Schaumkell, entralls audiences with their electric and captivating performances of a wide range of classical repertoire. Vieness will perform works by Schubert, Barber, Bach, Dvořák, and more.

AUTHOR PROGRAMS

Chris Epting Rock n' Roll in Orange County

THUR, SEPT 26, 7PM
CENTRAL LIBRARY FRIENDS ROOM
Meet Chris Epting, an award-winning journalist and the author of over 30 books on history and popular culture. As a longtime Orange County resident he is especially proud of his book, *Rock and Roll in Orange County: Music, Madness and Memories* which he will feature during his talk.

Happy Hour with Steven Rowley

SAT, OCT 26, 6PM, CENTRAL LIBRARY
It's a fun time for a good cause-Literacy! Join Steven Rowley, bestselling author of *Lily and the Octopus*, for the introduction of his new book, *The Editor*. \$35 per person, includes bites, wine and beer. Tickets: literacy@newportbeachca.gov

Nicole Meier The Last Chance Supper Club

WED, OCT 16, 7PM
CENTRAL LIBRARY FRIENDS ROOM
Nicole Meier is a native Southern Californian, who's debut novel, *The House of Bradbury*, was chosen as a Best Book of 2016 by Refinery29. Nicole will be talking about her newest novel, *The Second Chance Supper Club*, that will be published in September.

LEARNING WORKSHOPS

Self-Publishing with Lulu

THUR, OCT 10, 7 PM, CENTRAL LIBRARY
Thinking about writing a book? Already written a book? Wondering what it takes to publish something yourself? Self-published author Alex Jenkins will explain the steps needed to publish your work using the Lulu Publishing platform. Learn about different formatting, pricing, and distribution options.

Self-Publishing with Kindle Direct

THUR, NOV 7, 7PM, CENTRAL LIBRARY
Join us for a second session on self-publishing using the Kindle Direct platform. Kindle Direct is a print on demand service, so there is no setup fee or required minimum order.

Digital Saturday: Digital Bookmobile!

SAT, NOV 16, 10AM-3PM, CENTRAL LIBRARY
Learn more about the library's digital resources, including eBooks, eAudiobooks, eMagazines, and online databases, as well as explore the Media Lab, Sound Lab and Tech Toys available for loan. Visit the Digital Bookmobile for guidance to the local library's digital collection of ebooks and audiobooks. Digital Saturday is free, and no registration required to participate. Bring mobile devices for assistance with ebooks.



Presented by



NEWPORT BEACH PUBLIC LIBRARY
FOUNDATION

nbplfoundation.org
949-717-3892

IT'S YOUR MONEY

This annual series of workshops provides attendees with education and practical solutions to financial and estate planning issues, so they can be in charge of their estates during their lifetimes and beyond. Moderated by Peter Kote.

CENTRAL LIBRARY FRIENDS ROOM

Introduction and New Tax Law

MON, SEPT 16, 10-11:30AM

Presented by Peter Kote

The Financial Sales Game

MON, SEPT 23, 10-11:30AM

Presented by Laurie Dubchansky

Financial Planning I

MON, SEPT 30, 10-11:30AM

Presented by Laura Tarbox

Financial Planning II

MON, OCT 7, 10-11:30AM

Presented by Laura Tarbox

Medical Care Planning

MON, OCT 14, 10-11:30AM

Presented by LeeAnn Godfrey

Equity Investing

MON, OCT 21, 10-11:30AM

Presented by John Heldman

Fixed Income Investing

MON, OCT 28, 10-11:30AM

Presented by Scott Walker

12 Step Recovery for Investors

MON, NOV 4, 10-11:30AM

These free workshops are presented as a community service—for education only. Nothing will be sold, and professional advisors will not be given attendees' contact information.



Dibi & Herbie Fletcher Fletcher: A Lifetime of Surf



THUR, OCT 3, 7PM, CENTRAL LIBRARY

The chapters in the Fletcher family's rich surfing history span generations. Beginning when bathing-suit model Dibi and competitive surfer Herbie met, to raising talented Christian and Nathan on boards and waves, to passing the torch to their skating-phenom grandson, Greyson, Dibi and Herbie Fletcher talk about the Fletcher family and *A Lifetime of Surf*.

This NBPL Foundation's Library Live presentation is FREE with reservation: nbplfoundation.org



Presented by NBPL
Foundation in partnership

MEDICINE OUR BACK

MONDAYS SEPT 23,

CENTRAL LIBRARY

This popular series features Health physicians who will discuss research and cutting edge technology in their various fields of expertise. Topics to be announced. Sign up for announcements at nbplfoundation.org.

BOOK DISCUSSIONS

The "Charlie" Alexander Book Group

WED, SEPT 11, 9:30-11AM

The Atomic City Girls by Denise Kiernan

WED, OCT 9, 9:30-11AM

News of the World by Paulette Jiles

WED, NOV 13, 9:30-11AM

Exit West by Mohsin Hamid

Monthly meetings are held in the Friends Room at the Newport Beach Central Library. Sessions are free; reservations not required. If you have not finished or read the book, come anyway!

CHILDREN'S PROGRAMS

Lego Block Parties

WEDNESDAYS, 3PM, CREAN MARINERS LIBRARY

Central Drop-In Crafts

SAT, SEPT 7, 12-3PM, CENTRAL LIBRARY

Get creative Saturday mornings with a variety of crafts.

Pages of Crafts

TUE, SEPT 10, 4PM, CREAN MARINERS LIBRARY

Celebrate "Read a Book Day" with bookish crafts!

CDM Drop-In Crafts

MON, SEPT 16, 3:30-5:00PM, CDM LIBRARY

Drop in to the Corona del Mar Library to create, craft, and DIY on the first and third Monday of every month!

Crafts Inspired by Moana

WED, SEPT 18, 3:30PM, BALBOA LIBRARY

Board your boat and sail to the Balboa Library for crafts inspired by the movie *Moana*.

Fall Decorations and Dessert

TUE, SEPT 24, 4PM, CENTRAL LIBRARY

Help us decorate our Children's Room for fall! Learn how to make beautiful "stained glass" leaves for the windows and other crafts to hang around the room. Before you leave, be sure to frost a fall cookie to take home!

Fire Safety Crafts

THUR, SEPT 26, 3:30PM, CDM LIBRARY

Be a hero and have fun with our firefighter and fire safety crafts!

Central Drop-In Crafts

SAT, OCT 5, 12-3PM, CENTRAL LIBRARY

TEEN PROGRAMS

College Application Workshop

SAT, AUG 31, 10-11:30AM, CENTRAL LIBRARY

High school seniors only: Learn how to put together the best college application possible, including tips for the common app, UC app, coalition and other applications.

College Essay Workshop

TUE, SEPT 3, 7PM, CENTRAL LIBRARY

Highschool seniors and parents: Learn about the most common college essay topics and how to approach them in this specialized workshop by CollegeWise.

CDM Drop-In Crafts

MON, OCT 7 & 21, 3:30-5:00PM, CDM LIBRARY

Drop in to the Corona del Mar Library to create, craft, and DIY on the first and third Monday of every month!

Fairy Tales and Magic Crafts

THUR, OCT 24, 3:30PM, CDM LIBRARY

With your favorite costume and a wave of your wand, come and join us for some magical fairy tale crafting!

Ghoulish Crafts

TUE, OCT 29, 4PM, CREAN MARINERS LIBRARY

Come make some not-too-spooky crafts for Halloween!

Spooky Stories

WED, OCT 30, 3:30PM, BALBOA LIBRARY

Spooky but not too scary stories and crafts for Halloween. Feel free to come in costume!

3rd Annual Halloween Party

THUR, OCT 31, 4-5:30PM, CENTRAL LIBRARY

Join us for our 3rd annual Halloween Party! Not-so-spooky stories, followed by crafts and trick-or-treating around the library. Wear your costume!

Central Drop-In Crafts

SAT, NOV 2, 12-3PM, CENTRAL LIBRARY

CDM Drop-In Crafts

MON, NOV 4 & 18, 3:30-5:00PM, CDM LIBRARY

Drop in to the Corona del Mar Library to create, craft, and DIY on the first and third Monday of every month!

Teddy Bear Crafts

THUR, NOV 14, 3:30PM, CDM LIBRARY

Everybody loves Teddy Bears - and Teddy Bear crafts!

Generously funded by the Friends of the Library

SAT Practice Test

SAT, SEPT 7, 9:30AM - 1PM, CENTRAL LIBRARY

Sharpen your test taking skills with a free practice test.

ACT Practice Test

SAT, SEPT 14, 9:30AM - 1PM, CENTRAL LIBRARY

practice makes a difference. C2 Education and NBPL team up to help you improve your scores on the ACT.

Finding the Best Fit College

TUE, OCT 8, 7PM, CENTRAL LIBRARY

There are over 2,000 four-year colleges and universities in the United States to consider. Find out how to identify the right fit for a happy and successful college experience.



NEWPORT BEACH CULTURAL ARTS

Cultural Arts Office

1000 Avocado Avenue
Newport Beach, CA 92660
949-717-3870

Cultural Arts Website

www.newportbeachca.gov/culturalarts

Art Exhibits at the Library
Cultural Arts Grants
Concerts on the Green
Newport Beach Art Exhibition
Sculpture in Civic Center Park
NB Sister City Association

City Arts Commission

Arlene Greer, Chair
Michelle Bendetti, Vice-Chair
Miriam Baker
Wayan Kaufman
Ritch LeGrand
Marie Little

City Arts Commission

On behalf of the City, the seven-member City Arts Commission advises City Council on matters pertaining to artistic, aesthetic and cultural aspects of the City. It also actively encourages programs for the cultural enrichment of the community, including visual and performing arts activities as well as arts education programs.

Arts Foundation

The Newport Beach Arts Foundation, a non-profit 501(c)(3) organization, engages individuals and businesses in activities to enrich community life by supporting the City Arts Commission and its cultural arts programming.
www.NewportBeachArtsFoundation.org



Artists of new sculptures at
Richard Becker, *The Tot*;
Buckingham, *Spy Boy*; Lake
START Now.

10 New Sculptures in Park

The Newport Beach City Arts Commission is pleased to announce that ten new sculptures were installed in the Sculpture Exhibition in Civic Center Park in June.

The ten sculptures were chosen from 260 submissions by a six member jury panel made up of arts professionals and members of the City Arts Commission. The new sculptures will be on loan for two years.

Art in the Park

SAT, SEPT 28, 2019, 10AM-4PM

NEWPORT BEACH CIVIC CENTER

Art in the Park returns to Newport Beach for its 16th Year on Saturday, September 28th. Note the new date!!! The annual event is held by the Newport Beach Arts Foundation, a non-profit 501(c)(3) dedicated to supporting the arts in Newport Beach and the work of the city-appointed Arts Commission. It is held on the beautiful Civic Green in Newport Beach. We also welcome new members to the Newport Beach Arts Foundation. Also, should you want to donate, there is an option for that, too. And, of course, the names of the artists who will be participating listed as they sign up.

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2019 CONCERTS ON THE GREEN

Queen Nation

SUN, AUG 25, 6-7:30PM, CIVIC CENTER

In a tribute to one of the most iconic groups in rock history, QUEEN NATION performs hit songs like "We Will Rock You," "Bohemian Rhapsody," "We Are The Champions," and "Crazy Little Thing Called Love."

Flashback Heart Attack

SUN, SEPT 15, 6-7:30PM, CIVIC CENTER

Winners of the best live band/best rock band/best tribute awards in Orange County, FLASHBACK HEART ATTACK brings the authentic 80's band experience to the Civic Center.



Neil Diamond Tribute

SUN, SEPT 29, 4-5:30PM, MARINA PARK

Enjoy this highly entertaining concert featuring Jason Lohrke as an early Neil Diamond. Sing along to Diamond's legendary hit songs from the 1960s, 70s & 80s, including "Solitary Man," "I'm a Believer," "Sweet Caroline," "I Am I Said," and "America."



The Newport Beach City Arts Commission announces the award winners at the 55th Annual Newport Beach Art Exhibition held on June 15. The one-day juried event featured over 300 works of art by 170 artists from throughout Southern California. It was the largest show in the exhibition's 55-year history. Awards were presented by City of Newport Beach Mayor Diane Dixon as follows:

PAINTING: WATERCOLORS

First Place: Ruth Kurisu, *First in Texas*
 Second Place: Julia Martinez, *La Cholla*
 Third Place: Cyrus Ghalambor, *Koi Pond*

PAINTING: OILS & ACRYLICS

First Place: Naoto Ishikawa, *Pumpkin*
 Second Place: Catherine Lambert, *Wrapped Roses*
 Third Place: William West, *Back Bay Sunrise*

3-D ART: SCULPTURE AND MIXED MEDIA

First Place: Cindy Gillis, *Graceful Launch*
 Second Place: Jeongmyo Kim, *Flavorful Handle*
 Third Place: Pratita L, *Sincerity*

PHOTOGRAPHY

First Place: Diana Ghoukassian, *Night Twist*
 Second Place: Richard Ferncase, *L'Observateur Des Cieux*
 Third Place: Raymond Bonavida, *The Bay Lights No. 2*

JUDGES CHOICE: Matt Jones, *Gridiron*

PEOPLE'S CHOICE: C.C. Knowles, *Peace Pipe*

ART AT THE LIBRARY

The Sobier Project by Ed Olen

The Newport Beach City Arts Commission presents the "Sobier Photo Project" by celebrated photographer Ed Olen, on display at the Newport Beach Central Library gallery.

Ed Olen has traveled to Haiti with The Heart of Hollywood Foundation on yearly mission trips since 2012. For the past three years the organization has focused on the village of Sobier, which was particularly devastated by the 2010 earthquake. Olen always photographs his trips, but this year he decided to try something new. With the help of strategic and handmade props, Olen juxtaposes a culture of wealth against a community of need.





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949-496-7289

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949-288-1486

Body Business™
ocbodybusiness.com
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626-598-3454

Conversa, Inc.
conversaspanish.com
info@conversaspanish.com
714-360-7757

CORE Athletic Training
info@coreathletictraining.com
949-562-9108

CS Dance Factory
csdancefactory.com
info@csdancefactory.com
949-230-5934

Culinary Kids
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David Crockett
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Definitely Dance
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info@definitelydance.org
205-420-1292

Diana Wong
dianawong2001@yahoo.com

Dog Services Unlimited
dogclassinfo.com
patty@dogclassinfo.com
714-532-3647

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Endless Sun Surf School
endlessunsurf.com
endlessunsurf@hotmail.com
949-533-1022

Environmental Nature Center
encenter.org
949-645-8489

Etiquette with Ms. Nelson
etiquettewithmsjenn@gmail.com
661-433-3233

F-H

Fashion Camp
info@createdesignsew.com
714-259-0946

Ferdowsi Farsi School
ocferdowsifarsi@gmail.com
714-742-6878

OC Friendship Circle
friendshipoc.org
chani@friendshipoc.org
949-721-9800

Fundamental Chess
fundamentalchess.com
derektan@fundamentalchess.com

Gryphon Fitness Studio
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714-519-1343

Healthy U
714-374-3008

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Nasira Burkholder-Cooley

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Newport Beach City Aquatics Staff

aquatics@newportbeachca.gov
949-644-3151

Newport Beach City Recreation Staff

newportbeachca.gov
recreation@newportbeachca.gov
949-644-3151

Newport Beach Sports Staff

newportbeachca.gov/sports
sports@newportbeachca.gov
949-644-3151

Newport Aquatic Center

newportaquaticcenter.com
admin@newportaquaticcenter.com
949-646-7725

Newport Surf Camp

newportsurfcamp.com
newportsurfcamp@yahoo.com
866-SURF-CAMP

Newport Volleyball Academy

dglenn@nmusd.us
949-500-7118

O

Ocean Adventures

eriknelsensurf.com

O.C. Dance Productions

ocdanceproductions.com
info@ocdanceproductions.com
714-389-1933

OC Equestrian Vaulting

ocvaulting.com
info@ocvaulting.com
949-355-7023

OC Playball

nblake@ocplayball.com
949-606-4038

OC Tiny Tots Academy

octinytots.com
949-433-5065

Odyssey Dance

odysseydanceacademy.com
info@odysseydanceacademy.com
949-752-9400

P

Parker Anderson Enrichment

oc@parker-anderson.org
714-292-0023

Pateadores Soccer

ocpateadores.org
949-386-7244
admin@pateadores.org

Piano Voice Lessons & Beyond

southcalmusic.com
sweetmusic8816@yahoo.com
949-429-5702

Play-Well TEKnologies

chrissey@play-well.org
714-861-9807

Portal Languages

costamesa@portallanguages.com
714-979-1655

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714-721-7977

RMS Tennis

rmsnewportbeach.com
714-342-9058
fountainvalleytenniscenter@hotmail.com

Rose Reynolds

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Rick Bradley

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714-552-4872

Shaughnessy Irish Dance

shaughnessykate@yahoo.com
909-762-4346

Skatedogs

skatedogs.com
714-313-8787
mail@skatedogs.com

Skyhawks Sports Academy

skyhawks.com
skyhawks@skyhawks.com
800-804-3509

South Coast Music Together

southcoastmusictogether.com
949-706-3408

Strategic Kids

strategicikids@gmail.com
949-545-8146
ssizemore@strategickids.com

Successful Little Athletes

successfullittleathletes@cox.net
949-364-1465

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info@takethestageproductions.com

Terry Sweeney

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Theresa Fernald

tfernal@saddleback.edu

Theresa Ripke

mail@theresaripke.com

The Rock Band Experience

therockbandexperience.net
greg.therockbandexperience@gmail.com
562-977-8723

Tumble-N-Kids, Inc.

tumblenkids.com
tmblena@aol.com
714-842-3586

U-Z

UCI Sailing

boating@uci.edu
949-270-8160

Vickie Jackson

vickie@promodonnas.com
951-809-8010

Webreak Hip Hop Dance

webreakdance.com
info@webreakdance.com
562-277-1385

Westcliff Yogi

christine@westcliffyogi.com
949-351-5878

Yvette Casal

meltwithyvette@gmail.com
714-520-1427

Online

Available only prior to class start date.

1. Go to newportbeachca.gov
2. Click on Classes.
3. Click on My Account.
4. Enter Username & Password.
5. Click on Register for Activities.
6. Sort Activities or Search for class
7. Click on Name of Activity.
8. Click Add to My Cart.
9. Follow the steps for payment.

Mail-In or Email

REGISTRATION FORM & PAYMENT TO:

Recreation & Senior Services Dept.

City of Newport Beach
100 Civic Center Drive
Newport Beach, CA 92660

recreation@newportbeachca.gov

Fax-In

Both pages of the registration form including your Visa, Description Mastercard, Discover or AmEx card number/expiration date and fax to 949-644-3155. Faxes are processed during regular business hours.

Walk-In

Recreation & Senior Services Dept.

100 Civic Center Dr.
Newport Beach, CA 92660

Monday–Thursday: 7:30 a.m.–5:30 p.m.

Friday: 7:30 a.m.–4:30 p.m.

Newport Coast Community Center

6401 San Joaquin Hills Rd.
Newport Beach, CA 92657

Monday–Thursday: 8 a.m.–10 p.m.

Friday: 8 a.m.–4 p.m.

Saturday: 9 a.m.–1 p.m.

OASIS Senior Center

801 Narcissus Ave.
Corona del Mar, CA 92625

Monday–Friday: 8 a.m.–5 p.m.

Marina Park Community Center

1600 West Balboa Blvd.
Newport Beach, CA 92663

Monday–Thursday: 7:30 a.m.–5:30 p.m.

Friday: 7:30 a.m.–4:30 p.m.

Registration Information

- Registration is required for all programs/camps.
- Programs/camps are subject to change without notice.
- Fax and mail-in registrations are processed upon receipt of a completed and signed registration form.
- Confirmation receipts are emailed for fax and mail-in registration. Online registration receipts available under account information.
- Registration will NOT be accepted over the phone.
- Fees are not pro-rated for missed classes or late registration.
- If program/camp is full, you will be placed on a wait list. If space becomes available, City staff will contact you and provide a 24 hour response time before moving to the next person on the list. No class petitioning permitted.

Refund Policy

Program Cancellation

A full refund will be granted if program/camp is cancelled by the Recreation & Senior Services Department.

Participant Request for Program/Camps

Unless otherwise noted, no refunds after the commencement of the second class or camp. Refunds for workshops and one or two day classes will be granted if requested five business days before class begins.

Refund Fees

Classes/Workshops

- \$10 for classes/camps \$74 and under.
- \$20 for classes/camps \$75 and above.

Newport Beach Day Camps/Pint Sized Campers

- \$25 refund fee applies for withdrawals with seven days or more notice.
- \$50 refund fee applies for withdrawals with six days or less notice.
- No refunds once camp has begun.

Contract Summer Camps

- \$10 for camps \$74 and under before camp begins
- \$20 for camps \$75 and above before camp begins
- If request is made before the second day of camp a refund fee equivalent to a single day of camp will be charged unless otherwise noted. NO REFUNDS after commencement of second day of camp.
- Events/Excursions no refunds.

Refund Processing Time/Payment Type

- Check/Cash- Refunds processed within 3-4 weeks by mailed check.
- Credit Card – Refunds processed within 3-5 days

Participant Code of Conduct

All participants are expected to exhibit appropriate behavior at all times while participating, being a spectator, or attending any program or activity conducted or sponsored by the City of Newport Beach Recreation & Senior Services Department. The following guidelines are designed to provide safe and enjoyable activities for all participants:

- Be respectful of and to all participants and program staff.
- Take direction from program staff/supervisors.
- Refrain from using abusive or foul language.
- Refrain from causing bodily harm to self, other participants, or program staff/supervisors.
- Refrain from damaging equipment, supplies, and facilities.
- Refrain from harassment of staff, instructors or participants.
- Failure to follow these rules may result in denial of program participation privileges. The City of Newport Beach Recreation & Senior Services Department strives to make your participation fun-filled, rewarding, educational and safe. Thank you for your cooperation.

CREDIT CARD INFORMATION

Credit Card Number	Exp. Date
Full Name Appearing On the Credit Card	CVV (3 or 4 digit code on back of card)



CITY OF NEWPORT BEACH
RECREATION & SENIOR SERVICES DEPARTMENT
 100 Civic Center Drive ■ Newport Beach, CA 92660
 Phone: 949-644-3151 ■ Fax: 949-644-3155
 email: recreation@newportbeachca.gov ■ newportbeachca.gov

Please note, your receipt will be emailed.

ADULT/GUARDIAN INFORMATION (Please print all information)

Adult/Guardian Last Name		Adult/Guardian First Name	
Address		City	Zip Code
Home Phone	Cell Phone	Work Phone	Email

PARTICIPANT & COURSE INFORMATION

Participants Name	Date of Birth	Gender	Course #	Class Name	Fee
<i>example John Doe</i>	<i>04/18/07</i>	<i>M</i>	<i>NCC230</i>	<i>Gymnastics</i>	<i>\$60</i>
Payment Options Cash, checks and credit cards accepted. Please make checks payable to the City of Newport Beach . If paying by credit card, please fill out the credit card information form on the adjacent page. <i>Special Assistance If you need special accommodations for activities notify the Recreation & Senior Services Dept. at 949-644-3151 or recreation@newportbeachca.gov.</i>					Total Class Fees
					Non-Resident Fee for Classes \$5/class \$74 & below <i>or</i> \$10/class \$75 & up
					Non-Resident Fee for Camps \$10/camp \$124 & below <i>or</i> \$20/camps \$125 & up
					GRAND TOTAL

REGISTRATION INFORMATION & POLICIES I (We) the undersigned certify that I (We) have read, reviewed, understand and agree to the Registration Information & Policies on adjacent page. These policies are also included as part of your receipt.

PHOTO RELEASE I understand that from time to time City representatives may photograph activities of City recreation programs and participants. By signing this form, I authorize the City of Newport Beach to use or publish any photographs taken by the City showing my participation or my child/children's participation to promote classes on the City's website and other social media used by the City, future publications of the Newport Navigator and/or fliers.

WAIVER & RELEASE OF LIABILITY In consideration of participation in the Program, I (We), the undersigned, recognize, agree and acknowledge as follows: (1) Participation in the Program is voluntary; (2) Follow and abide by the rules, regulations, guidelines and Participant Code of Conduct (3) The participant is in good health, physically able to participate in the program without restrictions and has no medical condition that would or may cause participation to be potentially hazardous to his or her health, which the city can request participant to agree to furnish medical documentation at participants own expense; (4) Failure to disclose a medical condition could terminate participation; (5) There is a real possibility that participant could be seriously injured while participating in the Program; (6) Participant assumes all risks associated with participation in the Program. Participant acknowledges the inherent and potential dangers of participating and expressly waives and voluntarily assumes all risk of personal injury or death which may be sustained while participating. **I (WE) RECOGNIZE THAT REGISTRATION IN THE PROGRAM IS DANGEROUS AND CONTAINS RISK OF PERSONAL INJURY, DEATH, DISABILITY, PROPERTY DAMAGE OR LOSS ("DAMAGES").** I ASSUME ANY AND ALL RISKS associated with my or my child's participation in the Program, including, but not limited to, strenuous physical activity or exertion; striking or being struck, by objects or persons; slipping; and exposure to heat, cold or humidity. Such risk may result in injuries that include, but are not limited to: sprain, strain or tear of muscles or ligaments; fracture or dislocation of joints or bones; head or facial injuries; spinal cord or internal injuries. I know that the risks, hazards and dangers include, but are not limited to, falling, slipping, colliding with other users, staff or spectators. I understand that these risks, hazards and dangers are further increased when other persons, whether or not of the same level of experience, are present at the same time and/or using the same facilities. **ALL SUCH RISKS ARE KNOWN AND APPRECIATED BY ME.** I hereby, for myself, my child, heirs, or anyone who might claim on my or my child's behalf, agree not to bring any claim, and waive, release and forever discharge the City of Newport, the Newport-Mesa Unified School District, SCMAF (Southern California Municipal Athletic Federation), and all of their officers, agents, and employees from any and all duty to me, my child and/or liability for damages arising out of or in the course of my child's participation in the Program, including all liability for any active or passive negligence by the City/Newport-Mesa Unified School District and/or their officers, agents and employees. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. I waive and voluntarily assume all risk of personal injury which may be sustained while participating. The laws of the State of California shall govern this agreement. The undersigned, hereby acknowledged to be lawful parent(s) and/or guardian(s) of the participant, acknowledge(s) my/our qualifications to sign the Release on behalf of the participant.

Mandatory Signature _____ **Date** _____

Class Sites

- 1 Anderson Elementary School
1900 Port Seabourne Pl
- 2 Arroyo Park
1411 Bayswater
- 3 Back Bay Science Center
600 Shellmaker Rd
- 4 Bonita Creek Community Center and Park
3010 La Vida
- 5 Bonita Canyon Sports Park East (BCSP)
1990 Ford Rd
- 5 Bonita Canyon Sports Park West (BCSP)
1641 Ford Rd
- 6 Bob Henry Park
900 Dover Dr
- 7 Buck Gully Reserve
Poppy Ave, Corona del Mar
- 8 Buffalo Hills Park
1901 Port Provence Pl
- 9 Carroll Beek Community Center
115 Agate Ave, Balboa Island
- 10 Cliff Drive Park and Community Center
301 Riverside Ave
- 11 City Hall/Recreation and Senior Services Department and Community Room
100 Civic Center Dr
- 12 Coastal Peak Park
20403 East Coastal Peak, Newport Coast
- 13 Community Youth Center (CYC)
Grant Howald Park
3000 Fifth Ave, Corona del Mar
- 14 Corona del Mar Beach
3029 Breakers Dr
- 15 Eastbluff Park/Boys and Girls Club
2555 Vista del Oro
- 16 Eastbluff Elementary School
2627 Vista del Oro
- 17 Ensign School
2000 Cliff Dr
- 18 Harbor Day Elementary
3443 Pacific View Dr
- 19 Harbor View Elementary School
900 Goldenrod Ave, Corona del Mar

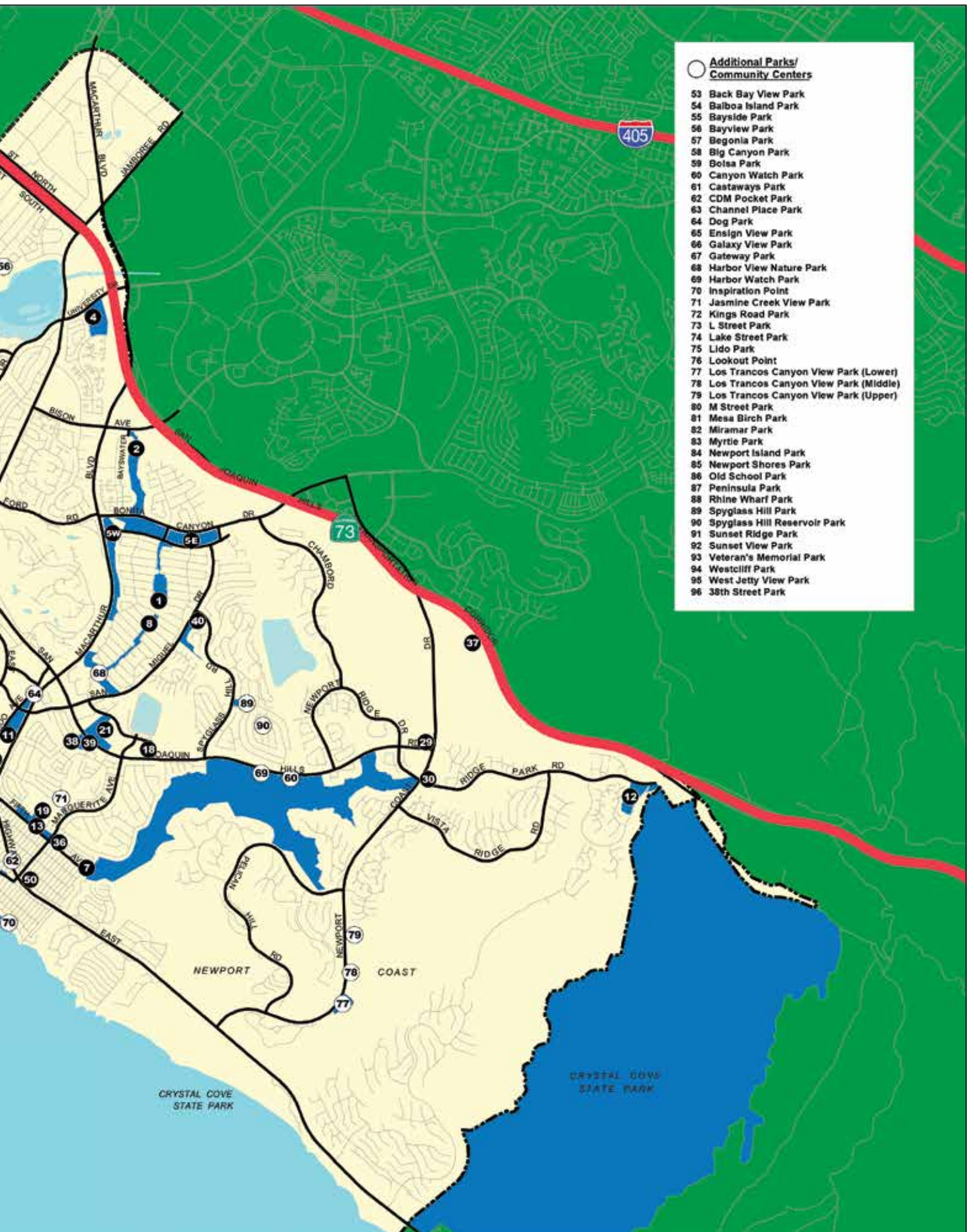
- 20 Irvine Terrace Park
721 Evita Dr
- 21 Lincoln Athletic Center
3101 Pacific View Dr
- 22 Marian Bergeson Aquatic Center (MBAC)
Corona del Mar High School
2102 Eastbluff Dr
- 23 Marina Park
1000 Balboa Blvd W
- 24 Mariners Elementary School
2100 Mariners Dr
- 25 Mariners Park
Vincent Jorgensen Community Center (VJC)
1300 Irvine Ave
- 26 Newport Beach Aquatic Center (NBAC)
1 White Cliffs Dr
- 27 Newport Beach Golf Course
3100 Irvine Ave
- 28 Newport Beach Tennis Center
2601 Eastbluff Dr
- 29 Newport Coast Community Center (NCCC)
6401 San Joaquin Hills Rd, Newport Coast
- 30 Newport Coast Elementary School
6655 Ridge Park Rd, Newport Coast
- 31 Newport Elementary School
1327 Balboa Blvd W
- 32 Newport Heights Elementary School
300 15th St
- 33 Newport Harbor High School
600 Irvine Ave
- 34 Newport Pier
Newport Blvd, Balboa Blvd W

- 35 Newport Theatre Arts Center
2501 Cliff Dr
- 36 OASIS Senior Center
801 Narcissus Ave, Corona del Mar
- 37 Sage Hill High School
20402 Newport Coast Dr, Newport Coast
- 38 San Joaquin Hills Lawn Bowling Center
1550 Crown Dr, Corona del Mar
- 39 San Joaquin Hills Tennis Court
1550 Crown Dr, Corona del Mar
- 40 San Miguel Park
2200 San Miguel Dr
- 41 Southwind Kayak Center
Coast Hwy E, Bayside Dr
- 42 West Newport Community Center (WNCC)
883 15th St W
- 43 West Newport Park/Tennis Courts
5800 Seashore Dr
- 44 Sailing Base
Balboa Blvd E, 18th St on bay side
- 45 16th St Community Center
868 W 16th St
- 46 28th St Beach
28th St, Balboa Blvd
- 47 36th St Beach
36th St, Balboa Blvd
- 48 61st St Beach
61st St, Seashore Dr

Libraries

- 49 Balboa Branch
100 Balboa Blvd E
- 50 Corona del Mar Branch
420 Marigold Ave, Corona del Mar
- 51 Crean Mariners Branch
1300 Irvine Ave
- 52 Newport Beach Central Library
1000 Avocado Ave





- **Additional Parks/
Community Centers**
- 53 Back Bay View Park
 - 54 Balboa Island Park
 - 55 Bayside Park
 - 56 Bayview Park
 - 57 Begonia Park
 - 58 Big Canyon Park
 - 59 Bolsa Park
 - 60 Canyon Watch Park
 - 61 Castaways Park
 - 62 CDM Pocket Park
 - 63 Channel Place Park
 - 64 Dog Park
 - 65 Ensign View Park
 - 66 Galaxy View Park
 - 67 Gateway Park
 - 68 Harbor View Nature Park
 - 69 Harbor Watch Park
 - 70 Inspiration Point
 - 71 Jasmine Creek View Park
 - 72 Kings Road Park
 - 73 L Street Park
 - 74 Lake Street Park
 - 75 Lido Park
 - 76 Lookout Point
 - 77 Los Trancos Canyon View Park (Lower)
 - 78 Los Trancos Canyon View Park (Middle)
 - 79 Los Trancos Canyon View Park (Upper)
 - 80 M Street Park
 - 81 Mesa Birch Park
 - 82 Miramar Park
 - 83 Myrtle Park
 - 84 Newport Island Park
 - 85 Newport Shores Park
 - 86 Old School Park
 - 87 Peninsula Park
 - 88 Rhine Wharf Park
 - 89 Spyglass Hill Park
 - 90 Spyglass Hill Reservoir Park
 - 91 Sunset Ridge Park
 - 92 Sunset View Park
 - 93 Veteran's Memorial Park
 - 94 Westcliff Park
 - 95 West Jetty View Park
 - 96 38th Street Park

City of Newport Beach
100 Civic Center Drive
Newport Beach, CA 92660

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PERMIT #289

Breakfast with Santa

Pictures with Santa Claus • Crafts • Bouncer • Train Rides and More

FRIDAY, DECEMBER 6

9:30–11 a.m.

Newport Coast Community Center

6401 San Joaquin Hills Rd, Newport Beach

REGISTRATION CODES

Children under 2; FREE **BWS100**

Children 2+; \$15 **BWS101** • Adults; \$15 **BWS104**

Marina Park Family Fun Night

Pictures with Santa Claus • Boat Parade Viewing • Activities for kids

FRIDAY, DECEMBER 20

5:30 p.m.

BOAT PARADE STARTS AT 6:30 P.M.

Marina Park Community Center

1600 W Balboa Blvd, Newport Beach

REGISTRATION CODES

Children 2+; \$15 **MPBPNK** • Adults; \$25 **MPBPNA**



*Holiday
Happenings*



CITY OF NEWPORT BEACH • RECREATION & SENIOR SERVICES DEPARTMENT

For more information and registration:

newportbeachca.gov/recreation • 949-644-3151

**Parks
Make
Life
Better!**