

Special Needs



The City of Newport Beach is proud to serve participants with special needs. Patrons are encouraged to enjoy an assortment of activities through our recreation classes and programs as well as specialized adaptive recreation programs.

See our *Natural Resources* section for field trips that can be adapted for participants with special needs.



Special Needs Ballroom Basics Definitely Dance Inc.

Join us for a dynamic dance class that is specifically designed for people 18+ with all types of special needs and developmental disabilities! Must sign up with a family member or caregiver, who will be your dance buddy throughout class. One registration per pair.

Taught by our lead instructor, Mandy Mykitta, many dances will be represented. From the Waltz to the Hustle, we'll teach you all the moves you need to own any dance floor!

- *Dance buddies do not need to be registered for class.*

COMMUNITY YOUTH CENTER

Sa	11:30am-12:30pm	1/11-2/8	18+	\$50	CY1082
Sa	11:30am-12:30pm	2/15-3/14	18+	\$50	CY1083

Fun with Horses

Back Bay Therapeutic Riding Club

Introduction to horses, donkeys and farm animals. Classes include learning horsemanship skills, fun activities, and some horseback riding (if suited). Bring water, close toed shoes, and sunscreen if needed. Not recommended for people with allergies.

BACK BACK THERAPEUTIC RIDING CENTER

W	9:30-11:30am	1/8-2/26	Adult	\$255	FB1017
---	--------------	----------	-------	-------	---------------

Solo to Social Gymnastics

Kids Care

Individually tailored class to a child's needs and level of autonomy while having fun learning gymnastics and lifetime skills. We focus on progressive structured classes developing motor skills, flexibility, coordination, self-efficacy and confidence. These classes are designed to allow progression to typical gymnastics programs and group integration.

No class 2/19, 2/21, 2/22

- *Attire: comfortable clothing- no zippers or jeans.*
- *Please call 714-249-1105 for alternative classes to fit your schedule.*

16TH ST. RECREATION CENTER

W	Noon-12:45pm	1/8-3/25	1yrs-Adult	\$425	ST1021
F	Noon-12:45pm	1/10-3/27	1yrs-Adult	\$425	ST1022
Sa	9-9:45am	1/11-3/21	1yrs-Adult	\$390	ST1023
Sa	1-1:45pm	1/11-3/21	1yrs-Adult	\$390	ST1024

Group Open Gymnastics

Kids Care

Socialization and group participation make this specially grouped class a fun place for improving basic gymnastics and social skills, strength and flexibility leading to autonomy in group settings. The encouraged interaction with others in a safe and active environment make this class a great place to meet new friends. **No class 2/19**

16TH ST. RECREATION CENTER

W	6:30-7:15pm	1/8-3/18	7yrs+	\$145	ST1008
---	-------------	----------	-------	-------	---------------



FREE Basketball Buddies Friendship Circle OC

Basketball Buddies is a program for kids and young adults who would like to learn fundamental basketball skills and make new friends! Every participant will be paired up with a teen buddy who then assists them acquire their newly learned skills. Participants will play a scrimmage game each class.

- *RSVP is required.*
- Register at friendshipoc.org

NEWPORT COAST COMMUNITY CENTER

Su 11am-1pm 1/12, 2/9, 3/8 10-25yrs

FREE Sunday Circle Friendship Circle OC

Join the Friendship Circle and come together for a variety of entertainment, recreation and enrichment activities. This program offers an unique opportunity for children and teens to gain skills and confidence from group activities while still receiving one-on-one attention from their buddies. The Sunday Circle program helps to teach children everything from gross motor and cognitive techniques to communication and language skills. Specialized activities raise the spirits and promote creativity, while sports activities exercise gross motor skills and promote physical fitness.

- *RSVP is required.*
- Register at friendshipoc.org

BONITA CREEK COMMUNITY CENTER

Su 2-4pm 1/12, 2/9, 3/8 4-18yrs

Winter Camp 2019 Friendship Circle OC

An action-packed day camp for children with special needs, filled with fun camp activities ranging from sports, music, spectacular games, art, entertainment and exciting trips around Orange County. Campers are paired one-on-one with trained teen counselors who provide friendship and support. All staff members and volunteers are handpicked for their experience and dedication in working with individuals with special needs and are specially trained and briefed on each camper to ensure that participants have the safest and most exciting summer possible.

- Sign up for the week or just for the day that works for you!
- Register at www.friendshipoc.org

BONITA CREEK COMMUNITY CENTER

M-F 10am-3pm 12/30-1/3 \$300/week or \$60/day 6yrs+



For More Information Visit newportbeachca.gov and search "Special Needs Programming" for a full list of local resources.