

UPDATE

NEWPORT NAVIGATOR



Newport Beach City Council

Mayor	Will O'Neill woneill@newportbeachca.gov
Mayor Pro Tem	Brad Avery bavery@newportbeachca.gov
Council Member	Joy Brenner joy@newportbeachca.gov
Council Member	Diane B. Dixon ddixon@newportbeachca.gov
Council Member	Duffy Duffield dduffield@newportbeachca.gov
Council Member	Jeff Herdman jherdman@newportbeachca.gov
Council Member	Kevin Muldoon kmuldoon@newportbeachca.gov

Parks, Beaches & Recreation Commission

Chair	David Granoff dgranoff@newportbeachca.gov
Vice Chair	Heather Ignatin hignatin@newportbeachca.gov
Commission Member	Hassan Archer harcher@newportbeachca.gov
Commission Member	Diane Daruty ddaruty@newportbeachca.gov
Commission Member	Laird Hayes lhayes@newportbeachca.gov
Commission Member	Walt Howald whowald@newportbeachca.gov
Commission Member	Kate Malouf kmalouf@newportbeachca.gov

City Staff

City Manager	Grace K. Leung gleung@newportbeachca.gov
Recreation & Senior Services Director	Laura Detweiler ldetweiler@newportbeachca.gov
Recreation & Senior Services Deputy Director	Sean Levin
Senior Services Manager	Celeste Jardine-Haug
Recreation Manager	Jonathon Harmon
Recreation Manager	Justin Schmillen
Recreation Manager	Racquel Valdez

City Hall Hours

Monday–Thursday	7:30 a.m.–5:30 p.m.
Friday	7:30 a.m.–4:30 p.m.

City Directory

Budgeting & Finance	949-644-3127
Animal Control	949-644-3717
Building Department	949-644-3275
Building Permits	949-644-3288
City Attorney	949-644-3131
City Clerk	949-644-3005
Code Enforcement	949-644-3215
Community Youth Center	949-644-3165
Fire & Lifeguard (Business)	949-644-3104
Fire/Police Emergency	9-1-1
General Services	949-644-3055
Graffiti Hotline	949-644-3333
Human Resources	949-644-3300
Information	949-644-3309
Library	949-717-3800
Licenses	949-644-3141
OASIS Senior Center	949-644-3244
Marina Park	949-270-8150
Natural Resources/Tidepools	949-644-3036
Mayor	949-644-3004
Newport Coast Community Center	949-270-8100
Park Patrol	949-795-2381
Parking Citations	949-644-3396
Planning Department	949-644-3200
Police (Front Desk)	949-644-3681
Police (Non-emergency Dispatch)	949-644-3717
Public Works	949-644-3311
Recreation & Senior Services	949-644-3151
Utilities Department	949-644-3011
Water Bill Information	949-644-3050



Recreation & Senior Services Department

100 Civic Center Drive, Bay E
Newport Beach, CA 92660

newportbeachca.gov/recreation
recreation@newportbeachca.gov

PHONE: 949-644-3151

FAX: 949-644-3155

PARK PATROL: 949-795-2381

MUD LINE: 949-718-1860

Spring 2020

- X Special Events
- X Special Needs
- X Natural Resources
- X Winter Camps
- X Preschool
- XX Youth & Teens
- XX Workshops
- XX Water Sports
- XX Tennis
- XX Pickleball
- XX Adults
- XX Adult Leagues
- XX OASIS
- XX Library
- XX Cultural Arts
- XX Instructor Directory
- XX Registration Form
- XX Map

Stay up-to-date on what Newport Beach is working on to address community noise concerns related to John Wayne Airport's operations.

www.newportbeachca.gov/jwa

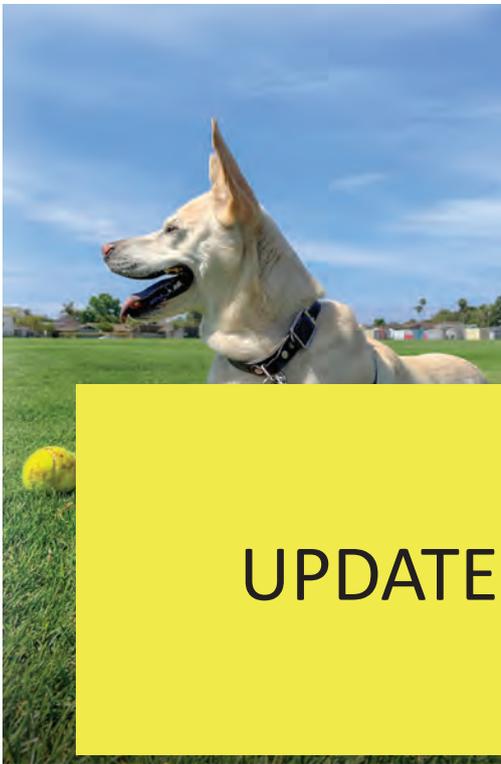
About the Cover

7v7 soccer is a terrific way to compete with co-workers or just get some exercise this winter season. If soccer is not your sport, we offer leagues year round for basketball and softball. Find the league that's right for you at newportbeachca.gov/sports.

PAGE XX



**Parks
Make
Life
Better!**



Welcome Letter

EnVISION your happy, healthy and fun filled future in perfect **SIGHT** as we head towards **2020**! This edition of the Navigator offers ample opportunities for celebration at our annual Breakfast with Santa or Family Fun Night at Marina Park for the best **VIEW** of the Boat Parade.

PICTURE yourself in one of our many fitness or enrichment classes or sports leagues.

SEE you at one of our **77 parks** and facilities soon!

CONNECT WITH US



2ND ANNUAL NEWPORT BEACH HOME TOWN SPECIAL OLYMPICS



Unity Torch Walk, Mini Hoop Shoot Challenge & BBQ

Thursday, May 14 • 6–9 p.m.
Newport Beach Civic Center

Join us as over 300 Special Olympic Athletes, Newport Beach Police, Fire, City Council, local officials, business and community members converge on the Civic Center Park trail passing the torch to one another in a show of unity and community. Let's celebrate the over 539 Special Olympic Athletes that live, work train and go to school here in Newport Beach. You'll be treated to a spirited evening that features a Newport Rib Company BBQ, live band, fine wines, craft beer and lots of fun!

TO REGISTER:

sosc.org/newporthometown

For more information on the event and sponsorships, email Sue Adams at suewildermuthadams@gmail.com.



11th Annual Field of Honor

★★★ FRIDAY, MAY 15 at 8:00 A.M. ★★★

Castaways Park

700 Dover Dr., Newport Beach

Visitors welcome daily from Friday, May 15 to Monday, May 25.



Please join us to honor the defenders of our freedom, past and present, as you walk along the paths of 1,776 arranged American flags.

■ Ceremonies held on:

Armed Forces Day – Saturday, May 16
Memorial Day – Monday, May 25

For more information about flag dedications, sponsorships and event details, visit www.exchangeclubofnewportharbor.com.



Special Olympics
Southern California



BASKETBALL TOURNAMENT

SATURDAY, APRIL 25 • 9 AM–1 PM

Newport Coast Community Center
6401 San Joaquin Hills Rd., Newport Coast



For more information or to volunteer:
CALL: 714-564-8374
EMAIL: jcabrera@sosc.org



LAWN BOWLING OPEN HOUSE

“Saturday on the Green”

SATURDAY, MAY 9

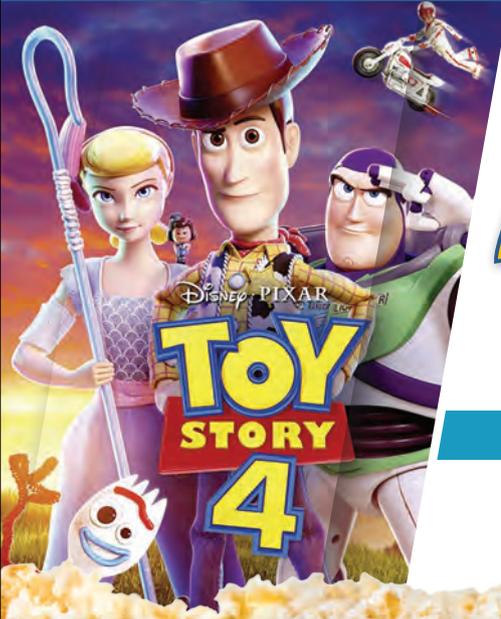
10 A.M.–3 P.M.

1550 Crown Drive North | Corona del Mar
(San Joaquin Hills Rd across from Gelson's Market)

NEWPORT HARBOR
LAWN BOWLING CLUB

For more information, call 949-640-1022.

CITY OF NEWPORT BEACH • RECREATION & SENIOR SERVICES



Movie in the Park

Parks
Make
Life
Better!



FREE
Popcorn

FREE
Candy

FREE
Activities

FOOD FOR
Purchase

FRIDAY, MAY 29

Event starts at 6:45 p.m.

Toy Story 4 @ Marina Park

1600 W. Balboa Blvd., Newport Beach



SAVE THE DATE FOR ADDITIONAL MOVIE EVENTS

JUNE 19
Mariners Park

JULY 19
Cliff Drive Park

AUGUST 23
Grant Howald Park

SEPTEMBER 20
Buffalo Hills Park

For more information, visit newportbeachca.gov/recreation or call 949-644-3151.

CITY OF NEWPORT BEACH • RECREATION & SENIOR SERVICES DEPARTMENT



6TH ANNUAL MAYOR'S EGG RACE

EGG ROLL RACES • PICTURES • INFLATABLES • TRAIN RIDES • AND MORE



SATURDAY, APRIL 4

10 a.m.–Noon

Civic Center Lawn

100 Civic Center Dr., Newport Beach

For more information and registration:

newportbeachca.gov/recreation • 949-644-3151



Special Needs

The City of Newport Beach is proud to serve participants with special needs. Patrons are encouraged to enjoy an assortment of activities through our recreation classes and programs as well as specialized adaptive recreation programs.

See our *Natural Resources* section for field trips that can be adapted for participants with special needs.

Group Open Gymnastics

Kids Care

Socialization and group participation make this specially grouped class a fun place for improving basic gymnastics and social skills, strength and flexibility leading to autonomy in group settings. The encouraged interaction with others in a safe and active environment make this class a great place to meet new friends.

16TH ST. RECREATION CENTER

W	6:30-7:15pm	4/1-5/6	7yrs+	\$145	ST2008
W	6:30-7:15pm	5/27-6/17	7yrs+	\$145	ST2009

Solo to Social Gymnastics

Kids Care

Individually tailored class to a child's needs and level of autonomy while having fun learning gymnastics and lifetime skills. We focus on progressive structured classes developing motor skills, flexibility, coordination, self-efficacy and confidence. These classes are designed to allow progression to typical gymnastics programs and group integration.

No class 2/19, 2/21, 2/22

- Notice: Call 714-249-1105 for alternative classes to fit your schedule.

16TH ST. RECREATION CENTER

M	3:10-3:55pm	3/30-5/4	1yrs-Adult	\$215	ST1030
M	4-4:45pm	3/30-5/4	1yrs-Adult	\$215	ST1031
Sa	9-9:45am	4/4-5/9	1yrs-Adult	\$215	ST1032
M	3:10-3:55pm	5/11-6/15	1yrs-Adult	\$180	ST1033
M	4-4:45pm	5/11-6/15	1yrs-Adult	\$180	ST1034
Sa	9-9:45am	5/23-6/20	1yrs-Adult	\$180	ST1035

Fun with Horses

Back Bay Therapeutic Riding Club

Introduction to horses, donkeys and farm animals. Classes include learning horsemanship skills, fun activities, and some horseback riding (if suited). Bring water, close toed shoes, and sunscreen if needed. Not recommended for people with allergies.

No class 5/18, 5/25

BACK BACK THERAPEUTIC RIDING CENTER

M	1-3pm	4/13-6/15	Adult	\$255	FB2000
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Special Needs Ballroom Basics

Definitely Dance Inc.

Join us for a dynamic dance class that is specifically designed for people 18+ with all types of special needs and developmental disabilities! Must sign up with a family member or caregiver, who will be your dance buddy throughout class. One registration per pair. Taught by our lead instructor, Mandy Mykitta, many dances will be represented. From the Waltz to the Hustle, we'll teach you all the moves you need to own any dance floor!

- Notice: Dance buddies do not need to be registered for class.

COMMUNITY YOUTH CENTER

Sa	11:30am-12:30pm	4/4-5/2	18+	\$50	CY2011
Sa	11:30am-12:30pm	5/16-6/13	18+	\$50	CY2012

FREE

Basketball Buddies

Friendship Circle OC

Basketball Buddies is a program for kids and young adults who would like to learn fundamental basketball skills and make new friends! Every participant will be paired up with a teen buddy who then assists them acquire their newly learned skills. Participants will play a scrimmage game each class.

- Required: RSVP at friendshipoc.org

NEWPORT COAST COMMUNITY CENTER

Su	11am-1pm	4/19, 5/3, 6/7	10-25yrs
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FREE

Sunday Circle

Friendship Circle OC

Join the Friendship Circle and come together for a variety of entertainment, recreation and enrichment activities. This program offers an unique opportunity for children and teens to gain skills and confidence from group activities while still receiving one-on-one attention from their buddies. The Sunday Circle program helps to teach children everything from gross motor and cognitive techniques to communication and language skills. Specialized activities raise the spirits and promote creativity, while sports activities exercise gross motor skills and promote physical fitness.

- RSVP is required.
- Register at friendshipoc.org

BONITA CREEK COMMUNITY CENTER

Su	2-4pm	4/19, 5/3, 6/7	4-18yrs
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For More Information

Visit newportbeachca.gov and search "Special Needs Programming" for a full list of local resources.

SPRING CAMPS

Pint Size Spring Break Camp

Recreation Staff

This half-day program is filled with fun activities such as art, music, water games, outdoor time and more! Pint-Sized Campers is lead by the same Preschool 101 trained and enthusiastic Recreation Leaders who are First Aid and CPR certified.

- Please bring: daily snack, lunch, close-toed shoes, and sunscreen.
- Requirements: potty trained (no pull-ups allowed).

NEWPORT COAST COMMUNITY CENTER

M-Th 9:15am-12:45pm 4/6-4/9 3-5yrs \$132 CNBP02

Spring Break Day Camp!

Recreation Staff

Camper participants will enjoy crafts, games, tournaments, various structured activities, and will take a field trip on Wednesday. Camp is staffed by Recreation Leaders and is designed for youth to expand their abilities, discover new talents, and have fun.

- Requirements: enrolled in K-6th grade during the 2019-2020 school year.

COMMUNITY YOUTH CENTER (CYC)

M-F 7am-6pm 4/6-4/10 5-12yrs \$150 AKWC44

Dinosaurs: Fantastic Pre-historical

Bionerds

Dinosaurs: Fantastic Pre-historic World Dinosaurs ruled the earth for 180 million years. Your child will learn the role each of the major types of dinosaurs played in their ecosystems, and the traits that made them such successful organisms for so long. Your child will do cool paleontological experiments and activities and learn about biological processes.

- Requirements: Bionerds waiver form prior to camp.
- Additional Fees: \$70 (material)

COMMUNITY YOUTH CENTER (CYC)

M-F 9am-Noon 4/6-4/10 5-12yrs \$200 CY2000

From Dinosaurs to Spooky Science

Bionerds

From Dinosaurs to Spooky Science Come and join this fun and hands-on biology workshop for kids! Learn about dinosaurs and paleontology in the morning. Learn about some creepy and crawly topics, from animals like bats and spiders to things like skeletons in the afternoon. Your child will be up close with live organisms, perform some dissections on fresh/preserved specimens and engage in cool biology and paleontology experiments/activities.

- Requirements: Bionerds waiver form prior to camp.
- Additional Fees: \$100 (lab supplies)

COMMUNITY YOUTH CENTER (CYC)

M-F 9am-4pm 4/6-4/10 5-12yrs \$400 CY2001

Frozen Dance Camp

Odyssey Dance Academy

Our week-long spring break camp teaches young dancers the joy of performing and creative skills to use in their everyday lives. Dance camps feature three styles of dance and include a small performance at the end of the week. Our very special Spring Break camp will feature Frozen-themed crafts and a special surprise at the end of the week!

ODYSSEY DANCE ACADEMY

M-F 9am-Noon 4/6-4/10 4-7yrs \$185 FB2047

Minecraft Engineering with

LEGO Spring Break Camp

Play-Well TEKologies

Bring Minecraft to life using tens of thousands of LEGO parts! Build engineer-designed projects such as a motorized Creeper, a portal to the Nether, and a moving Minecart! Create your favorite Minecraft objects with the guidance of an experienced Play-Well instructor. Whether you are new to Minecraft and LEGO materials or a seasoned veteran, you'll be hooked on the endless creative possibilities.

MARINERS VJC ROOM

M-F 9am-Noon 4/6-4/10 5-10yrs \$192 FB2048

Spooky Science with Boo-ionerds

Bionerds

Come and join us on a journey where we learn about some creepy and crawly topics, from animals like bats and spiders to things like skeletons. Your child will be up close and personal with the live/fresh/preserved organisms, perform some dissections and engage in cool biology experiments using lab equipment/tools.

- Requirements: Bionerds waiver form prior to camp.
- Additional Fees: \$70 (material)

COMMUNITY YOUTH CENTER (CYC)

M-F 1-4pm 4/6-4/10 5-12yrs \$200 CY2002

Discover the Tide Pools

For more information on the events listed below, email tidepools@newportbeachca.gov.



FREE Marine Protected Area Hikes

Join the Natural Resources Staff on a guided, informational 2.6-mile hike through Newport Beach's Crystal Cove State Marine Conservation Area.

- Hike meets at Little Corona Lifeguard Tower #7.
- Ages 13 years and up

Registration is now available online – sign up today!

Hike Dates & Times:

Saturday, April 18	1–3 p.m.	MPA300
Saturday, May 16	11 a.m.–1 p.m.	MPA301
Saturday, June 27	8–10 a.m.	MPA302

FREE Community Day

Led by Newport Bay Conservancy Volunteers

Come explore parts of the Back Bay Science Center and participate in fun hands-on activities to learn more about the ocean.

BACK BAY SCIENCE CENTER

600 Shellmaker Road ▪ Newport Beach, CA 92660
Sundays 10 a.m.–2 p.m.



Field Trips

There are a number of field trip opportunities available throughout Newport Beach, including exploring tide pools at Little Corona, hiking Buck Gully, and learning about the Upper Newport Bay at Big Canyon.

The Natural Resources Division has engaging and educational trips available year-round.

Volunteer Opportunities

Are you interested in volunteering as a tidepool docent in Newport Beach? Please visit ocmarineprotection.org for the next Orange County docent training dates and times!

DID YOU KNOW?

The City of Newport Beach offers a unique outdoor education science camp to Title I schools throughout Orange County. The 4 day, 3-night science camp, called **Fostering interest in Nature (FiIN)**, runs for 10 weeks a year, offered to one fifth grade class from a Title I school per week. The 2020 season is our 2nd year running the camp, which will be held from March 3 to May 8.

For more information, visit our Natural Resources page at newportbeachca.gov.





BUCK GULLY HIKES

Buck Gully Loop Hike

Led by Irvine Ranch Conservancy Staff

Come and explore the entire Buck Gully Reserve trail system. Beginning from the OASIS Senior Center, we'll hike up through the almost three mile length of the canyon, then along San Joaquin Hills Road for about a mile, stopping at Canyon Watch Park where we will take in the panoramic view of the reserve and the Pacific coastline before descending back into the canyon along the Bobcat Trail.

- Walking pace, approximately 3 mph.
- **Please bring:** water, light trail snack, sturdy closed toe shoes, sunscreen, hat, & supplies to keep you safe during the journey.
- **Distance:** 6 miles
- **Duration:** 3.5 hours
- **Difficulty:** High-Moderate

Staging location: (aux. lot at 5th and Marguerite)

BUCK GULLY-OASIS SENIOR CENTER

Sa	8-11:30am	4/11	12yrs+
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Buck Gully Upper Loop Evening Hike

Led by Irvine Ranch Conservancy Staff

Explore the richness of Newport Beach's Buck Gully Reserve as we hike during the beautiful early evening hours. The stream is running and the rich plant and animal life are enjoying the cool, shady canyon, making for a fantastic evening hike in a natural oasis amid the suburban surroundings. We'll walk along San Joaquin Hills Road, which overlooks Buck Gully, for the first mile and then drops down into the canyon on the Bobcat Trail, hikers will loop back through the upper end of the gully along the Buck Gully Trail.

- Walking pace, approximately 3 mph.
- **Distance:** 4 miles
- **Duration:** 2.5 hours
- **Difficulty:** Moderate

Staging location:

NEWPORT COAST COMMUNITY CENTER

Sa	3-5:30pm	5/9	8yrs+
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Bridges of Buck Gully Hike

Led by Irvine Ranch Conservancy Staff

Buck Gully is a natural, coastal canyon which opened to the public in 2012 with the installation of four bridges to allow for safe public access. These bridges facilitate exploration of the Buck Gully Reserve, and also provide viewing platforms from which to pause and observe the abundant life in and around the stream. The guided program starts with a short walk from the OASIS Senior Center to the beginning of the Buck Gully trail, offering a visually dramatic entrance into this special canyon.

- Walking pace, approximately 3 mph.
- **Distance:** 5 miles
- **Duration:** 3.5 hours
- **Difficulty:** Moderate

Staging location: (aux. lot at 5th and Marguerite)

BUCK GULLY-OASIS SENIOR CENTER

Sa	8-11:30am	6/13	12yrs+
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REGISTRATION IS REQUIRED AND AVAILABLE ONLINE AT WWW.LETSGOOUTSIDE.ORG

ARTS & THEATRE

Parent & Me Mixed Media and Clay

Lisa Albert

Little artists will learn basic clay techniques such as coil and slab making, blending, firing and glazing. Imaginative masks, bowls, tiles and fun animal projects will be made. Creative painting projects on canvas, paper, printing, collage and pastels will be taught. Projects are keepsakes. This class shouldn't be missed!

- Additional fees: \$40 (material)

COMMUNITY YOUTH CENTER (CYC)

W 4:30-5:30pm 4/1-5/6 2-5yrs \$185 **CY2032**

W 4:30-5:30pm 5/13-6/17 2-5yrs \$185 **CY2033**

LISA ALBERT ART STUDIO

Th 4:30-5:30pm 4/2-5/7 2-5yrs \$185 **FB2033**

Th 4:30-5:30pm 5/14-6/18 2-5yrs \$185 **FB2035**

Sa 10:30-11:30am 4/4-5/9 2-5yrs \$185 **FB2034**

Sa 10:30-11:30am 5/16-6/20 2-5yrs \$185 **FB2036**

Storybook Stage Play - The Jungle Book

Take The Stage Productions

All the world's a stage in this fun theater class. Youth will be inspired while learning creative drama skills, playing fun theater games and helping to recreate famous storybook characters – all leading up to a play performance on the last day, complete with costumes. This unique class cultivates creativity, imagination, public speaking skills and confidence! **No class 4/6, 5/11, 5/25**

- Additional fees: \$20 (material)

BONITA CREEK PARK AND COMMUNITY CENTER

M 2:30-3:15pm 3/30-6/15 3-6yrs \$145 **FB2080**

DANCE

Ballet Broadway/Tap Combo

Reina Rivera

Students will learn the basic elements of ballet, tap sequence exercises, formation changes, across the floor and center combinations in a fun and positive environment.

- Additional fees: costume fee will apply

MARINA PARK

Sa 10:45-11:30am 4/18-5/23 3-5yrs \$125 **MP2039**

Irish Dance

Shaughnessy Irish Dance

This fun and energetic class will have your dancers toes tapping throughout the week! Dancers will learn the beginning movements and steps of traditional Irish Dance along with the timing and rhythm of the music. This class promotes structure, skill, and fitness, while having fun and creating lasting friendships!

16TH ST. RECREATION CENTER

W 2-2:45pm 4/1-4/29 3-6yrs \$95 **ST2047**

W 2-2:45pm 5/6-6/3 3-6yrs \$95 **ST2049**

Moving to the Music

Reina Rivera

Explore the magic of spring through song, dance and dramatic play for tiny toes. Classes include circle time, instrumental jam sessions, creative movement, a themed spring craft and a puppet show featuring our special guest Elmo! Each class promotes socialization, confidence, rhythm and coordination in a fun and positive environment.

- Requirements: parent participation
- Additional fees: \$20 (material)

CLIFF DRIVE PARK AND COMMUNITY CENTER

M 10:30-11:15am 4/13-5/18 1-3.5yrs \$125 **FB2052**

COMMUNITY YOUTH CENTER (CYC)

Th 10:30-11:15am 4/16-5/21 1-3yrs \$125 **CY2042**

NEWPORT COAST COMMUNITY CENTER

Tu 10:30-11:15am 4/14-5/19 1-3.5yrs \$125 **NCC229**

Parent & Me Tutus and Tap Shoes

Reina Rivera

Dancers will learn the basic elements of ballet and tap followed by a creative craft! Students will be introduced to dance terminology through movement, games and imaginative exercises incorporating props and instruments and concluding with a dancing puppet show! Classes promote confidence, poise, muscle toning and coordination.

- Requirements: parent participation.
- Additional fees: \$20 (material), costume fee will apply

MARINA PARK

W 11-11:45am 4/15-5/27 1-3.5yrs \$145 **MP2038**

NEWPORT COAST COMMUNITY CENTER

Tu 9:30-10:15am 4/14-5/26 1-3.5yrs \$145 **NCC230**

Preschool Hip-Hop for Tots!

Reina Rivera

This high-energy dance class introduces students to creative movement, incorporating stimulating props and musical instruments to all the latest Disney and Pop songs! Classes enhance socialization, motor skills, coordination and flexibility. Children are encouraged to bring their individuality and unique personality to this class.

- Requirements: parent participation
- Additional fees: \$20 (material)

MARINA PARK

W 10-10:45am 4/15-5/20 3-5yrs \$125 **MP2037**

Shorty & Me Hip-Hop

Reina Rivera

This high energy class is designed especially for you and your lil' shorty giving them a positive introduction to the world of dance! Each session includes circle time, creative dance, fun props, crafts and a hip puppet show featuring homeboy Elmo! Classes promote confidence, motor skills, socialization, expression and coordination.

- Requirements: parent participation
- Additional fees: \$20 (material)

COMMUNITY YOUTH CENTER (CYC)

F 10:30-11:15am 4/17-5/22 1-3yrs \$125 **CY2044**

Solid Hip Hop

Kids Care

Learn the real LA Hip Hop from our professional dance coach, J.R.. A fun and creative environment to explore music, rhythm, spatial awareness and motor skills. Dancers will learn basic technique while learning how to dance hip hop the correct way. Dancers are guaranteed to learn how to dance hip hop, while building self-esteem and self confidence through the art of dance in a fun and inclusive environment. All dancers, all ages and all levels will have the opportunity to perform at huge venues such as Angels Stadium, Staples Center, L.A. Clipper game, UCI half time, Disneyland and more!

16TH ST. RECREATION CENTER

Tu 4:30-5:30pm 3/31-5/5 4-7yrs \$119 **ST2026**

Tu 4:30-5:30pm 5/12-6/16 4-7yrs \$119 **ST2028**

Wee Breakers Breakdance Class

Webreak Hip Hop Dance Co

Our preschool breakdance class is designed to teach age appropriate movements that encourage preschoolers to start express themselves through creativity and movement. Students learn the three parts of breakdancing: top rocking, footwork, and freezing. They also learn how to encourage one another, coordination, rhythm, timing, teamwork and following direction!

- Additional fees: \$20 (material)

COMMUNITY YOUTH CENTER (CYC)

Th 10-10:45am 4/16-5/14 2.5-3yrs \$130 **CY2058**

Th 10-10:45am 5/21-6/18 2.5-3yrs \$130 **CY2059**

**My NB Put
in Adults**

ENRICHMENT

Messy, Messy Fun!

OC Tiny Tots Academy

Come have fun, get messy, and expand your child's creativity! Children create unique art, explore their senses, and use exciting mediums, like clay, paint, and watercolors. **No class 4/7, 4/14**

- Requirements: parent participation
- Additional fees: \$10 (material)

MARINA PARK

Tu	10-11am	3/31-5/12	1.5-3yrs	\$85	MP2007
Tu	10-11am	5/19-6/16	1.5-3yrs	\$85	MP2008

Mini Chefs - Parent & Me

Theresa Ripke

Children at this age are curious and eager to get involved in the kitchen. The classes are to be "parent-assisted", with minimal assistance. The class encourages even the youngest kids to take initiative while introducing concepts like kitchen safety, cutting skills, basic measurement, teamwork and following directions. The recipes are easy, healthy and mostly plant based.

- Additional fees: \$20 (material)

MARINA PARK

Tu	1-2pm	4/14-5/5	3-4yrs	\$120	MP2009
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OC Tiny Tots Academy - Preschool

OC Tiny Tots Academy

Give your child the gift of a quality education in a classroom setting on the beach! Alongside a CA Credentialed teacher with her M.Ed. and 20 years teaching experience, students obtain the foundations for success in kindergarten and beyond. Curriculum centers on the California Preschool Learning Foundations and CCSS. Students learn phonologic and phonemic awareness, expand their number sense and math reasoning, strengthen their social-emotional skills, and engage in whole/small group instruction, multi-sensory learning centers, read alouds, songs, art, science, and imaginative play. **No class 4/6-4/9, 5/25**

- Requirements: participant is potty-trained
- Additional fees: \$20 (material)

MARINA PARK

M-Th	9am-Noon	3/30-4/30	3.5-5yrs	\$490	MP2001
M-Th	9am-Noon	5/4-6/10	3.5-5yrs	\$670	MP2003
Tu-Th	9am-Noon	3/31-4/30	3.5-5yrs	\$370	MP2002
Tu-Th	9am-Noon	5/5-6/10	3.5-5yrs	\$520	MP2004

Preschool 101 - Mariners

Recreation Staff

Preschool 101 is a place where your child can have fun while learning. Recreation Staff follow curriculum guidelines to ensure every child will be ready for kindergarten! Activities include music, story-time, learning the alphabet, crafts related to the letter of the week, organized indoor and outdoor play and lunch-time. Our trained and enthusiastic staff are First Aid and CPR Certified. **No preschool 5/25**

- Requirements: participant is potty-trained; copy of immunization records to the Recreation office by Monday, April 6
- Notice: online registration only

MARINERS VJC ROOM

M/W/F	9:15am-Noon	4/13-6/19	4.5-5yrs	\$448	MAP201
Tu/Th	9:15am-Noon	4/14-6/18	3-4.5yrs	\$305	MAP202

NEWPORT COAST COMMUNITY CENTER

M/W/F	9:15am-Noon	4/13-6/19	4.5-5yrs	\$448	NCC200
Tu/Th	9:15am-Noon	4/14-6/18	3-4.5yrs	\$305	NCC201

Preschool 101

Preschool 101 is a place where your child can have fun while learning! The Staff follows curriculum guidelines to ensure every child will be ready for kindergarten.

Activities include music, story-time, learning the alphabet, crafts related to the letter of the week, organized indoor and outdoor play and lunch-time.

MARINERS LIBRARY – VJC ROOM

M/W/F	9:15am-Noon	4/13-6/19	4.5-5yrs	\$448	MAP201
Tu/Th	9:15am-Noon	4/14-6/18	3-4.5yrs	\$305	MAP202

No Preschool 5/25

NEWPORT COAST COMMUNITY CENTER

M/W/F	9:15am-Noon	4/13-6/19	4.5-5yrs	\$448	NCC200
Tu/Th	9:15am-Noon	4/14-6/18	3-4.5yrs	\$305	NCC201

No Preschool 5/25

- Staff are First Aid and CPR Certified.
- Participants must be potty trained. No pull-ups.
- Participants must fax or mail immunization records to the Recreation office by **Monday, April 6.**
- Registration is ONLINE ONLY and opens Thursday, March 5 at 8:00 a.m. at newportbeachca.gov/recreation.



Preschool Prep

OC Tiny Tots Academy

Get your child prepared for preschool in a safe and nurturing environment! Students develop critical thinking skills, learn essential classroom behaviors and self-regulation skills, become problem solvers, engage in age appropriate play, and improve their fine and gross motor skills. Activities include story time, centers, arts & crafts, and free play.

- Requirements: parent participation
- Additional fees: \$15 (material)

MARINA PARK

F	10-11:30am	4/3-5/8	2-3.5yrs	\$135	MP2005
F	10-11:30am	5/15-6/19	2-3.5yrs	\$135	MP2006

Preschool Spanish Basics

Portal Languages

Welcome to the Portal Enrichment program, which provides a unique opportunity to enjoy a Spanish class and associated cultural activity. This children language learning program will come alive through fun and entertainment with music, puppets, big books, posters, picture cards, theater, felt board, trivia and bingo games.

COMMUNITY YOUTH CENTER (CYC)

Th	9:15-10:15am	4/2-5/21	2-6yrs	\$165	CY2040
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Sign and Sing at Home

Layla Guerrero

Enhance language development and communication with Baby Sign Language. Sign and Sing at Home teaches signs and songs to get started, food signs, family signs and daily routine. This class includes over 75 signs, live guitar music with signs, signed felt board stories and other developmentally appropriate activities.

- Additional fees: \$25 (material)

CLIFF DRIVE PARK AND COMMUNITY CENTER

Sa	10-10:45am	4/18-5/16	1mos-2yrs	\$130	FB2024
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Spanish Baby Sign and Sing

Layla Guerrero

This 2-hour workshop will help you introduce the main ASL signs needed for 4 major activities in a baby's day: eating, changing, sleeping and playing in both English and Spanish. The first hour is taught in English and the second hour is taught in Spanish perfect for bilingual families. Approximately 50 signs are taught in this 2-hour workshop. Please contact the instructor for more information.

- Requirements: parent participation

CLIFF DRIVE PARK AND COMMUNITY CENTER

Sa	9-11am	5/30	1mos-4yrs	\$50	FB2025
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GYMNASTICS

KIDS CARE

Ninja Kids

Donning Ninja headbands, kids explore movement and coordination through imaginative adventure missions using structured obstacle courses with progressive difficulty and skill acquisition. Based in gymnastics with a parkour twist, your young Ninjas will be enthralled as they gain spatial awareness and body control while improving their strength and flexibility.

- Additional fees: \$5 (material)

16TH ST. RECREATION CENTER

W	10-10:45am	4/1-5/6	2.5-5yrs	\$101	ST2010
W	10-10:45am	5/13-6/17	2.5-5yrs	\$101	ST2014
F	10-10:45am	4/3-5/8	2.5-5yrs	\$101	ST2011
F	10-10:45am	5/22-6/19	2.5-5yrs	\$85	ST2015
Sa	11-11:45am	4/4-5/9	2.5-5yrs	\$101	ST2013
Sa	11-11:45am	5/23-6/20	2.5-5yrs	\$85	ST2017

Parent & Me Gymnastics

Your toddler's fun class where you help your child learn body awareness, coordination and motor skills through floor time, various circuits, stations, rhymes and games. Instructor teaches progressive skills while reinforcing acquired skills each week leading to your child's accomplishment and ability to move on to a transition level class.

- Requirements: parent participation

16TH ST. RECREATION CENTER

F	11-11:45am	4/3-5/8	1-2.5yrs	\$101	ST2019
F	11-11:45am	5/22-6/19	1-2.5yrs	\$85	ST2021

Preschool Gymnastics

Bring learning into your child's play and discover a fun and inclusive environment where children learn the fundamentals of gymnastics through engaging games and activities developing body and spatial awareness, improve strength and flexibility, increase self-confidence and social interaction.

16TH ST. RECREATION CENTER

W	11-11:45am	4/1-5/6	2.5-5yrs	\$101	ST2022
W	11-11:45am	5/13-6/17	2.5-5yrs	\$101	ST2024
Sa	10-10:45am	4/4-5/9	2.5-5yrs	\$101	ST2023
Sa	10-10:45am	5/23-6/20	2.5-5yrs	\$85	ST2025

TUMBLE-N-KIDS

Junior Olympians

Girls and boys are taught fundamental movement and gymnastic skills through introduction of simple directions and fun stations. Beginning cartwheels, rolls, balance beams, mini trampoline, back-handspring barrel, and obstacle courses will be safely introduced. Boost self-esteem, increase body awareness and build strength and coordination for all types of sports! Parent participation may be required.

- Requirements: parent participation
- Additional fees: \$5 (material)

NEWPORT COAST COMMUNITY CENTER

Tu	11:35am-12:20pm	4/14-6/9	3.5-5yrs	\$149	NCC211
Tu	3:20-4:05pm	4/14-6/9	3.5-5yrs	\$149	NCC212
W	12:05-12:50pm	4/15-6/10	3.5-5yrs	\$149	NCC213

Tiny Twisters

Tiny Twisters and partners Shake-Tumble-N-Roll with upbeat music and friends. Safe spotting tips and age-appropriate tumbling will facilitate child's sensory and motor skill development. Tumblers explore in a safe environment, learn multiple rolls down the "big cheese", crawl through tunnels, and learn gymnastics positions in circle time with fun songs and props. **No class 5/25**

- Requirements: parent participation
- Additional fees: \$5 (material)

16TH ST. RECREATION CENTER

Th	11-11:45am	4/16-5/7	9mos-2.5yrs	\$69	ST2054
Th	11-11:45am	5/21-6/11	9mos-2.5yrs	\$69	ST2055

COMMUNITY YOUTH CENTER (CYC)

M	10-10:45am	4/13-6/15	9mos-2.5yrs	\$149	CY2053
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MARINA PARK

F	10-10:45am	4/17-5/8	9mos-2.5yrs	\$69	MP2019
F	10-10:45am	5/22-6/12	9mos-2.5yrs	\$69	MP2020

NEWPORT COAST COMMUNITY CENTER

Tu	10-10:45am	4/14-6/9	9mos-2.5yrs	\$149	NCC207
W	10-10:45am	4/15-6/10	9mos-2.5yrs	\$149	NCC208

Tumble Bugs

Let's move! Music, tumbling challenges, introducing simple directions and routines will help your child develop listening and social interaction skills. Tumble Bugs & partners will participate in circle time and obstacle courses, dance to songs, tumble, roll, jump, balance, walk like animals and finish with parachute activities! **No class 5/25**

- Requirements: parent participation
- Additional fees: \$5 (material)

16TH ST. RECREATION CENTER

Th	10:15-11am	4/16-5/7	2-3.5yrs	\$69	ST2056
Th	10:15-11am	5/21-6/11	2-3.5yrs	\$69	ST2057

COMMUNITY YOUTH CENTER (CYC)

M	10:45-11:30am	4/13-6/15	2-3.5yrs	\$149	CY2055
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MARINA PARK

F	10:45-11:30am	4/17-5/8	2-3.5yrs	\$69	MP2021
F	10:45-11:30am	5/22-6/12	2-3.5yrs	\$69	MP2022

NEWPORT COAST COMMUNITY CENTER

Tu	10:45-11:30am	4/14-6/9	2-3.5yrs	\$149	NCC209
W	10:45-11:30am	4/15-6/10	2-3.5yrs	\$149	NCC210

Tumbling

Aspiring gymnasts benefit from our progressive skill teaching method, promoting confidence and self-esteem! Gymnasts build routines and skills on floor, fine-tune rolls, cartwheels, round-offs, walkovers, handsprings, splits, and more! Emphasis on conditioning to build strength and flexibility.

- Additional fees: \$5 (material)

MARINA PARK

Level 1

F	3:15-4:15pm	4/17-5/8	4-6yrs	\$89	MP2023
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Level 2/3

F	4:15-5:15pm	5/22-6/12	4-6yrs	\$89	MP2024
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HEALTH & FITNESS

Baby and Me Yoga

Jessi Moon Conder

You'll practice gentle yoga poses and deep breathing while your baby watches or follows along! In this positive community atmosphere, babies learn to interact peacefully and parents are rejuvenated. Jessi is an expert at getting babies to love yoga! Showing up is the hardest part. **No class 4/17**

- Drop-in: \$25 (CY2018)

COMMUNITY YOUTH CENTER (CYC)

F 10:05am-11am 4/3-5/8 1mos-4yrs \$105 **CY2019**
 F 10:05am-11am 5/15-6/12 1mos-4yrs \$105 **CY2020**

Zumba Kids (Tiny Stars)

CS Dance Factory

Your active, curious toddlers will keep busy in this lively, energetic class! Wiggle and groove to fun Latin tunes. Child development meets the magic of Zumba® with world rhythms and catchy, kid-friendly tunes. Meet new friends, stimulate toddler's brain with musical patterns, playful games, colorful props, and instruments. Fiesta on last day!

- Requirements: parent participation
- Notice: younger, stable walkers may be admitted with permission.
- Drop-in: \$20 (CY2010)

COMMUNITY YOUTH CENTER (CYC)

Tu 10:15-11:15am 4/21-6/2 1.5-3yrs \$117 **CY2009**

MUSIC

Little Singers

Take The Stage Productions

An introduction to voice for youth who love to sing. Students will build a solid foundation in vocal performance, rhythm, and musicianship while having fun singing favorites from Broadway musicals, Grammy winners, and popular children's songs. Students will develop listening, gross & fine motor skills, coordination of articulators, concentration and memory. **No class 4/9, 5/14**

- Additional fees: \$20 (material)

COMMUNITY YOUTH CENTER (CYC)

Th 2-2:45pm 4/2-6/18 3-5yrs \$145 **CY2052**

South Coast Music Together

South Coast Music Together

Join the award-winning international research-based music and movement program bringing infants, toddlers, and the adults who love them, the joy of making music together! Learn to support and nurture the innate musicality in your child through an expertly guided class experience in an environment that celebrates each child's individual nature.

No class 5/25

- Additional fees: \$42 (curriculum fee payable: South Coast Music Together)

CARROLL BEEK COMMUNITY CENTER

Tu 9:30-10:15am 3/31-6/2 1mos-4yrs \$193 **FB2071**
 Tu 10:30-11:15am 3/31-6/2 1mos-4yrs \$193 **FB2072**

CLIFF DRIVE PARK AND COMMUNITY CENTER

Tu 2:45-3:30pm 3/31-6/2 1mos-4yrs \$193 **FB2073**
 Tu 3:45-4:30pm 3/31-6/2 1mos-4yrs \$193 **FB2074**
 Tu 4:45-5:30pm 3/31-6/2 1mos-4yrs \$193 **FB2075**

COMMUNITY YOUTH CENTER (CYC)

M 9:30-10:15am 3/30-6/8 1mos-4yrs \$193 **CY2048**
 M 10:30-11:15am 3/30-6/8 1mos-4yrs \$193 **CY2049**

MARINA PARK

Th 9:30-10:15am 4/2-6/4 1mos-4yrs \$193 **MP2014**
 Th 10:30-11:15am 4/2-6/4 1mos-4yrs \$193 **MP2015**
 F 4:45-5:30pm 4/3-6/5 1mos-4yrs \$193 **MP2016**
 Sa 9:30-10:15am 4/4-6/6 1mos-4yrs \$193 **MP2017**
 Sa 10:30-11:15am 4/4-6/6 1mos-4yrs \$193 **MP2018**

South Coast Music Together Baby

South Coast Music Together

Learn how to nurture and support the innate musicality in your baby as they are discovering the exciting new world around them. A wonderful opportunity to bond and communicate with your little one in those pre-verbal stages of development. Class guided by our expert instructor trained in the Music Together babies curriculum co-authored by Dr. Lili Levinowitz, leading researcher in early childhood music development. **No class 5/25**

- Additional fees: \$42 (curriculum fee payable: South Coast Music Together)

COMMUNITY YOUTH CENTER (CYC)

M 11:30am-12:15pm 3/30-6/8 1-9mos \$193 **CY2050**

SPORTS

Little Ninja Warriors

Skyhawks Sports Academy

This new program is designed to let young children live out their dream of being a ninja warrior! Each week, the little ninjas will attempt to complete a new, fun, and imaginative obstacle course. Every course is specifically designed to develop strength, coordination, balance, flexibility, and agility.

COMMUNITY YOUTH CENTER (CYC)

Th 11:45am-12:30pm 4/2-4/30 3.5-5yrs \$99 **CY2063**
Th 11:45am-12:30pm 5/21-6/18 3.5-5yrs \$99 **CY2064**

Mini-Hawk Multi-Sport

Skyhawks Sports Academy

Introduce your little superstar to sports in our most popular program! This multi-sport class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. Sports include soccer, baseball, and basketball.

- Requirements: parent participation for 2-3.5yrs

GRANT HOWALD PARK

Tu 4-4:40pm 4/7-6/2 2-3.5yrs \$155 **FB2053**
Tu 4:50-5:30pm 4/7-6/2 3.5-5yrs \$155 **FB2054**

MARINA PARK

W 10-10:40am 4/8-6/3 2-3.5yrs \$155 **MP2025**
W 10:50-11:30am 4/8-6/3 3.5-5yrs \$155 **MP2026**
Sa 9-9:40am 4/11-6/6 2-3.5yrs \$155 **MP2027**
Sa 9:50-10:30am 4/11-6/6 3.5-5yrs \$155 **MP2028**

OC Playball

OC Playball

Developed by Occupational Therapists, Playball classes are taught in a fun-filled, energetic and positive environment. We use the medium of sports to improve motor development, increase concentration, build muscle tone, improve hand-eye/foot-eye coordination, balance and countless other life skills. At Playball kids learn persistence, courage, responsibility, teamwork and self-worth. **No class 4/6-4/9, 5/25, 6/6**

COMMUNITY YOUTH CENTER (CYC)

Parent & Me Playball

W 10:15-11am 4/1-6/17 2-3yrs \$159 **CY2034**
Sa 10:15-11am 4/4-6/20 2-3yrs \$159 **CY2035**

Watch Me at 3 Playball

W 11:15am-Noon 4/1-6/17 3-4yrs \$159 **CY2037**
Sa 11:15am-Noon 4/4-6/20 3-4yrs \$159 **CY2038**

MARINA PARK

Parent and Me Playball

M 9:30-10:15am 3/30-5/4 2-3yrs \$75 **MP2010**
M 9:30-10:15am 5/11-6/15 2-3yrs \$75 **MP2011**

Watch Me at 3 Playball

M 10:30-11:15am 3/30-5/4 3-4yrs \$75 **MP2012**
M 10:30-11:15am 5/11-6/15 3-4yrs \$75 **MP2013**

NEWPORT COAST COMMUNITY CENTER

Parent & Me Playball

Th 10:30-11:15am 4/2-6/11 2-3yrs \$159 **NCC202**

Watch Me at 3 Playball

Th 11:30am-12:15pm 4/2-6/11 3-4yrs \$159 **NCC203**

Skyhawks BaseballTots

Skyhawks Sports Academy

A developmental program that uses a variety of games while teaching and developing fundamental skills. The goal is to build fitness, muscle coordination, baseball fundamentals and a love of the game. **No class 5/25**

ARROYO PARK

M 5-5:40pm 4/13-6/8 3.5-4.5yrs \$139 **FB2055**
M 5:50-6:30pm 4/13-6/8 4.5-6yrs \$139 **FB2056**

Skyhawks Hoopster Tots

Skyhawks Sports Academy

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing and team work. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge. **No class 5/25**

NEWPORT COAST COMMUNITY CENTER

M 3:20-4pm 3/30-4/27 3.5-4.5yrs \$99 **NCC218**
M 3:20-4pm 5/4-6/8 3.5-4.5yrs \$80 **NCC219**
M 4:10-4:50pm 3/30-4/27 4.5-6yrs \$99 **NCC220**
M 4:10-4:50pm 5/4-6/8 4.5-6yrs \$99 **NCC221**

Skyhawks SoccerTots

Skyhawks Sports Academy

Focus is on developing motor skills and self-confidence. Instructor-to-student ratio is kept small to maximize individual development, and above all else we promote fun, fun, fun!

- Requirements: parent participation

GRANT HOWALD PARK

Th	4-4:40pm	4/2-4/30	2-3.5yrs	\$99	FB2057
Th	4:50-5:30pm	4/2-4/30	3.5-5yrs	\$99	FB2058
Th	4-4:40pm	5/21-6/18	2-3.5yrs	\$99	FB2059
Th	4:50-5:30pm	5/21-6/18	3.5-5yrs	\$99	FB2060

MARINA PARK

Tu	10-10:4am	3/31-4/28	2-3.5yrs	\$99	MP2029
Tu	10-10:40am	5/19-6/16	2-3.5yrs	\$99	MP2031
Tu	10:50-11:30am	3/31-4/28	3.5-5yrs	\$99	MP2030
Tu	10:50-11:30am	5/19-6/16	3.5-5yrs	\$99	MP2032
W	4-4:40pm	4/1-4/29	2-3.5yrs	\$99	MP2033
W	4-4:40pm	5/20-6/17	2-3.5yrs	\$99	MP2035
W	4:50-5:30pm	4/1-4/29	3.5-5yrs	\$99	MP2034
W	4:50-5:30pm	5/20-6/17	3.5-5yrs	\$99	MP2036

TinyTykes Youth Soccer

Challenger Sports

TinyTykes is an exciting program that will teach your child the basic soccer skills while focusing on motor skill development, balance, coordination, concentration, listening skills and teamwork of players ages 2-3. Challenger's professional coaches will take your young player on a journey to imaginary destinations of Dinosaurs, Princesses, Dragons, and more; through soccer, music, storytelling, and games. Register your child for their first TinyTykes program to receive the official jersey, short, and soccer ball! Register your child for their second or third program and choose either the Lenny the lion stuffed animal, backpack or inflatable soccer goal.

- Additional fees: \$20 (material)

GRANT HOWALD PARK

Cubs

Tu	9:15-10am	4/14-5/26	2-3yrs	\$122	FB2009
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Lions

Tu	10:15-11am	4/14-5/26	4-6yrs	\$122	FB2010
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ARROYO PARK

Cubs

F	4-4:45pm	4/17-5/29	2-3yrs	\$122	FB2011
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Lions

F	5-5:45pm	4/17-5/29	4-6yrs	\$122	FB2012
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ARTS & THEATER

Hollywood Film Acting - Sitcoms

Take The Stage Productions

This introductory course is designed for all students wishing to learn the acting techniques of their favorite Film & TV stars. The course includes on camera acting technique, vocabulary, character development and expression. Practical exercises in both scripted and improvisational work will be stressed.

No class 4/6, 5/11, 5/25

- Additional fees: \$20 (material)

BONITA CREEK PARK AND COMMUNITY CENTER

M 3:30-4:30pm 3/30-6/15 7-11yrs \$145 **FB2079**

Kinder Art Class

Lisa Albert

Kindergartners will have fun after school working with clay, painting, drawing, pastels, printing and exploring more in this one of a kind creative and educational class. Memorable masterpieces will be made and children's imagination will be encouraged. **No class 4/7**

- Additional fees: \$40 (material)

COMMUNITY YOUTH CENTER (CYC)

Tu 2:45-4pm 3/31-5/5 4-6yrs \$185 **CY2030**
 Tu 2:45-4pm 5/12-6/9 4-6yrs \$185 **CY2031**

Mixed Media and Clay Art

Lisa Albert

A wonderfully imaginative class where children will be taught the fundamentals and techniques of painting, pastels, water colors, collage, printing, clay, sculpture and more. All highly imaginative projects will inspire creative thinking, self confidence and freedom of expression. Art projects will be new and definite keepsakes.

- Additional fees: \$45 (material)

LISA ALBERT ART STUDIO

Sa 9-10:30am 4/4-5/9 5-12yrs \$275 **FB2030**
 Sa 9-10:30am 5/16-6/20 5-12yrs \$275 **FB2031**

Teen Thoughtful Theater - Hamilton

Jennifer Lambert

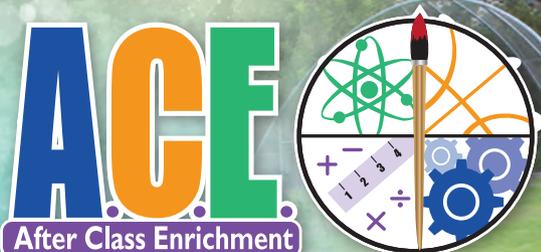
In this Extended Length session, Your Teen explores the Magic of Musical Theater with fun improve games, monologue training, and experienced acting/ vocal coaching, plus a dynamic musical selection from the Broadway Hit, Hamilton! Woven throughout this creative process are teen-specific mindfulness practices, building self-confidence and resiliency, and reducing stress and anxiety, both on and off stage!

MARINA PARK

M 6-7:30pm 4/13-5/18 12-17yrs \$155 **MP2040**

CITY OF NEWPORT BEACH ▪ RECREATION & SENIOR SERVICES DEPARTMENT

Classes begin week of:
April 20



ACE
After Class Enrichment

Active Bodies, Countless Memories, Enriching Fun









LOCATIONS

Mariners Elementary	Newport Coast Elementary	Ensign Intermediate
Newport Elementary	Newport Heights Elementary	

Yoga, Engineering, Skateboarding, Farsi, Art, Theater, Zumba, Boating, Sewing and more for kindergartners through 6th graders!

For more information on schedules, fees and registration visit:
newportbeachca.gov/ace



DANCE

Advance in Dance

Kids Care

Your child's confidence and style are encouraged in this rhythm based combination class. Start to enjoy dance incorporating your children's own creativity into the mix. Kids learn to bring out their natural rhythm ability and moves while refining with professional techniques and tips. A sure winner for social interaction and fun.

16TH ST. RECREATION CENTER

W	6-7pm	4/1-5/6	8-15yrs	\$101	ST2001
W	6-7pm	5/13-6/17	8-15yrs	\$101	ST2003

Hip-Hop/Jazz Combo

Reina Rivera

This combination dance is a fun high-energy class. Explore the expressive style of jazz and hip-hop. Students will develop a foundation of basic jazz/hip-hop urban movement including jumps, turns, across the floor and stylized choreography to pop music.

- Additional fees: costume fee will apply

COMMUNITY YOUTH CENTER (CYC)

W	4:45-5:30pm	4/15-5/27	5-12yrs	\$145	CY2041
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Irish Dance

Shaughnessy Irish Dance

This fun and energetic class will have your dancers toes tapping throughout the week! Dancers will learn the beginning movements and steps of traditional Irish Dance along with the timing and rhythm of the music. This class promotes structure, skill, and fitness, while having fun and creating lasting friendships!

16TH ST. RECREATION CENTER

W	3-3:45pm	4/1-4/29	6-12yrs	\$95	ST2046
W	3-3:45pm	5/6-6/3	6-12yrs	\$95	ST2048

Kids Dance

Kids Care

Kids love a fun and creative environment to explore music, rhythm, spatial awareness and motor skills. Your children will be taught basic level moves across the dance spectrum in an inclusive and social environment. Come enjoy this lively combination class built to enhance children's dance, coordination and social skills as they partner in musical fun and exploration.

16TH ST. RECREATION CENTER

W	5-6pm	4/1-5/6	4-7yrs	\$101	ST2000
W	5-6pm	5/13-6/17	4-7yrs	\$101	ST2002



CITY OF NEWPORT BEACH
RECREATION & SENIOR SERVICES DEPARTMENT

Active Kids AFTERSCHOOL

- COMMUNITY YOUTH CENTER
- MARINERS
- NEWPORT ELEMENTARY



Your child can play, learn and explore new things while being in a safe environment. Staff will pick up your child directly after school. Activities include arts & crafts, indoor and outdoor play, homework help, reading time, movies, structured games and more. A snack will be provided.

No class 5/25

All sites are closed on NMUSD and City observed holidays.

**Monday–Friday
APR. 13–JUNE 19**

School Dismissal–6 p.m.

\$360 /Spring Pass

Community Youth Center
CYC200 • CYCANN

Mariners: VJC Room
MAP200 • MAPANN

Newport Elementary
NEL200 • NELANN

REGISTRATION IS ONLINE ONLY

**Registration begins
Thursday, March 5 at 8:00 a.m.**

newportbeachca.gov/register

Preschool for Hip-Hop Tots!

Reina Rivera

This high-energy dance class introduces students to creative movement, incorporating stimulating props and musical instruments to all the latest Disney & Pop songs! Classes enhance socialization, motor skills, coordination and flexibility. Children are encouraged to bring their individuality and unique personality to this class.

- Requirements: parent participation
- Additional fees: \$20 (material)

COMMUNITY YOUTH CENTER (CYC)

F 11:30am-12:15pm 4/17-5/22 3-6yrs \$125 **CY2043**

Solid Hip Hop

Kids Care

Learn the real LA Hip Hop from our professional dance coach J.R. A fun and creative environment to explore music, rhythm, spatial awareness and motor skills. Dancers will learn basic technique while learning how to dance hip hop the correct way. Dancers are guaranteed to learn how to dance hip hop, while building self-esteem and self confidence through the art of dance in a fun and inclusive environment. All dancers, all ages and all levels will have the opportunity to perform at huge venues such as Angels Stadium, Staples Center, L.A. Clipper Game, UCI half time, Disneyland and more!

16TH ST. RECREATION CENTER

Tu 5:30-6:30pm 3/31-5/5 8-14yrs \$119 **ST2027**

Tu 5:30-6:30pm 5/12-6/16 8-14yrs \$119 **ST2029**

ENRICHMENT

Beginning Spanish

Portal Languages

Spanish is currently the third most spoken language in the world. Studying Spanish will help you explore other cultures and communicate with Spanish speakers. Through role-playing, crafts, games, speaking, reading, and writing we will study a theme that will broaden your skills and comprehension. **No class 5/25**

COMMUNITY YOUTH CENTER (CYC)

M 3:05-4:15pm 4/20-6/8 6-11yrs \$165 **CY2039**

Farsi

Ferdowsi Farsi School

At Ferdowsi Farsi, students will be taught the Farsi language and Persian culture in a caring, fun, and educational environment. Highly qualified professionals will teach students the fundamentals of the language through proven teaching techniques, building strong Farsi foundations and ensuring success. Come join our growing family!

NEWPORT COAST COMMUNITY CENTER

W 1:45-2:45pm 4/1-6/3 6-13yrs \$305 **NCC241**

Manners, Character & Social Skills

Etiquette Factory W Ms. Nelson

Our exclusive programs helps children understand why integrity, respect, empathy and charity help our lives. Over 50 different etiquette skills are taught using games, role play, props, music, stories, and kind discussion. Skills include: Introductions, dining etiquette, kindness, tact, conversation, being a guest, hygiene, sincere apologies and more!

- Additional fees: \$20 (material)

COMMUNITY YOUTH CENTER (CYC)

Tu 4:30-6:30pm 4/21-5/26 5-12yrs \$155 **CY2013**

GYMNASTICS

KIDS CARE

Dance Training for Gymnastics

Increase your gymnastics grace, form, and flexibility all while having fun! With yoga warm-ups and conditioning, improve and learn new skills for gymnastics routines including turns, leaps, jumps, and transitions. Alongside gymnastics-oriented dance curriculum, the final class session will conclude with a group recital including these new skills!

16TH ST. RECREATION CENTER

Sa 11am-Noon 4/4-5/9 8-12yrs \$101 **ST2004**

Sa 11am-Noon 5/23-6/20 8-12yrs \$85 **ST2005**

Flexibility and Dance for Gymnastics

Your children will have a blast and improve their form and confidence for gymnastics floor routines through games and dance by learning jumps, leaps and turns. This lovable and exciting session of dance fun includes basic flexibility and strength training to enable the successful introduction of new dance and gymnastics skills. Your children's class will culminate in a fun choreographed group recital the final week of class.

16TH ST. RECREATION CENTER

Sa 10-10:45am 4/4-5/9 5-7yrs \$101 **ST2006**

Sa 10-10:45am 5/23-6/20 5-7yrs \$85 **ST2007**

Group Open Gymnastics

Your children can socialize during group participation in gymnastics fun. This specially grouped enjoyable class is a fun place for improving basic gymnastics, co-ordination and spatial awareness along with strength and flexibility leading to mastering of basic gymnastics. Our coaches encourage interaction in a safe and active environment makes this class a great place to meet new friends.

16TH ST. RECREATION CENTER

W 6:30-7:15pm 4/1-5/6 7-15yrs \$155 **ST2008**

W 6:30-7:15pm 5/27-6/17 7-15yrs \$130 **ST2009**

Specialized Skill Clinic

Perfect for any athlete, this clinic tailors to the skill you've been struggling to get! From front handsprings to saltos and back tucks, roundoffs and handsprings, we will focus on the skill you want help with. Bring your desire to gain a skill and our expert coaches will create a specialized pathway for you to get there. Concentrate on the skills you want in this fun and focused class.

16TH ST. RECREATION CENTER

Sa	Noon-1pm	4/4-5/9	7-17yrs	\$101	ST2036
Sa	Noon-1pm	5/23-6/20	7-17yrs	\$85	ST2037

Tumbling

You will enjoy learning forwards and backwards tumbles, back tucks and aials. These skills used in acrobatics, cheer, horse vaulting and dance are developed and honed in this class. Our progression starts with the correct form and strength to attain the wanted skills safely. Individual training plans created and teamwork is encouraged.

- Requirements: solid bridge, handstand and cartwheel

16TH ST. RECREATION CENTER

Sa	1-2pm	4/4-5/9	7-17yrs	\$101	ST2038
Sa	1-2pm	5/23-6/20	7-17yrs	\$85	ST2039

Youth Gymnastics - Beginner

Your children will have fun while developing gymnastics skills, strength and flexibility. Youth program skills follow the USA Gymnastics level progressions and techniques. Each level has a specific set of skills that will be mastered before moving to the next level. Students develop self-discipline, confidence, goal setting, teamwork, respect and responsibility all while enjoying a team atmosphere and upbeat qualified gymnastics coaching. **No class 5/25**

16TH ST. RECREATION CENTER

M	5-6pm	3/30-5/4	5-8yrs	\$101	ST2040
M	5-6pm	5/11-6/15	5-8yrs	\$85	ST2041

Youth Gymnastics - Intermediate

Your budding gymnasts have a blast while progressing in their gymnastics skills, strength and flexibility. At this level the skills your child masters are creatively incorporated into routines allowing your child freedom of creative expression. Students develop self-discipline, confidence, goal setting, teamwork, respect and responsibility all while enjoying a team atmosphere and upbeat qualified gymnastics coaching. Program skills follow the USA Gymnastics progressions and techniques. **No class 5/25**

16TH ST. RECREATION CENTER

M	6-7pm	3/30-5/4	6-15yrs	\$149	ST2042
M	6-7pm	5/11-6/15	6-15yrs	\$149	ST2043

TUMBLE-N-KIDS

Aerial Clinic

Who's ready to conquer their cartwheel without hands? An aerial cartwheel is a specific skill gymnasts, cheerleaders, and dancers may need in order to enhance their tumbling. Tumblers will work on techniques, drills, and strength with plenty of spot time with the instructor.

16TH ST. RECREATION CENTER

Th	3:45-4:45pm	4/16-5/7	6-14yrs	\$89	ST2050
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Back Handspring Clinic

This is the clinic for you if you want to master your back handspring! This intensive, but FUN, clinic is a full hour of drills that will get you flipping like a pro! A great class for gymnasts, cheerleaders, and dancers that want to enhance their tumbling.

16TH ST. RECREATION CENTER

Th	3:45-4:45pm	5/21-6/11	6-14yrs	\$89	ST2051
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Bars & Trampoline

Brand new class to highlight the best parts of gymnastics! Trampoline and Uneven Bars! Students will spend time on trampoline learning to jump, tuck, twist and flip. The instructor will also include progressive skill work and FUN conditioning on the uneven bars. Great class for beginner and intermediate athletes.

16TH ST. RECREATION CENTER

W	3:45-4:45pm	4/15-5/6	6-14yrs	\$89	ST2052
W	3:45-4:45pm	5/20-6/10	6-14yrs	\$89	ST2053

Gymnastics/Pre-team

Do you love gymnastics? Would you like a chance to train and work on skills you could show off in competitions? If so Tumble-N-Kids Pre-team program is just the thing! Girls will work on USAG Xcel bronze skills on all four apparatuses and develop the strength and confidence to be a success in competition. Coach's approval is needed to enroll. Please email info@tumblenkids.com to schedule a tryout.

NEWPORT COAST COMMUNITY CENTER

W	4:30-6pm	4/15-6/10	6-12yrs	\$275	NCC217
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Jammin' Gymnasts

Gymnasts build skills on balance beam, uneven bars, vault, trampoline and floor, learn cartwheels, round-offs, hand-springs, backbends and more! The mastery of basic skills leads to increased development and advancement through the levels of the USA Gymnastics Program that is implemented in our curriculum.

- Additional fees: \$5 (material)

NEWPORT COAST COMMUNITY CENTER

Level 1

Tu 4:05-5pm 4/14-6/9 5-8yrs \$194 **NCC214**

Level 1 & 2

W 3:30-4:30pm 4/15-6/10 5-8yrs \$194 **NCC216**

Level 2 & 3

Tu 5-6pm 4/14-6/9 6-12yrs \$194 **NCC215**

Triple Threat Dance & Cheer

NEW – Class combining cheer, dance and tumbling! We'll focus on the gymnastics skills that are associated with the exciting sport of cheer-leading including cheer jumps, stunt technique, and developing complex rhythms and patterns. This class will emphasize proper safety knowledge to ensure a safe learning environment. We aim to increase self-confidence, movement memory, technical skills, endurance, strength, flexibility, and teamwork. **No class 5/25**

- Additional fees: \$5 (material)

COMMUNITY YOUTH CENTER (CYC)

M 5:15-6:15pm 4/13-6/15 7-14yrs \$194 **CY2054**

Tumbling - Level 1

Tumble-n-Kids

Aspiring gymnasts benefit from our progressive skill teaching method, promoting confidence and self-esteem! Gymnasts build routines and skills on floor, fine-tune rolls, cartwheels, round-offs, walkovers, handsprings, splits, and more! Emphasis on conditioning to build strength and flexibility.

No class 5/25

- Additional fees: \$5 (material)

COMMUNITY YOUTH CENTER (CYC)

M 3:05-4:15pm 4/13-6/15 4-6yrs \$221 **CY2056**

HEALTH & FITNESS

Early Day Cooking and Crafts!

Theresa Ripke

Join in the after school fun! The class focuses on healthy cooking and providing information on nutritional knowledge while playing games and creating crafts. The kids are encouraged to develop knife skills, preparing easy recipes in regards of the food pyramid. **No class 4/8**

- Notice: Harbor View students will be picked up from campus and walked down to CYC
- Requirements: all kindergarteners will need to fill out an Emergency Form

COMMUNITY YOUTH CENTER (CYC)

W 1:25-3pm 4/1-5/6 5-12yrs \$5 **CY2060**

W 1:25-3pm 5/13-6/10 5-12yrs \$5 **CY2061**

Kids Mindfulness and Yoga

Jessi Moon Conder

Would you like your child to learn how to direct their mind and emotions, reduce their anxiety and become stronger? Watch your child become comfortable with the calm and blissful yoga feeling and leave equipped with tools for a more resilient mind. **No class 4/8-4/10**

MARINA PARK

W 3:20-4:20pm 4/1-5/6 6-12yrs \$105 **MP2041**

W 3:20-4:20pm 5/13-6/10 6-12yrs \$105 **MP2042**

COMMUNITY YOUTH CENTER (CYC)

F 3:05pm-4:15pm 4/3-5/8 6-12yrs \$125 **CY2021**

F 3:05pm-4:15pm 5/15-6/12 6-12yrs \$105 **CY2022**

Teen Mindfulness and Yoga

Jessi Moon Conder

Would you like your teen to know how to direct their mind and emotions? Your teen will learn how to reduce anxiety, gain confidence and self-awareness. Social emotional maturity is developed through ancient mindfulness, meditation and yoga techniques. Having tools for resiliency and inner peace is the foundation for success and science confirms mindfulness practices work! Let's get your teen tools for their success!

No class 4/12

MARINA PARK

Su 4:30-5:30pm 3/29-5/10 13-17yrs \$125 **MP2043**

Su 4:30-5:30pm 5/17-6/14 13-17yrs \$105 **MP2044**

MUSIC

Broadway Star Musical Theater - Willy Wonka

Take The Stage Productions

Act, Sing, Dance and explore the world of Broadway in this fun musical theater class! Students will build valuable performance skills, play theater games and create fun characters all while working together to perform a final showcase on the last day! **No class 4/9, 5/14**

- Additional fees: \$20 (material)

COMMUNITY YOUTH CENTER (CYC)

Th 3:05-4:15pm 4/2-6/18 5-11yrs \$145 **CY2051**

Piano Class

Piano Voice Lessons & Beyond

Children will learn the basics of piano/keyboard playing in a fun group setting, learning new and familiar tunes. Concepts covered include beginning notation reading, melodic and rhythmic patterns, beat, dynamics, singing and movement. Keyboards provided in class only.

- Additional fees: \$25 (material)

COMMUNITY YOUTH CENTER (CYC)

W 3-3:45pm 4/15-5/20 5-10yrs \$175 **CY2062**

SPECIAL INTEREST

Pre-Horse Riding/Vaulting

OC Vaulting

This class focuses on the skills needed for 4-6 olds to prepare them for safe equestrian vaulting, riding, and working around horses. Most of the class time will be on the barrel, but we also go on the horse and learn basic horsemanship (grooming, safely petting, etc.). The student must be able to listen to and follow directions, and must be able to focus while waiting for a turn. **No class 4/7**

OC FAIRGROUNDS EQUESTRIAN CENTER

Tu 4:15-5:15pm 3/31-4/28 4-6yrs \$141 **FB2041**

Tu 4:15-5:15pm 5/5-5/26 4-6yrs \$141 **FB2042**

Tu 4:15-5:15pm 6/2-6/16 4-6yrs \$110 **FB2043**

Youth Equestrian/Horse Vaulting

OC Vaulting

Love gymnastics, dance and horses? Try an Equestrian Sport that combines all 3! You will learn to sit, stand, and somersault on a real horse! Start on a stationary barrel then a moving horse. Class emphasizes safety, fun, and the essentials of Equestrian Vaulting. **No class 4/8**

OC FAIRGROUNDS EQUESTRIAN CENTER

W 5:30-7pm 4/1-4/29 7-15yrs \$180 **FB2044**

W 5:30-7pm 5/6-5/27 7-15yrs \$180 **FB2045**

W 5:30-7pm 6/3-6/17 7-15yrs \$110 **FB2046**

SPORTS

Advanced Indoor Girls Volleyball

Beach Elite

This indoor class is for intermediate and advanced club level players who want additional practice with professional and experienced high level coaches. Class will consist of competitive drills first and scrimmaging for the last 45 minutes of practice. **No class 5/25**

ENSIGN INTERMEDIATE SCHOOL

M 6-9pm 3/30-6/15 12-16yrs \$134 **FB2001**

F 4-6pm 4/3-6/19 12-16yrs \$91 **FB2002**

Beginning Fencing

Gryphon Fitness Studio

What can help your child improve their grades, confidence, and overall behavior? Surprise, its FENCING! Your child will learn the history and movements of this Olympic sport. Your child will develop quick-thinking, coordination and discipline!

- Provided: all equipment

COMMUNITY YOUTH CENTER (CYC)

W 1:30-3pm 4/1-4/29 7-14yrs \$135 **CY2014**

W 1:30-3pm 5/6-6/3 7-14yrs \$135 **CY2015**

Indoor Youth Volleyball

Beach Elite

This indoor class will focus on fundamentals of volleyball and feature instruction by the professional and positive coaches from Beach Elite. Skills taught include serving, spiking, passing and setting. Students are introduced to the game with fun drills and simplified competitions. Classes are small enough for personalized instruction with every student. No kneepads necessary.

NEWPORT COAST COMMUNITY CENTER

Th 3:30-4:30pm 4/2-6/18 7-9yrs \$165 **NCC226**

Th 4:30-5:30pm 4/2-6/18 10-13yrs \$221 **NCC227**

Indoor Youth Volleyball - Next Level

Beach Elite

This indoor class will focus on fundamentals of volleyball and feature instruction by the professional and positive coaches from Beach Elite. Skills taught include serving, spiking, passing and setting. Students are introduced to the game with fun drills and simplified competitions. Classes are small enough for personalized instruction with every student. No kneepads necessary.

NEWPORT COAST COMMUNITY CENTER

Th 3:30-5:30pm 4/2-6/11 7-9yrs \$280 **NCC228**

Judo & Jujitsu

Rick Bradley

Judo and Jujitsu are martial arts that emphasize the use of balance and technique to defeat a larger, stronger opponent by using the opponent's own strength against them. This class will consist of stretching/warming up, fall rolls, mat work and free practice. A practice uniform can be obtained through the instructor.

COMMUNITY YOUTH CENTER (CYC)

Tu/Th 6:15-7:30pm 4/2-6/18 5-17yrs \$34 **CY2045**

Karate

David Crockett

Traditional karate with emphasis on discipline, manners and self-defense. Itosu-kai is a older style with a rich history in Japan. Belts can be earned as the students progress. Advanced class is only for Itosu-kai students who have achieved Red Belt (jr), Brown or Black Belt (adult). **No class 4/25**

- Additional fees: \$35 (uniform- optional)

NEWPORT COAST COMMUNITY CENTER

Beginner

Tu/Th 4-5pm 3/31-6/25 5-14yrs \$185 **NCC204**

Beg./Int.

Sa Noon-1pm 4/4-6/27 5-14yrs \$125 **NCC206**

Intermediate

Tu/Th 5-6pm 3/31-6/25 5-14yrs \$185 **NCC205**

Playball

OC Playball

Developed by Occupational Therapists, Playball classes are taught in a fun-filled, energetic and positive environment. We use the medium of sports to improve motor development, increase concentration, build muscle tone, improve hand-eye/foot-eye coordination, balance and countless other life skills. At Playball kids learn persistence, courage, responsibility, teamwork and self-worth.

COMMUNITY YOUTH CENTER (CYC)

W 3:30-4:15pm 4/1-6/10 4-6yrs \$159 **CY2036**

Skatedogs

Skatedogs

Whether you are just learning, or ready to move on to advanced tricks this program is right for you. This popular sport is a fun and exciting way for students to get a great workout while building coordination and self-confidence. Our very own blacktop will be turned into a temporary skate park to give students an ideal opportunity to skate like the pros. Fill your afternoon with ramps and rails as you continue to improve your skating ability each week. **No class 4/7**

- Requirements: a trick skateboard, knee pads, elbow pads, and a helmet.
- Please bring: visit skatedogs.com to view online skateboard customizer and learn more about what type to bring.

COMMUNITY YOUTH CENTER (CYC)

Tu 3:05-4:35 PM 3/31-6/16 5-12yrs \$297 **CY2047**

Skyhawks Basketball

Skyhawks Sports Academy

This fun, skill-intensive program is designed for beginning to intermediate players. An active class of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility. **No class 5/25**

NEWPORT COAST COMMUNITY CENTER

M 5-6pm 3/30-4/27 7-10yrs \$99 **NCC222**

M 5-6pm 5/11-6/15 7-10yrs \$99 **NCC223**

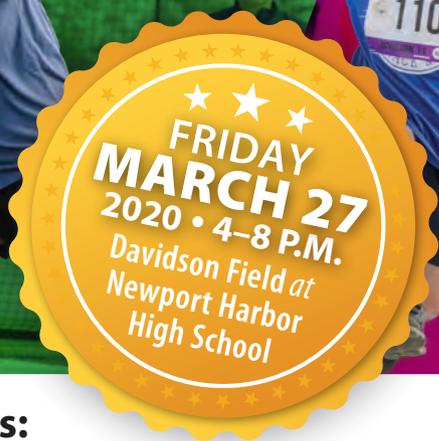
F 5-6pm 4/3-5/1 7-10yrs \$99 **NCC224**

F 5-6pm 5/15-6/12 7-10yrs \$99 **NCC225**

2020

Youth Track Meet of Champions

in memory of Frank E. Anderson



★ ★ ★
**FRIDAY
MARCH 27**
2020 • 4-8 P.M.
Davidson Field at
Newport Harbor
High School

TRACK & FIELD EVENTS

Maximum of THREE events:
TWO track and ONE field or TWO field and ONE track.

BORN IN 2013: DIV. 2013 (YSL 213)

TRACK	FIELD
50 Meters	Long Jump
100 Meters	Softball Throw
200 Meters	

BORN IN 2012: DIV. 12 (YSL 212)

TRACK	FIELD
50 Meters	Long Jump
100 Meters	Softball Throw
200 Meters	
400 Meters	

BORN IN 2011: DIV. 11 (YSL 211)

TRACK	FIELD
50 Meters	Long Jump
100 Meters	Softball Throw
200 Meters	
400 Meters	

BORN IN 2010: DIV. 10 (YSL 210)

TRACK	FIELD
100 Meters	Long Jump
200 Meters	Softball Throw
400 Meters	
800 Meters	
1600 Meters**	

BORN IN 2009: DIV. 09 (YSL 209)

TRACK	FIELD
100 Meters	Long Jump
200 Meters	Softball Throw
400 Meters	
800 Meters	
1600 Meters**	

BORN IN 2008: DIV. 08 (YSL 208)

TRACK	FIELD
100 Meters	Long Jump
200 Meters	Softball Throw
400 Meters	
800 Meters	
1600 Meters**	

BORN IN 2007: DIV. 07 (YSL 207)

TRACK	FIELD
100 Meters	High Jump
200 Meters	Long Jump
400 Meters	Shot Put
1600 Meters	Softball Throw

BORN IN '05/06: DIV. 05/06* (YSL 205)

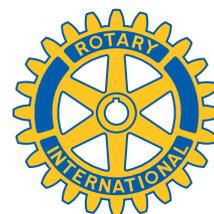
TRACK	FIELD
100 Meters	High Jump
200 Meters	Long Jump
400 Meters	Shot Put
1600 Meters	Softball Throw

*Combined division. **Not a qualifying event for SCMAF/OC or SCMAF advancement meets.

Must be Newport Beach resident or attend Newport Beach school to be eligible for records (as of 2016).

FOR MORE INFORMATION & REGISTRATION:

Call: 949-644-3151 ■ **Fax:** 949-644-3155 ■ **Email:** sports@newportbeachca.gov
newportbeachca.gov/sports



2020 Youth Track Meet of Champions

in memory of Frank E. Anderson

Friday, March 27
4-8 p.m.

Davidson Field at
Newport Harbor High School

REGISTRATION DEADLINES AND FEES [NO REFUNDS]

Residents

- Before March 13: \$10
- After March 14: \$15
- Online registration **closes 3/25**
- Day of registration accepted

Non-Residents

- Before March 13: \$13
- After March 14: \$18
- Non-residents registration **closes 3/24**
- **NO Day of registration** accepted

Club Teams must submit full team roster in excel, individual waivers, and register by **March 11**.

CHECK-IN Held at stadium entrance 2:30-4:00 pm. Opening Ceremonies will begin promptly at 4:00 pm.

CLUB TEAMS Club members must register with their team. Email sports@newportbeachca.gov for more information.

SPIRIT CUP The school that earns the most points for its student's performance wins the Spirit Cup. *Only NMUSD teams and schools will be eligible.*

ORANGE COUNTY CHAMPIONS MEET In addition to the Youth Track Meet, participants placing 1st thru 6th place will qualify to represent Newport Beach in the Orange County Champions Meet on Sunday, May 17, 2020 at TBA. From there, athletes may move on to the Southern California Track Championships held on Sunday, June 7, 2020 at Warren High School in Downey. Check our web site for more info.

PARTICIPANT'S NAME
(FIRST & LAST):

**MALE/
FEMALE:**

**DIVISION
NUMBER:**

**SHIRT
SIZE:**

BIRTHDATE: / /

GRADE:

SCHOOL:

CLUB:

PRIMARY ADULT CONTACT'S NAME:

EMAIL:

ADDRESS:

CITY:

ZIP:

PHONE #:

PAYMENT OPTIONS Cash, checks and credit cards accepted. Please make checks payable to the City of Newport Beach. If paying by credit card, register on-line: www.newportbeachca.gov or at the Recreation office: 100 Civic Center Drive – Newport Beach. Credit cards also accepted at the event.

REGISTRATION INFORMATION & POLICIES I (We) the undersigned certify that I (We) have read, reviewed, understand and agree to the Registration Information & Policies on adjacent page. These policies are also included as part of your receipt.

PHOTO RELEASE I understand that from time to time City representatives may photograph activities of City recreation programs and participants. By signing this form, I authorize the City of Newport Beach to use or publish any photographs taken by the City showing my participation or my child/children's participation to promote classes on the City's website and other social media used by the City, future publications of the Newport Navigator and/or flyers.

WAIVER & RELEASE OF LIABILITY In consideration of participation in the Program, I (We), the undersigned, recognize, agree and acknowledge as follows: (1) Participation in the Program is voluntary; (2) Follow and abide by the rules, regulations, guidelines and Participant Code of Conduct (3) The participant is in good health, physically able to participate in the program without restrictions and has no medical condition that would or may cause participation to be potentially hazardous to his or her health, which the city can request participant to agree to furnish medical documentation at participants own expense; (4) Failure to disclose a medical condition could terminate participation; (5) There is a real possibility that participant could be seriously injured while participating in the Program; (6) Participant assumes all risks associated with participation in the Program. Participant acknowledges the inherent and potential dangers of participating and expressly waives and voluntarily assumes all risk of personal injury or death which may be sustained while participating. I (WE) RECOGNIZE THAT REGISTRATION IN THE PROGRAM IS DANGEROUS AND CONTAINS RISK OF PERSONAL INJURY, DEATH, DISABILITY, PROPERTY DAMAGE OR LOSS ("DAMAGES"). I ASSUME ANY AND ALL RISKS associated with my or my child's participation in the Program, including, but not limited to, strenuous physical activity or exertion; striking or being struck, by objects or persons; slipping; and exposure to heat, cold or humidity. Such risk may result in injuries that include, but are not limited to: sprain, strain or tear of muscles or ligaments; fracture or dislocation of joints or bones; head or facial injuries; spinal cord or internal injuries. I know that the risks, hazards and dangers include, but are not limited to, falling, slipping, colliding with other users, staff or spectators. I understand that these risks, hazards and dangers are further increased when other persons, whether or not of the same level of experience, are present at the same time and/or using the same facilities. ALL SUCH RISKS ARE KNOWN AND APPRECIATED BY ME. I hereby, for myself, my child, heirs, or anyone who might claim on my or my child's behalf, agree not to bring any claim, and waive, release and forever discharge the City of Newport, the Newport-Mesa Unified School District, and all of their officers, agents, and employees from any and all duty to me, my child and/or liability for damages arising out of or in the course of my child's participation in the Program, including all liability for any active or passive negligence by the City/Newport-Mesa Unified School District and/or their officers, agents and employees. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. I waive and voluntarily assume all risk of personal injury which may be sustained while participating. The laws of the State of California shall govern this agreement. The undersigned, hereby acknowledged to be lawful parent(s) and/or guardian(s) of the participant, acknowledge(s) my/our qualifications to sign the Release on behalf of the participant.

**MANDATORY
SIGNATURE**

DATE:

NAME ON CARD:

EMAIL:

CASH

CHECK #:

CREDIT CARD #

EXP:

CVV#

Babysitter, CPR, AED & First Aid

Healthy U

Become the favorite babysitter every family wants! This class provides students with an American Heart Association student workbook, 2-year course completion card, babysitter reminder binder and other training supplies. Advance registration required.

- Additional fees: \$34 (material payable to Healthy U)
- Please bring: lunch, drink.

MARINA PARK

Su	8:30am-4pm	4/19	11yrs-Adult	\$74	MP2050
Sa	8:30am-4pm	6/13	11yrs-Adult	\$74	MP2051

NEWPORT COAST COMMUNITY CENTER

Su	8:30am-4pm	5/17	11yrs-Adult	\$74	NCC234
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CPR & AED - Adult, Child & Infant

Healthy U

Don't miss a beat and increase the number of people "Stayin' Alive!" This class provides students with an American Heart Association student workbook and 2-year course completion card. Not a BLS class for medical providers. Advance registration required.

- Additional fees: \$24 (material payable to Healthy U)

MARINA PARK

Su	8:30am-Noon	4/19	11yrs-Adult	\$64	MP2052
Sa	8:30am-Noon	6/13	11yrs-Adult	\$64	MP2053

NEWPORT COAST COMMUNITY CENTER

Su	8:30am-Noon	5/17	11yrs-Adult	\$64	NCC235
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Dad & Me Mug Making

Lisa Albert

Father and child will spend a wonderful afternoon each painting a Father's Day inspired mug directed by an inspirational art teacher who will help, guide and instruct. All canvases will be completed in this fun informative class. Take this special time to create everlasting memories with each other and grandma too! All attendees must be individually enrolled.

- Additional fees: \$15 (material)

LISA ALBERT ART STUDIO

F	5-6:30pm	6/12	4yrs-Adult	\$35	FB2028
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Family Ceramic Plate and Paint: Spring

Lisa Albert

Wonderfully creative workshop for the family where you can paint your own Spring plate with instruction from a professional art teacher. Bring a friend, your favorite person or the whole family and enjoy creating one of a kind decorative and functional masterpieces. A fun time for all ages. All attendees must be individually enrolled.

- Additional fees: \$15 (material)

LISA ALBERT ART STUDIO

F	5-6:30pm	4/24	4yrs-Adult	\$35	FB2029
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Family Happiness and Peace!

Jessi Moon Conder

Your whole family will enjoy this interactive yoga and mindfulness class with Jessi! She works with families individually and is excited to offer this group class! Your family will gain important tools as they learn to shift both mind and energy for greater happiness and peace within and between you! Register per person.

MARINA PARK

Su	10-11am	4/5	1mos-Adult	\$20	MP2074
Su	10-11am	5/24	1mos-Adult	\$20	MP2075

Mindful Parenting

Jessi Moon Conder

This workshop empowers you to understand the science of the mind and equips you with tools to help your family resolve conflict and create harmony and peace. The awareness you gain will give you a lifetime of happiness within you and between you, your spouse, and your children.

COMMUNITY YOUTH CENTER (CYC)

Couple

Su	12:30-2pm	6/7	Adult	\$50	CY2027
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Individual

Su	12:30-2pm	6/7	Adult	\$35	CY2026
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MARINA PARK

Couple

Su	12:30-2pm	4/26	Adult	\$50	MP2077
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Individual

Su	12:30-2pm	4/26	Adult	\$35	MP2076
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Mother Daughter Canvas & Paint: Floral

Lisa Albert

Mother and daughter will spend a wonderful afternoon each painting a floral Mother's Day inspired canvas directed by an inspirational art teacher who will help, guide and instruct. All canvases will be completed in this fun informative class. Take this special time to create everlasting memories with each other and grandma too! All attendees must be individually enrolled.

- Additional fees: \$15 (material)

LISA ALBERT ART STUDIO

F 5-6:30pm 5/8 4yrs-Adult \$35 **FB2032**

Rejuvenate and Heal

Jessi Moon Conder

Spend an afternoon on active relaxation techniques, yoga, guided meditations, mindfulness exercises and a group healing led by senior instructor Jessi Moon of The Awareness Institute. No experience necessary, just an open heart and willingness to receive, enjoy and meet new friends.

MARINA PARK

Su 1-4pm 4/5 14yrs-Adult \$50 **MP2073**



UCI Sail Pass & Boat Rentals

3 STEPS TO SAIL

- 1. Learn:** Build your sailing skills through classes at Marina Park or qualify with equivalent experience/skills.
- 2. Get Rated:** Register for a required rating class by boat type. A three-hour session includes orientation, review & sail/written test for **\$65**.
Additional ratings are available for all boats and spinnaker. Ratings may take 7 business days to process.
- 3. Buy an Annual Sailing Pass or Drop-in Boat Rental:** Purchase a pass (free drop-in sailing for the year) or pay a per-use rental fee.

SAILING PASS PRICING

Adult Annual Membership: \$600

Student Membership: \$300 (annually)
\$100 (quarterly)

Must be a full-time student at least 18 years old

BOAT RENTAL PRICING

J/22: \$20/hour | **RS Quest, Lido & Sabot:** \$15/hour

No additional charge for crew.

Separate pricing for racing.

For more information contact:

UCI Sailing at Marina Park | 949-270-8160
boating@uci.edu | campusrec.uci.edu/sailing

Private Surf Lessons

NEWPORT SURF CAMP

866-SURF-CAMP ▪ newportsurfcamp@yahoo.com
Register at newportsurfcamp.com

1 person	2 people	3 people	4 people +
\$70/hour	\$100/hour	\$130/hour	\$70/person for 2 hours

ENDLESS SUN SURF SCHOOL

949-533-1022 ▪ endlessunsurf@hotmail.com
Register at endlessunsurf.com

1 person	2 people	3 people
\$85/hour \$140/2 hours	\$125/hour \$250/2 hours	\$170/hour \$340/2 hours

7 people +	20 people +
\$60/person for 2 hours	\$50/2 hour/ person

SURF

After School Intermediate Surf

Endless Sun Surf

This intermediate surf class is for kids who want to hone in on their surfing skills and receive surf contest coaching. Prior surfing experience is highly recommended. Teachers are CPR/First Aid certified professional surfers who know how to take your child's surfing to the next level. Boards and wetsuits are provided, or bring your own. Parents must drop-off and pick up UNDER the Newport Pier.

- Provided: wetsuits and surfboards (or bring your own).
- Notice: parent drop-off and pick up under the Newport Pier.

NEWPORT PIER AT NEWPORT PIER

Tu 3:10-4:40 PM 4/21-6/9 6-17yrs \$325 MP2083

After School Surfing

Endless Sun Surf

Learn to surf or improve your surfing, at the safest and best beach for kids to learn! This class is intended for kids attending any school. Our patient surf instructors will teach kids the basic skills of surfing, etiquette, safety, proper wave selection, efficient paddling, pop-up, and turning techniques.

- Provided: wetsuits and surfboards (or bring your own).
- Notice: parent drop-off and pick up under the Newport Pier.

NEWPORT PIER AT NEWPORT PIER

Th 4-5:30pm 4/23-6/11 5-17yrs \$325 MP2081

Dawn Patrol Surfing

Endless Sun Surf

This all-level surf class is for kids who want to hone in on their surfing skills and get some good conditions before school! Teachers are CPR/First Aid certified professional surfers who know how to take your child's surfing to the next level.

- Provided: wetsuits and surfboards (or bring your own).
- Notice: parent drop-off and pick up under the Newport Pier.

NEWPORT PIER AT NEWPORT PIER

W 6:30-7:30am 4/22-6/10 6-17yrs \$310 MP2082



SAILING

Parent & Me Sailing

UCI Sailing

This 1-day class is perfect for families who want to learn how to sail in a relaxed and safe environment! Learn the basics of sailing on either a 14' dinghy or 22' keelboat, accompanied by an instructor who will guide you through safe sailing in Newport Harbor!

- After 2 Adults, each additional Adult will be \$50/class.

MARINA PARK | NOON-2:30PM | 6YRS-ADULT

DATE	Single Adults	1 Adult 1 Child	1 Adult 2 Children	2 Adults 1 Child	2 Adults 2 Children
Saturdays	\$50	\$80	\$105	\$105	\$155
April 4	MP2201	MP2202	MP2203	MP2204	MP2205
May 9	MP2206	MP2207	MP2208	MP2209	MP2210
June 7	MP2211	MP2212	MP2213	MP2214	MP2215

Sailing: Dinghy

UCI Sailing

Beginner Dinghy Sailing

This 4-session class is perfect for anyone eager to learn how to sail in beautiful Newport Harbor! This beginner class is ideal for those with little to no experience, and will get you out on the water on your own 14' dinghy by the end of the first day! **No class 4/11**

Beginner Dinghy Sailing 1 Day

This 1-day class is perfect for anyone looking to get their feet wet with sailing in beautiful Newport Harbor! This beginner class is perfect for anyone looking to knock sailing off the bucket list, and will have you sailing your own 14' dinghy by the end of class!

Beginner Dinghy Sailing 2 Day

This 2-day class is perfect for anyone looking to get their feet wet with sailing in beautiful Newport Harbor! This beginner class is perfect for anyone looking to knock sailing off the bucket list, and will have you sailing your own 14' dinghy by the end of class!

Intermediate Dinghy Sailing

This 4-session class is perfect for intermediate dinghy sailors eager to build on their skills in beautiful Newport Harbor! This intermediate class is ideal for those already familiar with the basics of sailing, and will help hone your dinghy sailing skills in your own 14' RS Quest! **No class 4/12**

Advanced Dinghy Sailing

This 4-session class is perfect for advanced dinghy sailors eager to master their skills in beautiful Newport Harbor! This advanced class is ideal for competent dinghy sailors looking to learn advanced sailing techniques to put to the test out on the water in your own 14' RS Quest!

MARINA PARK

Beginner Dinghy Sailing

Sa	10am-1pm	4/4-5/2	16yrs-Adult \$255	MP2101
Su	10am-1pm	5/3-5/24	16yrs-Adult \$255	MP2102
Sa	10am-1pm	5/30-6/20	16yrs-Adult \$255	MP2103

Beginner Dinghy Sailing 1 Day

Sa	10am-1pm	4/25	16yrs-Adult \$80	MP2113
Su	10am-1pm	5/10	16yrs-Adult \$80	MP2114
Sa	10am-1pm	6/13	16yrs-Adult \$80	MP2115

Beginner Dinghy Sailing 2 Day

Su/Sa	10am-1pm	4/18-4/19	16yrs-Adult \$130	MP2116
Su/Sa	10am-1pm	5/16-5/17	16yrs-Adult \$130	MP2117
Su/Sa	10am-1pm	6/20-6/21	16yrs-Adult \$130	MP2118

Intermediate Dinghy Sailing

Su	1:30-4:30pm	3/29-4/26	16yrs-Adult \$255	MP2104
Sa	1:30-4:30pm	5/2-5/23	16yrs-Adult \$255	MP2105

Advanced Dinghy Sailing

Sa	1:30-4:30pm	5/30-6/20	16yrs-Adult \$255	MP2106
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Sailing: Keelboat

UCI Sailing

Beginner Keelboat Sailing

This 4-session class is perfect for sailors eager to learn how to sail keelboats in beautiful Newport Harbor! This beginner class is ideal for sailors looking to take the next step in small boat sailing, and will get you out on the water in beautiful J22s! **No class 4/12**

Intermediate Keelboat Sailing

This 4-session class is perfect for keelboat sailors to build on their skills in beautiful Newport Harbor! This intermediate class is ideal for those already familiar with small boat sailing, and will help hone your keelboat sailing skills in beautiful J22s! **No class 4/11**

Advanced Keelboat Sailing

This 4-session class is perfect for advanced keelboat sailors eager to master their skills in beautiful Newport Harbor! This advanced class is ideal for competent keelboat sailors looking to learn advanced keelboat sailing techniques to put to the test out on the water in beautiful J22s!

MARINA PARK

Beginner Keelboat Sailing

Su 1:30-4:30pm 5/3-5/17 16yrs-Adult \$255 **MP2107**

Sa 1:30-4:30pm 5/2-5/23 16yrs-Adult \$255 **MP2108**

Sa 1:30-4:30pm 5/30-6/20 16yrs-Adult \$255 **MP2109**

Intermediate Keelboat Sailing

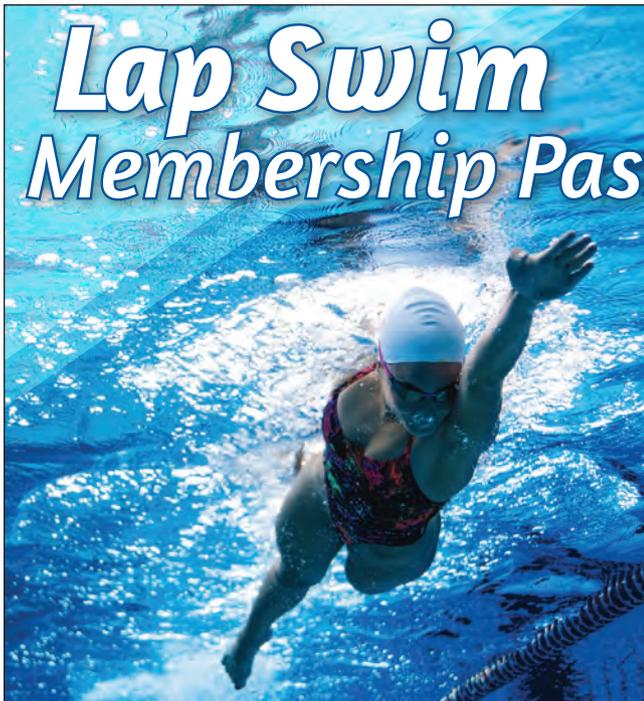
Sa 1:30-4:30pm 4/4-5/2 16yrs-Adult \$255 **MP2110**

Su 1:30-4:30pm 5/3-5/24 16yrs-Adult \$255 **MP2111**

Advanced Keelboat Sailing

Su 1:30-4:30pm 5/31-6/21 16yrs-Adult \$255 **MP2112**

Lap Swim Membership Pass



Marian Bergeson Aquatic Center (MBAC)

CdM High School | 2102 Eastbluff Drive

RUN BY NEWPORT BEACH AQUATICS STAFF

Lap Swim is a great way to stay active this season. Bring a friend and have fun while using kickboards, pull buoys and pace clocks to enhance your workouts!

- Circle swimming is required and lanes are limited.
- Swim cards are non-transferable & non-refundable.
- No cash accepted at the pools.
- No lap swim 5/26, 6/18.

MONDAY-FRIDAY: 6-8 p.m.

SATURDAY & SUNDAY: 7 a.m.-NOON

5 VISIT SWIM PASS | \$15 Adults | \$10 Seniors

20 VISIT SWIM PASS | \$50 Adults | \$35 Seniors

ANNUAL PASS | \$160 Adults | \$110 Seniors

(Non-residents pay an additional \$30 fee)

For more information, call 949-270-8100.



TENNIS INFORMATION



BONITA CANYON SPORTS PARK

MacArthur & Bonita Canyon
Two courts, no lights

GRANT HOWALD PARK

5th & Iris, Corona del Mar
Two courts, no lights

IRVINE TERRACE PARK

Malabar & Evita
Two courts, no lights

MARINERS PARK

Dover & Irvine Avenue
Two lighted courts

SAN JOAQUIN HILLS PARK

San Joaquin Hills Road & Crown Drive North
Four courts, no lights

WEST NEWPORT PARK

57th & River Jetty
Four courts, no lights

Tiny-Hawk Tennis

Skyhawks Sports Academy

Introduce your little superstar to tennis! This class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. **No class 5/25**

- Provided: all equipment.

BONITA CANYON SPORTS PARK

M 4-4:40pm 4/13-6/8 4-5yrs \$159 SKY202

GRANT HOWALD PARK

Sa 9-9:40am 4/4-5/2 4-5yrs \$109 SKY201

Sa 9-9:40am 5/23-6/20 4-5yrs \$109 SKY204

MARINERS PARK

Th 5-5:40pm 4/2-4/30 4-5yrs \$109 SKY200

Th 5-5:40pm 5/21-6/18 4-5yrs \$109 SKY203

Skyhawks Tennis

Skyhawks Sports Academy

This class provides a relaxed environment where fundamental tennis skills are taught along with a wide range of fun activities that help develop agility, balance, movement, sending, receiving and gross motor skills. **No class 5/2**

- Provided: all equipment.

BONITA CANYON SPORTS PARK

M 4:50pm-5:30pm 4/13-6/8 6-8yrs \$159 SKY209

GRANT HOWALD PARK

Sa 9:50-10:30am 4/4-5/2 6-8yrs \$109 SKY207

Sa 9:50-10:30am 5/23-6/20 6-8yrs \$109 SKY208

MARINERS PARK

Th 5:50-6:30pm 4/2-4/30 6-8yrs \$109 SKY205

Th 5:50-6:30pm 5/21-6/18 6-8yrs \$109 SKY206

Private Tennis Lessons

Recreation Management Services (RMS)

RMS Tennis is under the direction of Director of Tennis, Donald Alger, a USPTA Certified, former College player and coach at both high school and college levels. RMS professionals will help you achieve the level of tennis you want for yourself or your children.

- Participants may sign up for as many lessons as they want and pay at one time.
- Dates and times must be confirmed with instructor prior to registration with the Recreation Department.
- Call Melinda Alger for assistance 714-342-9058.
- No refunds

Pricing is per person:

1 person	2 people	3+ people
\$60/hr/person	\$30/hr/person	\$25/hr/person



RMS CLASS INFORMATION

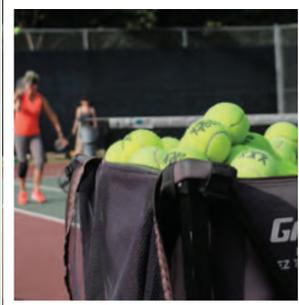
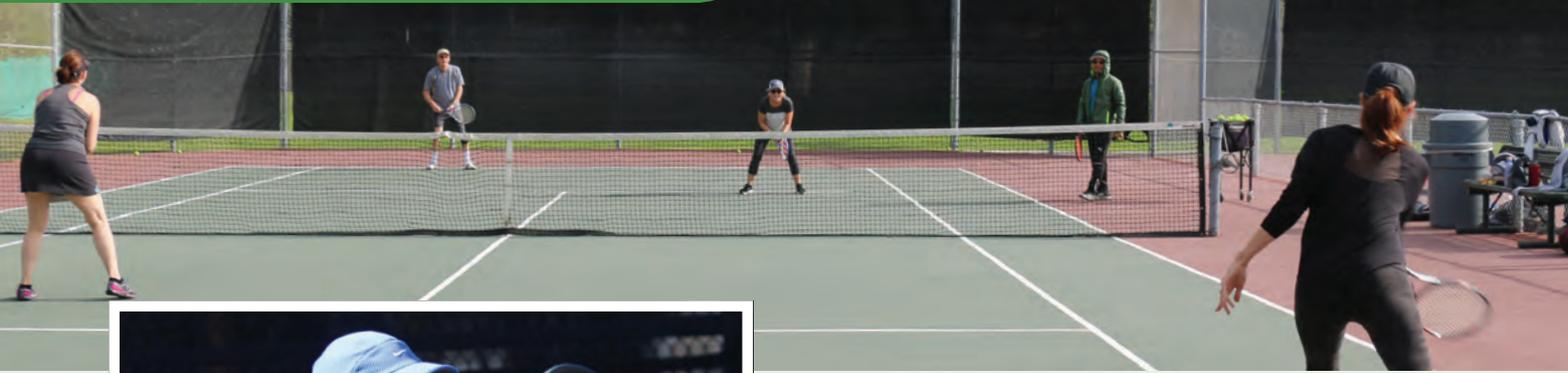
Please bring a racquet and can of unopened tennis balls to the first class.

Wear appropriate clothing and tennis shoes.

If you need a racquet, call RMS and they will provide one during class time.

Classes cancelled due to weather are made up at the end of the session if time permits.

Tennis



Adult Tennis- Beginning Level 1

RMS

This is an entry level class designed for the adult with little to no experience. Class will introduce racquet grip, footwork and progression of serve. Participants will practice footwork drills to build strength, coordination and develop endurance.

BONITA CANYON SPORTS PARK

M	9-10am	3/30-4/27	Adult	\$90	RMS200
M	9-10am	5/11-6/15	Adult	\$90	RMS201

MARINERS PARK

W	6-7pm	4/1-4/29	Adult	\$90	RMS220
W	6-7pm	5/13-6/10	Adult	\$90	RMS221
W	10-11am	4/1-4/29	Adult	\$90	RMS222
W	10-11am	5/13-6/10	Adult	\$90	RMS223

SAN JOAQUIN HILLS PARK

Sa	10-11am	4/4-5/2	Adult	\$90	RMS228
Sa	10-11am	5/23-6/20	Adult	\$90	RMS229

Adult Tennis- Intermediate Level 2

RMS

Stress will be on the ability of the class and move towards the higher end of progression of footwork, with strokes and serves. Movement to the net and placement of the ball in game situation drills.

BONITA CANYON SPORTS PARK

M	10-11am	3/30-4/27	Adult	\$90	RMS202
M	10-11am	5/11-6/15	Adult	\$90	RMS203

GRANT HOWALD PARK

Tu	9:30-11am	3/31-4/28	Adult	\$130	RMS204
Tu	9:30-11am	5/12-6/9	Adult	\$130	RMS205

IRVINE TERRACE PARK

M	9-10am	3/30-4/27	Adult	\$90	RMS210
M	9-10am	5/11-6/15	Adult	\$90	RMS211
W	9-10am	4/1-4/29	Adult	\$90	RMS212
W	9-10am	5/13-6/10	Adult	\$90	RMS213
M	9-10am	3/30-4/27	Adult	\$90	RMS214
M	9-10am	5/11-6/15	Adult	\$90	RMS215

MARINERS PARK

W	7-8pm	4/1-4/29	Adult	\$90	RMS216
W	7-8pm	5/13-6/10	Adult	\$90	RMS217
W	9-10am	4/1-4/29	Adult	\$90	RMS218
W	9-10am	5/13-6/10	Adult	\$90	RMS219

SAN JOAQUIN HILLS PARK

Sa	8-9am	4/4-5/2	Adult	\$90	RMS226
Sa	8-9am	5/23-6/20	Adult	\$90	RMS227

Adult Tennis- Advanced Level 3

RMS

Our instructor was a college player and has been teaching tennis with us for over 10 years. He will bring his expertise of game strategy, competition and over-all tennis instructions for the player.

IRVINE TERRACE PARK

M	8-9am	3/30-4/27	Adult	\$90	RMS206
M	8-9am	5/11-6/15	Adult	\$90	RMS207
W	8-9am	4/1-4/29	Adult	\$90	RMS208
W	8-9am	5/13-6/10	Adult	\$90	RMS209

SAN JOAQUIN HILLS PARK

Sa	9-10am	4/4-5/2	Adult	\$90	RMS224
Sa	9-10am	5/23-6/20	Adult	\$90	RMS225

PICKLEBALL INFORMATION



BONITA CANYON SPORTS PARK

MacArthur & Bonita Canyon

4 courts, outdoor, no lights

OPEN COURT HOURS:

Monday-Friday: 7-8 a.m. & Noon-Dusk

Saturday: 7am-9am & Noon-Dusk; **Sunday:** 7am-Dusk

DROP-IN PLAY

Monday-Friday: 8 a.m.-Noon; **Saturday:** 9am-Noon

DROP-IN PICKLEBALL:

Participants are required to supply their own paddle from our approved paddle list found at www.newportbeachca.gov/sports.

Outdoor pickleball is only permitted on the designated court.

For a detailed description, please visit: www.newportbeachca.gov/sports.



Private Pickleball Lessons

Melanie Wheatley

Melanie Wheatley competed on the National Senior Women's Tennis Circuit and won 4 National Championships, received the #1 ranking in the Nation by the USTA for 2 years in a row and won 2 Bronze medals at the

World Championships in Perth, Australia and Amsterdam. She is transferring her vast knowledge of tennis to the game of pickleball through instruction and coaching to beginners and intermediates. She tailors her teaching to the needs of the individual or team to improve their technical skills and strategy to help them take their game to the next level.

- Participants may sign up for as many lessons as they want and pay at one time.
- Dates and times must be confirmed with instructor prior to registration.
- Email melwheatley54@gmail.com; text or call 562-760-1319
- No refunds

PRICING IS PER PERSON (PP):

1 person	2 people	3 or more people
\$60/hour	\$50/pp/hour	\$40/pp/hour

Free Intro to Pickleball

NB Pickleball Volunteer

Come learn to play the fastest growing sport in America! At this free clinic, you will learn how to play the sport of Pickleball, general rules and scoring of the game, different types of hitting and basic partner communication. No paddle or experience needed! Clinics are taught in group settings. Group size may vary. Max of 8 participants.

- Requirements: pre-registration.

BONITA CANYON SPORTS PARK

W	Noon-1pm	4/1	Adult	Free	ASP200
W	Noon-1pm	5/6	Adult	Free	ASP201
W	Noon-1pm	6/3	Adult	Free	ASP202

Intro to Junior Pickleball with Melanie

Melanie Wheatley

Introduction to pickleball tailored to juniors. Active, fun class covering the basic skills to play pickleball- The Fastest Growing Sport in America!

BONITA CANYON SPORTS PARK

W	3:30-4:30pm	4/1-4/29	9-14yrs	\$80	ASP219
W	3:30-4:30pm	5/13-6/10	9-14yrs	\$80	ASP220

Beginning Pickleball with Lonnie

Lonnie Kojima

Learn beginning techniques of the pickleball forehand/backhand stroke, the dink, volleys, overhands, the serve and the return serve. **No class 5/25**

BONITA CANYON SPORTS PARK

M	Noon-1pm	4/6-5/4	Adult	\$75	ASP215
M	Noon-1pm	5/18-6/22	Adult	\$75	ASP216

Intermediate Pickleball with Lonnie

Lonnie Kojima

Intermediate pickleball is learning strategy, court position, and refining your shots to advance to the next level. **No class 5/25**

BONITA CANYON SPORTS PARK

M	1:15-2:15pm	4/6-5/4	Adult	\$75	ASP217
M	1:15-2:15pm	5/18-6/22	Adult	\$75	ASP218

Beginning Pickleball with Melanie

Melanie Wheatley

Basic fundamentals of the game, including serve, return of serve, volleys, dinks, 3rd shot, overhands and keeping score. The objective is to develop the basic skills and knowledge so you can enjoy playing the game.

BONITA CANYON SPORTS PARK

Tu	Noon-1pm	3/31-4/28	Adult	\$80	ASP203
Tu	Noon-1pm	5/12-6/9	Adult	\$80	ASP204

Pickleball



INDOOR PICKLEBALL

Advanced Beginning Pickleball with Melanie

Melanie Wheatley

This course is designed for the advanced beginner to improve their fundamental skills and quality of play to help players transition to the intermediate class.

- Requirements: instructor's approval prior to registration.

BONITA CANYON SPORTS PARK

Tu	1:15-2:15pm	3/31-4/28	Adult	\$80	ASP205
Tu	1:15-2:15pm	5/12-6/9	Adult	\$80	ASP206
W	2-3pm	4/1-4/29	Adult	\$80	ASP213
W	2-3pm	5/13-6/10	Adult	\$80	ASP214

Intermediate Pickleball with Melanie

Melanie Wheatley

This course is designed for the Intermediate player to improve their fundamental skills, court awareness, positioning and strategy. Players must have the ability to perform the following skills: control of forehand/backhand, serves (depth and placement), knowledge of positioning, and can sustain volley and dink exchanges.

- Requirements: instructor's approval prior to registration.

BONITA CANYON SPORTS PARK

Th	Noon-1pm	4/2-4/30	Adult	\$80	ASP209
Th	Noon-1pm	5/14-6/11	Adult	\$80	ASP210
Th	1:15-2:15pm	4/2-4/30	Adult	\$80	ASP211
Th	1:15-2:15pm	5/14-6/11	Adult	\$80	ASP212

Pickleball Boot Camp with Melanie

Melanie Wheatley

High energy, non-stop fun divided into 2 sections: 1) Boot camp circuit training (battle ropes, jump ropes and more). 2) High intensity hitting drills designed to keep an elevated heart rate and constant movement while sharpening footwork and hitting skills.

- Requirements: instructor's approval prior to registration.

BONITA CANYON SPORTS PARK

W	12:15-1:15pm	4/1-4/29	Adult	\$90	ASP207
W	12:15-1:15pm	5/13-6/10	Adult	\$90	ASP208

Indoor Beginning Pickleball with Melanie

Melanie Wheatley

Basic fundamentals of the game, including serve, return of serve, volleys, dinks, 3rd shot, overheads and keeping score. The objective is to develop the basic skills and knowledge so you can enjoy playing the game.

NEWPORT COAST COMMUNITY CENTER

Th	7:45-8:45am	4/2-4/30	Adult	\$80	NCC249
Th	7:45-8:45am	5/14-6/11	Adult	\$80	NCC250

Indoor Intro to Intermediate Pickleball with Melanie

Melanie Wheatley

This course is designed to bridge the gap between Advanced Beginner and Intermediate play. Class will focus on developing the necessary skills required to enter into the Intermediate class.

- Requirements: instructor's approval prior to registration.

NEWPORT COAST COMMUNITY CENTER

Th	9am-10am	4/2-4/30	Adult	\$80	NCC251
Th	9am-10am	5/14-6/11	Adult	\$80	NCC252

Indoor Drop-in Pickleball

Recreation Staff

Three indoor courts are for doubles play, no partner required. Paddles and indoor balls available. All skill levels welcome. **No class 5/25, 6/15, 6/19**

- Drop-in cards may be purchased at City Hall, NCCC & OASIS.
- Dates & times subject to change.

NEWPORT COAST COMMUNITY CENTER

M	12:30-3pm	Adult	\$3/visit
F	12:30-3:30pm	Adult	\$3/visit

ART

Adult Watercolor & Painting

Lisa Albert

A wonderfully instructive class where adults will be taught the fundamentals and variety of watercolor and painting techniques. Students will learn about the various brush strokes, color theory, values, texture and more. All highly imaginative projects will inspire creative thinking, confidence and freedom of expression. A class not to be missed.

- Additional fees: \$50 (material)

LISA ALBERT ART STUDIO

Th	7-9pm	4/2-5/14	16yrs-Adult	\$320	FB2026
Th	7-9pm	5/21-6/18	16yrs-Adult	\$185	FB2027

DANCE

Basic Beginner Line Dance

Vickie Jackson

“Line Dancing is the best preventative exercise against Dementia/Alzheimers by increasing your physical activity and mental awareness by incorporating your mind, body, and soul in a positive and social environment.” - New England Journal of Medicine (summarized) Come join us and learn basic line dance steps and easy dances to move your body and soul. No experience or partner needed, just a desire to have a great time! **No class on 5/25**

- Drop-in: \$20 (MPDP21)

MARINA PARK

M	1:30-2:30pm	3/30-5/4	Adult	\$65	MP2057
M	1:30-2:30pm	5/18-6/15	Adult	\$45	MP2058
Th	6-7:30pm	4/2-4/30	Adult	\$80	MP2059
Th	6-7:30pm	5/21-6/18	Adult	\$80	MP2060

Introduction to Social Line Dancing

Vickie Jackson

Have Fun! Make Friends! Will improve your mental and physical health. Line Dancing has been proven to reduce the risks of Alzheimer’s. Two left feet? No problem. Line dances at all levels. Basic knowledge of steps and sequences suggested.

- Drop-in: \$16 (MPDP22)

MARINA PARK

F	6:30-9:30pm	4/3-5/8	Adult	\$71	MP2061
F	6:30-9:30pm	5/15-6/19	Adult	\$71	MP2062

Moving to Heal-Gentle Dance

Jennifer Earle

Moving to Heal is a gentle Nia class, blending dance, martial arts and healing arts (ex.yoga) rooted in the philosophy of movement as medicine. Feel better and more joyful in your body. Adaptable for anyone returning to movement, recovering from injury/illness, or simply needing a slower pace. Easy-to-follow movement to fun music in a supportive atmosphere. Drop-in’s welcome. We dance barefoot but if necessary, you are welcome to wear soft flexible shoes or sneakers. Chairs will be provided for those who need to or would like to dance in a chair.

- Drop-in: \$18 (MPDP26)

MARINA PARK

W	4-5pm	4/1-4/29	Adult	\$90	MP2078
W	4-5pm	5/6-6/3	Adult	\$90	MP2079

Nia Dance - The Joy of Movement

Jennifer Earle

Move your body, develop body literacy, inspire your mind, tone your nervous system, feel powerful, connect with your heart and experience greater health and vitality. Nia blends dance moves, martial arts and healing arts (such as yoga) to leave you feeling strong, flexible, agile, centered and uplifted. Dance barefoot to super fun and diverse music (sneakers welcome). Moves are easy-to-follow, fun, energizing and stress-busting. Join our joyful and judgment-free community!

COMMUNITY YOUTH CENTER (CYC)

Sa 10:15-11:15am 4/4-5/9 Adult \$107 **CY2016**
 Sa 10:15-11:15am 5/16-6/20 Adult \$107 **CY2017**

Special Needs Ballroom Basics

Definitely Dance Inc

Join us for a dynamic dance class that is specifically designed for people 18+ with all types of special needs and developmental disabilities! Sign up with a family member or caregiver, who will be your dance buddy throughout the class. Taught by our lead instructor, Mandy Mykitta, many dances will be represented. From the Waltz to the Hustle, we'll teach you all the moves you need to own any dance floor!

COMMUNITY YOUTH CENTER (CYC)

Sa 11:30am-12:30pm 4/4-5/2 Adult \$50 **CY2011**
 Sa 11:30am-12:30pm 5/16-6/13 Adult \$50 **CY2012**

ENRICHMENT

Dog Obedience Refresher Drill Workshop

Dog Services Unlimited

For dogs that have been through a basic obedience course but have not quite mastered all the skills, or need a refresher class to remind them who's in charge. Intensive practice and drill on all your novice obedience exercises! Improve your dog's attention, work with challenging distractions, and progress to off-leash control.

- Requirements: dog with training equipment at all meetings; children under 14 years must be accompanied by an adult.
- Additional fees: \$5 (insurance)

LIONS PARK

Tu 7:30-8:30pm 4/21-5/19 10yrs-Adult \$87 **NCC254**

Dog Obedience Training

Dog Services Unlimited

Obedience training can make your dog a more enjoyable family member! This beginner-level course, for all breeds of dogs ages five months and older, covers all A.K.C. exercises, including heel, automatic sit, stay, come, stand & down. Also address behavior problems (destructive chewing, hole-digging, barking and counter-surfing, etc.). Trophies and certificates awarded at graduation.

- Additional fees: \$10 (material)
- Requirements: copy of current shot records to the orientation lesson; children under 14 must be accompanied by an adult.
- Notice: orientation class will be held without dogs at the Downtown Recreation Center (1860 Anaheim Ave., Costa Mesa).

NEWPORT COAST COMMUNITY CENTER

W 7:30-8:30pm 4/1-5/13 10yrs-Adult \$98 **NCC239**
 Tu 6:30-7:30pm 4/14-5/26 10yrs-Adult \$98 **NCC253**

Puppy Kindergarten

Dog Services Unlimited

Start your new puppy out on the right paw! Pups ages two to five months will benefit from early socialization with other puppies, and an introduction to basic commands. Advice on housebreaking, nipping, chewing, jumping up, etc. will also be included. Certificates will be awarded at the final meeting.

- Additional fees: \$10 (material)
- Notice: no dogs at the first class.
- Requirements: proof of two Distemper and Parvovirus vaccinations

NEWPORT COAST COMMUNITY CENTER

W 6:30-7:30pm 4/15-5/20 10yrs-Adult \$90 **NCC240**

American Mah Jongg - Supervised Play

Terry Sweeney

Allow me to introduce you to the exciting game of Mah Jongg. This tile game has been played in the U.S. since the late 1930s, and is popular world-wide. Enjoy us for fun and laughter. Come experience the thrill of your first Mah Jongg.

No class 6/3

- Requirements: American Mah Jongg with Terry Sweeney.

MARINA PARK

W 9:30am-Noon 5/27-6/17 Adult \$75 MP2064

American Mah Jongg for Beginners

Terry Sweeney

Allow me to introduce you to the exciting game of Mah Jongg. This tile game has been played in the U.S. since the late 1930s, and is popular world-wide. Enjoy us for fun and laughter. Come experience the thrill of your first Mah Jongg.

MARINA PARK

W 10am-Noon 4/15-5/20 Adult \$122 MP2063

Portal Languages

Portal Languages

In the Beginning classes participants learn a new language with little or no knowledge. Vocabulary development, key grammatical structures and use of appropriate verbs will follow. The lessons build on one another. In the intermediate/advanced class participants focus on conversation for fast learning of daily action. These classes are fun and entertaining.

16TH ST. RECREATION CENTER

Beginning Fench

Tu 7-8pm 3/31-5/19 16yrs-Adult \$185 ST2044

PORTAL LANGUAGES

American Sign Language

Sa 10-11am 4/4-5/23 16yrs-Adult \$185 FB2049

Beginning Farsi

Sa 11am-Noon 4/4-5/23 16yrs-Adult \$205 FB2050

Japanese Int./Advanced

F 4:30-5:30pm 4/10-5/29 16yrs-Adult \$185 FB2051

Bridge: Review of Basic Bidding

Rose Reynolds

Are you overwhelmed with all the bidding guidelines? Do you need some clarification? Then this is the class for you! Your instructor revisits what you learned in Beginning Bridge and reinforces bidding practices to improve your knowledge and confidence when playing the game with your friends and family. This class reviews: opening the bidding, responder bids, opener's rebid, responder's rebids, overcalling, and advancing. The class is highly-interactive and questions are encouraged.

- Additional fees: \$10 (material)

NEWPORT COAST COMMUNITY CENTER

W 9:30-11:20 AM 4/8-5/6 Adult \$100 NCC247

Bridge-Do You Know How to Defeat Your Opponent's Contract?

Rose Reynolds

Do you know how to think about defense when the opponent's bid to a 4Heart contract? Following this five-week class, you'll improve your defensive skills from novice to intermediate while you and your partner score the points, not the declarer! The class covers: opening leads, second-hand play, third-hand play, and defensive signals. Learn how to tell your partner what suit to lead back to you.

- Additional fees: \$10 (material)

NEWPORT COAST COMMUNITY CENTER

Tu 9:30-11:20 AM 4/7-5/5 Adult \$100 NCC246

HEALTH & FITNESS

Plant-Based Culinary Class

Theresa Ripke

This class is for everyone interested and eager to learn to cook and bake a healthy, plant-based diet. No experience needed in the kitchen!

- Additional fees: \$20 (material)

MARINA PARK

M 10-11:30am 4/13-5/18 Adult \$170 **MP2054**

Solo to Social Gymnastics

Kids Care

Specially tailored classes for your child's enjoyment, needs and level of autonomy. Learning gymnastics is fun and promotes lifetime skill development. Expert, experienced coaches work one on one with your child to ensure success. We focus on progressive loose structured classes developing motor skills, flexibility, coordination, self efficacy and confidence. These classes are designed to allow progress to our typical programs and small group integration. **No class 5/25**

16TH ST. RECREATION CENTER

M	3:10-3:55pm	3/30-5/4	1yrs-Adult	\$215	ST2030
M	3:10-3:55pm	5/11-6/15	1yrs-Adult	\$180	ST2033
M	4-4:45pm	3/30-5/4	1yrs-Adult	\$215	ST2031
M	4-4:45pm	5/11-6/15	1yrs-Adult	\$180	ST2034
Sa	9-9:45am	4/4-5/9	1yrs-Adult	\$215	ST2032
Sa	9-9:45am	5/23-6/20	1yrs-Adult	\$180	ST2035

Better Balance Yoga

Mindful Movement

BBY is a blend of traditional forms of Yoga, like Hatha & Vinyasa, with a modern exercise science approach. Each class we work on facilitating better movement and awareness, strengthening our mind and body, and integrating everything into balancing our lives both on and off our mats. Every session focuses on different regions of the body and is synchronized into fundamental movement concepts (Ex: Arms integrated with Core, Hips/Feet and their relationship with Balance, etc.).

- Drop-in: \$23 (MPDP23)

MARINA PARK

Tu	5:30-6:30pm	3/31-5/5	16yrs-Adult	\$113	MP2055
Tu	5:30-6:30pm	5/12-6/16	16yrs-Adult	\$113	MP2056

Body Sculpting

Body Business

Body Sculpting will use methods of resistance training to help promote lean muscle, balance and strength with an emphasis on your abdominal muscles. You will work with resistance bands and weights to strengthen and tone for a full body workout. **No class 5/25**

- Please bring: a mat (some weights will be available to borrow)

NEWPORT COAST COMMUNITY CENTER

M	9:15-10:15am	4/6-5/4	Adult	\$79	NCC231
M	9:15-10:15am	5/11-6/8	Adult	\$63	NCC257
W	9:15-10:15am	4/8-5/6	Adult	\$79	NCC233
W	9:15-10:15am	5/13-6/10	Adult	\$79	NCC258
M/W/F	9:15-10:15am	4/6-5/8	Adult	\$185	NCC232
M/W/F	9:15-10:15am	5/11-6/12	Adult	\$170	NCC259

Cardio Hip Hop

CS Dance Factory

Cardio Hip Hop is a high-energy, heart-pumping, calorie-torching workout! Our class uses varying combinations of hip-hop based dance moves to get you dancing to your favorite songs. Using easy-to-follow, simple grooves means no experience is needed. Anyone can do it! Adding variety to your routine helps you stick to your goals! **No class 4/6, 5/25**

- Drop-in: \$25 (CY2004)

COMMUNITY YOUTH CENTER (CYC)

M 6:45-7:45pm 3/30-6/15 13yrs-Adult \$175 **CY2003**

Jazzercise

Karen Halley

Jazzercise is the original dance party workout. 50 years strong taught by an original Jazzercise instructor. High energy moves with Pilates, yoga and kickboxing all choreographed to today's latest music. **No class 5/25**

- Additional fees: \$70 (new student enrollment fee)
- Please bring: mat, bottled water (limited weights available first come, first serve)

NEWPORT COAST COMMUNITY CENTER

M/Tu/W/F	8-9am	4/1-4/29	Adult	\$75	NCC236
M/Tu/W/F	8-9am	5/1-5/29	Adult	\$75	NCC237
M/Tu/W/F	8-9am	6/1-6/30	Adult	\$75	NCC238

5 Day Pass

M/Tu/W/F 8-9am 4/1-6/30 Adult \$60 **NCC248**

Meditation and Mindfulness

Jessi Moon Conder

You'll gain tools to clear your mind, increase your energy, improve your focus, and gain clarity and inspiration! Beginner to advanced meditation and mindfulness tools offered. You deserve to live in your highest quality of energy. This class supports your development in this science proven practice at increasing happiness and peace. **No class 4/8-4/15**

- Drop-in: \$25 (DRP700, CY2024, MPDP25)

BONITA CREEK PARK AND COMMUNITY CENTER

W	10:45-11:45am	4/1-5/13	14yrs-Adult	\$145	FB2020
W	10:45-11:45am	5/20-6/17	14yrs-Adult	\$105	FB2021

COMMUNITY YOUTH CENTER (CYC)

M	6:30-7:30pm	3/30-5/11	14yrs-Adult	\$125	CY2023
M	6:30-7:30pm	5/18-6/15	14yrs-Adult	\$85	CY2025

MARINA PARK

W	6:30-7:30pm	4/1-5/13	14yrs-Adult	\$125	MP2069
W	6:30-7:30pm	4/1-6/17	14yrs-Adult	\$245	MP2068
W	6:30-7:30pm	5/20-6/17	14yrs-Adult	\$105	MP2070
Su	11am-Noon	4/5-5/3	14yrs-Adult	\$105	MP2071
Su	11am-Noon	5/10-6/14	14yrs-Adult	\$125	MP2072

Seaside Strength & Stretch

Judy Aprile

A great way to start your day! Low-impact warm up, followed by targeted strength and flexibility exercises for the whole body. Special attention will be given to postural alignment and static and dynamic stability. This class is very appropriate for older adults.

- Drop-in: \$20 (MPDP24)

MARINA PARK

Tu/Th	8-9am	4/2-4/30	Adult	\$95	MP2065
Tu/Th	8-9am	5/5-5/28	Adult	\$85	MP2066
Tu/Th	8-9am	6/2-6/30	Adult	\$95	MP2067

Yoga 101

Jessi Moon Conder

Would you like to learn yoga from a teacher trained by a master in a lineage? We'll practice gentle yoga, breathing techniques, and meditation. You can feel comfortable asking questions and learning the ancient science while making new friends in a peaceful and healing environment. **No class 4/13, 4/15, 5/25**

- Please bring: yoga mat, blanket to sit on.

COMMUNITY YOUTH CENTER (CYC)

M	5:15-6:15pm	3/30-5/4	Adult	\$105	CY2028
M	5:15-6:15pm	5/11-6/15	Adult	\$105	CY2029

NEWPORT COAST COMMUNITY CENTER

Tu	10-11am	3/31-4/28	14yrs-Adult	\$85	NCC244
Tu	10-11am	5/5-6/9	14yrs-Adult	\$125	NCC245

Zumba Gold CYC

CS Dance Factory

Did you know that dancing reverses the signs of aging in the brain and body? Discover how you can do this and groove at your own pace in this Zumba Gold® dance party workout for the young at heart! Easy-to-follow, low-impact, dance steps to a variety of motivating music. Sign up now, get results and feel the joy! **No class 4/4, 4/7, 4/11, 5/23**

- Drop-in: \$20 (CY2006)

COMMUNITY YOUTH CENTER (CYC)

Tu	9-10am	3/31-6/16	13yrs-Adult	\$137	CY2005
Sa	9-10am	4/18-6/20	13yrs-Adult	\$122	CY2008
Tu/Sa	9-10am	3/31-6/20	13yrs-Adult	\$195	CY2007

SPECIAL INTERESTS

Care and Handling of Horses

OC Vaulting

Love horses and want to work with them? The goal of this hands-on, 10 week course is for students to learn and/or hone their horsemanship skills and to become confident in basic horse care and handling. This unmounted class is also an excellent science class for home-schooled students.

OC FAIRGROUNDS EQUESTRIAN CENTER

Sa 9-11am 4/4-6/6 10yrs-Adult \$205 **FB2040**

SPECIAL NEEDS

Fun with Horses

Back Bay Therapeutic Riding Club

Introduction to horses, donkeys and farm animals. Classes include, learning horsemanship skills, fun activities, some on horseback if suited, Bring water, close toed shoes, and sun-screen if needed. Attention, not recommended for people with allergies. **No class 5/18, 5/25**

- Location: 20262 SW Cypress St, Newport Beach CA 92660

BACK BAY THERAPEUTIC RIDING CENTER

M 1-3pm 4/13-6/15 Adult \$255 **FB2000**

SPORTS

Beginner Beach Volleyball

Beach Elite

A class for new and beginner volleyball players. Come enjoy your morning with family and friends participating in drills for the first hour and scrimmage for the second hour. Couples encouraged to play and drill together, and minors (13+) are allowed only with parent participation. A skills evaluation will be conducted to ensure everyone is signed up for the correct level of class.

CORONA DEL MAR STATE BEACH

Su 12:30-2:30pm 4/5-6/21 13yrs-Adult \$220 **FB2003**

Family Beach Volleyball

Beach Elite

A class for volleyball players that play at an advanced level. Come enjoy your morning with family and friends participating in drills for the first hour and scrimmage for the second hour. Couples encouraged to play and drill together, and minors (13+) are allowed only with parent participation. A skills evaluation will be conducted to ensure everyone is signed up for the correct level of class.

CORONA DEL MAR STATE BEACH

FamilyAdvanced Beach Volleyball

Sa 8:30-10:30am 4/4-6/20 13yrs-Adult \$220 **FB2005**

Su 8:30-10:30am 4/5-6/21 13yrs-Adult \$220 **FB2004**

Family/Int. Beach Volleyball

Sa 10:30am-12:30pm 4/4-6/20 13yrs-Adult \$220 **FB2007**

Su 10:30am-12:30pm 4/5-6/21 13yrs-Adult \$220 **FB2006**

Group Golf Lessons

John Leonard

PGA Instructor John Leonard has personally designed this course for the beginner and intermediate golfer. This course emphasizes stance, swing and use of clubs. Bring your own clubs or rent clubs at the course.

- Additional fees: purchase large bucket of balls before each class.

NEWPORT BEACH GOLF COURSE

Sa 10-11am 4/4-4/25 Adult \$155 **FB2022**

Sa 10-11am 5/2-5/23 Adult \$155 **FB2023**

Indoor Volleyball King & Queen

Matt Taylor

This 6 on 6 tournament is designed to find the top male and female player at the intermediate/advanced level. Each game, players are shuffled onto different team assignments; players win points based their team's performance. Total individual points establish the winners on the last night! Prizes awarded!

No class 4/14

BOYS & GIRLS CLUB NEWPORT BEACH

Tu 7:15-9:15pm 3/31-6/9 16yrs-Adult \$150 **FB2037**

Judo & Jujitsu

Rick Bradley

Judo and Jujitsu are martial arts that emphasize the use of balance and technique to defeat a larger, stronger opponent by using the opponent's own strength against them. This class will consist of stretching/warming up, fall rolls, mat work and free practice. A practice uniform can be obtained through the instructor.

COMMUNITY YOUTH CENTER (CYC)

Tu/Th 7:30-9pm 4/2-6/18 Adult \$58 **CY2046**

Karate - Adult

David Crockett

Traditional karate with emphasis on discipline, manners and self-defense. Itosu-kai is a older style with a rich history in Japan. Belts can be earned as the students progress. Advanced class is only for Itosu-kai students who have achieved Red Belt (jr), Brown or Black Belt (adult). **No class 5/25**

- Additional fees: \$35 (uniform- optional)

NEWPORT COAST COMMUNITY CENTER

Beginning

Tu/Th 6-7pm 3/31-6/25 14yrs-Adult \$185 **NCC242**

Advanced

M 6:30-7:30pm 3/30-6/25 14yrs-Adult \$191 **NCC243**
 Tu/Th 6-7pm

Sunset Beach Volleyball

Beach Elite

Sunsets and beach volleyball? Yes please! Come enjoy your evening under a beautiful SoCal sunset with professional coaching while participating in drills for the first half of class and scrimmage for the second half. This is for intermediate to advanced level players. Minors (13+) at a comparable level are only allowed with parent participation.

CORONA DEL MAR STATE BEACH

W 5-7pm 4/1-6/17 13yrs-Adult \$221 **FB2008**

Adult Leagues



Coed Beach Flag Football

Beach City Sports

Perfect for men & women living near the peninsula! Games will be played Sundays on the sand just north of the Balboa Pier. Individuals can register to be placed on a team or register on a designated team. Captains can also register for a team. Divisions for beginner to intermediate skill levels! Be prepared to "Get In & Get Social"!

- Requirements: register at beachcitysports.com.

BALBOA PIER

Su 9am-2pm 3/1-5/3 Adult \$89/person

Coed Turf Flag Football

Beach City Sports

Convenient access off the 73, perfect for men & women to enjoy after work! Games will be played Tuesdays at Bonita Creek Park. Individuals can register to be placed on a team or register on an already-existing team. Captains can also register for an entire team of 12-16 players. Lower division available for beginner to intermediate skill levels! Be prepared to "Get In & Get Social"!

- Requirements: register at beachcitysports.com.
- Notice: non-residents pay an additional \$10/person.

BONITA CREEK PARK

Tu 7-10pm 3/3-4/28 Adult \$89/person



Coed Sand Volleyball

Beach City Sports

Perfect for men & women living near the peninsula! Games will be played Saturdays on the sand just north of the Balboa Pier. Individuals can register to be placed on a team or register on a designated team. Captains can also register for a full team. Great for beginner to intermediate skill levels! Be prepared to "Get In & Get Social"!

- Requirements: register at beachcitysports.com.

BALBOA PIER

Sa 9am-2pm 3/14-5/2 Adult \$79/person



Coed Turf Kickball

Beach City Sports

Convenient access off the 73, perfect for men & women to enjoy after work! Games will be played Mondays at Bonita Creek Park. Individuals can register to be placed on a team or register on an already-existing team. Captains can also register for an entire team of 10-18 players. Be prepared to "Get In & Get Social"!

- Requirements: register at beachcitysports.com.
- Notice: non-residents pay an additional \$10/person.

BONITA CREEK PARK

M 7-10pm 3/2-4/27 Adult \$79/person

Drop-in Hoops

Newport Beach Sports Staff

Pick-up basketball at its finest! Come and join the fun of "pick-up" style hoops. Teams will be broken down to 5 on 5 with a constant winner rotation.

- Individuals welcome!
- Pay and Play!
- Gym will be staffed and monitored during play.
- Drop-in cards may be purchased online, at City Hall, or NCCC.

NEWPORT COAST COMMUNITY CENTER

W 6:30-9:30pm 4/1-6/17 Adult \$3/visit

ADULT SPORTS LEAGUES

BASKETBALL

Team Registration Fee (9 Scheduled Games):
\$690/Residents ■ \$740/Non-residents

Locations:
■ West Newport Community Center
■ Newport Coast Community Center

Dates:
Monday–Thursday

SPRING 2020

APR. 6–JUNE 22
REGISTRATION BEGINS: Feb. 3
REGISTRATION ENDS: Mar. 9*

SUMMER 2020

JUNE 29–SEPT. 10
REGISTRATION BEGINS: May 4
REGISTRATION ENDS: June 4*

SOFTBALL

Team Registration Fee (10 Scheduled Games):
\$490/Residents ■ \$540/Non-residents
Additional \$16 umpire fees paid on the field.

Locations:
■ Bonita Creek Park
■ Arroyo Park

Dates:
Tuesday–Thursday
MEN: Tuesday, Wednesday;
CO-ED: Tuesday, Thursday

SUMMER 2020

MAY 26–AUGUST 13
REGISTRATION BEGINS: Mar. 23
REGISTRATION ENDS: Apr. 23*

CO-ED 11v11 SOCCER

Team Registration Fee (10 Scheduled Games):
\$1450/Residents ■ \$1550/Non-residents

Locations:
■ Arroyo Park
■ Bonita Creek Park
■ Lincoln Athletic Center

Dates:
Wednesday–Friday

SPRING 2020

FEB. 19–JUNE 4
REGISTRATION BEGINS: Dec. 16
REGISTRATION ENDS: Jan. 21*

7v7 SOCCER

Location: Bonita Creek Park

SPRING 2020

FEB. 24–JUNE 1
REGISTRATION BEGINS: Jan. 2
REGISTRATION ENDS: Jan. 30*

Team Registration Fee (10 Scheduled Games):
\$690/Residents ■ \$740/Non-residents

Dates: Monday, Thursday
MEN: Monday; **CO-ED:** Thursday

SUMMER 2020

JUNE 8–AUGUST 6
REGISTRATION BEGINS: Apr. 6
REGISTRATION ENDS: May 7*

Team Registration Fee (6 Scheduled Games):
\$420/Residents ■ \$470/Non-residents

Dates: Monday, Wednesday, Thursday
MEN: Monday, Wednesday; **CO-ED:** Wednesday, Thursday



**If registering after the deadline, a \$30 late fee may apply.*

Registration is accepted on a team only basis. ■ Free Agents accepted via newportbeachca.gov/sports. ■ Space is available on a first come first serve basis.



FOR MORE INFORMATION & REGISTRATION:
newportbeachca.gov/sports ■ sports@newportbeachca.gov





Welcome to
OASIS SENIOR CENTER
OLDER ADULT SOCIAL & INFORMATION SERVICES

OASIS
SENIOR CENTER



OASIS SENIOR CENTER

GENERAL INFORMATION

HOURS OF OPERATION

Administration Office

Monday-Thursday ▪ 7:30am-5:30pm

Friday ▪ 8am-5pm

Saturday/Sunday ▪ Closed

Center is closed on all City-observed holidays.

Fitness Center

Monday-Thursday ▪ 7:00am-8:00pm

Friday ▪ 7:00am-5:00pm

Saturday/Sunday ▪ 8:00am-4:00pm

CONTACT INFORMATION

801 Narcissus Ave., Corona del Mar, CA 92625

newportbeachca.gov/oasis

949-644-3244

FITNESS CENTER MEMBERSHIP

- *Age requirement is 50 years and older.*
- *Annual fee: Newport Beach resident \$125 Non-resident \$175*
- *Registration is required for use of Fitness Center.*
- *An orientation on all fitness equipment is mandatory for all new members.*
- *Personal trainers available for an additional fee.*

TABLE OF CONTENTS

XX Transportation

XX Social Services

XX Meal Programs

XX Health Screenings

XX Support Groups

XX Friends of OASIS

XX Upcoming Travel

XX Arts & Theatre

XX Dance

XX Enrichment

XX Games

XX Health & Fitness

UPCOMING SPECIAL EVENTS

April 22 Noon Volunteer Recognition
RSVP required

May 27 Noon Meal & a Movie
RSVP for meal required



A wide variety of social services are available to assist older adults and their families. Services are designed to enable people to live as independently and safely as possible. Call our Admin Office for further information, 949-644-3244.

The following services are offered:

TRANSPORTATION

Care-A-Van

Provides transportation to medical appointments, grocery shopping and other necessary appointments within City limits. Cost is \$3 each way.

Shuttle

Provides transportation to senior classes and activities at OASIS. Cost is \$1.50 each way.

Hours

Monday–Friday 7:45 a.m.-5 p.m.

Reservations For Ride Service

Requires at least 3 business days in advance notice and up to 3 weeks in advance.

Eligibility

- Age 60+
- Live in a private residence
- Reside within Newport Beach, Corona del Mar or Newport Coast.
- No longer driving or unable to drive.
- Passengers in a wheelchair must be able to push themselves or bring an attendant with them.

SOCIAL SERVICE PROGRAMS

Information & Referrals

Assistance with referrals to a vast assortment of senior services such as home care, housing options, adult day care, home health care, assisted living and retirement facilities, respite care, support groups, ombudsman services, and more. If we don't know, we'll find out.

Legal Assistance

One half hour of free legal consultation regarding estate planning, wills and trusts is available by appointment.

Medicare Assistance

A counselor can provide unbiased, individualized counseling to help Medicare recipients maximize benefits, understand health plan choices, and resolve Medicare issues (HICAP program).

Medical Equipment to Loan

Companion wheelchairs, walkers, crutches and knee scooters. Advance Health Care Directive Form Available

Senior Assessment Program

Comprehensive assessment and referral program enabling seniors to live independently in their own home.

Senior Housing Assistance Repair Program

Critical home repairs for seniors. Must be a City of Newport Beach homeowner age 60 or older and fall below a certain income level. Additional criteria must be met.

Telephone Reassurance

Daily contact for seniors living alone.

MEAL PROGRAMS

Daily Lunch Program

Both hot and cold lunches are served Monday through Friday from Noon-12:30 p.m.

Suggested donation \$5.50. Reservations are required. Call 949-718-1820.

Home-Delivered Meals

Meals are available for homebound seniors. Call 949-718-1820 for more details.

The Newport Beach

SHARP

Senior Home Assistance Repair Program

Helping income-qualified seniors in need of critical home repair or modifications

For more information, call 949-644-3244 or visit newportbeachca.gov/oasis.

HEALTH SCREENINGS

Blood Pressure Screenings

Walk-in screenings on the 1st and 3rd Tuesday from 9-11am.

Visual Aid Screening

Braille Institute screens for magnifying when eyeglasses are no longer sufficient. Call 714-821-5000 for an appointment.

Memory Screening

There is a \$45 fee for the screening. Provided by the Orange County Vital Aging Program, this screening promotes early detection and prevention of Alzheimer's Disease and related disorders. In-person screening at OASIS or Hoag; please call 949-764-6288 or visit www.OCVitalAging.org

SUPPORT GROUPS

Alzheimer's Caregiver Support Group

Helpline | 844-435-7259

This group meets the 1st and 3rd Wednesday of the month at 10 a.m. Meetings are open to caregivers, family members and friends caring for a loved one with Alzheimer's or dementia. You are not alone; find how sharing your ideas, feelings and concerns can help you care for yourself and your loved one. This group is affiliated with Alzheimer's Orange County.

Compassionate Friends, Newport Beach Chapter

Basla Mosinski | 917-703-3414

This group meets on the 3rd Wednesday of the month from 6:30-8:15 p.m. The group is a non-profit self-help bereavement support group for families who have experienced the death of a child(ren).

Grief Support Group

Care Choices | 888-368-6869

Come and join us for coffee or tea and share in an easy and comforting conversation about the loss of your loved one. This group meets the 2nd and 4th Thursday of the month from 3-4:30 p.m.

Low Vision Support Group

Charlotte Stradtman | 949-552-7637

Polly Smith | 949-723-1603

This group meets on the 3rd Friday of the month. It is for people experiencing difficulty in daily living due to sight loss. The content of the discussion will be based on participant's needs, which may cover a variety of topics such as getting around town, low vision devices, family awareness and staying connected.

Parkinson's Resource Organization (pro)

PRO Office | 877-775-4111

This group meets the 2nd Thursday of the month from 6:30-8:30 p.m. and is a support group for caregivers only. For more information call 877-775-4111.

Free Groups, Lectures & Activities

For details about various free program offerings at OASIS please view our current OASIS newsletter online at newportbeachca.gov/oasis.

FRIENDS OF OASIS



BENEFITS OF MEMBERSHIP

- Subscription to monthly OASIS Newsletter.
- Discounts on travel.
- Access to unique clubs
- Opportunity to support programs & events at OASIS.

HOW TO BECOME A MEMBER

Visit friendsofoasis.org to register for membership online or call 949-718.1800.

The Friends of OASIS is a 501 (C) (3) non-profit corporation. Your gift may be tax deductible - consult your tax advisor.

Single \$15/year • Couple \$25/year • Life Member \$300

UPCOMING TRAVEL OPPORTUNITIES

OASIS has fantastic travel opportunities to places near and far. Volunteers manage the travel program and work with group tour operators to offer quality tours at reasonable prices.

For detailed trip information please call 949-718-1810 or visit us at friendsofoasis.org and click on the travel tab, or stop by the OASIS Travel Office Monday through Friday, 9 a.m.–1 p.m.

GAMBLING TRIPS

Gambling trips are scheduled monthly. Please call 949-718-1810 for upcoming schedule.

DAY TRIPS & EXTENDED TRIPS

Trips both domestic and abroad are offered. Please call 949-718-1810 for more information.

friendsofoasis.org



ART & THEATER

Ceramics

Karen Thayer

Learn how to create ceramic objects using hand-building techniques and the potter's wheel. Beginning students will learn the basics of slabbing, coiling, pinching and glazing clay. Returning and advanced students will refine their skills with the endless possibilities that this simple material offers. If you have your own tools, please bring them. **No class 5/6**

- Additional fees: \$19 (material)
- Please bring: No tools are required at first class. Instructor to provide basic tools. Specialty tools available for purchase.

OASIS SENIOR CENTER

W	9am-Noon	4/1-6/10	Adult	\$170	SS2149
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Chinese Brush Painting

Diana Wong

Explore the art of Chinese brush painting through the use of Chinese brushes, rice paper, Chinese ink and colors while expressing the inner spirit of the subject or the feeling of the artist. Learn to paint flowers, fish, birds, animals and insects.

- Additional fees: \$12 material (SS2535), \$6 material (SS2536, SS2537)
- Please bring: materials listed on the receipt.

OASIS SENIOR CENTER

W	1:30-4pm	4/8-5/27	Adult	\$139	SS2535
W	1:30-4pm	4/8-4/29	Adult	\$75	SS2536
W	1:30-4pm	5/6-5/27	Adult	\$75	SS2537

Color and Perspective for Oil Painting

Jim Ellsberry

This class helps you understand and mix colors to achieve depth (aerial perspective) in the landscape. Concepts include color values, "push and pull" with color, design and composition, and mixing colorful grays to unite the painting. Students work from their own photos or instructor-supplied photos. The focus is landscape, but all subject matter is welcome. **No class 5/25**

- Additional fees: \$15 (material)
- Please bring: materials listed on the receipt.

OASIS SENIOR CENTER

M	1-3:30pm	4/6-5/4	Adult	\$145	SS2210
M	1-3:30pm	5/11-6/15	Adult	\$145	SS2211

Freehand Drawing- Beg/Adv

Nancy Wahamaki Vasek

Join Nancy in this fun drawing class; she will lead you every step of the way! Beginner to Advanced, working in graphite/pencil, pen & ink and charcoal. Learn tips to capture and sketch the world around you, keep an artist's journal and awaken to really "seeing". This type of "seeing" creates beautiful drawings and a new awareness of your surroundings.

- Additional fees: \$10 (material)
- Please bring: materials listed on the receipt to the first day of class.

OASIS SENIOR CENTER

W	9-11am	4/8-5/6	Adult	\$120	SS2076
W	9-11am	5/20-6/24	Adult	\$144	SS2077

Instructor Assisted Art Workshop- Beg/Adv

Nancy Wahamaki Vasek

This workshop is open to all mediums, including acrylic, watercolor, pastel, colored pencil and drawing (pen & ink, charcoal and graphite). Nancy, a professional artist and teacher will help you "push" your style and give you encouragement to take you to the next step as you work on your own individual project. <https://www.linkedin.com/in/nancygandolfwahamaki>. **No class 5/25**

- Please bring: current project and any supplies needed.

OASIS SENIOR CENTER

M	9am-Noon	4/6-5/4	Adult	\$115	SS2118
M	9am-Noon	5/18-6/22	Adult	\$115	SS2119

Watercolor- Advanced

Christine Sullivan

Learn to paint more expressive watercolors! In this fun and exciting advanced level watercolor painting class, you will explore various design concepts, experimental and traditional watercolor techniques, and use of other media to develop emotional content in your paintings. Creative and expressive interpretation of your subject matter will be the focus.

- Please bring: materials listed on the receipt.

OASIS SENIOR CENTER

W	1-4pm	4/1-5/6	Adult	\$146	SS2213
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Watercolor- Intermediate

Christine Sullivan

This fun and comprehensive class concentrates on developing traditional and experimental skills and techniques in transparent watercolor painting as well as designing more interesting and effective compositions. Landscapes, seascapes, people, still life and other subjects may be explored using photographs or studio set-ups. Demonstrations, individual assistance and group critiques all included.

- Please bring: materials listed on the receipt.

OASIS SENIOR CENTER

W	9am-Noon	4/1-5/6	Adult	\$146	SS2162
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DANCE

All Level Swing Basics

Definitely Dance

Learn how to own the dance floor with this dynamic class! Swing is one of the most popular dances, and you will learn some exciting new moves to last a lifetime! And to top it off, we make learning fun. No partner needed. Come join us! **No class 5/25**

- Drop-in: \$13 (DRP264)

OASIS SENIOR CENTER

M	2:15-3:15pm	3/30-4/27	Adult	\$40	SS2593
M	2:15-3:15pm	5/4-6/8	Adult	\$40	SS2594

Ballet Barre

Michelle Zehnder

In this adv/beg. class we will be focusing on proper body alignment, balance, coordination, stamina, and graceful exercises that help build strength and understanding for Ballet dancing off the barre. The center floor work will concentrate on stretching and strengthening the core muscles. The class atmosphere is friendly and pressure free. Everyone is invited to make any needed adaptations for your personal comfort. We will be dancing to classical music.

- Drop-in: \$18 (DRP255)

OASIS SENIOR CENTER

F	11:30am-12:15pm	4/10-6/12	Adult	\$124	SS2602
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Ballet II

Michelle Zehnder

Join us in learning the graceful beautiful movements of Classical Ballet. Ballet improves strength, flexibility, coordination and balance. It is a chance to express and share your creative side through non-stressful movements in a relaxed and supportive classroom environment. This class is designed for people who have had at least 2 years of dance at some time in their lives but students may adapt the lesson as needed.

- Drop-in: \$18 (DRP255)

OASIS SENIOR CENTER

Tu	11:30am-12:30pm	4/7-6/9	Adult	\$128	SS2601
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Ballroom Dance Basics

Definitely Dance

Never be a wallflower again. From Waltz to Salsa, we'll teach you how to own the dance floor! Join our ballroom group class, followed immediately by a lively practice party. Our dynamic steps and techniques will last a lifetime and we make learning fun! **No class 5/25**

- Notice: No partner needed.

OASIS SENIOR CENTER

M	12:30-2pm	3/30-4/27	Adult	\$40	SS2597
M	12:30-2pm	5/4-6/8	Adult	\$40	SS2599
M	6:45-8:15pm	3/30-4/27	Adult	\$40	SS2598
M	6:45-8:15pm	5/4-6/8	Adult	\$40	SS2600

Dance Workshop

Michelle Zehnder

This dance workshop incorporates many styles of dance seen on stage and television. You will warm up with a ballet barre and then we will work on choreography using a variety of dance styles. This is a great opportunity for you to develop a unique repertoire of dances in a fun and friendly workshop atmosphere.

- Requirements: At least one year of dance experience is advised.
- Drop-in: \$23 (DRP259)

OASIS SENIOR CENTER

Sa	11am-12:30pm	4/11-5/30	Adult	\$158	SS2603
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Intro to Broadway Dance

CS Dance Factory

Come learn simple, basic Broadway dance patterns and techniques. No partner necessary as it's taught in a small group setting. Steps are broken down so beginners are able to dance immediately with confidence. Enjoy favorite Broadway tunes, and see why dance is top-rated for your brain, your heart and your soul! Optional performance opportunities.

OASIS SENIOR CENTER

W	10:15-11am	4/15-6/17	Adult	\$165	SS2646
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Sample Class

W	10:15-11am	4/1	Adult	FREE	SSFREE1
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Line Dancing

Vickie Jackson

Learn new dances and classic favorites while improving your fitness level.

LEVEL 1 Beginner / Improver
(Includes steps, sequences and vocabulary)

LEVEL 2 Improver / Easy Intermediate
(Should already know basic steps)

LEVEL 3 Easy Intermediate / Intermediate
(Step Competency required)

- Drop-in: \$15 (DRP902)

OASIS SENIOR CENTER

Level 1

Th	1-1:55pm	4/2-5/7	Adult	\$41	SS2604
Th	1-1:55pm	5/14-6/18	Adult	\$41	SS2640

Level 2

Th	2-2:55pm	4/2-5/7	Adult	\$41	SS2605
Th	2-2:55pm	5/14-6/18	Adult	\$41	SS2641

Combo Class: Level 1 & 2

Th	1-2:55pm	4/2-5/7	Adult	\$53	SS2609
Th	1-2:55pm	5/14-6/18	Adult	\$53	SS2610

Combo Class: Level 2 & 3

Th	2-4pm	4/2-5/7	Adult	\$53	SS2612
Th	2-4pm	5/14-6/18	Adult	\$53	SS2643

Level 3

Th	3-4pm	4/2-5/7	Adult	\$41	SS2607
Th	3-4pm	5/14-6/18	Adult	\$41	SS2642

ENRICHMENT

2020 Election

Joshua Stone

This course is designed for those seeking an intellectual forum to hear and comment on the goings on of the 2020 Election. Each week, participants will be asked to engage with the policies under question, and the driving question every American is contending with: Who do I want as my next president? Please join me and our colleagues to participate in discussions ranging from economic policy, fiscal and military spending, healthcare, infrastructure, education, housing, and social welfare programs. Civil discourse will be strictly enforced, as we aim to understand how candidates traverse the political landscape, campaign strategies they enlist, and the vision they are putting forward.

OASIS SENIOR CENTER

Th 5-6:30pm 4/9-5/14 Adult \$65 **SS2103**

Advanced French Reading & Discussion

Darielle Wilson

Conducted exclusively in French, discussion will be on a variety of topics presented by the students. Further discussion will follow the reading of a variety of literary works by French authors TBA. Please contact instructor if you are interested in knowing specific selections of literature. A maximum of 15 students will permit each person an opportunity to speak often, practicing and improving his or her fluency in French.

OASIS SENIOR CENTER

Th 10am-Noon 4/2-6/18 Adult \$75 **SS2005**

Advanced Studies in French Literature

Darielle Wilson

Class is conducted exclusively in French. Literature will include classic and modern works of fiction. Classroom activities will center on spontaneous classroom and small-group discussions, reading aloud, dictations and grammar review as needed. Please contact instructor if you are interested in specific selections of literature.

OASIS SENIOR CENTER

W 10am-Noon 4/1-6/17 Adult \$75 **SS2011**

American Public Policy

Joshua Stone

This course examines the making of public policy in the United States. The course begins with an overview of the constitutional foundations of the U.S. political system and proceeds to a discussion of the public policy process, examining the stages of policymaking and theories of the policy process. These theories are discussed in the context of specific public policies and public policy controversies, including social welfare, defense, tax policy, and other important issues. Come learn the methods behind the public policy process and how to understand why some policies sustain and some policies fail.

OASIS SENIOR CENTER

Th 6:45-8:15pm 4/9-5/14 Adult \$65 **SS2200**

Portal Languages

Portal Languages

Beginners learn a new language with little or no knowledge. The focus is on conversation for fast learning of daily actions. Vocabulary development, key grammatical structures, and use of appropriate verbs will follow. The lessons build on one another. Emphasis is given to listening and interpretation.

- Additional fees: material fee listed next to class titles below.

OASIS SENIOR CENTER

Beginning French 1 (\$25 material fee)

M/W 5-6pm 3/30-4/22 Adult \$180 **SS2028**

M/W 5-6pm 4/27-5/20 Adult \$180 **SS2029**

M/W 5-6pm 6/1-6/17 Adult \$140 **SS2031**

Beginning French 2 (\$25 material fee)

M/W 6-7pm 3/30-4/22 Adult \$180 **SS2033**

M/W 6-7pm 4/27-5/20 Adult \$180 **SS2034**

M/W 6-7pm 6/1-6/17 Adult \$140 **SS2036**

Beginning Italian 1 (\$20 material fee)

M/W 5-6pm 3/30-4/22 Adult \$180 **SS2043**

M/W 5-6pm 4/27-5/20 Adult \$180 **SS2044**

M/W 5-6pm 6/1-6/17 Adult \$140 **SS2046**

Beginning Italian 2 (\$20 material fee)

M/W 6-7pm 3/30-4/22 Adult \$180 **SS2038**

M/W 6-7pm 4/27-5/20 Adult \$180 **SS2039**

M/W 6-7pm 6/1-6/17 Adult \$140 **SS2041**

Beginning Spanish 1 (\$20 material fee)

M/W 4-5pm 3/30-4/22 Adult \$180 **SS2047**

M/W 4-5pm 4/27-5/20 Adult \$180 **SS2048**

M/W 4-5pm 6/1-6/17 Adult \$140 **SS2049**

Chinese Political and Economic Affairs

Joshua Stone

This is an interdisciplinary course, examining China's development since 1949. Together, we will explore how China's government works, policymaking at the central and provincial level, and the sociological implications behind it all. Starting with a brief overview of the major historical events that have shaped China's development in the past century, we will then shift to China's current economic and political ambitions, and how its ruling party is dealing with major policy challenges. I hope you join us to explore China and her presence in the world.

OASIS SENIOR CENTER

M 5-6:30pm 4/6-5/11 Adult \$65 **SS2102**

How to Write Your Life Stories 1

Berteil Mahoney

Have you ever wanted to write about your life, but wondered how to get started, how to keep going, and whether it is even worth it in the first place? In this class, you will learn how to turn the crazy, sad and wonderful stuff of your life into stories that have order, clarity and meaning. With opportunities for giving and receiving feedback, you will learn how to prepare your stories for the benefit of future generations, possibly your greatest legacy. No writing experience necessary. Group is limited to 15 participants.

- Additional fees: \$15 material (first time participants only).

OASIS SENIOR CENTER

Tu 10am-Noon 3/31-5/19 Adult \$140 **SS2168**

How to Write Your Life Stories 2

Berteil Mahoney

Participants will continue to write their life stories and refine their writing with emphasis on the elements of style. Group is limited to 12 participants.

- Requirements: participated in How to Write Your Life Stories 1.

OASIS SENIOR CENTER

Tu 12:30-2:30pm 3/31-5/19 Adult \$140 **SS2164**

The History of the CIA

Donald Schwartz

This lecture series will analyze the impact of the Central Intelligence Agency on political developments in the U.S. and the world over the past 70 years.

OASIS SENIOR CENTER

W 1-2:30pm 5/6-5/27 Adult \$80 **SS2105**

The Life and Times of Sir Winston Churchill

Donald Schwartz

Winston Churchill is widely considered one of the world's greatest statesman. This lecture series will trace Sir Winston's formidable impact on the history of the 20th century.

OASIS SENIOR CENTER

W 1-2:30pm 4/8-4/29 Adult \$80 **SS2104**

TECHNOLOGY

Computer Skills

Carole Kamper

This class is for participants who have had some prior experience with computers. It will familiarize you with the desktop and the control panel. Emphasis will be on the steps used to create and save files and folders, as well as retrieving and editing those files. Shortcuts such as copy and paste, print menu and beginning word processing skills will be highlighted.

OASIS SENIOR CENTER

M 11:15am-12:15pm 3/30-4/20 Adult \$68 **SS2125**

Digital Photo Editing

Barbara Yin-Milbert

Learn to download your pictures from your camera or smart phone to your computer. Organize your pictures into folders. Learn to edit your digital photos using Picasa photo editing program.

- Requirements: Computer Basics or equivalent.
- Please bring: phone or camera cord to class.

OASIS SENIOR CENTER

W 9:45-10:45am 4/1-4/15 Adult \$52 **SS2068**

eBay 1

Barbara Yin-Milbert

Learn to buy and sell items on eBay.

- Requirements: basic computer skills and familiarity with the internet.

OASIS SENIOR CENTER

Th 10am-Noon 4/2 Adult \$36 **SS2070**

Intermediate Computer Skills

Carole Kamper

This class is designed for students who have taken some computer classes and/or are self-taught. It is designed to take your skills to the next level. We will explore intermediate Word Processing Skills such as using templates to make greeting cards, flyers and newsletters. The fun presentation program, PowerPoint, will also be taught as a way to apply these newly acquired skills. Google features such as translation, calendar and advanced searches will also be covered.

- Requirements: Computer, basic Word Processing skills.

OASIS SENIOR CENTER

Tu 11:30am-12:30pm 6/2-6/23 Adult \$68 **SS2201**

Intro to Excel

Barbara Yin-Milbert

Learn to manipulate, process, and view the data on a spreadsheet. Use different functions of Excel. Insert graphics into your spreadsheet.

- Requirements: Computer Basics and Skills or equivalent.

OASIS SENIOR CENTER

Th 11am-Noon 4/23-5/14 Adult \$68 **SS2106**

Intro to Facebook & Social Media Sites

Barbara Yin-Milbert

In this introductory class, you will learn about Facebook and the pros and cons of joining this popular social network. You will also learn how to set up an account and select your security and privacy settings. In addition, we will touch upon the other social media sites: Twitter, Snapchat, Instagram, and Pinterest.

- Requirements: Computer Basics and Skills or equivalent.

OASIS SENIOR CENTER

W 11am-Noon 4/1-4/15 Adult \$52 **SS2109**

Intro to Word

Barbara Yin-Milbert

Learn to open and save a new document, cut, copy and paste, use spell check, change font, text size, style and color, organize your files, insert pictures, and more!

- Requirements: Computer basics or equivalent.

OASIS SENIOR CENTER

Th 9:45-10:45am 4/23-5/14 Adult \$68 **SS2115**

Ipad Basics

Carole Kamper

This class will help you learn the basics of your Apple iPad. We will cover using an iPad as a reader, accessing the internet, doing email, and watching videos/movies. We will also explore taking photos and storing them as well as using the calendar.

OASIS SENIOR CENTER

W 10:30am-12:30pm 5/6 Adult \$38 **SS2123**
M 10am-Noon 6/1 Adult \$38 **SS2124**

Iphone For Beginner

Carole Kamper

The class is designed for new and not so new users of iPhones. Instruction will cover the basics of making and receiving calls, setting up voicemail, sending and receiving text messages and other general topics of interest to smartphone users.

- Notice: contact instructor with questions regarding iPhone model you will bring to class.

OASIS SENIOR CENTER

Tu 1-3pm 4/14 Adult \$38 **SS2127**
W 10:30am-12:30pm 5/13 Adult \$38 **SS2128**

Iphone Most Useful Secrets

Jake Jacobs

Learn how to get the most out of your iPhone and learn things you didn't know you iPhone could do. If you know the basics, this class is for you! Each participant will have available a handbook of material covered. Covers basic controls, Control Center, keyboard and editing, Phone, Contacts, Calendar, Siri, texting and email, Safari, Camera, Photos, Music, iBooks, built-in apps, and many additional tips.

- Notice: free handbook available for download (or \$15 at the door). Content may change, so wait until week before first class to print at home.
- Please bring: iPhone and handbook to class.

OASIS SENIOR CENTER

Th 1-3pm 4/9-4/30 Adult \$40 **SS2205**

Making a Shutterfly Photo Book

Carole Kamper

Learn how to make a printable photo album using the website "Shutterfly". Using the Shutterfly Smartphone app, you will also learn how to upload pictures from your devices directly to your Shutterfly account. Come and explore your creativity in this fun, project based class.

- Requirements: basic computer skills.

OASIS SENIOR CENTER

Tu	1-3pm	4/7	Adult	\$38	SS2062
W	1-3pm	5/6	Adult	\$38	SS2063
M	9:30-11:30am	6/22	Adult	\$38	SS2064

GAMES

Advanced Beginning Bridge 1

Ann Cressman

Lessons will consist of handouts, play of pre-arranged hands and analysis.

OASIS SENIOR CENTER

Th	9:30-11:30am	5/7-6/18	Adult	\$140	SS2001
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Advanced Beginning Bridge 2

Ann Cressman

Lessons will consist of more advanced bidding, handouts, play of pre-arranged hands and analysis. Prerequisite: Advanced Beginning Bridge 1.

OASIS SENIOR CENTER

F	9:30-11:30am	5/8-6/19	Adult	\$140	SS2006
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Private Technology Lessons

Carole Kamper

Private instruction designed to zero in on your needs taught by a credentialed instructor with 25+ years of teaching computers to adults. Professional, in-depth help for your computer (PC or Mac), tablet, iPhone or iPad. Monday through Thursday timeslots available (\$62 per hour). All tutoring will take place at OASIS. Dates and times to be agreed upon by instructor and student prior to registration. Contact instructor directly to arrange: Carole Kamper, cckamper@cox.net, 949-230-5902.

- Notice: no refunds once registered.
- Requirements: payment due to OASIS at least 5 business days prior to lesson.

OASIS SENIOR CENTER

Time is by appointment only

M/Tu/W/Th	3/30-6/18	50+yrs	\$62	DRP210
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American Mah Jongg for Beginners

Terry Sweeney

Allow me to introduce you to the exciting, action-packed game of Mah Jongg. This tile game has been played in the U.S. since the late 1930's, and is popular worldwide. Join us for fun and laughter. Come experience the thrill of your first Mah Jongg.

OASIS SENIOR CENTER

Th	1:30-3:30pm	4/16-5/21	Adult	\$122	SS2203
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American Mah Jongg Supervised Play

Terry Sweeney

Join your fellow classmates and practice your newly acquired Mah Jongg skills. Sign up early as space is limited. All players must bring the current Card of Hands to each class. **No class 6/4**

- Requirements: participated in American Mah Jongg for Beginners.

OASIS SENIOR CENTER

M	9:30-11:30am	4/13-5/18	Adult	\$122	SS2215
Th	1:30-3:30pm	5/28-6/18	Adult	\$65	SS2216

Beginning Bridge

Ann Cressman

Join us to learn the exciting and stimulating game of bridge. This class is for new players and those who want to brush up on their skills.

OASIS SENIOR CENTER

Tu	9:30-11:30am	5/5-6/16	Adult	\$140	SS2019
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Bridge- Intermediate Supervised Play

Ann Cressman

Improve your play through supervised instruction and analysis of hands.

- Requirements: participated in Advanced Beginning Bridge 1 and 2.

OASIS SENIOR CENTER

Tu	12:30-2:30pm	5/5-6/16	Adult	\$140	SS2093
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HEALTH & FITNESS

Barre Stretch & Strength

CS Dance Factory

Live longer, get stronger! Standing at the barre for the whole class, you will be led through easy-to-follow, head-to-toe exercises that are effective and fun. The barre provides stability while you strengthen muscles to improve your balance, mobility and circulation. Stretch to increase flexibility and range of motion and reduce muscle tension. Take advantage of the beautiful dance room with built-in barres to get a unique workout. **No class 4/6, 4/10, 5/25**

OASIS SENIOR CENTER

M	10:05-10:50am	3/30-6/15	Adult	\$135	SS2648
F	10:15-11am	4/3-6/19	Adult	\$148	SS2649
M/F	10:05-11am	3/30-6/19	Adult	\$257	SS2650

Better Balance Yoga

Mindful Movement

BBY is a blend of traditional forms of yoga, like Hatha and Vinyasa, with a modern exercise science approach. Each class we work on facilitating better movement and awareness, strengthening our mind and body, and integrating everything into balancing our lives both on and off our mats. Every session focuses on different regions of the body and is synchronized into fundamental movement concepts (i.e. arms integrated with core, hips/feet and their relationship with balance, etc.). **No class 5/23**

- Please bring: yoga mat, towel, and water. Yoga blocks and other equipment provided. Optional: blankets.
- Requirements: Must be able to get up and down from the ground with relative ease and comfort.
- Drop-in: \$20 (DRP266)

OASIS SENIOR CENTER

Sa	9:15-10:15am	4/4-5/9	Adult	\$114	SS2574
Sa	9:15-10:15am	5/16-6/20	Adult	\$95	SS2575
W	7:30-8:30am	4/1-5/6	Adult	\$114	SS2571
W	7:30-8:30am	5/13-6/17	Adult	\$114	SS2572

Better Life Boxing

Andrew Deming

At Better Life Boxing, we provide seniors with fun, challenging, and safe boxing workouts that keep their bodies and brains healthy. During class, you will perform exercises that help improve your balance and coordination as well overall strength. Better Life Boxing can give anyone a customized workout that is enjoyable and fits your specific fitness needs. It is a workout that gets your body moving and heart rate going, all while having fun. Beginner to advanced athletes welcome. **No class 5/21, 5/23 and 5/25**

- Please bring: yoga mat, towel, water, & boxing gloves (12 oz. size are appropriate).
- Drop-in: \$20 (DRP267)

OASIS SENIOR CENTER

M	3:30-4:30pm	3/30-5/4	Adult	\$95	SS2628
M	3:30-4:30pm	5/11-6/15	Adult	\$80	SS2629
Th	3-4pm	4/2-5/7	Adult	\$95	SS2631
Th	3-4pm	5/14-6/18	Adult	\$80	SS2632
Sa	8-9am	4/4-5/9	Adult	\$95	SS2634
Sa	8-9am	5/16-6/20	Adult	\$80	SS2635

Chair Exercise

Judy Aprile

Build upper and lower body strength; increase flexibility; improve postural alignment and coordination. All exercises are performed seated. **No class 4/22, 5/25, 5/27**

OASIS SENIOR CENTER

M/W	9:30-10:30am	4/1-4/27	Adult	\$37	SS2523
M/W	9:30-10:30am	5/4-5/20	Adult	\$32	SS2524
M/W	9:30-10:30am	6/1-6/24	Adult	\$41	SS2525

Chair Tai Chi

Diana Wong

Chair Tai Chi is a mind-body exercise using easy to follow circular movements to increase strength, flexibility, and range of motion. With this low-impact, slow-motion exercise, you learn to breathe deeply and naturally, focusing your attention on your bodily sensations. It can be easily adapted for anyone from the most fit to people confined to wheelchairs. All activities are performed seated.

- Drop-in: \$20 (DRP263)

OASIS SENIOR CENTER

Th	10:45-11:45am	4/9-6/4	Adult	\$92	SS2532
Th	10:45-11:45am	4/30-6/4	Adult	\$69	SS2533

FallProof

Anchor Five Health & Wellness

This class is a progressive program designed to improve balance and reduce fall risk. Developed and researched at CSU Fullerton Center for Successful Aging, the FallProof® program has been proven to reduce the risk of falling in participants who have completed one or more rotations of the program. Candidates for this program must be able to safely walk a distance of 200 feet without the use of any assistive device (cane or walker). This program is not appropriate for people with memory loss or cognitive impairment that could adversely impact judgment and/or decision-making abilities. Space is limited to 12 students. **No class 5/25**

- Notice: register in person at OASIS front desk and bring proof to assessment.
- Requirements: All new students must complete a balance assessment by the first week of class and provide doctor's note indicating they are safe to participate in a balance class.

OASIS SENIOR CENTER

M/F 1:30-2:30pm 4/27-6/19 Adult \$256 **SS2547**

Head to Toe Fitness

Keith Glassman

Starting with dynamic stretching and low impact movements, this class includes light weight training and floor exercises, helping you maintain bone density as it tones, strengthens, and stretches muscles throughout the body. **No class 4/7, 4/9**

- Drop-in: \$12 (DRP256)

OASIS SENIOR CENTER

Tu/Th 8-9am	3/31-4/30	Adult	\$65	SS2516
Tu/Th 8-9am	5/5-5/28	Adult	\$65	SS2517
Tu/Th 8-9am	6/2-6/18	Adult	\$50	SS2518

Intro to the MELT Method of Self Care

Yvette Casal

For anyone new to the MELT Method, this class must be taken prior to taking the 1 hour class. Erase pain and tension in your hands, feet, neck and low back. Tension brought on by everyday stress, overuse and aging. This simple self-treatment technique can make your whole body feel better and provide relief from neck and low back pain, arthritis, bunions, plantar fasciitis, and carpal tunnel syndrome. Yvette will teach you the four Rs of MELT: reconnect, re-balance, re-hydrate, and release so you can develop a home practice.

- Please bring: mat and water.
- Drop-in: \$15 (DRP257)

OASIS SENIOR CENTER

Tu 1-1:40pm	4/7-4/28	Adult	\$50	SS2510
Tu 1-1:40pm	5/12-6/2	Adult	\$50	SS2511

Iyengar Yoga

Carolyn Matsuda

Yoga is for everyone and every body type. This gentle class will help you to become stronger and more flexible. Iyengar Yoga focuses on building a foundation, from the ground up and aligning our arms, legs and spine to the yoga pose. We use props and modify poses so everyone can join in. Instructor is Jr. Intermediate Certified Iyengar Yoga Teacher. **No class 5/25**

- Please bring: sticky mat and 3 firm blankets.

OASIS SENIOR CENTER

M 10-11:15am	4/6-5/4	Adult	\$75	SS2585
M 10-11:15am	5/11-6/8	Adult	\$61	SS2588
Th 10-11:15am	4/9-5/7	Adult	\$75	SS2586
Th 10-11:15am	5/14-6/4	Adult	\$61	SS2589
M/Th 10-11:15am	4/6-5/7	Adult	\$135	SS2587
M/Th 10-11:15am	5/11-6/8	Adult	\$109	SS2590

Meditation and Mindfulness

Jessi Moon Conder

You will gain tools to direct your mind, increase your energy, improve your focus, and gain clarity. Beginner to advanced practitioners welcome. You deserve to live in your highest quality of energy. This class supports your consistency in this science proven practice to increase happiness and peace. Jessi has been teaching this technique for 10 years and has many successful students. She looks forward to sharing and meeting you! **No class 4/17**

- Drop-in: \$25 (DRP700)

OASIS SENIOR CENTER

F 2-3pm	4/3-5/8	Adult	\$105	SS2701
F 2-3pm	5/15-6/12	Adult	\$105	SS2702

Physical Training

Judy Aprile

This overall conditioning class includes a lite cardiovascular gait variation warm-up and targeted full body strength and flexibility exercises. Activities are performed standing, moving and lying on the floor. **No class 4/3, 4/22, 5/25, 5/27, 6/5**

- Please bring: exercise mat; towel or small pillow is recommended for neck support.

OASIS SENIOR CENTER

M/W/F 7-7:55am	4/1-4/27	Adult	\$50	SS2501
M/W/F 7-7:55am	5/4-5/29	Adult	\$50	SS2502
M/W/F 7-7:55am	6/1-6/26	Adult	\$55	SS2503
M/W/F 8:05-9am	4/1-4/27	Adult	\$50	SS2507
M/W/F 8:05-9am	5/4-5/29	Adult	\$50	SS2508
M/W/F 8:05-9am	6/1-6/26	Adult	\$55	SS2509

Pilates

Kathryn Rollins

This Pilates beginning/intermediate class is taught with strength, alignment and flexibility in mind. Throughout each class participants are taught proper functional movement so their bodies can be maintained and injuries prevented. Taught by a nurse who specializes in injury prevention and injury management.

- Please bring: a mat and patience.
- Drop-in: \$22 (DRP254)

OASIS SENIOR CENTER

Tu	8:45-9:45am	3/31-5/5	Adult	\$92	SS2613
Tu	8:45-9:45am	5/12-6/16	Adult	\$92	SS2616
W	5:30-6:30pm	4/8-5/6	Adult	\$84	SS2614
W	5:30-6:30pm	5/13-6/17	Adult	\$92	SS2617
Th	7:30-8:30am	4/9-5/7	Adult	\$84	SS2615
Th	7:30-8:30am	5/14-6/18	Adult	\$92	SS2618

Strong and Healthy Bones Chair/ Standing Class

Kathryn Rollins

If you have osteoporosis, osteopenia or want to maintain your bone density, this class is for you. Full of scientifically-based, impactful, strengthening and stretching movements proven to be beneficial for keeping bones healthy. Taught by a Buff Bones certified nurse who specializes in injury prevention.

- Please bring: pair of 1.5lb ankle weights and a mat.
- Drop-in: \$22 (DRP254)

OASIS SENIOR CENTER

Th	9:15-10:15am	4/9-5/7	Adult	\$84	SS2544
Th	9:15-10:15am	5/14-6/18	Adult	\$92	SS2545

Strong Healthy Bones and Balance-Mat/Standing Class

Kathryn Rollins

Strengthen your bones and retrain your body and brain for balance. If you want to keep your bones strong and improve your balance or have osteoporosis, osteopenia this class is for you. Full of scientifically-based moves incorporating impact, weights, resistance and balance proven to be beneficial for bone density and balance. Taught by a Buff Bones certified nurse who specializes in injury prevention.

- Please bring: a mat and patience.
- Drop-in: \$22 (DRP254)

OASIS SENIOR CENTER

Tu	10-11am	3/31-5/5	Adult	\$92	SS2542
Tu	10-11am	5/12-6/16	Adult	\$92	SS2543
Th	10:30-11:30am	4/9-5/7	Adult	\$84	SS2619
Th	10:30-11:30am	5/14-6/18	Adult	\$92	SS2620

Tai Chi - Sun Style

Diana Wong

The Sun-style tai chi chuan is well known for its smooth and flowing movements which omit the more physically vigorous crouching and leaping of some other styles. With its unique footwork and small circular movements with the hand, Sun-style tai chi improves the flow of energy inside one's body, leading to greater awareness, calmness and overall sense of wellness. This low-impact, weight bearing, relaxing exercise will improve strength and balance, and also reduce pain and stiffness. Its gentle postures and high stances make it very suitable for geriatric exercise and martial arts therapy.

OASIS SENIOR CENTER

W	11:15am-12:15pm	4/8-6/3	Adult	\$97	SS2530
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Tai Chi Qigong

Diana Wong

Being one of the most effective, widely practiced body and mind exercises in the world, the continuous circular, gentle movements of Tai Chi create a powerful flow of energy that will enhance physical health and cultivate tranquility and harmony into your mind. This class provides step by step instruction for Tai Chi Qigong 18 movements.

- Drop-in: \$20 (DRP263)

OASIS SENIOR CENTER

Th	9:30-10:30am	4/9-6/4	Adult	\$92	SS2528
Th	9:30-10:30am	4/30-6/4	Adult	\$69	SS2529

THE MELT Method

Yvette Casal

This class should not be taken unless you have previous MELT experience. This class will combine hydrating length techniques and stabilizing strength techniques to address the weak links that damage joints and inhibit your body's ability to function optimally. Learn to identify and eliminate cellular dehydration before it accumulates causing chronic aches and pains. Reduce inflammation, ease chronic neck and lower back strain, improve alignment, enhance athletic performance, and keep your whole body feeling great at any age.

- Please bring: mat and water to drink.
- Requirements: Must be able to get up off the floor unassisted.
- Drop-in: \$20 (DRP258)

OASIS SENIOR CENTER

Tu	1:45-2:45pm	4/7-5/12	Adult	\$75	SS2512
Tu	1:45-2:45pm	5/19-6/16	Adult	\$65	SS2513

Yin-Yang Yoga Fusion

Anchor Five Health & Wellness

Awaken a source of “vitality” by activating the power of your “breath” while you explore various poses that are floor-based, standing, and sometimes performed at the ballet barre. This 75-minute yoga class provides a safe space for you to explore both static postures as well as dynamic vinyasa (flow) sequences. Class begins with a 30-minute yin sequence to target deep connective tissue and fascia throughout the body with the goal of increasing joint circulation. The second part of class transitions into the more traditional yang practice (hatha yoga) to develop muscular strength, stamina, and flexibility. **No class 4/13, 5/22, 5/25**

- Please bring: yoga mat, blanket, and small towel.
- Drop-in: \$22 (DRP250)

OASIS SENIOR CENTER

F	2:45-4pm	4/3-4/24	Adult	\$80	SS2565
F	2:45-4pm	5/1-5/29	Adult	\$80	SS2567
F	2:45-4pm	6/5-6/19	Adult	\$70	SS2569
M	5:15-6:30pm	4/6-4/27	Adult	\$60	SS2564
M	5:15-6:30pm	5/4-5/25	Adult	\$60	SS2566
M/F	2:45-4pm	4/3-6/19	Adult	\$224	SS2570

Zumba Gold (Chair)

CS Dance Factory

Reverse the signs of aging in the brain when you learn some simple dance steps that can be done sitting in the chair. Zumba Gold½ (Chair) exercise has simple, easy movements to increase strength and flexibility in your arms, legs, and core muscles. Enjoy listening to energizing music and have a joyful time moving with our uplifting instructor. Great for injury recovery, too.

- Please bring: water & towel.

OASIS SENIOR CENTER

F	11:15am-Noon	4/17-4/24	Adult	\$20	SS2561
F	11:15am-Noon	5/8-5/29	Adult	\$30	SS2562
F	11:15am-Noon	6/12-6/26	Adult	\$25	SS2563

Zumba Gold

CS Dance Factory

The dance party workout for the young at heart. Zumba® Gold: Groovin’ at your own pace; beginner and intermediate modifications shown. Easy-to-follow, low-impact dance steps to zesty Latin and international music. Meet new friends while moving and having fun! Improve balance, strength and mobility. Our motivating instructors will uplift and energize you. Now is a good time to feel great! **No class 4/4-4/10, 5/25**

- Drop-in: \$20 (DRP251)

OASIS SENIOR CENTER

M	9-10am	3/30-6/15	Adult	\$125	SS2551
W	9-10am	4/1-6/17	Adult	\$137	SS2552
Th	9-10am	4/2-6/18	Adult	\$137	SS2553

4-Day OASIS Option

M/W/Th/F	9-10am	3/30-6/19	Adult	\$297	SS2558
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6-Day Unlimited

M-Sa	9-10am	3/30-6/19	Adult	\$404	SS2559
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Zumba Gold Toning

CS Dance Factory

This class offers the best of both worlds: the exhilarating experience of a Zumba Gold®. Fitness Party with the benefits of effective strength training. Through dynamic lightweight resistance training and exciting international rhythms, Zumba® Gold-Toning classes help participants build muscle strength, increase bone density, and improve mobility, posture and coordination. **No class 4/6-4/10, 5/25**

- Please bring: toning sticks (optional).

OASIS SENIOR CENTER

F	9-10am	4/3-6/19	Adult	\$137	SS2557
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NEWPORT BEACH PUBLIC LIBRARY

Library Services Director

Tim Hetherton

Board of Library Trustees

Janet Ray, Chair

Paul Watkins, Vice-Chair

Doug Coulter, Secretary

Barbara Glabman

Kurt Kost

Library Locations & Hours

Central Library

949-717-3800

1000 Avocado Avenue, Newport Beach

Monday-Thursday: 9am to 9pm

Friday & Saturday: 9am to 6pm

Sunday: Noon to 5pm

Balboa Branch

949-644-3076

100 East Balboa Boulevard, Balboa

Monday & Wednesday: 9am to 9pm

Tuesday, Thursday-Saturday: 9am to 6pm

Sunday: Closed

Corona del Mar Branch

949-644-3075

410 Marigold Avenue, Corona del Mar

Monday-Saturday: 9am to 6pm

Sunday: Closed

Mariners Branch

949-717-3838

1300 Irvine Avenue, Newport Beach

Monday-Thursday: 9am to 9pm

Friday & Saturday: 9am to 6pm

Sunday: Noon to 5pm

CDM LIBRARY OPEN

Open on Mondays!

CORONA DEL MAR LIBRARY HOURS

FRIDAY: 9AM - 6PM

Our brand new Corona del Mar Library at 410 Marigold Avenue in Corona del Mar. The air-conditioned building features a brand new collection of books and media, a new outdoor reading porch and stroller parking. We have storytimes for kids for storytimes on Tuesday and Wednesday and special craft programs every month. Sensory storytimes for the little ones starts January 11.

UPDATE

LIBRARY SUPPORT

Friends of the Library Bookstore

949-759-9667

Central Library, 1000 Avocado Avenue

Monday-Saturday: 10:30am to 4:30pm

Sunday: 1-4pm

Friends Used Book Sale:

Friday, February 7: 1pm to 4pm

Saturday, February 8: 9am to 1pm

NBPL Foundation

949-717-3890

www.nbplfoundation.org

LIBRARY SERVICES

Information: 949-717-3800

Circulation: 949-717-3850

Reference: nbplref@newportbeachca.gov

Adult Literacy Services: 949-717-3874

SUNDAY MUSICALES



Almer Imamo

AlmaNova: Ho

SUN, DEC 15, 3PM

AlmaNova is an innova
eclectic program of cha
guitarist Almer Imamo
holiday favorites. This c
arrangements of son
classics.

UPDATE

Duo Art, Piano Duo

SUN, JAN 12, 3PM, CENTRAL LIBRARY

Duo Art is a collaboration project of pianists Kookhee Hong and Minji Noh. Formed in 2014, they recently presented programs at St. Margaret's Episcopal School, Chapman University, Irvine Valley College and Chaffey College. While their collaboration is relatively new, they are already in demand as recitalists and will present an afternoon filled with an eclectic mix of music written for one piano, four hands.

Susan Greenberg & Cristina Montes Mateo, Flute and Harp

SUN, FEB 23, 3PM, CENTRAL LIBRARY

Cristina Montes Mateo is recognized internationally as one of the leading harpists of her generation. Flutist Susan Greenberg is a member of the Los Angeles Chamber Orchestra, where she has been a frequent soloist on both flute and piccolo.

Sunday Musicales are free and open to the public. Seating, in the Central Library Friends Room, is first come, first served, limited by room capacity of 200. Funding is graciously donated by the Friends of the Library.

AUTHOR PROGRAMS

Anita Abriel:

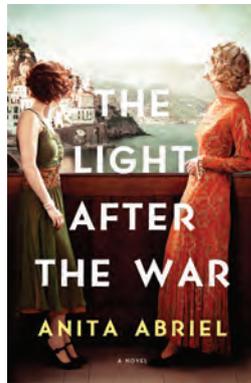
The Light After the War

**WED, FEB 12, 7PM
CENTRAL LIBRARY**

Author Anita Abriel (who also writes as Anita Hughes) will introduce her new book, "The Light After the War," inspired by her mother's true story of survival during World War II.

Abriel's book chronicles the journey of two young women from Hungary, who escape from a train headed for Auschwitz and spend the rest of the war hiding on an Austrian farm. It is a memorable tale of true friendship, love, endurance and survival.

Anita Abriel was born in Sydney, Australia. She received a BA in English Literature with a minor in Creative Writing from Bard College.

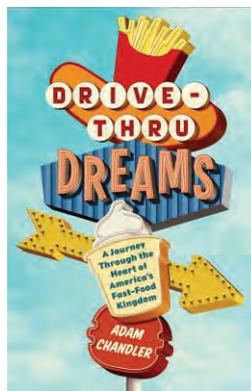


Adam Chandler:

Drive-Thru Dreams: A Journey Through the Heart of America's Fast-Food Kingdom

**THUR, MAR 19, 7 PM,
CENTRAL LIBRARY**

Take a fascinating road-trip through the heart of America's fast-food kingdom with author Adam Chandler. From White Castle, the first fast food chain, to Wendy's most viral tweet of all time, Chandler will talk about fast food history, people and stories that inspired his book, *In Drive-Thru Dreams*, and the inseparable link between fast food and American life for the past century.

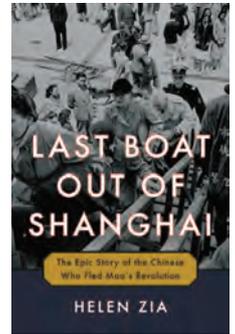


Adam Chandler is a writer based in Brooklyn, New York. A former staff writer at The Atlantic, his work has also appeared in The New York Times, The Wall Street Journal, The Washington Post, Slate, New York Magazine, Texas Monthly, Esquire, TIME, and elsewhere.

*Reservations: newportbeachlibrary.org/calendar/author-talks
Unless otherwise noted, there is no charge to attend these author lectures. They are generously funded by the Friends of the Library. Lectures are held in the Central Library Friends Room. Seating is limited and available on a first-come, first-served basis. Books will be available for purchase and signing by the author.*



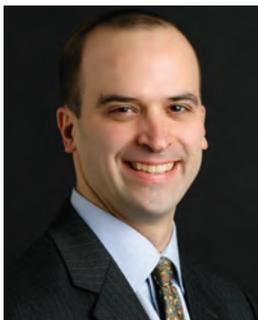
Presented by
**NEWPORT BEACH PUBLIC LIBRARY
 FOUNDATION**
 nbplfoundation.org
 949-717-3892



Doris Kearns Goodwin: Leadership in Turbulent Times

FRI, JAN 24, 7PM
SAT, JAN 25, 2PM
**CENTRAL LIBRARY
 FRIENDS ROOM**
SOLD OUT!

World renowned presidential historian Doris Kearns Goodwin returns to Newport Beach to reflect on 100 years of U.S. History, putting into context our current unprecedented presidency. Goodwin draws from her most recent book *Leadership in Turbulent Times* (2018) which is a culmination of Goodwin's long career studying American presidents. With this Pulitzer Prize winning author will, once again, share her wisdom on this important topic.



David Leonhardt: The American Dream, At Risk – Income Inequality and Us

FRI, FEB 28, 7PM
SAT, FEB 29, 2PM
**CENTRAL LIBRARY
 FRIENDS ROOM**

David Leonhardt joined The New York Times in 1999 and is an Op-Ed columnist. Prior to joining the Opinion department, he was founding editor of The Upshot section, which emphasizes data visualization and graphics to offer an analytical approach to the day's news. He served as Washington bureau chief and wrote "Economic Scene" a weekly column for the Business section. He is a Pulitzer Prize and Gerald Loeb Award winning author.

TICKETS: Friday, 7-9pm, General \$65 /NBPLF Member: \$60
 Lecture, Book Sale & Signing, Light Supper with Wine
 Saturday, 2-4pm, General \$45 // NBPLF Member: \$40
 Lecture, Book Sale & Signing, Refreshments
RESERVATIONS: nbplfoundation.org.

Helen Zia: Last Boat Out of Shanghai: The Epic Story of the Chinese who Fled Mao's Revolution

THUR, FEB 20, 7PM
CENTRAL LIBRARY FRIENDS ROOM

Helen Zia is an activist, award-winning author and former journalist. In 2000, her first book, *Asian American Dreams: The Emergence of an American People*, was a finalist for the prestigious Kiriya Pacific Rim Book Prize. She is the co-author with Wen Ho Lee of *My Country Versus Me*, about the Los Alamos scientist who was falsely accused of being a spy for China in the "worst case since the Rosenbergs."

Her new book, released in January 2019, traces the lives of refugees from another cataclysmic time that has striking parallels to the difficulties facing our country today.

General / \$21 NBPLF Member
 Reservations: nbplfoundation.org.

DISCUSSION GROUP

WED, DEC 11, 9:30 - 11AM, CENTRAL LIBRARY
 Book Selection: *The Widow Clicquot* by Tilar J. Mazzeo.

WED, JAN 8, 9:30 - 11AM, CENTRAL LIBRARY
 Book Selection: *The Fortress of Solitude* by Jonathan Lethem

WED, FEB 12, 9:30 - 11AM, CENTRAL LIBRARY
 Book Selection: *Go Tell It on the Mountain* by James Baldwin

MEDICINE IN OUR BACKYARD

The Secret Power of Music for Dementia

MON, JAN 27, 7PM, CENTRAL LIBRARY
 Speaker: Joshua Grill, Ph.D., Director, UC Irvine Institute for Memory Impairments and Neurological Disorders.

Healthy Heart for Life

MON, FEB 24, 7PM, CENTRAL LIBRARY
 Speaker: Michael Rochon-Duck, MD, Assistant Clinical Professor, Division of Cardiology, UCI Health Department of Medicine.

FOR MORE INFORMATION: nbplfoundation.org.

CHILDREN'S PROGRAMS



The Nutcracker for Kids

**SAT, DEC 7, TWO SHOWS: 2PM AND 3:30PM
CENTRAL LIBRARY FRIENDS ROOM**

Presented by Festival Ballet Theatre, this shortened production of the holiday classic is perfect for kids. Space is limited. Ticket distribution begins at 1 p.m. for both shows.

Holiday Open

SUN, DEC 8, 11AM

Stop by the library for more information about the CDM Christmas Wa

Wrappin' Up 2

WED, DEC 18, 3:30PM

Come to the Balboa Branch for a craft where we make crafts inspired

UPDATE

Noon Year's Eve Celebration

TUES, DEC 31, 11:30AM-12:30PM, CENTRAL LIBRARY

Can't stay up late, but still want to celebrate? Come to the library for crafts and fun as we count down to noon!

New! Sensory Play Saturdays

Drop in with your little one to explore, investigate, and create with sensory-based play at the Corona del Mar Library.

SATURDAYS BEGINNING JAN 11, 11AM-12PM, CDM LIBRARY

Furry Pets Storytime

SAT, JAN 11, 10:30 - 11:30AM, CENTRAL LIBRARY

Learn about caring for your furry pets from a Newport Beach Animal Control officer.

Winter Wonderland Crafts

TUE, JAN 14, 4 - 5PM, CREAM MARINERS LIBRARY

Cozy up with winter wonderland-inspired crafts!

Duck, Duck, Craft!

THU, JAN 16, 3:30PM - 4:30PM, CDM LIBRARY

Celebrate National Rubber Ducky Day with ducky crafts!



A Little Dynasty Chinese Children's Orchestra

SAT, JAN 18, 2 - 3PM, CENTRAL LIBRARY

Celebrate Chinese New Year with an authentic musical experience the whole family will enjoy.

Arctic Animals Crafts

WED, JAN 22, 3:30-4:30PM, BALBOA LIBRARY

Learn about the animal dwellers of the polar regions.

Make a Valentine

MON, FEB 10, 4 - 5PM, CENTRAL LIBRARY

Make Valentine's Day cards for your friends and family!

Sweetheart Crafts

TUE, FEB 11, 4 - 5PM, CREAM MARINERS LIBRARY

There's nothing sweeter than a hand-crafted valentine.

Valentine Crafts

WED, FEB 12, 3:30 - 4:30PM, BALBOA LIBRARY

Make happy and heartfelt crafts for Valentine's Day.

Craft Your Heart Out!

THU, FEB 13, 3:30 - 4:30 PM, CDM LIBRARY

Children's programs are funded by generous donations from the Friends of the Library. Children must be accompanied by an adult. No registration. Space limited by room capacity.

TEEN PROGRAMS

College Planning Workshop

WED, JAN 15, 7-8PM, CENTRAL LIBRARY

Plan ahead. Learn how to select which courses you have to take in order to meet college admission requirements.

AP PRACTICE TESTS

SAT, FEB 15 & SAT, MAR 14

9:30AM - 1PM, CENTRAL LIBRARY

Sharpen your test-taking skills with a free, full-length practice test for either AP U.S. History and AP World History.



NEWPORT BEACH CULTURAL ARTS

Cultural Arts Office

1000 Avocado Avenue
Newport Beach, CA 92660
949-717-3870

Cultural Arts Website

www.newportbeachca.gov/culturalarts

Art Exhibits at the Library
Cultural Arts Grants
Concerts on the Green
Newport Beach Art Exhibition
Sculpture in Civic Center Park
NB Sister City Association

City Arts Commission

Arlene Greer, Chair
Marie Little, Vice-Chair
Miriam Baker
Michelle Bendetti
Maureen Flanagan
Wayan Kaufman
Ritch LeGrand

City Arts Commission

On behalf of the City, the seven-member City Arts Commission advises City Council on matters pertaining to artistic, aesthetic and cultural aspects of the City. It also actively encourages programs for the cultural enrichment of the community, including visual and performing arts activities as well as arts education programs.

Arts Foundation

The Newport Beach Arts Foundation, a non-profit 501(c)(3) organization, engages individuals and businesses in activities to enrich community life by supporting the City Arts Commission and its cultural arts programming.

www.NewportBeachArtsFoundation.org



2020 DATE ANNOUNCED FOR NEWPORT BEACH ART EXHIBITION

SAT, JUN 20, 1-6PM, CIVIC CENTER

This annual event attracts art lovers from all over to view the impressive collection of over 300 pieces of fine art, including paintings, sculpture, mixed media and photography. The one-day juried show is held at the Newport Beach Civic Center, with the light and airy Community Room and surrounding grounds transformed into a beautiful gallery space showcasing original works of art from hundreds of artists. The exhibition attracts innovative emerging talent as well as established professionals who can sell their artwork on site. A festive atmosphere with a wine, beer and food pavilion, live jazz music and children's art activities adds to the vibrant art scene.

Look for the **Call for Artists** for the 2020 Art Exhibition. It will be announced on the City's Cultural Arts webpage at newportbeachca.gov/culturalarts and Facebook page at facebook.com/newportbeacharts. For more information, send email to: arts@newportbeachca.gov.

Cultural Arts Grants Awarded

Each year, the City of Newport Beach distributes funds to arts organizations, enabling them to expand arts programs offered to the local community. To receive a grant, arts organizations are required to submit an application outlining their proposed projects/programs and explain how they directly benefit residents living in Newport Beach. After careful review, the City Arts Commission approved grant funding for ten local arts organizations.

The City Arts Commission is pleased to announce that the recipients of the 2019-20 Cultural Arts Grants are as follows:

- Balboa Island Improvement Association
- Baroque Music Festival
- Chuck Jones Center for Creativity
- Kontrapunktus
- Laguna Playhouse
- Newport Elementary School Foundation
- Pacific Symphony
- Philharmonic Society of Orange County
- South Coast Regional



Sculpture Exhibition Phase V

The City Arts Commission will begin soliciting sculptures for Phase V of the Sculpture Exhibition in Civic Center Park in December 2019 for installation in May 2020.

Interested artists should check the City of Newport Beach website at newportbeachca.gov/culturalarts under Sculpture Exhibition for up-to-date information on the Call for Entries.

Ten new sculptures will be selected by the City Arts Commission for display in the Civic Center Park for two years.

ART AT THE UPDATE

“Destination A” NOV 4 - JAN 3, CENTRAL LIBRARY GALLERY

Sherry Marger is an acrylic landscape painter, born in New York City, but raised in New Jersey. Although, Sherry had an early interest in art and graphics, it wasn't until she started traveling that she began to paint seriously. Always having photographed, catalogued and then assembled albums of trips, she realized how painting could further interpret her traveling world experiences to herself and to others. Traveling became her inspiration. As a studio artist, she works in an impressionistic style with acrylic paints. Plein air watercolor sketching is done on location to lay the groundwork for the finished paintings done on canvas or paper in her studio.

“Shore and Marsh Birds” Photography by Gail White

JAN 6 - MAR 6, CENTRAL LIBRARY GALLERY

Gail White is a long-time resident of Balboa Island. She grew up on the Island, graduated from Newport Harbor High and returned to the Island in 1995 upon her retirement. Strictly an amateur photographer, White's interest in photographing shore and marsh birds evolved from her love of the beach.

All of the photographs on exhibit were shot locally in Newport Beach, Crystal Cove, Bolsa Chica Wetlands and the San Joaquin Wildlife Sanctuary. Gail White's desire in exhibiting these photos is to share with library patrons the wonderful marine birds we have in this area.





A

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andrewgdeming@gmail.com

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info@beachcitysports.com

Beach Elite
714-290-3730
beachelitevball@gmail.com

Berteil Mahoney
949-496-7289

Bionerds
admin@bionerdsllc.com
949-288-1486

Body Business™
ocbodybusiness.com
949-813-3262

Brainstorm Studios
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challengersports.com

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Conversa, Inc.
conversaspanish.com
info@conversaspanish.com
714-360-7757

CORE Athletic Training
info@coreathletictraining.com
949-562-9108

CS Dance Factory
csdancefactory.com
info@csdancefactory.com
949-230-5934

Culinary Kids
culinarykids.biz
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205-420-1292

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Dog Services Unlimited
dogclassinfo.com
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714-532-3647

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endlessunsurf.com
endlessunsurf@hotmail.com
949-533-1022

Environmental Nature Center
encenter.org
949-645-8489

Etiquette with Ms. Nelson
etiquettewithmsjenn@gmail.com
661-433-3233

F-H

Fashion Camp
info@createdesignsew.com
714-259-0946

Ferdowsi Farsi School
ocferdowsifarsi@gmail.com
714-742-6878

OC Friendship Circle
friendshipoc.org
chani@friendshipoc.org
949-721-9800

Fundamental Chess
fundamentalchess.com
derektan@fundamentalchess.com

Gryphon Fitness Studio
info@gryphonfencing.com
714-519-1343

Healthy U
714-374-3008

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Newport Beach City Aquatics Staff

aquatics@newportbeachca.gov
949-644-3151

Newport Beach City Recreation Staff

newportbeachca.gov
recreation@newportbeachca.gov
949-644-3151

Newport Beach Sports Staff

newportbeachca.gov/sports
sports@newportbeachca.gov
949-644-3151

Newport Aquatic Center

newportaquaticcenter.com
admin@newportaquaticcenter.com
949-646-7725

Newport Surf Camp

newportsurfcamp.com
newportsurfcamp@yahoo.com
866-SURF-CAMP

Newport Volleyball Academy

dglenn@nmusd.us
949-500-7118

O

Ocean Adventures

eriknellsensurf.com

OC Equestrian Vaulting

ocvaulting.com
info@ocvaulting.com
949-355-7023

OC Playball

nblake@ocplayball.com
949-606-4038

OC Tiny Tots Academy

octinytots.com
949-433-5065

Odyssey Dance

odysseydanceacademy.com
info@odysseydanceacademy.com
949-752-9400

P

Parker Anderson Enrichment

oc@parker-anderson.org
714-292-0023

Pateadores Soccer

ocpateadores.org
949-386-7244
admin@pateadores.org

Piano Voice Lessons & Beyond

southcalmusic.com
sweetmusic8816@yahoo.com
949-429-5702

Play-Well TEKnologies

chrissey@play-well.org
714-861-9807

Portal Languages

costamesa@portallanguages.com
714-979-1655

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monkeysteps.com
reina@monkeysteps.com
714-721-7977

RMS Tennis

rmsnewportbeach.com
714-342-9058
fountainvalleytenniscenter@hotmail.com

Rose Reynolds

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Rick Bradley

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SCPGA

aleone@pgahq.com
714-552-4872

Shaughnessy Irish Dance

shaughnessykate@yahoo.com
909-762-4346

Skatedogs

skatedogs.com
714-313-8787
mail@skatedogs.com

Skyhawks Sports Academy

skyhawks.com
skyhawks@skyhawks.com
800-804-3509

South Coast Music Together

southcoastmusictogether.com
949-706-3408

Strategic Kids

strategicikids@gmail.com
949-545-8146
ssizemore@strategickids.com

Successful Little Athletes

successfullittleathletes@cox.net
949-364-1465

T

Take the Stage Productions

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Terry Sweeney

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Theresa Fernald

tfernal@saddleback.edu

Theresa Ripke

mail@theresaripke.com

Tumble-N-Kids, Inc.

tumblenkids.com
info@tumblenkids.com
714-842-3586

U-Z

UCI Sailing

boating@uci.edu
949-270-8160

Vickie Jackson

vickie@promodonnas.com
951-809-8010

Webreak Hip Hop Dance

webreakdance.com
info@webreakdance.com
562-277-1385

Yvette Casal

meltwithyvette@gmail.com
714-520-1427

Online

Available only prior to class start date.

1. Go to newportbeachca.gov
2. Click on Classes.
3. Click on My Account.
4. Enter Username & Password.
5. Click on Register for Activities.
6. Sort Activities or Search for class
7. Click on Name of Activity.
8. Click Add to My Cart.
9. Follow the steps for payment.

Mail-In or Email

REGISTRATION FORM & PAYMENT TO:
Recreation & Senior Services Dept.
 City of Newport Beach
 100 Civic Center Drive
 Newport Beach, CA 92660
recreation@newportbeachca.gov

Fax-In

Both pages of the registration form including your Visa, Description Mastercard, Discover or AmEx card number/expiration date and fax to 949-644-3155. Faxes are processed during regular business hours.

Walk-In

Recreation & Senior Services Dept.
 100 Civic Center Dr.
 Newport Beach, CA 92660
Monday–Thursday: 7:30 a.m.–5:30 p.m.
Friday: 7:30 a.m.–4:30 p.m.

Newport Coast Community Center
 6401 San Joaquin Hills Rd.
 Newport Beach, CA 92657
Monday–Thursday: 8 a.m.–8 p.m.
Friday: 8 a.m.–4 p.m.
Saturday: 9 a.m.–1 p.m.

OASIS Senior Center
 801 Narcissus Ave.
 Corona del Mar, CA 92625
Monday–Friday: 8 a.m.–5 p.m.

Marina Park Community Center
 1600 West Balboa Blvd.
 Newport Beach, CA 92663
Monday–Thursday: 7:30 a.m.–5:30 p.m.
Friday: 7:30 a.m.–4:30 p.m.

Registration Information

- Registration is required for all programs/camps.
- Programs/camps are subject to change without notice.
- Fax and mail-in registrations are processed upon receipt of a completed and signed registration form.
- Confirmation receipts are emailed for fax and mail-in registration. Online registration receipts available under account information.
- Registration will NOT be accepted over the phone.
- Fees are not pro-rated for missed classes or late registration.
- If program/camp is full, you will be placed on a wait list. If space becomes available, City staff will contact you and provide a 24 hour response time before moving to the next person on the list. No class petitioning permitted.

Refund Policy

Program Cancellation

A full refund will be granted if program/camp is cancelled by the Recreation & Senior Services Department.

Participant Request for Program/Camps

Unless otherwise noted, no refunds after the commencement of the second class or camp. Refunds for workshops and one or two day classes will be granted if requested five business days before class begins.

Refund Fees

Classes/Workshops

- \$10 for classes/camps \$74 and under.
- \$20 for classes/camps \$75 and above.

Newport Beach Day Camps/Pint Sized Campers

- \$25 refund fee applies for withdrawals with seven days or more notice.
- \$50 refund fee applies for withdrawals with six days or less notice.
- No refunds once camp has begun.

Contract Summer Camps

- \$10 for camps \$74 and under before camp begins
- \$20 for camps \$75 and above before camp begins
- If request is made before the second day of camp a refund fee equivalent to a single day of camp will be charged unless other wise noted. NO REFUNDS after commencement of second day of camp.
- Events/Excursions no refunds.

Refund Processing Time/Payment Type

- Check/Cash- Refunds processed within 3-4 weeks by mailed check.
- Credit Card – Refunds processed within 3-5 days

Participant Code of Conduct

All participants are expected to exhibit appropriate behavior at all times while participating, being a spectator, or attending any program or activity conducted or sponsored by the City of Newport Beach Recreation & Senior Services Department. The following guidelines are designed to provide safe and enjoyable activities for all participants:

- Be respectful of and to all participants and program staff.
- Take direction from program staff/supervisors.
- Refrain from using abusive or foul language.
- Refrain from causing bodily harm to self, other participants, or program staff/supervisors.
- Refrain from damaging equipment, supplies, and facilities.
- Refrain from harassment of staff, instructors or participants.
- Failure to follow these rules may result in denial of program participation privileges. The City of Newport Beach Recreation & Senior Services Department strives to make your participation fun-filled, rewarding, educational and safe. Thank you for your cooperation.

CREDIT CARD INFORMATION

Credit Card Number	Exp. Date
Full Name Appearing On the Credit Card	CVV (3 or 4 digit code on back of card)



CITY OF NEWPORT BEACH
RECREATION & SENIOR SERVICES DEPARTMENT
 100 Civic Center Drive ■ Newport Beach, CA 92660
 Phone: 949-644-3151 ■ Fax: 949-644-3155
 email: recreation@newportbeachca.gov ■ newportbeachca.gov

Please note, your receipt will be emailed.

ADULT/GUARDIAN INFORMATION (Please print all information)

Adult/Guardian Last Name		Adult/Guardian First Name	
Address		City	Zip Code
Home Phone	Cell Phone	Work Phone	Email

PARTICIPANT & COURSE INFORMATION

Participants Name	Date of Birth	Gender	Course #	Class Name	Fee
<i>example John Doe</i>	<i>04/18/07</i>	<i>M</i>	<i>NCC230</i>	<i>Gymnastics</i>	<i>\$60</i>
Payment Options Cash, checks and credit cards accepted. Please make checks payable to the City of Newport Beach . If paying by credit card, please fill out the credit card information form on the adjacent page. <i>Special Assistance If you need special accommodations for activities notify the Recreation & Senior Services Dept. at 949-644-3151 or recreation@newportbeachca.gov.</i>					Total Class Fees Non-Resident Fee for Classes \$5/class \$74 & below <i>or</i> \$10/class \$75 & up Non-Resident Fee for Camps \$10/camp \$124 & below <i>or</i> \$20/camps \$125 & up GRAND TOTAL

REGISTRATION INFORMATION & POLICIES I (We) the undersigned certify that I (We) have read, reviewed, understand and agree to the Registration Information & Policies on adjacent page. These policies are also included as part of your receipt.

PHOTO RELEASE I understand that from time to time City representatives may photograph activities of City recreation programs and participants. By signing this form, I authorize the City of Newport Beach to use or publish any photographs taken by the City showing my participation or my child/children's participation to promote classes on the City's website and other social media used by the City, future publications of the Newport Navigator and/or fliers.

WAIVER & RELEASE OF LIABILITY In consideration of participation in the Program, I (We), the undersigned, recognize, agree and acknowledge as follows: (1) Participation in the Program is voluntary; (2) Follow and abide by the rules, regulations, guidelines and Participant Code of Conduct (3) The participant is in good health, physically able to participate in the program without restrictions and has no medical condition that would or may cause participation to be potentially hazardous to his or her health, which the city can request participant to agree to furnish medical documentation at participants own expense; (4) Failure to disclose a medical condition could terminate participation; (5) There is a real possibility that participant could be seriously injured while participating in the Program; (6) Participant assumes all risks associated with participation in the Program. Participant acknowledges the inherent and potential dangers of participating and expressly waives and voluntarily assumes all risk of personal injury or death which may be sustained while participating. **I (WE) RECOGNIZE THAT REGISTRATION IN THE PROGRAM IS DANGEROUS AND CONTAINS RISK OF PERSONAL INJURY, DEATH, DISABILITY, PROPERTY DAMAGE OR LOSS ("DAMAGES").** I ASSUME ANY AND ALL RISKS associated with my or my child's participation in the Program, including, but not limited to, strenuous physical activity or exertion; striking or being struck, by objects or persons; slipping; and exposure to heat, cold or humidity. Such risk may result in injuries that include, but are not limited to: sprain, strain or tear of muscles or ligaments; fracture or dislocation of joints or bones; head or facial injuries; spinal cord or internal injuries. I know that the risks, hazards and dangers include, but are not limited to, falling, slipping, colliding with other users, staff or spectators. I understand that these risks, hazards and dangers are further increased when other persons, whether or not of the same level of experience, are present at the same time and/or using the same facilities. **ALL SUCH RISKS ARE KNOWN AND APPRECIATED BY ME.** I hereby, for myself, my child, heirs, or anyone who might claim on my or my child's behalf, agree not to bring any claim, and waive, release and forever discharge the City of Newport, the Newport-Mesa Unified School District, and all of their officers, agents, and employees from any and all duty to me, my child and/or liability for damages arising out of or in the course of my child's participation in the Program, including all liability for any active or passive negligence by the City/Newport-Mesa Unified School District and/or their officers, agents and employees. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. I waive and voluntarily assume all risk of personal injury which may be sustained while participating. The laws of the State of California shall govern this agreement. The undersigned, hereby acknowledged to be lawful parent(s) and/or guardian(s) of the participant, acknowledge(s) my/our qualifications to sign the Release on behalf of the participant.

Mandatory Signature _____ **Date** _____

Class Sites

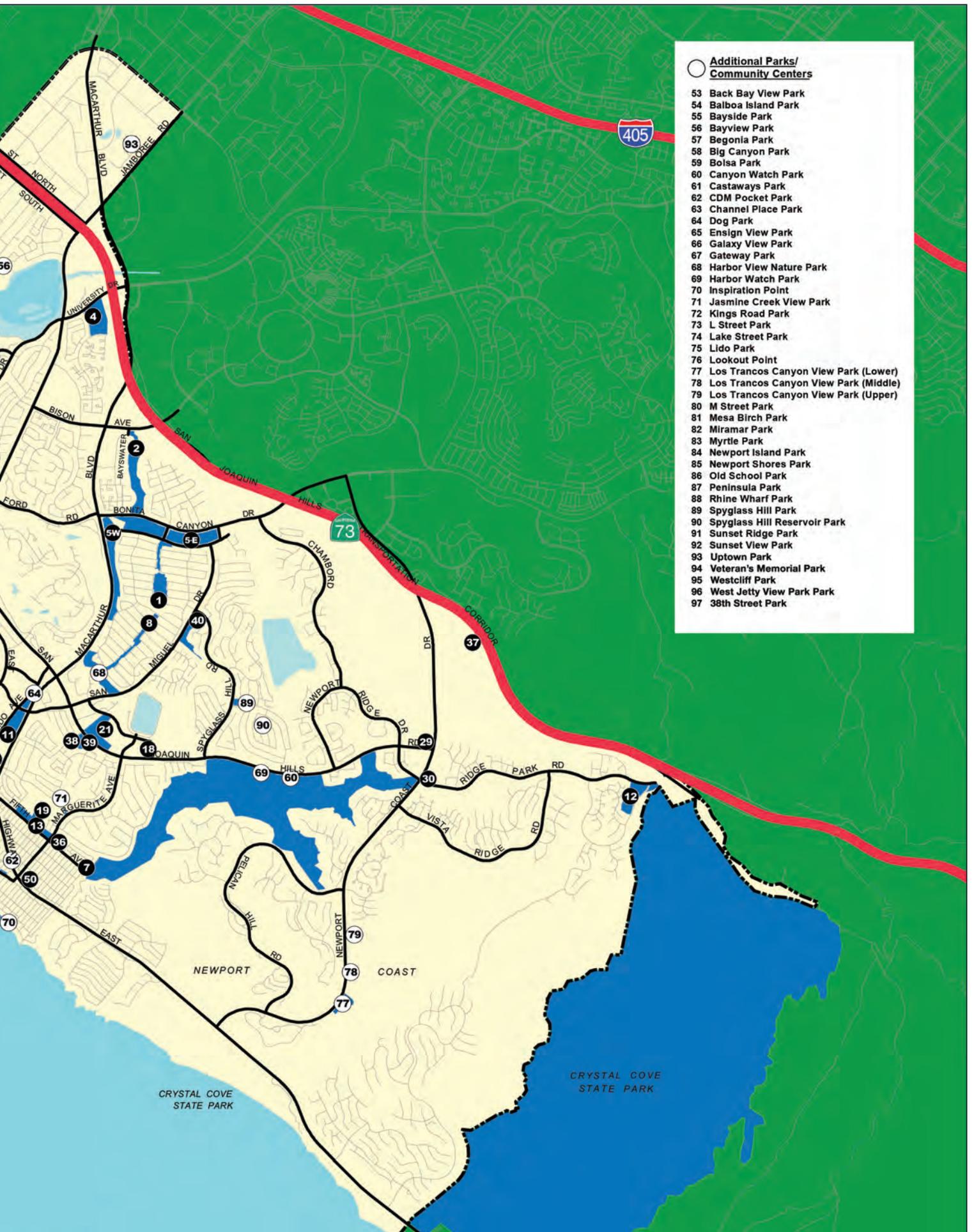
- 1 Anderson Elementary School
1900 Port Seabourne Pl
- 2 Arroyo Park
1411 Bayswater
- 3 Back Bay Science Center
600 Shellmaker Rd
- 4 Bonita Creek Community Center and Park
3010 La Vida
- 5 Bonita Canyon Sports Park East (BCSP)
1990 Ford Rd
- 5 Bonita Canyon Sports Park West (BCSP)
1641 Ford Rd
- 6 Bob Henry Park
900 Dover Dr
- 7 Buck Gully Reserve
Poppy Ave, Corona del Mar
- 8 Buffalo Hills Park
1901 Port Provence Pl
- 9 Carroll Beek Community Center
115 Agate Ave, Balboa Island
- 10 Cliff Drive Park and Community Center
301 Riverside Ave
- 11 City Hall/Recreation and Senior Services Department and Community Room
100 Civic Center Dr
- 12 Coastal Peak Park
20403 East Coastal Peak, Newport Coast
- 13 Community Youth Center (CYC)
Grant Howald Park
3000 Fifth Ave, Corona del Mar
- 14 Corona del Mar Beach
3029 Breakers Dr
- 15 Eastbluff Park/Boys and Girls Club
2555 Vista del Oro
- 16 Eastbluff Elementary School
2627 Vista del Oro
- 17 Ensign School
2000 Cliff Dr
- 18 Harbor Day Elementary
3443 Pacific View Dr
- 19 Harbor View Elementary School
900 Goldenrod Ave, Corona del Mar

- 20 Irvine Terrace Park
721 Evita Dr
- 21 Lincoln Athletic Center
3101 Pacific View Dr
- 22 Marian Bergeson Aquatic Center (MBAC)
Corona del Mar High School
2101 Eastbluff Dr
- 23 Marina Park
1600 Balboa Blvd W
- 24 Mariners Elementary School
2100 Mariners Dr
- 25 Mariners Park
Vincent Jorgensen Community Center (VJC)
1300 Irvine Ave
- 26 Newport Beach Aquatic Center (NBAC)
1 White Cliffs Dr
- 27 Newport Beach Golf Course
3100 Irvine Ave
- 28 Newport Beach Tennis Center
2601 Eastbluff Dr
- 29 Newport Coast Community Center (NCCC)
6401 San Joaquin Hills Rd, Newport Coast
- 30 Newport Coast Elementary School
6655 Ridge Park Rd, Newport Coast
- 31 Newport Elementary School
1327 Balboa Blvd W
- 32 Newport Heights Elementary School
300 15th St
- 33 Newport Harbor High School
600 Irvine Ave
- 34 Newport Pier
Newport Blvd, Balboa Blvd W
- 35 Newport Theatre Arts Center
2501 Cliff Dr
- 36 OASIS Senior Center
801 Narcissus Ave, Corona del Mar
- 37 Sage Hill High School
20402 Newport Coast Dr, Newport Coast
- 38 San Joaquin Hills Lawn Bowling Center
1550 Crown Dr, Corona del Mar
- 39 San Joaquin Hills Tennis Court
1550 Crown Dr, Corona del Mar
- 40 San Miguel Park
2200 San Miguel Dr
- 41 Southwind Kayak Center
Coast Hwy E, Bayside Dr
- 42 West Newport Community Center (WNCC)
883 15th St W
- 43 West Newport Park/Tennis Courts
5800 Seashore Dr
- 44 Sailing Base
Balboa Blvd E, 18th St on bay side
- 45 16th St Community Center
868 W 16th St
- 46 28th St Beach
28th St, Balboa Blvd
- 47 36th St Beach
36th St, Balboa Blvd
- 48 61st St Beach
61st St, Seashore Dr

Libraries

- 49 Balboa Branch
100 Balboa Blvd E
- 50 Corona del Mar Branch
420 Marigold Ave, Corona del Mar
- 51 Crean Mariners Branch
1300 Irvine Ave
- 52 Newport Beach Central Library
1000 Avocado Ave





- **Additional Parks/
Community Centers**
- 53 Back Bay View Park
 - 54 Balboa Island Park
 - 55 Bayside Park
 - 56 Bayview Park
 - 57 Begonia Park
 - 58 Big Canyon Park
 - 59 Bolsa Park
 - 60 Canyon Watch Park
 - 61 Castaways Park
 - 62 CDM Pocket Park
 - 63 Channel Place Park
 - 64 Dog Park
 - 65 Ensign View Park
 - 66 Galaxy View Park
 - 67 Gateway Park
 - 68 Harbor View Nature Park
 - 69 Harbor Watch Park
 - 70 Inspiration Point
 - 71 Jasmine Creek View Park
 - 72 Kings Road Park
 - 73 L Street Park
 - 74 Lake Street Park
 - 75 Lido Park
 - 76 Lookout Point
 - 77 Los Trancos Canyon View Park (Lower)
 - 78 Los Trancos Canyon View Park (Middle)
 - 79 Los Trancos Canyon View Park (Upper)
 - 80 M Street Park
 - 81 Mesa Birch Park
 - 82 Miramar Park
 - 83 Myrtle Park
 - 84 Newport Island Park
 - 85 Newport Shores Park
 - 86 Old School Park
 - 87 Peninsula Park
 - 88 Rhine Wharf Park
 - 89 Spyglass Hill Park
 - 90 Spyglass Hill Reservoir Park
 - 91 Sunset Ridge Park
 - 92 Sunset View Park
 - 93 Uptown Park
 - 94 Veteran's Memorial Park
 - 95 Westcliff Park
 - 96 West Jetty View Park Park
 - 97 38th Street Park

City of Newport Beach
100 Civic Center Drive
Newport Beach, CA 92660

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RECREATION & SENIOR SERVICES DEPARTMENT

2020 VISION

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10% OFF
LIMITED TIME ONLY
REGISTER BY MAY 4

Focus on **FUN!**

SURF 

 **ARTS**

STEM 

 **& MORE**



Visit today,
registration opens
March 5

CAMPNEWPORT.COM



FREE EVENT
Camp Newport Expo
at the **Spirit Run**

SUNDAY, MARCH 1
6:30 a.m.–11 a.m.
Fashion Island, Newport Beach



Camp Newport Expo is located at the
finish line of the Spirit Run.

COME SEE
about our
SUMMER CAMPS!

949-644-3151 ■ recreation@newportbeachca.gov