



# REC REPORT

RECREATION & SENIOR SERVICES DEPARTMENT

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## Winter 2021-22 NEWPORT NAVIGATOR

Visit and register today at [NEWPORTBEACHCA.GOV/RECREATION](http://NEWPORTBEACHCA.GOV/RECREATION)



The Recreation & Senior Services Department is here to help you *stretch the stress* away. The winter season is often filled to the brim with family time, events and holidays. Make sure it also includes some time prioritized for YOU to shake off any stress and start of the new year feeling refreshed. Join one of our many adult classes like pickleball, dance, mindfulness, boxing, language and more.

Registration is now open! Head online to [newportbeachca.gov/recreation](http://newportbeachca.gov/recreation) to view the fully linked digital version of the winter edition of our Newport Navigator and register now. Classes held between December 6 through March 13 (no class dates 12/24-1/2, 1/17, 2/21).

## OASIS FITNESS CENTER

### HOLIDAY HOURS

December 24 - 26 CLOSED

December 27 - 30 7AM-4PM - note closing early

Dec 31 & Jan 1 CLOSED

\*Regular hours will resume January 2, 2022

### OASIS Fitness Towel

Makes a great holiday gift!

Purchase in the Fitness Center.

- \$8
- Cash or card
- 12" x 42"
- *While supplies last*



### PERSONAL TRAINING

### RATES

- 30 min on-going
  - \$40
- 1 hour on-going
  - \$70
- 1 hour one-time
  - \$80

Please see staff for availability

[www.newportbeachca.gov/oasisfitness](http://www.newportbeachca.gov/oasisfitness)

## 4 ways to have fun with recreation this Winter



1

### A.C.E. CLASSES

Our After Class Enrichment program's Winter season is held from December 6 to March 4. Join the fun at Newport Coast, Mariners, Newport, Harbor View, or Newport Heights elementary schools.

Registration is now open at [newportbeachca.gov/ACE](http://newportbeachca.gov/ACE).

### ADULT BASKETBALL

2

Winter Basketball Registration is open! The league is scheduled to begin the week of January 3 and schedules will be posted the week of December 20. Leagues are offered Monday-Thursday in different levels of competition. Register your team today.

Email [sports@newportbeachca.gov](mailto:sports@newportbeachca.gov) or call (949)644-3151 with any questions.



3

### CPR, AED & FIRST AID TRAINING

December 4, 2021  
Marina Park  
1600 W. Balboa Blvd

Babysitter, CPR, AED, & First Aid  
8:30am - 4:00pm

CPR & AED-Adult, Child & Infant  
8:30am - 12:00pm



4

### BREAKFAST WITH SANTA

Friday, December 3  
9:30-11am  
Newport Coast Community Center

Registration Required



Go Birdwatching



Build a sand snowman



Make twig ornaments



Create cozy handmade gifts



HAPPY HOLIDAYS!  
MAY YOUR SEASON BE MERRY AND NATURAL

8 WAYS TO WASTE LESS, GIVE MORE, AND GET OUTSIDE



Solstice Stargazing



Make a bird feeder



Make your own cards or wrapping paper



Explore a new trail

[Click here to view the full December newsletter](#)