



# PROGRAM GUIDELINES

RECOMMENDATIONS & GUIDELINES DESIGNED TO AVOID THE SPREAD OF COVID-19

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These summary guidelines have been created using information from the Center for Disease Control (CDC), the State of California, and the County of Orange. They are subject to change as guidance evolves.

**GENERAL MODIFICATIONS & EXPECTATIONS:** In an effort to establish a safe environment, the following practices will be adopted. These guidelines will be encouraged through routine program audits conducted by City staff.

**Cleaning practices:** Instructors will be expected to clean and sanitize equipment and surfaces as needed during their program.

**Hygiene:** Instructors are expected to maintain and issue routine reminders to encourage good hygiene practices, including but not limited to:

- No-contact greetings encouraged.
- Clean hands before and after eating, after coughing or sneezing, and before and after restroom use.
- Avoid touching your face and cover your coughs and sneezes with a tissue or shield with your elbow.
- Maximize ventilation (when indoors)

**No-contact check-in** procedures are encouraged, including contact-less greetings.

**Personal belongings:** Encourage participants to pre-label all personal items. Instructors and participants are recommended to bring a backpack containing personal sunscreen, pre-filled reusable water bottle, and a lunch/snack.