

Health Plan PERKS!



Health Plan PERKS!

Did you know your health plans have PERKS available to their enrolled members?

The list below is meant to give you an idea of what you may be eligible if enrolled in the corresponding health plan. Please keep in mind that these PERKS may be subject to change and are provided and managed by the health insurance carrier directly. For questions on the information below we encourage you to contact your health plan member services phone number located on your CalPERS medical insurance card.



Gift Cards!

These health plans have gift cards waiting for you!

Contact your health plan and complete an online health assessment program and receive a gift card.

1. Anthem Select HMO
2. Anthem Traditional HMO
3. Blue Shield Access+ HMO
4. Blue Shield Trio HMO
5. Health Net Salud y Mas HMO
6. Health Net SmartCare HMO
7. Sharp Performance Plus HMO
8. United Healthcare SV Alliance
9. United Healthcare SV Harmony
10. PERS Gold PPO



Active & Fit Direct / Gym Membership or Online Home Classes

ACTIVE & FIT DIRECT / GYM & ONLINE HOME GLASSES

1. Anthem Select HMO
2. Anthem Traditional HMO
3. Kaiser HMO
4. Blue Shield Access+ HMO
5. Blue Shield Trio HMO
6. Health Net Salud y Mas HMO
7. Health Net SmartCare HMO
8. Kaiser

DISCOUNTS ON FITNESS EQUIPMENT

1. Anthem Select HMO
2. Anthem Traditional HMO
3. Kaiser



Online Wellness Tools & Programs

WELLNESS TOOLS & PROGRAMS

1. Anthem Select HMO
2. Anthem Traditional HMO
3. Blue Shield Access+ HMO
4. Blue Shield Trio HMO
5. Health Net Salud y Mas HMO
6. Health Net SmartCare HMO
7. Sharp Performance Plus HMO
8. United Healthcare SV Alliance
9. United Healthcare SV Harmony
10. PERS Gold PPO

ONLINE COACHING PROGRAMS

1. Health Net Salud y Mas HMO
2. Health Net SmartCare HMO
3. United HealthCare SV Alliance
4. United HealthCare SV Harmony

VIRTUAL CONSULTATIONS

1. Blue Shield Access+ HMO
2. Blue Shield Trio HMO



Discounts! Vision – Hearing – Dental – Alternative Care (Massage & Chiropractic care)

VISION - HEARING - DENTAL- CHIROPRACTIC & MASSAGE

1. Anthem Select HMO
2. Anthem Traditional HMO
3. Blue Shield Access+ HMO
4. Blue Shield Trio HMO
5. Kaiser

PREGNANCY - FAMILY - HOME DISCOUNTS AND RESOURCES

1. Anthem Select HMO
2. Anthem Traditional HMO
3. Health Net Salud y Mas HMO
4. Health Net SmartCare HMO
5. PERS Gold PPO

HEALTH SAVINGS PROGRAM

1. Blue Shield Trio HMO

Express Access Network, Live & Work Well Program & Sanvello App

1. United Healthcare SV Alliance
2. United Healthcare SV Harmony

Silver Sneakers

1. Blue Shield Access+ HMO
2. Blue Shield Trio HMO

Grossmont Mall Walkers Fitness Program

1. Sharp Performance Plus HMO



Tele Med Appointments & *24/7 Nurse

FIND YOUR HEALTH PLAN AND CLICK!

- 1. Anthem Select HMO - www.livehealthonline.com
- Anthem Select Traditional - www.livehealthonline.com
- Blue Shield Access + HMO - www.Teladoc.com/bsc
- Blue Shield Trio HMO - www.Teladoc.com/bsc
- Health Net Salud y Mas - www.Babylon.com
- Health Net SmartCare - www.Babylon.com
- Kaiser - www.kp.org
- Sharp - www.telehealthservices.com
- UnitedHealthCare Signature Alliance - www.uhc.com/virtualvisits.com
- UnitedHealthCare Harmony Network - www.uhc.com/virtualvisits.com
- PERS Platinum - www.livehealthonline.com
- PERS Gold - www.livehealthonline.com
- PORAC PPO - www.livehealthonline.com