

RECREATION & SENIOR SERVICES DEPARTMENT



Parks
Make
Life
Better!

NEWPORT NAVIGATOR

SUMMER 2023

JUNE 12-SEPTEMBER 3

A photograph of two people kayaking in a yellow kayak on a body of water. The person in the front is wearing a red life vest and a camouflage hat, and is smiling. The person in the back is wearing a white helmet. The kayak has "OCEAN KAYAK" written on the side. A yellow text box is overlaid on the image.

Update
Fall Cover

Join Us for
SUMMER CAMPS

|| PAGE 07

NEWPORT NAVIGATOR



Newport Beach City Council

Mayor	Noah Blom <i>nblom@newportbeachca.gov</i>
Mayor Pro Tem	Will O'Neill <i>woneill@newportbeachca.gov</i>
Council Member	Brad Avery <i>bavery@newportbeachca.gov</i>
Council Member	Robyn Grant <i>rgrant@newportbeachca.gov</i>
Council Member	Lauren Kleiman <i>lkleiman@newportbeachca.gov</i>
Council Member	Joe Stapleton <i>jstapleton@newportbeachca.gov</i>
Council Member	Erik Weigand <i>eweigand@newportbeachca.gov</i>

Parks, Beaches & Recreation Commission

Chair	Hassan Archer <i>harcher@newportbeachca.gov</i>
Vice Chair	Kate Malouf <i>kmalouf@newportbeachca.gov</i>
Commission Member	Diane Daruty <i>ddaruty@newportbeachca.gov</i>
Commission Member	David Granoff <i>dgranoff@newportbeachca.gov</i>
Commission Member	Laird Hayes <i>lhayes@newportbeachca.gov</i>
Commission Member	Heather Ignatin <i>hignatin@newportbeachca.gov</i>
Commission Member	Keira Kirby <i>kkirby@newportbeachca.gov</i>

City Staff

City Manager	Grace K. Leung <i>gleung@newportbeachca.gov</i>
Recreation & Senior Services Director	Sean Levin <i>slevin@newportbeachca.gov</i>
Recreation & Senior Services Deputy Director	Justin Schmillen
Recreation Manager	Brason Alexander
Recreation Manager	Brian Cordeiro
Senior Services Manager	Melissa Gleason
Recreation Manager	Racquel Valdez

City Hall Hours

Monday–Thursday	7:30 a.m.–5:30 p.m.
Friday	7:30 a.m.–4:30 p.m.



Stay up-to-date on what Newport Beach is working on to address community noise concerns related to John Wayne Airport's operations.

NEWPORTBEACHCA.GOV/JWA

City Directory

Budgeting & Finance	949-644-3127
Animal Control	949-644-3717
Building Department	949-644-3275
Building Permits	949-644-3288
City Attorney	949-644-3131
City Clerk	949-644-3005
Code Enforcement	949-644-3215
Community Youth Center	949-644-3165
Fire & Lifeguard (Business)	949-644-3104
Fire/Police Emergency	9-1-1
General Services	949-644-3055
Graffiti Hotline	949-644-3333
Human Resources	949-644-3300
Information	949-644-3309
Library	949-717-3800
Licenses	949-644-3141
Senior Center	949-644-3244
Marina Park	949-270-8150
Trails/Tidepools	949-644-3036
Mayor	949-644-3004
Community Center	949-270-8100
Park Patrol	949-795-2381
Parking Citations	949-644-3396
Planning Department	949-644-3200
Police (Front Desk)	949-644-3681
Police (Non-emergency Dispatch)	949-644-3717
Public Works	949-644-3311
Recreation & Senior Services	949-644-3151
Utilities Department	949-644-3011
Water Bill Information	949-644-3050

Update



Recreation & Senior Services Department

100 Civic Center Drive, Bay E
Newport Beach, CA 92660

newportbeachca.gov/recreation
recreation@newportbeachca.gov

PHONE: 949-644-3151

FAX: 949-644-3155

PARK PATROL: 949-795-2381

MUD LINE: 949-718-1860



Summer Camps

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Fall 2023

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Aquatics

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Update



Newport Navigator Class Registration

Scan the QR Code to register for Summer classes and activities.

NEWPORTBEACHCA.GOV/REGISTER

Connect With Us



@cityofnewportbeach



About the Cover

Find your flow and row your way into one of our hundreds of full and half day week-long camps. Whether you're ready to enjoy the sun and shore or embrace the shade indoors, we have the camps to help your child make the most of their summer.

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Parks Make Life Better!



Advisory **UPDATES**

Unexpected changes with our classes and programs may have occurred. For the most up-to-date copy of our class schedules, we encourage you to visit newportbeachca.gov/register.



Council Vetoes Fractional Homeownership

After months of study by the City's Planning Commission and extensive public input, the City Council has effectively prohibited fractional homeownership in residential neighborhoods.

Fractional ownership is where multiple property buyers, generally organized under an umbrella corporation, purchase percentages of homes for the right to use the home part-time. Many residents have expressed concerns about noise, parking, high turnover, and other neighborhood impacts that can arise with short-term stays.

The Council voted unanimously in March to broaden the definition of timeshare to include fractional homeownership. Since timeshare properties are not permitted in residential zones, the Council decision will make them illegal in all residential areas.

An ordinance amending the City's Municipal Code will be presented to the City Council for approval this spring, then submitted to the California Coastal Commission to amend Newport Beach's Local Coastal Program.



Update

Cartwright Named Police Chief

Cartwright, a 21-year veteran of the Newport Beach Police Department, was named as its next Chief of Police.

Cartwright has held a variety of field and command-level positions in just over two decades with the department, serving most recently as acting chief since late December, following the retirement of his predecessor, Jon Lewis.

"Chief Cartwright brings a tremendous breadth and depth of public safety leadership experience to this position," City Manager Grace Leung said. "He is a proven leader with a passion for providing the best possible police services to the Newport Beach community."

Cartwright is the 11th Chief of Police in NBPD history. He leads a staff of 233 employees, who serve in five divisions and a variety of specialized units.

Cartwright began his law enforcement career with the Los Angeles Police Department in 1999 and joined the NBPD in 2002. He holds a Bachelor of Science degree in criminal justice, a Master of Arts degree in organizational management, and is a graduate of several advanced law enforcement training courses.

A veteran of the U.S. Marine Corps, Cartwright serves as the chairman of the board of directors for the Newport Beach 1st Battalion, 1st Marines Foundation, which provides support and relief for service members and their families.



'Good Giving' to Reduce Homelessness

The City discourages residents and visitors from contributing directly to individuals experiencing homelessness, in the form of cash, food, tents and camping equipment. Such direct donations, though generous and well-intentioned, can inadvertently increase the homeless population by undermining City efforts to help people in shelters access them to services. The City has allocated considerable resources to outreach, aimed at connecting people to the specific services they need to secure and maintain permanent housing.

The Good Giving campaign encourages donations to a local, City-administered fund that provides homeless, formerly homeless and housing insecure people in Newport Beach with resources and support that will help them on a path to permanent housing.

To donate, visit www.newportbeachca.gov/give.



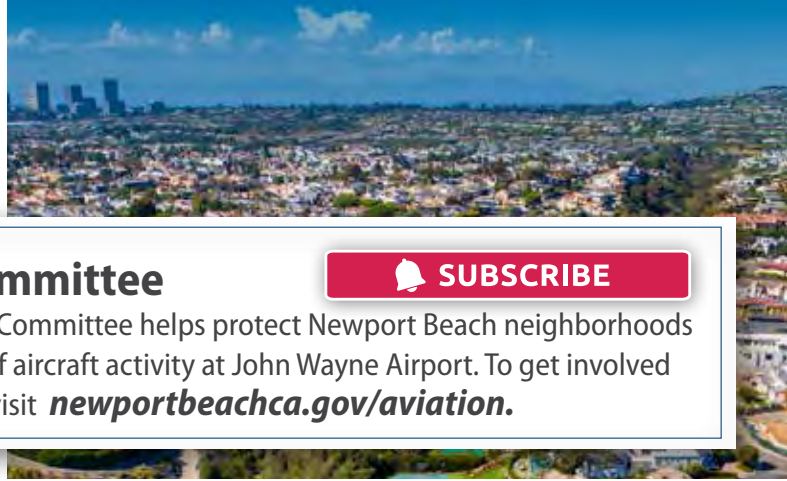
New City Website Helps Homeowners Build Accessory Dwelling Units

The City has launched a new website to assist homeowners in constructing Accessory Dwelling Units (ADUs) on their property. The user-friendly interface is designed to guide homeowners through multiple phases of the ADU process, from getting started through construction to renting out the ADU.

The site is a comprehensive resource that includes planning exercises, testimonials, the benefits of ADU construction, City incentives, financing options, and more. A guidebook that includes most of the content from the website is also available to download and print.

To reach the site, go to www.newportbeachca.gov/adu.

Update



Aviation Committee

The City's Aviation Committee helps protect Newport Beach neighborhoods from the impacts of aircraft activity at John Wayne Airport. To get involved or join a meeting, visit newportbeachca.gov/aviation.

 **SUBSCRIBE**



Get Outside 365

newportbeachca.gov/nature

Check it Out!

Taking to the trails is a great way to find fitness, relieve stress, and take in some gorgeous panoramic views.

We all know the phrase "stop and smell the roses." In Newport Beach, you might want to take a break from the city and go to the trails instead.

Find joy in your journey in these great spots:

- **Buck Gully** (City of Newport Beach)
- **Big Canyon Nature Park** (City of Newport Beach)
- **Upper Newport Bay** (Orange County)
- **Crystal Cove State Park** (California)

To explore more trails and guided hikes in and around Newport Beach visit: letsgooutside.org/explore.

BE PREPARED: Bring extra water, snacks, and sun protection. Be sure to wear proper foot wear and dress for the elements.

Update

It is essential to minimize human impacts on these sensitive areas at all times by remembering **healthy people in nature, keep nature healthy.**



1

Staying on trail

protects you from injury and trails from erosion. Bikes on designated trails.



2

NO Dogs or on leash

protects your pup from snake bites and ticks and maintains wildlife patterns.



3

Keep it clean

packing out trash protects animals from eating things they shouldn't.



4

NO Smoking or fireworks

protects rare ecosystems and all of us from brush fire.

FREE Buck Gully Hikes

LETSGOOUTSIDE.ORG

FREE

Buck Gully Loop Hike

Led by Irvine Ranch Conservancy Staff

Come and explore the entire Buck Gully Reserve trail system. Beginning from the OASIS Senior Center, we'll hike up through the almost three mile length of the canyon, then along San Joaquin Hills Road for about a mile, stopping at Canyon Watch Park where we will take in the panoramic view of the reserve and the Pacific coastline before descending back into the canyon along the Bobcat Trail.

- Walking pace, approximately 3 mph
- **Please bring:** water, light trail snack, sunscreen, hat, & supplies to keep you hydrated
- **Distance:** 6 miles
- **Duration:** 3.5 hours
- **Difficulty:** High-Moderate

Staging location: (aux. lot at 5th and Marguerite)
BUCK GULLY-OASIS SENIOR CENTER
 Tuesdays 8-11:30am June 20, 2023

FREE

Bridges of Buck Gully Hike

Led by Irvine Ranch Conservancy Staff

Buck Gully is a natural, coastal canyon which opened to the public in 2012 with the installation of four bridges to allow for safe public access. These bridges facilitate exploration of the Buck Gully Reserve, and also provide viewing platforms from which to pause and observe the abundant life in and around the stream. The guided program starts with a short walk from the OASIS Senior Center to the beginning of the Buck Gully trail, a naturally dramatic entrance into this special canyon.

- Walking pace, approximately 3 mph
- **Distance:** 5 miles
- **Duration:** 3.5 hours
- **Difficulty:** Moderate

Staging location: (aux. lot at 5th and Marguerite)
BUCK GULLY-OASIS SENIOR CENTER
 Tuesdays 8-11:30am June 6, August 8, Sept. 5 16yrs+



Update

FREE

Buck Gully Upper Loop Evening Hike

Led by Irvine Ranch Conservancy Staff

Explore the richness of Newport Beach's Buck Gully Reserve as we hike during the beautiful early evening hours. The stream is running and the rich plant and animal life are enjoying the cool, shady canyon, making for a fantastic evening hike in a natural oasis amid the suburban surroundings. We'll walk along San Joaquin Hills Road, which overlooks Buck Gully, for the first mile and then drops down into the canyon on the Bobcat Trail, hikers will loop back through the upper end of the gully along the Buck Gully Trail.

- Walking pace, approximately 3 mph.
- **Distance:** 4 miles
- **Duration:** 2.5 hours
- **Difficulty:** Moderate

Staging location:
NEWPORT COAST COMMUNITY CENTER
 Tuesdays 4-6:30pm July 25, August 22 12yrs+
 Saturdays 4-6:30pm June 10 12yrs+

Friday Habitat Restoration in Buck Gully

Led by: Irvine Ranch Conservancy Staff

Birds and other wildlife need healthy habitat to thrive. Simple things like planting native plants or removing non-native plants can greatly improve habitat for wildlife. You can be part of that positive impact while enjoying the beauty of Buck Gully near Newport Beach. Come help us with a variety of activities ranging from seed collection to weeding invasive plants. This activity takes place on sloped terrain and sturdy hiking boots are highly recommended. All training, tools, and gloves will be provided to ensure your safety and comfort. Rattlesnakes are occasionally seen here and generally avoid people, but protective gear will be provided.

- Walking pace, approximately 3 mph.
- **Distance:** 1-5 miles
- **Duration:** 3 hours
- **Difficulty:** Moderate

BUCK GULLY-OASIS SENIOR CENTER
 Fridays 9am-12pm June 23, July 28, August 25, Sept. 22 18yrs+

REGISTRATION IS REQUIRED AND AVAILABLE ONLINE AT WWW.LETSGOOUTSIDE.ORG
 Registration links for hikes are posted a couple of months before the hike.



NBAF PRESENTS THE
18TH ANNUAL
Art in the Park

**CALLING ALL FINE
ARTISTS & ARTISANS!**

SAT, SEPT. 23, 2023
10am - 4pm

Paintings + Ceramics + Sculpture
Jewelry + Woodcraft
Mixed Media + Glass Art
Photography



NewportBeachArtsFoundation.org

CITY OF NEWPORT BEACH • RECREATION AND SENIOR SERVICES DEPARTMENT

Movie in the Park

FREE Popcorn **FREE Candy** **FREE Activities** **FOOD FOR Purchase**

August 18
Event starts at 7:00 p.m.
Turning Red @
Cliff Drive Park
301 Riverside Ave, Newport Beach, 92663

September 8
Event starts at 6:00 p.m.
The Bad Guys @
Irvine Terrace Park
721 Evita Dr, Corona del Mar, 92625





**Parks
Make
Life
Better!**

For more information, visit
newportbeachca.gov/recreation
or call 949-644-3151.

CITY OF NEWPORT BEACH
RECREATION & SENIOR SERVICES DEPARTMENT

Concert at Marina Park





Update

KNIGHT RYDER
YOUR FAVORITE 80'S TRIBUTE BAND

**SUNDAY
SEPTEMBER 10**
4 P.M.-6 P.M.

Bring a beach chair & blanket, and we'll provide the beautiful bay view. Enjoy an afternoon of fun with ROCK, R&B, and POP sounds!

For more information, or call 949-270-8150
visit newportbeachca.gov/recreation.

CITY OF NEWPORT BEACH • RECREATION & SENIOR SERVICES DEPARTMENT

Breakfast with Santa

Save the Date



Update

PICTURES WITH SANTA CLAUS • CRAFTS
BOUNCER • TRAIN RIDES • MORE ACTIVITIES

FRIDAY, DECEMBER 1

Newport Coast Community Center
REGISTRATION INFORMATION COMING SOON

FOR MORE INFO. AND TO STAY UPDATED:
newportbeachca.gov/recreation • 949-644-3151



Parks Make Life Better!

BOUTIQUE & RUMMAGE SALE



9:00 AM - 2:00 PM
FRIDAY, OCT 6 (\$3.00 FEE)
SATURDAY, OCT 7 (FREE ENTRY)

COLLECTION DAYS: MONDAY SEPTEMBER 25 TO WEDNESDAY, OCTOBER 4

ACCEPTING: JEWELRY, HOUSEWARES, KITCHEN ITEMS, SMALL ELECTRIC APPLIANCES, LINENS, COLLECTIBLES, SMALL FURNITURE, SMALL ANTIQUES, PURSES, NOTIONS, OFFICE SUPPLIES, ARTS & CRAFTS, VASES, PICTURES & FRAMES, BOOKS, TOYS, HOLIDAY ITEMS!

PLEASE **NO** CLOTHING, ELECTRONICS, LARGE FURNITURE, TV'S, APPLIANCES, OR PIANOS

FRIENDS OF OASIS
801 NARCISSUS AVE CDM
949-718-1800



THE FRIENDS OF OASIS INVITES YOU TO

CARS & COFFEE

& Motorcycles

SATURDAY, SEPTEMBER 16
8:00-10:30AM



To register your vehicle please call the Friends office at 949-718-1800

- 7am: Registration for vehicle entries
- 8am: Car show begins
- 10am: Trophy presentation



OASIS SENIOR CENTER | 801 NARCISSUS AVE. CORONA DEL MAR

Surf Contest Concerts on the Green

6TH ANNUAL

HALLOWEEN

Spooktacular at Mariners Park



SATURDAY

October 28

3PM-6PM

**FREE EVENT
TO ATTEND**

Featuring

Trunk-or-Treat

Haunted House

Live Music

Games

Bounce Houses

Food Trucks

Costume Contest

& fun for the whole family!



CITY OF NEWPORT BEACH ■ RECREATION & SENIOR SERVICES DEPARTMENT

949-644-3151 ■ NEWPORTBEACHCA.GOV/RECREATION

1300 IRVINE AVE. ■ NEWPORT BEACH, CA 92660

**PARKING IS LIMITED.
WALKING AND BIKING ENCOURAGED.**



@cityofnewportbeach



The City of Newport Beach is proud to serve participants with special needs. Patrons are encouraged to enjoy an assortment of activities through our recreation classes and programs as well as specialized adaptive recreation programs.

See our Natural Resources section for field trips that can be adapted for participants with special needs.

Sunday Circle

Friendship Circle OC

Join the Friendship Circle and come together for a variety of entertainment, recreation and enrichment activities. This program offers an unique opportunity for children and teens to gain skills and confidence from group activities while still receiving one-on-one attention from their buddies. The Sunday Circle program helps to teach children everything from gross motor and cognitive techniques to communication and language skills. Specialized activities raise the spirits and promote creativity, while sports activities exercise gross motor skills and promote physical fitness

- Requirements: RSVP
- Notice: register at friendshipoc.org

BONITA CREEK COMMUNITY CENTER

Su 2-4pm 9/10, 10/15, 11/5 4-18yrs

Basketball Buddies

Friendship Circle OC

Basketball buddies teaches kids and young adults with special needs the fundamentals of basketball while making new friends! Participants are paired with a tenn volunteer who helps them learn and practice their skills. A scrimmage game is played each session.

- Requirements: RSVP
- Notice: register at friendshipoc.org

NEWPORT COAST COMMUNITY CENTER

Su 11am-12:30pm 9/10, 10/15, 11/5 5yrs+

Soccer Stars

Friendship Circle OC

Soccer Stars is for those with physical and developmental disabilities who want to learn to play soccer. Participants will be paired with a teen volunteer who will assist them in gaining confidence with their skills. Everyone takes part in a scrimmage.

- Requirements: RSVP
- Notice: register at friendshipoc.org

BUFFALO HILLS PARK

Su 2:30-4pm 10/29, 11/19, 12/17 5yrs+

For More Information

Visit newportbeachca.gov and search "Special Needs Programming" for a full list of local resources.

End of Summer Camp Season



WEEK 9 August 7-11

Preschool 101 Pint-Sized Campers – Week 9: KidCreate	PINT09	Artsy Cooking	PARK15
Summer Day Camp (CYC) - Week 9: Wild Rivers	CNB109	Art & Architecture	PARK05
Summer Day Camp (Marina Park) - Week 9: Wild Rivers	CNB209	Art, Cooking & Architecture – Full Day Camp	PARK08
Kids Thoughtful Theater Camp: The Play and the Pause	THTR07	Happy Camp!	MOON06
California Bodyboarders	CAL007	Flag Football with USA Football	SKY004
Endless Sun Surf & Boogie Camp	ESS209	Pateadores Soccer Camp (youngsters)	PATS09
Endless Sun Surf Camp	ESS109	Pateadores Soccer Camp: Skills Training (olders)	PATS19
Erik Nelsen All-Girls Surf Camp	ENS109	PGA Junior Golf Camp	JLG004
Erik Nelsen Co-Ed Surf Camp	ENS209	Skyhawks Pickleball Camp	SKY026
NAC Paddle Camp	NAC209	TGA Golf Summer Camp	TGA008
Newport Surf Camp – 3 Day Full Day Camp	NSC309	LEGO Masters - Preschool	PARK39
Newport Surf Camp – 3 Day Half Day Camp	NSC409	OC Tiny Tots Academy Preschool Camp: Camping Kids	TOTS05
Newport Surf Camp – Day Camp	NSC109	Forensic Science – Bionerds' Way	BIO006
Newport Surf Camp – Half Day Camp	NSC209	French Summer Camp	PORT02
NVA Beach Volleyball Camp	NVA109	From Forensic to Spooky Science	BIO011
Youth Beach Volleyball Camp	VOC109	Ocean Adventure Program	OCEAN6
Guitar & Ukulele Camp	GRN018	Spanish Camp for Children	CONV04
Hip Hop Camp	OCD002	Spooky Science with Boo-ionerds	BIO020
Odyssey Dance Camp: Encanto	ODA104	STEM + Minecraft Master Engineering using LEGO	PLAY03
		Strategic Kids STEAM Summer Camp	KIDS04

SUMMER CAMP CATEGORIES

City Camps & Swim Lessons	Beach & Bay: Sailing & Surf	Special Interest	Sports & Fitness
Art & Theatre	Dance & Music	Special Needs	STEM+

CAMP REFUND POLICY UNLESS OTHERWISE NOTED

All refunds must be requested by phone to 949-644-3151, fax at 949-644-3155 or email at recreation@newportbeachca.gov prior to the start of the second day of camp.

- NO REFUNDS after the commencement of the 2nd day of camp.
- A refund fee equivalent to one day of participation will be charged if the refund is requested before the commencement of the 2nd day of camp.
- A refund fee of \$20 will be charged for refunds requested before the first day of camp for camps \$75 and above.
- A refund fee of \$10 will be charged for refunds requested before the first day of camp for camps \$74 and below.

Non-Resident Fees for Camps

\$10/CAMPS for \$124 & below
\$20/CAMPS for \$125 & up

Fall Camps STEM+

STEM FUNDamentals using Lego Camp

Play-Well TEKnologies

Level up your engineering skills with Play-Well TEKnologies and thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as Motorcycles, Aircraft Carriers, Conveyor Belts, and Rail Racers! Design and build as never before, and explore your craziest ideas in a supportive environment.

- Please bring: nut-free snack and bottle of water.

NEWPORT COAST COMMUNITY CENTER

W 11/22 9am-Noon 5-12yrs \$55 NCC463

From Dinosaurs to Reptiles Camp Bionerds

Come and join this fun and hands-on biology workshop for kids! Learn about the role each of the major types of dinosaurs played in their ecosystems and how they became extinct in the morning. Learn about snakes and lizards in the afternoon. Your child will perform dissections, cool paleontological and volcano activities using lab equipment/tools in class.

- Additional fees: \$28 (materials)
- Requirements: fill out Bionerds waiver form prior to camp.
- Please bring: lunch, water and snacks

COMMUNITY YOUTH CENTER (CYC)

W 11/22 9am-4pm 5-12yrs \$91 CY4055

Reptile Camp - One Day Camp Bionerds

Come and join this fun and hands-on biology workshop for kids! Learn about snakes and lizards. Your child will perform dissections and cool biology experiments and activities.

- Additional fees: \$19 (materials)
- Requirements: fill out Bionerds waiver form prior to camp.
- Please bring: water and snacks.

COMMUNITY YOUTH CENTER (CYC)

W 11/22 1-4pm 5-12yrs \$50 CY4053

Rise & Fall of Dinosaurs - One Day Camp Bionerds

Dinosaurs ruled the earth for 180 million years. Learn about the role of each of the major types of dinosaurs played in their ecosystems and how they became extinct. Your child will do cool paleontological and volcano activities using lab equipment/tools in class.

- Additional fees: \$19 (materials)
- Requirements: fill out Bionerds waiver form prior to camp.
- Please bring: water and snacks Attire: comfortable clothing and closed-toed shoes.

COMMUNITY YOUTH CENTER (CYC)

W 11/22 9am-Noon 5-12yrs \$50 CY4054



WEEK 10 August 14-18

Summer Day Camp (CYC) – Week 10: Knott’s	CNB110	Camp OC Playball EPC	OCP007
Summer Day Camp (MP) – Week 10: Knott’s	CNB210	Mini-Hawk Multi-Sport Camp	SKY009
Art-rageous: Fine Art & Sculpture – Full Day Camp	PARK11	Skatedogs Skateboarding Camps	SKT002
Creative Sculpture	PARK21	Skyhawks Basketball Camp	SKY015
Fine Art Academy	PARK27	TGA Golf Summer Camp	TGA009
Kids Thoughtful Theater Camp: The Play and the Pause	THTR08	LEGO Masters - Preschool	PARK40
Multi-Media Art - Preschool	PARK43	OC Tiny Tots Academy Preschool Camp: Safari	TOTS06
California Bodyboarders	CAL008	Bioengineering: Designing Life	BIO001
Endless Sun Surf & Boogie Camp	ESS210	Decomposers: Earth’s Best Friend	BIO007
Endless Sun Surf Camp	ESS110	From Bioengineering to Decomposition	BIO003
Erik Nelsen All-Girls Surf Camp	ENS110	Italian Summer Camp	PORT05
Erik Nelsen Co-Ed Surf Camp	ENS210	Mandarin Summer Camp	PORT09
Newport Surf Camp - 3 Day Full Day Camp	NSC310	Robotics Academy: Inventor	BSS009
Newport Surf Camp - 3 Day Half Day Camp	NSC410	Spanish Camp for Preschoolers	CONV08
Newport Surf Camp - Day Camp	NSC110	Stop-Motion Animation	PARK54
Newport Surf Camp - Half Day Camp	NSC210	Strategic Kids STEAM Summer Camp	KIDS05
Youth Beach Volleyball	VOC110	TechKidz: Minecraft	PARK57
Guitar & Ukulele Camp	GRN019	TechKidz: Stop-Motion Animation & Minecraft – Full Day Camp	PARK60
Guitar & Ukulele Camp	GRN020	Young Einstein’s: STEM Lab	BSS014
Around the World	PARK61		
Happy Camp!	MOON07		
Manners, Character & Social Skills – Life Skills for Pre-Teen	ETIQ01		
Manners, Character & Social Skills Foundations	ETIQ02		

WEEK 11 August 21-25

Erik Nelsen All-Girls Surf Camp	ENS111
Erik Nelsen Co-Ed Surf Camp	ENS211

Register & learn more about camps by visiting:

CAMPNEWPORT.COM

ARTS & THEATRE | DANCE | ENRICHMENT
GYMNASTICS | HEALTH & FITNESS | MUSIC | SPORTS

Preschool

newportbeachca.gov/register



ARTS & THEATRE



ENRICHMENT



GYMNASTICS

In-Person Class Reminders

Preschool Classes

The Recreation & Senior Services Department is here to help your kids stay active, engaged, and busy all year long! Let your child have fun making a mess you don't have to clean up, discover their inner performer, and play with new friends in one of our many classes made just for your curious little ones. Parents can join in on the fun too with art, sports, tumbling, yoga, and music classes designed for you to learn and grow together.



HEALTH & FITNESS



MUSIC



SPORTS

To maintain safe programs, we continue to encourage routine cleaning & sanitizing of shared surfaces and practicing good hand hygiene. Programs may be modified to follow current State & County guidelines.

ARTS & THEATRE

Messy, Messy, Fun!

OC Tiny Tots Academy

Join us for a delightful, messy, and imaginative experience that stimulates your child's creativity! Our art classes encourage children to express themselves through unique creations while exploring their senses. We use exciting mediums such as clay, paint, and watercolors to engage our students in a fun and educational activity.

- Additional fees: \$10 (materials)
- Requirements: parent participation
- Please bring: small snack and water bottle

MARINA PARK COMMUNITY CENTER

F	9/8-9/29	11-11:45am	1.5-3yrs	\$80	MP4008
F	10/6-10/27	11-11:45am	1.5-3yrs	\$80	MP4009
F	11/3-12/15	11-11:45am	1.5-3yrs	\$120	MP4010

Special Person & Me Mixed Media

Lisa Albert

Special Person & Me Mixed Media and Clay Little artists will learn basic clay techniques such as coil and slab making, blending, firing and glazing. Imaginative masks, bowls, tiles and fun animal projects will be made. Creative painting projects on canvas, paper, printing, collage and pastels will be taught. Projects are keepsakes. This class shouldn't be missed!

No class 11/24

- Additional fees: \$45 (materials)
- Please bring: old clothes or smock.

LISA ALBERT ART STUDIO

F	9/8-10/13	10:30-11:30am	2-5yrs	\$250	FB4024
F	10/20-12/1	10:30-11:30am	2-5yrs	\$250	FB4025

Storybook Stage Play

Take The Stage Productions

All the world's a stage in this fun theater class. Youth will be inspired while learning creative drama skills, playing fun theater games and helping to recreate famous storybook characters - all leading up to a play performance on the last day, complete with costumes. This unique class cultivates creativity, imagination, public speaking skills and confidence!

- Additional fees: \$5 (materials)

Aladdin

CLIFF DRIVE PARK AND COMMUNITY CENTER

M	10/30-12/18	3-3:45pm	3-6yrs	\$135	FB4005
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Superheroes

BONITA CREEK PARK AND COMMUNITY CENTER

M	9/11-10/23	3-3:45pm	3-6yrs	\$135	FB4004
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- Staff are First Aid and CPR Certified.
- Participants must be potty trained. No pull-ups.
- Participants must fax or mail immunization records to the Recreation office by **Wednesday, August 9.**
- Registration is ONLINE ONLY and opens **Thursday, July 20 at 8:00 a.m.** at newportbeachca.gov/recreation.

Preschool 101

Preschool 101 is a place where your child can have fun while learning!
The Staff follows curriculum guidelines to ensure every child will be ready for kindergarten.

Activities include music, story-time, learning the alphabet, crafts related to the letter of the week, organized indoor and outdoor play and lunch-time.

MARINERS LIBRARY - VJC ROOM
M/W/F 9:15am-Noon 8/21-12/22 4.5-5yrs \$492 **MAP401**
Tu/Th 9:15am-Noon 8/22-12/21 3.5-4.5yrs \$335 **MAP402**
No Preschool 9/4, 10/25, 11/1, 11/10, 11/22-11/24

NEWPORT COAST COMMUNITY CENTER
M/W/F 9:15am-Noon 8/21-12/22 4.5-5yrs \$492 **NCC400**
Tu/Th 9:15am-Noon 8/22-12/21 3.5-4.5yrs \$335 **NCC401**
No Preschool 9/4, 10/25, 11/1, 11/10, 11/22-11/24





OC Tiny Tots Academy - Preschool

OC Tiny Tots Academy

Enroll your child in our beachfront classroom to provide them with a top-notch education. Our skilled teacher works with students to establish the necessary building blocks for success in kindergarten and beyond. Our curriculum adheres to California Preschool Learning Foundations and CCSS guidelines and covers subjects such as phonological and phonemic awareness, printing, number sense, and math reasoning. We prioritize the development of social-emotional skills critical to success. Our students participate in whole and small group instruction, as well as engaging in art, science, multi-sensory learning centers, music, movement, and imaginative play. We prioritize the strengthening of social-emotional skills, leadership abilities, and classroom behavior. Our instruction is tailored to meet the unique needs of each student, based on their age, abilities, readiness, and social-emotional growth.

- Requirements: participant must be fully potty-trained.
- Additional fees: \$40 (materials)
- Please bring: a sack lunch

MARINA PARK COMMUNITY CENTER

M-Th 9/5-9/28	9am-1pm	3.5-5yrs	\$675	MP4001
M-Th 10/2-10/26	9am-1pm	3.5-5yrs	\$720	MP4002
M-Th 10/30-11/30	9am-1pm	3.5-5yrs	\$720	MP4003
M-Th 12/4-12/21	9am-1pm	3.5-5yrs	\$540	MP4004

Preschool Prep

OC Tiny Tots Academy

Enroll your child in our small and secure classroom to help them get ready for preschool. Our nurturing environment provides a safe space for students to develop critical thinking skills, learn essential classroom behaviors, and practice self-regulation. Our curriculum encourages problem-solving skills, incorporates age-appropriate play, and enhances fine and gross motor skills.

- Additional fees: \$20 materials
- Requirements: parent participation
- Please bring: small snack and water bottle

MARINA PARK COMMUNITY CENTER

F 10/6-10/27	9:30-10:30am	2-3yrs	\$100	MP4006
F 9/8-9/29	9:30-10:30am	2-3yrs	\$100	MP4005
F 11/3-12/15	9:30-10:30am	2-3yrs	\$150	MP4007

ENRICHMENT

Baby & Me Spanish

Portal Languages

Welcome to our brand new Family language class! A unique opportunity to enjoy a Spanish class and bond with your child. This language learning course comes alive through fun activities for parents and kids, helping to train their bilingual brain and interact in Spanish at home too.

PORTAL LANGUAGES SCHOOL COSTA MESA

Tu 9/12-10/31	3-4pm	2-4yrs	\$205	FB4039
Sa 9/16-11/4	9:30-10:30am	2-4yrs	\$205	FB4040

French for Kids

Portal Languages

Welcome to Portal Languages Enrichment program: an unique opportunity to enjoy language immersion associated with cultural activities. Excellent opportunity to expose your kids to foreign languages with native instructors.

PORTAL LANGUAGES SCHOOL COSTA MESA

F 9/15-11/3	4:30-5:30pm	6-10yrs	\$205	FB4047
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GYMNASTICS

Junior Olympians

Tumble-n-Kids

Girls and boys are taught fundamental movement and gymnastic skills through introduction of simple directions and fun stations. Beginning cartwheels, rolls, balance beams, mini trampoline, back-handspring barrel, and obstacle courses will be safely introduced. Boost self-esteem, increase body awareness and build strength and coordination for all types of sports!

- Additional fees: \$5 (materials)
- Please bring: water bottle
- Requirements: parent participation may be required.

BONITA CREEK PARK AND COMMUNITY CENTER			
Th	9/14-11/16	11:35am-12:20pm	3.5-5yrs \$255 FB4006
COMMUNITY YOUTH CENTER (CYC)			
M	9/11-11/13	11:35am-12:20pm	3.5-5yrs \$255 CY4010
M	11/27-12/18	11:35am-12:20pm	3.5-5yrs \$105 CY4011
NEWPORT COAST COMMUNITY CENTER			
Tu	9/12-11/14	11:35am-12:20pm	3.5-5yrs \$255 NCC410
Tu	11/28-12/19	11:35am-12:20pm	3.5-5yrs \$105 NCC411
W	9/13-11/15	11:35am-12:20pm	3.5-5yrs \$255 NCC412
Sa	9/9-11/4	11:35am-12:20pm	3.5-5yrs \$230 NCC413

Kartwheel-N-Kids

Tumble-n-Kids

Girls and boys ages 4-6 learn gymnastics skills including cartwheels, rolls, jumps, handstands, bridge/backbends and practice on the balance beam, handspring barrel, trampoline and more. We focus on beginning tumbling skills while incorporating music, obstacle courses, and FUN! Progressive skill level instruction creates confidence and success.

- Additional fees: \$5 (materials)
- Please bring: water bottle.

BONITA CREEK PARK AND COMMUNITY CENTER			
Th	9/14-11/16	4:30-5:30pm	4-6yrs \$305 FB4007
COMMUNITY YOUTH CENTER (CYC)			
M	9/11-11/13	3:30-4:30pm	4-6yrs \$305 CY4012
M	11/27-12/18	3:30-4:30pm	4-6yrs \$125 CY4013
MARINA PARK COMMUNITY CENTER			
F	9/15-11/17	3:30-4:30pm	4-6yrs \$275 MP4026
NEWPORT COAST COMMUNITY CENTER			
Tu	11/28-12/19	3:20-4:5pm	4-6yrs \$125 NCC415
Tu	9/12-11/14	3:20-4:5pm	4-6yrs \$305 NCC414
W	9/13-11/15	3-4pm	4-6yrs \$355 NCC416

Tiny Twisters

Tumble-n-Kids

Tiny Twisters and partners Shake-Tumble-N-Roll with upbeat music and friends. Safe spotting tips and age-appropriate tumbling will facilitate child's sensory and motor skill development. Tumblers explore in a safe environment, learn multiple rolls down the "big cheese", crawl through tunnels, & learn gymnastics positions in circle time with fun songs and props.

- Additional fees: \$5 (materials)
- Please bring: water bottle.

BONITA CREEK PARK AND COMMUNITY CENTER			
Th	9/14-11/16	10-10:45am	9mos-2yrs \$255 FB4008
COMMUNITY YOUTH CENTER (CYC)			
M	9/11-11/13	10-10:45am	9mos-2yrs \$255 CY4016
M	11/27-12/18	10-10:45am	9mos-2yrs \$105 CY4017
MARINA PARK COMMUNITY CENTER			
F	9/15-11/17	10-10:45am	9mos-1.5yrs \$230 MP4024
NEWPORT COAST COMMUNITY CENTER			
Tu	9/12-11/14	10-10:45am	9mos-1.5yrs \$255 NCC402
Tu	11/28-12/19	10-10:45am	9mos-1.5yrs \$105 NCC403
Sa	9/9-11/4	10-10:45am	9mos-1.5yrs \$230 NCC405



Tumble Bugs

Tumble-n-Kids

Let's MOVE! Music, tumbling challenges, introducing simple directions and routines will help your child develop listening and social interaction skills. Tumble Bugs & partners will participate in circle time & obstacle courses, dance to songs, tumble, roll, jump, balance, walk like animals and finish with parachute activities!

- Additional fees: \$5 (materials)
- Please bring: water bottle

BONITA CREEK PARK AND COMMUNITY CENTER
Th 9/14-11/16 10:45-11:30am 1.5-3yrs \$255 **FB4009**

COMMUNITY YOUTH CENTER (CYC)
M 9/11-11/13 10:45-11:30am 2-3.5yrs \$255 **CY4018**
M 11/27-12/18 10:45-11:30am 2-4.5yrs \$105 **CY4019**

MARINA PARK COMMUNITY CENTER
F 9/15-11/17 10:45-11:30am 1.5-3yrs \$230 **MP4025**

NEWPORT COAST COMMUNITY CENTER
Tu 9/12-11/14 10:45-11:30am 1.5-3yrs11mos \$255 **NCC406**
Tu 11/28-12/19 10:45-11:30am 1.5-3yrs11mos \$105 **NCC407**
W 9/13-11/15 10:45-11:30am 1.5-3yrs11mos \$255 **NCC408**
Sa 9/9-11/4 10:45-11:30am 1.5-3yrs11mos \$230 **NCC409**

HEALTH & FITNESS

Baby and Me Yoga

Jessi Moon Conder

Parents bond with their baby while connecting to themselves to release stress, stretch and breathe. We have a lot of fun and create a community atmosphere where babies learn to interact peacefully gaining social skills and parents get to rejuvenate. Jessi is amazing at getting babies to love yoga! Learn more about Jessi at www.LetsEnlightenTogether.com.

- Please bring: a mat, toy and a smile!

COMMUNITY YOUTH CENTER (CYC)
Tu 9/12-10/3 9:30-10:20am 1wk-4yrs \$89 **CY4041**
Tu 10/10-10/31 9:30-10:20am 1wk-4yrs \$89 **CY4042**
Tu 11/7-12/5 9:30-10:20am 1wk-4yrs \$89 **CY4043**



Fit First Toddler Yoga

Fit First

Our toddler Mommy & me yoga classes aim to introduce kids to the fundamentals of yoga practice, including yoga postures, breathing techniques, and mindfulness. You & your kid will socialize, build strength and focus, release stress, and gain balance and flexibility through a series of yoga flow routines led by our certified yoga teachers and challenge themselves safely with fun postures.

CLIFF DRIVE PARK AND COMMUNITY CENTER
Tu 9/5-10/3 10:30-11:15am 1-4yrs \$105 **FB4013**
Tu 10/10-11/14 10:30-11:15am 1-4yrs \$125 **FB4014**
Tu 11/28-12/19 10:30-11:15am 1-4yrs \$125 **FB4069**

MUSIC

Little Singers

Take The Stage Productions

An introduction to voice for youth who love to sing. Students will build a solid foundation in vocal performance, rhythm, and musicianship while having fun singing favorites from Broadway musicals, Grammy winners, and popular children's songs. Students will develop listening, gross & fine motor skills, coordination of articulators, concentration and memory.

No class 11/21

- Additional fees: \$5 (materials)

COMMUNITY YOUTH CENTER (CYC)
Tu 9/12-10/24 2-2:45pm 3-5yrs \$135 **CY4044**
Tu 10/31-12/19 2-2:45pm 3-5yrs \$135 **CY4045**
F 9/15-10/27 10:15-11am 3-5yrs \$135 **CY4000**
F 11/3-12/22 10:15-11am 3-5yrs \$115 **CY4001**

Music & Wiggles

Fit First

Music and wiggles is a fun and exciting music class for babies through kinder age students. Students will learn new songs, dance, play musical games, learn singing techniques and pitch control, while developing social skills and confidence. Children will jump, sing, and dance with joy in this educational and engaging music class.

CLIFF DRIVE PARK AND COMMUNITY CENTER
M 10/16-11/13 10:30-11:15am 1-4yrs \$105 **FB4016**
M 9/11-10/9 10:30-11:15am 1-4yrs \$105 **FB4015**
M 11/27-12/18 10:30-11:15am 1-4yrs \$105 **FB4068**

South Coast Music Together

South Coast Music Together

Join the award-winning international research-based music and movement program bringing infants, toddlers, and the adults who love them, the joy of making music together! Learn to support and nurture the innate musicality in your child through an expertly guided class experience in an environment that celebrates each child's individual nature.

No class 11/20, 11/21, 11/22, 11/23

- **Notice:** participants may bring their own instruments from home or are welcome to use SCMT instruments. Instruments are cleaned after each use.
- **Requirements:** parent participation
- **Location:** indoors in the Arch Bay Cove room.
- **More info:** in the event of inclement weather, outdoor classes will be held at an alternate indoor location or remotely on Zoom.

Indoors

CARROLL BEEK COMMUNITY CENTER

M 9/25-12/4 3:45-4:30pm 1mos-5yrs \$260 **FB4011**
 M 9/25-12/4 4:45-5:30pm 1mos-5yrs \$260 **FB4012**

CLIFF DRIVE PARK AND COMMUNITY CENTER

Tu 9/26-12/5 3:45-4:30pm 1mos-5yrs \$260 **FB4018**
 Tu 9/26-12/5 4:45-5:30pm 1mos-5yrs \$260 **FB4019**

COMMUNITY YOUTH CENTER (CYC)

M 9/25-12/4 9:30-10:15am 1mos-5yrs \$260 **CY4008**
 M 9/25-12/4 10:30-11:15am 1mos-5yrs \$260 **CY4009**

NEWPORT COAST COMMUNITY CENTER

Th 9/28-12/7 3:45-4:30pm 1mos-5yrs \$260 **NCC461**
 Th 9/28-12/7 4:45-5:30pm 1mos-5yrs \$260 **NCC462**

Outdoors

WESTCLIFF PARK

M 9/25-12/4 9:30-10:15am 1mos-5yrs \$260 **FB4053**
 M 9/25-12/4 10:30-11:15am 1mos-5yrs \$260 **FB4054**
 Tu 9/26-12/5 9:15-10am 1mos-5yrs \$260 **FB4055**
 Tu 9/26-12/5 10:15-11am 1mos-5yrs \$260 **FB4056**
 Tu 9/26-12/5 11:15am-Noon 1mos-5yrs \$260 **FB4057**
 W 9/27-12/6 9:15-10am 1mos-5yrs \$260 **FB4058**
 W 9/27-12/6 10:15-11am 1mos-5yrs \$260 **FB4059**
 W 9/27-12/6 11:15am-Noon 1mos-5yrs \$260 **FB4060**

You & Me Sing and Dance Together

Take The Stage Productions

Little ones will have a blast singing and dancing with their grown ups in this class! Students will learn singing warm-ups, play fun games, play rhythm instruments, and learn simple dances with their grown up. Students will develop listening, gross & fine motor skills, concentration, & memory.

No class 11/10, 11/24

- **Additional fees:** \$5 (materials)

COMMUNITY YOUTH CENTER (CYC)

F 9/15-10/27 9:30-10:15am 1.5-3yrs \$135 **CY4006**
 F 11/3-12/22 9:30-10:15am 1.5-3yrs \$115 **CY4007**

SPORTS

Parent & Me EPC Playtime

OC Playball EPC

Before dedicating time to a particular sport, a child needs to learn the fundamentals of sports. Playball programs were developed by Occupational Therapists and Preschool Teachers. Children are taught, in a safe and energetic environment, the skills needed to improve their motor development, improve hand-eye/foot-eye coordination, balance and countless other life skills. Such as courage, responsibility, following instructions, the value of teamwork and self-worth/self-confidence.

No class 11/10

- **Requirements:** parent participation encouraged

COMMUNITY YOUTH CENTER (CYC)

Th 9/7-10/5 9:15-10am 2-3.5yrs \$141 **CY4035**
 Th 10/12-11/9 9:15-10am 2-3.5yrs \$141 **CY4036**
 Th 11/16-12/21 9:15-10am 2-3.5yrs \$141 **CY4037**
 Sa 9/9-10/7 9:15-10am 2-3.5yrs \$141 **CY4025**
 Sa 10/14-11/4 9:15-10am 2-3.5yrs \$121 **CY4026**
 Sa 11/18-12/16 9:15-10am 2-3.5yrs \$121 **CY4027**

MARINA PARK COMMUNITY CENTER

M 9/11-10/9 9:15-10am 2-3.5yrs \$141 **MP4011**
 M 10/16-11/13 9:15-10am 2-3.5yrs \$141 **MP4012**
 M 11/20-12/18 9:15-10am 2-3.5yrs \$141 **MP4013**

NEWPORT COAST COMMUNITY CENTER

F 9/8-10/6 9:15-10am 2-3.5yrs \$141 **NCC436**
 F 10/13-11/17 9:15-10am 2-3.5yrs \$141 **NCC437**

Skyhawks Hoopster Tots

Stack Sports

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge.

NEWPORT COAST COMMUNITY CENTER

M 9/18-10/16 3:20-4pm 3.5-4.5yrs \$115 **NCC440**
 M 9/18-10/16 4:10-4:50pm 4.5-5yrs \$115 **NCC442**
 M 11/6-12/4 3:20-4pm 3.5-4.5yrs \$115 **NCC441**
 M 11/6-12/4 4:10-4:50pm 4.5-5yrs \$115 **NCC443**





Skyhawks Multi-SportTots

Stack Sports

Introduce your little superstar to sports in our most popular program! This multi-sport class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. Sports include soccer, baseball, and basketball. **No class 11/11,11/25**

MARINA PARK COMMUNITY CENTER

Sa	9/23-12/2	9-9:40am	2-3.5yrs	\$165	MP4017
Sa	9/23-12/2	9:50-10:30am	3.5-4.5yrs	\$165	MP4018
Sa	9/23-12/2	10:40-11:20am	4.5-5yrs	\$165	MP4019

Skyhawks SoccerTots

Stack Sports

SoccerTots is our flagship program! These soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition. **No class 11/22**

- Requirements: parent participation

MARINA PARK COMMUNITY CENTER

W	9/13-10/11	4-4:40pm	2-3.5yrs	\$115	MP4020
W	9/13-10/11	4:50-5:30pm	3.5-4.5yrs	\$115	MP4021
W	11/1-12/6	3:30-4:10pm	2-3.5yrs	\$115	MP4022
W	11/1-12/6	3:30-4:10pm	3.5-5yrs	\$115	MP4023

MARINERS PARK

M	9/11-10/9	10-10:40am	2-3.5yrs	\$115	FB4026
M	9/11-10/9	10:50-11:30am	3.5-5yrs	\$115	FB4027
M	10/30-11/27	10-10:40am	2-3.5yrs	\$115	FB4028
M	10/30-11/27	10:50-11:30am	3.5-5yrs	\$115	FB4029

SAN MIGUEL PARK

Th	9/14-10/12	4-4:40pm	2-3.5yrs	\$115	FB4048
Th	9/14-10/12	4:50-5:30pm	3.5-4.5yrs	\$115	FB4049
Th	11/2-12/7	3:30-4:10pm	2.5-3.5yrs	\$115	FB4051
Th	11/2-12/7	4:20-5pm	3.5-6.5yrs	\$115	FB4052

Watch Me EPC Playtime

OC Playball EPC

Before dedicating time to a particular sport, a child needs to learn the fundamentals of sports. Playball programs were developed by Occupational Therapists and Preschool Teachers. Children are taught, in a safe and energetic environment, the skills needed to improve their motor development, improve hand-eye/foot-eye coordination, balance and countless other life skills. Such as courage, responsibility, following instructions, the value of teamwork and self-worth/self-confidence.

No class 11/25

COMMUNITY YOUTH CENTER (CYC)

Th	9/7-10/5	10:15-11am	3.5-4.5yrs	\$141	CY4038
Th	10/12-11/9	10:15-11am	3.5-4.5yrs	\$141	CY4039
Th	11/16-12/21	10:15-11am	3.5-4.5yrs	\$141	CY4040
Sa	9/9-10/7	10:15-11am	3.5-4.5yrs	\$141	CY4028
Sa	10/14-11/4	10:15-11am	3.5-4.5yrs	\$121	CY4029
Sa	11/18-12/16	10:15-11am	3.5-4.5yrs	\$121	CY4030

MARINA PARK COMMUNITY CENTER

M	9/11-10/9	10:15-11am	3.5-4.5yrs	\$141	MP4014
M	10/16-11/13	10:15-11am	3.5-4.5yrs	\$141	MP4015
M	11/20-12/18	10:15-11am	3.5-4.5yrs	\$141	MP4016

NEWPORT COAST COMMUNITY CENTER

F	9/8-10/6	10:15-11am	3.5-4.5yrs	\$141	NCC438
F	10/13-11/17	10:15-11am	3.5-4.5yrs	\$141	NCC439

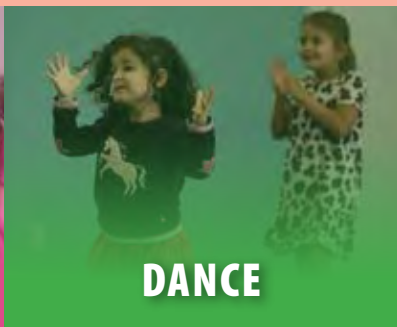
ARTS & THEATRE | DANCE | GYMNASTICS | HEALTH & FITNESS | MUSIC | SPORTS

Youth & Teens

newportbeachca.gov/register



ARTS & THEATRE



DANCE



ENRICHMENT



GYMNASTICS

In-Person Class Reminders

Youth & Teens Classes

The Recreation & Senior Services Department is here to help your kids stay active and engaged through all season! Your kids have a recurring outlet to tumble away in gymnastics, explore their creativity through art, engineer fun with their own robotic creations, set their team in a volleyball class, or let the melody flow through their fingers in a music class.

Make the most of your last few weeks of summer or squeeze in a camp around Thanksgiving break. Check out the week-long and single day camps on pages 10-11!



HEALTH & FITNESS



MUSIC



SPORTS

To maintain safe programs, we continue to encourage routine cleaning & sanitizing of shared surfaces and practicing good hand hygiene. Programs may be modified to follow current State & County guidelines.

ARTS & THEATRE

Hollywood Film Acting

Take The Stage Productions

This introductory course is designed for all students wishing to learn the acting techniques of their favorite Film & TV stars. The course includes on camera acting technique, vocabulary, character development and expression. Practical exercises in both scripted and improvisational work will be stressed.

- Additional fees: \$5 (materials)

Commercials

BONITA CREEK PARK AND COMMUNITY CENTER
M 9/11-10/23 3:45-4:45pm 7-11yrs \$135 **FB4002**

Monologues

CLIFF DRIVE PARK AND COMMUNITY CENTER
M 10/30-12/18 3:45-4:45pm 7-11yrs \$135 **FB4067**

Painting, Drawing, Printing, & Clay

Lisa Albert

Students will paint, draw, collage and print on a variety of materials such as canvas, quality paper, metal, as well as clay and wood while keeping within the Fall time theme. Fundamental techniques, skills & art appreciation will be taught by a professional artist and teacher. Experience this wonderful and exciting class and take home some amazing masterpieces. **No class 11/23**

- Notice: this class is held at Lisa Albert's Art Studio. Parents will need to arrange transportation.
- Please bring: old clothes or smock.

LISA ALBERT ART STUDIO

Th 9/7-12/21 3:30-5pm 5-12yrs \$500 **FB4023**

DANCE

Fit First Move & Groove Hip Hop Dancing

Fit First

In this class, your child will learn the basics of hip hop dance while having fun and staying active. Our experienced and enthusiastic dance instructor will guide your child through a series of engaging and energetic dance routines that will teach them coordination, rhythm, and musicality. Students will familiarize with different dance moves, routines, and learn the basics of choreography, and get a chance to dance to classic and new songs they love.

BONITA CREEK PARK AND COMMUNITY CENTER
W 9/6-10/4 4:30-5:30pm 7-13yrs \$105 **FB4000**

Fit First Move & Groove Hip Hop Dancing

Fit First

In this class, your child will learn the basics of hip hop dance while having fun and staying active. Our experienced and enthusiastic dance instructor will guide your child through a series of engaging and energetic dance routines that will teach them coordination, rhythm, and musicality. Students will familiarize with different dance moves, routines, and learn the basics of choreography, and get a chance to dance to classic and new songs they love.

BONITA CREEK PARK AND COMMUNITY CENTER
W 10/11-11/8 4:30-5:30pm 7-13yrs \$105 **FB4001**

CITY OF NEWPORT BEACH • RECREATION & SENIOR SERVICES DEPARTMENT
HARBOR VIEW • MARINERS • NEWPORT COAST • NEWPORT ELEMENTARY



Fall 2023 Season Dates

SEPT. 11-DECEMBER 1

Registration Opens Monday, August 28

NO CLASS DATES: 10/23-27, 11/1, 11/10, 11/20-24

Kindergartners through 6th graders

Enrich your child's learning with After Class Enrichment (ACE), a series of recreation classes held immediately after school dismissal. Your favorite instructors are back on campus this year. It's time to excel after the bell with ACE!

For more information on schedules, fees and registration visit:

WWW.NEWPORTBEACHCA.GOV/ACE
949-644-3151 • RECREATION@NEWPORTBEACHCA.GOV



ENRICHMENT

Code Academy: Python Programming BrainStorm STEM Education

Python is a powerful, multi-purpose programming languages that can be used for web development, artificial intelligence, scientific computing, apps, games and more. This course provides an interactive and educational experience that will help breakdown the fundamentals of programming. Students will be introduced to fundamental coding concepts such as variables, functions, and conditionals through hands-on projects.

No class 11/23

CLIFF DRIVE PARK AND COMMUNITY CENTER
Th 11/2-12/21 3:30-4:30pm 9-12yrs \$225 **FB4021**

Robotics: Adventures in Engineering BrainStorm STEM Education

Explore the exciting world of robotics by programming and engineering robots to automate a robotics factory, perform robot rescues and build a base on Mars! Using the amazingly versatile LEGO® MindStorm robotics systems, our students will imagine, build and program robots to solve a wide array of real world problems. Utilizing the STEM framework, this course teaches kids truly valuable fundamentals in engineering and programming all while having lots of fun!

CLIFF DRIVE PARK AND COMMUNITY CENTER
Th 9/7-10/26 3:30-4:30pm 9-12yrs \$225 **FB4022**





CITY OF NEWPORT BEACH
RECREATION & SENIOR SERVICES DEPARTMENT

Active Kids

AFTERSCHOOL



3 Locations

Community Youth Center
Mariners
Newport Elementary

Your child can play, learn and explore new things while being in a safe environment. Activities include arts & crafts, indoor & mostly outdoor play, homework help, reading time, movies, structured games and more.

No classes: 9/4, 10/25, 11/1, 11/10, 11/23, 11/24, 11/25, 12/25-12/29, 1/1-1/5, 1/15, 2/19-2/23, 3/13, 4/8-4/12, 5/27
All sites are closed on NMUSD and City observed holidays.

<p>MONDAY-FRIDAY Hours: School Dismissal-6pm</p> <p style="color: yellow;">FALL PASS 2023 AUG. 21-DEC. 22</p> <p style="color: lightblue;">ANNUAL PASS 2023-2024 AUG. 21-JUNE 7</p>	<p style="color: lightblue;">Community Youth Center Fall CYC400 ▪ Annual CYCANN</p> <p style="color: lightblue;">Mariners: VJC Room Fall MAP400 ▪ Annual MAPANN</p> <p style="color: lightblue;">Newport Elementary Fall NEL400 ▪ Annual NELANN</p>
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\$395 /Fall Pass ▪ \$1185 /Annual Pass

REGISTRATION IS ONLINE ONLY

REGISTRATION OPENS
Thursday, July 20 at 8:00 a.m.

newportbeachca.gov/register



GYMNASTICS

Academy 1

Tumble-n-Kids

Beginning gymnastics curriculum consists of introductory skills including forward rolls, jumps, basic understanding of cartwheels, handstands and backward rolls. Beginner class includes fundamentals on uneven bars, vault and balance beams with an emphasis on body shaping, conditioning and flexibility to increase body awareness, build strength and coordination and boost self-esteem.

- **Additional fee:** \$5 material fee payable to instructor at first class.

NEWPORT COAST COMMUNITY CENTER

Tu	9/12-11/14	4:05-5pm	6-8yrs	\$355	NCC417
Tu	11/28-12/19	4:05-5pm	6-8yrs	\$145	NCC418
W	9/13-11/15	4-5pm	6-8yrs	\$355	NCC419

Academy 2

Tumble-n-Kids

Beginning gymnastics curriculum consists of introductory skills including forward rolls, jumps, basic understanding of cartwheels, handstands and backward rolls. Beginner class includes fundamentals on uneven bars, vault and balance beams with an emphasis on body shaping, conditioning and flexibility to increase body awareness, build strength and coordination and boost self-esteem.

- **Additional fee:** \$5 (materials)

NEWPORT COAST COMMUNITY CENTER

Tu	9/12-11/14	5-6pm	9-14yrs	\$355	NCC420
Tu	11/28-12/19	5-6pm	9-14yrs	\$145	NCC421

Academy 3

Tumble-n-Kids

Advanced gymnastics curriculum consists of more difficult skills including round-offs, back walkovers, aerial cartwheel drills, back handspring basics along with practice on the gymnastics apparatus-uneven bars, balance beams and vault. Strength and conditioning and flexibility practice will aid gymnasts in developing new skills.

- **Additional fee:** \$5 (materials)
- **Requirements:** must have pre-approval to join this class. Email info@tumblekids.com to schedule a try-out.

NEWPORT COAST COMMUNITY CENTER

W	9/13-11/15	5-6pm	8-14yrs	\$355	NCC422
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Cheer Jumps & Stunts

Tumble-n-Kids

All levels welcome! Experienced coaches safely teach stunts, cheers, jumps, arm motions, and powerful floor tumbling. Primary tumbling includes round offs, back handsprings, aerials and tucks. **No class 11/10**

- **Additional fees:** \$5 materials
- **Please bring:** water bottle

NEWPORT COAST COMMUNITY CENTER

F	9/15-11/17	3:30-4:30pm	5-7yrs	\$275	NCC423
F	9/15-11/17	4:30-5:30pm	8-13yrs	\$275	NCC424

Tumbling, Strength & Conditioning

Tumble-n-Kids

Aspiring gymnasts benefit from our progressive skill teaching method, promoting confidence and self-esteem! Gymnasts build routines and skill on floor, fine-tune rolls, cartwheels, round-offs, walkovers, handsprings, splits, and more! Emphasis on conditioning to build strength and flexibility.

- **Additional fees:** \$5 (materials)
- **Please bring:** water bottle.

BONITA CREEK PARK AND COMMUNITY CENTER

Th	9/14-11/16	3:30-4:30pm	7-12yrs	\$305	FB4010
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COMMUNITY YOUTH CENTER (CYC)

M	9/11-11/13	4:30-5:30pm	7-11yrs	\$305	CY4020
M	11/27-12/18	4:30-5:30pm	7-11yrs	\$125	CY4021

MARINA PARK COMMUNITY CENTER

F	9/15-11/17	4:30-5:30pm	7-12yrs	\$275	MP4027
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HEALTH & FITNESS

Teen Yoga & Mindfulness

Jessi Moon Conder

Teens learn science-based tools to reduce stress and anxiety, direct emotions, and control and clear their mind. This course will give your teen a greater edge in life. With powerful tools for clarity and inner peace nothing can stand in their way! Teens will leave class happy and restful! Jessi has helped many troubled teens. Please visit www.LetsEnlightenTogether.com for more info.

CLIFF DRIVE PARK AND COMMUNITY CENTER
Su 10/1-10/22 11:30am-12:30pm 12-17yrs \$109 **FB4017**

Yoga on the Beach with Newport Surf Camp

Newport Surf Camp

Beach yoga is a magical experience that offers an opportunity to practice yoga while surrounded by the natural beauty of the beach at sunset. These classes begin with a few moments of quiet meditation to help you center your mind and focus on your breath. We will move through a series of gentle yoga poses designed to stretch and strengthen the body, while also promoting relaxation and stress relief. Great to get your day started and perfect for a good stretch before a surf session.

- Please bring: a yoga mat/beach towel and water.

28TH STREET BEACH

Tu	9/5-10/24	5-6pm	10yrs+	\$205	MP4047
Sa	9/9-10/28	8-9am	10yrs+	\$205	MP4049

Single Day Option - Pre-registration required

Tu	9/5-10/24	5-6pm	10yrs+	\$30	MPDP43
Sa	9/9-10/28	8-9am	10yrs+	\$30	MPDP45

MUSIC

Piano Lessons Online

Piano Voice Lessons & Beyond

Online 1/2 hour private piano lessons. Students enroll each month for four piano lessons. Each lesson focus on musicality, learning music notation, rhythm, techniques and playing music appropriate for each level of learning. Lessons canceled on the day of the lesson forfeited. Please, contact instructor for further information via email: pianotreasure@gmail.com.

- **Notice:** student schedules lesson once a week, total of four lessons in each month.

LIVE ONLINE VIA ZOOM

M-F	9/5-9/29	9:30am-6:30pm	7yrs+	\$165	FB4061
M-F	10/2-10/27	9:30am-6:30pm	7yrs+	\$165	FB4062
M-F	10/30-11/22	9:30am-6:30pm	7yrs+	\$165	FB4063



Online-Only Classes

Online-only classes can be accessed from the comfort of your home or wherever you have a strong WiFi connection.

SPORTS

California Bodyboarders

California Bodyboarders

Welcome to the latest and greatest beach camp in Newport Beach. Participants will have a blast boogie boarding along Corona del Mar beach, playing beach games, and exploring the local tidepools. Our professional and skilled instructors will share their passion by teaching participants the importance of ocean knowledge and safety. **No class 10/31**

- **Provided:** boards, wetsuits and sunscreen.
- **Additional fees:** \$10 (materials)
- **Notice:** Easy pickup and drop off for parents at Corona del Mar State Beach parking lot.
- **Please bring:** towel, sunscreen, hat, water, and wear swimsuit (for under wetsuit)

CORONA DEL MAR STATE BEACH

Tu	10/17-11/14	3:30-5pm	6-14yrs	\$150	FB4066
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Judo & Jujitsu - Youth

Rick Bradley

Judo and Jujitsu are martial arts that emphasize the use of balance and technique to defeat a larger, stronger opponent by using the opponent's own strength against them. This class will consist of stretching/warming up, fall rolls, mat work and free practice. **No class 11/23**

- Notice: a practice uniform can be obtained through the instructor.

COMMUNITY YOUTH CENTER (CYC)

Tu/Th 9/5-12/21 6-7:15pm 5-17yrs \$28 **CY4056**

Karate- Beginner

David Crockett

Traditional karate with emphasis on discipline, manners and self-defense. Itosu-kai is an older style with a rich history in Japan. Belts can be earned as the students progress. There is a special training date of 11/18 from 9am- 4pm. **No class 11/23, 11/30**

- Additional fees: \$50 (uniform- optional)

NEWPORT COAST COMMUNITY CENTER

Tu/Th 9/5-12/21 4-4:45pm 5-16yrs \$260 **NCC434**

Karate- Intermediate

David Crockett

This class is designed for students who have previously participated in the beginner class and achieved 2 levels in Itosu-ryu karate. Emphasis will be placed on higher-level techniques and harder training, with an introduction to kumite (fighting). There is a special training date of 11/18 from 9am- 4pm. **No class 11/23, 11/30**

- Additional fees: \$50 (uniform- optional)

NEWPORT COAST COMMUNITY CENTER

Tu/Th 9/5-12/21 4:50-5:40pm 5-16yrs \$260 **NCC435**

NSA Volleyball - Mini

Newport Sports Academy

This is a great opportunity for young kids to find their passion and love for volleyball. They will have a chance to work with former professional players and Olympians learning correct technique, how to be a good team player, and to be disciplined, while having fun and learning the fundamentals in a safe and friendly environment. **No class 11/23**

NEWPORT COAST COMMUNITY CENTER

Th 9/7-12/21 2:30-3:30pm 4-15yrs \$305 **NCC446**

NSA Volleyball All Skills- Beginner

Newport Sports Academy

This is a great opportunity for young kids to find their passion and love for volleyball. They will have a chance to work with former professional players and Olympians learning correct technique, how to be a good team player, and to be disciplined, while having fun and learning the fundamentals in a safe and friendly environment. **No class 11/23**

NEWPORT COAST COMMUNITY CENTER

Th 9/7-12/21 3:30-4:30pm 4-15yrs \$305 **NCC447**

NSA Volleyball All Skills- Intermediate

Newport Sports Academy

This is a great opportunity for young kids to find their passion and love for volleyball. They will have a chance to work with former professional players and Olympians learning correct technique, how to be a good team player, and to be disciplined, while having fun and learning the fundamentals in a safe and friendly environment. **No class 11/23**

NEWPORT COAST COMMUNITY CENTER

Th 9/7-12/21 4:30-6pm 4-15yrs \$530 **NCC448**

Skyhawks Basketball

Stack Sports

This fun, skill-intensive program is designed for beginning to intermediate players. An active class of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility.

NEWPORT COAST COMMUNITY CENTER

M 9/18-10/16 5-6pm 7-10yrs \$115 **NCC444**

M 11/6-12/4 5-6pm 7-10yrs \$115 **NCC445**

Skyhawks SoccerTots

Stack Sports

SoccerTots is our flagship program! These soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition.

- Requirements: parent participation.

SAN MIGUEL PARK

Th 9/14-10/12 5:40-6:20pm 4.5-6.5yrs \$115 **FB4050**



Babysitter, CPR, AED, & First Aid Training

Healthy U

Become the favorite babysitter every family wants! This class provides students with an American Heart Association Heartsaver student workbook, 2-year course completion card, a babysitter reminder binder and other training supplies.

- **Additional fees:** \$40 (materials - exact cash or check payable to Healthy U) set inside an envelope with the student's name
- **Notice:** Not the BLS course for healthcare providers
- **Please bring:** lunch and a drink
- **Requirements:** advance registration
- **More information:** Email your instructor (4AliciaGrabowski@gmail.com) after class to confirm your Email address and preferred name on your card. No card is sent until this is done. Cards are sent electronically.

MARINA PARK COMMUNITY CENTER

Su	9/17	8:30am-4pm	11yrs+	\$90	MP4028
Sa	10/28	8:30am-4pm	11yrs+	\$90	MP4029
Sa	12/9	8:30am-4pm	11yrs+	\$90	MP4030

CPR & AED-Heartsaver Adult, Child & Infant

Healthy U

Don't miss a beat and increase the number of people "Staying Alive!" This class provides you with an American Heart Association Heartsaver student workbook and 2-year course completion card.

- **Additional fees:** \$25 (Exact cash amount or a check payable to Healthy U) inside an envelope with the student's name
- **Notice:** Not the BLS course for healthcare providers
- **Requirements:** advance registration
- **More information:** Email your instructor (4AliciaGrabowski@gmail.com) after class to confirm your Email address and preferred name on your card. No card is sent until this is done. Cards are sent electronically from AHA.

MARINA PARK COMMUNITY CENTER

Su	9/17	8:30am-Noon	11yrs+	\$70	MP4031
Sa	10/28	8:30am-Noon	11yrs+	\$70	MP4032
Sa	12/9	8:30am-Noon	11yrs+	\$70	MP4033



Mindful Parenting

Jessi Moon Conder

Learn tools to help your child feel better, gain confidence, communication skills and gain greater happiness. You will leave feeling refreshed and more confident in yourself and your ability to resolve conflict and create harmony and peace within you and between you and your child. The awareness and tools will empower you. To learn more please visit www.LetsEnlightenTogether.com.

COMMUNITY YOUTH CENTER (CYC)

Sa	10/14	4-5:30pm	Adult	\$40	CY4024
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PADDLING | SURFING | SAILING

Water Sports

newportbeachca.gov/register



Stand-Up Paddleboard (SUP) & Kayak Rentals

City of Newport Beach –
Marina Park Sailing & Boating Center

Love paddling but don't want the commitment or hassle of owning and lugging around your own equipment? Come do all of your kayak or SUP paddling from the beautiful beach at Marina Park! Pay per session or purchase a "punch pass" and paddle during our open paddle session hours. We'll set you up with our new, state-of-the-art equipment, offer helpful tips, and put away your gear when you're done!

- **Requirements:** ages 6-11 must be accompanied by parent or guardian on equipment.
- **Notice:** no refunds and non-transferable.
- **More info:** 5 or 10 punch pass session of 1.5 hours. Expires 1 year after purchase.

5 Punch Pass: \$78 **10 Punch Pass: \$104** **Drop-in Rate: \$20/hr**

LOCATION: MARINA PARK SAILING & BOATING CENTER

For more information, please contact Marina Park at 949-270-8160.

AQUATICS

Springboard Diving Lessons

Coast Divers

Springboard diving lessons at Orange Coast College and Coast Divers gym! No experience needed.

- **More information:** Four week sessions include gym training on Mondays from 6-7pm at the Coast Divers Gym (17791 Mitchell N. #C, Irvine, CA 92614) Other: The Aquatic Center at Orange Coast College is located at 2701 Fairview St., Costa Mesa, CA 92626

ORANGE COAST COLLEGE - AQUATIC CENTER

M/Th 9/7-9/28	5-6pm	5-17yrs	\$255	FB4035
M/Th 10/2-10/30	6-7pm	5-17yrs	\$255	FB4036
M/Th 11/6-11/30	6-6pm	5-17yrs	\$255	FB4037
M/Th 12/4-12/21	6-6pm	5-17yrs	\$255	FB4038



Marian Bergeson Aquatic Center (MBAC)

Corona del Mar High School
2102 Eastbluff Drive

RUN BY NEWPORT BEACH AQUATICS STAFF

Lap Swim is a great way to stay active this season. Bring a friend and have fun while using kickboards, pull buoys and pace clocks to enhance your workouts!

- Circle swimming is required and lanes are limited.
- Swim cards are non-transferable & non-refundable.
- No cash accepted at the pools.

5 VISIT SWIM PASS

\$16 Adults | \$11 Seniors

20 VISIT SWIM PASS

\$55 Adults | \$38 Seniors
(Non-residents pay an additional \$11 fee)

ANNUAL PASS

\$176 Adults | \$121 Seniors
(Non-residents pay an additional \$33 fee)

For current days and times, please visit newportbeachca.gov/aquatics.

For more information, call 949-270-8100.

SURF

Women's Surf Class

Endless Sun Surf

Learn to surf, or improve your surfing, with some of the best female surf instructors in Orange County. In this women-only class, new and experienced surfers will learn about ocean safety, wave selection, etiquette, efficient paddling, pop-up and turning techniques, plus reading and riding waves to the surfer's full potential.

- **Notice:** class meets under Newport Pier.
- **Provided:** boards and wetsuits.

NEWPORT PIER

Sa	10/7	8:30-10:30am	Adult	\$105	MP4054
Sa	10/14	8:30-10:30am	Adult	\$105	MP4055



Monday's Surf Class

Endless Sun Surf

Learn to surf, or improve your surfing, at the safest and best beach for kids to learn! This class is led by professional surfers who are extremely knowledgeable and passionate about surfing, and have over 23 years of teaching experience. Patient and encouraging surf instructors will teach kids the basic skills of surfing, etiquette, safety, proper wave selection, efficient paddling, pop-up and turning techniques. Class will divide into smaller groups of 4 (per instructor) based on skill level. Come see why we're voted the #1 Surf Camp in OC!

- **Additional fees:** \$20 (materials) due to instructor on the first day
- **Notice:** parents drop off and pick up UNDER the Newport Pier (lower level of Lifeguard HG) and assist child into & out of wetsuit
- **Provided:** soft surfboards and wetsuits, but you may bring your own.
- **Requirements:** students must have the ability to swim

NEWPORT PIER

M	9/11-10/9	4-5:30pm	5-17yrs	\$265	MP4050
M	10/16-11/27	3:30-5pm	5-17yrs	\$265	MP4051

Friday's Surf Class

Endless Sun Surf

Learn to surf, or improve your surfing, at the safest and best beach for kids to learn! This class is led by professional surfers who are extremely knowledgeable and passionate about surfing, and have over 23 years of teaching experience. Patient and encouraging surf instructors will teach kids the basic skills of surfing, etiquette, safety, proper wave selection, efficient paddling, pop-up and turning techniques. Class will divide into smaller groups of 4 (per instructor) based on skill level. Come see why we're voted the #1 Surf Camp in OC!

No class 11/10, 11/24

- **Additional fees:** \$20 (materials) due to instructor on the first day
- **Notice:** parents drop off and pick up UNDER the Newport Pier (lower level of Lifeguard HG) and assist child into & out of wetsuit
- **Provided:** soft surfboards and wetsuits, but you may bring your own.
- **Requirements:** students must have the ability to swim

NEWPORT PIER

F	9/15-10/13	4-5:30pm	5-17yrs	\$265	MP4052
F	10/20-12/1	3:30-5pm	5-17yrs	\$265	MP4053



BODYBOARDING

California Bodyboarders

California Bodyboarders

Welcome to the latest and greatest beach camp in Newport Beach. Participants will have a blast boogie boarding along Corona del Mar beach, playing beach games, and exploring the local tidepools. Our professional and skilled instructors will share their passion by teaching participants the importance of ocean knowledge and safety. **No class 10/31**

- **Provided:** boards, wetsuits and sunscreen.
- **Additional fees:** \$10 (materials)
- **Notice:** easy pickup and drop off for parents at Corona del Mar State Beach parking lot.
- **Please bring:** towel, sunscreen, hat, water, and wear swimsuit (for under wetsuit)

CORONA DEL MAR STATE BEACH

Tu	10/17-11/14	3:30-5pm	6-14yrs	\$150	FB4066
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Water Sports



Girls Shred Surf Class

Newport Surf Camp

A girls surf camp is an empowering and fun-filled experience designed to teach girls how to surf, improve their skills, and connect with other like-minded girls creating a community of female surfers. In this camp you'll learn the fundamentals of surfing, including paddling, popping up, and riding waves.

- Notice: kids will be dropped off on 28th street beach
- Please bring: a towel Provided: Surfboards and wetsuits provided
- Requirements: students must have the ability to swim

28TH STREET BEACH

Th 9/7-10/26 3:15-5pm 5-12yrs \$365 MP4040

Private Surf Lessons

Endless Sun Surf School

949-533-1022 ▪ endlessunsurf@hotmail.com

1 PERSON	2 PEOPLE	3 PEOPLE
\$100/hour \$185/2 hours	\$160/hour \$295/2 hours	\$210/hour \$375/2 hours
7+ PERSON	15+ PEOPLE	20+ PEOPLE
\$100/person for 2 hours	\$80/person for 2 hours	\$70/person for 2 hours

REGISTER AT ENDLESSSUNSURF.COM

Newport Surf Camp

866-SURF-CAMP ▪ newportsurfcamp@yahoo.com

1 PERSON	2 PEOPLE	3 PEOPLE
\$95/hour \$185/2 hours	\$150/hour \$290/2 hours	\$200/hour \$370/2 hours
7+ PERSON	15+ PEOPLE	20+ PEOPLE
\$95/person for 2 hours	\$75/person for 2 hours	\$69/person for 2 hours

REGISTER AT NEWPORTSURFCAMP.COM

Never too Late Adult Surf Camp

Newport Surf Camp

If you want to learn to surf and feel confident going in the lineup by yourself this is the camp for you. You will learning the fundamentals of surfing, paddling, popping up, and different techniques riding the waves. You'll be taught by experienced surf instructors who will guide you through every step of the process and help you build confidence in the water. Great for couples and groups of friends to learn together!

- Please bring: a towel, water, and sunscreen
- Provided: surfboards and wetsuits provided
- Requirements: students must have the ability to swim

28TH STREET BEACH

Sa 9/9-10/14 9-11am Adult \$425 MP4041
Sa 10/28-12/9 10am-Noon Adult \$425 MP4042

Newport Juniors Surf Team

Newport Surf Camp

Junior surf team is an excellent way for young surfers to hone their skills, meet other like-minded individuals, and develop a sense of camaraderie and sportsmanship. Under the guidance of experienced coaches, team members receive training in surfing techniques, physical fitness, and mental preparation for competitions.

- Please bring: a surfboard, sunscreen, towel, and water.
- Requirements: students must have the ability to swim. Must be able to paddle out into lineup on their own and have a solid foundation of surfing

28TH STREET BEACH

Tu/Th 9/5-10/5 6-7am 9-15yrs \$255 MP4043

Surf101

Newport Surf Camp

Learn the fundamentals of surfing, including paddling, popping up, and riding waves. They'll be taught by experienced surf instructors who will provide a fun and engaging learning environment. Safety is a top priority in a kids surf 101 class, and your child will be taught how to read ocean conditions, identify hazards, and stay safe in the water. Your child will also learn basic surf etiquette, such as sharing waves, respecting other surfers, and being aware of their surroundings.

- Please bring: water and arrive wearing sunscreen
- Provided: surfboards and wetsuits provided
- Requirements: students must have the ability to swim

28TH STREET BEACH

M 9/11-10/30 3:15-5pm 6-12yrs \$365 MP4045
M 11/6-12/18 3:15-4:45pm 6-12yrs \$320 MP4046



Explore the J/22 Keelboat

OCC School of Sailing & Seamanship

For sailors with intermediate sailing skills, but with no prior experience sailing a J/22 keelboat. You will review rigging, docking, crew work and more as you get ready to take your sailing to the next level and jump into an Intermediate or Advanced J/22 Keelboat class.

- **Requirements:** Successful completion of Beginning Keelboat Sailing or equivalent experience. Participants must be able to swim 50 yards

MARINA PARK

Su	9/24-10/8	1:30-5pm	14yrs-Adults	\$255
Sa	10/21-11/4	1:30-5pm	14yrs-Adults	\$255

J/22 Spinnaker Clinic

OCC School of Sailing & Seamanship

A great one-day class for competent sailors interested in working on advanced boat handling skills. The focus of this class is on learning how to use the spinnaker, advanced sail trim and helm control. Sailing a J/22 Keelboat you will learn how to rig and use a spinnaker, sail trim and shape, crew work, true and apparent wind.

- **Requirements:** Successful completion of Intermediate Keelboat Sailing or equivalent experience. Participants must be able to swim 50 yards.

MARINA PARK

Su	9/17	9:30 am-4:30pm	14yrs-Adults	\$225
Sa	12/2	9:30 am-4:30pm	14yrs-Adults	\$225

US Sailing Basic Keelboat Certification

OCC School of Sailing & Seamanship

For experienced sailors ready to pursue the US Sailing Basic Keelboat Certification. Each session starts with a brief review followed by on-the-water skill development and skills evaluation. Course and evaluation topics for this extensive sailing course includes sail theory, docking, tacking, jibing, crew coordination, navigation rules and aids to navigation, anchoring, reefing, heaving to, and crew overboard recovery.

To allow for more time on the water you will complete the written exam online. Prior to the first class you will receive access to the US Sailing online test which you must be complete prior to your final class meeting. Your active participation at home, in the classroom and on the water is essential for success.

- **Requirements:** Successful completion of Intermediate Keelboat Sailing, Shields 2 or recent equivalent experience as both skipper and crew. Participants must be able to swim 50 yards.

MARINA PARK

Su	10/22-11/12	1:30-5pm	14yrs-Adults	\$445
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Sailing

newportbeachca.gov/sailing

Parent & Me Sailing

OCC School of Sailing & Seamanship

This 1-day class is perfect for any adult who wants to explore sailing with their child in a relaxed and safe environment. Learn the basics of sailing on either a 14' dinghy or a small keelboat, accompanied by an instructor who will guide you through safe sailing on Newport Harbor.

- **Requirements:** No prior experience needed. Must be able to swim 50 yards. Registration required for adult and youth participants. Youth participants must be accompanied by an adult age 18 or older.

MARINA PARK

Sa	9/9	9:30am-1pm	6yrs-Adult	\$65
Su	10/8	9:30am-1pm	6yrs-Adult	\$65
Sa	11/4	9:30am-1pm	6yrs-Adult	\$65

Youth Learn to Sail

OCC School of Sailing & Seamanship

Young sailors age 8 to 13 will learn to sail using our fleet of 8' sabots and 14' Quest dinghies. This is a great class if you have never sailed before or have just a little experience from a week of sailing camp. You will learn basic sailing skills and gain confidence through dockside lectures and on-the-water practice. Class topics include boating safety, knots, rigging, sailing theory, boat handling, docking, sail trim and how to right a capsized dinghy.

- **Requirements:** No prior experience needed. Must be able to swim 50 yards. Age 8 to 13 in 2023.

MARINA PARK

Sa	9/16-10/7	10am-1pm	8-13yrs	\$205
Su	10/22-11/12	1:30-4:30pm	8-13yrs	\$205

NEWPORTBEACHCA.GOV/SAILING

Notice: Registration is through OCC Sailing (occsailing.com/marina-park)



Dinghy

Beginning Dinghy Sailing

OCC School of Sailing & Seamanship

Learn to sail on beautiful Newport Harbor in this 14-hour class designed for those with little or no sailing experience. Through classroom instruction and on-the-water practice you will learn the fundamentals of how to rig and safely sail a small boat. The class is also a great refresher for those who have not sailed recently. Sailing a 14' dinghy you will learn: boating safety, knots, rigging, sailing theory, boat handling, docking, sail trim and capsizing recovery.

- **Requirements:** No prior experience needed. Must be able to swim 50 yards.

MARINA PARK

Su	10/15-11/5	9am-1pm	14yrs-Adult	\$235
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Intermediate Dinghy Sailing

OCC School of Sailing & Seamanship

A great class for students ready to take their dinghy sailing skills to the next level. You will build on basic skills and work on improving boat handling, refining sail trim, skipper and crew teamwork, and problem solving while afloat. Sailing a 14' RS Quest you will practice: rigging, docking, sail trim, sail controls, crew work and communication, reefing and knots. **No class 11/26**

- **Requirements:** Successful completion of Beginning Dinghy Sailing or equivalent experience. Participants must be able to swim 50 yards.

MARINA PARK

Su	9/9-9/30	1:30-5pm	14yrs-Adult	\$235
Su	11/12-12/10	1-4:30pm	14yrs-Adult	\$235



Keelboat

Beginning Keelboat Sailing

OCC School of Sailing & Seamanship

Learn to sail on beautiful Newport Harbor in this 14-hour class designed for those with little to no sailing experience who want to learn how to sail on a larger more stable keelboat. Through classroom instruction and on-the-water practice you will learn the fundamentals of how to rig and safely sail a J/22 keelboat. Your instructor will be on-board with you to provide a more hands-on experience. Sailing a J/22 keelboat you will learn boating safety, knots, rigging, sailing theory, boat handling, docking, sail trim and crew overboard recovery. **No class 11/26**

- **Requirements:** No prior experience needed. Participants must be able to swim 50 yards.

MARINA PARK

W	9/13-10/4	9:30am-1pm	14yrs-Adult	\$425
Su	9/17-10/8	9:30am-1pm	14yrs-Adult	\$425
Sa	10/14-11/4	9:30am-1pm	14yrs-Adult	\$425
Su	11/12-12/10	9am-12:30pm	14yrs-Adult	\$425

Advanced Ocean Sailing

OCC School of Sailing & Seamanship

For students with intermediate sailing skills ready to explore sailing outside the harbor. This class will focus on building sailing and seamanship skills as you sail down the harbor and enter the Pacific Ocean. Skills will include advanced sail trim, wing n' wing the jib using the spinnaker pole, jury-rigging techniques, running aground, towing, tide and currents, aids to navigation and ocean sailing.

- **Requirements:** Successful completion of Intermediate Keelboat Sailing or equivalent experience. Participants must be able to swim 50 yards.

MARINA PARK

Su	9/10	9:30am-4:30pm	14yrs-Adults	\$225
Sa	11/18	9:30am-4:30pm	14yrs-Adults	\$225

NEWPORTBEACHCA.GOV/SAILING

Notice: Registration is through OCC Sailing (occsailing.com/marina-park)

J/22 Keelboat Rating

OCC School of Sailing & Seamanship

For experienced sailors interested in renting the J/22 keelboat at Marina Park through the Sail Pass program.

- **Requirements:** Intermediate sailing skills. Must be able to swim 50 yards. Must register for and pass a written test proctored by Marina Park Sailing and Boating, prior to registering for this on-water assessment class.

MARINA PARK

Su	10/15	1:30-5pm	Adult	\$165
Su	11/19	1-4:30 pm	Adult	\$165

14' RS Quest Dinghy Rating

OCC School of Sailing & Seamanship

For experienced sailors interested in renting the 14' RS Quest Dinghy at Marina Park through the Sail Pass program. No prior experience sailing an RS Quest is necessary, as you will review rigging. Your instructor will assess your skills and let you know if you are ready to rent through the Sail Pass program, or if you need more practice.

- **Requirements:** Intermediate sailing skills. Must be able to swim 50 yards. Must register for and pass a written test proctored by Marina Park Sailing and Boating, prior to registering for this on-water assessment class.

MARINA PARK

Sa	10/7	1:30-5pm	Adult	\$150
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[NEWPORTBEACHCA.GOV/SAILING](http://newportbeachca.gov/sailing)

Notice: Registration is through OCC Sailing (occsailing.com/marina-park)



Marina Park Sail Pass

To enjoy access to the rental fleet at Marina Park through the Sail Pass you must pass a written test covering sailing topics, rules and site-specific information, and complete an on-the-water skills assessment. This applies to everyone regardless of years of experience. A passing grade on the written test is required prior to attending an on-the-water ratings class. Separate tests are required for each boat type (keelboat or dinghy). Please call **Marina Park Sailing and Boating** at **949-270-8160** to schedule a written dinghy or keelboat test.



Sail Pass & Boat Rentals

3 STEPS TO SAIL

- 1. Learn:** Build your sailing skills through classes at Marina Park or qualify with equivalent experience/skills.
- 2. Get Rated:** Experienced sailors, age 18+, may complete either the keelboat or the dinghy written exam. Contact Marina Park at **949-270-8160** to sign up. Upon successful completion of the written exam, register for an on-water skills assessment.
- 3. Join the Sail Pass:** After successfully rating, purchase an annual pass or pay a per-use rental fee.

Sailing Pass Pricing

Adult Annual Membership: \$625

Student Membership: \$312 (annually); \$104 (quarterly)

Must be a full-time student at least 18 years old.

Boat Rental Pricing

J/22: \$20/hour

RS Quest & Lido: \$15/hour

No additional charge for crew.

FOR MORE INFORMATION CONTACT:

Marina Park Sailing & Boating Center

1600 W Balboa Blvd, Newport Beach, Ca 92663

949-270-8160 ▪ boating@newportbeachca.gov

YOUTH & TEENS | ADULTS

Tennis

newportbeachca.gov/register

Bonita Canyon Sports Park

Macarthur & Bonita Canyon

2

COURTS
No Lights

Grant Howald Park

5th & Iris, Corona Del Mar

2

COURTS
No Lights

Mariners Park

Dover & Irvine Avenue

2

COURTS
With Lights

Irvine Terrace Park

Malabar & Evita

2

COURTS
No Lights

San Joaquin Hills Park

San Joaquin Hills Road & Crown Drive North

4

COURTS
No Lights

West Newport Park

57th & River Jetty

4

COURTS
No Lights

Adult Tennis- Beginning Level 1

Jim Moore

This is an entry level class designed for the adult with little to no experience. Class will introduce racquet grip, footwork and progression of serve. Participants will practice footwork drills to build strength, coordination and develop endurance.

- **Please bring:** a can of unopened tennis balls to the first class meeting & racquet.
- **Notice:** classes cancelled due to weather are made up at the end of the session if time permits. Please call Jim Moore if you need to borrow a tennis racket at 714-887-7735.

BONITA CANYON SPORTS PARK

M	9/11-10/9	9-10am	Adult	\$120	JMT400
M	10/23-11/27	9-10am	Adult	\$120	JMT401

MARINERS PARK

W	9/13-10/11	10-11am	Adult	\$120	JMT416
W	9/13-10/11	6-7pm	Adult	\$120	JMT414
W	10/25-11/29	10-11am	Adult	\$120	JMT417
W	10/25-11/29	6-7pm	Adult	\$120	JMT415

SAN JOAQUIN HILLS PARK

Sa	9/16-10/14	10-11am	Adult	\$120	JMT422
Sa	10/28-12/9	10-11am	Adult	\$120	JMT423

Adult Tennis- Intermediate Level 2

Jim Moore

Improve your footwork, strokes and serves in this intermediate class. The class will put emphasis on improving how to move to the net and placement of the ball in game like situations.

- **Please bring:** a can of unopened tennis balls to the first class meeting & racquet.
- **Notice:** classes cancelled due to weather are made up at the end of the session if time permits. Please call Jim Moore if you need to borrow a tennis racket at 714-887-7735.

BONITA CANYON SPORTS PARK

M	9/11-10/9	10-11am	Adult	\$120	JMT402
M	10/23-11/27	10-11am	Adult	\$120	JMT403

GRANT HOWALD PARK

Tu	9/12-10/10	9:30-11am	Adult	\$153	JMT404
Tu	10/24-11/28	9:30-11am	Adult	\$153	JMT405

IRVINE TERRACE PARK

Th	9/14-10/12	9-10am	Adult	\$120	JMT408
Th	10/26-11/30	9-10am	Adult	\$120	JMT409
Mariners Park					
W	9/13-10/11	9-10am	Adult	\$120	JMT412
W	9/13-10/11	7-8pm	Adult	\$120	JMT410
W	10/25-11/29	9-10am	Adult	\$120	JMT413
W	10/25-11/29	7-8pm	Adult	\$120	JMT411

SAN JOAQUIN HILLS PARK

Sa	9/16-10/14	8-9am	Adult	\$120	JMT420
Sa	10/28-12/9	8-9am	Adult	\$120	JMT421

Adult Tennis- Advanced Level 3

Jim Moore

Our instructor, a former college player who has been teaching tennis with us for over 10 years, will bring his expertise of game strategy, competition and over-all tennis instructions for the player.

- **Please bring:** can of unopened tennis balls to the first class meeting & racquet.
- **Notice:** classes cancelled due to weather are made up at the end of the session if time permits. Please call Jim Moore if you need to borrow a tennis racket at 714-887-7735.

IRVINE TERRACE PARK

Th	9/14-10/12	8-9am	Adult	\$120	JMT406
Th	10/26-11/30	8-9am	Adult	\$120	JMT407

SAN JOAQUIN HILLS PARK

Sa	9/16-10/14	9-10am	Adult	\$120	JMT418
Sa	10/28-12/9	9-10am	Adult	\$120	JMT419



Private Tennis Lessons

Jim Moore

After playing and graduating college in 1985 with a degree in Tennis Technology, Jim started teaching in Orange County at various clubs and cities. His experience includes being a USTA Jr Coach and coaching at Orange Coast College as well as Connelly, Fountain Valley, and Ocean View high schools. Jim has been leading classes in Newport Beach for over 20 years.

- Participants may sign up for as many lessons as they want and pay at one time.
- Dates and times must be confirmed with instructor prior to registration with the Recreation Department.
- No refunds

Pricing is per person:

1 person	2 people	3+ people
\$75/hr/person	\$45/hr/person	\$30/hr/person

Jim Moore Class Information

Please bring a racquet and can of unopened tennis balls to the first class.

Wear appropriate clothing and tennis shoes.

Classes cancelled due to weather are made up at the end of the session if time permits.



CLASSES & PRIVATE LESSONS

Pickleball

newportbeachca.gov/register



Bonita Canyon Sports Park
MacArthur & Bonita Canyon
1641 Ford Rd.

4

COURTS
Outdoors & No Lights

Open Court Hours

Mon-Fri: 7-8 a.m. & Noon-Dusk

Sat: 7 a.m.-9 a.m. & Noon-Dusk

Sun: 7 a.m.-Dusk

DROP-IN PLAY

Mon-Fri: 8 a.m.-Noon

Sat: 9 a.m.-Noon

Drop-in Pickleball

Participants are required to supply their own paddle from our approved paddle list found at newportbeachca.gov/sports.

Outdoor pickleball is only permitted on the designated court.

For a detailed description, please visit: newportbeachca.gov/sports.

Indoor Beg. Pickleball with Mel

Melanie Wheatley

Beginners, you will learn basic fundamentals of the game including serve, return of serve, volleys, dinks, overheads and keeping score. The objective is to develop the basic skills and knowledge so you can enjoy playing the game.

NEWPORT COAST COMMUNITY CENTER

Th	9/7-10/5	8-9am	Adult	\$130	NCC449
Th	10/19-11/16	8-9am	Adult	\$130	NCC450

Indoor Advanced Beg. Pickleball with Mel

Melanie Wheatley

Advanced Beginners, this course is designed for the advanced beginner to improve their fundamental skills and quality of play to help players transition to the Intro to Intermediate class.

- Requirements: instructor's approval prior to registration.

NEWPORT COAST COMMUNITY CENTER

Th	9/7-10/5	9:15-10:15am	Adult	\$130	NCC451
Th	10/19-11/16	9:15-10:15am	Adult	\$130	NCC452



INDOOR PICKLEBALL

Indoor Drop-in Pickleball

Recreation Staff

Three indoor courts are for doubles play, no partner required. Paddles and indoor balls available. All skill levels welcome.

- Drop-in cards may be purchased at NCCC.
- Dates & times subject to change.
- Required: minimum 5 visit drop-in card purchase to participate.

5 Visit Pass: \$15

20 Visit Pass: \$50

(non-residents pay an additional \$10 fee)

NEWPORT COAST COMMUNITY CENTER

M	12:30-3pm	Adult	\$3/visit
F	12:30-3pm	Adult	\$3/visit

Intro to Intermediate Indoor Pickleball with Mel

Melanie Wheatley

This course is designed for the advanced beginner to improve their fundamental skills and quality of play to help players transition to the Indoor Intermediate class.

- **Requirements:** must have Instructor's approval prior to registration.

NEWPORT COAST COMMUNITY CENTER

Th	9/7-10/5	10:20-11:20am	Adult	\$130	NCC453
Th	10/19-11/16	10:20-11:20am	Adult	\$130	NCC454

Beginning Pickleball with Melanie

Melanie Wheatley

You will learn basic fundamentals of the game including serve, return of serve, volleys, dinks, 3rd shot, overheads and keeping score. The objective is to develop the basic skills and knowledge so you can enjoy playing the game.

- **Requirements:** Newport Beach residents only

BONITA CANYON SPORTS PARK

Tu	9/5-10/3	Noon-1pm	Adult	\$130	ASP400
Tu	10/17-11/14	Noon-1pm	Adult	\$130	ASP406
Tu	9/5-10/3	1:15-2:15pm	Adult	\$130	ASP401
Tu	10/17-11/14	1:15-2:15pm	Adult	\$130	ASP407

Advanced Beginner Pickleball with Melanie

Melanie Wheatley

This course is designed for the advanced beginner to improve their fundamental skills and quality of play to help players transition to, Intro to Intermediate class.

- **Requirements:** Newport Beach residents only; instructor's approval prior to registration

BONITA CANYON SPORTS PARK

W	9/6-10/4	Noon-1pm	Adult	\$130	ASP402
W	10/18-11/15	Noon-1pm	Adult	\$130	ASP408

Intermediate Pickleball with Melanie

Melanie Wheatley

This course is designed for the Intermediate player to improve their fundamental skills, court awareness, positioning and strategy. Players must have the ability to perform the following skills: control of forehand/backhand, serves (depth and placement), overheads, knowledge of positioning, approaching the NVZ and can sustain volley and dink exchanges.

- **Requirements:** Newport Beach residents only; instructor's approval prior to registration.

BONITA CANYON SPORTS PARK

Th	9/7-10/5	Noon-1pm	Adult	\$130	ASP404
Th	10/19-11/16	Noon-1pm	Adult	\$130	ASP410
Th	9/7-10/5	1:15-2:15pm	Adult	\$130	ASP405
Th	10/19-11/16	1:15-2:15pm	Adult	\$130	ASP411

Intro to Intermediate Pickleball with Melanie

Melanie Wheatley

This course is designed for the advanced beginner to improve their fundamental skills and quality of play to help players transition to Intermediate class.

- **Requirements:** Newport Beach residents only; instructor's approval prior to registration.

BONITA CANYON SPORTS PARK

W	9/6-10/4	1:15-2:15pm	Adult	\$130	ASP403
W	10/18-11/15	1:15-2:15pm	Adult	\$130	ASP409



Private Pickleball Lessons

Melanie Wheatley

Melanie Wheatley competed on the National Senior Women's Tennis Circuit and won 4 National Championships, received the #1 ranking in the Nation by the USTA for 2 years in a row and won 2 Bronze medals at the World Championships in Perth, Australia and Amsterdam. She is transferring her vast knowledge of tennis to the game of pickleball through instruction and coaching to beginners and intermediates. She tailors her teaching to the needs of the individual or team to improve their technical skills and strategy to help them take their game to the next level. Melanie is a PPR certified professional pickleball instructor.

- Participants may sign up for as many lessons as they want and pay at one time.
- Dates and times must be confirmed with instructor prior to registration.
- Email melwheatley54@gmail.com; text or call 562-760-1319
- No refunds

Pricing is per person:

1 person	2 people	3+ people
\$90/hr/person	\$65/hr/person	\$55/hr/person

Classes located at Bonita Canyon Sports Park will only be accepting group pickleball class registration from Newport Beach residents.

Schedule subject to change, please check newportbeachca.gov/sports for the latest information.

DANCE | ENRICHMENT | HEALTH & FITNESS | MUSIC | SPORTS

Adults

newportbeachca.gov/register



DANCE



ENRICHMENT

In-Person Class Reminders

Adult Classes

The Recreation & Senior Services Department is here to help you stay active and engaged all season long! Recreation classes offer the perfect escape from your daily routine to practice self-care in the form of stepping to the beat in a dance class, learning a new language in preparation for your next trip, staying active in a karate or beach volleyball class, and more.



HEALTH & FITNESS



SPORTS

To maintain safe programs, we continue to encourage routine cleaning & sanitizing of shared surfaces and practicing good hand hygiene. Programs may be modified to follow current State & County guidelines.



DANCE

First Dance Lessons

CS Dance Factory

Are you planning a wedding? Do you need help with your first dance? Private lessons for you and your partner to master your first dance. All couples welcome. Instruction is for a basic, traditional first dance with one couple and couples may sign up for multiple sessions.

- **Notice:** registration is for one couple.
- **Requirements:** music must be pre-approved by the instructor before the first lesson, email info@CSDanceFactory.com.
- **More info:** for additional private lessons for couples or groups, please contact the instructor.

COMMUNITY YOUTH CENTER (CYC)

Sa	9/9-9/30	10:30-11:30am	Adult	\$455	CY4031
Sa	10/14-11/4	10:30-11:30am	Adult	\$455	CY4032
Sa	11/18-12/16	10:30-11:30am	Adult	\$455	CY4033

Zumba Gold® Dance Fitness

CS Dance Factory

Are you ready to get moving? Keep your body and mind as healthy as you can. Dancing reverses the signs of aging in the brain and body. Groove at your own pace in this Zumba Gold® dance party workout for the young at heart! Easy-to-follow, low-impact dance steps to a variety of motivating music. Sign up now, get moving and feel the joy! **No class 11/21**

- **Please bring:** water bottle, towel.
- **Drop-in:** \$25 (CY4052, no refunds)

COMMUNITY YOUTH CENTER (CYC)

Tu	9/12-12/19	9-10am	Adult	\$229	CY4051
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Line Dancing - Level 1

Vickie Jackson

Learn new and classic line dances while improving physical and mental fitness. Line dancing is proven to decrease the risks of Alzheimer's. No previous experience necessary.

Level 1 - Beginner/Improver
(includes steps, sequences and vocabulary)

NEWPORT COAST COMMUNITY CENTER

W	9/6-10/11	6:30am-7:25pm	Adult	\$43	NCC455
W	11/8-12/13	6:30am-7:25pm	Adult	\$43	NCC456

Line Dancing - Level 2

Vickie Jackson

Learn more advanced step patterns as well as new and classic line dances while improving physical and mental fitness. Line dancing is proven to decrease the risks of Alzheimer's.

- **Requirements:** previous knowledge of basic steps, sequences and vocabulary.

NEWPORT COAST COMMUNITY CENTER

W	9/6-10/11	7:30-8:30pm	Adult	\$43	NCC457
W	11/8-12/13	7:30-8:30pm	Adult	\$43	NCC458

Line Dancing - Learn, Review, and Practice

Vickie Jackson

Have Fun! Make Friends! Review and practice dances learned in Level 1, 2 & 3 classes at Oasis on Thursdays and NCCC on Wednesdays. Learn new and classic line dances while improving physical and mental fitness. Line dancing is proven to decrease the risks of Alzheimers. Line dances at all levels. Knowledge of basic steps and sequences required.

MARINA PARK COMMUNITY CENTER

F	9/8-10/13	6:30-9pm	Adult	\$60	MP4038
F	10/20-12/15	6:30-9pm	Adult	\$70	MP4039



Beginning German 1
Portal Languages

Learn a new language with little or no knowledge. The focus is on conversation for fast learning of daily actions. You will speak your chosen language from the very beginning. Vocabulary development, key grammatical structures and use of appropriate verbs will follow. The lessons build on one another. Emphasis is given to listening and interpretation.

LIVE ONLINE VIA ZOOM

F 9/15-11/3 1-2pm 15yrs+ \$205 **FB4032**



Beginning Spanish 1
Portal Languages

Learn a new language with little or no knowledge. The focus is on conversation for fast learning of daily actions. You will speak your chosen language from the very beginning. Vocabulary development, key grammatical structures and use of appropriate verbs will follow. The lessons build on one another. Emphasis is given to listening and interpretation.

LIVE ONLINE VIA ZOOM

Tu 9/12-10/31 6:30-7:30pm 16yrs+ \$205 **FB4033**



Beginning Spanish 2
Portal Languages

Class is a continuation for those who have completed Level 1. Focus will be on vocabulary development, key grammatical structures and use of appropriate verbs. Emphasis is given to listening, reading and conversation.

LIVE ONLINE VIA ZOOM

Tu 9/12-10/31 7:30-8:30pm 17yrs+ \$205 **FB4034**



Creative Writing
Dorothy Spirus

Do you have a half-finished novel, great family stories, or an idea for a children's book, short story or screenplay? Commit to your creativity and complete your project with guidance from a published writer/playwright/former magazine editor. New to creative writing? This class will help you begin. The basics of storytelling will be covered, including characters, conflict, description, and structure. As your awareness grows, your writing improves. Weekly meetings battle procrastination and lively discussions inspire. Writing assignments will help you hone technique and get you started. Fun, casual, and encouraging class environment. Open to all levels of experience.

LIVE ONLINE VIA ZOOM

Th 10/5-11/9 7:30-9pm Adult \$198 **SS4080**



Creative Writing Jumpstart
Dorothy Spirus

You want to write, but don't know where to start. Begin with a session of guided writing exercises and tips on how to put your ideas into motion for books, scripts, short stories, poetry, and non-fiction. We'll discuss structure, technique, characters, conflict and more. This one-evening intensive class, taught by a published writer/playwright/former magazine editor, will encourage both the novice and experienced writer.

LIVE ONLINE VIA ZOOM

Th 9/28-9/28 7-9pm Adult \$79 **SS4083**



Online-Only Classes

Online-only classes can be accessed from the comfort of your home or wherever you have a strong WiFi connection.



ENRICHMENT

American Mah Jongg for Beginners 101 Terry Sweeney

Mahj Jongg is all the rage. Come solo or sign up with friends. This action-packed game will bring you hours of fun and laughter. Experience the thrill of your first Mah Jongg!

NEWPORT COAST COMMUNITY CENTER
M 9/11-10/16 1-3pm Adult \$135 **NCC459**

American Mah Jongg for Beginners 201 Terry Sweeney

Beginners, welcome back to Part 2! You aren't going to want to miss the fun.

- Please bring: your current Card oF Hands
- Requirements: Class 101

NEWPORT COAST COMMUNITY CENTER
M 11/6-12/11 1-3pm Adult \$135 **NCC460**

LOOKING FOR CAREER OPPORTUNITIES?

We're hiring

For City of Newport Beach
Employment Opportunities, visit:
NEWPORTBEACHCA.GOV/JOBS

100 CIVIC CENTER DRIVE ■ NEWPORT BEACH ■ 92660

Beginning French 1

Portal Languages

Learn a new language with little or no knowledge. The focus is on conversation for fast learning of daily actions. You will speak your chosen language from the very beginning. Vocabulary development, key grammatical structures and use of appropriate verbs will follow. The lessons build on one another. Emphasis is given to listening and interpretation.

- Additional fee: \$10 (material)

PORTAL LANGUAGES SCHOOL COSTA MESA
Tu 9/12-10/31 9:30 -10:30am Adult \$205 **FB4041**
F 9/15-11/3 5:30 -6:30pm Adult \$205 **FB4042**

Beginning Mandarin 1

Portal Languages

Beginners learn Mandarin with little or no knowledge. The focus is on conversation for fast learning of daily actions. You will speak Mandarin from the very beginning. Vocabulary development, key grammatical structures, and use of appropriate verbs will follow. The lessons build on one another.

PORTAL LANGUAGES SCHOOL COSTA MESA
W 9/13-11/1 6-7pm 17yrs+ \$205 **FB4043**

Beginning Mandarin 2

Portal Languages

Class is a continuation for those who have completed Level 1. Focus will be on vocabulary development, key grammatical structures and use of appropriate verbs. Emphasis is given to listening, reading and conversation.

PORTAL LANGUAGES SCHOOL COSTA MESA
W 11/8-12/20 6-7pm 17yrs+ \$180 **FB4044**

Beginning Spanish 1

Portal Languages

Learn a new language with little or no knowledge. The focus is on conversation for fast learning of daily actions. You will speak your chosen language from the very beginning. Vocabulary development, key grammatical structures and use of appropriate verbs will follow. The lessons build on one another. Emphasis is given to listening and interpretation.

PORTAL LANGUAGES SCHOOL COSTA MESA
Sa 9/16-11/4 8:30-9:30am 16yrs+ \$205 **FB4045**

Beginning Spanish 2

Portal Languages

Class is a continuation for those who have completed Level 1. Focus will be on vocabulary development, key grammatical structures and use of appropriate verbs. Emphasis is given to listening, reading and conversation.

PORTAL LANGUAGES SCHOOL COSTA MESA
Th 9/14-11/2 6-7pm 17yrs+ \$205 **FB4046**

HEALTH & FITNESS

Jazzercise

Karen Halley

Jazzercise is a pulse pounding , beat pumping, body blasting fitness program that gets you results fast. It's a high intensity dance party that fuses cardio, strength and pilates. **No class 11/10, 11/24, 12/1**

- Please bring: mat, bottled water.
- Note: 5 day pass is only good in the month purchased.

NEWPORT COAST COMMUNITY CENTER

M/Tu/W/F	10/2-10/31	8-9am	Adult	\$120	NCC425
M/Tu/W/F	11/1-11/29	8-9am	Adult	\$120	NCC426
M/Tu/W/F	12/4-12/20	8-9am	Adult	\$120	NCC427

Free Intro Class

F	10/27	8-9am	Adult	Free	NCC429
W	11/29	8-9am	Adult	Free	NCC430
F	12/15	8-9am	Adult	Free	NCC431

5 Day Pass (No refunds)

M/Tu/W/F	10/2-12/20	8-9am	Adult	\$65	NCC428
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Meditation and Mindfulness

Jessi Moon Conder

You deserve to live in your highest quality of energy! This class will teach you how with a science-based practice for increasing happiness, peace and clarity of mind. You'll gain tools that you can use in your daily life for better focus, harmony and to retain a higher state of consciousness. Join Jessi Moon a senior teacher from the The Self Awareness Institute for a transformative experience! Beginner to advanced welcome.

COMMUNITY YOUTH CENTER (CYC)

M	10/23-12/4	6:05 -7pm	14yrs+	\$105	CY4015
F	9/15-10/20	10:35-11:30am	14yrs+	\$125	CY4002
F	9/15-10/13	6:05-7pm	14yrs+	\$105	CY4014
F	10/27-12/8	10:35 -11:30am	14yrs+	\$125	CY4003

Prenatal Yoga

Jessi Moon Conder

You will unwind stress, stretch, breathe, and connect to your baby on a deeper level. This class helps you to find confidence in your body and mind and connect to the innate intelligence within you. Empower yourself in wellness and come join other moms-to-be for a supportive, enlightening motherhood journey. Learn more about Jessi at www.LetsEnlightenTogether.com.

No class 11/21

COMMUNITY YOUTH CENTER (CYC)

Tu	9/12-10/3	10:30-11:30am	16yrs+	\$89	CY4048
Tu	10/10-10/31	10:30-11:30am	16yrs+	\$89	CY4049
Tu	11/7-12/5	10:30-11:30am	16yrs+	\$89	CY4050



Seaside Strength & Stretch

Judy Aprile

A great way to start your day! Low-impact warm up, followed by targeted strength and flexibility exercises for the whole body. Special attention will be given to postural alignment and static and dynamic stability. This class is very appropriate for older adults. **No class 9/4, 11/23**

MARINA PARK COMMUNITY CENTER

Tu/Th	9/5-9/28	8-9am	Adult	\$93	MP4034
Tu/Th	10/3-10/31	8-9am	Adult	\$104	MP4035
Tu/Th	11/2-11/30	8-9am	Adult	\$93	MP4036
Tu/Th	12/5-12/14	8-9am	Adult	\$49	MP4037

Yoga on the Beach with Newport Surf Camp

Newport Surf Camp

Beach yoga is a magical experience that offers an opportunity to practice yoga while surrounded by the natural beauty of the beach at sunset. These classes begin with a few moments of quiet meditation to help you center your mind and focus on your breath. We will move through a series of gentle yoga poses designed to stretch and strengthen the body, while also promoting relaxation and stress relief. Great to get your day started and perfect for a good stretch before a surf session.

- Please bring: a yoga mat/beach towel and water.

28TH STREET BEACH

Tu	9/5-10/24	5-6pm	10yrs+	\$205	MP4047
Sa	9/9-10/28	8-9am	10yrs+	\$205	MP4049
Single Day Option - Pre-registration required					
Tu	9/5-10/24	5-6pm	10yrs+	\$30	MPDP43
Sa	9/9-10/28	8-9am	10yrs+	\$30	MPDP45

Yoga Level 1

Jessi Moon Conder

A gentle yoga class to release stress deep in the nervous system. You will feel a great release after every yoga class. Jessi is a senior instructor from The Self Awareness Institute. Join us in the beautiful tree surrounded yoga room! Beginner to advanced welcome. You modify the poses as you need.

COMMUNITY YOUTH CENTER (CYC)

M	9/11-10/16	5-6pm	14yrs+	\$125	CY4022
M	10/23-12/4	5-6pm	14yrs+	\$125	CY4023
F	9/15-10/20	9:30-10:30am	14yrs+	\$125	CY4004
F	10/27-12/8	9:30-10:30am	14yrs+	\$125	CY4005

Zumba Gold® Dance Fitness

CS Dance Factory

Are you ready to get moving? Keep your body and mind as healthy as you can. Dancing reverses the signs of aging in the brain and body. Groove at your own pace in this Zumba Gold® dance party workout for the young at heart! Easy-to-follow, low-impact dance steps to a variety of motivating music. Sign up now, get moving and feel the joy! **No class 10/7, 11/11, 11/25**

- Please bring: water bottle, towel.
- Drop in: \$25 (CY2005, No refunds)

COMMUNITY YOUTH CENTER (CYC)

Sa	9/9-12/16	9-10am	Adult	\$221	CY4034
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SPORTS

Beach Volleyball Basics

Volley OC

Learn the basics of two-on-two volleyball with AVP Pro Ed Ratledge and his team at CdM. Each class will feature an hour of drills and an hour of play with friends. We'll work on passing, setting, spiking, serving, defense and team tactics. This class is open to players who can't yet play two-on-two.

CORONA DEL MAR STATE BEACH

Su	9/10-11/5	10am-Noon	15yrs+	\$199	FB4064
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Sunday Morning Intermediate Beach Volleyball

Recreation Staff

Improve your skills with AVP Pro Ed Ratledge and his team at CdM. Each class will feature an hour of drills and an hour of play with friends. We'll work on passing, setting, spiking, serving, defense and team tactics. To ensure an even level, all participants in intermediate and above classes must be able to play doubles prior to beginning the class.

CORONA DEL MAR STATE BEACH

Su	9/10-11/5	9-10am	15yrs+	\$199	FB4065
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Group Golf Lessons

John Leonard

PGA Instructor John Leonard has personally designed this course for the beginner and intermediate golfer. This course emphasizes stance, swing and use of clubs.

- **Notice:** please bring personal clubs or golf clubs are available to rent at the course
- **Requirements:** purchase of a large bucket of balls prior to each session.

NEWPORT BEACH GOLF COURSE

Sa	9/9-9/30	8-9am	Adult	\$255	FB4030
Sa	10/14-11/4	8-9am	Adult	\$255	FB4031

FOLLOW US

on Social Media to

STAY UPDATED

@cityofnewportbeach

YOUTUBE NEXTDOOR INSTAGRAM FACEBOOK

LEARN MORE HERE:
[NEWPORTBEACHCA.GOV/RECREATION](http://newportbeachca.gov/recreation)

Judo & Jujitsu - Adult

Rick Bradley

Judo and Jujitsu are martial arts that emphasize the use of balance and technique to defeat a larger, stronger opponent by using the opponent's own strength against them. This class will consist of stretching/warming up, fall rolls, mat work and free practice. **No class 11/23**

- Notice: practice uniform can be obtained through the instructor.

COMMUNITY YOUTH CENTER (CYC)

Tu/Th 9/5-12/21 7:15-8:30pm Adult \$51 **CY4057**

Karate - Adult

David Crockett

Itosu-kai karate is a traditional style with an emphasis based on fundamentals. Basic (kihon), forms (kata), controlled fighting (kumite). The training is medium to hard. Designed for all levels of students, from beginner through intermediate. **No class 11/23, 11/30**

- Additional fees: \$50 (uniform- optional)
- Notice: there is a special training date on 11/18 from 9am- 4pm.

NEWPORT COAST COMMUNITY CENTER

Tu/Th/Sa 9/5-12/21 5:45-6:45pm 16yrs+ \$265 **NCC433**

Karate - Adult - Advanced

David Crockett

Itosu-ryu is designed for adult students who have achieved a minimum of brown belt, and junior students who have achieved red belt in the Itosu-ryu system. Emphasis will be placed on advanced katas and kumite. Training will be medium to hard. **No class 11/23, 11/30**

- Additional fees: \$50 (uniform- optional)
- Notice: registering for this class includes training on Tuesdays and Thursdays. There is a special training date of 11/18 from 9am-4pm.

NEWPORT COAST COMMUNITY CENTER

M/Tu/Th/Sa 9/5-12/21 5:45-6:45pm 16yrs+ \$265 **NCC432**



MyNB is your mobile connection to the City of Newport Beach (City). The free, mobile app is designed to provide residents, businesses and visitors the opportunity to access City Hall from anywhere, 24/7.



DOWNLOAD TODAY
newportbeachca.gov/mynb

BEACH CITY SPORTS

GET IN & GET SOCIAL

Perfect for men & women living near the peninsula!

Individuals can register to be placed on a team or register on a designated team. Captains can also register for a team.
Divisions for beginner to intermediate skill levels!



Update

Coed Beach Flag Football
BALBOA PIER
6-8 P.M. ■ \$95/PERSON

WEDNESDAYS June 7–August 14
FRIDAYS June 2–July 28

Sand Volleyball
BALBOA PIER
P.M. ■ \$85/PERSON

WEDNESDAYS June 13–August 8
FRIDAYS June 15–August 3

Coed Turf Flag Football
▪ Notice: non-residents pay an additional \$10/person.
BONITA CREEK PARK
6:30-10 P.M. ■ \$95/PERSON

TUESDAYS June 6–August 8

Coed Turf Kickball
▪ Notice: non-residents pay an additional \$10/person.
BONITA CREEK PARK
6:30-10 P.M. ■ \$85/PERSON

MONDAYS May 22–July 17

REGISTER AT BEACHCITYSPORTS.COM



Drop-in Hoops

Newport Beach Sports Staff

Pick-up basketball at its finest! Come and join the fun of “pick-up” style hoops. Teams will be broken down to 5 on 5 with a constant winner rotation.

- Individuals welcome!
- Pay and Play!
- Gym will be staffed and monitored during play.
- Drop-in cards may be purchased online, at City Hall, or NCCC.

NEWPORT COAST COMMUNITY CENTER

W 6:30-9:30pm Adult \$3/visit

ADULT SPORTS LEAGUES

BASKETBALL

Team Registration Fee (9 Scheduled Games):
\$690/Residents ■ \$740/Non-residents

- Locations:**
- Eastbluff Gym
 - West Newport Community Center
 - Newport Coast Community Center
- Dates:**
Monday–Thursday

SUMMER 2023

June 26–September 14

REGISTRATION BEGINS: May 8
REGISTRATION ENDS: June 5*

FALL 2023

September 18–December 7

REGISTRATION BEGINS: July 26
REGISTRATION ENDS: September 5*



SOFTBALL

Team Registration Fee (10 Scheduled Games):
\$490/Residents ■ \$540/Non-residents
Additional \$16 umpire fees paid on the field.

- Locations:**
- Bonita Creek Park
- Dates:**
Tuesday–Thursday
MEN: Tuesday, Wednesday
CO-ED: Tuesday, Thursday

SUMMER 2023

May 24–July 28

REGISTRATION BEGINS: March 20
REGISTRATION ENDS: April 10*

FALL 2023

September 5–November 28

REGISTRATION BEGINS: July 26
REGISTRATION ENDS: September 5*



CO-ED 11v11

Team Registration Fee (10 Scheduled Games):
\$1450/Residents ■ \$1550/Non-residents

- Locations:**
- Arroyo Park
 - Bonita Creek Park
 - Lincoln Athletic Center
- Dates:**
Wednesday

Update

ber 16



7v7 SOCCER

SUMMER 2023

June 12–July 27

REGISTRATION BEGINS: April 3
REGISTRATION ENDS: May 1*

Team Registration Fee (6 Scheduled Games):
\$420/Residents ■ \$470/Non-residents

- Dates:** Monday–Thursday
MEN: Monday, Wednesday; **WOMEN:** Tuesday;
CO-ED: Wednesday, Thursday

Location: Bonita Creek Park ■ Grant Howald Park ■ Lincoln Athletic Center

FALL 2023

August 14–November 16

REGISTRATION BEGINS: June 19
REGISTRATION ENDS: July 17*

Team Registration Fee (10 Scheduled Games):
\$690/Residents ■ \$740/Non-residents

- Dates:** Monday–Thursday
MEN: Monday, Wednesday; **WOMEN:** Tuesday;
CO-ED: Wednesday, Thursday



***IF REGISTERING AFTER THE DEADLINE, A \$30 LATE FEE MAY APPLY.**

Registration is accepted on a team only basis. ■ Free Agents accepted via newportbeachca.gov/sports. ■ Space is available on a first come first serve basis.



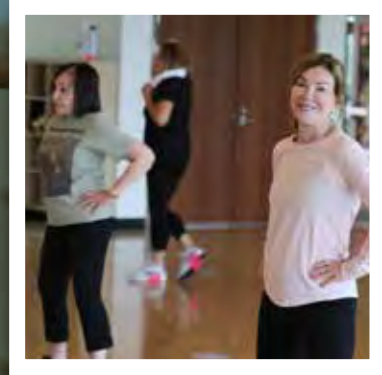
FOR MORE INFORMATION & REGISTRATION:
newportbeachca.gov/sports ■ sports@newportbeachca.gov



ART | DANCE | ENRICHMENT | FITNESS | GAMES | LANGUAGE | TECHNOLOGY

OASIS

Older Adult Social & Information Services



CONTACT INFORMATION:

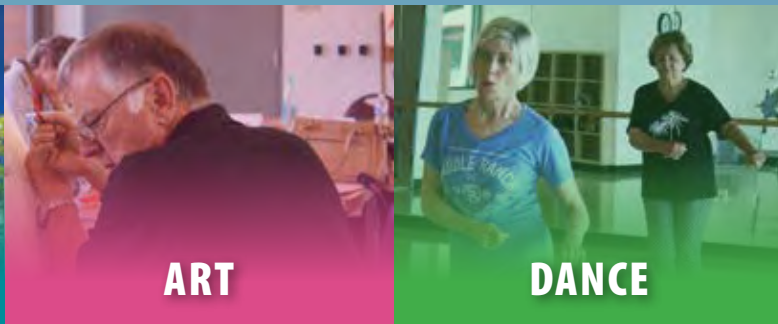
801 Narcissus Ave., Corona del Mar, 92625

949-644-3244

newportbeachca.gov/oasis



SUPPORT SERVICES



ART



DANCE

ENRICHMENT

OASIS Support

OASIS Senior Center is here for our older adult population. Our goal is to give seniors the opportunity to live healthy, active and productive lives. Staff is available to provide assistance with classes, offered both virtually and in-person, special programs/lectures, support groups, transportation, social services, Meals on Wheels, consultation with Medicare and legal assistance, medical equipment loans, Sharps disposal containers, SHARP (senior housing assistance repair program) and more.

Call us **Monday–Thursday** from **7:30am–5:30pm** and **Friday** from **7:30am–4:30pm**:

- **OASIS Admin** at (949) 644-3244
- **Friends of OASIS** at (949) 718-1800

For the full listing, please visit our website newportbeachca.gov/OASIS.



FOREIGN LANGUAGE



GAMES



HEALTH & FITNESS



TECHNOLOGY

Support Services

A wide variety of social services are available to assist older adults and their families. Services are designed to enable people to live as independently and safely as possible.

Call our Admin Office for further information, 949-644-3244.

The following services are offered:

TRANSPORTATION

Care-A-Van

Provides transportation to medical appointments, grocery shopping and other necessary appointments within City limits. Cost is \$3 each way.

**Restrictions Apply*

Shuttle

Provides transportation to the OASIS Senior Center for pre-registered classes and programs. Cost is \$1.50 each way.

Hours

Monday–Thursday 7:45 a.m.–4:30 p.m.

Friday 7:45 a.m.–4:00 p.m.

Reservations For Ride Service

Requires at least 1–2 business days in advance notice and up to 3 weeks in advance.

Eligibility

- Age 60+
- Live in a private residence
- Reside within Newport Beach, Corona del Mar or Newport Coast.
- No longer driving or unable to drive.
- Passengers in a wheelchair must be able to push themselves or bring an attendant with them.

SOCIAL SERVICE PROGRAMS

Information & Referrals

Assistance with referrals to a vast assortment of senior services such as home care, housing options and support groups.

Legal Assistance

One half hour of free legal consultation regarding estate planning, wills and trusts, and other senior issues are available by appointment.

Medicare Assistance

A counselor can provide unbiased, individualized Medicare counseling free of charge.

Medical Equipment to Loan

Companion wheelchairs, walkers, crutches and knee scooters.

Senior Housing Assistance Repair Program

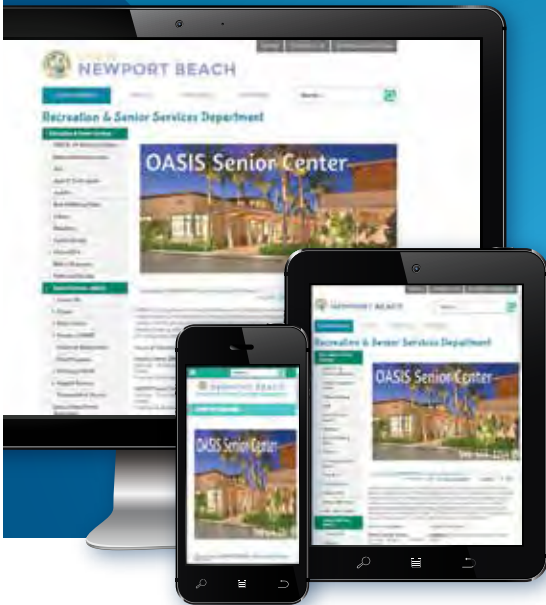
Critical home repairs for seniors. Must be a City of Newport Beach homeowner age 60 or older and fall below a certain income level. Additional criteria must be met.

Telephone Reassurance

Daily contact for seniors living alone, Monday–Friday.

OASIS SENIOR CENTER

is here to **Support** our
Newport Beach Seniors



FITNESS CENTER



GENERAL RESOURCES



REGISTER FOR CLASSES



SUPPORT SERVICES



TRANSPORTATION



MEAL PROGRAMS

NEWPORTBEACHCA.GOV/OASIS

Monday–Thursday from 7:30 a.m.–5:30 p.m. ▪ Friday from 7:30 a.m.–4:30 p.m.
Call us for assistance at **949-644-3244**.

MEAL PROGRAMS

Home-Delivered Meals

Meals are available for homebound seniors.
Call 949-718-1811 for more details.

SUPPORT GROUPS

Friendly Connections Group

Every Thursday at 2:00 p.m. in Room 5. Join in on some lively conversation about life and a myriad of other things. Facilitated by Joyce Swaving from Shanti OC.

Alzheimer's Caregiver Support Group

Helpline | 844-435-7259

Meets the 2nd & 4th Wednesday of the month at 10 a.m. in Room 5.

No RSVP needed. Call 949-644-3244 for more details.

Good Grief Café

Informal grief support group facilitated by Care Choices Chaplain Chip Fisher. Meets the 2nd & 4th Thursday of the month at 10:00 a.m. in Room 5.

Compassionate Friends, Newport Beach Chapter

For families who have experienced the death of a child of any age.

Meets the 3rd Wednesday of the month at 6:30 p.m.

Call Basia Mosinski at 844-444-8231 for more information.

Friends of OASIS

BENEFITS OF MEMBERSHIP

- Subscription to monthly OASIS Newsletter.
- Discounts on travel.
- Access to unique clubs.
- Opportunity to support programs & events at OASIS.

MEMBERSHIP RATES

Single \$15/year

Couple \$25/year

TWO WAYS TO BECOME A MEMBER

1 VISIT
friendsfoasis.org

2 CALL
949-718-1800



The Friends of OASIS, Inc. is a nonprofit California corporation dedicated to supporting the senior community. The focus of this organization is to provide financial and volunteer support to the OASIS Senior Center. Its goal is to assist in giving seniors the opportunity to live healthy, active and productive lives.

The Friends of OASIS is a 501(c)(3) non-profit corporation.
Your gift may be tax deductible – consult your tax advisor.



ART

Freehand Drawing - Beg/Adv

Nancy Wahamaki Vasek

Join in this fun drawing class; the instructor will lead you every step of the way! Beginner to advanced, working in graphite pencil, pen & ink and charcoal. Learn tips to capture and sketch the world around you, keep an artist's journal and awaken to really "seeing". This type of "seeing" creates beautiful drawings and a new awareness of your surroundings.

- **Please bring:** A material list will print out on registration receipt. Bring supplies to first class.
- **Additional fees:** \$10 (materials)

OASIS SENIOR CENTER

W	9/6-10/18	9-11am	Adult	\$168	SS4005
W	11/1-12/6	9-11am	Adult	\$144	SS4006

Instructor Assisted Wkshp - Beg/Adv

Nancy Wahamaki Vasek

This workshop is open to all mediums, including acrylic, watercolor, pastel, colored pencil and drawing (pen & ink, charcoal and graphite). The instructor will help you "push" your style and give you encouragement to take you to the next step as you work on your own individual project.

- **Please bring:** a project you are currently working on and any supplies you may need.

OASIS SENIOR CENTER

M	9/11-10/16	9am-Noon	Adult	\$138	SS4003
M	10/30-12/4	9am-Noon	Adult	\$138	SS4004

Intermediate/Advanced Ceramics

Karen Thayer

This short course will investigate ceramic materials and techniques for participants with previous hand-building/throwing experience. Potters wheels are available. **No class 10/18, 10/25, 11/22**

- **Additional fees:** \$15 (material; optional: Clay \$16/bag)
- **Please bring:** your own hand tools

OASIS SENIOR CENTER

W	9/13-12/6	9am-Noon	Adult	\$170	SS4039
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Oil Painting- Intermediate

Jim Ellsberry

Students work from instructor photos OR their own projects. Focus is on drawing, color (hue, value, chroma), and edges in painting. Instructor works in traditional oil, but all media are acceptable. Class demos include color mixing and steps to complete a painting.

- **Please bring:** a materials list will print on receipt with supplies needed for class.
- **Additional fees:** \$15 (materials)

OASIS SENIOR CENTER

M	9/11-10/9	1-3:30pm	Adult	\$240	SS4060
M	10/23-11/20	1-3:30pm	Adult	\$240	SS4061

Watercolor-Beginning

Christine Sullivan

In this class, you will learn how to use the basic techniques and methods for painting in transparent watercolor. In order to be able to handle the paint effectively, it is highly important to have a strong understanding in these fundamental techniques. You will also put these techniques to use in simple painting projects. Demonstrations, individual assistance, and group critiques are included.

- **Please bring:** A material list will print on receipt of supplies needed for class.

OASIS SENIOR CENTER

Tu	10/10-11/14	9am-Noon	Adult	\$146	SS4040
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Watercolor- Advanced

Christine Sullivan

Learn to paint more expressive and creative watercolors! In this exciting experimental watercolor class, you will explore various design concepts, and use of other media to develop emotional content in your paintings. Creative and expressive interpretation of your subject matter will be the focus. Demonstrations, and group critiques included. Requirements: Good control and understanding of basic watercolor techniques.

- **Please bring:** A materials list will print on receipt.

OASIS SENIOR CENTER

W	10/11-11/15	1:00-4:00pm	Adult	\$146	SS4042
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Watercolor-Intermediate

Christine Sullivan

This fun class focuses on designing interesting and effective compositions with an emphasis on the dark and light values. Learn how to paint different subjects such as landscapes, seascapes, people, still life and other subjects. Demonstrations, individual assistance, and group critiques are included.

- **Please bring:** A materials list will print on receipt.
- **Requirements:** Good control and understanding of basic watercolor techniques.

OASIS SENIOR CENTER

W	10/11-11/15	9am-Noon	Adult	\$146	SS4041
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DANCE

Advanced Beginning Ballet: Emphasis on Barre

Michelle Zehnder Caumiant

Have you ever dreamed of taking Ballet at any age? This is your chance to dance with like-minded people from similar generations. There will be no pressure or judgement. Everyone is free to work at their own level (which includes stepping back at times.) The music will be Classical piano to romantic and swinging. The focus will be on the movement holding the Barre and then we will come out and play with some steps we are learning at the Barre. **No class 11/10, 11/24**

- Please bring: ballet slippers by the second class meeting.

OASIS SENIOR CENTER

F 9/22-12/8 11:30am-12:45pm Adult \$208 **SS4587**

Advanced Beginning Jazz Dancing

Michelle Zehnder Caumiant

This is going to be a really fun class using a lot of great music from different eras and a variety of jazzy styles. No need to feel you can't keep up. The class is for everyone who likes to move to music and is always open to adaptation. You will be having such a good time you will forget you are even exercising. So swing right in and enjoy the party!

- Please bring: flexible tennies or jazz shoes.
- Drop in: \$23 (DRP471, no refunds)

OASIS SENIOR CENTER

Tu 10/3-11/14 12:45-1:30pm Adult \$121 **SS4588**

Beginning Broadway Dance

CS Dance Factory

Research has shown that dance reverses aging in your brain! Enjoy your favorite Broadway tunes and learn simple, basic Broadway dance patterns and techniques. No partner necessary as it's taught in a small group setting. Steps are broken down so beginners are able to dance immediately with confidence. Sign up now and get results for your body and mind! **No Class 11/22**

OASIS SENIOR CENTER

W 9/6 10:15-11am Adult Free **FREE471**
 W 9/13-12/13 10:15-11am Adult \$265 **SS4589**



Intermediate Classical Contemporary Ballet

Michelle Zehnder Caumiant

Join us in learning the graceful, beautiful movements of Classical Ballet. Ballet improves strength, flexibility, coordination, and balance. It is a chance to express and share your creative side through non-stressful movements in a relaxed and supportive classroom environment. This class is designed for people who have had at least 3 years of dance at some time in their lives, but students may adapt the lesson as needed.

- Please bring: ballet slippers by the second class meeting
- Drop in: \$23 (DRP471, no refunds)

OASIS SENIOR CENTER

Tu 9/19-11/28 11:30am-12:40pm Adult \$228 **SS4586**

Line Dancing

Vickie Jackson

Learn new dances and old favorites while improving your physical and mental fitness. Line dancing is proven to decrease the risks of Alzheimer's. **No class 11/23**

OASIS SENIOR CENTER

Level 1 - Beginner/Improver:

No previous experience; includes instruction in steps, sequences & vocabulary.

Th 9/7-10/12 1-1:55pm Adult \$43 **SS4590**
 Th 10/26-12/14 1-1:55pm Adult \$49 **SS4591**

Level 2 - Improver/Easy Intermediate:

Previous knowledge of basic steps, sequences and vocabulary.

Th 9/7-10/12 2-2:55pm Adult \$43 **SS4592**
 Th 10/26-12/14 2-2:55pm Adult \$49 **SS4593**

Level 3 - Easy Intermediate/Intermediate:

Step competency required.

Th 9/7-10/12 3-3:55pm Adult \$43 **SS4594**
 Th 10/26-12/14 3-3:55pm Adult \$49 **SS4595**

ENRICHMENT

English Literature and American Stories

Darielle Wilson

Sail the vast seas of English and American short fiction. Discover works of modern authors like Updike, Salinger and Proulx, and revisit classic short stories by writers like Twain, Faulkner, Fitzgerald and Joyce. Discuss contemporary protagonists and reinterpret traditional characters. With a senior's wisdom, call upon your own life experiences to exchange ideas with some of the greatest literary minds. Please contact instructor for updated information. **No class 11/10, 11/24**

OASIS SENIOR CENTER

F 9/15-12/15 10am-Noon Adult \$105 **SS4059**



Creative Writing Jumpstart
Dorothy Spirus

You want to write, but don't know where to start. Begin with a session of guided writing exercises and tips on how to put your ideas into motion for books, scripts, short stories, poetry, and non-fiction. We'll discuss structure, technique, characters, conflict and more. This one-evening intensive class, taught by a published writer/playwright/former magazine editor, will encourage both the novice and experienced writer.

LIVE ONLINE VIA ZOOM
 T 9/28 7-9pm Adult \$79 **SS4083**

Creative Writing
Dorothy Spirus

Do you have a half-finished novel, great family stories, or an idea for a children's book, short story or screenplay? Commit to your creativity and complete your project with guidance from a published writer/playwright/former magazine editor. New to creative writing? This class will help you begin. The basics of storytelling will be covered, including characters, conflict, description, and structure. As your awareness grows, your writing improves. Weekly meetings battle procrastination and lively discussions inspire. Writing assignments will help you hone technique and get you started. Fun, casual, and encouraging class environment. Open to all levels of experience.

LIVE ONLINE VIA ZOOM
 Th 10/5-11/9 7:30-9pm Adult \$198 **SS4080**



**Online-Only
 Classes**

Online-only classes can be accessed from the comfort of your home or wherever you have a strong WiFi connection.



FOREIGN LANGUAGE

Adv. French Literature and Discussion
Darielle Wilson

Class is conducted exclusively in French. Literature will include classic and modern fiction and essays. Selections will be by 20th-century Maurice Leblanc and Marcel Proust, observer of the Belle Époque. Reading at home and in class will be followed by written answers to questions and by classroom discussion. Please contact instructor for specific selections of literature. A maximum of 15 students will permit each person an opportunity to speak often, practicing and improving his or her fluency in French. Class is ongoing; check with instructor for updated information.

OASIS SENIOR CENTER
 W 9/13-12/13 10am-Noon Adult \$105 **SS4008**

Portal Languages
Portal Languages

Learn a new language with little or no knowledge. The focus is on conversation for fast learning of daily actions. You will speak your chosen language from the very beginning. Vocabulary development, key grammatical structures and use of appropriate verbs will follow. The lesson build on one another. Emphasis is given to listening and interpretation.

OASIS SENIOR CENTER
Beginning Italian 1 - (\$20 materials)
 M/W 9/11-10/4 5-6pm Adult \$205 **SS4053**
 M/W 10/9-11/1 5-6pm Adult \$205 **SS4054**
 M/W 11/6-12/6 5-6pm Adult \$205 **SS4055**

Beginning Italian 2 - (\$10 materials)
 M/W 9/11-10/4 6-7pm Adult \$204 **SS4056**
 M/W 10/9-11/1 6-7pm Adult \$204 **SS4057**
 M/W 11/6-12/6 6-7pm Adult \$204 **SS4058**

Beginning Spanish 1 - (\$30 materials)
 M/W 9/11-10/4 5-6pm Adult \$205 **SS4044**
 M/W 10/9-11/1 5-6pm Adult \$205 **SS4045**
 M/W 11/6-12/6 5-6pm Adult \$205 **SS4046**

Beginning Spanish 2 - (\$30 materials)
 M/W 9/11-10/4 6-7pm Adult \$205 **SS4050**
 M/W 10/9-11/1 6-7pm Adult \$205 **SS4051**
 M/W 11/6-12/6 6-7pm Adult \$205 **SS4052**

GAMES

American Mah Jongg for Beginners 101 & 201

Terry Sweeney

101: "Mahj" is all the rage. Come solo or sign up with friends. This action-packed game will bring you hours of fun and laughter. Experience the thrill of your first Mah Jongg!

201: Beginners, welcome back to Part 2! You aren't going to want to miss the fun. Please bring your current Card of Hands.

- Requirements: Class 101

OASIS SENIOR CENTER

American Mah Jongg for Beginners 101

Th 9/14-10/19 1:30-3:30pm Adult \$135 **SS4013**
Th 11/9-12/21 1:30-3:30pm Adult \$135 **SS4014**

American Mah Jongg for Beginners 201

F 9/15-10/20 9:30-11:30am Adult \$135 **SS4015**
F 11/17-12/22 9:30-11:30am Adult \$115 **SS4016**

Beginning Bridge

Ann Cressman

Join us to learn the exciting and stimulating game of bridge. This class is for new players & those who want to brush up on their skills.

OASIS SENIOR CENTER

Tu 10/10-11/14 9:30-11:30am Adult \$150 **SS4009**

Adv. Beginning Bridge

Ann Cressman

Lessons will consist of handouts, play of prearranged hands and analysis.

OASIS SENIOR CENTER

Th 10/12-11/16 9:30-11:30am Adult \$150 **SS4011**



Bridge- Beginning

Rose Reynolds

Learn the joy of bridge in 5 weeks. Discover the intrigue of the game and why people all over the world continue to play it regularly. You will be playing bridge in the first class. Bring your friends and family and learn together. No partner necessary.

- Additional Fee: \$15 (materials)

OASIS SENIOR CENTER

Tu/Th 9/5-10/5 9:30-11am Adult \$220 **SS4018**

Bridge- Improver Play

Rose Reynolds

Did you learn bridge but want to continue to improve and reinforce your bidding, defense and declarer skills? Your confidence and love of the game will greatly improve after this 8 session class. Bring your friends and family and improve together. No partner necessary. **No class 11/22**

- Additional fees: \$15 (materials)

OASIS SENIOR CENTER

W 10/11-11/29 9:30-11am Adult \$170 **SS4019**

Intermediate Supervised Play Bridge

Ann Cressman

Lessons will consist of advanced bidding, handouts, play of prearranged hands and analysis.

OASIS SENIOR CENTER

Tu 10/10-11/14 12:30-2:30pm Adult \$150 **SS4012**

THE FRIENDS OF OASIS INVITES YOU TO

CARS & COFFEE

& Motorcycles




**SATURDAY,
SEPTEMBER 16
8:00-10:30AM**

To register your vehicle please call the Friends office at **949-718-1800**

- **7am:** Registration for vehicle entries
- **8am:** Car show begins
- **10am:** Trophy presentation

OASIS SENIOR CENTER | 801 NARCISSUS AVE. CORONA DEL MAR



HEALTH & FITNESS

Barre Stretch & Strength

CS Dance Factory

Live longer, get stronger! Standing at the barre for the whole class, you'll be stepped through easy-to-follow, head-to-toe, effective exercises to uplifting music. The barre provides stability while you strengthen muscles to improve your balance, mobility, and circulation. Stretch to increase your flexibility and range of motion and reduce muscle tension. Take advantage of the beautiful dance room with built-in barres for your unique workout. **No class 10/6, 11/10, 11/20, 11/24**

- Drop in: \$25 (DRP470, no refunds)

OASIS SENIOR CENTER

M	9/11-12/11	10:15-11am	Adult	\$239	SS4501
F	9/8-12/15	10:15-11am	Adult	\$221	SS4502

Better Life Boxing

Sara Gutierrez

This class is a great way to learn boxing technique and mobility to better your balance, strengthen muscles, and to get moving! You will learn to safely work your joints through training that will test your brain and coordination. All skill levels are welcome to fit your specific fitness needs.

- **Required:** Boxing gloves. Please purchase these on your own (12 oz. size gloves are appropriate), can be found at most sporting goods stores.
- **Please bring:** a yoga mat, towel, and water.
- **Drop in:** \$20 (DRP461, no refunds)

OASIS SENIOR CENTER

M	9/11-10/9	3:30-4:30pm	Adult	\$95	SS4503
M	10/16-11/13	3:30-4:30pm	Adult	\$95	SS4504
M	11/20-12/11	3:30-4:30pm	Adult	\$85	SS4505
Th	9/7-9/28	3:30-4:30pm	Adult	\$85	SS4506
Th	10/12-11/2	3:30-4:30pm	Adult	\$85	SS4507
Th	11/9-12/14	3:30-4:30pm	Adult	\$95	SS4508

Chair Exercise

Judy Aprile

Build upper and lower body strength, increase flexibility, improve postural alignment and coordination. All exercises are performed seated. **No class 9/13, 10/11, 11/8, 11/15**

OASIS SENIOR CENTER

M/W	9/6-9/27	10:05-11am	Adult	\$38	SS4509
M/W	10/2-10/30	10:05-11am	Adult	\$49	SS4510
M/W	11/1-12/11	10:05-11am	Adult	\$55	SS4511



FallProof® (Instructor Approved)

Selena Cofinco

This class is a progressive program of activities designed to improve balance and reduce fall risk. Participants will benefit from this class by improving seated/standing posture, improve walking ability, and build confidence in completing physical activities of daily living. Candidates for this program must be able to walk 200 feet without the use of any assistive device (cane or walker). This program is not appropriate for people with memory loss or cognitive impairment that could adversely impact judgment and/or decision-making abilities. Space is limited to 10 students. **No class 11/20, 11/23**

- **Requirements:** New students must complete a balance assessment a week prior to the first class or during the initial week of the program. Instructor will contact the participant the week before the first class to schedule the assessment.
- **Notice:** All new students must provide a medical note signed by a doctor which indicates they are safe to participate in a balance class prior to the assessment.
- **More info:** Must register in person at the OASIS Senior Center, you will then be given a packet of forms to complete and bring to the assessment.

OASIS SENIOR CENTER

M/Th	9/11-12/7	1:30-2:30pm	Adult	\$360	SS4512
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Hatha Yoga

Stephanie Von Meeteren

This class will help prepare your mind and body for the day. Mindfully moving our bodies to the breath creates spaciousness so you are ready for anything your day may bring! We will end classes with meditation. No prior experience needed. Modifications will be given for all levels of practitioners. Any questions, please feel free to contact instructor. **No class 11/23**

- **Requirements:** Able to be in a plank position from your knees. Able to get up and down from the ground alone, unassisted.
- **Please bring:** Yoga mat.
- **Drop in:** \$25 (DRP463, no refunds)

OASIS SENIOR CENTER

M	9/18-10/30	11:30am-12:30pm	Adult	\$145	SS4567
M	11/6-12/11	11:30am-12:30pm	Adult	\$125	SS4568
Th	9/7-10/26	10:30-11:30am	Adult	\$165	SS4569
Th	11/2-12/14	10:30-11:30am	Adult	\$125	SS4570
M/Th	9/18-10/26	11:30-11:30am	Adult	\$245	SS4571
M/Th	11/6-12/14	11:30-11:30am	Adult	\$225	SS4572

Head to Toe Fitness

Keith Glassman

Starting with dynamic stretching and low impact movements, this class includes light weight-training and floor exercises, helping you maintain bone density as it strengthens and stretches muscles throughout the body. **No class 10/5, 10/17, 10/19, 11/23**

- **Please bring:** a mat, hand weights (Tuesday) and resistance bands (Thursdays)
- **Drop in:** \$12 (DRP464, no refunds)

OASIS SENIOR CENTER

Tu/Th	9/5-9/28	8-9am	Adult	\$65	SS4513
Tu/Th	10/3-11/2	8-9am	Adult	\$58	SS4514
Tu/Th	11/7-11/30	8-9am	Adult	\$58	SS4515
Tu/Th	12/5-12/14	8-9am	Adult	\$35	SS4516

Iyengar Yoga

Carolyn Matsuda

Yoga is for everyone and every body type. This gentle class will help you to become stronger and more flexible. Iyengar Yoga focuses on building a foundation from the ground up and aligning our arms, legs, and spine to the yoga pose. We use props and modify poses so everyone can join in. Instructor is Jr. Intermediate Certified Iyengar Yoga Teacher. **No class 10/5, 10/6, 11/10, 11/23, 11/24**

- **Please bring:** a sticky mat and 3 firm blankets. Students generally spend about \$45-\$60 on these items. More details will be given the first day of class.
- **Drop in:** \$25 (DRP465, no refunds)

OASIS SENIOR CENTER

M	9/11-9/25	10-11:15am	Adult	\$62	SS4517
M	10/2-10/23	10-11:15am	Adult	\$81	SS4520
M	10/30-11/20	10-11:15am	Adult	\$81	SS4523
M	11/27-12/11	10-11:15am	Adult	\$62	SS4526
Th	9/7-9/28	10-11:15am	Adult	\$81	SS4518
Th	10/12-10/26	10-11:15am	Adult	\$62	SS4521
Th	11/2-11/16	10-11:15am	Adult	\$62	SS4524
Th	11/30-12/14	10-11:15am	Adult	\$62	SS4527
F	9/8-9/29	2-3:15pm	Adult	\$81	SS4519
F	10/13-10/27	2-3:15pm	Adult	\$62	SS4522
F	11/3-11/17	2-3:15pm	Adult	\$43	SS4525
F	12/1-12/15	2-3:15pm	Adult	\$62	SS4528

2 Day Option:

M/Th/F	9/7-9/29	see above times	Adult	\$149	SS4529
M/Th/F	10/2-10/27	see above times	Adult	\$131	SS4530
M/Th/F	10/30-11/20	see above times	Adult	\$131	SS4531
M/Th/F	11/27-12/15	see above times	Adult	\$113	SS4532

3 Day Option:

M/Th/F	9/7-9/29	see above times	Adult	\$192	SS4533
M/Th/F	10/2-10/27	see above times	Adult	\$175	SS4534
M/Th/F	10/30-11/20	see above times	Adult	\$158	SS4535
M/Th/F	11/27-12/15	see above times	Adult	\$158	SS4536



OASIS FITNESS CENTER

Over 20 cardio machines, full line of strength training machines, free weights, stretching machines, resistance bands, medicine balls, and more!

Hours of Operation

Monday - Thursday:
7:00AM - 7:00PM

Friday:
7:00AM - 5:00PM

Saturday & Sunday:
7:00AM - 2:00PM

- Age requirement: 50 years or older
- **Membership & orientation required prior to first workout, by appointment only**
- Guest & day passes not available
- Showers, lockers, & cubbies available for day use
- Wellness wipes available for equipment wipe down
- Closed-toed shoes are required
- Water only - hydration is key
- Be courteous, no talking on cellphone
- Towels are available for purchase
 - \$8 cash or credit



MEMBERSHIP FEE

ANNUAL

- Residents \$137
- Non-Resident \$192



PERSONAL TRAINING

RATES

- 30 min on-going \$45
- 1 hour on-going \$75
- 1 hour one-time session \$90



(949) 718-1818



WWW.NEWPORTBEACHCA.GOV/OASISFITNESS

MELT Method - Intro

Yvette Casal

For those interested in joining the ongoing MELT class. Please join me to learn the basic MELT language and maneuvers. No experience necessary.

- **Requirements:** Must be able to get up and down from the floor unassisted.
- **Please bring:** Please bring a mat and water to drink.

OASIS SENIOR CENTER

Tu	9/5-9/5	2-3pm	Adult	\$30	SS4537
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MELT Method - Self Care Technique

Yvette Casal

This class should not be taken unless you have previous MELT experience. Please contact instructor for options. In this class we will use the Four R's of the MELT. Reconnect, Rebalance, Rehydrate, and Release. Using light compression work and length techniques for hydrating your body's fascia and connective tissue. Class will also include stabilizing/strength exercises to address the weak links that damage joints and inhibit your body's ability to function optimally. Learn to identify and eliminate cellular dehydration before it accumulates causing chronic aches and pains. Reduce inflammation, ease chronic neck and lower back pain, improve alignment, enhance athletic performance and keep your whole body feeling great at any age. In-Person class however Zoom Code is also available for Virtual Attendance, please contact Yvette at meltwithyvette@gmail.com.

- **Please bring:** exercise mat, water, and wear comfortable clothing. Melt roller and ball kit available for purchase
- **Requirements:** Must be able to get up and down from the floor unassisted.
- **Drop in:** \$25 (DRP467, no refunds)

OASIS SENIOR CENTER

Tu	9/12-9/19	2-3pm	Adult	\$45	SS4538
Tu	10/10-12/12	2-3pm	Adult	\$175	SS4539

Physical Training

Judy Aprile

This overall conditioning class includes a lite cardiovascular gait variation warm-up and targeted full body strength and flexibility exercises. Activities are performed standing, moving and lying on the floor. **No class 10/6, 11/3, 11/10, 11/15, 11/24**

- **Please bring:** an exercise mat and hand weights. A towel or small pillow is recommended for neck support if needed.

OASIS SENIOR CENTER

M/W/F	9/6-9/29	7:45-8:35am	Adult	\$66	SS4540
M/W/F	9/6-9/29	8:45-9:35am	Adult	\$66	SS4544
M/W/F	10/2-10/30	7:45-8:35am	Adult	\$71	SS4541
M/W/F	10/2-10/30	8:45-9:35am	Adult	\$71	SS4545
M/W/F	11/1-11/29	7:45-8:35am	Adult	\$55	SS4542
M/W/F	11/1-11/29	8:45-9:35am	Adult	\$55	SS4546
M/W/F	12/4-12/15	7:45-8:35am	Adult	\$38	SS4543
M/W/F	12/4-12/15	8:45-9:35am	Adult	\$38	SS4547

Pilates Mat

Kathryn Rollins

These Pilates classes are taught with strength, flexibility, and movement in mind for the 50+ age body. Throughout each class, participants are taught functional movement and anatomy so they can feel strong, flexible and understand how to prevent injuries. Taught by a Lifestyle Medicine nurse who specializes in injury prevention.

- **Please bring:** a mat, a light and a heavy resistance band and towel are need for this class.
- **Drop in:** \$22 (DRP468, no refunds)

OASIS SENIOR CENTER

Tu	9/12-10/24	8:45-9:45am	Adult	\$116	SS4548
Tu	10/31-12/12	8:45-9:45am	Adult	\$116	SS4549

Release the Day-Hatha Yoga

Stephanie Von Meeteren

This class will help prepare your mind and body for a good night's sleep and release any tension from your day. In this gentle class we will mindfully move our bodies to the breath calming the nervous system and creating space for meditation. No prior experience needed. Modifications will be given for all levels of practitioners. Any questions, please feel free to contact instructor. **No class 11/23**

- **Requirements:** Able to be in a plank position from your knees. Able to get up and down from the ground alone, unassisted.
- **Please bring:** Yoga mat.
- **Drop in:** \$25 (DRP463, no refunds)

OASIS SENIOR CENTER

Tu	9/5-10/31	4:30-5:30pm	Adult	\$185	SS4573
Tu	11/7-12/12	4:30-5:30pm	Adult	\$125	SS4574
Th	9/7-10/26	4:30-5:30pm	Adult	\$165	SS4575
Th	11/2-12/14	4:30-5:30pm	Adult	\$125	SS4576
Tu/Th	9/5-10/26	4:30-5:30pm	Adult	\$325	SS4577
Tu/Th	11/7-12/14	4:30-5:30pm	Adult	\$225	SS4578

Sound Bath & Meditation

Stephanie Von Meeteren

Accessible to all. Rest, restore, & replenish. These special classes are healing and deeply nourishing. When we calm our body and mind our best healing happens and wisdom surfaces. You may choose to be lying down or seated for this class. Classes may involve yoga nidra, meditation, gentle movement and breathwork to prepare the body and mind for the crystal bowl sound bath. Bring whatever you need to be most comfortable. Any questions, please feel free to contact instructor.

- **Please bring:** blanket, mat, pillow, eye pillow/covering (optional), journal.

OASIS SENIOR CENTER

W	9/13	6-7pm	Adult	\$25	SS4554
F	9/29	6-7pm	Adult	\$25	SS4555
W	10/11	6-7pm	Adult	\$25	SS4556
F	10/27	6-7pm	Adult	\$25	SS4557
W	11/15	6-7pm	Adult	\$25	SS4558
M	11/27	5:30-6:30pm	Adult	\$25	SS4559
Tu	12/12	6-7pm	Adult	\$25	SS4560
All above dates		See above times	Adult	\$145	SS4561

Strong Healthy Bones and Balance-Mat/Standing

Kathryn Rollins

If you want to keep your bones strong, have osteoporosis or osteopenia these classes are for you. Full of scientific-based, bone strengthening and balance moves incorporating impact, weights, and resistance. Taught by a Buff Bones certified nurse who specializes in injury prevention.

- **Please bring:** a mat, a light and heavy resistance band and towel are needed for this class. 1.5 lb weights are optional.
- **Drop in:** \$22 (DRP468, no refunds)

OASIS SENIOR CENTER

Tu	9/12-10/24	10-11am	Adult	\$116	SS4552
Tu	10/31-12/12	10-11am	Adult	\$116	SS4553

Strong Healthy Bones, Pilates and Balance Trio- Mat/Standing

Kathryn Rollins

This class has the benefits of bone strengthening moves (for those with osteoporosis, osteopenia or those trying to avoid it) and the strengthening and flexibility benefits of Pilates and movements to improve your balance too. Taught by a Lifestyle Medicine nurse who specializes in injury prevention.

- **Please bring:** mat, towel, and a light and heavy resistance band are needed for this class. 1.5 lb. ankle weights are optional.
- **Drop in:** \$22 (DRP468, no refunds)

OASIS SENIOR CENTER

Th	9/14-10/26	7:45-8:45am	Adult	\$116	SS4550
Th	11/2-12/14	7:45-8:45am	Adult	\$103	SS4551

Tai Chi Qigong

Diana Wong

Being one of the most effective, widely practiced body and mind exercises in the world, the continuous circular, gentle movements of Tai Chi create a powerful flow of energy that will enhance physical health and cultivate tranquility and harmony in your mind. This class provides step by step instruction for Tai Chi Qigong 18 movements. For clarification on style, please email the instructor. Beginners are welcome.

No class 10/5

- **Please wear:** comfortable clothing; no open-toed shoes.
- **Drop in:** \$20 (DRP469, no refunds)

OASIS SENIOR CENTER

Th	9/7-10/26	9:30-10:30am	Adult	\$99	SS4562
Th	9/21-10/26	9:30-10:30am	Adult	\$75	SS4563



Wellness Workshop

Stephanie Von Meeteren

Each 1.5 hour workshop will consist of discussion, tips, and practices in order to bring about the best of health and well-being. The purpose of these workshops are to help you create the changes you would like to see and feel in body, mind and spirit. You will walk away with effective and practical tools to help yourself feel better! Each workshop will be recorded and all registered participants will receive the link after the workshop. All workshops will include a link to a practice that can be done outside of class, as well. Through a consistent practice with a particular goal in mind is how transformation happens. No prior experience needed. Any questions, please feel free to contact instructor.

- **Depression Relief:** Integrative approaches to lift the fog of depression and low moods. You will learn practical ways to reduce depression and connect to your birth right of feeling joy.
- **Insomnia & Better Sleep:** Sleep is one of the pillars of our health and well-being. Learn effective and practical ways to help yourself sleep better and wake up refreshed and ready for your day.
- **Shoulder & Neck Pain Relief:** Introducing & assessing the muscles needed in order to alleviate pain, reduce stress, and increase ease in body and mind. By doing this we are able to do what we enjoy longer.

OASIS SENIOR CENTER

Depression Relief

Sa	11/4	10-11:30am	Adult	\$45	SS4566
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Insomnia & Better Sleep

Sa	10/14	10-11:30am	Adult	\$45	SS4565
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Shoulder & Neck Pain

Sa	9/16	10-11:30am	Adult	\$45	SS4564
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Zumba Gold® Dance Fitness

CS Dance Factory

Are you ready to get moving? Keep your body and mind as healthy as you can. Dancing reverses the signs of aging in the brain and body. Groove at your own pace in this Zumba Gold® dance party workout for the young at heart! Easy-to-follow, low-impact dance steps to a variety of motivating music. Sign up now, get results and feel the joy! **No class 10/5-10/6, 11/10, 11/20, 11/22- 11/24**

- **Drop in:** \$25 (DRP470, no refunds)

OASIS SENIOR CENTER

M	9/11-12/11	9-10am	Adult	\$213	SS4581
W	9/6-12/13	9-10am	Adult	\$229	SS4582
Th	9/7-12/14	9-10am	Adult	\$213	SS4583
F	9/8-12/15	9-10am	Adult	\$197	SS4584

Multi-Day Discount, 3 days for the price of 2!

Make-ups built in.

M/W/F	9/6-12/15	9-10am	Adult	\$458	SS4585
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TECHNOLOGY

A Sampling of Apps

Carole Kamper

Explore just a sampling of the many "APPS" that are available on your iPhone/Smartphone or iPad/tablet including: Uber and Lyft, Travel, Currency Exchange and Maps, eBooks (Kindle) and other free books that can be downloaded from The Newport Beach Library as well as photos sharing including Instagram, banking apps, Venmo and Zelle and much more. You will be contacted by the instructor prior to the class with instructions on how to download the apps to your device.

OASIS SENIOR CENTER

Tu 9/12 1:30-3:30pm Adult \$42 **SS4028**
 W 11/15 10:30am-12:30pm Adult \$42 **SS4029**

Apple iPhone For Beginners

Carole Kamper

The class is designed for new and not so new users of iPhones. Instruction will cover the basics of making and receiving calls, setting up voicemail, sending and receiving text messages and other general topics of use to beginning Apple iPhone users. Please contact the instructor if you have any questions regarding the version of your Apple iPhone for this class.

OASIS SENIOR CENTER

W 9/20 10:30am-12:30pm Adult \$42 **SS4020**
 Tu 10/24 1:30-3:30pm Adult \$42 **SS4021**
 M 12/11 10:30am-12:30pm Adult \$42 **SS4022**

Computer Skills- Intermediate

Carole Kamper

This class is for participants who have had some prior experience with Windows 10. You do not need to own a computer to attend. It will familiarize you with working with folders and files. Emphasis will be on the use of the programs included in Microsoft Windows such as Calendar, Calculator and Sticky Notes. The steps in creating, saving and retrieving files will be reviewed using Paint 3-D, WordPad.

- Requirements: Computer Basic or equivalent.

OASIS SENIOR CENTER

W 11/1-11/8 10:30am-12:30pm Adult \$45 **SS4030**

BOUTIQUE & RUMMAGE SALE



9:00 AM - 2:00 PM
FRIDAY, OCT 6 (\$3.00 FEE)
SATURDAY, OCT 7 (FREE ENTRY)

COLLECTION DAYS: MONDAY
 SEPTEMBER 25 TO
WEDNESDAY, OCTOBER 4

ACCEPTING: JEWELRY, HOUSEWARES, KITCHEN ITEMS, SMALL ELECTRIC APPLIANCES, LINENS, COLLECTIBLES, SMALL FURNITURE, SMALL ANTIQUES, PURSES, NOTIONS, OFFICE SUPPLIES, ARTS & CRAFTS, VASES, PICTURES & FRAMES, BOOKS, TOYS, HOLIDAY ITEMS!

FRIENDS OF OASIS
 801 NARCISSUS AVE CDM
 949-718-1800

PLEASE **NO** CLOTHING, ELECTRONICS, LARGE FURNITURE, TV'S, APPLIANCES, OR PIANOS



Digital Photo Editing

Barbara Yin-Milbert

Learn to download your pictures from your camera or smart phone to your computer. Organize your pictures into folders. Learn to edit your digital photos using a photo editing program.

- Please bring: phone or camera cord to class.
- Requirements: Computer Basics or equivalent.

OASIS SENIOR CENTER

Th 11/30-12/7 11am-Noon Adult \$40 **SS4143**

Ebay 1

Barbara Yin-Milbert

Learn to buy and sell items on eBay.

- Requirements: basic computer skills and familiarity with the internet.

OASIS SENIOR CENTER

Th 9/14 10am-Noon Adult \$40 **SS4032**

Intro to Excel

Barbara Yin-Milbert

Learn to manipulate, process and view the data on a spreadsheet. Use different functions of Excel. Insert graphics into your spreadsheet. **No class 10/19**

- Requirements: Computer Basics and Skills or equivalent.

OASIS SENIOR CENTER

Th 10/5-11/2 11am-Noon Adult \$70 **SS4037**

Intro to Facebook & Social Media Sites

Barbara Yin-Milbert

In this introductory class, you will learn about Facebook and the pros and cons of joining this popular social network. You will also learn how to set up an account and select your security and privacy settings. In addition, we will touch upon the other social media sites: Twitter, Snapchat, Instagram, and Pinterest.

- Requirements: Computer Basics and Skills or equivalent.

OASIS SENIOR CENTER

Th 11/30-12/7 9:45-10:45am Adult \$40 **SS4140**

Intro to PowerPoint

Barbara Yin-Milbert

Learn to open and save a new PowerPoint presentation document. Insert pictures to your document, and more. Some knowledge about Word would be helpful.

- Requirements: Computer Basics or equivalent.

OASIS SENIOR CENTER

Th 12/14 10am-Noon Adult \$40 **SS4139**

Intro to Word

Barbara Yin-Milbert

Learn to open and save a new document, cut, copy, and paste, use spell check, change font, text size, style and color, organize your files, insert pictures, and more! **No class 10/19**

- Requirements: Computer Basics and Skills or equivalent.

OASIS SENIOR CENTER

Th 10/5-11/2 9:45-10:45am Adult \$70 **SS4038**

iPad Basics

Carole Kamper

This class will help you learn the basics of your Apple iPad. We will cover using an iPad as an eBook, accessing the internet, doing email, and watching videos/movies. We will also explore taking photos and storing them as well as using the calendar.

OASIS SENIOR CENTER

M	9/11	10:30am-12:30pm	Adult	\$42	SS4023
Tu	10/17	1-3pm	Adult	\$42	SS4024
W	11/29	10:30am-12:30pm	Adult	\$42	SS4025

iPhone Most Useful Secrets

Jake Jacobs

Insight into the latest iOS 17 features. Much has changed since our prior in-person classes. This class will bring you up to date. Learn how to get the most out of your iPhone and master features you didn't know your iPhone could do. Covers secrets hidden in apps including new App Library, Camera, Photos, Notes, Mail, Messages, Maps, Widgets, Calendar, editing text, much more. If you know the basics "how to place and receive calls, use email and text messaging" then this class is for you.

No class 11/23

- Requirement: This class is only for users who have an iPhone Xs, XR or newer with iOS 17 installed.

OASIS SENIOR CENTER

Th 11/9-12/7 1:00-3:00pm Adult \$40 **SS4144**

Making a Shutterfly Album and Awesome Box

Carole Kamper

Learn how to make a printable photo album using the website "Shutterfly". Using the Shutterfly Smartphone app, you will also learn how to upload pictures from your devices directly to your Shutterfly account. Awesome Box is an online software that gives friends and family a way to share "special occasions" photos and messages. These "cards" are then printed and are true keepsakes. Come and explore your creativity in this fun, project-based class.

- Requirements: Basic computer skills.

OASIS SENIOR CENTER

Tu	9/19	1-3pm	Adult	\$42	SS4126
M	11/6	10:30am-12:30pm	Adult	\$42	SS4127
W	12/13	10:30am-12:30pm	Adult	\$42	SS4128



Private Technology Lessons

Carole Kamper

Private instruction (can be in person or online depending on preference) designed to zero in on your needs taught by a credentialed instructor with 25+ years of teaching computers to adults. Professional, in-depth help for your computer (PC or MAC), tablet, iPhone or iPad. Contact the instructor directly to set up lesson date/time. Dates and times to be agreed upon by instructor and student prior to registration.

- Notice: Registration and payment due to OASIS 5 business days prior to lesson. No refunds once registered.

OASIS SENIOR CENTER

M-Th 9/5-12/21 9am-5pm Adult \$60 **DRP400**



NEWPORT BEACH PUBLIC LIBRARY

LIBRARY SERVICES DIRECTOR

Melissa Hartson

BOARD OF LIBRARY TRUSTEES

Doug Coulter

Barbara Glabman

Ash Kumra

Janet Ray

Paul Watkins

LIBRARY LOCATIONS & HOURS

Central Library | 949-717-3800

1000 Avocado Avenue, Newport Beach

Monday-Thursday: 9am to 9pm

Friday & Saturday: 9am to 6pm

Sunday: Noon to 5pm

Balboa Branch | 949-644-3076

100 East Balboa Boulevard, Balboa

Monday-Saturday: 9am to 6pm

Sunday: Closed

Corona del Mar Branch | 949-644-3075

410 Marigold Avenue, Corona del Mar

Monday-Saturday: 9am to 6pm

Sunday: Closed

Crean Mariners Branch | 949-717-3838

1300 Irvine Avenue, Newport Beach

Monday-Thursday: 9am to 9pm

Friday & Saturday: 9am to 6pm

Sunday: Noon to 5pm

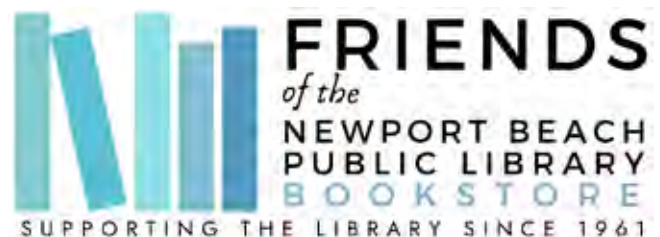
FIND YOUR NEXT GREAT READ AT THE BOOKSTORE!

Update

Bookstore, located on the main level of the library, and find your next great escape in fiction, true crime, classics, and award-winning titles. A portion of the proceeds from every book purchased goes to support library programs.

Whether you're a reader, the Friends Bookstore needs your support. Everything from art books to cookbooks

is available. Find your way back to your old favorites that you just might no longer have space for. The Friends Bookstore is open Monday through Saturday, 10:30 a.m. to 3 pm.





Through generous donations, The Newport Beach Public Library Foundation provides vital funding that keeps our libraries modern. Over the past decade, the Foundation has contributed more than \$7 million to fund programs, technology, and services for the 1.2 million annual users of the four library branches. Join us at nbpl.foundation

SUMMER SOLSTICE NEW MEMBER CELEBRATION

Become a new member of The Newport Beach Public Library Foundation by May 27, and receive an invitation to the **Summer Solstice New Membership Celebration** on Wednesday, June 14.

The celebration will include wine and hors d'oeuvres followed by an author presentation with National Book Award finalist Susan Straight. She will be talking about her latest book, *Mecca*, a stunning epic tracing the lives of native Californians fighting for life and land. *Mecca* was named a *New York Times* 10 Best Hardcover Book of 2022.

So, why join the Newport Beach Public Library Foundation? Because membership supports our outstanding lecture series (Witte and Library Live), our health series (Medicine in Our Backyard), financial literacy programs, and much more. Membership helps make our services accessible 24/7, with thousands of downloadable magazines, and streaming films, the latest audiobooks, and the Media and Sound Labs. Membership keeps our Library exceptional.

Become a Foundation member and join us on Wednesday, June 14 for the Summer Solstice Celebration: 5 pm wine and hors d'oeuvres in the Bamboo Courtyard followed by an author lecture and book signing from 6:30-7:30 pm. For more information or to join the Foundation, visit our website at nbpl.foundation.



Update



Summer reading

AT THE NEWPORT BEACH PUBLIC LIBRARY ★ JUNE 10 THROUGH JULY 29

The Newport Beach Public Library's Summer Reading Program runs from June 10 through July 29. Children through 6th grade can participate in the Children's Summer Reading Program.

How to Get Started

Participants register on Beanstack and keep track of their reading and activities to earn digital badges and prizes. Once you have registered on Beanstack, pick up your free paperback book at any library location! Complete the program for a chance to win the grand prize!

Kids can also write or draw book reviews throughout the program. A random review will be entered into weekly prize drawings!



Special Events

OPENING DAY | SATURDAY, JUNE 10

Join us at any Newport Beach Public Library location for fun activities all day long. Don't forget to sign up for the Summer Reading Program with a variety of fun activities and the Opening Day Prize Drawing!

MICHAEL RAYNER, COMEDIAN JUGGLER

Join us for a combination of hilarious tricks and stunts with uproarious stand-up comedy for kids! Michael's show has been described as "preposterous brilliance" and "wacky jugglement."

CdM, Monday, 6/12 at 3pm

Central, Tuesday, 6/13 at 11am

Balboa, Wednesday, 6/14 at 3pm

Mariners, Saturday, 6/17 at 11am

CRAFTS: FIND YOUR VOICE WITH WORDS

There are so many ways to use words to express our unique selves! Make a journal, create word art, write your name in new and fun ways. Join us to get crafty with words!

CdM, Monday, 6/19 at 3pm

Central, Tuesday, 6/20 at 11am

Balboa, Wednesday, 6/21 at 3pm

Mariners, Saturday, 6/24 at 11am

KYLE TIERNAN, DRAW ALONG ART

Learn to draw with Kyle Tiernan! Participants will follow along and complete three fun illustrations to take home in this engaging art program for children. All supplies provided.

CdM, Monday, 6/26 at 3pm

Central, Tuesday, 6/27 at 11am

Balboa, Wednesday, 6/28 at 3pm

Mariners, Saturday, 7/1 at 11am

Summer Reading Program events are generously funded by the Friends of the Library. Children must be accompanied by an adult at all events. Space is first come, first seated, and limited by room capacity. Materials available while supplies last. More information can be found at newportkids.org.

Special Events continued

CRAFTS: FIND YOUR VOICE WITH ART

Join us as we explore our creativity with open-ended process art. These crafts will give children the opportunity to express themselves with different art techniques. All supplies provided.

CdM, Monday, 7/3 at 3pm
Central, Wednesday, 7/5 at 11am

Balboa, Wednesday, 7/5 at 3pm
Mariners, Saturday, 7/8 at 11am

WILD WONDERS ANIMAL SHOW

Meet face to face animals while learning about their importance in nature. Wild Wonders has your passport to adventure with animals from all over the world – including South America, Africa, Australia, Asia, and North America!

CdM, Monday, 7/10 at 3pm
Central, Tuesday, 7/11 at 11am

Balboa, Wednesday, 7/12 at 3pm
Mariners, Saturday, 7/15 at 11am



Update

CRAFTS: FIND YOUR VOICE WITH MUSIC

Music is a universal language that makes us feel good. Join us for a fun, family-friendly musical morning/afternoon with The Ben Band! If you've ever wondered what a conversation with your fridge would sound like, what your alarm clock does when you're out of town, or funny songs you can dance to, this is the program for you!

CdM, Monday, 7/17 at 3pm
Central, Tuesday, 7/18 at 11am

at 3pm
at 11am

THE BEN BAND, FAMILY-FRIENDLY MUSICAL ACT

Join us for a fun, family-friendly musical morning/afternoon with The Ben Band! If you've ever wondered what a conversation with your fridge would sound like, what your alarm clock does when you're out of town, or funny songs you can dance to, this is the program for you!

CdM, Monday, 7/24 at 3pm
Central, Tuesday, 7/25 at 11am

Balboa, Wednesday, 7/26 at 3pm
Mariners, Saturday, 7/29 at 11am

Adult & Teen Summer Reading

Summer is a great time to catch up on all the reading you've been hoping to get to all year long — and find your reading groove. Make it easy and fun by signing up for the Newport Beach Public Library's Adult or Teen Summer Reading Program. Participants who register on Beanstack are eligible to receive a prize book, while supplies last. Track your time spent reading for chances to enter the weekly and grand prize drawings.

Create your own reading goals and challenge yourself — get to all of those books that have been on your list too long. Share your book reviews and be sure to check out the staff book picks on the Library's website. Find your reading groove this summer and sign up for Summer Reading on the Library's website at newportbeachlibrary.org.



NEWPORT BEACH CULTURAL ARTS

ANNOUNCING THE 2023 SUMMER CONCERTS ON THE GREEN!

Free admission. Bring blankets, low-slung beach chairs, and a picnic dinner, or purchase from food trucks on-site. No alcohol. Join us!

THE SULLY BAND (R&B, Blues) July 23, 2023, 6:00-7:30 p.m. Civic Center

The Sully Band debuted on the Billboard R&B chart at #3 and was up for Grammy consideration last year for their album, Let's Straighten It Out! Having earned the title "Best Live Band" at the San Diego Music Awards in 2020 they are a 10-piece beast of a band that plays covers and originals.

TIJUANA DOGS (Classic Rock) August 20, 2023, 6:00-7:30 p.m. Civic Center

Tijuana Dogs are a high-energy, multi-faceted band that has performed with Lynyrd Skynrd, Pat Benatar, and more.

Orange County, Tijuana Dogs have performed with Lynyrd Skynrd, Pat Benatar, and The Sunshine Band, and more.

BOYS OF SUMMER (Eagles Tribute) September 17, 2023, 6:00-7:30 p.m. Civic Center

The Boys of Summer Eagles Band hail from Orange County, California. Since 2004, BOS are becoming known as the top Eagles tribute band in the world.

Their high profile shows throughout the U.S. since 2004, BOS are becoming known as the top Eagles tribute band in the world.

TIFFANY DENNIS AND CRUISE CONTROL (Singer) September 24, 2023, 6:30 p.m., Marina Park

Tiffany Dennis is the lead vocalist and keyboardist for her band, Tiffany Dennis and Cruise Control, a band that features a wide range of pop and rock covers. With a powerful vocal range and upbeat stage presence, she will be joined by her father, who plays the drums, and her sister, playing bass.



newportbeachca.gov/culturalarts



NEWPORT BEACH CULTURAL ARTS



NEWPORT BEACH ART EXHIBITION

June 24, noon to 6:00 pm

The 2023 Newport Beach Art Exhibition presents an opportunity for artists to show and sell their work to the public in a one-day juried art show. Guests will enjoy art, live music, and children's activities, while socializing with neighbors and fellow creatives. Food and a bar are available for purchase at the Pavilion on the Newport Beach Civic Center (100 Civic Center Drive, Newport Beach 92660).

The annual event features original artwork in various mediums, including oils and acrylics, watercolor, charcoal, pen and ink, sculpture, photography, and mixed media.

Please visit newportbeachca.gov/culturalarts for more information.



SCULPTURE EXHIBITION CENTER PARK

Display June 2023

The Sculpture Exhibition in Civic Center Park is an ongoing program at the Newport Beach Civic Center. The park, which covers nearly half a million square feet of land that was converted into a new public park, was designed by the architectural firm Peter Walker and Partners (PWP). The City Arts Commission determined that a rotating exhibition, in which pieces are loaned for a 2-year period, was an optimal approach to bring sculpture to the City in a cost-efficient manner.

Admission is free and the exhibition continues to be enjoyed by residents and guests of all ages and sensibilities. The rotational nature of the exhibit ensures that residents and guests are exposed to a variety of work. Selected sculptures will be on loan to the City of Newport Beach for two years.

The City Arts Commission

On behalf of the City, the Arts Commission advises City Council on matters pertaining to artistic, aesthetic and cultural aspects of the City. It also actively encourages programs for the cultural enrichment of the community, including visual and performing arts activities as well as arts education programs. For more information and a complete list of programs, check our website at newportbeachca.gov/culturalarts.



Arlene Greer



Maureen Flanagan



Leonard Simon



Marie Little



Barbara George



Wayan Kaufman



A

Ann Cressman

AnnCressman@gmail.com

B

Barbara Yin Milbert

pacpal33@yahoo.com

Beach City Sports

Beachcitysports.com

Info@beachcitysports.com

Bionerds

949-288-1486

admin@bionerdsllc.com

Brainstorm STEM Education

949-607-8676

info@brainstormedu.com

C

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californiabodyboarders.com

californiabodyboarders@gmail.com

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Carolyn Matsuda

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Chris Sullivan

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Conversa, Inc.

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conversaspanish.com

sales@conversaspanish.com

CS Dance Factory

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csdancefactory.com

info@csdancefactory.com

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David Crockett

714-206-9066

Diana Wong

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Dorothy Spirus

yourprofessorD@gmail.com

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Endless Sun Surf School

949-533-1022

endlessunsurf.com

endlessunsurf@hotmail.com

Etiquette Factory w Ms Nelson

Etiquettewithmsjenn@gmail.com

F-H

Fit First

657-204-5427

fitfirstca@gmail.com

www.fitfirstfamily.com

Friendship Circle OC

949-721-9800

chani@friendshipoc.org

Friendshipoc.org

Green Room Music

714-875-8175

dmitrykoudymov@hotmail.com

Healthy U

714-374-3008

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Keith Glassman

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Matt Leinart Flag Football

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mflagnb.com

Melanie Wheatley

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melwheatley54@gmail.com

Michelle Zehnder Caumiant

mcaumiant26@gmail.com



N

Nancy Wahamaki Vasek
nwvasek@gmail.com

Newport Beach City Aquatics Staff

949-644-3151
newportbeachca.gov/aquatics
aquatics@newportbeachca.gov

Newport Beach City Recreation Staff

949-644-3151
newportbeachca.gov/recreation
recreation@newportbeachca.gov

Newport Beach City Sports Staff

949-644-3151
newportbeachca.gov/sports
sports@newportbeachca.gov

Newport Sports Academy

newportsportsacademy@gmail.com

O

OCC School of Sailing & Seamanship

949-645-9412
occsailing.com
sailing@occsailing.com

Ocean Adventure Programs/Pacific Surf

eriknelsensurf.com

OC Playball EPC

949-838-5117
ocplayballepc@gmail.com

OC Tiny Tots Academy

949-433-5065
octinytots.com

P

Parker-Anderson Enrichment

714-589-6184
oc@parker-anderson.org

Pateadores Soccer

949-386-7244
ocpateadores.org
admin@pateadores.org

Pawsitively Perfect Pooches

310-430-5322 x 5322
melissa@pawperpoo.com

Piano Voice Lessons & Beyond

949-429-5702
southcalmusic.com
sweetmusic8816@yahoo.com

Portal Languages

714-979-1655
costamesa@portallanguages.com

Q-R

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Rose Reynolds

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Sara Gutierrez

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Selena Cofinco

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Sherman Library & Gardens

949-426-8551
catherine@slgardens.org

Skatedogs

714-313-8787
skatedogs.com
mail@skatedogs.com

Skyhawks Sports Academy

800-804-3509
skyhawks.com
skyhawks@skyhawks.com

SoCa Arts

714-486-2022
socaarts.com
Info@socaarts.com

South Coast Music Together

949-706-3408
southcoastmusictogether.com

Stephanie von Meeteren

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Strategic Kids

949-545-8146
strategickids.com
ssizemore@strategickids.com

T

Take the Stage Productions

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info@takethestageproductions.com

Terry Sweeney

Off2bridge@gmail.com

TGA of Greater Long Beach

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mberman@playtga.com

Theresa Ripke

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Tumble-N-Kids

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tumblenkids.com

U-Z

Vickie Jackson

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Yvette Casal

714-520-1427
meltwithyvette@gmail.com



Online

Available only prior to class start date.

1. Go to newportbeachca.gov/register
2. Click Sign In or Create an Account.
3. Enter Username & Password.
4. Click on Register for Activities.
5. Sort Activities or Search for class
6. Click on Name of Activity.
7. Click Add to My Cart.
8. Follow the steps for payment.



Mail-In or Email

REGISTRATION FORM & PAYMENT TO:
Recreation & Senior Services Dept.
 City of Newport Beach
 100 Civic Center Drive
 Newport Beach, CA 92660
recreation@newportbeachca.gov



Fax-In

Both pages of the registration form including your Visa, Description Mastercard, Discover or AmEx card number/expiration date and fax to 949-644-3155. Faxes are processed during regular business hours.



Walk-In*

Recreation & Senior Services Department
 100 Civic Center Dr.
 Newport Beach, CA 92660
Monday–Thursday: 7:30 a.m.–5:30 p.m.
Friday: 7:30 a.m.–4:30 p.m.

Newport Coast Community Center
 6401 San Joaquin Hills Rd.
 Newport Beach, CA 92657
Monday–Thursday: 8 a.m.–8 p.m.
Friday: 8 a.m.–4 p.m.
Saturday: 9 a.m.–1 p.m.

OASIS Senior Center
 801 Narcissus Ave.
 Corona del Mar, CA 92625
Monday–Friday: 8 a.m.–5 p.m.

Marina Park Community Center
 1600 West Balboa Blvd.
 Newport Beach, CA 92663
Monday–Thursday: 7:30 a.m.–5:30 p.m.
Friday: 7:30 a.m.–4:30 p.m.

Registration Information

- Registration is required for all programs/camps.
- Programs/camps are subject to change without notice.
- Fax and mail-in registrations are processed upon receipt of a completed and signed registration form.
- Confirmation receipts are emailed for fax and mail-in registration. Online registration receipts available under account information.
- Registration will NOT be accepted over the phone.
- Fees are not pro-rated for missed classes or late registration.
- If program/camp is full, you will be placed on a wait list. If space becomes available, City staff will contact you and provide a 24 hour response time before moving to the next person on the list. No class petitioning permitted.

Refund Policy

Program Cancellation

A full refund will be granted if program/camp is cancelled by the Recreation & Senior Services Department.

Participant Request for Program/Camps

Unless otherwise noted, no refunds after the commencement of the second class or camp. Refunds for workshops and one or two day classes will be granted if requested five business days before class begins.

Refund Fees

Classes/Workshops

- \$10 for classes/camps \$74 and under.
- \$20 for classes/camps \$75 and above.

Newport Beach Day Camps/Pint Sized Campers

- \$25 refund fee applies for withdrawals with seven days or more notice.
- \$50 refund fee applies for withdrawals with six days or less notice.
- No refunds once camp has begun.

Contract Camps

- \$10 for camps \$74 and under before camp begins
- \$20 for camps \$75 and above before camp begins
- If request is made before the second day of camp a refund fee equivalent to a single day of camp will be charged unless other wise noted.
NO REFUNDS after commencement of second day of camp.
- Events/Excursions no refunds.

Refund Processing Time/Payment Type

- Check/Cash – Refunds processed within 3-4 weeks by mailed check.
- Credit Card – Refunds processed within 3-5 days.

Participant Code of Conduct

All participants are expected to exhibit appropriate behavior at all times while participating, being a spectator, or attending any program or activity conducted or sponsored by the City of Newport Beach Recreation & Senior Services Department. The following guidelines are designed to provide safe and enjoyable activities for all participants:

- Be respectful of and to all participants and program staff.
- Take direction from program staff/supervisors.
- Refrain from using abusive or foul language.
- Refrain from causing bodily harm to self, other participants, or program staff/supervisors.
- Refrain from damaging equipment, supplies, and facilities.
- Refrain from harassment of staff, instructors or participants.
- Failure to follow these rules may result in denial of program participation privileges. The City of Newport Beach Recreation & Senior Services Department strives to make your participation fun-filled, rewarding, educational and safe. Thank you for your cooperation.

CREDIT CARD INFORMATION



Credit Card Number	Exp. Date
Full Name Appearing On the Credit Card	CVV (3 or 4 digit code on back of card)



CITY OF NEWPORT BEACH
RECREATION & SENIOR SERVICES DEPARTMENT

100 Civic Center Drive ■ Newport Beach, CA 92660
Phone: 949-644-3151 ■ Fax: 949-644-3155
email: recreation@newportbeachca.gov ■ newportbeachca.gov

Registration

Please note, your receipt will be emailed.

ADULT/GUARDIAN INFORMATION (Please print all information)

Adult/Guardian Last Name		Adult/Guardian First Name	
Address		City	Zip Code
Home Phone	Cell Phone	Work Phone	Email

PARTICIPANT & COURSE INFORMATION

Participants Name	Date of Birth	Gender	Course #	Class Name	Fee
<i>example</i> John Doe	04/18/07	M	NCC230	Gymnastics	\$60

Checks payable to: **City of Newport Beach.**
For credit card payments, fill out the adjacent page.

Special Assistance If you need special accommodations for activities notify the Recreation & Senior Services Dept. at 949-644-3151 or recreation@newportbeachca.gov.

REFUND POLICY Unless otherwise noted, no refunds after the commencement of the second class or camp. Refunds for workshops and one or two day classes will be granted if requested five business days before class begins.

REFUND FEE CLASSES/WORKSHOPS (Unless otherwise noted): \$10/class for classes \$74 and under and \$20/class for \$75 and above.

REFUND FEE CAMPS (Unless otherwise noted): \$10/camp for camps \$74 and under and \$20/camp for camps \$75 and above if requested before the commencement of the camp. If request is made before the second day of camp a refund fee equivalent to a single day of camp will be charged unless other wise noted. NO REFUNDS after commencement of second day of camp. Events/Excursions NO REFUNDS.

REFUND FEE NEWPORT BEACH DAY CAMP/PINT SIZED CAMPERS: \$25/camp for withdrawals with seven or more days notice and \$50/camp for withdrawals with six days or less notice. NO REFUNDS once camp begins.

REGISTRATION INFORMATION & POLICIES I (We) the undersigned certify that I (We) have read, reviewed, understand and agree to the Registration Information & Policies on adjacent page. These policies are also included as part of your receipt.

PHOTO RELEASE I understand that from time to time City representatives may photograph activities of City recreation programs and participants. By signing this form, I authorize the City of Newport Beach to use or publish any photographs taken by the City showing my participation or my child/children's participation to promote classes on the City's website and other social media used by the City, future publications of the Newport Navigator and/or fliers.

WAIVER & RELEASE OF LIABILITY In consideration for participation in the programs and activities held in person, through an online platform, or by any other means whether located on or off of public property ("PROGRAMS"), conducted by the City of Newport Beach, the Newport-Mesa Unified School District, or other such providers ("PROGRAM PROVIDERS"), I, on behalf of myself and on behalf of the participant of the PROGRAMS if someone other than me (both collectively, "PARTICIPANT") hereby: **(1)** acknowledge that participation in the PROGRAMS is voluntary; **(2)** agree to follow and abide by all rules, regulations, guidelines, and codes of conduct applicable to participation in the PROGRAMS; **(3)** certify that the PARTICIPANT is in good health and physically able to participate in the PROGRAMS, and does not have a medical condition that could make participation in the PROGRAMS hazardous to PARTICIPANT's health or the health of others; **(4)** agree to provide verification from a licensed medical professional of PARTICIPANT's physical fitness to participate in the PROGRAMS when requested by PROGRAM PROVIDERS; **(5)** agree that failure to disclose that participation by PARTICIPANT could create an unreasonable risk to PARTICIPANT or others may result in the PROGRAM PROVIDERS terminating PARTICIPANT from the PROGRAMS; **(6)** agree that PROGRAM PROVIDERS may terminate PARTICIPANT from participation in PROGRAMS at any time and in their sole and absolute discretion; **(7)** understand that participation in the PROGRAMS could result in bodily injury, property damage, death, disability, or other loss to PARTICIPANT or others as a result of, including by not limited to, strenuous physical activity or exertion, striking or being struck by objects or persons, falling, slipping, tripping, colliding with other persons or things, exposure to moisture, heat, cold, humidity, or sickness and disease (including but not limited to, COVID-19), which injuries and damage may include, but are not limited to, scrapes, bruises, cuts, sprains, strains, tearing or pulling of muscles or ligaments, fractures, dislocation of joints or bones, head or facial injuries, spinal cord injuries, internal injuries, or other injuries of any nature whatsoever which could be permanent or even fatal (collectively, "RISK OF INJURY"); **(8)** CERTIFY THAT PARTICIPANT AGREES TO ASSUME ANY AND ALL RISK OF INJURY ON BEHALF OF PARTICIPANT AND ANYONE WHO MAY CLAIM ON PARTICIPANT'S BEHALF; **(9)** CERTIFY THAT PARTICIPANT AGREES, ON BEHALF OF PARTICIPANT AND ANYONE WHO MIGHT CLAIM ON PARTICIPANT'S BEHALF, TO RELEASE, WAIVE, AND HOLD THE PROGRAM PROVIDERS HARMLESS FROM ANY AND ALL CLAIMS, ACTIONS, PROCEEDINGS, AND LIABILITY OF EVERY KIND OR NATURE WHATSOEVER, WHETHER FORESEEN OR UNFORESEEN, KNOWN OR UNKNOWN, RELATED TO, CAUSED BY, OR ARISING OUT OF PARTICIPANT'S PARTICIPATION IN THE PROGRAMS; and, **(10)** certify under penalty of perjury under the laws of the state of California that the foregoing is true and correct.

Total Class Fees	
Non-Resident Fee for Classes \$5/class \$74 & below or \$10/class \$75 & up	
Non-Resident Fee for Camps \$10/camp \$124 & below or \$20/camps \$125 & up	
GRAND TOTAL	

Mandatory Signature _____ **Date** _____

Class Sites

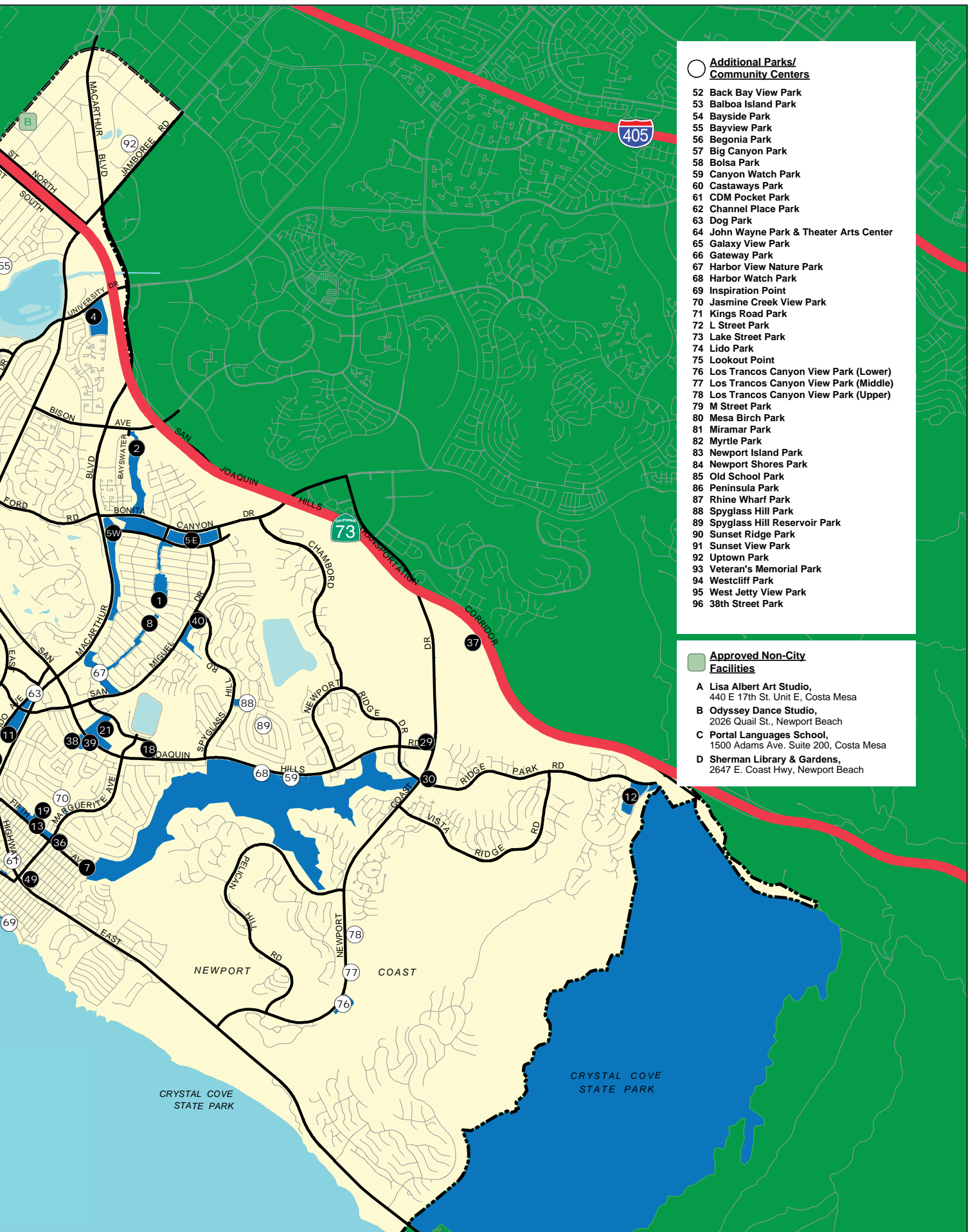
- 1 Anderson Elementary School
1900 Port Seabourne Pl
- 2 Arroyo Park
1411 Bayswater
- 3 Back Bay Science Center
600 Shellmaker Rd
- 4 Bonita Creek Community Center and Park
3010 La Vida
- 5 Bonita Canyon Sports Park East (BCSP)
1990 Ford Rd
- 5 Bonita Canyon Sports Park West (BCSP)
1641 Ford Rd
- 6 Bob Henry Park
900 Dover Dr
- 7 Buck Gully Reserve
Poppy Ave, Corona del Mar
- 8 Buffalo Hills Park
1901 Port Provence Pl
- 9 Carroll Beek Community Center
115 Agate Ave, Balboa Island
- 10 Cliff Drive Park and Community Center
301 Riverside Ave
- 11 City Hall/Recreation and Senior Services Department and Community Room
100 Civic Center Dr
- 12 Coastal Peak Park
20403 East Coastal Peak, Newport Coast
- 13 Community Youth Center (CYC)
Grant Howald Park
3000 Fifth Ave, Corona del Mar
- 14 Corona del Mar Beach
3029 Breakers Dr
- 15 Eastbluff Park/Boys and Girls Club
2555 Vista del Oro
- 16 Eastbluff Elementary School
2627 Vista del Oro
- 17 Ensign School
2000 Cliff Dr
- 18 Harbor Day Elementary
3443 Pacific View Dr
- 19 Harbor View Elementary School
900 Goldenrod Ave, Corona del Mar

- 20 Irvine Terrace Park
721 Evita Dr
- 21 Lincoln Athletic Center
3101 Pacific View Dr
- 22 Marian Bergeson Aquatic Center (MBAC)
Corona del Mar High School
2102 Eastbluff Dr
- 23 Marina Park
1600 Balboa Blvd W
- 24 Mariners Elementary School
2100 Mariners Dr
- 25 Mariners Park
Vincent Jorgensen Community Center (VJC)
1300 Irvine Ave
- 26 Newport Beach Aquatic Center (NBAC)
1 White Cliffs Dr
- 27 Newport Beach Golf Course
3100 Irvine Ave
- 28 Newport Beach Tennis Center
2601 Eastbluff Dr
- 29 Newport Coast Community Center (NCCC)
6401 San Joaquin Hills Rd, Newport Coast
- 30 Newport Coast Elementary School
6655 Ridge Park Rd, Newport Coast
- 31 Newport Elementary School
1327 Balboa Blvd W
- 32 Newport Heights Elementary School
300 15th St
- 33 Newport Harbor High School
600 Irvine Ave
- 34 Newport Pier
Newport Blvd, Balboa Blvd W
- 35 Newport Theatre Arts Center
2501 Cliff Dr
- 36 OASIS Senior Center
801 Narcissus Ave, Corona del Mar
- 37 Sage Hill High School
20402 Newport Coast Dr, Newport Coast
- 38 San Joaquin Hills Lawn Bowling Center
1550 Crown Dr, Corona del Mar
- 39 San Joaquin Hills Tennis Court
1550 Crown Dr, Corona del Mar
- 40 San Miguel Park
2200 San Miguel Dr
- 41 Southwind Kayak Center
Coast Hwy E, Bayside Dr
- 42 West Newport Community Center (WNCC)
883 15th St W
- 43 West Newport Park/Tennis Courts
5800 Seashore Dr
- 44 Sailing Base
Balboa Blvd E, 18th St on bay side
- 45 28th St Beach
28th St, Balboa Blvd
- 46 36th St Beach
36th St, Balboa Blvd
- 47 61st St Beach
61st St, Seashore Dr

Libraries

- 48 Balboa Branch
100 Balboa Blvd E
- 49 Corona del Mar Branch
420 Marigold Ave, Corona del Mar
- 50 Crean Mariners Branch
1300 Irvine Ave
- 51 Newport Beach Central Library
1000 Avocado Ave





- Additional Parks/Community Centers**
- 52 Back Bay View Park
 - 53 Balboa Island Park
 - 54 Bayside Park
 - 55 Bayview Park
 - 56 Begonia Park
 - 57 Big Canyon Park
 - 58 Bolsa Park
 - 59 Canyon Watch Park
 - 60 Castaways Park
 - 61 CDM Pocket Park
 - 62 Channel Place Park
 - 63 Dog Park
 - 64 John Wayne Park & Theater Arts Center
 - 65 Galaxy View Park
 - 66 Gateway Park
 - 67 Harbor View Nature Park
 - 68 Harbor Watch Park
 - 69 Inspiration Point
 - 70 Jasmine Creek View Park
 - 71 Kings Road Park
 - 72 L Street Park
 - 73 Lake Street Park
 - 74 Lido Park
 - 75 Lookout Point
 - 76 Los Trancos Canyon View Park (Lower)
 - 77 Los Trancos Canyon View Park (Middle)
 - 78 Los Trancos Canyon View Park (Upper)
 - 79 M Street Park
 - 80 Mesa Birch Park
 - 81 Miramar Park
 - 82 Myrtle Park
 - 83 Newport Island Park
 - 84 Newport Shores Park
 - 85 Old School Park
 - 86 Peninsula Park
 - 87 Rhine Wharf Park
 - 88 Spyglass Hill Park
 - 89 Spyglass Hill Reservoir Park
 - 90 Sunset Ridge Park
 - 91 Sunset View Park
 - 92 Uptown Park
 - 93 Veteran's Memorial Park
 - 94 Westcliff Park
 - 95 West Jetty View Park
 - 96 38th Street Park

- Approved Non-City Facilities**
- A** Lisa Albert Art Studio, 440 E 17th St. Unit E, Costa Mesa
 - B** Odyssey Dance Studio, 2026 Quail St., Newport Beach
 - C** Portal Languages School, 1500 Adams Ave. Suite 200, Costa Mesa
 - D** Sherman Library & Gardens, 2647 E. Coast Hwy, Newport Beach

City of Newport Beach
100 Civic Center Drive
Newport Beach, CA 92660

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ALL PROGRAMS ARE SUBJECT TO CHANGE.