

Update

# NEWPORT NAVIGATOR



## City Staff

City Manager Grace K. Leung  
[gleung@newportbeachca.gov](mailto:gleung@newportbeachca.gov)

Recreation & Senior Services Director Sean Levin  
[slevin@newportbeachca.gov](mailto:slevin@newportbeachca.gov)

Recreation & Senior Services Deputy Director Justin Schmillen

Recreation Manager Brason Alexander

Recreation Manager Brian Cordeiro

Senior Services Manager Melissa Gleason

Recreation Manager Racquel Valdez

## City Hall Hours

Monday–Thursday 7:30 a.m.–5:30 p.m.

Friday 7:30 a.m.–4:30 p.m.

## City Directory

<b>Budgeting &amp; Finance</b>	949-644-3127
<b>Animal Control</b>	949-644-3717
<b>Building Department</b>	949-644-3275
<b>Building Permits</b>	949-644-3288
<b>City Attorney</b>	949-644-3131
<b>City Clerk</b>	949-644-3005
<b>Code Enforcement</b>	949-644-3215
<b>Community Youth Center</b>	949-644-3165
<b>Fire &amp; Lifeguard (Business)</b>	949-644-3104
<b>Fire/Police Emergency</b>	9-1-1
<b>General Services</b>	949-644-3055
<b>Graffiti Hotline</b>	949-644-3333
<b>Human Resources</b>	949-644-3300
<b>Information</b>	949-644-3309
<b>Library</b>	949-717-3800
<b>Licenses</b>	949-644-3141
<b>OASIS Senior Center</b>	949-644-3244
<b>Marina Park</b>	949-270-8150
<b>Natural Resources/Tidepools</b>	949-644-3036
<b>Mayor</b>	949-644-3004
<b>Newport Coast Community Center</b>	949-270-8100
<b>Park Patrol</b>	949-795-2381
<b>Parking Citations</b>	949-644-3396
<b>Planning Department</b>	949-644-3200
<b>Police (Front Desk)</b>	949-644-3681
<b>Police (Non-emergency Dispatch)</b>	949-644-3717
<b>Public Works</b>	949-644-3311
<b>Recreation &amp; Senior Services</b>	949-644-3151
<b>Utilities Department</b>	949-644-3011
<b>Water Bill Information</b>	949-644-3050

## Recreation & Senior Services Department

100 Civic Center Drive, Bay E  
Newport Beach, CA 92660

[newportbeachca.gov/recreation](http://newportbeachca.gov/recreation)  
[recreation@newportbeachca.gov](mailto:recreation@newportbeachca.gov)

**PHONE:** 949-644-3151

**FAX:** 949-644-3155

**PARK PATROL:** 949-795-2381

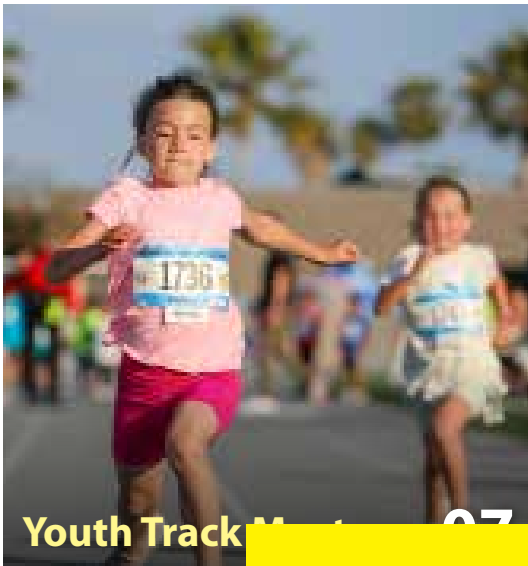
**MUD LINE:** 949-718-1860



Stay up-to-date on what Newport Beach is working on to address community noise concerns related to John Wayne Airport's operations.

[NEWPORTBEACHCA.GOV/JWA](http://NEWPORTBEACHCA.GOV/JWA)

# Spring 2025



Youth Track Meet 07



02



08

**Update**



22



Adult Sports Leagues 46



28



Newport Navigator Class Registration

Scan the QR code to register for upcoming classes and activities.

[NEWPORTBEACHCA.GOV/REGISTER](http://NEWPORTBEACHCA.GOV/REGISTER)

Connect With Us



@cityofnewportbeach



## About the Cover

In a pickle to make winter plans? Grab some friends and join a league at our new Newport Coast Pickleball Courts. Pickleball programs available for all ages.

**PAGE 35**



**Parks Make Life Better!**



Advisory **UPDATES**

Unexpected changes with our classes and programs may have occurred. For the most up-to-date copy of our class schedules, we encourage you to visit [newportbeachca.gov/register](http://newportbeachca.gov/register).





# Discover the Tide Pools

[newportbeachca.gov/nature](http://newportbeachca.gov/nature)

Check  
it Out!

**Tidepools are a great way to safely explore** nature this spring. Look for days where the tide is below 1 foot. You can check local tide times online by visiting [newportbeachca.gov/nature](http://newportbeachca.gov/nature). Super observers might spot these key species during very low tides:

- California Two Spot Octopus
- Sea Stars  
(not a fish, so the name starfish is inaccurate!)
- Sea slugs (Navanax, Sea Hares, or brightly colored Nudibranchs)

It is essential to minimize human impacts on these sensitive areas at all times, remembering the **4 rules of the tidepools:**



**1**  
**Don't remove anything (even shells)!**



**2**  
**Observe animals where they are**



**3**  
**Walk gently and avoid stepping in pools of water**



**4**  
**Never turn over rocks**



# FREE Buck Gully Hikes

LETSGOOUTSIDE.ORG

## Buck Gully Loop Hike

Led by Irvine Ranch Conservancy Staff

Come and explore the entire Buck Gully Reserve trail system. Beginning from the OASIS Senior Center, we'll hike up through the almost three mile length of the canyon, then along San Joaquin Hills Road for about a mile, stopping at Canyon Watch Park where we will take in the panoramic view of the reserve and the Pacific coastline before descending back into the canyon along the Bobcat Trail.

- **Please bring:** water, light trail snack, sturdy closed toe shoes, sunscreen, hat, & supplies to keep you safe during the journey.
- **Distance:** 6 miles ▪ **Duration:** 3.5 hours ▪ **Difficulty:** Moderate

Staging location: (aux. lot at 5th and Marguerite)

**BUCK GULLY-OASIS SENIOR CENTER**

Tuesdays 8-11:30am Mar. 18, May 1

## Buck Gully Upper Loop Evening Hike

Led by Irvine Ranch Conservancy Staff

Explore the richness of Newport Beach's natural beauty as we hike during the beautiful early evening hours. The sun is running and the rich plant and animal life are enjoying the cool, shady canyon, making for a fantastic evening hike in a natural oasis amid the suburban surroundings. We'll walk along San Joaquin Hills Road, which overlooks Buck Gully, for the first mile and then drops down into the canyon on the Bobcat Trail, hikers will loop back through the upper end of the gully along the Buck Gully Trail.

- **Distance:** 4 miles ▪ **Duration:** 2.5 hours ▪ **Difficulty:** Moderate

Staging location: (aux. lot at 5th and Marguerite)

**NEWPORT COAST COMMUNITY CENTER**

Tuesdays 4-6:30pm Apr. 1, May 20 12yrs+

## Bridges of Buck Gully Hike

Led by Irvine Ranch Conservancy Staff

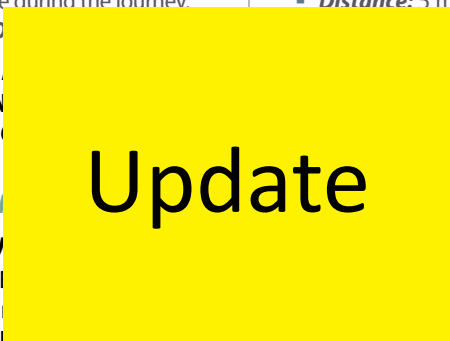
Buck Gully is a natural, coastal canyon which opened to the public in 2012 with the installation of four bridges to allow for safe public access. These bridges facilitate exploration of the Buck Gully Reserve, and also provide viewing platforms from which to pause and observe the abundant life in and around the stream. The guided program starts with a short walk from the OASIS Senior Center to the beginning of the Buck Gully trail, offering a visually dramatic entrance into this special canyon.

- **Distance:** 5 miles ▪ **Duration:** 3.5 hours ▪ **Difficulty:** Moderate

Staging location: (aux. lot at 5th and Marguerite)

**OASIS SENIOR CENTER**

Tuesdays 8-11:30am Mar. 4, Apr. 15, June 3 16yrs+



## Plant Restoration in Buck Gully

Led by Irvine Ranch Conservancy Staff

Wildlife need healthy habitat to thrive. Simply planting native plants or removing non-native plants can greatly improve habitat for wildlife. You can be part of that positive impact while enjoying the beauty of Buck Gully near Newport Beach. Come help us with a variety of activities ranging from seed collection to weeding invasive plants. This activity takes place on sloped terrain and sturdy hiking boots are highly recommended. All training, tools, and gloves will be provided to ensure your safety and comfort. Rattlesnakes are occasionally seen here and generally avoid people, but protective gear will be provided.

- **Distance:** 1-5 miles ▪ **Duration:** 3 hours ▪ **Difficulty:** Moderate

**BUCK GULLY-OASIS SENIOR CENTER**

Fridays 9am-12pm Mar. 28, Apr. 25, May 23, June 27 18yrs+

REGISTRATION IS REQUIRED AND AVAILABLE ONLINE AT [WWW.LETSGOOUTSIDE.ORG](http://WWW.LETSGOOUTSIDE.ORG)

Registration links for hikes are posted a couple of months before the hike.

The hikes are walking pace, approximately 3 mph.

CITY OF NEWPORT BEACH  
RECREATION AND SENIOR SERVICES DEPARTMENT

# Movie in the Park



**Update**

FRIDAY  
7:31  
:00 P.M.

Marina Park 1600 W. Balboa Blvd., Newport Beach

**SAVE THE DATE FOR ADDITIONAL MOVIE EVENTS**

JULY 12 MARINERS PARK	AUGUST 9 BAYVIEW PARK	SEPTEMBER 13 BUFFALO HILLS PARK
--------------------------	--------------------------	------------------------------------

 **Parks Make Life Better!** For more information, visit [newportbeachca.gov/recreation](http://newportbeachca.gov/recreation) or call 949-644-3151.

## 40TH ANNUAL SPIRIT RUN

March 17, 2024

PROMOTING FITNESS  
LONGER LIFE



**Update**

JGs Build Running Fitness at Spirit Run!  
**REGISTER NOW!**  
[newportspiritrun.org](http://newportspiritrun.org)

Compete for Prizes!

Participation benefits NBJS Scholarship Program.

ST. PADDY'S THEMED COSTUME CONTEST!

CITY OF NEWPORT BEACH  
RECREATION & SENIOR SERVICES DEPARTMENT

# 10th Annual MAYOR'S Egg Race



**SATURDAY  
APRIL 12  
10 A.M.—NOON  
FREE EVENT**



**CIVIC CENTER LAWN**  
100 Civic Center Dr., Newport Beach

**INFLATABLES ■ TRAIN RIDES ■ EGG RACES  
FUN FOR ALL AGES!**

[WWW.NEWPORTBEACHCA.GOV/RECREATION](http://WWW.NEWPORTBEACHCA.GOV/RECREATION)

# SAVE THE DATE

## OASIS COMMUNITY RESOURCE EXPO

**SATURDAY MAY 17**

60+ Vendors, Free Health Screening, Free Wellness Class Demo, Free Giveaway, Free Breakfast & More!

**9AM TO 11:30AM**



**MORE INFO:** [WWW.NEWPORTBEACHCA.GOV/OASIS](http://WWW.NEWPORTBEACHCA.GOV/OASIS)

OASIS Senior Center: 801 Narcissus Ave., Corona del Mar

HOAG Faith Community Nursing presents:

# The Conversation Project

*End of life care wishes*

**Tuesday, March 4 & 11**  
10:00 am

OASIS Senior Center Room 1



The Conversation Project encourages and empowers individuals (18+) and families to discuss, document, and share their end-of-life care wishes in this two-session workshop.

**Session One:**  
Participants engage in an interactive workshop exploring the benefits of advance care planning, using practical tools to identify and communicate their own priorities.

**Session Two:**  
Participants reconvene to share conversation experiences and review various Advanced Directives.

Registration Required, call 949-644-3244 or email [OASIScenter@newportbeachca.gov](mailto:OASIScenter@newportbeachca.gov)



Save the Date

# Update

**May 18, 2024**

Balboa Pier Parking Lot

Follow the City's official social media for updates.



City of Newport Beach Public Works Department



ADMISSION IS FREE

Exchange Club of Newport Harbor presents

★★★ 16<sup>th</sup> Annual ★★★

# Field of Honor




**MAY 16 through MAY 26**

**CASTAWAYS PARK**  
700 Dover Dr., Newport Beach

Visitors welcome daily from 9:00 a.m. to 5:00 p.m.

Please join us to honor the defenders of our freedom, past and present, and first responders, as you walk along the paths of 1,776 American flags.

**CEREMONIES HELD ON:**  
Armed Forces Day: Saturday, May 17 ■ Memorial Day: Monday, May 26



For more information about flag dedications, sponsorships and event details, visit [exchangeclubofnewportharbor.com](http://exchangeclubofnewportharbor.com).

CITY OF NEWPORT BEACH ▪ RECREATION & SENIOR SERVICES DEPARTMENT  
NEWPORT-BALBOA ROTARY CLUB

# 2025 Youth Track Meet of Champions

*in memory of Frank E. Anderson*



★ ★ ★  
**FRIDAY  
MARCH 28**  
2025 • 4–8 P.M.  
Davidson Field at  
Newport Harbor  
High School

**Registration Opens Monday, January 6**  
[newportbeachca.gov/sports](http://newportbeachca.gov/sports) ▪ 949-644-3151

**Track & Field Events** | **Maximum of 3 events:**  
*2 track and 1 field or 2 field and 1 track*

**BORN IN 2018:** DIV. 2018 (YSL218)

TRACK	FIELD
50 Meters	Long Jump
100 Meters	Softball Throw
200 Meters	

**BORN IN 2014:** DIV. 14 (YSL214)

TRACK	FIELD
100 Meters	Long Jump
200 Meters	Softball Throw
400 Meters	
800 Meters	
1600 Meters	

**BORN IN 2012:** DIV. 12 (YSL212)

TRACK	FIELD
100 Meters	High Jump
200 Meters	Long Jump
400 Meters	Shot Put
1600 Meters	Softball Throw

**BORN IN 2017:** DIV. 17 (YSL217)

TRACK	FIELD
50 Meters	Long Jump
100 Meters	Softball Throw
200 Meters	
400 Meters	

**BORN IN 2013:** DIV. 13 (YSL213)

TRACK	FIELD
100 Meters	Long Jump
200 Meters	Softball Throw
400 Meters	
800 Meters	
1600 Meters	

**BORN IN '10/11:** DIV. 10/11\* (YSL210)

TRACK	FIELD
100 Meters	High Jump
200 Meters	Long Jump
400 Meters	Shot Put
1600 Meters	Softball Throw

**BORN IN 2016:** DIV. 16 (YSL216)

TRACK	FIELD
50 Meters	Long Jump
100 Meters	Softball Throw
200 Meters	
400 Meters	

**BORN IN 2015:** DIV. 15 (YSL215)

TRACK	FIELD
100 Meters	Long Jump
200 Meters	Softball Throw
400 Meters	
800 Meters	
1600 Meters	

**Registration Deadlines & Fees [No Refunds]**

**Residents**

- January 6–March 3: \$10
- After March 3: \$13
- Online Registration Closes 3/10
- No Day of Registration Accepted

**Non-Residents**

- January 6–March 3: \$15
- After March 13: \$18
- Non-residents Registration Closes 3/10
- No Day of Registration Accepted

**\*Combined division**

*Must be Newport Beach resident or attend Newport Beach school to be eligible for records (as of 2016).*

**For more information & registration visit, [newportbeachca.gov/sports](http://newportbeachca.gov/sports).**  
**Call:** 949-644-3151 ▪ **Fax:** 949-644-3155 ▪ **Email:** [sports@newportbeachca.gov](mailto:sports@newportbeachca.gov)

# Friendship Circle OC



The City of Newport Beach is proud to serve participants with special needs. Patrons are encouraged to enjoy an assortment of activities through our recreation and programs as well as specialized recreation programs.

See our Natural Resources section for trips that can be adapted for participants with special needs.

Need Update

## Basketball Buddies

### Friendship Circle OC

Basketball buddies teaches kids and young adults with special needs the fundamentals of basketball while making new friends! Participants are paired with a teen volunteer who helps them learn and practice their skills. A scrimmage game is played each session.

- Requirements: RSVP
- Notice: register at [friendshipoc.org](http://friendshipoc.org)

#### NEWPORT COAST COMMUNITY CENTER

Su 11am-12:30pm 4/7, 5/5, 6/2 5yrs+

## Soccer Stars

### Friendship Circle OC

Soccer Stars is for those with physical and developmental disabilities who want to learn to play soccer. Participants will be paired with a teen volunteer who will assist them in gaining confidence with their skills. Everyone takes part in a scrimmage.

- Requirements: RSVP
- Notice: register at [friendshipoc.org](http://friendshipoc.org)

#### BUFFALO HILLS PARK

Su 2:30-4pm 5/19, 6/9 5yrs+



## Sunday Circle

### Friendship Circle OC

Join the Friendship Circle and come together for a variety of entertainment, recreation and enrichment activities. This program offers an unique opportunity for children and teens to gain skills and confidence from group activities while still receiving one-on-one attention from their buddies. The Sunday Circle program helps to teach children everything from gross motor and cognitive techniques to communication and language skills. Specialized activities raise the spirits and promote creativity, while sports activities exercise gross motor skills and promote physical fitness

- Requirements: RSVP
- Notice: register at [friendshipoc.org](http://friendshipoc.org)

#### MARINERS VJC

Su 2-4pm 4/7, 5/5, 6/2 4-18yrs

## For More Information

Visit [newportbeachca.gov](http://newportbeachca.gov) and search "Special Needs Programming" for a full list of local resources.

# SPRING CAMPS

## CITY

### Spring Break Camp!

#### Recreation

Campers will enjoy crafts, games, tournaments, and various structured activities. Camp is staffed by Senior Recreation Leaders and is designed for youth to expand their abilities, discover new talents, and have fun. On Thursday, April 10, campers will be going on an excursion to Tanaka Farms!

- **Requirements:** campers must be enrolled in TK-6th grade during the 2024-2025 school year.
- **Please bring:** 2 daily snacks, lunch, and close-toe shoes.
- **Notice:** No refunds or transfer once camp begins. \$25 refund fee applies to withdrawals with 7 days or more notice. \$50 refund fee applies to withdrawals with 6 days or less notice.

**COMMUNITY YOUTH CENTER (CYC)**  
M-F 4/7-4/11 7am-6pm 5-12yrs \$181 **CNBS1**



## SPECIAL INTERESTS

### Artsy Cooking-Ski Week Camp

#### Parker-Anderson Enrichment

In this scrumptious and artistic class, students will explore a different cooking recipe each day while also making beautiful works of art as time allows. Create delicious meals you get to eat, and, while the food is cooking, complete art projects with a variety of materials (priority is given to the cooking recipes each day).

- **Notice:** This camp is not recommended for students with severe allergies. If your child has any minor allergy or food restrictions please email [ac@parker-an.com](mailto:ac@parker-an.com)
- **Please bring:** water bottle

**COMMUNITY YOUTH CENTER (CYC)**  
M-F 4/7-4/11 9am-Noon 5-11yrs \$290 **CY2026**

## SPORTS & FITNESS

### Spring Break Soccer Camp

#### Pregoni Fútbol Training

Join the European Soccer Adventure Camp for a fun and engaging experience! Designed for kids of all skill levels, our camp introduces beginners to the fundamentals of soccer while offering more experienced players a chance to enhance their abilities. Led by Professional Soccer player Andrea Pregoni, players will enjoy interactive drills, small-sided games, and skill-building activities in a welcoming, teamwork-focused environment. Perfect for beginners and those looking to improve!

**SAN MIGUEL PARK**  
M-F 4/7-4/11 9am-Noon 5-12yrs \$285 **FB2031**



## STEM +

### BrainStormSTEM: Robotics Playground

#### BrainStorm STEM Education

Students will explore a new STEM concept each day through fun, hands-on projects in Science, Technology, Engineering, and Math. They'll learn Chemistry, Rocketry, Physics, Engineering, Coding, Electronics, and Robotics. Perfect for all levels, this course helps students build valuable skills while having lots of fun! Plus, they'll take home a final project to share their STEM success with family and friends.

#### COMMUNITY YOUTH CENTER (CYC)

M-Th 4/7-4/10 1-4pm 7-11yrs \$274 **CY2027**

### Forensic Science - Bionerds' Way

#### Bionerds

Come and join the fun to become a Forensic Scientist Bionerds way! Your child will learn forensic and biology techniques, experiments, and activities to further deductive reasoning to uncover the truth following in the footsteps of Sherlock Holmes and Scotland Yard. Topics will include fingerprinting, DNA, trace evidence, dental forensic, and more.

- Additional fees: \$95 (materials)
- Notice: Bionerds waiver needs to be submitted before class starts

#### MARINERS VJC

M-F 4/7-4/11 9am-Noon 5-12yrs \$245 **FB2000**

### Spanish Immersion Camp

#### Portal Languages

Learn Spanish with little or no knowledge. The focus is on conversation for fast learning of daily actions. Our native instructors will speak the target language during all activities, crafts and games. Attending this Immersion program will help you succeed not only in regular school but engaging in conversations with Spanish speaking relatives and friends.

#### CLIFF DRIVE PARK AND COMMUNITY CENTER

M-F 4/7-4/11 8:30am-2:30pm 6-10yrs \$505 **FB2015**

### Young Einsteins': Science Explorers

#### BrainStorm STEM Education

Pure science, pure FUN! Young scientists will explore Science through hands-on experiments. They'll harness static electricity, create electric circuits, and build a wooden catapult. Students will take home a final project to share their STEM success. This course keeps curious minds engaged through fun, educational experiences!

#### BONITA CREEK & COMMUNITY CENTER

M-F 4/7-4/11 9am-Noon 7-10yrs \$274 **FB2001**

## SAILING

### Spring Break Sailing & Kayaking Camp

A weeklong camp introducing children to sailing and kayaking on Newport Harbor. Sailing 8' Sabots and/or 14' RS Quests campers will learn basic concepts of sailing including parts of the boat, terminology, water safety and knots. We will also spend time in kayaks developing confidence on the water as we explore Newport Harbor.

- Requirements: No prior experience needed. Must be able to swim 50 yards

#### MARINA PARK

M-F 4/7-4/11 9am-12:30pm 7-12yrs \$260  
M-F 4/7-4/11 1-4:30pm 13-17yrs \$260

ARTS & THEATRE | DANCE | ENRICHMENT  
GYMNASTICS | HEALTH & FITNESS | MUSIC | SPORTS

# Preschool

[newportbeachca.gov/register](http://newportbeachca.gov/register)

Update



**ARTS & THEATRE**



**DANCE**



**ENRICHMENT**



# Preschool Classes

**The Recreation & Senior Services Department** is here to help your kids stay active, engaged, and busy all year long! Let your child have fun making a mess you don't have to clean up, discover their inner performer, and play with new friends in one of our many classes made just for your curious little ones. Parents can join in on the fun too with art, sports, tumbling, yoga, dance, and music classes designed for you to learn and grow together.



**GYMNASTICS**



**HEALTH & FITNESS**



**MUSIC**



**SPORTS**

## ARTS & THEATRE

### Messy, Messy, Fun!

#### OC Tiny Tots Academy

Join us for a delightful, messy, and imaginative experience that stimulates your child's creativity! Our classes encourage children to express themselves through unique creations while exploring their senses. We use exciting mediums such as clay, paint, and watercolors to engage our students in a fun and educational activity. **No class 4/11**

- Additional fees: \$15 (materials)
- Requirements: parent participation
- Please bring: small snack and water bottle

#### MARINA PARK COMMUNITY CENTER

F	3/21-4/18	11-11:45am	1.5-3yrs	\$80	MP2031
F	4/25-5/16	11-11:45am	1.5-3yrs	\$80	MP2032
F	5/23-6/6	11-11:45am	1.5-3yrs	\$60	MP2033

### Special Person & Me Mixed Media

#### Lisa Albert

Special Person & Me Mixed Media and Clay Little artists will learn basic clay techniques such as coil and slab making, blending, firing and glazing. Imaginative masks, bowls, tiles and fun animal projects will be made. Creative painting projects on canvas, paper, printing, collage and pastels will be taught. Projects are keepsakes. This class shouldn't be missed!

#### LISA ALBERT ART STUDIO

F	3/21-4/25	11am-Noon	2-5yrs	\$250	FB2010
F	5/2-6/6	11am-Noon	2-5yrs	\$250	FB2011

### Storybook Stage Play - Superheroes

#### Take the Stage Productions

All the world's a stage in this fun theater class. Youth will be inspired while learning creative drama skills, playing fun theater games and helping to recreate famous storybook characters - All leading up to a play performance on the last day, complete with costumes. This unique class cultivates creativity, imagination, public speaking skills and confidence!

- Additional fees: \$5 (materials)

#### BONITA CREEK & COMMUNITY CENTER

F	3/21-5/2	3:30-4:15pm	3-6yrs	\$115	FB2061
---	----------	-------------	--------	-------	--------

## DANCE

### Creative Movement

#### Odyssey Dance Academy

Our high-energy class combines creativity and a developmentally appropriate curriculum, fostering a love for movement and rhythm. Join us for a joyful dance class that nurtures both physical and cognitive growth in a playful and engaging way. **No class 4/9**

#### COMMUNITY YOUTH CENTER (CYC)

W	3/19-6/4	2:45-3:30pm	3-5yrs	\$205	CY2004
---	----------	-------------	--------	-------	--------

#### ODYSSEY DANCE ACADEMY

W	3/19-6/4	4-4:45pm	3-5yrs	\$205	FB2014
---	----------	----------	--------	-------	--------

### Princess Ballet

#### SoCa Arts

Twirl into Princess Ballet! Dancers learn beginning ballet through terminology and imagery set to their favorite princess songs. Class includes short princess storytimes and one princess craft. Last day performance for family! Please read prior to first class: [socaarts.com/policies-procedures](http://socaarts.com/policies-procedures).

**No class 4/8**

- Requirements: leotard, tights, and ballet shoes
- Additional fees: \$5 (materials)

#### BONITA CREEK & COMMUNITY CENTER

Tu	3/25-5/27	3:45-4:30pm	3-5yrs	\$179	FB2046
----	-----------	-------------	--------	-------	--------

### Tiny Tots Tap

#### SoCa Arts

The perfect introduction to dance! Children will learn beginning ballet and tap skills alongside creative movement activities in this fun, energetic class. Class promotes musicality, coordination, and gross motor skills. Last day performance for family! Please read prior to first class: [socaarts.com/policies-procedures](http://socaarts.com/policies-procedures). **No class 4/8**

- Requirements: Leotard, tights, and ballet and tap shoes

#### BONITA CREEK & COMMUNITY CENTER

Tu	3/25-5/27	4:40-5:25pm	3-5yrs	\$179	FB2047
----	-----------	-------------	--------	-------	--------

### Tot Hop

#### Odyssey Dance Academy

This Hip Hop class is designed specifically for your preschool-aged dancer. This class focuses on strengthening gross motor skills and developing rhythm, while nurturing a love for dance in a fun and encouraging environment. Join us for this upbeat and energetic class!

#### ODYSSEY DANCE ACADEMY

Tu	3/18-6/3	3:15-3:45pm	3-5yrs	\$155	FB2012
----	----------	-------------	--------	-------	--------

## Tumble Tots

### Odyssey Dance Academy

Get ready to tumble, roll, and jump in our Tumble Tots class! Designed for preschoolers, this fun-filled acrobatics class helps young dancers develop strength, coordination, and flexibility in a playful environment. Through basic tumbling skills like somersaults, bridges, and balance exercises, your little one will build confidence while having a blast. Tumble Tots is the perfect introduction to the exciting world of acrobatics!

**No class 4/9**

#### ODYSSEY DANCE ACADEMY

W 3/19-6/4 3:30-4pm 3-5yrs \$155 **FB2013**

## You & Me Sing and Dance Together

### Take the Stage Productions

Little ones will have a blast singing and dancing with their grown ups in this class! Students will learn singing warm-ups, play fun games, play rhythm instruments, and learn simple dances with their grown up. Students will develop listening, gross & fine motor skills, concentration, & memory.

**No class 4/11**

- Additional fees: \$5 (materials)

#### COMMUNITY YOUTH CENTER (CYC)

F 3/21-5/2 9:30-10:15am 1.5-3yrs \$115 **CY2022**

F 5/9-6/6 9:30-10:15am 1.5-3yrs \$95 **CY2023**

# ENRICHMENT

## Baby & Me Spanish

### Portal Languages

Welcome to our brand new Family language class! A unique opportunity to enjoy a Spanish class and bond with your child. This language learning course comes alive through fun activities for parents and kids, helping to train their bilingual brain and interact in Spanish at home too. **No class 4/10**

#### COMMUNITY YOUTH CENTER (CYC)

Th 3/20-5/15 9:30-10:15am 2-4yrs \$200 **CY2000**

#### NEWPORT COAST COMMUNITY CENTER

F 3/21-5/9 9:30-10:15am 2-4yrs \$200 **NCC218**

#### PORTAL LANGUAGES SCHOOL COSTA MESA

M 3/17-5/5 10-10:45am 2-4yrs \$200 **FB2024**

Sa 4/5-4/26 9-9:45am 2-4yrs \$100 **FB2025**

Sa 5/3-5/31 9-9:45am 2-4yrs \$100 **FB2026**

## Italian for Preschoolers

### Portal Languages

Welcome to our brand new Italian PreK class! This language learning course comes alive through fun activities for toddlers and preschoolers, helping to train their bilingual brain and interact in Italian at home too.

#### PORTAL LANGUAGES SCHOOL COSTA MESA

Th 3/27-5/15 10:15-11am 2-4.5yrs \$200 **FB2030**

## OC Tiny Tots Academy - Preschool

### OC Tiny Tots Academy

Enroll your child in our beachfront classroom, providing a top-notch education. Our skilled teacher works with students to establish the necessary building blocks for success in kindergarten and beyond. Our curriculum adheres to California Preschool Learning Foundations and CCSS guidelines and covers subjects such as phonological and phonemic awareness, printing, number sense, and math reasoning. We prioritize the development of social-emotional skills critical to success. Our students participate in whole and small group instruction, as well as engaging in art, science, multi-sensory learning centers, music, movement, and imaginative play. We focus on the strengthening of social-emotional skills, leadership abilities, and classroom behavior. Our instruction is tailored to meet the unique needs of each student, based on age, abilities, readiness, and social-emotional growth. **No class 4/7-4/10, 5/26**

- Requirements: Participants must be fully potty-trained.
- Additional fees: \$40 (materials), \$20 for Mon/Wed sessions
- Please bring: a sack lunch

#### MARINA PARK COMMUNITY CENTER

M-Th 3/17-4/17 9am-1pm 3-5yrs \$720 **MP2022**

M-Th 4/21-5/15 9am-1pm 3-5yrs \$720 **MP2024**

M-Th 5/19-6/5 9am-1pm 3-5yrs \$495 **MP2026**

#### Preschool (Mon/Wed ONLY)

M/W 3/17-4/16 9am-1pm 3-5yrs \$360 **MP2023**

M/W 4/21-5/14 9am-1pm 3-5yrs \$360 **MP2025**

M/W 5/19-6/4 9am-1pm 3-5yrs \$225 **MP2027**

## Preschool Prep

### OC Tiny Tots Academy

Enroll your child in our small and secure classroom to help them get ready for preschool. Our nurturing environment provides a safe space for students to develop critical thinking skills, learn essential classroom behaviors, and practice self-regulation. Our curriculum encourages problem-solving skills, incorporates age-appropriate play, and enhances fine and gross motor skills. **No class 4/11**

- Additional fees: \$20 (materials)
- Requirements: parent participation
- Please bring: small snack and water bottle

#### MARINA PARK COMMUNITY CENTER

F 3/21-4/18 9:30-10:30am 2-3yrs \$105 **MP2028**

F 4/25-5/16 9:30-10:30am 2-3yrs \$105 **MP2029**

F 5/23-6/6 9:30-10:30am 2-3yrs \$80 **MP2030**

## GYMNASTICS

### Junior Olympians

#### Tumble-N-Kids

Girls and boys are taught fundamental movement and gymnastic skills through introduction of simple directions and fun stations. Beginning cartwheels, rolls, balance beams, mini trampoline, back-handspring barrel, and obstacle courses will be safely introduced. Boost self-esteem, increase body awareness and build strength and coordination for all types of sports! **No class 4/7-4/11, 4/19, 5/23, 5/24, 5/26**

- Additional fees: \$5 (materials)
- Please bring: water bottle
- Notice: Parent participation may be required.

#### BONITA CREEK & COMMUNITY CENTER

Th 3/27-6/5 11:35am-12:20pm 3.5-5yrs \$255 **FB2063**

#### COMMUNITY YOUTH CENTER (CYC)

M 3/24-6/2 11:35am-12:20pm 3.5-5yrs \$230 **CY2009**

#### MARINA PARK COMMUNITY CENTER

F 3/28-6/6 11:35am-12:20pm 3.5-5yrs \$230 **MP2007**

#### NEWPORT COAST COMMUNITY CENTER

Tu 3/25-6/3 11:35am-12:20pm 3.5-5yrs \$255 **NCC206**

W 3/26-6/4 10-10:45am 3.5-5yrs \$255 **NCC207**

Sa 3/29-6/7 10-10:45am 3.5-5yrs \$230 **NCC208**

### Kartwheel-N-Kids

#### Tumble-N-Kids

Girls and boys ages 4-6 learn gymnastics skills including cartwheels, rolls, jumps, handstands, bridge/backbends and practice on the balance beam, handspring barrel, trampoline and more. We focus on beginning tumbling skills while incorporating music, obstacle courses, and FUN! Progressive skill level instruction creates confidence and success. **No class 4/7-4/11, 5/23, 5/26**

- Additional fees: \$5 (materials)
- Please bring: water bottle

#### BONITA CREEK & COMMUNITY CENTER

Th 3/27-6/5 4:30-5:30pm 4-6yrs \$305 **FB2064**

#### COMMUNITY YOUTH CENTER (CYC)

M 3/24-6/2 3:30-4:30pm 4-6yrs \$275 **CY2010**

#### MARINA PARK COMMUNITY CENTER

F 3/28-6/6 3:30-4:30pm 4-6yrs \$275 **MP2008**

#### NEWPORT COAST COMMUNITY CENTER

Tu 3/25-6/3 3:20-4:05pm 4-6yrs \$305 **NCC209**

W 3/26-6/4 3-4pm 4-6yrs \$355 **NCC210**

### Preschool Ninja-Nastics

#### Tumble-N-Kids

Does your little ninja never stop moving? This is the perfect class to get out some of those wiggles and help build strength, gymnastics skills and confidence. Ninja obstacle courses, jumps, wall runs and balance challenges will increase coordination and boost confidence. Boys and girls will LOVE this class and be proud of all they can accomplish.

**No class 4/11**

- Additional fees: \$5 (materials)
- Please bring: water bottle

#### NEWPORT COAST COMMUNITY CENTER

F 3/28-6/6 3:15-4pm 4-6yrs \$255 **NCC215**

### Tiny Twisters

#### Tumble-N-Kids

Tiny Twisters and partners Shake-Tumble-N-Roll with upbeat music and friends. Safe spotting tips and age-appropriate tumbling will facilitate child's sensory and motor skill development. Tumblers explore in a safe environment, learn multiple rolls down the "big cheese", crawl through tunnels, & learn gymnastics positions in circle time with fun songs and props.

**No class 4/8-4/11, 4/19, 5/23, 5/24**

- Additional fees: \$5 (materials)
- Requirements: parent participation

#### BONITA CREEK & COMMUNITY CENTER

Th 3/27-6/5 10:45-11:30am 9mos-1.5yrs \$255 **FB2066**

#### MARINA PARK COMMUNITY CENTER

F 3/28-6/6 10:45-11:30am 9mos-1.5yrs \$230 **MP2006**

#### NEWPORT COAST COMMUNITY CENTER

Tu 3/25-6/3 10-10:45am 9mos-1.5yrs \$255 **NCC200**

W 3/26-6/4 11:35am-12:20pm 9mos-1.5yrs \$255 **NCC201**

Sa 3/29-6/7 11:35am-12:20pm 9mos-1.5yrs \$230 **NCC202**

### Tumble Bugs

#### Tumble-N-Kids

Let's MOVE! Music, tumbling challenges, introducing simple directions and routines will help your child develop listening and social interaction skills. Tumble Bugs & partners will participate in circle time & obstacles courses, dance to songs, tumble, roll, jump, balance, walk like animals and finish with parachute activities! **No class 4/7-4/9, 4/11, 4/19, 5/23-5/24, 5/26**

- Additional fees: \$5 (materials)
- Please bring: water bottle

#### COMMUNITY YOUTH CENTER (CYC)

M 3/24-6/2 10:45-11:30am 1.5-3.5yrs \$230 **CY2017**

#### MARINA PARK COMMUNITY CENTER

F 3/28-6/6 10-10:45am 1.5-3.5yrs \$230 **MP2005**

#### NEWPORT COAST COMMUNITY CENTER

Tu 3/25-6/3 10:45-11:30am 1.5-3.5yrs \$255 **NCC203**

W 3/26-6/4 10:50-11:35am 1.5-3.5yrs \$255 **NCC204**

Sa 3/29-6/7 10:50-11:35am 1.5-3.5yrs \$230 **NCC205**

# HEALTH & FITNESS

## Baby & Me Yoga

**Jessi Moon Conder**

Parents bond with their baby while connecting to themselves to release stress, stretch and breathe. We have a lot of fun and create a community atmosphere where babies learn to interact peacefully gaining social skills and parents get to rejuvenate. Jessi is amazing at getting babies to love yoga! Learn more about Jessi at [www.LetsEnlightenTogether.com](http://www.LetsEnlightenTogether.com).

**No class 4/8**

- Please bring: a mat, toy and a smile!

**COMMUNITY YOUTH CENTER (CYC)**

Tu 3/18-4/29 10-10:50am 1mos-4yrs \$152 **CY2001**

# MUSIC

## Little Singers

### Take the Stage Productions

An introduction to voice for youth who love to sing. Students will build a solid foundation in vocal performance, rhythm, and musicianship while having fun singing favorites from Broadway musicals, Grammy winners, and popular children's songs. Students will develop listening, gross & fine motor skills, coordination of articulators, concentration and memory.

**No class 4/8**

- Additional fees: \$5 (materials)

**BONITA CREEK & COMMUNITY CENTER**

F 5/9-6/6 3:30-4:15pm 3-5yrs \$95 **FB2062**

**COMMUNITY YOUTH CENTER (CYC)**

Tu 3/18-4/29 2-2:45pm 3-5yrs \$115 **CY2011**

Tu 5/6-6/3 2-2:45pm 3-5yrs \$95 **CY2012**

## Mini Music Masters 1

### Mini Music Masters

This music class provides an introduction to ear training and music fundamentals. Students will explore fun ways to learn about scales, intervals, pitch matching, rhythm, and using Solfège to recognize note sounds. Additionally, students will get to discover the art of composition by creating their own simple melodies and becoming mini music masters!

**No class 4/8**

**COMMUNITY YOUTH CENTER (CYC)**

Tu 3/18-6/3 10:30-11:30am 3-5yrs \$245 **CY2028**

## South Coast Music Together

### South Coast Music Together

Join the award-winning international research-based music and movement program bringing infants, toddlers, and the adults who love them, the joy of making music together! Learn to support and nurture the innate musicality in your child through an expertly guided class experience in an environment that celebrates each child's individual nature.

**No class 4/7, 5/26**

- **Requirement:** parent participation
- **Notice:** Participants may bring their own instruments from home or are welcome to use SCMT instruments. Instruments are cleaned after each use.
- **More info:** In the event of inclement weather, classes will be held at an alternate indoor location or remotely on Zoom.

### Indoors

**CLIFF DRIVE PARK AND COMMUNITY CENTER**

Tu 4/1-6/3 3:45-4:30am 1mos-4yrs \$221 **FB2049**

Tu 4/1-6/3 4:45-5:30am 1mos-4yrs \$221 **FB2050**

Sa 4/5-6/7 9:30-10:15am 1mos-4yrs \$221 **FB2051**

Sa 4/5-6/7 10:30-11:15am 1mos-4yrs \$221 **FB2052**

**COMMUNITY YOUTH CENTER (CYC)**

M 3/31-6/2 9:30-10:15am 1mos-4yrs \$178 **CY2015**

M 3/31-6/2 10:30-11:15am 1mos-4yrs \$178 **CY2016**

**NEWPORT COAST COMMUNITY CENTER**

W 4/2-6/4 3:45-4:30pm 1mos-4yrs \$221 **NCC227**

W 4/2-6/4 4:45-5:30pm 1mos-4yrs \$221 **NCC228**

### Outdoors

**WESTCLIFF PARK**

Tu 4/1-6/3 9:15-10am 1mos-4yrs \$221 **FB2053**

Tu 4/1-6/3 10:15-11am 1mos-4yrs \$221 **FB2054**

Tu 4/1-6/3 11:15am-Noon 1mos-4yrs \$221 **FB2055**

W 4/2-6/4 9:15-10am 1mos-4yrs \$221 **FB2056**

W 4/2-6/4 10:15-11am 1mos-4yrs \$221 **FB2057**

W 4/2-6/4 11:15am-Noon 1mos-4yrs \$221 **FB2058**

## SPORTS

### Skyhawks HoopsterTots

#### Stack Sports

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge. **No class 5/26**

#### NEWPORT COAST COMMUNITY CENTER

M	3/17-4/14	3:20-4pm	3.5-4.5yrs	\$105	<b>NCC223</b>
M	4/28-6/2	3:20-4pm	3.5-4.5yrs	\$105	<b>NCC224</b>
M	3/17-4/14	4:10-4:50pm	4.5-6yrs	\$105	<b>NCC225</b>
M	4/28-6/2	4:10-4:50pm	4.5-6yrs	\$105	<b>NCC226</b>

### Skyhawks Multi-SportTots

#### Stack Sports

Introduce your little superstar to sports in our most popular program! This multi-sport class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. Sports include soccer, baseball, and basketball. **No Class 4/19, 5/24**

- Required: parent participation

#### MARINA PARK COMMUNITY CENTER

Sa	3/29-5/31	9-9:40am	2-3.5yrs	\$155	<b>MP2010</b>
Sa	3/29-5/31	9:50-10:30am	2-3.5yrs	\$155	<b>MP2011</b>
Sa	3/29-5/31	10:40-11:20am	3.5-5yrs	\$155	<b>MP2012</b>
Sa	3/29-5/31	11:30am-12:10pm	3.5-5yrs	\$155	<b>MP2013</b>

### Skyhawks SoccerTots

#### Stack Sports

SoccerTots is our flagship program! These soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition.

- Requirement: parent participation

#### BUFFALO HILLS PARK

Tu	3/18-4/15	4-4:40pm	2-3.5yrs	\$105	<b>FB2034</b>
Tu	4/29-5/27	4-4:40pm	2-3.5yrs	\$105	<b>FB2035</b>
Tu	3/18-4/15	4:50-5:30pm	2-3.5yrs	\$105	<b>FB2036</b>
Tu	4/29-5/27	4:50-5:30pm	2-3.5yrs	\$105	<b>FB2037</b>
Tu	3/18-4/15	5:40-6:20pm	3.5-5yrs	\$105	<b>FB2038</b>
Tu	4/29-5/27	5:40-6:20pm	3.5-5yrs	\$105	<b>FB2040</b>
Tu	3/18-4/15	6:30-7:10pm	3.5-5yrs	\$105	<b>FB2039</b>
Tu	4/29-5/27	6:30-7:10pm	3.5-5yrs	\$105	<b>FB2041</b>
Th	3/20-4/24	10-10:40am	2-4.5yrs	\$105	<b>FB2042</b>
Th	5/1-5/29	10-10:40am	2-4.5yrs	\$105	<b>FB2043</b>
Th	3/20-4/24	10:50-11:30am	2-4.5yrs	\$105	<b>FB2044</b>
Th	5/1-5/29	10:50-11:30am	2-4.5yrs	\$105	<b>FB2045</b>

#### MARINA PARK COMMUNITY CENTER

W	3/19-4/16	4-4:40pm	2-3.5yrs	\$105	<b>MP2014</b>
W	4/30-5/28	4-4:40pm	2-3.5yrs	\$105	<b>MP2016</b>
W	3/19-4/16	4:50-5:30pm	2-3.5yrs	\$105	<b>MP2015</b>
W	4/30-5/28	4:50-5:30pm	2-3.5yrs	\$105	<b>MP2017</b>
W	3/19-4/16	5:40-6:20pm	3.5-5yrs	\$105	<b>MP2018</b>
W	4/30-5/28	5:40-6:20pm	3.5-5yrs	\$105	<b>MP2020</b>
W	3/19-4/16	6:30-7:10pm	3.5-5yrs	\$105	<b>MP2019</b>
W	4/30-5/28	6:30-7:10pm	3.5-5yrs	\$105	<b>MP2021</b>

**FOLLOW US**  
on Social Media to  
**STAY UPDATED**  
@cityofnewportbeach

     
YOUTUBE NEXTDOOR INSTAGRAM FACEBOOK

What is  
YOUR  
recreation?





**LEARN MORE HERE:**  
**NEWPORTBEACHCA.GOV/RECREATION**

LOOKING FOR CAREER OPPORTUNITIES?  
**We're hiring**  
For City of Newport Beach  
Employment Opportunities, visit:  
**NEWPORTBEACHCA.GOV/JOBS**





100 CIVIC CENTER DRIVE ■ NEWPORT BEACH ■ 92660

ARTS & THEATRE | DANCE | GYMNASTICS | HEALTH & FITNESS | MUSIC | SPORTS

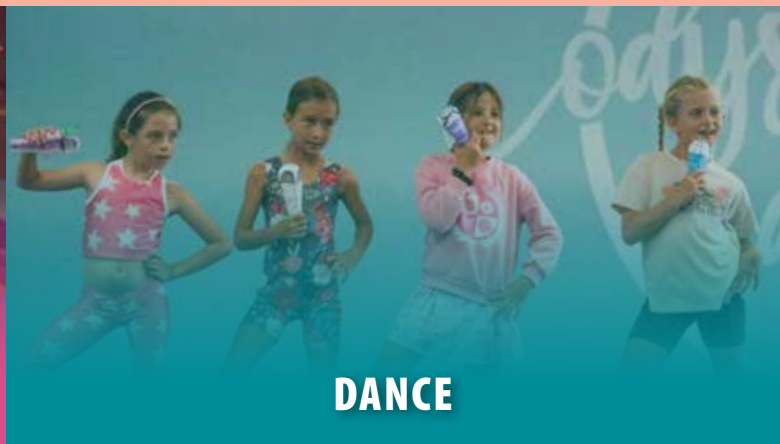
# Youth & Teens

[newportbeachca.gov/register](http://newportbeachca.gov/register)

Update



**ARTS & THEATRE**



**DANCE**

# Youth & Teens Classes

## The Recreation & Senior Services

**Department** is here to keep your kids active and engaged all through the year! Our exciting programs offer a fantastic mix of new and classic activities to get your child moving, learning, and making memories. Help your aspiring soccer star score big as they hone their skills in one of our thrilling new European Style Soccer classes, let them find their rhythm in one of our newer dance classes, or tumble into fun with the new Yoga-Nastics class that combines yoga and gymnastics.

Maximize your child's after-school time with our After Class Enrichment (ACE) programs held conveniently at 7 school sites throughout the City. ACE programs offer a stimulating environment where your child can explore new interests, develop valuable skills, and connect with peers. Visit [newportbeachca.gov/ace](http://newportbeachca.gov/ace) for more information.



**ENRICHMENT**



**GYMNASTICS**



**SPORTS**

## ARTS & THEATRE

### Art Club

**Claudia Hindu**

Come join the Art club where creative art adventures begin! This exciting class will teach students drawing fundamentals, including contour drawing, perspective, shading, proportion & still life rendering while learning how to draw the body, face, and more. Mixed media will be used including watercolors, acrylics, and clay.

- Additional fees: \$20 (materials)

#### MARINA PARK COMMUNITY CENTER

Th 3/20-4/17 4-4:50pm 6-16yrs \$149 **MP2068**

Th 5/1-5/29 4-4:50pm 6-16yrs \$149 **MP2069**

### Hollywood Film Acting - Comedies

#### Take the Stage Productions

This introductory course is designed for all students wishing to learn the acting techniques of their favorite Film & TV stars. The course includes on camera acting technique, vocabulary, character development and expression. Practical exercises in both scripted and improvisational work will be stressed.

**No class 4/7**

- Additional fee: \$5 (materials)

#### BONITA CREEK & COMMUNITY CENTER

M 3/17-4/21 4:45-5:45pm 7-11yrs \$95

**FB2059**

### Improv and Acting Games

#### Take the Stage Productions

This fun class is designed for anyone who wants to learn the essentials of acting and comedy, improve storytelling skills, learn to think quickly on their feet, be more creative, and learn to collaborate effectively to create fun characters and scenes that they have to come up with right on the spot! Exercises include vocal warm-ups, creative performance games, and short-form scene work. Performance on the last day of class!

**No class 5/26**

- Additional fee: \$5 (materials)

#### BONITA CREEK & COMMUNITY CENTER

M 4/28-6/2 4:45-5:45pm 7-11yrs \$95 **FB2060**

### Painting, Drawing, Printing, & Clay

**Lisa Albert**

Students will paint, draw, collage and print on a variety of materials such as canvas, quality paper, metal, as well as clay and wood while keeping within the Fall time theme. Fundamental techniques, skills & art appreciation will be taught by a professional artist and teacher. Experience this wonderful and exciting class and take home some amazing masterpieces.

#### LISA ALBERT ART STUDIO

Th 3/20-5/29 3:30-4:30pm 5-12yrs \$450 **FB2009**

### Thoughtful Theater

**Jennifer Trevour**

This short & sweet "mini" session is perfect for our busy families and includes a song & scene from a popular musical, improvisation games blended with mindfulness activities, and a final immersive performance on the last day of class! Thoughtful Theater classes uniquely weave kids' mindfulness tools into fun acting, singing and dancing lessons, teaching kids how to both Play and to Pause. Try our shorter session out for a chance to see for yourself what Thoughtful Theater is all about!

#### NEWPORT ELEMENTARY SCHOOL

W 5/14-6/4 4-5:15pm 5-12yrs \$155 **MP2067**

## DANCE

### Discover Dance

#### Odyssey Dance Academy

Join us for our brand new program: Discover Dance! Our faculty will focus on building a strong technical foundation that transcends across various dance styles, including ballet, jazz, lyrical, & contemporary. Our intentionally developed curriculum teaches fundamental dance skills and techniques, preparing students for future recreational or competitive dance training. There will be an in-studio demonstration on the last day of the session. Ready to step into the world of dance with us? Sign up now to Discover Dance at Odyssey Dance Academy!

**No class 4/9**

- Requirements: half-sole dance shoes

#### COMMUNITY YOUTH CENTER (CYC)

W 3/19-6/4 3:30-4:15pm 5-7yrs \$205 **CY2005**

W 3/19-6/4 4:15-5pm 8-10yrs \$205 **CY2006**

### Pop Star Hip Hop Minis

#### SoCa Arts

Grab your glitter microphone! Children learn hip hop and jazz dance technique and choreography set to age-appropriate music from today's popular artists in this fun, upbeat class. Movements help improve coordination, musicality, and even sports ability! Last day performance for family! Please read prior to first class: [socaarts.com/policies-procedures](http://socaarts.com/policies-procedures). **No class 4/8**

- Requirements: athletic attire and sneakers

#### BONITA CREEK & COMMUNITY CENTER

Tu 3/25-5/27 5:35-6:20pm 4-8yrs \$179 **FB2048**

# ENRICHMENT

## Manners, Character & Social Skills "Foundations"

### Etiquette Factory w/ Ms. Nelson

Our exclusive programs helps children understand why integrity, respect, empathy and charity help our lives both personally and professionally. Over 50 different etiquette skills are taught using games, role play, props, music, stories, and kind discussion. Some of the skills include are: introductions, dining etiquette, kindness, tact, communication, being a guest, teasing/bullying, empathy, sincere apologies and so much more. Who knew learning manners could be so much fun!

- Additional fees: \$20 (supplies)
- Please bring: water bottle and small snack

### NEWPORT COAST COMMUNITY CENTER

Sa 3/22-4/12 10am-1pm 5-9yrs \$185 NCC220

## Young Einsteins': STEMgineers

### BrainStorm STEM Education

Discover the amazing world of STEM! Young scientists will explore Science, Technology, Engineering, and Math in this hands-on course. Each day, students engage in fun projects, from Chemistry, Rocketry, Physics, Engineering, Coding, Electronics, and Robotics. Through exploration, they make real-world connections beyond the classroom. Get your student started on STEM today in this exciting and educational class!

### CLIFF DRIVE PARK AND COMMUNITY CENTER

Th 4/3-6/5 3:30-4:30pm 7-10yrs \$194 FB2002

# GYMNASTICS

## Academy 1

### Tumble-N-Kids

Beginning gymnastics curriculum consists of introductory skills including forward rolls, jumps, basic understanding of cartwheels, handstands and backward rolls. Beginner class includes fundamentals on uneven bars, vault and balance beams with an emphasis on body shaping, conditioning and flexibility to increase body awareness, build strength and coordination and boost self-esteem. **No class 4/8, 4/9**

- Additional fee: \$5 (materials)

### NEWPORT COAST COMMUNITY CENTER

Tu 3/25-6/3 4:05-5pm 6-8yrs \$355 NCC211  
W 3/26-6/4 4-5pm 6-8yrs \$355 NCC212

## Academy 2

### Tumble-N-Kids

Beginning gymnastics curriculum consists of introductory skills including forward rolls, jumps, basic understanding of cartwheels, handstands and backward rolls. Beginner class includes fundamentals on uneven bars, vault and balance beams with an emphasis on body shaping, conditioning and flexibility to increase body awareness, build strength and coordination and boost self-esteem. **No class 4/8**

- Additional fee: \$5 (materials)

### NEWPORT COAST COMMUNITY CENTER

Tu 3/25-6/3 5-6pm 9-14yrs \$355 NCC213



**CITY OF NEWPORT BEACH**  
RECREATION & SENIOR SERVICES DEPARTMENT

# Active Kids AFTERSCHOOL

**3 Locations**  
Community Youth Center  
Mariners  
Newport Elementary

Your child can play, learn and explore new things while being in a safe environment. Activities include arts & crafts, indoor & mostly outdoor play, homework help, reading time, movies, structured games and more.

**No classes: 1/20, 2/17-2/21, 3/12**  
*All sites are closed on NMUSD and City observed holidays.*

<b>MONDAY-FRIDAY</b> Hours: School Dismissal-6pm	<b>Community Youth Center</b> Winter <b>CYC100</b>
	<b>Mariners: VJC Room</b> Winter <b>MAR100</b>
	<b>Newport Elementary</b> Winter <b>NEL100</b>

**WINTER PASS 2025**  
**JAN. 6-MAR. 14**

**\$395/Winter Pass**

**REGISTRATION IS ONLINE ONLY**

**REGISTRATION OPENS**  
**Thursday, November 14 at 8:00 a.m.**

[newportbeachca.gov/register](http://newportbeachca.gov/register)

## Academy 3

### Tumble-N-Kids

Advanced gymnastics curriculum consists of more difficult skills including round-offs, back walkovers, aerial cartwheel drills, back handspring basics along with practice on the gymnastics apparatus-uneven bars, balance beams and vault. Strength and conditioning and flexibility practice will aid gymnasts in developing new skills. **No class 4/9**

- Additional fee: \$5 (materials)
- Requirements: gymnasts must have pre-approval to join this class. Email [info@tumblenkids.com](mailto:info@tumblenkids.com) to schedule a try-out.

#### NEWPORT COAST COMMUNITY CENTER

W 3/26-6/4 5-6pm 8-14yrs \$355 **NCC214**

## Cheer Jumps & Stunts

### Tumble-N-Kids

All levels welcome! Experienced coaches safely teach stunts, cheers, jumps, arm motions, and floor tumbling. Primary tumbling includes cartwheels, rolls and roundoffs. **No class 4/11**

- Additional fees: \$5 (materials)
- Please bring: water bottle

#### NEWPORT COAST COMMUNITY CENTER

F 3/28-6/6 4-5pm 5-7yrs \$305 **NCC216**

F 3/28-6/6 5-6pm 8-12yrs \$305 **NCC217**

## Jammin' Gymnastics

### Tumble-N-Kids

Girls and boys learn age-appropriate gymnastics skills on floor, balance beam and mini trampoline. Practice rolls, cartwheels, round-offs, walkovers and more! Students will experience the benefits of healthy exercise, building strength and coordination, and increasing flexibility. A lively, non-competitive atmosphere makes learning and accomplishing goals FUN! **No Class 4/11, 5/23**

- Additional fees: \$5 (materials)
- Please bring: water bottle

#### MARINA PARK COMMUNITY CENTER

F 3/28-6/6 4:30-5:30pm 6-12yrs \$275 **MP2009**

## Ninja-Nastics

### Tumble-N-Kids

Channel your energy into a FUN class full of jumps, kicks, and rolls that embody the strength of a ninja, technique of a gymnast, and agility of parkour. Students will develop basic gymnastics skills that allow them to safely advance to ninja rolls and parkour. Martial arts style drills will improve balance, coordination and agility. A great class for boys and girls to increase strength and build confidence. **No class 4/10**

- Additional fees: \$5 (materials)

#### BONITA CREEK & COMMUNITY CENTER

Th 3/27-6/5 5:30-6:30pm 7-12yrs \$305 **FB2065**

## Tumble Yogis

### Tumble-N-Kids

Calling all Tumble Yogis! Baby yoga, tumbling challenges, and introducing simple directions will progress your child's physical and social development. Little yogis and partners will participate in calming circle time activities, practice balance skills and tumble across gymnastics obstacle courses. Together, children and partners practice calming breathing techniques and mindfulness, providing them the tools for self regulation. **No class 4/10**

- Additional fees: \$5 (materials)
- Requirements: parent participation

#### BONITA CREEK & COMMUNITY CENTER

Th 3/27-6/5 10-10:45am 1.5-3yrs \$255 **FB2067**

## Tumbling, Strength & Conditioning

### Tumble-N-Kids

Aspiring gymnasts benefit from our progressive skill teaching method, promoting confidence and self-esteem! Gymnasts build routines and skill on floor, fine-tune rolls, cartwheels, round-offs, walkovers, handsprings, splits, and more! Emphasis on conditioning to build strength and flexibility. **No class 4/10**

- Additional fees: \$5 (materials)

#### BONITA CREEK & COMMUNITY CENTER

Th 3/27-6/5 3:30-4:30pm 7-12yrs \$305 **FB2068**

## Yoga-Nastics

### Tumble-N-Kids

Yoga + Gymnastics= Yoga-Nastics! Through amazing resources of children's literature, we approach children's yoga as an opportunity for fun and growth while utilizing the body and mind. This class focuses on stretching and strengthening muscles, coordination, and balance challenges which further develop gymnastics skills such as handstands, headstands and cartwheels. Children practice calming breathing techniques and mindfulness, which gives them the tools for self regulation. **No class 4/7, 5/26**

#### COMMUNITY YOUTH CENTER (CYC)

M 3/24-6/2 4:30-5:30pm 6-12yrs \$275 **CY2021**

# SPORTS

## European Style Soccer Classes

### Pregoni Fútbol Training

Group soccer sessions conducted on-site with dedicated coaches and all necessary equipment provided for each session. Featuring unique and fun drills that build strong player-ball relationships, our passionate European-style coaching ensures an unforgettable experience for kids of all levels and ages, whether you're a beginner or looking to enhance your game! Experience an unforgettable journey on the field where skills grow, teams bond, and the fun never stops! **No class 4/9, 4/10**

#### SAN MIGUEL PARK

W/Th 3/19-5/1 3:30-4:30pm 4-16yrs \$390 **FB2032**

CITY OF NEWPORT BEACH  
RECREATION & SENIOR SERVICES  
*presents*

# MATT LEINART FLAGFOOTBALL



**2025  
SPRING SEASON  
MARCH-MAY**

**REGISTRATION**  
in Now Open

**PLAYOFFS IN**  
May

**GAMES ARE PLAYED**  
Friday Evenings

**LOCATION**  
Bonita Creek Park



**TO REGISTER OR FOR MORE INFORMATION:**  
[www.mlflagnb.com](http://www.mlflagnb.com) ▪ Contact Ryan at 949-422-5864 or [rleinart@mlflag.com](mailto:rleinart@mlflag.com)

CITY OF NEWPORT BEACH ▪ RECREATION & SENIOR SERVICES DEPARTMENT  
**EASTBLUFF ▪ HARBOR VIEW ▪ LINCOLN ▪ MARINERS ▪ NEWPORT COAST  
NEWPORT HEIGHTS ▪ NEWPORT ELEMENTARY**



Spring 2025 Season Dates  
**MARCH 17-MAY 30**

Registration is Now Open  
NO CLASS DATES: 4/7-11, 5/26

Kindergartners through 6th graders

Enrich your child's learning with After Class Enrichment (ACE), a series of recreation classes held immediately after school dismissal. Your favorite instructors are back on campus this year. It's time to excel after the bell with ACE!

For more information on schedules, fees and registration visit:  
**WWW.NEWPORTBEACHCA.GOV/ACE**  
949-644-3151 ▪ [ACE@NEWPORTBEACHCA.GOV](mailto:ACE@NEWPORTBEACHCA.GOV)



## Judo & Jujitsu - Youth

### Rick Bradley

Judo and Jujitsu are martial arts that emphasize the use of balance and technique to defeat a larger, stronger opponent by using the opponent's own strength against them. This class will consist of stretching/warming up, fall rolls, mat work and free practice.

- Notice: A practice uniform can be obtained through the instructor.

#### COMMUNITY YOUTH CENTER (CYC)

Tu/Th 3/18-6/5 6-7:15pm 5-17yrs \$28 **CY2007**

## Karate - Beginner

### David Crockett

Traditional karate with emphasis on discipline, manners and self-defense. Itosu-kai is an older style with a rich history in Japan. Belts can be earned as the students progress.

- Notice: Special training date on 3/22 from 9am-4pm.
- Additional fees: \$50 (uniform- optional)

#### NEWPORT COAST COMMUNITY CENTER

Tu/Th 3/18-6/5 4-4:45pm 5-16yrs \$260 **NCC230**

## Karate - Intermediate

### David Crockett

This class is designed for students who have previously participated in the beginner class and achieved 2 levels in Itosu-ryu karate. Emphasis will be placed on higher-level techniques and harder training, with an introduction to kumite (fighting).

- Notice: Special training date on 3/22 from 9am-4pm.
- Additional fees: \$50 (uniform- optional)

#### NEWPORT COAST COMMUNITY CENTER

Tu/Th 3/18-6/5 4:50-5:40pm 5-16yrs \$260 **NCC231**

## NSA All Skills Boys & Girls Beginner Volleyball Clinic

### Newport Sports Academy

The NSA Beginner Clinic is designed for boys and girls aged 6-13. Led by expert coaches including former pros. Participants will be divided into groups to maximize skill level development. The program offers instruction in basic volleyball skills, such as serving, passing, setting, and spiking. It emphasizes mastering the fundamentals in a fun and engaging atmosphere. Participants will also have the opportunity to play with our program teams, no volleyball experience needed!

- Provided: NSA T-shirt

#### NEWPORT COAST COMMUNITY CENTER

Th 3/20-5/22 3:30-5pm 6-14yrs \$350 **NCC233**

## NSA Girls Advance (Competitive) Volleyball

### Newport Sports Academy

The NSA Competitive Program is designed for girls ages 9-14 with basic to advanced volleyball experience. This program focuses on mastering fundamental skills and learning the game's rules to enhance each participant's overall volleyball knowledge. Led by international coaches and former professional players, participants will be placed on teams to further develop their competitive skills through structured play. We prepare players for success in their school volleyball programs or for joining NSA's competitive teams.

- Provided: NSA T-shirt

#### NEWPORT COAST COMMUNITY CENTER

Th 3/20-5/22 5-6:30pm 9-15yrs \$350 **NCC234**

F 3/21-5/23 6:15-7:45pm 9-15yrs \$350 **NCC235**

## Skyhawks Basketball

### Stack Sports

This fun, skill-intensive program is designed for beginning to intermediate players. An active class of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility. **No class 5/26**

#### NEWPORT COAST COMMUNITY CENTER

M 3/17-4/14 5-6pm 7-10yrs \$105 **NCC221**

M 4/28-6/2 5-6pm 7-10yrs \$105 **NCC222**

## Skyhawks Flag Football Workshop

### Stack Sports

Flag Football is the perfect introduction to "America's Game." Participants learn skills on both sides of the football - including the core components of passing, catching, deflagging and defense - all presented in a safe, fun and positive environment.

#### BUFFALO HILLS PARK

Su 3/30 9am-Noon 7-12yrs \$79 **FB2071**

Su 4/27 9am-Noon 7-12yrs \$79 **FB2072**

Su 5/18 9am-Noon 7-12yrs \$79 **FB2073**

## Ultimate Futsal Experience

### Pregoni Fútbol Training

Our on-site group futsal sessions feature passionate European-style coaches and all necessary equipment. Fun, engaging drills help build strong player-ball relationships, offering an unforgettable experience for kids of all ages and skill levels, whether you're a beginner or looking to elevate your game. Played on concrete, futsal provides a dynamic environment where skills grow, teams bond, and the fun never stops. Join us for an exciting journey! **No class 4/7, 4/8**

#### SAN MIGUEL PARK

M/Tu 3/17-5/13 3:30-4:30pm 4-16yrs \$390 **FB2033**

## Babysitter, CPR, AED, & First Aid Training

### Healthy U

Become the favorite babysitter every family wants! This class provides students with an American Heart Association Heartsaver student workbook, 2-year course completion card, a babysitter reminder binder and other training supplies.

- **Additional fees:** \$40 (materials - exact cash or check payable to Healthy U) set inside an envelope with the student's name
- **Notice:** Not the BLS course for healthcare providers Requirements: advance registration
- **Please bring:** lunch and a drink
- **More information:** Email your instructor (4AliciaGrabowski@gmail.com) after class to confirm your Email address and preferred name on your card. No card is sent until this is done. Cards are sent electronically.

#### MARINA PARK COMMUNITY CENTER

Su	5/4	8:30am-4pm	11yrs+	\$95	<b>MP2001</b>
Sa	6/7	8:30am-4pm	11yrs+	\$95	<b>MP2002</b>

## CPR & AED-Heartsaver Adult, Child & Infant

### Healthy U

Don't miss a beat and increase the number of people "Staying Alive!" This class provides you with an American Heart Association Heartsaver student workbook and 2-year course completion card.

- **Additional fees:** \$25 (Exact cash amount or a check payable to Healthy U) inside an envelope with the student's name
- **Notice:** Not the BLS course for healthcare providers Requirements: advance registration
- **More information:** Email your instructor (4AliciaGrabowski@gmail.com) after class to confirm your Email address and preferred name on your card. No card is sent until this is done. Cards are sent electronically from AHA.

#### MARINA PARK COMMUNITY CENTER

Su	5/4	8:30am-Noon	11yrs+	\$75	<b>MP2003</b>
Sa	6/7	8:30am-Noon	11yrs+	\$75	<b>MP2004</b>

## Skyhawks Flag Football Workshop

### Stack Sports

Flag Football is the perfect introduction to "America's Game." Participants learn skills on both sides of the football - including the core components of passing, catching, deflagging and defense - all presented in a safe, fun and positive environment.

#### BUFFALO HILLS PARK

Su	3/30	9am-Noon	7-12yrs	\$79	<b>FB2071</b>
Su	4/27	9am-Noon	7-12yrs	\$79	<b>FB2072</b>
Su	5/18	9am-Noon	7-12yrs	\$79	<b>FB2073</b>

## Mindful Parenting

### Jessi Moon Conder

Learn tools to gain confidence and knowledge to empower and heal yourself and your children. You will leave feeling refreshed and more confident in yourself and your ability to resolve conflict and create harmony and peace within you and between your family members. Please visit [www.LetsEnlightenTogether.com](http://www.LetsEnlightenTogether.com) to learn more and contact Jessi with any questions.

#### COMMUNITY YOUTH CENTER (CYC)

Sa	3/29	4-5:30pm	Adult	\$45	<b>CY2013</b>
Sa	4/12	4-5:30pm	Adult	\$45	<b>CY2014</b>

## Surf + Art

### Newport Surf Camp

Elevate your evening with a 1-hour guided session, riding waves and soaking in the Ocean's energy. Afterward, channel your stroke into hands-on-surf-inspired art workshop. Participants will design custom wave-themed prints. This event celebrates the intersection of surfing and artistic expression. No prior experience in art or surfing is required - just bring your enthusiasm for the ocean and creativity! Perfect for surfers, ocean lovers and artists alike.

- **Please bring:** water, towel and sunscreen
- **Provided:** Art materials, Surfboards and wetsuits
- **Requirements:** Students must have the ability to swim

#### 29TH STREET BEACH

Su	3/30	4-6:30pm	Adult	\$100	<b>MP2072</b>
----	------	----------	-------	-------	---------------

## Surf + Sound Healing: Flow with the Waves and Vibes

### Newport Surf Camp

Immersive one-day experience combining the energy of surfing with the tranquility of sound healing. Begin the day riding the waves with guided surf sessions designed for all skill levels. Afterward, unwind on the beach with a restorative sound healing journey, featuring crystal bowls, gongs and soothing vibrations that harmonize with the rhythm of the ocean. This event offers the perfect blend of adventure and relaxation, feeling balance, energized and deeply connected to the sea.

- **Please bring:** water, towel, change of clothes, sunscreen and blanket for sound bath
- **Provided:** Surfboards and wetsuits

#### 29TH STREET BEACH

Su	4/27	10am-12:30pm	Adult	\$100	<b>MP2073</b>
----	------	--------------	-------	-------	---------------

# Water Sports

[newportbeachca.gov/register](http://newportbeachca.gov/register)



## Stand-Up Paddleboard (SUP) & Kayak Rentals

City of Newport Beach –  
Marina Park Sailing & Boating Center

Love paddling but don't want the commitment or hassle of owning and lugging around your own equipment? Come do all of your kayak or SUP paddling from the beautiful beach at Marina Park! Pay per session or purchase a "punch pass" and paddle during our open paddle session hours. We'll set you up with our new, state-of-the-art equipment, offer helpful tips, and put away your gear when you're done!

- **Requirements:** ages 6-11 must be accompanied by parent or guardian on equipment.
- **Notice:** no refunds and non-transferable.
- **More info:** 5 or 10 punch pass session of 1.5 hours. Expires 1 year after purchase.

**5 Punch Pass: \$83**    **10 Punch Pass: \$111**    **Drop-in Rate: \$21/hr**

**LOCATION:** MARINA PARK SAILING & BOATING CENTER

For more information, please contact  
Marina Park at **949-270-8160**.

## SURF

### Adult Surf Class

#### Endless Sun Surf

Want to learn to surf with others? Then sign up for this fun, supportive and encouraging surf class for men and women! In this adult-only class, new and experienced surfers will learn about ocean safety, wave selection, etiquette, efficient paddling, pop-up and turning techniques, plus reading and riding waves to the surfer's full potential. Never surfed before? This class is for you! Do you want to improve your surfing? This class is also for you!

- **Notice:** Class meets under Newport Pier
- **Provided:** Surfboards and wetsuits

#### NEWPORT PIER

Su	5/4	8:30-10am	Adult	\$95	<b>MP2051</b>
Su	5/18	8:30-10am	Adult	\$95	<b>MP2052</b>
Su	5/25	8:30-10am	Adult	\$95	<b>MP2053</b>

### Friday's Surf Class

#### Endless Sun Surf

Learn to surf or improve your surfing, at the safest and best beach for kids to learn! This class is intended for kids attending any school. Our patient surf instructors will teach kids the basic skills of surfing, etiquette, safety, proper wave selection, efficient paddling, pop-up and turning techniques. **No class 4/11**

- **Additional fees:** \$20 (materials)
- **Notice:** Parents drop off and pick up UNDER the Newport Pier (lower level of Lifeguard HG) and assist child into & out of wetsuit
- **Provided:** Soft surfboards and wetsuits, but you may bring your own.
- **Requirements:** Students must have the ability to swim

#### NEWPORT PIER

F	3/21-4/25	4-5:30pm	5-17yrs	\$280	<b>MP2041</b>
F	5/2-5/30	4-5:30pm	5-17yrs	\$280	<b>MP2042</b>

### Intermediate Surf Class

#### Endless Sun Surf

This class is led by a World Championship Tour Surfer, who has over 27 years of surf contest experience and was a former NHHS surf team coach. Whether you want to improve your shortboarding skills or longboarding skills, this class is for you! Professional surfers will teach students how to improve their surfing, how to perform maneuvers and how to compete in a surf contest. Fun annual Newport Grom Surf Contest with trophies is held on the last day of season. **No class 4/8**

- **Notice:** surfing takes place between 18th through 25th St. but meets under the Newport Pier
- **Provided:** Surfboards and wetsuits
- **Requirements:** prior surfing experience; ability to catch own waves recommended

#### NEWPORT PIER

Tu	3/18-4/22	3:10-4:40pm	6-12yrs	\$265	<b>MP2043</b>
Tu	4/29-5/27	3:10-4:40pm	6-12yrs	\$265	<b>MP2044</b>

## Monday's Surf Class - Session 1

### Endless Sun Surf

Learn to surf, or improve your surfing, at the safest and best beach for kids to learn! This class is led by professional surfers who are extremely knowledgeable and passionate about surfing, and have over 23 years of teaching experience. Patient and encouraging surf instructors will teach kids the basic skills of surfing, etiquette, safety, proper wave selection, efficient paddling, pop-up and turning techniques. Come see why we're voted the #1 Surf Camp in OC! **No class 4/7, 5/26**

- **Additional fees:** \$20 (materials)
- **Notice:** Parents drop off and pick up under the Newport Pier (lower level of Lifeguard HG) and assist child in & out of wetsuit
- **Provided:** Soft surfboards and wetsuits, but you may bring your own.
- **Requirements:** Students must have the ability to swim

#### NEWPORT PIER

M	3/17-4/21	4-5:30pm	5-17yrs	\$280	<b>MP2039</b>
M	4/28-6/2	4-5:30pm	5-17yrs	\$280	<b>MP2040</b>

## Teen Surf Class

### Endless Sun Surf

Are you looking for a surf club for teens only?! Then sign up for this surf class, where new and experienced surfers will take their surfing to the next level. Class is taught by previous Newport Harbor High School Surf Team Coaches! Never surfed before? This class is for you! Do you want to improve your surfing? This class is also for you! Class will divide into smaller groups based on age and skill levels. **No class 4/10**

- **Notice:** Drop off and pick up under the Newport Pier (lower level of Lifeguard HG)
- **Provided:** Soft surfboards and wetsuits, but you may bring your own.
- **Requirements:** Students must have the ability to swim

#### NEWPORT PIER

Th	3/20-4/24	4-5:30pm	13-17yrs	\$265	<b>MP2045</b>
Th	5/1-5/29	4-5:30pm	13-17yrs	\$265	<b>MP2046</b>

## Women's Surf Class

### Endless Sun Surf

Women are raving about this fun, supportive and encouraging surf class designed by a female professional surfer! In this women-only class, new and experienced surfers will learn about ocean safety, wave selection, etiquette, efficient paddling, pop-up and turning techniques, plus reading and riding waves to the surfer's full potential. Never surfed before? This class is for you! Do you want to improve your surfing? This class is also for you!

- **Notice:** Class meets under Newport Pier
- **Provided:** Surfboards and wetsuits

#### NEWPORT PIER

Sa	5/3	8:30-10am	Adult	\$95	<b>MP2047</b>
Sa	5/10	8:30-10am	Adult	\$95	<b>MP2048</b>
Sa	5/17	8:30-10am	Adult	\$95	<b>MP2049</b>
Sa	5/24	8:30-10am	Adult	\$95	<b>MP2050</b>
Sa	5/31	8:30-10am	Adult	\$95	<b>MP2054</b>

## Friyay Adult Surf Class

### Newport Surf Camp

In our surf class, you'll master the fundamentals of surfing: catching waves, proper positioning, balance, and ocean safety. Gain confidence in the water under expert guidance.

#### No class 4/4, 4/11

- **Please bring:** water, towel and arrive wearing sunscreen
- **Provided:** Surfboards and wetsuits
- **Requirements:** Students must have the ability to swim

#### 29TH STREET BEACH

F	3/21-5/9	7:30-9am	Adult	\$105	<b>MP2055</b>
---	----------	----------	-------	-------	---------------

## Girls Shred Surf Class

### Newport Surf Camp

A girls surf camp is an empowering and fun-filled experience designed to teach girls how to surf, improve their skills, and connect with other like-minded girls creating a community of female surfers. In this camp you'll learn the fundamentals of surfing, including paddling, popping up, and riding waves.

- **Additional fees:** \$20 (materials)
- **Notice:** Kids will be dropped off on 28th street beach
- **Please bring:** a towel
- **Provided:** Surfboards and wetsuits
- **Requirements:** Students must have the ability to swim

#### 29TH STREET BEACH

F	4/25-5/16	3:30-5pm	6-12yrs	\$277	<b>MP2056</b>
---	-----------	----------	---------	-------	---------------

## Kids Surf101

### Newport Surf Camp

Learn the fundamentals of surfing, including paddling, popping up, and riding waves. They'll be taught by experienced surf instructors who will provide a fun and engaging learning environment. Safety is a top priority in a kids surf 101 class, and your child will be taught how to read ocean conditions, identify hazards, and stay safe in the water. Your child will also learn basic surf etiquette, such as sharing waves, respecting other surfers, and being aware of their surroundings.

- **Additional fees:** \$20 materials
- **Please bring:** towel, water and arrive wearing sunscreen
- **Provided:** Surfboards and wetsuits
- **Requirements:** Students must have the ability to swim

#### 29TH STREET BEACH

Th	4/24-5/15	3:30-5pm	6-12yrs	\$205	<b>MP2057</b>
Sa	4/26-5/17	10-11:30am	6-12yrs	\$205	<b>MP2059</b>
Th/Sa	4/24-5/17	See times above	6-12yrs	\$355	<b>MP2058</b>

## Never Too Late Adult Surf Camp

### Newport Surf Camp

If you want to learn to surf and feel confident going in the lineup by yourself this is the camp for you. You will learn the fundamentals of surfing, paddling, popping up, and different techniques riding the waves. You'll be taught by experienced surf instructors who will guide you through every step of the process and help you build confidence in the water.

- **Additional fees:** \$20 (materials)
- **Please bring:** a towel, water, wear bathing suit, and sunscreen
- **Provided:** Surfboards and wetsuits
- **Requirements:** Students must have the ability to swim

#### 29TH STREET BEACH

Sa 4/26-5/17 8-10am Adult \$285 **MP2060**

## Newport Juniors Surf Team

### Newport Surf Camp

Junior surf team is an excellent way for young surfers to hone their skills, meet other like-minded individuals, and develop a sense of camaraderie and sportsmanship. Under the guidance of experienced coaches, team members receive training in surfing techniques, physical fitness, and mental preparation for competitions. This is not a beginner class. **No class 4/8 and 4/10**

- **Please bring:** a surfboard, sunscreen, towel, wetsuit and water.
- **Requirements:** Students must have the ability to swim. Must be able to paddle out into lineup independently and have a solid foundation of surfing with 2 or more years of experience.

#### 29TH STREET BEACH

Tu/Th 3/25-5/1 6-7am 8-15yrs \$305 **MP2061**

Tu/Th 5/6-5/29 6-7am 8-15yrs \$205 **MP2062**

## Surf + Art

### Newport Surf Camp

Elevate your evening with a 1-hour guided session, riding waves and soaking in the Ocean's energy. Afterward, channel your stroke into hands-on-surf-inspired art workshop. Participants will design custom wave-themed prints. This event celebrates the intersection of surfing and artistic expression. No prior experience in art or surfing is required - just bring your enthusiasm for the ocean and creativity! Perfect for surfers, ocean lovers and artists alike.

- **Please bring:** water, towel and sunscreen
- **Provided:** Art materials, Surfboards and wetsuits
- **Requirements:** Students must have the ability to swim

#### 29TH STREET BEACH

Su 3/30 4-6:30pm Adult \$100 **MP2072**

## Surf + Mobility Class

### Newport Surf Camp

This unique experience blends functional movement, yoga, and surf specific mobility drills to improve flexibility, strength and balance. After a rejuvenating flow, hit the water together for a group surf session where you'll put your new skills into practice. Perfect for surfers of all level looking to improve their performance both on land and in the waves!

- **Additional fees:** \$20 (materials)
- **Please bring:** water, towel and sunscreen (you will practice mobility before session, wear active wear and bathing suits)
- **Provided:** Surfboards and wetsuits
- **Requirements:** Students must have the ability to swim

#### 29TH STREET BEACH

Sa 3/22-3/29 8-10am Adult \$165 **MP2063**

## Surf + Sound Healing: Flow with the Waves and Vibes

### Newport Surf Camp

Immersive one-day experience combining the energy of surfing with the tranquility of sound healing. Begin the day riding the waves with guided surf sessions designed for all skill levels. Afterward, unwind on the beach with a restorative sound healing journey, featuring crystal bowls, gongs and soothing vibrations that harmonize with the rhythm of the ocean. This event offers the perfect blend of adventure and relaxation, feeling balance, energized and deeply connected to the sea.

- **Please bring:** water, towel, change of clothes, sunscreen and blanket for sound bath
- **Provided:** Surfboards and wetsuits

#### 29TH STREET BEACH

Su 4/27 10am-12:30pm Adult \$100 **MP2073**

## Surf, Ride & Review

### Newport Surf Camp

Take your surfing to the next level! In this unique class, you'll get a personalized surf lesson, complete with video footage of your session. After catching waves, sit down with your instructor to review the video, analyze your technique, and get tailored feedback to improve your skills. Perfect for refining your style, boosting confidence, and making real progress in the water!

- **Please bring:** a towel, water, and sunscreen
- **Provided:** Surfboards and wetsuits
- **Requirements:** Students must have the ability to swim

#### 29TH STREET BEACH

W-F 5/14-5/16 8-10am Adult \$356 **MP2064**

## Teen Surf

### Newport Surf Camp

Learn the fundamentals of surfing, including paddling, popping up, and riding waves. They'll be taught by experienced surf instructors who will provide a fun and engaging learning environment. Safety is a top priority in a kids surf 101 class, and your child will be taught how to read ocean conditions, identify hazards, and stay safe in the water. Your child will also learn basic surf etiquette, such as sharing waves, respecting other surfers, and being aware of their surroundings.

- **Additional fees:** \$20 materials
- **Please bring:** water and arrive wearing sunscreen
- **Provided:** Surfboards and wetsuits
- **Requirements:** Students must have the ability to swim

### 29TH STREET BEACH

Su 4/27-5/18 9-10:30am 12-17yrs \$205 **MP2065**



## Endless Sun Surf School

949-533-1022 ▪ [endlessunsurf@hotmail.com](mailto:endlessunsurf@hotmail.com)

1 PERSON	2 PEOPLE	3 PEOPLE
\$95/hour	\$150/hour	\$200/hour
\$185/2 hours	\$290/2 hours	\$370/2 hours
7+ PEOPLE	15+ PEOPLE	20+ PEOPLE
\$95/person for 2 hours	\$75/person for 2 hours	\$69/person for 2 hours

REGISTER AT [ENDLESSSUNSURF.COM](http://ENDLESSSUNSURF.COM)

## Newport Surf Camp

866-SURF-CAMP ▪ [newportsurfcamp@yahoo.com](mailto:newportsurfcamp@yahoo.com)

1 PERSON	2 PEOPLE	3 PEOPLE
\$95/hour	\$150/hour	\$200/hour
\$185/2 hours	\$290/2 hours	\$370/2 hours
7+ PEOPLE	15+ PEOPLE	20+ PEOPLE
\$95/person for 2 hours	\$75/person for 2 hours	\$69/person for 2 hours

REGISTER AT [NEWPORTSURFCAMP.COM](http://NEWPORTSURFCAMP.COM)

## SAILING

### Parent & Me Sailing

This 1-day class is perfect for any adult who wants to explore sailing with their child in a relaxed and safe environment. Learn the basics of sailing on either a 14' dinghy or a small keelboat, accompanied by an instructor who will guide you through safe sailing on Newport Harbor.

- **Requirements:** No prior experience needed. Must be able to swim 50 yards. Registration required for adult and youth participants. Youth participants must be accompanied by an adult age 18 or older.

### MARINA PARK

Sa 5/3	9:30am-1pm	6yrs-Adults	\$65
Su 6/8	9:30am-1pm	6yrs-Adults	\$65

### Youth Learn to Sail

Young sailors ages 8 to 13 will learn to sail using our fleet of 8' sabots and 14' quest dinghies. This is a great class for sailors of all skill levels. New sailors will learn basic sailing skills and gain confidence through dockside lectures and on-the-water practice. Returning sailors will focus on improving boat handling, sail trim and overall sailing skills. Class topics include boating safety, knots, rigging, sailing theory, boat handling, docking, sail trim and how to right a capsized dinghy. Register for one or two classes or for the series. \$55 per class or \$205 for the series. **No class 4/20, 5/25**

- **Requirements:** No prior experience needed. Must be able to swim 50 yards.

### MARINA PARK

Su 4/6	1:30-4:30pm	8-13yrs	\$75
Su 4/13	1:30-4:30pm	8-13yrs	\$75
Su 4/27	1:30-4:30pm	8-13yrs	\$75
Su 5/4	1:30-4:30pm	8-13yrs	\$75
Su 3/30-5/4	1:30-4:30pm	8-13yrs	\$275
Su 5/11	10am-1pm	8-13yrs	\$75
Su 5/17	10am-1pm	8-13yrs	\$75
Su 6/1	10am-1pm	8-13yrs	\$75
Su 6/8	10am-1pm	8-13yrs	\$75
Su 5/11-6/8	10am-1pm	8-13yrs	\$275

### Spring Break Sailing & Kayaking Camp

A weeklong camp introducing children to sailing and kayaking on Newport Harbor. Sailing 8' Sabots and/or 14' RS Quests campers will learn basic concepts of sailing including parts of the boat, terminology, water safety and knots. We will also spend time in kayaks developing confidence on the water as we explore Newport Harbor.

- **Requirements:** No prior experience needed. Must be able to swim 50 yards

### MARINA PARK

M-F 4/7-4/11	9am-12:30pm	7-12yrs	\$260
M-F 4/7-4/11	1-4:30pm	13-17yrs	\$260

[NEWPORTBEACHCA.GOV/SAILING](http://NEWPORTBEACHCA.GOV/SAILING)

Notice: Registration is through OCC Sailing ([occsailing.com/marina-park](http://occsailing.com/marina-park))

## Dinghy

### Beginning Dinghy Sailing

Learn to sail on beautiful Newport Harbor in this 14-hour class designed for those with little or no sailing experience. Through classroom instruction and on-the-water practice you will learn the fundamentals of how to rig and safely sail a small boat. The class is also a great refresher for those who have not sailed recently. Sailing a 14' dinghy you will learn: boating safety, knots, rigging, sailing theory, boat handling, docking, sail trim and capsizing recovery. **No class 5/25**

- **Requirements:** No prior experience needed. Must be able to swim 50 yards. Need sufficient agility to move about safely in the boat.

#### MARINA PARK

Sa	3/22-4/12	9:30am-1pm	14yrs-Adults	\$199
M-Th	4/29-5/2	2-5:30pm	14yrs-Adults	\$199
Su	5/11-6/8	9:30am-1pm	14yrs-Adults	\$199

### Intermediate Dinghy Sailing

A great class for students ready to take their dinghy sailing skills to the next level. You will build on basic skills and work on improving boat handling, refining sail trim, skipper and crew teamwork, and problem solving while afloat. Sailing a 14' RS Quest you will practice: rigging, docking, sail trim, sail controls, crew work and communication, reefing and knots.

- **Requirements:** Successful completion of Beginning Dinghy Sailing or equivalent experience. Participants must be able to swim 50 yards. Need sufficient agility to move about safely in the boat.

Sa	4/26-5/17	1:30-5pm	14yrs-Adults	\$185
----	-----------	----------	--------------	-------

### Advanced Dinghy Sailing & Spinnaker Clinic

An advanced class ideal for competent dinghy sailors interested in learning how to fly the spinnaker aboard our 14' RS Quest Dinghy. Through classroom instruction and on-the-water practice you will learn how to prepare, set, trim, gybe and drop the spinnaker.

- **Requirements:** Successful completion of Intermediate Dinghy Sailing or equivalent dinghy sailing experience. Participants must be able to swim 50 yards. Need sufficient agility to move about safely in the boat.

#### MARINA PARK

Su	3/23-3/30	1:30-5pm	14yrs-Adults	\$140
Sa	5/31-6/7	1:30-5pm	14yrs-Adults	\$140

## Keelboat

### Beginning Keelboat Sailing

Learn to sail on beautiful Newport Harbor in this 14-hour class designed for those with little to no sailing experience who want to learn how to sail on a larger more stable keelboat. Through classroom instruction and on-the-water practice you will learn the fundamentals of how to rig and safely sail a J/22 keelboat. Your instructor will be on-board with you to provide a more hands-on experience. Sailing a J/22 keelboat you will learn boating safety, knots, rigging, sailing theory, boat handling, docking, sail trim and crew overboard recovery. **No class 4/20, 5/24**

- **Requirements:** No prior experience needed. Participants must be able to swim 50 yards.

#### MARINA PARK

Su	4/6-5/4	9:30am-1pm	14yrs-Adults	\$450
M-Th	4/21-4/24	1-4:30pm	14yrs-Adults	\$450
Sa	5/10-6/7	9:30am-1pm	14yrs-Adults	\$450
M-Th	6/2-6/5	1-4:30pm	14yrs-Adults	\$450

### Intermediate Keelboat

For students ready to take the next step after completing the Beginning Keelboat Class. In this class you will build on basic skills and learn the finer points of boat handling and sail theory while learning to work as part of a team on the J/22. Sailing a J/22 Keelboat you will build confidence rigging, docking, and learn sail trim, sail controls, crew work and communication and anchoring

- **Requirements:** Successful completion of Beginning Keelboat Sailing or equivalent experience. Participants must be able to swim 50 yards.

#### MARINA PARK

Sa	3/29-4/12	1:30-5:30pm	14yrs-Adults	\$235
M-Th	4/28-5/1	2-5pm	14yrs-Adults	\$235
Su	5/4-5/18	1:30-5:30pm	14yrs-Adults	\$235

### Advanced Ocean Sailing

For students with intermediate sailing skills ready to explore sailing outside the harbor. This class will focus on building sailing and seamanship skills as you sail down the harbor and enter the Pacific Ocean. Skills will include advanced sail trim, wing n' wing the jib using the spinnaker pole, jury-rigging techniques, running aground, towing, tide and currents, aids to navigation and ocean sailing.

- **Requirements:** Successful completion of Intermediate Keelboat Sailing or equivalent experience. Participants must be able to swim 50 yards.

#### MARINA PARK

Sa	3/22	9:30am-4:30pm	14yrs-Adults	\$210
----	------	---------------	--------------	-------

[NEWPORTBEACHCA.GOV/SAILING](http://NEWPORTBEACHCA.GOV/SAILING)

Notice: Registration is through OCC Sailing ([occsailing.com/marina-park](http://occsailing.com/marina-park))



## Private Sailing Lesson Rates

**QUEST or J/22**  
**\$260: 3hrs/1 student**  
*Additional Student \$25*



## Sail Pass & Boat Rentals

### 3 STEPS TO SAIL

- 1. Learn:** Build your sailing skills through classes at Marina Park or qualify with equivalent experience/skills.
- 2. Get Rated:** Experienced sailors, age 18+, may complete either the keelboat or the dinghy written exam. Contact Marina Park at **949-270-8160** to sign up. Upon successful completion of the written exam, register for an on-water skills assessment.
- 3. Join the Sail Pass:** After successfully rating, purchase an annual pass or pay a per-use rental fee.

### Sailing Pass Pricing

**Adult Annual Pass:** \$669  
**Student Pass:** \$324 (annually); \$109 (quarterly)  
*Must be a full-time student at least 18 years old.*

### Boat Rental Pricing

**J/22:** \$21/hour  
**RS Quest & Lido:** \$16/hour  
*No additional charge for crew.*

**For more information contact:**  
**Marina Park Sailing & Boating Center**  
 1600 W Balboa Blvd, Newport Beach, Ca 92663  
 949-270-8160 ▪ [boating@newportbeachca.gov](mailto:boating@newportbeachca.gov)

## US Sailing Basic Keelboat Certification

For experienced sailors ready to pursue the US Sailing Basic Keelboat Certification. Each session starts with a brief review followed by on-the-water skill development and skills evaluation. Course and evaluation topics for this extensive sailing course includes sail theory, docking, tacking, jibing, crew coordination, navigation rules and aids to navigation, anchoring, reefing, heaving to, and crew overboard recovery.

To allow for more time on the water you will complete the written exam online. Prior to the first class you will receive access to the US Sailing online test which you must be complete prior to your final class meeting. Your active participation at home, in the classroom and on the water is essential for success.

- **Requirements:** Successful completion of Intermediate Keelboat Sailing, Shields 2 or recent equivalent experience as both skipper and crew. Participants must be able to swim 50 yards.

### MARINA PARK

Sa 5/31-6/7 9am-5pm 14yrs-Adults \$450

## Explore the J/22 Keelboat

For sailors with intermediate sailing skills, but with no prior experience sailing a J/22 keelboat. You will review rigging, docking, crew work and more as you get ready to take your sailing to the next level and jump into an Intermediate or Advanced J/22 Keelboat class.

- **Requirements:** Intermediate sailing skills. Must be able to swim 50 yards.

Sa	3/22	1:30-5pm	14yrs-Adults	\$150
Su	4/27	1:30-5pm	14yrs-Adults	\$150
Su	6/8	1:30-5pm	14yrs-Adults	\$150

## J/22 Spinnaker Clinic

A great one-day class for competent sailors interested in working on advanced boat handling skills. The focus of this class is on learning how to use the spinnaker, advanced sail trim and helm control. Sailing a J/22 Keelboat you will learn how to rig and use a spinnaker, sail trim and shape, crew work, true and apparent wind.

- **Requirements:** Successful completion of Intermediate Keelboat Sailing or equivalent experience. Participants must be able to swim 50 yards.

### MARINA PARK

Su 6/1 9:30am-4:30pm 14yrs-Adults \$210

## J/22 Keelboat Rating

For experienced sailors interested in renting the J/22 keelboat at Marina Park through the Sail Pass program.

- **Requirements:** Minimum age 18. Intermediate sailing skills. Must be able to swim 50 yards. Must register for and pass a written test proctored by Marina Park Sailing and Boating, prior to registering for this on-water assessment class.

### MARINA PARK

Sa	4/26	1:30-5pm	Adults	\$175
F	5/23	2-5:30pm	Adults	\$175

**NEWPORTBEACHCA.GOV/SAILING**

**Notice:** Registration is through  
 OCC Sailing ([occsailing.com/marina-park](http://occsailing.com/marina-park))

# Water Sports

## 14' RS Quest Dinghy Rating

For experienced sailors interested in renting the 14' RS Quest Dinghy at Marina Park through the Sail Pass program. No prior experience sailing an RS Quest is necessary, as you will review rigging. Your instructor will assess your skills and let you know if you are ready to rent through the Sail Pass program, or if you need more practice.

- **Requirements:** Intermediate sailing skills. Must be able to swim 50 yards. Must register for and pass a written test proctored by Marina Park Sailing and Boating, prior to registering for this on-water assessment class.

### MARINA PARK

Su	4/6	1:30-5pm	Adults	\$150
Su	5/18	1:30-5pm	Adults	\$150

## NEWPORTBEACHCA.GOV/SAILING

Notice: Registration is through OCC Sailing ([occsailing.com/marina-park](http://occsailing.com/marina-park))

### NEW to MARINA PARK!

## Private Adaptive Sailing Lessons OCC School of Sailing & Seamanship

Our private sailing lessons offer a unique and inclusive curriculum designed specifically for sailors with disabilities. Whether you're new to sailing or ready to get back on the water, we're here to support you at every level.

New sailors will gain foundational skills through classroom instruction and hands-on practice on our adaptive RS Venture sailboat. This boat is specially equipped with forward-facing bucket seats for those with limited core strength and a joystick steering system positioned in front of the driver for ease of access. An adaptive sailing instructor will accompany you onboard, providing tailored instruction and guidance to build your skills and confidence on the water.

For those returning to sailing, our program offers advanced training to further refine skills and enhance on-water independence. Join us for an empowering experience and discover the freedom and joy of adaptive sailing!

- **Requirements:** No prior experience needed. Participants must be able to swim 50 yards.

Fee: \$450 (Scholarships available)

Call 949-270-8160 or email [boating@newportbeachca.gov](mailto:boating@newportbeachca.gov) to inquire about this program.

### 2025 Rates for Private Sailing Lessons

Quest or J/22	Private rental check-out
\$260: 3hrs/1 student	\$260: 3hrs/1 student
Additional student \$40	Additional student \$70



## Marina Park Sail Pass

To enjoy access to the rental fleet at Marina Park through the Sail Pass you must pass a written test covering sailing topics, rules and site-specific information, and complete an on-the-water skills assessment. This applies to everyone regardless of years of experience. A passing grade on the written test is required prior to attending an on-the-water ratings class. Separate tests are required for each boat type (keelboat or dinghy). Please call **Marina Park Sailing and Boating** at **949-270-8160** to schedule a written dinghy or keelboat test.



## Lap Swim Membership Pass

### Marian Bergeson Aquatic Center (MBAC)

Corona del Mar High School  
2102 Eastbluff Drive

**RUN BY NEWPORT BEACH AQUATICS STAFF**

Lap Swim is a great way to stay active this season. Bring a friend and have fun while using kickboards, pull buoys and pace clocks to enhance your workouts!

- Circle swimming is required and lanes are limited.
- Swim cards are non-transferable & non-refundable.
- No cash accepted at the pools.

**5 VISIT SWIM PASS**  
\$16 Adults | \$11 Seniors

**20 VISIT SWIM PASS**  
\$55 Adults | \$38 Seniors  
(Non-residents pay an additional \$11 fee)

**ANNUAL PASS**  
\$176 Adults | \$121 Seniors  
(Non-residents pay an additional \$33 fee)

For current days and times, please visit [newportbeachca.gov/aquatics](http://newportbeachca.gov/aquatics).

For more information, call 949-270-8100.

YOUTH & TEENS | ADULTS

# Tennis

[newportbeachca.gov/register](http://newportbeachca.gov/register)

### Bonita Canyon Sports Park

Macarthur & Bonita Canyon

2

COURTS  
No Lights

### Grant Howald Park

5th & Iris, Corona Del Mar

2

COURTS  
No Lights

### Irvine Terrace Park

Malabar & Evita

2

COURTS  
No Lights

### Mariners Park

Dover & Irvine Avenue

2

COURTS  
With Lights

### San Joaquin Hills Park

San Joaquin Hills Road & Crown Drive North

4

COURTS  
No Lights

### West Newport Park

57th & River Jetty

4

COURTS  
No Lights

## Tiny-Hawk Tennis

### Stack Sports

Introduce your little superstar to tennis! This class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. **No class 4/19, 5/24, 5/26**

- Provided: all equipment

#### GRANT HOWALD PARK

Sa 3/29-5/31 9-9:40am 4-5yrs \$155 SKY205

#### MARINERS PARK

M 3/17-4/14 4-4:40pm 4-5yrs \$105 SKY200  
M 4/28-6/2 4-4:40pm 4-5yrs \$105 SKY208  
Th 3/20-4/17 5-5:40pm 4-5yrs \$105 SKY203  
Th 5/1-5/29 5-5:40pm 4-5yrs \$105 SKY211

## Skyhawks Tennis

### Stack Sports

This class provides a relaxed environment where fundamental tennis skills are taught along with a wide range of fun activities that help develop agility, balance, movement, sending, receiving and gross motor skills. **No class 4/19, 5/24, 5/26**

- Provided: all equipment

#### GRANT HOWALD PARK

Sa 3/29-5/31 9:50-10:30am 5-6yrs \$155 SKY206  
Sa 3/29-5/31 10:40-11:20am 7-8yrs \$155 SKY207

#### MARINERS PARK

M 3/17-4/14 4:50-5:30pm 5-6yrs \$105 SKY201  
M 4/28-6/2 4:50-5:30pm 5-6yrs \$105 SKY209  
M 3/17-4/14 5:40-6:20pm 7-8yrs \$105 SKY202  
M 4/28-6/2 5:40-6:20pm 7-8yrs \$105 SKY210  
Th 3/20-4/17 5:50-6:30pm 7-8yrs \$105 SKY204  
Th 5/1-5/29 5:50-6:30pm 7-8yrs \$105 SKY212

## Adult Tennis- Beginning Level 1

**Jim Moore**

This is an entry level class designed for the adult with little to no experience. Class will introduce racquet grip, footwork and progression of serve. Participants will practice footwork drills to build strength, coordination and develop endurance.

- **Please bring:** racquet, can of unopened tennis balls to the first class meeting.
- **Notice:** classes cancelled due to weather are made up at the end of the session if time permits. Please call Jim Moore if you need to borrow a tennis racket at 714-887-7735.

### BONITA CANYON SPORTS PARK

M	3/24-4/21	9-10am	Adult	\$120	<b>JMT200</b>
M	5/5-6/9	9-10am	Adult	\$120	<b>JMT201</b>

### MARINERS PARK

W	3/26-4/23	10-11am	Adult	\$120	<b>JMT216</b>
W	5/7-6/4	10-11am	Adult	\$120	<b>JMT217</b>
W	5/7-6/4	6-7pm	Adult	\$120	<b>JMT215</b>

### SAN JOAQUIN HILLS PARK

Sa	3/29-4/26	10-11am	Adult	\$120	<b>JMT222</b>
Sa	5/10-6/7	10-11am	Adult	\$120	<b>JMT223</b>

## Adult Tennis- Intermediate Level 2

**Jim Moore**

For players with a 3.0 rating that can rally, control and direct the ball. Drills and live balls are used.

- **Please bring:** racquet, can of unopened tennis balls to the first class meeting.
- **Notice:** classes cancelled due to weather are made up at the end of the session if time permits. Please call Jim Moore if you need to borrow a tennis racket at 714-887-7735.

### BONITA CANYON SPORTS PARK

M	3/24-4/21	10-11am	Adult	\$120	<b>JMT202</b>
M	5/5-6/9	10-11am	Adult	\$120	<b>JMT203</b>

### IRVINE TERRACE PARK

Th	5/8-6/5	9-10am	Adult	\$120	<b>JMT209</b>
----	---------	--------	-------	-------	---------------

### MARINERS PARK

W	3/26-4/23	9-10am	Adult	\$120	<b>JMT212</b>
W	5/7-6/4	9-10am	Adult	\$120	<b>JMT213</b>
W	3/26-4/23	7-8pm	Adult	\$120	<b>JMT210</b>
W	5/7-6/4	7-8pm	Adult	\$120	<b>JMT211</b>

### SAN JOAQUIN HILLS PARK

Sa	5/10-6/7	8-9am	Adult	\$120	<b>JMT221</b>
----	----------	-------	-------	-------	---------------

## Adult Tennis- Women's Intermediate Level 2

**Jim Moore**

Improve your footwork, strokes and serves in this intermediate class. The class will put emphasis on improving how to move to the net and placement of the ball in game like situations.

- **Please bring:** racquet, can of unopened tennis balls to the first class meeting.
- **Notice:** classes cancelled due to weather are made up at the end of the session if time permits. Please call Jim Moore if you need to borrow a tennis racket at 714-887-7735.

### GRANT HOWALD PARK

Tu	3/25-4/22	9:30-11am	Adult	\$153	<b>JMT204</b>
Tu	5/6-6/3	9:30-11am	Adult	\$153	<b>JMT205</b>

## Adult Tennis- Advanced Level 3

**Jim Moore**

Advanced class for players with a 3.5 rating that can rally, control, and direct the ball to a specific target. Drills and live balls are used.

- **Please bring:** racquet, can of unopened tennis balls to the first class meeting.
- **Notice:** classes cancelled due to weather are made up at the end of the session if time permits. Please call Jim Moore if you need to borrow a tennis racket at 714-887-7735.

### IRVINE TERRACE PARK

Th	3/27-4/24	8-9am	Adult	\$120	<b>JMT206</b>
Th	5/8-6/5	8-9am	Adult	\$120	<b>JMT207</b>

### SAN JOAQUIN HILLS PARK

Sa	3/29-4/26	9-10am	Adult	\$120	<b>JMT218</b>
Sa	5/10-6/7	9-10am	Adult	\$120	<b>JMT219</b>



CLASSES & PRIVATE LESSONS

# Pickleball

[newportbeachca.gov/register](http://newportbeachca.gov/register)

**Newport Coast Pickleball Courts**  
6401 San Joaquin Hills Rd.

**6**  
**NEW**  
**COURTS**  
Outdoors & No Lights

**NEWPORT COAST**  
Open Court Hours  
Mon-Sun: 7 a.m.-Dusk

**Bonita Canyon Sports Park**  
1641 Ford Rd.

**4**  
**COURTS**  
Outdoors & No Lights

**BONITA CANYON**  
Open Court Hours  
Mon-Fri: 7-8 a.m. & Noon-Dusk  
Sat: 7 a.m.-9 a.m. & Noon-Dusk  
Sun: 7 a.m.-Dusk

**DROP-IN PLAY**  
Mon-Fri: 8 a.m.-Noon  
Sat: 9 a.m.-Noon

**DROP-IN PICKLEBALL** Participants are required to supply their own paddle from our approved paddle list found at [newportbeachca.gov/sports](http://newportbeachca.gov/sports). Outdoor pickleball is only permitted on the designated court. For a detailed description, please visit: [newportbeachca.gov/sports](http://newportbeachca.gov/sports).

## Youth Beginning Pickleball

Melanie Wheatley

This beginner-level class is perfect for first-time players or those with limited experience. Students will focus on developing basic paddle and ball control skills, learning the fundamental rules, and understanding how to play the game. Expect an energetic learning experience packed with fun skills and drills designed to make the learning process enjoyable and effective. Join us for a dynamic and exciting introduction to pickleball!

### NEWPORT COAST PICKLEBALL

Tu	3/25-4/22	4-4:50pm	8-12yrs	\$180	<b>YSP200</b>
Tu	5/6-6/3	4-4:50pm	8-12yrs	\$180	<b>YSP201</b>
W	3/26-4/23	4-4:50pm	13-17yrs	\$180	<b>YSP202</b>
W	5/7-6/4	4-4:50pm	13-17yrs	\$180	<b>YSP203</b>

## Youth Improver Pickleball

Melanie Wheatley

Take your game to the next level! This class is designed for players with basic skills, focusing on enhancing your ball control and overall gameplay. Dive into advanced techniques like scoring, volleys, overheads, deep serves, return of serve, resetting, court movement, and sportsmanship. Get ready to elevate your skills and master the court!

### NEWPORT COAST PICKLEBALL

Th	3/27-4/24	4-4:50pm	8-12yrs	\$180	<b>YSP204</b>
Th	5/8-6/5	4-4:50pm	8-12yrs	\$180	<b>YSP205</b>

## Indoor Beg. Pickleball

Melanie Wheatley

This class is designed to introduce you to the basic skills and rules so you can enjoy playing the game. The lessons will include scoring, court positioning, 2 bounce rule, serves, returns, dinks and volleys.

### NEWPORT COAST COMMUNITY CENTER

Th	3/27-4/24	8-9am	Adult	\$180	NCC240
Th	5/8-6/5	8-9am	Adult	\$180	NCC241

## Indoor Advanced Beg. Pickleball

Melanie Wheatley

This class is designed to build the basic skills taught in the beginner class. In addition, it will include quick volleys, overheads, 3rd shot drops, resetting, deep serves, returns and court movement all set at a quicker pace.

- Requirements: Instructor's approval prior to registration.

### NEWPORT COAST COMMUNITY CENTER

Th	3/27-4/24	9:15-10:15am	Adult	\$180	NCC244
Th	5/8-6/5	9:15-10:15am	Adult	\$180	NCC245



**NEW LEAGUE**  
**Pickleball**  
**Team Registration Fee**  
**\$400/Residents**  
**\$450/Non-residents**  
**Newport Coast Pickleball Courts**  
 Learn more & register for the pickleball league at  
[newportbeachca.gov/sports](http://newportbeachca.gov/sports).

## Intro to Interm. Indoor Pickleball

Melanie Wheatley

This class will continue to refine the skill set learned in the prior classes at a much elevated level. The class will focus on court strategy, teamwork, shot selection, tracking the ball, blocking and consistency of play.

- Requirements: Must have Instructor's approval prior to registration.

### NEWPORT COAST COMMUNITY CENTER

Th	3/27-4/24	10:20-11:20am	Adult	\$180	NCC246
Th	5/8-6/5	10:20-11:20am	Adult	\$180	NCC247

## Indoor Intermediate Pickleball

Melanie Wheatley

This class builds upon all the skills in the prior classes with an emphasis on controlling the flow of the game. Course is designed for the advancing player who wants to enhance their court awareness, positioning, and strategy. Players should have the ability to control a forehand/backhand, serves (depth placement), overheads, approaching NVZ and can sustain volley and dink exchanges.

- Requirements: Instructor's approval prior to registration

### NEWPORT COAST COMMUNITY CENTER

Tu	3/25-4/22	8-9am	Adult	\$180	NCC242
Tu	5/6-6/3	8-9am	Adult	\$180	NCC243



**INDOOR PICKLEBALL**

**Indoor Drop-in Pickleball**  
**Recreation Staff**  
 Three indoor courts are for doubles play, no partner required. Paddles and indoor balls available. All skill levels welcome.

- Drop-in cards may be purchased at NCCC.
- Dates & times subject to change.
- Required: minimum 5 visit drop-in card purchase to participate.

**5 Visit Pass: \$15**  
**20 Visit Pass: \$50**  
*(non-residents pay an additional \$10 fee)*

**NEWPORT COAST COMMUNITY CENTER**

M	Noon-3pm	Adult	\$3/visit
F	Noon-3pm	Adult	\$3/visit

## Beginning Pickleball

### Melanie Wheatley

This class is designed to introduce you to the basic skills and rules so you can enjoy playing the game. Lesson taught will include scoring, court positioning, 2 bounce rule, serves, returns, dinks and volleys.

#### NEWPORT COAST PICKLEBALL

Tu	3/25-4/22	Noon-1pm	Adult	\$180	ASP202
Tu	5/6-6/3	Noon-1pm	Adult	\$180	ASP211
Tu	3/25-4/22	1:15-2:15pm	Adult	\$180	ASP203
Tu	5/6-6/3	1:15-2:15pm	Adult	\$180	ASP212

## Advanced Beginner Pickleball

### Melanie Wheatley

This class is designed to build upon the basic skills taught in the beginning level 1 class. In addition, it will include quick volleys, overheads, 3rd shot drops, resetting, deep serves, returns, and court movements all set at a quicker pace.

- Requirements: Instructor's approval prior to registration

#### NEWPORT COAST PICKLEBALL

M	3/24-4/21	2-3pm	Adult	\$180	ASP200
M	5/5-6/2	2-3pm	Adult	\$150	ASP209
W	3/26-4/23	Noon-1pm	Adult	\$180	ASP204
W	5/7-6/4	Noon-1pm	Adult	\$180	ASP213



## Private Pickleball Lessons

### Melanie Wheatley

Melanie Wheatley competed on the National Senior Women's Tennis Circuit and won 4 National Championships, received the #1 ranking in the Nation by the USTA for 2 years in a row and won 2 Bronze medals at the World Championships in Perth, Australia and Amsterdam. She is transferring her vast knowledge of tennis to the game of pickleball through instruction and coaching to beginners and intermediates. She tailors her teaching to the needs of the individual or team to improve their technical skills and strategy to help them take their game to the next level. Melanie is a PPR certified professional pickleball instructor.

- Participants may sign up for as many lessons as they want and pay at one time.
- Dates and times must be confirmed with instructor prior to registration.
- Email melwheatley54@gmail.com; text or call 562-760-1319
- No refunds

#### Pricing is per person:

1 person	2 people	3+ people
\$100/hr/person	\$70/hr/person	\$60/hr/person

## Intro to Intermediate Pickleball

### Melanie Wheatley

This class will continue to refine the skill set learned in the prior classes at much elevated level. The class will focus on court strategy, teamwork, shot selection, tracking the ball, blocking, and consistency of play.

- Requirements: Instructor's approval prior to registration

#### NEWPORT COAST PICKLEBALL

W	3/26-4/23	1:15-2:15pm	Adult	\$180	ASP205
W	5/7-6/4	1:15-2:15pm	Adult	\$180	ASP214

## Intermediate Pickleball

### Melanie Wheatley

This class builds upon all the skills in the prior classes with an emphasis on controlling the flow of the game. Course is designed for the advancing player who wants to enhance their court awareness, positioning, and strategy. Players should have the ability to control a forehand/background, serves (depth placement), overheads, approaching NVZ and can sustain volley and dink exchanges.

- Requirements: Instructor's approval prior to registration

#### NEWPORT COAST PICKLEBALL

M	3/24-4/21	3:15-4:15pm	Adult	\$180	ASP201
M	5/5-6/2	3:15-4:15pm	Adult	\$150	ASP210
W	3/26-4/23	2:30-3:30pm	Adult	\$180	ASP206
W	5/7-6/4	2:30-3:30pm	Adult	\$180	ASP215
Th	3/27-4/24	1:15-2:15pm	Adult	\$180	ASP208
Th	5/8-6/5	1:15-2:15pm	Adult	\$180	ASP217

## Advanced Pickleball

### Melanie Wheatley

This class is designed for competitive players to focus on controlling the flow of the game with emphasis on a winning strategy and mindset. Requirements: Instructor's approval prior to registration

#### NEWPORT COAST PICKLEBALL

Th	3/27-4/24	Noon-1pm	Adult	\$180	ASP207
Th	5/8-6/5	Noon-1pm	Adult	\$180	ASP216

DANCE | ENRICHMENT | HEALTH & FITNESS | MUSIC | SPORTS

# Adults

[newportbeachca.gov/register](http://newportbeachca.gov/register)



Update



**ARTS & THEATRE**



**DANCE**

# Adult Classes

As the winter settles in, embrace the changing season with the **Recreation & Senior Services Department!** Our engaging winter programs offer a cozy mix of activities to keep you active, refine your skills, and connect with your community.

**Unwind after work and explore new passions!** Move and groove in a dance class, prepare for your next getaway by learning a new language, stay sharp with a karate class, or enjoy the famous SoCal vibes with a game of beach volleyball or golf lessons.



**ENRICHMENT**



**HEALTH & FITNESS**



**SPORTS**

## ARTS & THEATRE

### Art Club

#### Claudia Hindu

This exciting class will teach students drawing fundamentals, including contour drawing, perspective, shading, proportion & still life rendering while learning how to draw the body, face, and more. Mixed media will be used including watercolors, acrylics, and clay. All levels welcomed. No experience needed.

- Additional fees: \$20 (materials)

#### MARINA PARK COMMUNITY CENTER

Th	3/20-4/17	5-6pm	Adult	\$149	<b>MP2070</b>
Th	5/1-5/29	5-6pm	Adult	\$149	<b>MP2071</b>

### Open Studio Workshop for Adults

#### Lisa Albert

A fun and imaginative space for all level of artists to be creative. Let your inner artist be nurtured. All mediums accepted (ie. paints, oils, watercolors, pastels, clay, printing, metals, and fibers). A credentials teacher and artist, Lisa Albert, will be overseeing every workshop to help with the creative process and an abundance of encouragement. This is a great time for artists to work on their own projects.

#### LISA ALBERT ART STUDIO

W	3/19-4/16	10:30am-1:30pm	Adult	\$250	<b>FB2007</b>
W	4/23-5/21	10:30am-1:30pm	Adult	\$250	<b>FB2008</b>

## DANCE

### First Dance Private Lessons

#### CS Dance Factory

Preparing for your wedding or interested in learning a couples' dance? Elevate your first dance with personalized private lessons. Partner up for expert guidance in perfecting your dance. Open to all couples seeking a memorable moment. Let us make your first dance extraordinary.

- **Notice:** registration and lesson is for one couple.
- **Requirements:** music must be pre-approved by the instructor before the first lesson, email [info@CSDanceFactory.com](mailto:info@CSDanceFactory.com).
- **More Info:** for additional private lessons for couples or groups, please contact the instructor.

#### OASIS SENIOR CENTER

Sa	4/12-5/3	10:15-11:15am	Adult	\$460	<b>SS2579</b>
----	----------	---------------	-------	-------	---------------

### Line Dancing

#### Vickie Jackson

Learn new and classic line dances while improving physical and mental fitness. Line dancing is proven to decrease the risks of Alzheimer's.

**Level 1 - Beginner/Improver: No previous experience necessary; includes steps, sequences and vocabulary**

#### NEWPORT COAST COMMUNITY CENTER

W	3/19-4/30	6:30-7:25pm	Adult	\$59	<b>NCC248</b>
W	5/7-6/4	6:30-7:25pm	Adult	\$44	<b>NCC249</b>

**Level 2 - Improver/Easy Intermediate: Previous knowledge of basic steps, sequences and vocabulary required**

W	3/19-4/30	7:30-8:30pm	Adult	\$59	<b>NCC250</b>
W	5/7-6/4	7:30-8:30pm	Adult	\$44	<b>NCC251</b>

### Line Dancing- Learn, Review, and Practice

#### Vickie Jackson

Have Fun! Make Friends! Review and practice dances learned in classes at Oasis on Thursdays and NCCC on Wednesdays. Learn new and classic line dances while improving physical and mental fitness. Line dancing is proven to decrease the risks of Alzheimer's. Knowledge of basic steps and sequences required. **No class 3/28, 5/30**

#### MARINA PARK COMMUNITY CENTER

F	3/21-4/25	6:30-9pm	Adult	\$60	<b>MP2037</b>
F	5/2-6/6	6:30-9pm	Adult	\$60	<b>MP2038</b>

### Zumba Gold® Dance Fitness- Tuesday

#### CS Dance Factory

Are you ready to get moving? Keep your body and mind as healthy as you can. Dancing reverses the signs of aging in the brain and body. Groove at your own pace in this Zumba Gold® dance party workout for the young at heart! Easy-to-follow, low-impact dance steps to a variety of motivating music. Sign up now, get moving and feel the joy! **No class 4/1, 5/20**

- Please bring: water bottle, towel

#### COMMUNITY YOUTH CENTER (CYC)

Tu	3/18-5/27	9-10am	Adult	\$158	<b>CY2024</b>
----	-----------	--------	-------	-------	---------------

## DOG

### Beginner Dog Training

#### Pawsitively Perfect Pooches

Does your dog run the other way when called? Look at you funny when you say sit? Come join Pawsitively Perfect Pooches for basic obedience training. Give your dog the gift of good manners! Class is for dogs 7 months and older.

#### NEWPORT COAST COMMUNITY CENTER

M	4/14-5/12	7:15-8:15pm	Adult	\$155	<b>NCC258</b>
---	-----------	-------------	-------	-------	---------------

## Puppy Training Class

### Pawsitively Perfect Pooches

Does your pup need better manners? Pawsitively Perfect Pooches has a class for your pup. Pups will learn basic obedience, sit, down, stand, watch, touch, wait, stay, leave it, drop it, come, place and walking nicely on a leash. Class is intended for dogs 10 weeks to 6 months.

**NEWPORT COAST COMMUNITY CENTER**  
 M 4/14-5/12 6-7pm Adult \$155 **NCC257**

## ENRICHMENT

### Portal Languages

Learn a new language with little or no knowledge. The focus is on conversation for fast learning of daily actions. You will speak your chosen language from the very beginning. Vocabulary development, key grammatical structures and use of appropriate verbs will follow. The lesson build on one another. Emphasis is given to listening and interpretation.

**NEWPORT COAST COMMUNITY CENTER**  
**Beginning Spanish 1 - \$30 (materials)**  
 F 3/21-5/9 10:30-11:30am 16yrs+ \$225 **NCC219**

**PORTAL LANGUAGES SCHOOL COSTA MESA**  
**Beginning Korean 1 - \$10 (materials)**  
 Sa 3/22-5/10 10-11am Adult \$225 **FB2027**

**Beginning Mandarin 1 - \$10 (materials)**  
 Tu 3/18-5/6 5-6pm 17yrs+ \$225 **FB2028**

## HEALTH & FITNESS

### Beach Yoga Sunset (Single Class)

#### Newport Surf Camp

Beach yoga is a magical experience that offers an opportunity to practice yoga while surrounded by the natural beauty of the beach at sunset. These classes begin with a few moments of quiet meditation to help you center your mind and focus on your breath. We will move through a series of gentle yoga poses designed to stretch and strengthen the body, while also promoting relaxation and stress relief. Great to get your day started and perfect for a good stretch before a surf session. This enrollment is for a single class for Thursday Yoga on the Beach. You may enroll multiple times for separate dates. If you enroll for more than one date, you will be prompted with see a schedule conflict. Please hit "ignore conflict(s)" in order to continue. You will then be asked to select which date you plan on attending.

- Please bring: a yoga mat/beach towel and water
- Notice: no refunds for single class

**42ND STREET BEACH**  
 Th 4/17-6/5 5:30-6:30pm 10yrs+ \$15/day **MPDP22**

## Jazzercise

### Karen Halley

Cardio sculpt 60- feel lighter, stronger, and happier with dance based cardio that improves health, tones muscles, and gives energizing mood boost. **No class 5/26**

- Please bring: floor mat, bottled water
- Note: 5 day pass is only good in the month purchased

**NEWPORT COAST COMMUNITY CENTER**  
 M/W/F 4/2-4/28 8-9am Adult \$135 **NCC236**  
 M/W/F 5/2-5/30 8-9am Adult \$135 **NCC237**  
 M/W/F 6/2-6/30 7:45-8:45am Adult \$135 **NCC238**  
**5 Day pass (No refunds)**  
 M/W/F 4/2-6/30 8-9am Adult \$75 **NCC239**

## Seaside Strength & Stretch

### Judy Aprile

A great way to start your day! Low-impact warm up, followed by targeted strength and flexibility exercises for the whole body. Special attention will be given to postural alignment and static and dynamic stability. This class is very appropriate for older adults.

- Drop-in: \$20 (MPDP21, No refunds)

**MARINA PARK COMMUNITY CENTER**  
 Tu/Th 4/1-4/29 8-9am Adult \$113 **MP2034**  
 Tu/Th 5/1-5/29 8-9am Adult \$113 **MP2035**  
 Tu/Th 6/3-6/26 8-9am Adult \$101 **MP2036**

## SoulSpark - Yoga Therapy Clinic: Menopause

### Stephanie Von Meeteren

Menopause: Step into your power and embrace menopause with ease through our Menopause & Hormone Balance class. Specifically designed to support your hormonal health and naturally ease menopause symptoms, this class welcomes all stages of menopause and helps you find balance and vitality in mind and body.

**NEWPORT COAST COMMUNITY CENTER**  
 Tu 4/8-5/13 10:30-11:30am Adult \$125 **NCC256**

## SoulSpark Hatha Yoga

### Stephanie Von Meeteren

Awaken your potential with an accessible Hatha yoga class that balances mind and body. Prioritizing function over form, we move mindfully with breath to create spaciousness and self-connection. Suitable for all levels, each session ends with meditation. Led by an Internationally Certified Yoga Therapist. No experience needed, modifications provided. For questions, please contact the instructor.

- Please bring: yoga mat
- Requirements: able to be in a plank position from your knees; able to get up and down from the floor unassisted.

**NEWPORT COAST COMMUNITY CENTER**  
 Tu 3/25-6/3 9-10am Adult \$225 **NCC253**  
 Th 3/20-6/5 9-10am Adult \$245 **NCC254**  
 Tu/Th 3/20-6/5 9-10am Adult \$465 **NCC255**  
**SoulSpark Hatha Yoga (FREE)**  
 Tu 3/18 9-10am Adult **FREE NCC252**

## Yin Yoga & Meditation

### Jessi Moon Conder

This class will help you release stress deep in your nervous system as we hold gentle restorative deep stretching poses. We will release the low back, hips, shoulders and get our bodies more open and free feeling. At the end of the class we will meditate using a technique that allows our body and mind to enter into the kingdom of heaven within us! You will leave feeling connected and ready for your week/ weekend and gain wisdom to support a daily practice! **No class 4/8**

#### BONITA CREEK & COMMUNITY CENTER

W 3/19-6/4 6-7pm 16yrs+ \$205 **FB2003**

#### COMMUNITY YOUTH CENTER (CYC)

M 3/17-4/28 6:05-7:05pm Adult \$136 **CY2019**

Tu 3/18-4/29 11am-Noon Adult \$185 **CY2018**

## Yoga Level 1

### Jessi Moon Conder

Gentle Yoga to release stress deep into the nervous system. You will feel a great release after every yoga class. Jessi is a senior instructor from The Self Awareness Institute. Join us in the beautiful tree surrounded yoga rooms. Beginner to advanced welcome - you modify the poses as you need!

#### COMMUNITY YOUTH CENTER (CYC)

M 3/17-4/28 5-6pm Adult \$136 **CY2020**

## Portal Languages

### Portal Languages

Learn a new language with little or no knowledge. The focus is on conversation for fast learning of daily actions. You will speak your chosen language from the very beginning. Vocabulary development, key grammatical structures and use of appropriate verbs will follow. The lesson build on one another. Emphasis is given to listening and interpretation.

#### LIVE ONLINE VIA ZOOM

##### *Beginning French 1 - \$20 (materials)*

Tu 3/18-5/6 Noon-1pm Adult \$204 **FB2016**

##### *Beginning German 1*

Sa 3/22-5/10 8-9am Adult \$204 **FB2017**

##### *Beginning Italian 1*

F 3/21-5/9 1-2pm Adult \$204 **FB2018**

##### *Beginning Japanese 1*

Tu 4/1-5/20 6-7pm Adult \$204 **FB2019**

##### *Beginning Korean 1 - \$10 (materials)*

Sa 3/22-5/10 11am-Noon Adult \$225 **FB2020**

##### *Beginning Mandarin 1 - \$10 (materials)*

W 4/2-5/21 Noon-1pm 17yrs+ \$204 **FB2021**

##### *Beginning Spanish 1 - \$30 (materials)*

W 3/19-5/7 6-7pm 16yrs+ \$204 **FB2022**

## Intermediate Spanish

### Portal Languages

Class is a continuation for those who have completed Level 1 and 2, and for those who have studied verbs in present tense and past tense. Focus will be on new key grammatical structures and use of appropriate verbs. Emphasis is given to listening, reading and conversation.

#### LIVE ONLINE VIA ZOOM

M 3/17-5/5 6:30-7:30pm 50yrs+ \$225 **FB2023**

## Creative Writing

### Dorothy Spirus

Do you have a half-finished novel, great family stories, or an idea for a children's book, short story or screenplay? Commit to your creativity and complete your project with guidance from a published writer/playwright/former magazine editor. New to creative writing? This live, online class will help you begin. The basics of storytelling will be covered, including characters, conflict, description, and structure. As your awareness grows, your writing improves. Weekly meetings battle procrastination and lively discussions inspire. Writing assignments will help you hone technique and get you started. Fun, casual, and encouraging class environment. Open to all levels of experience. This class is taught online via Zoom.

#### LIVE ONLINE VIA ZOOM

Th 4/10-5/15 7-8:30pm Adult \$215 **SS2011**

## Creative Writing Jumpstart

### Dorothy Spirus

You want to write, but don't know where to start. Begin with a session of guided writing exercises and tips on how to put your ideas into motion for books, scripts, short stories, poetry, and non-fiction. We'll discuss structure, technique, characters, conflict and more. This one-evening intensive class, taught by a published writer/playwright/former magazine editor, will encourage both the novice and experienced writer. Class taught online via Zoom.

#### LIVE ONLINE VIA ZOOM

Tu 3/25-3/25 7-9pm Adult \$89 **SS2010**



## Online-Only Classes

Online-only classes can be accessed from the comfort of your home or wherever you have a strong WiFi connection.

## Zumba Gold® Dance Fitness- Tuesday Drop-In

### CS Dance Factory

Ready to rejuvenate? Embrace Zumba Gold® dance party a low-impact, brain-boosting workout for all ages. Dance away aging with easy moves and uplifting tunes. Join now, groove at your pace, and revel in the joy of movement. Prioritize your body and mind today!

- Please bring: water bottle, and towel

#### COMMUNITY YOUTH CENTER (CYC)

Tu 3/18-5/27 9-10am Adult \$25/day **CY2025**

## SPORTS

### Beach Volleyball Basics

#### Volley OC

Learn the basics of beach volleyball with AVP Pro Ed Ratledge and his team at CDM Main Beach. Each class will feature an hour of drills and an hour of play with friends. We'll work on passing, setting, spiking, serving, defense, and team tactics. This class is open to players who can't yet play two on two.

**No class 4/20**

#### CORONA DEL MAR STATE BEACH

Su 3/23-5/11 11am-1pm Adult \$230 **FB2070**

### Group Golf Lessons

#### John Leonard

PGA Instructor John Leonard has personally designed this course for the beginner and intermediate golfer. This course emphasizes stance, swing and use of clubs.

- Requirements: Students need to purchase a large bucket of balls per lesson before class begins

#### NEWPORT BEACH GOLF COURSE

Sa 3/22-4/12 8-9am Adult \$335 **FB2005**

Sa 5/10-5/31 8-9am Adult \$335 **FB2006**

### Judo & Jujitsu - Adult

#### Rick Bradley

Judo and Jujitsu are martial arts that emphasize the use of balance and technique to defeat a larger, stronger opponent by using the opponent's own strength against them. This class will consist of stretching/warming up, fall rolls, mat work and free practice.

- Notice: A practice uniform can be obtained through the instructor

#### COMMUNITY YOUTH CENTER (CYC)

Tu/Th 3/18-6/5 7:15-8:30pm Adult \$51 **CY2008**

### Karate - Adult

#### David Crockett

Itosu-kai karate is a traditional style with an emphasis based on fundamentals. Basic (kihon), forms (kata), controlled fighting (kumite). The training is medium to hard. Designed for all levels of students, from beginner through intermediate.

- Notice: Special training date of 3/22 from 9am - 4pm
- Additional fees: \$50 (uniform- optional)

#### NEWPORT COAST COMMUNITY CENTER

Tu/Th 3/18-6/5 5:45-6:45pm 16yrs+ \$265 **NCC232**

### Karate - Adult - Advanced

#### David Crockett

Itosu-ryu is designed for adult students who have achieved a minimum of brown belt, and junior students who have achieved red belt in the Itosu-ryu system. Emphasis will be placed on advanced katas and kumite. Training will be medium to hard. **No class 5/26**

- Additional fees: \$50 (uniform- optional)
- Notice: Registering for this class includes training on Tuesdays and Thursdays; Special training date of 3/22 from 9am - 4pm

#### NEWPORT COAST COMMUNITY CENTER

M 3/17-6/5 6-7pm 10yrs+ \$265 **NCC229**

Tu/Th 3/17-6/5 5:45-6:45pm

### Sunday Morning Intermediate Beach Volleyball

#### Volley OC

Improve your skills with AVP Pro Ed Ratledge and his team at CDM. Each class will feature an hour of drills and an hour of play with friends. We'll work on passing, setting, spiking, serving, defense, and team tactics. To ensure an even level, all participants in Intermediate and above classes must be able to play doubles prior to beginning the class. **No class 4/20**

#### CORONA DEL MAR STATE BEACH

Su 3/23-5/11 9-11am Adult \$230 **FB2069**

# ADULT SPORTS LEAGUES

## PICKLEBALL

Team Registration Fee

**\$400/Residents ■ \$450/Non-residents**

Location: Newport Coast Pickleball Courts

SPRING 2025

**April 1–June 13**

REGISTRATION BEGINS: February 2  
REGISTRATION ENDS: March 17\*

## BASKETBALL

Team Registration Fee (9 Scheduled Games):

**\$690/Residents ■ \$740/Non-residents**

Locations:

- Eastbluff Gym
- West Newport Community Center
- Newport Coast Community Center

Dates:

Monday–Thursday

SPRING 2025

**March 31–June 12**

REGISTRATION BEGINS: February 3  
REGISTRATION ENDS: March 14\*

SUMMER 2025

**June 23–September 11**

REGISTRATION BEGINS: May 8  
REGISTRATION ENDS: June 16\*

## SOFTBALL

Team Registration Fee (10 Scheduled Games):

**\$490/Residents ■ \$540/Non-residents**

Additional \$16 umpire fees paid on the field.

Locations:

- Bonita Creek Park

Dates:

Tuesday–Thursday

MEN: Tuesday, Wednesday;  
CO-ED: Tuesday, Thursday

SUMMER 2025

**May 13–July 31**

REGISTRATION BEGINS: March 3  
REGISTRATION ENDS: April 21\*

FALL 2025

**September 2–November 20**

REGISTRATION BEGINS: July 7  
REGISTRATION ENDS: August 22\*

## CO-ED 11v11 SOCCER

Team Registration Fee (10 Scheduled Games):

**\$1450/Residents ■ \$1550/Non-residents**

Locations:

- Arroyo Park
- Bonita Creek Park
- Lincoln Athletic Center

Dates:

Wednesday

FALL 2025

**August 10–October 29**

REGISTRATION BEGINS: June 16  
REGISTRATION ENDS: July 18\*

## 7v7 SOCCER

SPRING 2025

**February 10–May 1**

REGISTRATION BEGINS: December 16  
REGISTRATION ENDS: January 20\*

Team Registration Fee (10 Scheduled Games):

**\$690/Residents ■ \$740/Non-residents**

Dates: Monday–Thursday

MEN: Monday, Wednesday; WOMEN: Tuesday;  
CO-ED: Wednesday, Thursday

Location: Bonita Creek Park ■ Grant Howald Park ■ Lincoln Athletic Center

SUMMER 2025

**June 4–July 16**

REGISTRATION BEGINS: March 31  
REGISTRATION ENDS: May 16\*

Team Registration Fee (6 Scheduled Games):

**\$420/Residents ■ \$470/Non-residents**

Dates: Monday–Thursday

MEN: Monday, Wednesday; WOMEN: Tuesday;  
CO-ED: Wednesday, Thursday

**\*IF REGISTERING AFTER THE DEADLINE, A \$30 LATE FEE MAY APPLY.**

Registration is accepted on a team only basis. ■ Free Agents accepted via [newportbeachca.gov/sports](http://newportbeachca.gov/sports). ■ Space is available on a first come first serve basis.



**FOR MORE INFORMATION & REGISTRATION:**  
[newportbeachca.gov/sports](http://newportbeachca.gov/sports) ■ [sports@newportbeachca.gov](mailto:sports@newportbeachca.gov)



# BEACH CITY SPORTS

GET IN & GET SOCIAL

**Perfect for men & women living near the peninsula!**

Individuals can register to be placed on a team or register on a designated team. Captains can also register for a team.

Divisions for beginner to intermediate skill levels!



## Coed Beach Flag Football

**BALBOA PIER**

**9 A.M.–2 P.M. ▪ \$95/PERSON**

**SUNDAYS** December 8–February 16

## Coed Turf Flag Football

▪ Notice: non-residents pay an additional \$10/person.

**BONITA CREEK PARK**

**6:30–10 P.M. ▪ \$95/PERSON**

**TUESDAYS** December 3–February 11

## Coed Sand Volleyball

**BALBOA PIER**

**9 A.M.–2 P.M. ▪ \$85/PERSON**

**SATURDAYS** December 7–February 8

## Coed Turf Kickball

▪ Notice: non-residents pay an additional \$10/person.

**BONITA CREEK PARK**

**6:30–10 P.M. ▪ \$85/PERSON**

**MONDAYS** December 2–February 10

**REGISTER AT [BEACHCITYSPORTS.COM](http://BEACHCITYSPORTS.COM)**



### Drop-in Hoops

#### Newport Beach Sports Staff

Pick-up basketball at its finest! Come and join the fun of “pick-up” style hoops. Teams will be broken down to 5 on 5 with a constant winner rotation.

- Individuals welcome: pay and play!
- Gym will be staffed and monitored during play.
- Drop-in cards may be purchased online, at City Hall, or NCCC. Minimum purchase is a 5 visit card.
- **5 Visit Pass: \$15**    **20 Visit Pass: \$50**  
*Non-residents pay an additional \$10 fee*

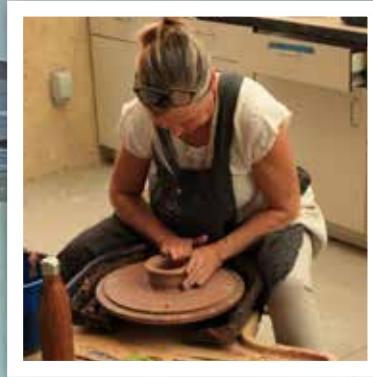
#### NEWPORT COAST COMMUNITY CENTER

W 6:30-9:30pm    Adult    **\$3/visit** (5 visit pass minimum required)

ART | DANCE | ENRICHMENT | FITNESS | GAMES | LANGUAGE | TECHNOLOGY

# OASIS

## Older Adult Social & Information Services



### CONTACT INFORMATION:

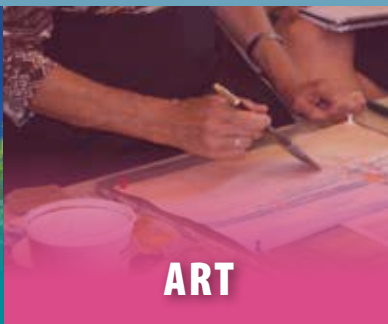
801 Narcissus Ave., Corona del Mar, 92625

949-644-3244

[newportbeachca.gov/oasis](http://newportbeachca.gov/oasis)



**SUPPORT SERVICES**



**ART**



**DANCE**



**ENRICHMENT**



# OASIS Support

**OASIS Senior Center** is here for our older adult population. Our goal is to give seniors the opportunity to live healthy, active and productive lives. Staff is available to provide assistance with classes, offered both virtually and in-person, special programs/lectures, support groups, transportation, social services, Meals on Wheels, consultation with Medicare and legal assistance, medical equipment loans, Sharps disposal containers, SHARP (senior housing assistance repair program) and more.

Call us **Monday–Thursday** from **7:30am–5:30pm** and **Friday** from **7:30am–4:30pm**:

- **OASIS Admin** at (949) 644-3244
- **Friends of OASIS** at (949) 718-1800

For the full listing, please visit our website [newportbeachca.gov/OASIS](http://newportbeachca.gov/OASIS).



**FOREIGN LANGUAGE**



**GAMES**



**HEALTH & FITNESS**



**TECHNOLOGY**

# Support Services

A wide variety of social services are available to assist older adults and their families. Services are designed to enable people to live as independently and safely as possible. Call our Admin Office for further information at **949-644-3244**.

## SOCIAL SERVICE PROGRAMS

### **HICAP: Health Insurance Counseling**

Health Insurance Counseling and Advocacy Program (HICAP) volunteer counselors assist you with information regarding health insurance, Medicare, Part D Drug Plan, Medi-Cal, HMOs, and supplemental. Call **949-644-3244** to schedule an appointment.

### **Information & Referral**

Referrals to a vast assortment of information regarding senior services such as Home Care, Medicare Assistance, Housing Options, Dementia Care, Support Groups, Financial Resources and more.

### **Legal Assistance**

Estate Planning Attorneys donate their time and offer a free half-hour consultation on what they would charge to do the legal work you need. Call the Administration office for their contact information.

### **Medical Equipment Loan**

Wheelchairs, rollators, walkers, canes, crutches, and knee scooters are available for a one-month loan in the Administration office.

### **Senior Home Assistance Repair Program (SHARP)**

Newport Beach residents 60+ can receive critical home repairs and modifications to improve safety and accessibility. Must meet income guidelines and other program requirements. Call the Administration office for more information **949-644-3244**.

### **Telephone Reassurance**

Daily telephone call for seniors who live alone and want someone to check on them.



## SUPPORT GROUPS

### **Alzheimer's Caregiver Support Group**

#### **ALZHEIMER'S ORANGE COUNTY**

For family members and caregivers of those with dementia. Share support and receive valuable information and resources from those who understand.

**Meets the 2nd & 4th Wednesday at 10 am in Room 5**

### **Caregiver Support Group**

#### **CAREGIVER RESOURCE CENTER ORANGE COUNTY**

This group provides a non-judgmental environment to talk openly about issues and concerns of all type of caregiving situations and provides support and resources.

**Meets the 1st & 3rd Wednesday at 1pm in Room 4**

### **Good Grief Group**

#### **CARE CHOICES HOSPICE**

This group provides a supportive and safe place to talk about all the issues concerning grief and how to cope with them in a helpful way.

**Meets the 1st, 3rd (& 5th) Wednesday at 9 am in Room 4**

### **Connections Group**

#### **SHANTI ORANGE COUNTY**

Make deeper connections and new friends. Gather with others to engage in positive topical conversation.

**Meets every Thursday at 2:00 pm in Room 5**

### **NAMI Support Group**

#### **NATIONAL ALLIANCE ON MENTAL ILLNESS**

For family members who have a loved one with mental health issues. Discussions and solutions regarding common issues that can arise.

**Meets the 2nd & 4th Thursday at 12:30 pm in Room 5**

### **Veterans Support Group**

Enjoy camaraderie with other veterans, interesting guest speakers and socializing. Light lunch served.

**Meets the 3rd Tuesday at 11:30 am in the Evelyn Hart Event Center**

### **Compassionate Friends, Newport Beach Chapter**

#### **BASIA MOSINSKI | 844-444-8231**

This support group offers friendship, understanding and hope to families grieving the death of a child at any age, from any cause.

**Meets the 3rd Wednesday at 6:30 pm in Room 5**

# TRANSPORTATION

The OASIS Senior Center provides curb-to-burb transportation to classes and activities at the senior center, medical appointment, grocery shopping, and other essential errands within Newport Beach City limits. To sign up or for more information please call 949-644-3244.

**Reservation for Transportation:** Requires at least 3 business days' notice and up to 3 weeks in advance.

### Service Hours:

- **Monday–Thursday:** 7:45 a.m.–4:30 p.m.
- **Friday:** 7:45 a.m.–4:00 p.m.

### Same Day Rides:

- Available on Tuesday and Thursday
- Calls must be received between 7:30 a.m.–8:30 a.m.

### Pricing (each way):

- \$1.50 to the OASIS Senior Center
- \$3.00 for all other locations

### Eligibility:

- Age 60+
- Live in a private residence
- Reside within Newport Beach, Corona del Mar or Newport Coast.
- No longer driving or unable to drive.
- Restrictions apply\*

# MEAL PROGRAMS

## Meals On Wheels: Home Delivered Meals

Three (3) nutritious meals are delivered Monday through Friday to home-bound seniors (60+) who qualify for the program.

This program is provided by Meals on Wheels Orange County.

For more information about the program, how it works or if you or a loved one qualifies, please call 949-718-1811.



**LUNCH CAFE AT OASIS**

Grab a friend or two and have lunch at OASIS. Fresh menu with a variety of calorie smart dishes.

60+ a \$3.00 voluntary contribution, 59 and younger cost to dine is \$5.00

Meals are first come first serve, if you have questions please call : **949-718-1820**

Learn More At: **www.mealsonwheelsoc.org**



# Friends of OASIS

**The Friends of OASIS, Inc.** is a 501 (c)(3) non-profit California corporation dedicated to supporting the senior community. Join the Friends of OASIS, annual membership **\$15.00 single** or **\$25.00 couple**, and receive the following benefits:

- Receive the monthly OASIS Newsletter in the mail (12 issues)
- Discounts on OASIS travel trips
- Access to the unique clubs: *Sailing Club and Garden Club*
- Discount at various local restaurants
- Discount tickets on the Friends of OASIS Monthly Membership Get Together

Call **949-718-1800**, visit [friendsofoasis.org](http://friendsofoasis.org) or stop by the Friends of OASIS Office **Monday–Friday from 8:00 a.m.–4:00 p.m.** for more information and to join.



**OASIS TRAVEL**

**The OASIS Travel Department invites you to join them for one of their exciting day trips!**

With a variety of destinations from museums and theaters to gardens, gambling casinos and more, there is definitely a trip for you to enjoy! All day trips include deluxe transportation from the OASIS Senior Center to the destination and return. Extended trips are also available.

### OASIS Travel Hours & Contact Information

Monday-Friday 9am-1pm  
949-718-1810  
[oasistravel2@yahoo.com](mailto:oasistravel2@yahoo.com)



# ART

## Beg/Inter. Watercolor

**Bobbi Boyd**

In this class, you will learn techniques and methods for painting in transparent watercolor. Heavy emphasize on learning good composition along with good technique. You're going to painlessly learn to draw better too. What you chose to paint is really about your personal voice. Take photos and look in magazines and online (Pinterest is good) for images you'd like to work with.

- **Please bring:** Material list will print on receipt

### OASIS SENIOR CENTER

W	4/2-4/30	1-4pm	Adult	\$250	<b>SS2070</b>
W	5/7-5/28	1-4pm	Adult	\$200	<b>SS2071</b>

## Freehand Drawing- Beg/Adv

**Nancy Wahamaki**

Join in this fun drawing class; the instructor will lead you every step of the way! Beginner to advanced, working in graphite pencil, pen & ink and charcoal. Learn tips to capture and sketch the world around you, keep an artist's journal and awaken to really "seeing". This type of "seeing" creates beautiful drawings and a new awareness of your surroundings.

- **Please bring:** A material list will print out on registration receipt
- **Additional fee:** \$10 (materials)

### OASIS SENIOR CENTER

W	3/19-4/23	9-11am	Adult	\$150	<b>SS2050</b>
W	5/7-6/4	9-11am	Adult	\$125	<b>SS2051</b>

## Instructor Assisted Workshop- Beg/Adv

**Nancy Wahamaki Vasek**

This workshop is open to all mediums, including acrylic, watercolor, pastel, colored pencil and drawing (pen & ink, charcoal and graphite). The instructor will help you "push" your style and give you encouragement to take you to the next step as you work on your own individual project.

- **Please bring:** a project you are currently working on and any supplies you may need.

### OASIS SENIOR CENTER

M	3/24-4/21	9am-Noon	Adult	\$115	<b>SS2055</b>
M	5/5-6/2	9am-Noon	Adult	\$92	<b>SS2056</b>

## Intermediate/Advanced Ceramics

**Jeffrey Netzer**

This course will investigate ceramic materials and techniques for participants with previous hand-building/wheel throwing experience. Potters wheels are available, but limited. **No class 4/2**

- **Please bring:** your own hand tools.
- **Additional fee:** \$20 (materials – clay, cone 5 B-mix)

### OASIS SENIOR CENTER

W	3/19-6/4	9am-Noon	Adult	\$244	<b>SS2060</b>
---	----------	----------	-------	-------	---------------

## Oil Painting- Beginning

**Bobbi Boyd**

This exciting class will help the beginner develop confidence as they learn new skills and techniques that will help them create art they can be proud of. Have you been at this for a while? I will continue to introduce techniques and ideas to help you become more proficient and more able to achieve your vision. The community in this class brings out lively discussions and exposure to new ideas as well as a supportive environment with other creative people. I encourage individual projects and bringing in something you would find interesting to work on. No ideas yet? No worries. I have lots of fabulous projects to get you started.

- **Please bring:** Material list will print on receipt.
- **Additional fee:** \$10 (materials)

### OASIS SENIOR CENTER

Tu	4/1-4/29	1-4pm	Adult	\$250	<b>SS2065</b>
Tu	5/6-5/27	1-4pm	Adult	\$200	<b>SS2066</b>

## Oil Painting- Intermediate

**Jim Ellsberry**

This class focuses on mixing color from a basic color palette to achieve more richness, depth, and atmosphere in our work. Projects explore traditional and contemporary landscape, interior scenes, and still life subjects. We also explore ways to loosen up, avoid detail, and use confident brushwork to create energetic and more expressive paintings. Traditional oil paint is recommended, but all media are acceptable. Some previous painting experience is preferred.

- **Please bring:** a materials list will print on receipt with supplies needed for class.
- **Additional fee:** \$15 (material)

### OASIS SENIOR CENTER

M	3/17-4/14	1-3:30pm	Adult	\$260	<b>SS2075</b>
M	4/28-6/2	1-3:30pm	Adult	\$260	<b>SS2076</b>

# DANCE

## Advanced Beginning Ballet

### Michelle Zehnder Caumiant

Have you ever dreamed of taking Ballet at any age? This is your chance to dance with like-minded people from similar generations. There will be no pressure or judgement. Everyone is free to work at their own level (which includes stepping back at times.) The music will be Classical piano to romantic and swinging. The focus will be on the movement holding the Barre and then we will come out and play with some steps we are learning at the Barre. **No class 5/9**

- Please bring: ballet slippers by the second class meeting.
- Requirements: at least 1 year of ballet training suggested.
- Drop-in: \$23 (DRP270, no refunds)

#### OASIS SENIOR CENTER

F 4/18-6/13 11:30am-12:45pm Adult \$168 **SS2573**

## Bachata Dance Beginner Workshop

### CS Dance Factory

Come learn the latest craze in dance. Experience the joy and connection of Bachata in our beginner-friendly dance workshop! No experience or partner needed - just bring your enthusiasm.

#### OASIS SENIOR CENTER

Sa 5/31 10:15-11:15am Adult \$25 **SS2576**

## Beginning Broadway Dance

### CS Dance Factory

Discover the anti-aging power of dance! Embrace Broadway tunes while mastering simple, partner-free dance techniques in a supportive small group. Learn with ease, dance with confidence, and reap body and mind benefits. Join today for timeless vitality.

- Drop-in: DRP269 (\$25, no refunds)

#### OASIS SENIOR CENTER

W 3/19 11:15am-Noon Adult Free **SS2574**  
 W 3/26-6/4 11:15am-Noon Adult \$185 **SS2575**

## Dance Jam Dance Fitness

### Michelle Zehnder Caumiant

This is going to be a really fun class using a lot of great music from different eras and a variety of jazzy styles. No need to feel you can't keep up. The class is for everyone who likes to move to music and is always open to adaptation. You will be having such a good time you will forget you are even exercising. So swing right in and enjoy the party!

- Please bring: non-slip shoes or jazz shoes.
- Drop-in: \$23 (DRP270, no refunds)

#### OASIS SENIOR CENTER

Tu 5/20-6/10 12:55-1:35pm Adult \$72 **SS2577**

## Intermediate Classical Contemporary Ballet

### Michelle Zehnder Caumiant

Join us in learning the graceful, beautiful movements of Classical Ballet. Ballet improves strength, flexibility, coordination, and balance. It is a chance to express and share your creative side through non-stressful movements in a relaxed and supportive classroom environment. This class is designed for people who have had at least 3 years of dance at some time in their lives, but students may adapt the lesson as needed. **No class 5/13**

- Please bring: ballet slippers by the second class meeting.
- Requirements: at least 3 years of ballet training some time in your life.
- Drop-in: \$23 (DRP270, no refunds)

#### OASIS SENIOR CENTER

Tu 4/15-6/10 11:30am-12:40pm Adult \$168 **SS2580**

## Line Dancing- Level 1

### Vickie Jackson

Learn new dances and old favorites while improving your physical and mental fitness. Line dancing is proven to decrease the risks of Alzheimer's. **No class 3/27**

#### OASIS SENIOR CENTER

**Level 1 - Beginner/Improver:** No previous experience; Includes instruction in steps, sequences & vocabulary.

Th 3/20-4/24 1-1:55pm Adult \$44 **SS2581**  
 Th 5/1-6/5 1-1:55pm Adult \$52 **SS2582**

**Level 2 - Improver/Easy Intermediate:** Should already know basic steps, sequences and vocabulary.

Th 3/20-4/24 2-2:55pm Adult \$44 **SS2583**  
 Th 5/1-6/5 2-2:55pm Adult \$52 **SS2584**

**Level 3 - Easy Intermediate/Intermediate:** Step competency required.

Th 3/20-4/24 3-3:55pm Adult \$44 **SS2585**  
 Th 5/1-6/5 3-3:55pm Adult \$52 **SS2586**



**Chronicling Life Memories**  
Marla Miller

Autobiography and Memoir. No need to be ‘a writer’ to craft your life story for posterity. In class, students learn the difference between memoir and autobiography and which story form may be the right fit. If you haven’t begun to write your story, start in class with writing prompts offered to inspire that include the instructor’s reading passages from noted authors’ autobiographies and memoirs. Reading and critiquing stories in class is encouraged but not required.

**LIVE ONLINE VIA ZOOM**

W 3/19-4/23 10am-12pm Adult \$150 **SS2003**  
W 4/30-6/4 10am-12pm Adult \$150 **SS2004**



**Creative Writing Jumpstart**  
Dorothy Spirus

You want to write, but don’t know where to start. Begin with a session of guided writing exercises and tips on how to put your ideas into motion for books, scripts, short stories, poetry, and non-fiction. We’ll discuss structure, technique, characters, conflict and more. This one-evening intensive class, taught by a published writer/playwright/former magazine editor, will encourage both the novice and experienced writer.

**LIVE ONLINE VIA ZOOM**

Tu 3/25 7-9pm Adult \$89 **SS2010**



**Creative Writing**  
Dorothy Spirus

Do you have a half-finished novel, great family stories, or an idea for a children’s book, short story or screenplay? Commit to your creativity and complete your project with guidance from a published writer/playwright/former magazine editor. New to creative writing? This live, online class will help you begin. The basics of storytelling will be covered, including characters, conflict, description, and structure. As your awareness grows, your writing improves. Weekly meetings battle procrastination and lively discussions inspire. Writing assignments will help you hone technique and get you started. Fun, casual, and encouraging class environment. Open to all levels of experience.

**LIVE ONLINE VIA ZOOM**

Th 4/10-5/15 7:30-9pm Adult \$215 **SS2011**



**Online-Only  
Classes**

Online-only classes can be accessed from the comfort of your home or wherever you have a strong WiFi connection.

**ENRICHMENT**



**Chronicling Life Memories**  
Marla Miller

Autobiography and Memoir. No need to be ‘a writer’ to craft your life story for posterity. In class, students learn the difference between memoir and autobiography and which story form may be the right fit. If you haven’t begun to write your story, start in class with writing prompts offered to inspire that include the instructor’s reading passages from noted authors’ autobiographies and memoirs. Reading and critiquing stories in class is encouraged but not required.

**OASIS SENIOR CENTER**

Tu 3/18-4/22 10am-12:30pm Adult \$150 **SS2001**  
Tu 4/29-6/3 10am-12:30pm Adult \$150 **SS2002**

**Adv. French Literature and Discussion**  
Darielle Wilson

Class is conducted exclusively in French. Literature will include classic and modern fiction. Current selections are by the popular contemporary novelist, Fred Vargas, featuring the famous detective Adamsberg. Students’ reading in class and at home will be reinforced classroom discussion as well as by short essays and answers to questions. A maximum of 15 students will permit each person an opportunity to speak often, practicing and improving fluency in French. Class is ongoing; please check with instructor for updated information.

**OASIS SENIOR CENTER**

W 3/19-6/4 10am-Noon Adult \$105 **SS2230**

**English and American Literature**  
Darielle Wilson

Hamlet, A Midsummer Night’s Dream, Macbeth. Sail the vast seas of English and American fiction. At present, revisit Shakespeare’s classics, Hamlet and Macbeth and other works. With a senior’s wisdom, call upon your own life experiences to discuss the ideas of some of the greatest literary minds in the English language. Class is ongoing; please contact instructor for updated information.

**OASIS SENIOR CENTER**

F 3/21-6/6 10am-Noon Adult \$105 **SS2015**

# FOREIGN LANGUAGE

## Portal Languages

### Portal Languages

Learn a new language with little or no knowledge. The focus is on conversation for fast learning of daily actions. You will speak your chosen language from the very beginning. Vocabulary development, key grammatical structures and use of appropriate verbs will follow. The lessons build on one another. Emphasis is given to listening and interpretation.

**No class 5/26**

### OASIS SENIOR CENTER

#### *Beginning French 1 (\$20 book)*

M/W 3/17-4/9 5-6pm Adult \$225 **SS2200**

M/W 4/14-5/7 5-6pm Adult \$225 **SS2201**

M/W 5/12-6/4 5-6pm Adult \$204 **SS2202**

#### *Beginning French 2 (\$20 book)*

M/W 5/12-6/4 6-7pm Adult \$204 **SS2207**

#### *Beginning Italian 1 (\$20 book)*

M/W 3/17-4/9 5-6pm Adult \$225 **SS2210**

M/W 4/14-5/7 5-6pm Adult \$154 **SS2211**

M/W 5/12-6/4 5-6pm Adult \$204 **SS2212**

#### *Beginning Italian 2 (\$20 book)*

M/W 3/17-4/9 6-7pm Adult \$225 **SS2215**

M/W 4/14-5/7 6-7pm Adult \$225 **SS2216**

M/W 5/12-6/4 6-7pm Adult \$204 **SS2217**

#### *Beginning Spanish 1 (\$40 book)*

Tu 3/18-5/6 Noon-1pm Adult \$225 **SS2220**

Tu 4/1-5/20 1-2pm Adult \$225 **SS2225**

# GAMES

## American Mah Jongg for Beginners

### Frank Delgado

101: Mah Jongg is a game of luck, skill & strategy. Join us for fun, laughter & new friends. Classes will include handouts & time for gameplay.

201: Beginners take everything they learned and continue trying new hands on the Mah Jongg Card.

- Please bring: your current Card of Hands.
- Requirements: American Mah Jongg for Beginners 101.

### OASIS SENIOR CENTER

#### *American Mah Jongg for Beginners 101*

Th 4/3-5/8 9-11am Adult \$160 **SS2120**

#### *American Mah Jongg for Beginners 201*

Th 5/15-6/12 9-11am Adult \$160 **SS2121**

## Beginning Bridge: A Step-by-Step Intro Rose Reynolds

In this introductory course, you'll learn the fundamentals of bridge through a hands-on, interactive approach. Using the cards on the table method, each session will guide you step by step through essential bridge concepts. This method ensures that you're not just learning theory but actively practicing with real cards in front of you. We will cover the basic rules, essential bidding structures, play strategies, and defensive techniques. Every topic will be reinforced by playing through actual bridge hands, so you can see how the concepts work in real-time. Whether you're completely new to bridge or just want to refresh your knowledge, this course will give you a solid foundation and the confidence to play bridge with others.

- Additional fee: \$10 (material)

### OASIS SENIOR CENTER

M 3/24-5/5 4-5:30pm Adult \$154 **SS2110**

## Bridge- "April Showers" Shuffle, Deal, and Play

### Rose Reynolds

April Showers Bridge Fun: Shuffle, Deal, and Play. Do you love bridge but sometimes feel frustrated by your mistakes or need a little assistance with bidding, opening leads and defense. This is the class for you. Whether you are a beginner or a seasoned player you will have the opportunity to seek guidance from a certified instructor as situations arise in real time at the card table. At the end of this class you will improve your all around bridge play and enjoy the game even more.

### OASIS SENIOR CENTER

M 3/24-5/5 9:30-11am Adult \$154 **SS2112**

## Bridge Conventions Every Bridge Player Must Know

### Jane Dober

Improve your bridge skills and continue to learn this amazing game. Learn the four conventions every bridge player must know: Stayman, Jacoby Transfers, Opening 2C and responses, and Slam Bidding.

### OASIS SENIOR CENTER

Tu 4/1-5/6 9:30-11:30am Adult \$180 **SS2100**

## Bridge: Declarer Play of the Hand

### Rose Reynolds

You won the contract, now what? Learn the 5 basic techniques for making your contract in both a notrump and a suit contract. Learn when to count winners or losers. Take the jitters out of playing the hand and learn the basic card play skills to be a success. Gain confidence in your play through hands on learning.

- Additional fee: \$10 (materials)

#### OASIS SENIOR CENTER

Tu 3/25-5/6 2-3:30pm Adult \$154 **SS2113**

## Bridge- Modern Competitive Bidding

### Rose Reynolds

Learn the most modern and basic competitive bids you need to compete successfully in bridge. Preemptive opening bids at the 2,3 and 4 level, preemptive raises, overcalling and the classic takeout double X. At the conclusion of the series, you will have the necessary skills you need to compete when both sides are bidding for the contract. The class is taught through hands on learning with the cards on the table.

- Additional fee: \$10 (materials)

#### OASIS SENIOR CENTER

Tu 3/25-5/6 4-5:30pm Adult \$154 **SS2111**

## Increase your Bridge Knowledge

### Jane Dober

Lessons include: The power of the overcall; Michaels Cue Bids, Unusual NT, Jump Preempts, the Classic Double.

#### OASIS SENIOR CENTER

Tu 5/13-6/17 9:30-11:30am Adult \$180 **SS2101**

# HEALTH & FITNESS

## Barre Stretch & Strength

### CS Dance Factory

Live longer and get stronger with a full-body transformation at the barre! Enjoy gentle, music-infused exercises that enhance balance, mobility, and circulation. Use the barre for stability while building muscle and flexibility. Unwind tension and expand your range of motion in our dance room with built-in barres. Join now! **No class 3/31, 4/2, 4/4, 5/16, 5/19, 5/21, 5/23, 5/26**

#### OASIS SENIOR CENTER

M	3/17-6/2	10:15-11am	Adult	\$180	<b>SS2500</b>
W	3/19-6/4	10:15-11am	Adult	\$200	<b>SS2501</b>
F	3/21-6/6	10:15-11am	Adult	\$180	<b>SS2502</b>
M/W/F	3/17-6/6	10:15-11am	Adult	\$499	<b>SS2503</b>

## Better Life Boxing

### Sara Gutierrez

This class is a great way to learn boxing technique and mobility to better your balance, strengthen muscles, and to get moving! You will learn to safely work your joints through training that will test your brain and coordination. All skill levels are welcome to fit your specific fitness needs.

- Requirements: Boxing gloves; 12 oz. size gloves are appropriate, can be found at most sporting goods stores.
- Please bring: a yoga mat, towel, and water.
- Drop-in: \$20 (DRP261, no refunds)

#### OASIS SENIOR CENTER

M	4/7-4/28	3:30-4:30pm	Adult	\$101	<b>SS2505</b>
M	5/5-5/19	3:30-4:30pm	Adult	\$77	<b>SS2506</b>
Th	4/3-4/24	3:30-4:30pm	Adult	\$101	<b>SS2508</b>
Th	5/1-5/29	3:30-4:30pm	Adult	\$125	<b>SS2509</b>

## Chair Exercise

### Judy Aprile

Build upper and lower body strength, increase flexibility, improve postural alignment and coordination. All exercises are performed seated. **No class 4/23, 5/26**

#### OASIS SENIOR CENTER

M/W	4/2-4/30	10:05-11am	Adult	\$57	<b>SS2510</b>
M/W	5/5-5/28	10:05-11am	Adult	\$51	<b>SS2511</b>
M/W	6/2-6/30	10:05-11am	Adult	\$64	<b>SS2512</b>

## FallProof® (Instructor Approved)

### Selena Cofinco

This progressive class improves balance and reduces fall risk through activities that enhance seated and standing posture, walking ability, and confidence in daily activities. Participants must be able to walk 200 feet without the use of any assistive device (cane or walker). Not suitable for individuals with memory loss or cognitive impairments. Space is limited to 12 students. **No class 3/26, 4/30**

- Registration: must register in person at OASIS.
- Requirements: pick up a packet in the OASIS Admin. office, complete and bring to the first day of class.

#### OASIS SENIOR CENTER

M/W 3/24-5/14 1:30-2:30pm Adult \$210 **SS2513**

## Head to Toe Fitness

### Keith Glassman

Starting with dynamic stretching and low impact movements, this class includes light weight-training and floor exercises, helping you maintain bone density as it strengthens and stretches muscles throughout the body. **No class 4/8, 4/10**

- Please bring: a mat, hand weights (Tuesday) and resistance bands (Thursdays)
- Drop-in: DRP263 (\$12, no refunds)

#### OASIS SENIOR CENTER

Tu/Th	3/18-4/17	8-9am	Adult	\$65	<b>SS2514</b>
Tu/Th	4/22-5/15	8-9am	Adult	\$65	<b>SS2515</b>
Tu/Th	5/20-6/5	8-9am	Adult	\$50	<b>SS2516</b>

## Intro to MELT Method - Using MELT Roller & Balls

**Niki Parker**

Intro to MELT, a self-treatment technique to help erase pain and tension caused by aging, arthritis, plantar fasciitis, low back and neck pain. Learn the basics of MELT language and movements. No experience necessary.

- **Requirements:** Must be able to get up and down from the floor unassisted.

### OASIS SENIOR CENTER

Tu 3/18 2-3pm Adult \$35 **SS2517**

## Iyengar Yoga

**Carolyn Matsuda**

Yoga is for everyone and every body type. This gentle class will help you to become stronger, flexible, renewed and restored. Iyengar Yoga focuses on building a foundation from the ground up using our legs and arms, to bring alertness to our spine. Props and modifications are used as needed. Instructor is Jr. Intermediate Certified Iyengar Yoga Teacher.

**No class 5/26, 5/29**

- **Please bring:** a sticky mat, and if you have yoga blankets bring up to 3. More details will be given the first day of class.
- **Drop-in:** DRP265 (\$25, no refunds)

### OASIS SENIOR CENTER

M	3/24-4/21	10-11:15am	Adult	\$100	<b>SS2518</b>
M	4/28-6/2	10-11:15am	Adult	\$100	<b>SS2521</b>
Th	3/27-4/24	10-11:15am	Adult	\$100	<b>SS2519</b>
Th	5/1-6/5	10-11:15am	Adult	\$100	<b>SS2522</b>
M/Th	3/24-4/24	10-11:15am	Adult	\$190	<b>SS2520</b>
M/Th	4/28-6/5	10-11:15am	Adult	\$190	<b>SS2523</b>

## MELT Hand & Foot - For Balance & Stability

**Niki Parker**

Ease pain and stiffness with soft MELT balls to improve stability and movement in hands and feet. Ideal for those with arthritis, carpal tunnel, neuropathy, plantar fasciitis, or joint issues. Easy, effective, and suitable for all, no experience needed!

- **Please bring:** water, wear comfortable clothing and easy to remove shoes.
- **Notice:** MELT tools provided for workshop and available for purchase. Exercise is done sitting in chair.

### OASIS SENIOR CENTER

M	4/7-4/21	1-2pm	Adult	\$12	<b>SS2527</b>
M	5/5-5/19	1-2pm	Adult	\$12	<b>SS2528</b>
M	6/2-6/16	1-2pm	Adult	\$12	<b>SS2529</b>



Over 20 cardio machines, full line of strength machines, free weights, stretching machines, resistance bands, medicine balls, and more!

### Hours of Operation

Monday - Thursday: 7:00AM - 7:00PM

Friday: 7:00AM - 5:00PM

Saturday & Sunday: 7:00AM - 2:00PM

- Age requirement 50 years or older
- **New Member Orientation required prior to first workout, by appointment only**

**ANNUAL MEMBERSHIP**

**FEE**

- Wellness wipes available for equipment cleaning
- Showers, lockers, & cubbies available for day use
- For your safety closed-toed shoes are required
- Guest & day passes not available
- Be courteous, no talking on cellphone or external audio
- Hydration is key, water only please

- **Residents \$137**
- **Non-Resident \$192**

**PERSONAL TRAINING**

**RATES**

- **30 min on-going \$45**
- **1 hour on-going \$75**
- **1 hour one-time session \$90**

OASIS FITNESS CENTER **(949)718-1818**  
[WWW.NEWPORTBEACHCA.GOV/OASISFITNESS](http://WWW.NEWPORTBEACHCA.GOV/OASISFITNESS)



**SoulSpark Spring Cleanse**  
Stephanie von Meeteren

Refresh and revitalize with our live online spring cleanse series! In three transformative sessions, we'll guide you through cleansing your body, mind, and home. Each session offers Ayurvedic guidance, lifestyle practices, and recipes to support your cleansing journey. Recordings and bonus content included.

**LIVE ONLINE VIA ZOOM**

F 4/18-5/2 9-10am Adult \$108 **SS2549**



**SoulSpark Hatha Yoga**  
Stephanie von Meeteren

Awaken your potential with an accessible Hatha yoga class that balances mind and body. Prioritizing function over form, we move mindfully with breath to create spaciousness and self-connection. Suitable for all levels, each session ends with meditation. Led by an Internationally Certified Yoga Therapist. No experience needed; modifications provided. For questions, please contact the instructor. **No class 5/26**

- **Please bring:** Yoga mat.
- **Requirements:** Able to be in a plank position from your knees; able to get up and down from the floor unassisted.
- **Drop-in:** DRP264 (\$25, no refunds)

**LIVE ONLINE VIA ZOOM**

W 3/19-6/4 8-9am Adult \$245 **SS2548**



**Online-Only  
Classes**

Online-only classes can be accessed from the comfort of your home or wherever you have a strong WiFi connection.

**MELT Method - Self Care Technique**

**Niki Parker**

This class requires prior MELT experience; please contact the instructor for options. Ready to feel better doing what you love? Reduce inflammation, ease chronic pain, improve alignment, and enhance performance with soft rollers to rehydrate fascia, release stress, and strengthen weak points. Learn to identify and eliminate cellular dehydration before it accumulates causing chronic aches and pains. In-person class however Zoom code is also available for virtual attendance, contact Niki at [NikiParker@aol.com](mailto:NikiParker@aol.com).

- **Requirements:** must be able to get down and off the floor unassisted. Melt Roller and Ball Kit available for purchase.
- **Please bring:** MELT soft roller, exercise mat, water, and wear comfortable clothing.
- **Drop-in:** DRP271 ( \$30, no refunds)

**OASIS SENIOR CENTER**

Tu	3/25-4/29	2-3pm	Adult	\$133	<b>SS2530</b>
Tu	5/6-6/3	2-3pm	Adult	\$116	<b>SS2531</b>

**Physical Training**

**Judy Aprile**

This overall conditioning class includes a lite cardiovascular gait variation warm-up and targeted full body strength and flexibility exercises. Activities are performed standing, moving and lying on the floor. **No class 4/4, 4/23, 5/16, 5/26, 6/6**

- **Please bring:** an exercise mat and hand weights. A towel or small pillow is recommended for neck support if needed.

**OASIS SENIOR CENTER**

M/W/F	4/2-4/30	7:45-8:35am	Adult	\$77	<b>SS2532</b>
M/W/F	5/5-5/30	7:45-8:35am	Adult	\$70	<b>SS2533</b>
M/W/F	6/2-6/30	7:45-8:35am	Adult	\$83	<b>SS2534</b>
M/W/F	4/2-4/30	8:45-9:35am	Adult	\$77	<b>SS2535</b>
M/W/F	5/5-5/30	8:45-9:35am	Adult	\$70	<b>SS2536</b>
M/W/F	6/2-6/30	8:45-9:35am	Adult	\$83	<b>SS2537</b>

**Pilates Mat**

**Kathryn Rollins**

These Pilates classes are taught with strength, flexibility, and movement in mind for the 50+ age body. Throughout each class, participants are taught functional movement and anatomy so they can feel strong, flexible and understand how to prevent injuries. Taught by a Lifestyle Medicine nurse who specializes in injury prevention.

- **Please bring:** a mat, a light and a heavy resistance band and towel are need for this class.
- **Drop-in:** DRP267 (\$25, no refunds)

**OASIS SENIOR CENTER**

Tu	3/18-4/22	8:45-9:45am	Adult	\$105	<b>SS2538</b>
Tu	4/29-6/3	8:45-9:45am	Adult	\$105	<b>SS2539</b>

## SoulFlex

### Stephanie von Meeteren

Unleash your potential in a dynamic class for strength, balance, and clarity! Boost bone density, mobility, and peace of mind. Begin with power-building, weight-bearing exercises, then unwind with calming stretches. Suitable for all levels; modifications provided. Led by an Internationally Certified Yoga Therapist. For questions, please contact the instructor.

- Please bring: Yoga mat.
- Requirements: Able to be in plank position from your knees; able to get up and down from the floor unassisted.
- Drop-in: DRP264 (\$25, no refunds)

#### OASIS SENIOR CENTER

W	3/19	12:30-1:30pm	Adult	\$0	<b>SS2540</b>
W	3/26-6/4	12:30-1:30pm	Adult	\$225	<b>SS2541</b>
F	3/21-6/6	2-3pm	Adult	\$245	<b>SS2542</b>
W/F	3/21-6/6	2-3pm	Adult	\$465	<b>SS2543</b>

## SoulSpark - Yoga Therapy Clinic

### Stephanie von Meeteren

No experience needed; modifications provided for all levels. Space limited to 12 participants. For questions, please contact the instructor. **No class 3/31, 4/1, 5/26**

#### OASIS SENIOR CENTER

**Brain Health:** Supports neuromuscular conditions like Alzheimer's, Parkinson's, and dementia. Enhances cognitive function, confidence, and calm. Caregivers, walkers, and wheelchairs welcome.

M	3/17-6/2	10-11am	Adult	\$205	<b>SS2550</b>
---	----------	---------	-------	-------	---------------

**Bone Health:** Focuses on bone strength, balance, and mobility. Builds physical confidence, independence, and well-being.

M	3/17-6/2	1-2pm	Adult	\$205	<b>SS2551</b>
---	----------	-------	-------	-------	---------------

**Restorative:** Relieve pain, improve sleep, reduce stress, and promote rejuvenation.

Tu	3/18	4:30-5:30pm	Adult	Free	<b>SS2552</b>
Tu	3/25-6/3	4:30-5:30pm	Adult	\$225	<b>SS2553</b>

**Sciatica/Low Back/Hips:** Provides relief from pain in these areas.

W	3/19-4/23	3:30-4:30pm	Adult	\$125	<b>SS2554</b>
W	4/30-6/4	3:30-4:30pm	Adult	\$125	<b>SS2555</b>

## SoulSpark Hatha Yoga

### Stephanie von Meeteren

Awaken your potential with an accessible Hatha yoga class that balances mind and body. Prioritizing function over form, we move mindfully with breath to create spaciousness and self-connection. Suitable for all levels, each session ends with meditation. Led by an Internationally Certified Yoga Therapist. No experience needed; modifications provided. For questions, please contact the instructor. **No class 5/26**

- Please bring: Yoga mat.
- Requirements: Able to be in a plank position from your knees; able to get up and down from the floor unassisted.
- Drop-in: DRP264 (\$25, no refunds)

#### OASIS SENIOR CENTER

M	3/17-6/2	11:30am-12:30pm	Adult	\$225	<b>SS2544</b>
Th	3/20	10:30-11:30am	Adult	Free	<b>SS2545</b>
Th	3/27-6/5	10:30-11:30am	Adult	\$225	<b>SS2546</b>
M/Th	3/17-6/5	11:30-11:30am	Adult	\$445	<b>SS2547</b>

## Sound Bath & Meditation

### Stephanie von Meeteren

Enter a peaceful sanctuary with nourishing sessions for body and mind. Open to all, these classes include yoga nidra, meditation, gentle movement, and breathwork, culminating in a crystal bowl sound bath. Bring what comforts you, and stay for tea and connection with our welcoming community. For questions, please contact the instructor.

- Please bring: Mat, blanket, pillow and eye covering. Not recommended for individuals prone to seizures.

#### OASIS SENIOR CENTER

Th	4/10	5:30-6:30pm	Adult	\$25	<b>SS2556</b>
Th	5/8	5:30-6:30pm	Adult	\$25	<b>SS2557</b>
Spring Package	Above dates/times		Adult	\$45	<b>SS2558</b>

## Spark of Vitality

### Stephanie von Meeteren

Ayurvedic lifestyle for longevity, rejuvenation and overall well-being. In this series of four workshops, you will have an opportunity to learn about the ancient science of Ayurveda (Life Knowledge). Learning lifestyle habits and routines related to longevity and rejuvenation, and how to incorporate them into your daily lifestyle in alignment with nature's cycles and seasons.

- Please bring: a mat

#### OASIS SENIOR CENTER

Sa	5/10-5/31	Noon-1:30pm	Adult	\$125	<b>SS2587</b>
----	-----------	-------------	-------	-------	---------------

## Strong Healthy Bones and Balance-Mat/Standing

**Kathryn Rollins**

If you want to keep your bones strong, have osteoporosis or osteopenia these classes are for you. Full of scientifically-based, bone strengthening and balance moves incorporating impact, weights, and resistance. Taught by a Buff Bones certified nurse who specializes in injury prevention.

- **Please bring:** a mat, a light and heavy resistance band and towel are needed for this class. 1.5 lb weights are optional.
- **Drop-in:** DRP267 (\$25, no refunds)

### OASIS SENIOR CENTER

Tu	3/18-4/22	10-11am	Adult	\$105	<b>SS2559</b>
Tu	4/29-6/3	10-11am	Adult	\$105	<b>SS2560</b>

## Strong Healthy Bones, Pilates and Balance Trio- Mat/Standing

**Kathryn Rollins**

This class has the benefits of bone strengthening moves (for those with osteoporosis, osteopenia or those trying to avoid it) and the strengthening and flexibility benefits of Pilates and movements to improve your balance too. Taught by a Lifestyle Medicine nurse who specializes in injury prevention.

- **Please bring:** mat, towel, and a light and heavy resistance band are needed for this class. 1.5 lb. ankle weights are optional.
- **Drop-in:** DRP267 (\$25, no refunds)

### OASIS SENIOR CENTER

Th	3/20-4/24	7:45-8:45am	Adult	\$105	<b>SS2561</b>
Th	5/1-6/5	7:45-8:45am	Adult	\$105	<b>SS2562</b>

## Tai Chi Qigong

**Diana Wong**

Experience the powerful benefits of Tai Chi, a highly effective mind-body exercise. This class offers step-by-step instruction in the Tai Chi Qigong 18 movements, promoting physical health and cultivating tranquility. Beginners are welcome! For style clarification, please email the instructor. **No class 3/27**

- **Drop-in:** DRP268 (\$25, no refunds)

### OASIS SENIOR CENTER

Tu	3/25-5/27	9:30-10:30am	Adult	\$165	<b>SS2564</b>
Th	3/20-5/29	9:30-10:30am	Adult	\$165	<b>SS2565</b>
Tu/Th	3/20-5/29	9:30-10:30am	Adult	\$295	<b>SS2563</b>

## Zumba Gold® Dance Fitness

**CS Dance Factory**

Newly retired or have free mornings? Seeking community and friendship? Embrace the joy of Zumba Gold® - dance, connect, and revitalize while grooving to vibrant tunes. Join the low-impact, age-reversing party! **No class 3/31, 4/2-4/5, 5/16-5/17, 5/19, 5/21- 5/24, 5/26**

- **Drop-in:** DRP269 (\$25, no refunds)

### OASIS SENIOR CENTER

M	3/17-6/2	9-10am	Adult	\$145	<b>SS2566</b>
W	3/19-6/4	9-10am	Adult	\$180	<b>SS2567</b>
Th	3/20-6/5	9-10am	Adult	\$180	<b>SS2568</b>
F	3/21-6/6	9-10am	Adult	\$163	<b>SS2569</b>
Sa	3/22	9-10am	Adult	Free	<b>SS2570</b>
Sa	3/29-6/7	9-10am	Adult	\$145	<b>SS2571</b>
M/W/F	3/17-6/6	9-10am	Adult	\$360	<b>SS2572</b>

# TECHNOLOGY

## Apple iPhone For Beginners

**Carole Kamper**

The class is designed for new and not so new users of iPhones. Instruction will cover the basics of making and receiving calls, setting up voicemail, sending and receiving text messages and other general topics of use to beginning Apple iPhone users. Please contact the instructor if you have any questions regarding the version of your iPhone for this class.

- **Please bring:** Apple ID and password

### OASIS SENIOR CENTER

M	4/14	10:30am-12:30pm	Adult	\$44	<b>SS2300</b>
Tu	5/27	1-3pm	Adult	\$44	<b>SS2301</b>

## Apple Mac Laptop Class

**Carole Kamper**

Bring your Mac laptop to the computer lab at OASIS to learn the basis of using it. We also will look at many of the features that will make your use more efficient, enjoyable and hopefully less frustrating! We will review the Docking Station, Toolbars, important setting, help you set up a customize the desktop, even adding a favorite picture to enjoy. Join this class, met fellow "Mac" users and learn together. Contact instructor for questions.

- **Please bring:** Mac laptop and charger

### OASIS SENIOR CENTER

M	3/31	10:30am-12:30pm	Adult		
\$44	<b>SS2315</b>				
W	5/28	10:30-12:30pm	Adult	\$44	<b>SS2316</b>

## Digital Photo Editing

**Barbara Yin-Milbert**

Learn to download your pictures from your camera or smart phone to your computer. Organize your pictures into folders. Learn to edit your digital photos using a photo editing program.

- Please bring: phone or camera cord to class.
- Requirements: Computer Basics or equivalent.

### OASIS SENIOR CENTER

Th 5/22-5/29 9:45-10:45am Adult \$40 **SS2334**

## Ebay 1

**Barbara Yin-Milbert**

Learn to buy and sell items on eBay.

- Requirements: basic computer skills and familiarity with the internet.

### OASIS SENIOR CENTER

Th 3/27 10am-Noon Adult \$40 **SS2330**

## Excel Refresher

**Barbara Yin-Milbert**

Emphasis on cut and paste, creating formulas, inserting pictures, auto-fill, and merge/center techniques.

- Prerequisite: Intro to Excel or equivalent

### OASIS SENIOR CENTER

Th 5/22-5/29 11am-Noon Adult \$40 **SS2335**

## iPad Basics

**Carole Kamper**

This class will help you learn the basics of your Apple iPad. We will cover using an iPad as an eBook, accessing the internet, doing email, and watching videos/movies. We will also explore taking photos and storing them as well as using the calendar.

- Please bring: Apple Id and password

### OASIS SENIOR CENTER

W 3/26 10:30am-12:30pm Adult \$44 **SS2305**  
 Tu 5/6 1-3pm Adult \$44 **SS2306**

## Making a Shutterfly Album

**Carole Kamper**

Learn how to make a printable photo album using the website "Shutterfly". Using the Shutterfly Smartphone app, you will also learn how to upload pictures from your devices directly to your Shutterfly account. Come and explore your creativity in this fun, project-based class.

- Requirements: Basic computer skills

### OASIS SENIOR CENTER

M 3/24 10:30am-12:30pm Adult \$44 **SS2320**  
 Tu 6/3 1-3pm Adult \$44 **SS2321**

## Private Technology Lessons

**Carole Kamper**

Private instruction (can be in person or online depending on preference) designed to zero in on your needs taught by a credentialed instructor with 25+ years of teaching computers to adults. Professional, in-depth help for your computer (PC or MAC), tablet, iPhone or iPad. Contact the instructor directly to set up lesson date/time. Dates and times to be agreed upon by instructor and student before registration. Registration and payment due to OASIS 5 business days prior to lesson. No refunds once registered.

### OASIS SENIOR CENTER

M-F 3/17-6/5 9am-5pm Adult \$60 **DRP200**

## What good are these Apps on my iPhone/iPad or Tablet?

**Carole Kamper**

Do you want to do online banking? Do you want to learn more about Venmo or Zelle? Schedule an appointment with a health care provider? Order lunch or dinner? Check flight status or get driving directions? Watch and participate in a Zoom meeting? Would you like to learn about the world of Podcasting? If you are wondering how to do more with APPS on your smart phone or tablet come explore all this and more.

- Please bring: Apple ID and password

### OASIS SENIOR CENTER

W 6/4 10:30am-12:30pm Adult \$44 **SS2311**  
 W 4/16 10:30am-12:30pm Adult \$44 **SS2310**



## Private Technology Lessons

**Carole Kamper**

Private instruction (can be in person or online depending on preference) designed to zero in on your needs taught by a credentialed instructor with 25+ years of teaching computers to adults. Professional, in-depth help for your computer (PC or MAC), tablet, iPhone or iPad.

- **More Info:** Contact the instructor directly to set up lesson date/time.
- **Registration and payment due to OASIS 5 business days prior to lesson.**
- **Notice:** No refunds once registered. Dates and times to be agreed upon by instructor and student before registration.

### OASIS SENIOR CENTER

M-Th 1/2-3/13 9am-5pm Adult \$60 **DRP100**



## NEWPORT BEACH PUBLIC LIBRARY

**LIBRARY SERVICES DIRECTOR**  
Melissa Hartson

**BOARD OF LIBRARY TRUSTEES**  
Antonella Castro  
Lauren Kramer  
Dorothy Larson  
Meghan Murray  
Chase Rief

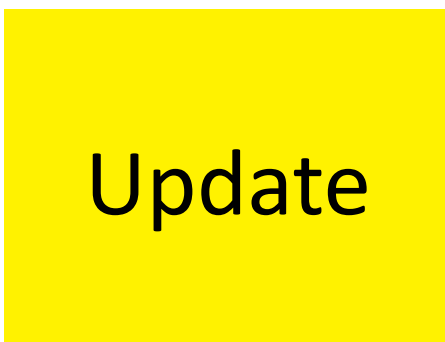
**LIBRARY LOCATIONS & HOURS**  
**CENTRAL LIBRARY | 949-717-3800**  
1000 Avocado Avenue, Newport Beach  
Monday-Thursday: 9am to 9pm  
Friday & Saturday: 9am to 6pm  
Sunday: Noon to 5pm

**BALBOA BRANCH | 949-644-3076**  
100 East Balboa Boulevard, Balboa  
Monday-Saturday: 9am to 6pm  
Sunday: Closed

**CORONA DEL MAR BRANCH | 949-644-3075**  
410 Marigold Avenue, Corona del Mar  
Monday-Saturday: 9am to 6pm  
Sunday: Closed

**CREAN MARINERS BRANCH | 949-717-3838**  
1300 Irvine Avenue, Newport Beach  
Monday-Thursday: 9am to 9pm  
Friday & Saturday: 9am to 6pm  
Sunday: Noon to 5pm

[newportbeachlibrary.org](http://newportbeachlibrary.org)



**FRIENDS**  
*of the*  
**NEWPORT BEACH**  
**PUBLIC LIBRARY**  
THE LIBRARY SINCE 1961

**Y GIFTS AT THE  
S BOOKSTORE!**

From vintage to bestsellers, cookbooks to kid's books, vinyl, and more, find the perfect gift at the perfect price. Located on the first level of the Central Library. Hours: Monday - Saturday, 10:30 a.m. to 3:00 p.m.

### **FEBRUARY BOOK SALE!**

Our next Super Sensational Book Sale is Friday, February 7, from 1-4:00 pm and Saturday, February 8, from 9 am to 2:00 pm, in the Friends Room of the Central Library! Over 15,000 bestsellers, children's books, vintage, CDs, DVDs, LPs and more! Member day: Friday, February 7, from 1-4:00pm. Everything 3 for \$1. Memberships available at the door: senior (age 62+) \$10; student \$10; individual \$15; family \$20. Saturday, February 8, 9am-2:00pm, everyone welcome. Everything \$3/bag.





Through generous donations, The Newport Beach Public Library Foundation provides vital funding that keeps our libraries modern. Over the past decade, the Foundation has contributed more than \$7 million to fund programs, technology, and services for the 1.2 million annual users of the four library branches. Join us at [nbplf.foundation](http://nbplf.foundation)



THE NEWPORT BEACH PUBLIC LIBRARY FOUNDATION PRESENTS THE 27TH SEASON OF THE WITTE LECTURE SERIES — JANUARY - APRIL 2025 [nbplf.foundation/programs](http://nbplf.foundation/programs)

**BRET STEPHENS**

**HERE AND NOW: WHERE WE ARE AND WHERE WE ARE GOING IN THE POST ELECTION**

FRIDAY, JANUARY 24, 7:00PM / SATURDAY, JAN 25, 2:00PM

Bret Stephens began his career with The Wall Street Journal, where he served as the deputy editorial page editor and a foreign-affairs columnist. In 2017, Stephens joined The New York Times. He has received multiple awards, including three honorary doctorates, and the 2013 Pulitzer Prize for commentary.

**CHRISTINE BRENNAN**

**TODAY IS THE GREATEST DAY FOR WOMEN IN SPORTS AND TOMORROW. TITLE IX AND THE EMPOWERMENT OF WOMEN**

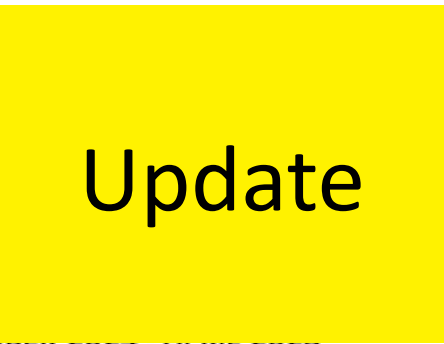
FRIDAY, FEBRUARY 21, 7:00PM / SATURDAY, FEBRUARY 22, 2:00PM

Christine Brennan is an award-winning national sports columnist. Her insightful reporting on Title IX and commentary on the progress made, the challenges that remain, and the lives of women athletes who have benefited from Title IX.

**JULIETTE KAYYEM IN CONVERSATION WITH JACOB WARE**

**NATIONAL SECURITY, CLIMATE MIGRATION & PANDEMICS: MANAGING RISKS IN A BORDERLESS WORLD; FRIDAY, MARCH 28, 7:00PM / SATURDAY, MARCH 29, 2 PM**

Professor Juliette Kayyem is an international leader in crisis management and homeland security, serving as the faculty chair of the Homeland Security and Security and Global Health Projects at Harvard's Kennedy School of Government. Jacob Ware is a research fellow at the Council on Foreign Relations and an adjunct professor at Georgetown University focusing on terrorism and counterterrorism.



THE NEWPORT BEACH PUBLIC LIBRARY FOUNDATION PRESENTS LIBRARY LIVE — OCTOBER 2024 - APRIL 2025

**JAVIER ZAMORA IN CONVERSATION WITH GUSTAVO ARELLANO SOLITO: HOME, IDENTITY, AND THE IMMIGRANT EXPERIENCE THURSDAY, FEBRUARY 27, 7:00PM**

At only 9 years old, Javier Zamora left his native El Salvador to embark on a 3000-mile journey to reunite with his parents in the United States. Zamora shares his harrowing journey and explores how identity influences our ideas of home, stressing there are always moments of joy, love, and hope, even in the worst of circumstances. Gustavo Arellano is a columnist for the Los Angeles Times. He authored "Taco USA: How Mexican Food Conquered America" and is the child of Mexican immigrants, one of whom arrived in the U.S. in a Chevy trunk.

**VIET THANH NGUYEN**

**A MAN OF TWO FACES: A MEMOIR, A HISTORY, A MEMORIAL THURSDAY, APRIL 24, 7:00PM**

In "A Man of Two Faces" Viet Thanh Nguyen rewinds the film of his own life. He writes of of refugeehood, colonization, and ideas about Vietnam and America with his trademark sardonic wit and incisive analysis, as well as a deep emotional openness about his life as a father and a son. Viet Thanh Nguyen's novel "The Sympathizer" is a New York Times best seller and won the Pulitzer Prize for Fiction. It is now an HBO TV series.

WE ARE PLEASED TO ANNOUNCE

[nbplf.foundation/programs](http://nbplf.foundation/programs)



**SPOTLIGHT ON SCIENCE**

*The Newport Beach Public Library Foundation is pleased to present Spotlight on Science, a program featuring extraordinary and renowned scientists who will shed light on innovative research in the sciences.*

**"UNLOCKING THE GENETIC CODE: THE REVOLUTIONARY IMPACT OF CRISPR TECHNOLOGY" KENNETH MACGREGOR, PHD MARCH 5, 7PM**

**"CALIFORNIA'S TECTONIC ACTIVITY: UNDERSTANDING THE RISKS OF EARTHQUAKE" LUCY JONES, PHD APRIL 30, 7PM**

CHECK OUT THE LATEST ISSUE OF **BOOKMARK**, the magazine of the Newport Beach Public Library Foundation. Catch up on Foundation news and events, library happenings, programs, and much more.



# Winter Children's Programs

*At the Newport Beach Public Library*

**CENTRAL LIBRARY**

**STORYTIME**

Books & Babies	M	Weekly	10:30-11am	0-2yrs
Toddler	W	Weekly	10:30-11am	1.5-2.5yrs
Preschool	Th	Weekly	10:30-11am	3-5yrs

**BARK: READ TO A DOG**

Practice reading aloud to a trained BARK dog.  
 Tu 12/3, 1/7, 2/4, 3/4 4-5pm 6-11yrs

**DROP-IN CRAFTERNOONS**

Get creative with rotating DIY crafts!  
 Tu 12/10, 1/14, 2/11, 3/11 4-5pm 3-7yrs

**STEAM LAB**

Join us for activities that help children learn about the world around them through science, technology, engineering, and art.  
 Tu 1/21, 2/18, 3/18 4-5pm 3-7yrs

**MAKERSPACE THURSDAYS**

Join us for an hour of open-ended creating with various materials and techniques.  
 Th 12/5, 2/6, 3/6 4-5pm 3-7yrs

**MIDDLE GRADE BOOK CLUB**

Meet to discuss a book followed by a fun activity related to that month's pick. Registration required.  
 Th 1/16, 2/20, 3/20 4-5pm 6-11yrs

**LEGO SATURDAYS**

Drop in each month to create with LEGO!  
 Sa 12/7, 1/18, 2/1, 2/15, 3/1, 3/15 2-4pm 6-11yrs

**BOARD GAME SATURDAYS**

Drop in for an afternoon of board games and puzzles! Meet new friends and try out a variety of fun games and puzzles.  
 Sa 12/14, 1/11, 1/25, 2/8, 2/22, 3/8, 3/22 2-4pm 3-11yrs

**GREAT FOR FAMILIES!**

**ILLUSTRATOR VISIT WITH CHRISTINA FORSHAY**

Join us as we welcome local illustrator, Christina Forshay, for an afternoon of stories, movement, and crafts! Christina will read *A Morning with Grandpa*, followed by guided yoga, tai chi, and a craft.  
 Su 3/2 1-2pm 3-11yrs

**LUNAR NEW YEAR CELEBRATION**

Join us for an afternoon of crafts and activities celebrating Lunar New Year and the Year of the Snake!  
 Tu 1/28 4-5pm 0-12yrs

**BOOK SERIES PARTY**

You're invited to a Book Series Party at the library! Join us for an afternoon of fun crafts and activities celebrating some of your favorite book series!  
 Tu 2/25 4-5pm 6-11yrs

**ILLUSTRATOR VISIT WITH CHRISTINA FORSHAY**

Join us as we welcome local illustrator, Christina Forshay, for an afternoon of stories, movement, and crafts! Christina will read *A Morning with Grandpa*, followed by guided yoga, tai chi, and a craft.  
 Tu 2/25 1-2pm 3-11yrs

**WITH THE ENVIRONMENTAL NATURE CENTER**

It's the perfect time to celebrate nature! Learn about the special animal guests. Registration required.  
 Tu 2/25 4-5pm 0-12yrs

**MARINERS BRANCH**

Weekly	10:30-11am	0-2yrs
Weekly	10:30-11am	1.5-2.5yrs

**LEGO WEDNESDAYS**

Drop in every Wednesday to create with LEGO!  
 W Weekly 3-4pm 6-11yrs

**BARK: READ TO A DOG**

Practice reading aloud to a trained BARK dog.  
 Th 1/16 4-5pm 6-11yrs

**VALENTINE'S DAY CRAFTS**

Let's make crafts for the sweetest holiday – Valentine's Day!  
 Th 2/13 4-5pm 3-11yrs

**ST. PADDY'S DAY CRAFTS**

Grab your very own bag of green crafts for St. Paddy's Day! Make them at Mariners Branch or take them home to do later.  
 Th 3/13 All day 3-11yrs



**BALBOA BRANCH**

**STORYTIME**

Preschool Tu Weekly 10:30-11am 3-5yrs  
 Books & Babies W Weekly 10:30-11am 0-2yrs

**TOY TRAIN THURSDAYS**

All aboard! Stop by to build with wooden toy trains.  
 Th Weekly 10:30-11:30am 0-5yrs

**WINTER WONDERLAND DROP-IN CRAFTS**

Wonderful winter crafting awaits you at the Balboa Branch. Stop by and celebrate this creative season!  
 W 12/11 3-4pm 3-11yrs

**FAIRY TALE CRAFTS**

Come to the Balboa Branch for crafts inspired by the magical world of fairy tales!  
 W 1/15 3-4pm 3-11yrs

**HEARTS & HUGS CRAFTS**

We (heart) creativity! Join us at the Balboa Branch for Valentine-themed crafting.  
 W 2/12 3-4pm

**BARK: READ TO A DOG**

Practice reading aloud to a trained BARK dog.  
 Th 3/6 4-5pm

**SUPERHERO PARTY**

Fly to the Balboa Branch for superhero crafts and more!  
 W 3/12 3-4pm

**CORONA DEL MAR BRANCH**

**STORYTIME**

Songs & Stories F Weekly 10:30-11am 2-5yrs  
 Family Sa Weekly 10:30-11am 3-7yrs

**SENSORY PLAY**

Explore, investigate, and create with sensory-based play!  
 Th 1/16, 2/20, 3/20 10:30-11:30am 3-5yrs

**HOLIDAY OPEN HOUSE**

Stop by the Corona del Mar Branch for sweet treats, crafts, games, and musical performances during the 45th Annual Corona del Mar Christmas Walk.  
 Su 12/8 11am-4pm All ages

**STUFFED ANIMAL SLEEPOVER**

Bring your stuffed animal friends (1 per child) and let them have an overnight adventure at the library! Pick up is the next day.  
 F 1/10 (drop off) 11am-2pm 0-12yrs

**BARK: READ TO A DOG**

Practice reading aloud to a trained BARK dog.  
 Tu 2/18 4-5pm 6-11yrs

Can you find your little eye? Search the library for hidden them all and you'll get a prize!  
 Daily 6-11yrs

and open to the public. Registration not required, description. Materials available while supplies last. limited by an adult. Funding is generously provided by www.newportbeachlibrary.org



**CORONA DEL MAR BRANCH**

Sunday, December 8, 11:00am – 4:00pm Sweet treats, crafts, games and more at the Corona del Mar Branch Library during the 45th annual Corona del Mar Christmas Walk. Great for families, we invite you to attend this festive celebration!



newportkids.org



## GENEALOGY UNCOVERED

Join us at the Newport Beach Public Library for GENEALOGY UNCOVERED, a fascinating step-by-step guide to help you discover your own family tree.

Each class will include a 30-minute informational presentation on a focused topic, the remaining 90 minutes will be a round table discussion and questions on past and present genealogical research project. Registration is required for each class. Max 10. Register for 1, 2, or 3 classes at [newportbeachlibrary.org](http://newportbeachlibrary.org)

### LET'S TAKE A TRIP!

**Thursday February 6, 1-3pm**

How to plan and prepare for a physical research trip to other geographical areas, states, or countries. This is an opportunity to share your research success tips with others seeking genealogical connections in their travels.

### THE SECRETS CEMETERIES HOLD

**Thursday March 6, 1-3pm**

Discover the distinct types (military, church, rural, etc.) of cemeteries, and how each plays a role with nuances and critical information.

### BRICK WALL BREAKER!

**Thursday April 3, 1-3pm**

Bring your best/worst 'Brick Wall' research challenge to the group and let the group creativity and critical thinking help you consider new angles to approach your challenge.



## STORYTELLERS WRITING WORKSHOPS

Learn to tell a great story, whether it's the story of your day or the story of your life. Join us in a 3-part workshop providing guidance in writing first-person narratives for memoir writing, fiction, and screen media, and more.

Workshops on Tuesdays, January 7, 14, 21 from 5-7:00 pm

Workshops on Thursdays March 4, 11, 18 from 5-7:00 pm

Registration is required. You are expected to attend all sessions within a session. Register at [newportbeachlibrary.org](http://newportbeachlibrary.org)

or call 949-741-2200

949-741-2200

Update



## SUNDAY MUSICALES

The Newport Beach Public Library is please to present Winter 2025 Sunday Musicales. The hour-long concerts are held monthly at 3:00 pm in the Friends Room of the Central Library. Admission is free. Join us!

- January 19, 2025 3-4:00 pm Duo Duoro Flute & Harp

- February 16, 2025 3-4:00 pm Classical Recorder

- March 16, 2025 3-4:00 pm Alternative Classical Ensemble

## Follow us on Instagram @nblibrary



# ART AT THE CENTRAL LIBRARY

**FARO MOHAJEDI – NOVEMBER 18, 2024 – JANUARY 10, 2025**

Faro Mohajedi is an Iranian-American photographer and multi-disciplinary creative whose career has spanned well over 30 years in architecture, portraits, landscape, fine arts, and, most recently, advertising photography. The seeds for his love of the visual arts were planted during his childhood years in Iran – a passion he took with him in 1967, when he packed his bags and left his home country of Iran to attend Pasadena City College in Southern California. While initially studying physics, his passion for the visual arts eventually led to his decision to switch studies to photography and fine arts at the Art Center College of Design in Pasadena.



**TIANYI WANG – JANUARY 13 – MARCH 10, 2025**

Tianyi Wang is both a photographer and cinematographer, showcasing a collection of life moments in his exhibition. His work is characterized by spontaneity, where unexpected moments and the power of the present come together. In recent years, he has joined LV, Chanel, Dior, and other top-level campaigns shooting as a digital assistant. "Before I capture the subject," Tianyi has stated, "I feel captured by them first. It's like getting permission to enter a unique space shared only by me and the subject. In this space, the subject appears vulnerable yet immensely powerful."

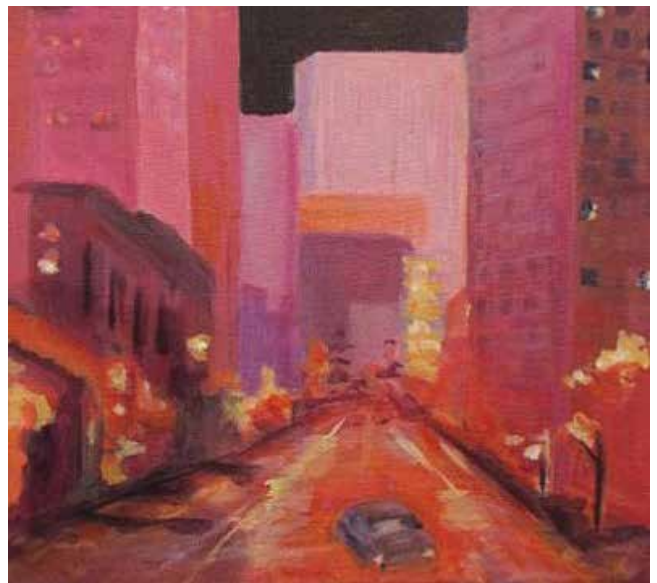
Update



**LIBERTY DICKINSON – MARCH 10 – MAY 2, 2025**

Liberty Dickinson, a Chicago native, has had a love for drawing and painting as long as she can remember. As a youth, she was always duplicating cartoons, using her brother as a model while he slept or creating her own pictures. She had a love for teaching as well and chose to become an elementary school teacher in the Chicago area. But the love of art never left her and she has since earned certificates in Illustration and Graphic Design. Fine art, particularly portrait and figure drawing, remain her favorite subjects. She continually hones her skills by studying under talented instructors, such as Fealing Lin, Barbara Nechis, Marshall Vandruff, Marc Whitney, and Ignat Ignatov, Sara Sedwick.

**For the exhibit schedule and more information about the artists, visit [www.newportbeachca.gov/culturalarts](http://www.newportbeachca.gov/culturalarts)**





## A-B

### All Things Science

562-370-6074  
nathan@atsclub.org

### Barbara Yin Milbert

pacpal33@yahoo.com

### Beach City Sports

Beachcitysports.com  
Info@beachcitysports.com

### Bionerds

949-288-1486  
admin@bionerdsllc.com

### Brainstorm STEM Education

949-607-8676  
info@brainstormedu.com

## C

### California Bodyboarders

949-413-5671  
californiabodyboarders.com  
californiabodyboarders@gmail.com

### Carole Kamper

949-230-5902

### Carolyn Matsuda

714-388-4328  
cmats84@msn.com

### Chris Sullivan

chrissullivanart@gmail.com

### Claudia Hindu

323-602-8982  
claudiasarttherapy.com  
chindu@claudiasarttherapy.com

### Conversa, Inc.

714-360-7757  
conversaspanish.com  
sales@conversaspanish.com

### CS Dance Factory

949-230-5934  
csdancefactory.com  
info@csdancefactory.com

## D

### Darielle Wilson

949-675-5182

### David Crockett

714-206-9066

### Diana Wong

dianawong2001@yahoo.com

### Dorothy Spirus

yourprofessorD@gmail.com

## E-F

### Endless Sun Surf School

949-533-1022  
endlessunsurf.com  
endlessunsurf@hotmail.com

### Etiquette Factory w Ms Nelson

Etiquettewithmsjenn@gmail.com

### Fit First

657-204-5427  
fitfirstca@gmail.com  
www.fitfirstfamily.com

### Friendship Circle OC

949-721-9800  
chani@friendshipoc.org  
Friendshipoc.org

## G-H

### Green Room Music

714-875-8175  
dmitrykoudymov@hotmail.com

### Sara Gutierrez

sararez@betterlifeboxing.com

### Healthy U

714-374-3008

## I-J

### Jake Jacobs

Jakeair99@gmail.com

### Jennifer Trevour

714-322-4322  
jen@thoughtfultheater.com

### Jessi Moon Conder

jessi@letsenlightentogether.com

### Jim Ellsberry

Jim@jimellsberry.com

### Jim Moore

714-887-7735  
Jmoore1953@yahoo.com

### John Leonard

949-852-8689  
johnleonardsgolf.com

### Judy Aprile

jjjaprile@gmail.com

## K

### Karen Halley

949-412-9842  
khalley2@cox.net

### Kathryn Rollins

949-422-9834  
info@ahappybalance.com  
kathryn@ahappybalance.com

### Keith Glassman

keith.glassman@gmail.com

## L-M

### Lisa Albert

949-887-1490  
lisaalbertartclasses.com  
lisaalbert13@yahoo.com

### Matt Leinart Flag Football

949-422-5964  
mflagnb.com

### Melanie Wheatley

562-760-1319  
melwheatley54@gmail.com

### Michelle Zehnder Caumiant

mcaumiant26@gmail.com

### Movies by Kids – O.C.

657-204-6795  
mark@moviesbykids.com



## N

**Nancy Wahamaki Vasek**  
nvwasek@gmail.com

**Newport Beach City Aquatics Staff**  
949-644-3151  
newportbeachca.gov/aquatics  
aquatics@newportbeachca.gov

**Newport Beach City Recreation Staff**  
949-644-3151  
newportbeachca.gov/recreation  
recreation@newportbeachca.gov

**Newport Beach City Sports Staff**  
949-644-3151  
newportbeachca.gov/sports  
sports@newportbeachca.gov

**Newport Sports Academy**  
newportsportsacademy@gmail.com

**Newport Surf Camp**  
newportsurfcamp.com

**Newport Volleyball Academy**  
949-500-7118  
danieltglen@gmail.com

## O

**OCC School of Sailing & Seamanship**  
949-645-9412  
occsailing.com  
sailing@occsailing.com

**Ocean Adventure Programs/Pacific Surf**  
eriknelsensurf.com

## OC Tiny Tots Academy

949-433-5065  
octinytots.com

**Odyssey Dance Academy**  
949-752-9400  
odysseydanceacademy.com  
info@odysseydanceacademy.com

## P

**Parker-Anderson Enrichment**  
714-589-6189  
oc@parker-anderson.org

**Pateadores Soccer**  
949-386-7244  
ocpateadores.org  
admin@pateadores.org

**Pawsitively Perfect Pooches**  
310-430-5322 x 5322  
melissa@pawperpoo.com

**Play-Well TEKologies**  
949-504-2257  
chriissy@play-well.org

**Portal Languages**  
714-979-1655  
costamesa@portallanguages.com

**Pregoni Futbol Training**  
714-808-2010  
pregonifutboltraining.com  
pregonift@gmail.com

## Q-R

**Rick Bradley**  
949-466-1011

**Rose Reynolds**  
pareynolds@aol.com

## S

**Sherman Library & Gardens**  
949-426-8551  
catherine@slgardens.org

**Skatedogs**  
714-313-8787  
skatedogs.com  
mail@skatedogs.com

**Skyhawks Sports Academy**  
800-804-3509  
skyhawks.com  
skyhawks@skyhawks.com

**SoCa Arts**  
714-486-2022  
socaarts.com  
info@socaarts.com

**South Coast Music Together**  
949-706-3408  
southcoastmusictogether.com

**Stephanie von Meeteren**  
MySoulSpark.com

**Strategic Kids**  
949-545-8146  
strategickids.com  
ssizemore@strategickids.com

## T

**Take the Stage Productions**  
takethestageproductions.com  
info@takethestageproductions.com

**Terry Sweeney**  
Off2bridge@gmail.com

**Theresa Ripke**  
mail@theresaripke.com

**Tumble-N-Kids**  
714-842-3586  
info@tumblenkids.com  
tumblenkids.com

## U-Z

**Vickie Jackson**  
951-809-8010  
vickie@promodonnas.com

**Volley OC**  
714-397-1038  
info@volleyoc.com

**Yvette Casal**  
714-520-1427  
meltwithyvette@gmail.com



## Online

Available only prior to class start date.

1. Go to [newportbeachca.gov/register](http://newportbeachca.gov/register)
2. Click on My Account.
3. Enter Username & Password.
4. Click on Register for Activities.
5. Sort Activities or Search for class
6. Click on Name of Activity
7. Click Enroll Now
8. Select eligible participant and Add to cart
9. Follow steps for payment.



## Mail-In or Email

**REGISTRATION FORM & PAYMENT TO:**

**Recreation & Senior Services Dept.**  
 City of Newport Beach  
 100 Civic Center Drive  
 Newport Beach, CA 92660  
[recreation@newportbeachca.gov](mailto:recreation@newportbeachca.gov)



## Fax-In

Both pages of the registration form including your Visa, MasterCard, Discover or AmEx card number, expiration date, and security code and fax to 949-644-3155. Faxes are processed during regular business hours.



## Walk-In

**Recreation & Senior Services Dept.**  
 100 Civic Center Dr.  
 Newport Beach, CA 92660  
**Monday–Thursday:** 7:30 a.m.–5:30 p.m.  
**Friday:** 7:30 a.m.–4:30 p.m.

### Marina Park Community Center

1600 West Balboa Blvd.  
 Newport Beach, CA 92663  
**Monday–Thursday:** 7:30 a.m.–5:30 p.m.  
**Friday:** 7:30 a.m.–4:30 p.m.

### Newport Coast Community Center

6401 San Joaquin Hills Rd.  
 Newport Beach, CA 92657  
**Monday–Thursday:** 8 a.m.–8 p.m.  
**Friday:** 8 a.m.–4 p.m.  
**Saturday:** 9 a.m.–Noon

### OASIS Senior Center

801 Narcissus Ave.  
 Corona del Mar, CA 92625  
**Monday–Thursday:** 7:30 a.m.–5:30 p.m.  
**Friday:** 7:30 a.m.–4:30 p.m.

## Registration Information

- Registration is required for all programs/camps.
- Programs/camps are subject to change without notice.
- Fax and mail-in registrations are processed upon receipt of a completed and signed registration form.
- Confirmation receipts are emailed for fax and mail-in registration. Online registration receipts available under account information.
- Registration will NOT be accepted over the phone.
- Fees are not pro-rated for missed classes or late registration.
- If program/camp is full, you will be placed on a wait list. If space becomes available, City staff will contact you to collect payment and provide a 24 hour response time before moving to the next person on the list. No class petitioning permitted.

## Refund Policy

### Program Cancellation

A full refund will be granted if program/camp is cancelled by the Recreation & Senior Services Department.

### Participant Request for Program/Camps

Unless otherwise noted, no refunds after the commencement of the second class or camp. Refunds for workshops and one or two day classes will be granted if requested five business days before class begins. **There is a non-refundable \$5 administrative fee per class.** Material fees are non-refundable.

## Refund Fees

### Classes/Workshops

- \$10 for classes/camps \$74 and under.
- \$20 for classes/camps \$75 and above.

### Newport Beach Day Camps/Pint Sized Campers

- \$25 refund fee applies for withdrawals with seven days or more notice.
- \$50 refund fee applies for withdrawals with six days or less notice.
- No refunds once camp has begun.

### Contract Camps

- \$10 for camps \$74 and under before camp begins
- \$20 for camps \$75 and above before camp begins
- If request is made before the second day of camp a refund fee equivalent to a single day of camp will be charged unless other wise noted. NO REFUNDS after commencement of second day of camp.
- Events/Excursions no refunds.

### Refund Processing Time/Payment Type

- Check/Cash – Refunds issued within 3-4 weeks by mailed check.
- Credit Card – Refunds processed within 3-5 days.

## Participant Code of Conduct

All participants are expected to exhibit appropriate behavior at all times while participating, being a spectator, or attending any program or activity conducted or sponsored by the City of Newport Beach Recreation & Senior Services Department. The following guidelines are designed to provide safe and enjoyable activities for all participants:

- Be respectful of and to all participants and program staff.
- Take direction from program staff/supervisors.
- Refrain from using abusive or foul language.
- Refrain from causing bodily harm to self, other participants, or program staff/supervisors.
- Refrain from damaging equipment, supplies, and facilities.
- Refrain from harassment of staff, instructors or participants.
- Failure to follow these rules may result in denial of program participation privileges. The City of Newport Beach Recreation & Senior Services Department strives to make your participation fun-filled, rewarding, educational and safe. Thank you for your cooperation.

## CREDIT CARD INFORMATION



Credit Card Number	Exp. Date
Full Name Appearing On the Credit Card	CVV (3 or 4 digit code on back of card)



**CITY OF NEWPORT BEACH**  
RECREATION & SENIOR SERVICES DEPARTMENT

100 Civic Center Drive ■ Newport Beach, CA 92660  
Phone: 949-644-3151 ■ Fax: 949-644-3155  
email: recreation@newportbeachca.gov ■ [newportbeachca.gov](http://newportbeachca.gov)

# Registration

Please note, your receipt will be emailed.

**ADULT/GUARDIAN INFORMATION** (Please print all information)

Adult/Guardian Last Name		Adult/Guardian First Name	
Address		City	Zip Code
Home Phone	Cell Phone	Work Phone	Email

**PARTICIPANT & COURSE INFORMATION**

Participants Name	Date of Birth	Gender	Course #	Class Name	Fee
<i>example</i> Bobby Newport	12/13/13	M	NCC230	Gymnastics	\$89

Checks payable to: **City of Newport Beach.**  
For credit card payments, fill out the adjacent page.

*Special Assistance* If you need special accommodations for activities notify the Recreation & Senior Services Dept. at 949-644-3151 or [recreation@newportbeachca.gov](mailto:recreation@newportbeachca.gov).

**REFUND POLICY** Unless otherwise noted, no refunds after the commencement of the second class or camp. Refunds for workshops and one or two day classes will be granted if requested five business days before class begins. **There is a non-refundable \$5 administrative fee per class.** Material fees are non-refundable.

<b>Total Class Fees</b>	
<b>Non-Resident Fee for Classes</b> \$5/class \$74 & below or \$10/class \$75 & up	
<b>Non-Resident Fee for Camps</b> \$10/camp \$124 & below or \$20/camps \$125 & up	
<b>GRAND TOTAL</b>	

**REFUND FEE CLASSES/WORKSHOPS (Unless otherwise noted):** \$10/class for classes \$74 and under and \$20/class for \$75 and above.

**REFUND FEE CAMPS (Unless otherwise noted):** \$10/camp for camps \$74 and under and \$20/camp for camps \$75 and above if requested before the commencement of the camp. If request is made before the second day of camp a refund fee equivalent to a single day of camp will be charged unless other wise noted. NO REFUNDS after commencement of second day of camp. Events/Excursions NO REFUNDS.

**REFUND FEE NEWPORT BEACH DAY CAMP/PINT SIZED CAMPERS:** \$25/camp for withdrawals with seven or more days notice and \$50/camp for withdrawals with six days or less notice. NO REFUNDS once camp begins.

**REGISTRATION INFORMATION & POLICIES** I (We) the undersigned certify that I (We) have read, reviewed, understand and agree to the Registration Information & Policies on adjacent page. These policies are also included as part of your receipt.

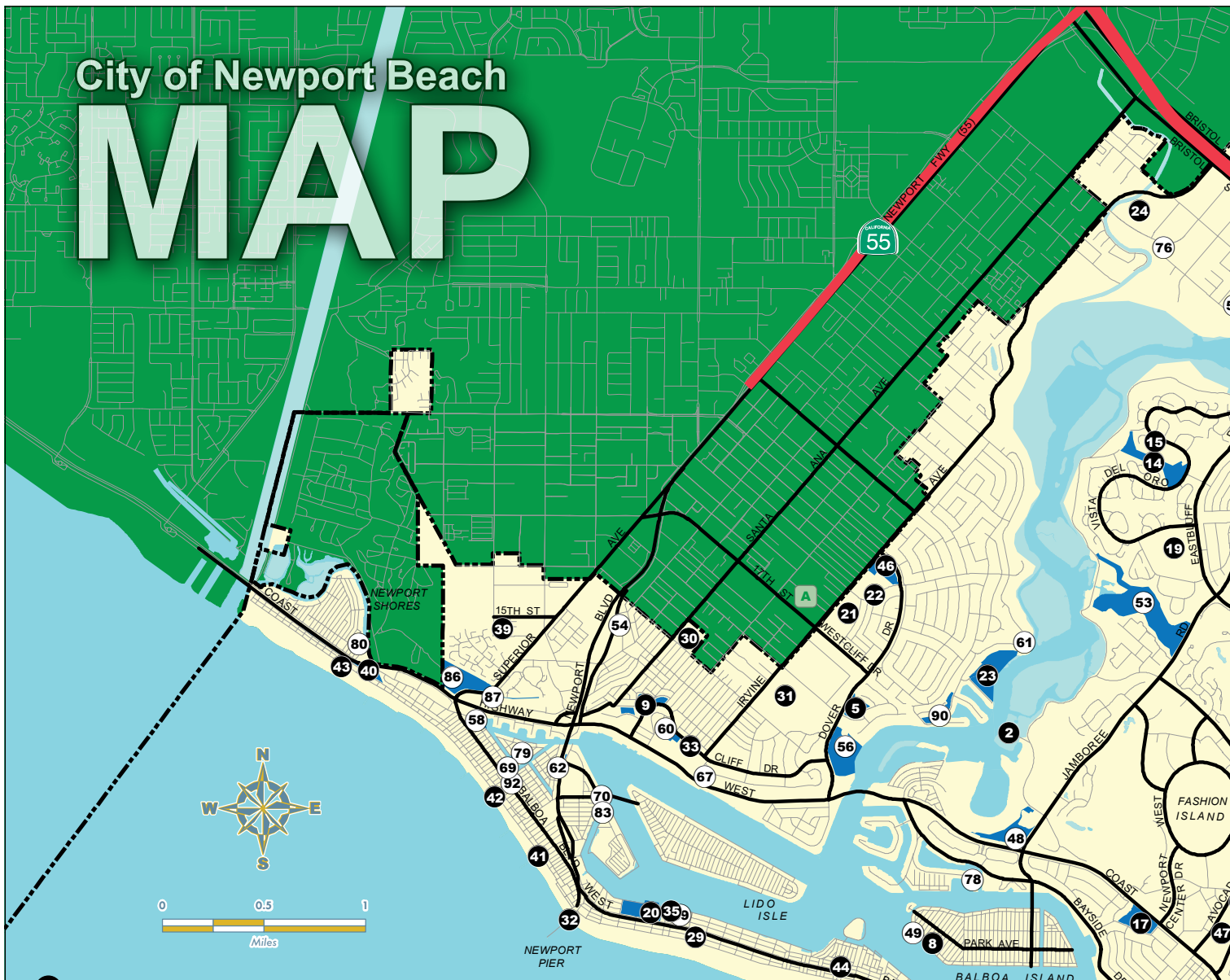
**PHOTO RELEASE** I understand that from time to time City representatives may photograph activities of City recreation programs and participants. By signing this form, I authorize the City of Newport Beach to use or publish any photographs taken by the City showing my participation or my child/children's participation to promote classes on the City's website and other social media used by the City, future publications of the Newport Navigator, promotional emails, and/or fliers.

**WAIVER & RELEASE OF LIABILITY** In consideration for participation in the programs and activities held in person, through an online platform, or by any other means whether located on or off of public property ("PROGRAMS"), conducted by the City of Newport Beach, the Newport-Mesa Unified School District, or other such providers ("PROGRAM PROVIDERS"), I, on behalf of myself and on behalf of the participant of the PROGRAMS if someone other than me (both collectively, "PARTICIPANT") hereby: **(1)** acknowledge that participation in the PROGRAMS is voluntary; **(2)** agree to follow and abide by all rules, regulations, guidelines, and codes of conduct applicable to participation in the PROGRAMS; **(3)** certify that the PARTICIPANT is in good health and physically able to participate in the PROGRAMS, and does not have a medical condition that could make participation in the PROGRAMS hazardous to PARTICIPANT's health or the health of others; **(4)** agree to provide verification from a licensed medical professional of PARTICIPANT's physical fitness to participate in the PROGRAMS when requested by PROGRAM PROVIDERS; **(5)** agree that failure to disclose that participation by PARTICIPANT could create an unreasonable risk to PARTICIPANT or others may result in the PROGRAM PROVIDERS terminating PARTICIPANT from the PROGRAMS; **(6)** agree that PROGRAM PROVIDERS may terminate PARTICIPANT from participation in PROGRAMS at any time and in their sole and absolute discretion; **(7)** understand that participation in the PROGRAMS could result in bodily injury, property damage, death, disability, or other loss to PARTICIPANT or others as a result of, including by not limited to, strenuous physical activity or exertion, striking or being struck by objects or persons, falling, slipping, tripping, colliding with other persons or things, exposure to moisture, heat, cold, humidity, or sickness and disease (including but not limited to, COVID-19), which injuries and damage may include, but are not limited to, scrapes, bruises, cuts, sprains, strains, tearing or pulling of muscles or ligaments, fractures, dislocation of joints or bones, head or facial injuries, spinal cord injuries, internal injuries, or other injuries of any nature whatsoever which could be permanent or even fatal (collectively, "RISK OF INJURY"); **(8)** CERTIFY THAT PARTICIPANT AGREES TO ASSUME ANY AND ALL RISK OF INJURY ON BEHALF OF PARTICIPANT AND ANYONE WHO MAY CLAIM ON PARTICIPANT'S BEHALF; **(9)** CERTIFY THAT PARTICIPANT AGREES, ON BEHALF OF PARTICIPANT AND ANYONE WHO MIGHT CLAIM ON PARTICIPANT'S BEHALF, TO RELEASE, WAIVE, AND HOLD THE PROGRAM PROVIDERS HARMLESS FROM ANY AND ALL CLAIMS, ACTIONS, PROCEEDINGS, AND LIABILITY OF EVERY KIND OR NATURE WHATSOEVER, WHETHER FORESEEN OR UNFORESEEN, KNOWN OR UNKNOWN, RELATED TO, CAUSED BY, OR ARISING OUT OF PARTICIPANT'S PARTICIPATION IN THE PROGRAMS; and, **(10)** certify under penalty of perjury under the laws of the state of California that the foregoing is true and correct.

**Mandatory Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

# City of Newport Beach

# MAP

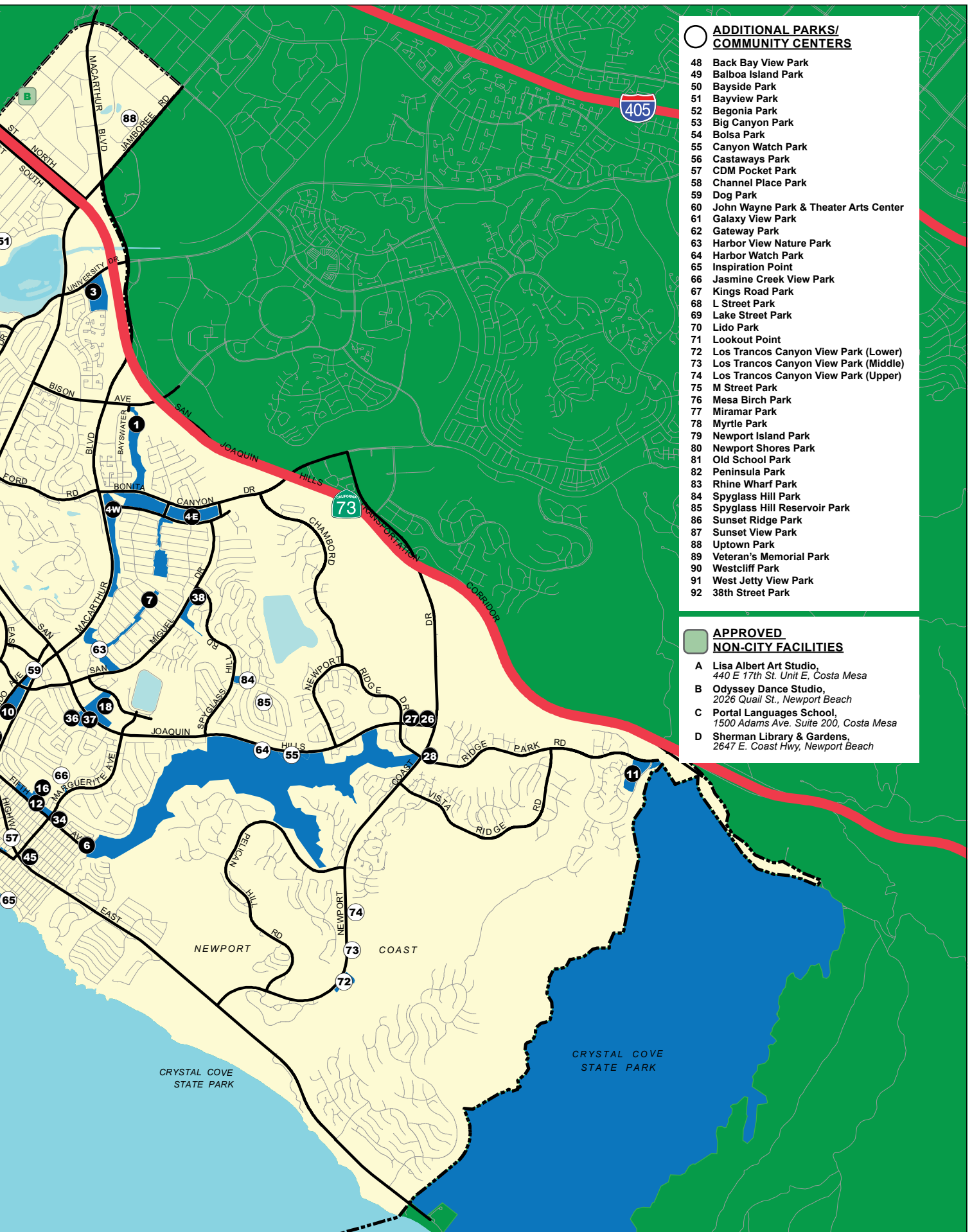


## CLASS SITES

- |   |   |   |
|---|---|---|
| 1 Arroyo Park<br>1411 Bayswater   | 17 Irvine Terrace Park<br>721 Evita Dr  | 32 Newport Pier<br>Newport Blvd, Balboa Blvd W                            |
| 2 Back Bay Science Center<br>600 Shellmaker Rd  | 18 Lincoln Athletic Center<br>3101 Pacific View Dr  | 33 Newport Theatre Arts Center<br>2501 Cliff Dr                           |
| 3 Bonita Creek Community Center and Park<br>3010 La Vida  | 19 Marian Bergeson Aquatic Center (MBAC)<br>Corona del Mar High School<br>2102 Eastbluff Dr | 34 OASIS Senior Center<br>801 Narcissus Ave, Corona del Mar               |
| 4 Bonita Canyon Sports Park East (BCSP)<br>1990 Ford Rd   | 20 Marina Park<br>1600 Balboa Blvd W  | 35 Sailing Center/SUP Rentals<br>1600 Balboa Blvd W                       |
| 4 Bonita Canyon Sports Park West (BCSP)<br>1641 Ford Rd   | 21 Mariners Elementary School<br>2100 Mariners Dr   | 36 San Joaquin Hills Lawn Bowling Center<br>1550 Crown Dr, Corona del Mar |
| 5 Bob Henry Park<br>900 Dover Dr  | 22 Mariners Park<br>Vincent Jorgensen Community Center (VJC)<br>1300 Irvine Ave             | 37 San Joaquin Hills Tennis Court<br>1550 Crown Dr, Corona del Mar        |
| 6 Buck Gully Reserve<br>Poppy Ave, Corona del Mar   | 23 Newport Aquatic Center (NAC)<br>1 White Cliffs Dr  | 38 San Miguel Park<br>2200 San Miguel Dr                                  |
| 7 Buffalo Hills Park<br>1901 Port Provence Pl   | 24 Newport Beach Golf Course<br>3100 Irvine Ave   | 39 West Newport Community Center (WNCC)<br>883 15th St W                  |
| 8 Carroll Beek Community Center<br>115 Agate Ave, Balboa Island                                     | 25 Newport Beach Junior Lifeguards Building<br>901 East Ocean Front                         | 40 West Newport Park/Tennis Courts<br>5800 Seashore Dr                    |
| 9 Cliff Drive Park and Community Center<br>301 Riverside Ave  | 26 Newport Coast Community Center (NCCC)<br>6401 San Joaquin Hills Rd, Newport Coast        | 41 28th St Beach<br>28th St, Balboa Blvd                                  |
| 10 City Hall/Recreation and Senior Services<br>Department and Community Room<br>100 Civic Center Dr | 27 Newport Coast Pickleball Courts<br>6401 San Joaquin Hills Rd, Newport Coast              | 42 36th St Beach<br>36th St, Balboa Blvd                                  |
| 11 Coastal Peak Park<br>20403 East Coastal Peak, Newport Coast                                      | 28 Newport Coast Elementary School<br>6655 Ridge Park Rd, Newport Coast                     | 43 61st St Beach<br>61st St, Seashore Dr                                  |
| 12 Community Youth Center (CYC)<br>Grant Howald Park<br>3000 Fifth Ave, Corona del Mar              | 29 Newport Elementary School<br>1327 Balboa Blvd W  |   |
| 13 Corona del Mar Beach<br>3029 Breakers Dr   | 30 Newport Heights Elementary School<br>300 15th St   |   |
| 14 Eastbluff Park/Boys and Girls Club<br>2555 Vista del Oro   | 31 Newport Harbor High School<br>600 Irvine Ave   |   |
| 15 Eastbluff Elementary School<br>2627 Vista del Oro  |   |   |
| 16 Harbor View Elementary School<br>900 Goldenrod Ave, Corona del Mar                               |   |   |

## LIBRARIES

- 44 Balboa Branch  
100 Balboa Blvd E
- 45 Corona del Mar Branch  
420 Marigold Ave, Corona del Mar
- 46 Crean Mariners Branch  
1300 Irvine Ave
- 47 Newport Beach Central Library  
1000 Avocado Ave



- ADDITIONAL PARKS/  
COMMUNITY CENTERS**
- 48 Back Bay View Park
  - 49 Balboa Island Park
  - 50 Bayside Park
  - 51 Bayview Park
  - 52 Begonia Park
  - 53 Big Canyon Park
  - 54 Bolsa Park
  - 55 Canyon Watch Park
  - 56 Castaways Park
  - 57 CDM Pocket Park
  - 58 Channel Place Park
  - 59 Dog Park
  - 60 John Wayne Park & Theater Arts Center
  - 61 Galaxy View Park
  - 62 Gateway Park
  - 63 Harbor View Nature Park
  - 64 Harbor Watch Park
  - 65 Inspiration Point
  - 66 Jasmine Creek View Park
  - 67 Kings Road Park
  - 68 L Street Park
  - 69 Lake Street Park
  - 70 Lido Park
  - 71 Lookout Point
  - 72 Los Trancos Canyon View Park (Lower)
  - 73 Los Trancos Canyon View Park (Middle)
  - 74 Los Trancos Canyon View Park (Upper)
  - 75 M Street Park
  - 76 Mesa Birch Park
  - 77 Miramar Park
  - 78 Myrtle Park
  - 79 Newport Island Park
  - 80 Newport Shores Park
  - 81 Old School Park
  - 82 Peninsula Park
  - 83 Rhine Wharf Park
  - 84 Spyglass Hill Park
  - 85 Spyglass Hill Reservoir Park
  - 86 Sunset Ridge Park
  - 87 Sunset View Park
  - 88 Uptown Park
  - 89 Veteran's Memorial Park
  - 90 Westcliff Park
  - 91 West Jetty View Park
  - 92 38th Street Park

- APPROVED  
NON-CITY FACILITIES**
- A Lisa Albert Art Studio,  
440 E 17th St. Unit E, Costa Mesa
  - B Odyssey Dance Studio,  
2026 Quail St., Newport Beach
  - C Portal Languages School,  
1500 Adams Ave. Suite 200, Costa Mesa
  - D Sherman Library & Gardens,  
2647 E. Coast Hwy, Newport Beach

Update