

Update  
Cover

# NEWPORT NAVIGATOR



## Newport Beach City Council

Mayor	Lauren Kleiman <a href="mailto:lkleiman@newportbeachca.gov">lkleiman@newportbeachca.gov</a>
Mayor Pro Tem	Noah Blom <a href="mailto:nblom@newportbeachca.gov">nblom@newportbeachca.gov</a>
Council Member	Michelle Barto <a href="mailto:mbarto@newportbeachca.gov">mbarto@newportbeachca.gov</a>
Council Member	Robyn Grant <a href="mailto:rgrant@newportbeachca.gov">rgrant@newportbeachca.gov</a>
Council Member	Joe Stapleton <a href="mailto:jstapleton@newportbeachca.gov">jstapleton@newportbeachca.gov</a>
Council Member	Sara J. Weber <a href="mailto:sweber@newportbeachca.gov">sweber@newportbeachca.gov</a>
Council Member	Erik Weigand <a href="mailto:eweigand@newportbeachca.gov">eweigand@newportbeachca.gov</a>

## Parks, Beaches & Recreation Commission

Chair	Anne Yelsey <a href="mailto:ayelsey@newportbeachca.gov">ayelsey@newportbeachca.gov</a>
Vice Chair	Amy Waunch <a href="mailto:awaunch@newportbeachca.gov">awaunch@newportbeachca.gov</a>
Commission Member	Hassan Archer <a href="mailto:harcher@newportbeachca.gov">harcher@newportbeachca.gov</a>
Commission Member	Diane Daruty <a href="mailto:ddaruty@newportbeachca.gov">ddaruty@newportbeachca.gov</a>
Commission Member	Keira Kirby <a href="mailto:kkirby@newportbeachca.gov">kkirby@newportbeachca.gov</a>
Commission Member	Kate Malouf <a href="mailto:kmalouf@newportbeachca.gov">kmalouf@newportbeachca.gov</a>
Commission Member	Travis Pirdy <a href="mailto:tpirdy@newportbeachca.gov">tpirdy@newportbeachca.gov</a>

## City Staff

City Manager	Grace K. Leung <a href="mailto:gleung@newportbeachca.gov">gleung@newportbeachca.gov</a>
Recreation & Senior Services Director	Sean Levin <a href="mailto:slevin@newportbeachca.gov">slevin@newportbeachca.gov</a>
Recreation & Senior Services Deputy Director	Justin Schmillen
Recreation Manager	Brason Alexander
Recreation Manager	Brian Cordeiro
Senior Services Manager	Melissa Gleason
Recreation Manager	Racquel Valdez

## City Hall Hours

Monday–Thursday	7:30 a.m.–5:30 p.m.
Friday	7:30 a.m.–4:30 p.m.

## City Directory

<b>Budgeting &amp; Finance</b>	949-644-3127
<b>Animal Control</b>	949-644-3717
<b>Building Department</b>	949-644-3275
<b>Building Permits</b>	949-644-3288
<b>City Attorney</b>	949-644-3131
<b>City Clerk</b>	949-644-3005
<b>Code Enforcement</b>	949-644-3215
<b>Community Youth Center</b>	949-644-3165
<b>Fire &amp; Lifeguard (Business)</b>	949-644-3104
<b>Fire/Police Emergency</b>	9-1-1
<b>General Services</b>	949-644-3055
<b>Graffiti Hotline</b>	949-644-3333
<b>Human Resources</b>	949-644-3300
<b>Information</b>	949-644-3309
<b>Library</b>	949-717-3800
<b>Licenses</b>	949-644-3141
<b>OASIS Senior Center</b>	949-644-3244
<b>Marina Park</b>	949-270-8150
<b>Natural Resources/Tidepools</b>	949-644-3036
<b>Mayor</b>	949-644-3004
<b>Newport Coast Community Center</b>	949-270-8100
<b>Park Patrol</b>	949-795-2381
<b>Parking Citations</b>	949-644-3396
<b>Planning Department</b>	949-644-3200
<b>Police (Front Desk)</b>	949-644-3681
<b>Police (Non-emergency Dispatch)</b>	949-644-3717
<b>Public Works</b>	949-644-3311
<b>Recreation &amp; Senior Services</b>	949-644-3151
<b>Utilities Department</b>	949-644-3011
<b>Water Bill Information</b>	949-644-3050



## Recreation & Senior Services Department

100 Civic Center Drive, Bay E  
Newport Beach, CA 92660

[newportbeachca.gov/recreation](http://newportbeachca.gov/recreation)  
[recreation@newportbeachca.gov](mailto:recreation@newportbeachca.gov)

**PHONE:** 949-644-3151

**FAX:** 949-644-3155

**PARK PATROL:** 949-795-2381

**MUD LINE:** 949-718-1860

# Spring 2026



**Mayor's Egg Race 06**



**09**



**12**



**OASIS Programs**



**Update**



Newport Beach Recreation  
Class Registration

Scan the QR code to register for upcoming classes and activities.

[NEWPORTBEACHCA.GOV/REGISTER](http://NEWPORTBEACHCA.GOV/REGISTER)

**Connect With Us**



@cityofnewportbeach

Stay up-to-date on what Newport Beach is working on to address community noise concerns related to John Wayne Airport's operations.

[NEWPORTBEACHCA.GOV/JWA](http://NEWPORTBEACHCA.GOV/JWA)



Our Winter Season Packs a Punch, Stay Active at OASIS! PAGE 48

## About the Cover

Beat boredom to the punch! Active adults can spar with the season's slump in high-energy classes like BattleFit Kickboxing, Brainwave Boxing, Zumba Gold® Dance Fitness, and more!

**PAGE 48**



**Parks Make Life Better!**



**Advisory UPDATES**

Unexpected changes with our classes and programs may have occurred. For the most up-to-date copy of our class schedules, we encourage you to visit [newportbeachca.gov/register](http://newportbeachca.gov/register).

# Major Dredging Project Gets Underway in Newport Harbor

A major milestone in the long-term restoration of Newport Harbor is now underway.

The City of Newport Beach, in partnership with the U.S. Army Corps of Engineers, has launched the largest and final piece of a major, multi-year dredging effort. Over the next 10 months or so, crews will remove about 900,000 cubic yards of accumulated sediment from the harbor floor.

The dredging will restore Newport Harbor to its federally authorized depth for the first time in decades, improving safe navigation for boaters, enhancing water quality and supporting the long-term environmental health of the harbor.

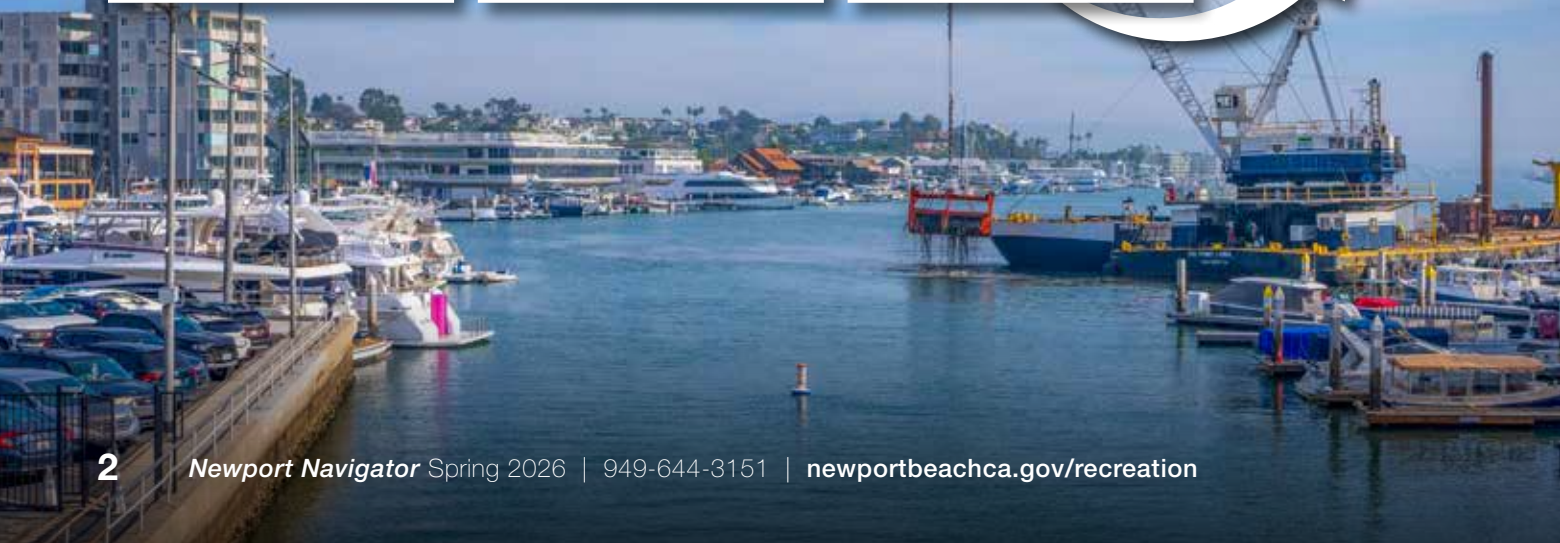
About 80 percent of the dredged material is approved for ocean disposal at a federally permitted site located about six miles offshore. The remaining 20 percent, which contains elevated contaminants such as mercury, will be transported by barge to the Port of Long Beach. The material will be safely encapsulated and reused as part of a shipping terminal expansion project.

This effort represents the final phase of a multi-decade harbor restoration program that began with earlier dredging projects completed in 2012. Improvements in sediment control in the Upper Bay and throughout the watershed have significantly reduced the amount of material entering the Lower Bay; therefore, once this project is complete, only small-scale maintenance dredging will be required.

The dredging effort is anticipated to conclude in fall 2026. When completed, it will help preserve this vital community resource for residents, visitors, boaters and marine life for generations to come.

Residents and boaters can follow progress of the dredging and view a status map on the City's website:

[nbgis.newportbeachca.gov/gispub/Dashboards/LowerBayDredgingTracker.htm](https://nbgis.newportbeachca.gov/gispub/Dashboards/LowerBayDredgingTracker.htm)



# New E-Bike Safety Rules Now in Effect in Newport Beach

As the use of electric bicycles (e-bikes) and other motorized devices continues to grow in Newport Beach, the City has taken important steps to improve safety for everyone who shares our streets, sidewalks and pathways.

As of January, a new municipal ordinance aimed at enhancing safety for bicyclists, e-bike riders, pedestrians and motorists went into effect. The ordinance updates the City's Municipal Code to better reflect today's riding practices and technologies, while providing clearer rules, stronger education tools and additional enforcement options.

The updated regulations were developed in response to community concerns about increased e-bike activity and unsafe riding behaviors.

## Key elements of the new ordinance include:

- Clearer safety rules that define unsafe riding behaviors for bicycles, e-bikes, and other motorized devices.
- Helmet requirements for all riders under age 18.
- Enhanced enforcement tools for the Newport Beach Police Department, including discretionary impound of devices in certain cases, with release to a responsible adult.
- A diversion option for minors, allowing citations to be dismissed upon completion of bicycle safety training.
- Expanded sidewalk access, adding 23 miles of sidewalks where bicycle riding is permitted alongside higher-volume roadways (no residential-fronting sidewalks were added).

Together these updates are intended to reduce conflicts, prevent injuries, and promote responsible riding while continuing to support active transportation throughout the community.

Education is a key part of the City's approach. The Newport Beach Police Department offers e-bike and bicycle safety tips for riders and parents, including guidance on helmet use, speed, yielding and sharing the road safely. Residents are encouraged to review these resources at:



[nbpd.org/what-we-do/information/traffic-safety](https://nbpd.org/what-we-do/information/traffic-safety)

The City will continue working with local schools and community partners to increase awareness of the new rules and reinforce safe riding habits.

Whether walking, driving, biking, or riding an e-bike, everyone plays a role in keeping Newport Beach safe. By following the updated regulations and practicing courtesy and caution, we can help ensure that our streets and pathways remain safe and enjoyable for all.

# Winter Wonderland Get Outside 365

[newportbeachca.gov/nature](http://newportbeachca.gov/nature)

**J**ust because the weather gets cooler, doesn't mean you have to freeze your curiosity!

Check out these ideas for ways to safely explore outdoors this season:

## **Birdwatching**

Birds will migrate south along a route called the Pacific Flyaway. Along the way to Central and South America, they will rest and feed on shorelines or in coastal bays and ponds. You can get involved with your local Audubon Society to learn more.

## **Whale Watching**

California Gray Whales migrate south to Baja to have their babies each year between October and December and return north between February and April. It is not uncommon to see whales traveling along the coast through the winter months and early spring even from the shoreline or piers.

## **Tidepooling**

Visit Little Corona del Mar Beach and look for low tides around the new and full moons each month during accessible hours (beaches are open from 6am-10pm).

## **Hiking**

Explore our many trails, just be sure to only leave footprints and take pictures and good times.

**Raindrops falling on your head?**  
Be sure to check the mudline before heading out on trail:  
**949-718-1860.**



As you explore outdoors and WONDER about all that is WILD, remember:  
**Healthy people in nature, keep nature healthy.**



**1**

**Stay warm,** on trail, and out of tidepools. Dress for the elements and be mindful of your impacts on wildlife.



**2**

**Be like a snowflake** and leave no trace. After your visit- clean up and never take from an outdoor space.



**3**

**Get cozy with** conservation. Observe animals where they are and avoid picking and taking flowers or shells.



**4**

**T'is the season** for wildlife to migrate, mate, and forage. Respect nature and never feed wild animals.

Expecting the addition of at least one class in the Natural Resources (we're bringing on a new contractor called OC Habitats), so could see this page spread needing to be adjusted. Awaiting confirmation from Brason/Chloe, they have a deadline of 1/8

## FREE Buck Gully Hikes

LETSGOOUTSIDE.ORG

### Buck Gully Loop Hike

#### Led by Irvine Ranch Conservancy Staff

Come and explore the entire Buck Gully Reserve trail system. Beginning from the OASIS Senior Center, we'll hike up through the almost three mile length of the canyon, then along San Joaquin Hills Road for about a mile, stopping at Canyon Watch Park where we will take in the panoramic view of the reserve and the Pacific coastline before descending back into the canyon along the Bobcat Trail.

- **Please bring:** water, light trail snack, sturdy closed toe shoes, sunscreen, hat, & supplies to keep you safe during the journey.
- **Distance:** 6 miles ▪ **Duration:** 3.5 hours ▪ **Difficulty:** High-Moderate

Staging location: (aux. lot at 5th and Marguerite)

#### BUCK GULLY-OASIS SENIOR CENTER

Wednesday 8-11:30am December 17 16yrs+

### Buck Gully Upper Loop Evening Hike

#### Led by Irvine Ranch Conservancy Staff

Explore the richness of Newport Beach's Buck Gully Reserve as we hike during the beautiful early evening hours. The stream is running and the rich plant and animal life are enjoying the cool, shady canyon, making for a fantastic evening hike in a natural oasis amid the suburban surroundings. We'll walk along San Joaquin Hills Road, which overlooks Buck Gully, for the first mile and then drops down into the canyon on the Bobcat Trail, hikers will loop back through the upper end of the gully along the Buck Gully Trail.

- **Distance:** 4 miles ▪ **Duration:** 2.5 hours ▪ **Difficulty:** Moderate

Staging location: (aux. lot at 5th and Marguerite)

#### NEWPORT COAST COMMUNITY CENTER

Wednesday 4-6:30pm November 19 12yrs+

### Bridges of Buck Gully Hike

#### Led by Irvine Ranch Conservancy Staff

Buck Gully is a natural, coastal canyon which opened to the public in 2012 with the installation of four bridges to allow for safe public access. These bridges facilitate exploration of the Buck Gully Reserve, and also provide viewing platforms from which to pause and observe the abundant life in and around the stream. The guided program starts with a short walk from the OASIS Senior Center to the beginning of the Buck Gully trail, offering a visually dramatic entrance into this special canyon.

- **Distance:** 5 miles ▪ **Duration:** 3.5 hours ▪ **Difficulty:** Moderate

Staging location: (aux. lot at 5th and Marguerite)

#### BUCK GULLY-OASIS SENIOR CENTER

Sunday 8-10:30am December 7 16yrs+

### Friday Habitat Restoration in Buck Gully

#### Led by Irvine Ranch Conservancy Staff

Birds and other wildlife need healthy habitat to thrive. Simple things like planting native plants or removing non-native plants can greatly improve habitat for wildlife. You can be part of that positive impact while enjoying the beauty of Buck Gully near Newport Beach. Come help us with a variety of activities ranging from seed collection to weeding invasive plants. This activity takes place on sloped terrain and sturdy hiking boots are highly recommended. All training, tools, and gloves will be provided to ensure your safety and comfort. Rattlesnakes are occasionally seen here and generally avoid people, but protective gear will be provided.

- **Distance:** 1-5 miles ▪ **Duration:** 3 hours ▪ **Difficulty:** Moderate

#### BUCK GULLY-OASIS SENIOR CENTER

Friday 8-11am November 21, December 19 18yrs+

REGISTRATION IS REQUIRED AND AVAILABLE ONLINE AT [WWW.LETSGOOUTSIDE.ORG](http://WWW.LETSGOOUTSIDE.ORG)

Registration links for hikes are posted a couple of months before the hike.

The hikes are walking pace, approximately 3 mph.

CITY OF NEWPORT BEACH  
RECREATION AND SENIOR SERVICES DEPARTMENT

# Movie in the Park

FREE Popcorn

**Update**

2 DAY 6 p.m. Park Beach

**SAVE THE DATE FOR ADDITIONAL MOVIE EVENTS**

<b>JULY 11</b> MARINERS PARK	<b>SEPTEMBER 5</b> SUNSET RIDGE PARK	<b>OCTOBER 3</b> IRVINE TERRACE PARK
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 **Parks Make Life Better!** For more information, visit [newportbeachca.gov/recreation](http://newportbeachca.gov/recreation) or call 949-644-3151.

rentals?  
or 1/2 mitp

CITY OF NEWPORT BEACH  
RECREATION & SENIOR SERVICES DEPARTMENT

11th Annual  
**MAYOR'S**  
**Egg Race**

**SATURDAY MARCH 28**  
**10 A.M. - NOON**  
**FREE EVENT**



**CIVIC CENTER LAWN**  
100 Civic Center Dr., Newport Beach

INFLATABLES ■ TRAIN RIDES ■ EGG RACES  
**FUN FOR ALL AGES!**  
[WWW.NEWPORTBEACHCA.GOV/RECREATION](http://WWW.NEWPORTBEACHCA.GOV/RECREATION)

**SAVE THE DATE**  
**OASIS COMMUNITY RESOURCE EXPO**

**SA** **17**

60+  
Free  
Give

**Update**

**AM TO 30AM**



**MORE INFO:** [WWW.NEWPORTBEACHCA.GOV/OASIS](http://WWW.NEWPORTBEACHCA.GOV/OASIS)

**OASIS SENIOR CENTER** OASIS Senior Center: 801 Narcissus Ave., Corona del Mar

**Update  
E-Bike  
Event**

*Save the Date*  
**TOUCH**

**Update**

Peninsula Park

Follow the City's official social media for updates.

**City of Newport Beach  
Public Works Department**

**ADMISSION IS FREE**

Exchange Club of Newport Harbor presents  
 ★★ ★ 17<sup>th</sup> Annual ★★ ★  
**Field of Honor**



**MAY 15** through **MAY 25**  
**CASTAWAYS PARK**  
 700 Dover Dr., Newport Beach  
 Visitors welcome daily from 9:00 a.m. to 5:00 p.m.

Please join us to honor the defenders of our freedom, past and present, and first responders, as you walk along the paths of 1,776 American flags.

**CEREMONIES HELD ON:**  
 Armed Forces Day: *Saturday, May 16* ■ Memorial Day: *Monday, May 25*

 For more information about flag dedications, sponsorships and event details, visit [exchangeclubofnewportharbor.com](http://exchangeclubofnewportharbor.com).

CITY OF NEWPORT BEACH • RECREATION & SENIOR SERVICES DEPARTMENT  
NEWPORT-BALBOA ROTARY CLUB

# 2026 Youth Track Meet of Champions in memory of Frank E. Anderson



★ ★ ★  
**FRIDAY MARCH 6**  
2026 • 4-8 P.M.  
Davidson Field at  
Newport Harbor  
High School

**Registration Opens Monday, January 5**  
[newportbeachca.gov/sports](http://newportbeachca.gov/sports) • 949-644-3151

**Track & Field Events** | **Maximum of 3 events:**  
*2 track and 1 field or 2 field and 1 track*

### BORN IN 2019: DIV. 2019 (YSL219)

TRACK	FIELD
50 Meters	Long Jump
100 Meters	Softball Throw
200 Meters	

### BORN IN 2015: DIV. 15 (YSL215)

TRACK	FIELD
100 Meters	Long Jump
200 Meters	Softball Throw
400 Meters	
800 Meters	
1600 Meters	

### BORN IN 2013: DIV. 13 (YSL213)

TRACK	FIELD
100 Meters	High Jump
200 Meters	Long Jump
400 Meters	Shot Put
1600 Meters	Softball Throw

### BORN IN 2018: DIV. 18 (YSL218)

TRACK	FIELD
50 Meters	Long Jump
100 Meters	Softball Throw
200 Meters	
400 Meters	

### BORN IN 2014: DIV. 14 (YSL214)

TRACK	FIELD
100 Meters	Long Jump
200 Meters	Softball Throw
400 Meters	
800 Meters	
1600 Meters	

### BORN IN '11/12: DIV. 11/12\* (YSL211)

TRACK	FIELD
100 Meters	High Jump
200 Meters	Long Jump
400 Meters	Shot Put
1600 Meters	Softball Throw

### BORN IN 2017: DIV. 17 (YSL217)

TRACK	FIELD
50 Meters	Long Jump
100 Meters	Softball Throw
200 Meters	
400 Meters	

### BORN IN 2016: DIV. 16 (YSL216)

TRACK	FIELD
100 Meters	Long Jump
200 Meters	Softball Throw
400 Meters	
800 Meters	
1600 Meters	

### Registration Deadlines & Fees [No Refunds]

#### Residents

- January 5–February 16: \$10
- After February 16: \$13
- Online Registration Closes 2/23
- No Day of Registration Accepted

#### Non-Residents

- January 5–February 16: \$15
- After February 16: \$18
- Non-residents Registration Closes 2/23
- No Day of Registration Accepted

\*Combined Division: Must be Newport Beach resident or attend Newport Beach school to be eligible for records (as of 2017).

For more info. & registration visit,  
[newportbeachca.gov/sports](http://newportbeachca.gov/sports).

Call: 949-644-3151 • Fax: 949-644-3155 • Email: [sports@newportbeachca.gov](mailto:sports@newportbeachca.gov)





## Friendship Circle OC

The City of Newport Beach is proud to serve participants with special needs. Patrons are encouraged to enjoy an assortment of activities through our recreation classes and programs as well as specialized adaptive recreation programs.

*See our Natural Resources section for field trips that can be adapted for participants with special needs.*



### Sailing for Sailors with Disabilities OCC School of Sailing & Seamanship

The City of Newport Beach provides the adaptive sailing opportunities out of its Sailing and Boating Center at Marina Park. The City has used grant funding from the California Division of Boating and Waterways to purchase special adaptive equipment for its RS Venture sailboat. This includes forward facing bucket seats for people with little to no core strength, as well as a "joy stick" steering system placed in front of the driver for ease of access.

The City's contracted sailing instructors from Orange Coast College will accompany students and provide the basics of sailing for beginners, or work with people who've sailed before and advance their skills. US Sailing, the governing body of sailing in the United States, has trained all instructors in a comprehensive adaptive sailing instructor workshop.

Please email [boating@newportbeachca.gov](mailto:boating@newportbeachca.gov) or call 949-270-8160 to inquire about private lessons. Some scholarship funding available.

### Sunday Circle Friendship Circle OC

Join the Friendship Circle and come together for a variety of entertainment, recreation and enrichment activities. This program offers an unique opportunity for children and teens to gain skills and confidence from group activities while still receiving one-on-one attention from their buddies. The Sunday Circle program helps to teach children everything from gross motor and cognitive techniques to communication and language skills. Specialized activities raise the spirits and promote creativity, while sports activities exercise gross motor skills and promote physical fitness.

- Requirements: RSVP
- Notice: register at [friendshipoc.org](http://friendshipoc.org)

**BONITA CREEK PARK & COMMUNITY CENTER**  
Su 2-4pm 4/19, 5/3 4-18yrs

### Basketball Buddies Friendship Circle OC

Basketball buddies teaches kids and young adults with special needs the fundamentals of basketball while making new friends! Participants are paired with a tenn volunteer who helps them learn and practice their skills. A scrimmage game is played each session.

- Requirements: RSVP
- Notice: register at [friendshipoc.org](http://friendshipoc.org)

**NEWPORT COAST COMMUNITY CENTER**  
Su 11am-12:30pm 4/19, 5/3 5yrs+

**For More Information** Visit [newportbeachca.gov](http://newportbeachca.gov) and search "Special Needs Programming" for a full list of local resources.

# SPRING CAMPS

## CITY

### Spring Break Camp

#### Recreation Staff

Campers will enjoy crafts, games, tournaments, and various structured activities. Camp is staffed by Senior Recreation Leaders and is designed for youth to expand their abilities, discover new talents, and have fun. On Wednesday, April 8, campers will be going on an excursion.

- **Requirements:** Campers must be enrolled in K-6th grade during the 2025-2026 school year.
- **Please bring:** 2 daily snacks, lunch, and close-toe shoes
- **Notice:** No refunds or transfers once camp begins. \$25 refund applies to withdrawals with 7 days or more notice. \$50 refund applies to withdrawals with 6 days or less notice.

#### COMMUNITY YOUTH CENTER (CYC)

M-F 4/6-4/10 7am-6pm 6-12yrs \$181 CNBS1



## BEACH & BAY

### California Bodyboarders

#### California Bodyboarders

What better way to spend spring break than in the water, riding waves! All participants will gain valuable ocean experience in a fun and safe environment. Each and every class participant will be taught about ocean safety and ocean conditions before entering the water.

#### CORONA DEL MAR STATE BEACH

M-W 4/6-4/8 9:30am-1:30pm 6-15yrs \$275 FB2025

## SPORTS & FITNESS

### Ninja Parkour Camp

#### Fit First

Just like a ninja, campers will learn how to (safely) tumble, traverse obstacles and soar through the air with grace. Campers will learn the foundational skills of parkour such as running, jumping, vaulting, and rolling, and develop balance, coordination, strength, accuracy, and stamina in a unique, fun and exciting way! Campers will play games and have fun all while building up their fitness and applying it to a brand new skill.

#### COMMUNITY YOUTH CENTER (CYC)

##### Morning Camp

M-F 4/6-4/10 9am-Noon 7-10yrs \$320 CY2003

##### Afternoon Camp

M-F 4/6-4/10 1-4pm 7-10yrs \$320 CY2004



## STEM +

### BrainStormSTEM: STEM Explorers

#### BrainStorm STEM Education

Embark on a STEM exploration packed with new discoveries every day! Dive into wild hands-on projects from rocketry to robotics, electrifying circuits to coding challenges. This course is a celebration of inventiveness & perfect for every aspiring problem solver, builder, and scientist ready for a hands-on adventure in science and technology. Blast into rocketry with hands-on launch experiments, build and program playful robots, design and electrify simple circuits, tackle creative engineering challenges, dive into exciting coding projects, explore science mysteries with interactive investigations, create and test STEM inventions, develop teamwork and problem-solving abilities through fun group activities.

#### NEWPORT COAST COMMUNITY CENTER

M-F 4/6-4/10 1-4pm 7-12yrs \$380 NCC257

### Spanish Immersion Camp

#### Portal Languages

Our Spanish Immersion Camp combines fun activities, games, music, and cultural projects—all in Spanish. Kids will learn naturally through play while exploring seasonal traditions, holidays, and nature from Spanish-speaking countries. A perfect mix of learning and springtime fun!

#### CLIFF DRIVE PARK AND COMMUNITY CENTER

M-F 4/6-4/10 8:30am-2:30pm 5-10yrs \$505 FB2053

### TechKidz: Minecraft

#### Parker-Anderson Enrichment

Come join us to learn about and play the most popular computer game on the planet! Learn Minecraft building techniques, details of commands, and how to change the look of the game by playing on the provided tablets. Students will learn strategy, building, and cooperation skills while playing Minecraft in a fun, safe, and supervised environment!

#### COMMUNITY YOUTH CENTER (CYC)

M-F 4/6-4/10 9am-Noon 6-11yrs \$255 CY2008

### Young Einstein's: Mystery Science

#### BrainStorm STEM Education

Crack the codes of science's greatest mysteries through hands-on, captivating experiments. Build a sailboat that levitates, master the secrets of flight, and harness the power of magical scientific vacuums. Let curiosity lead the way as young minds unravel the mysteries of how the world works each day packed with unforgettable STEM surprises and mysterious discoveries!

#### NEWPORT COAST COMMUNITY CENTER

M-F 4/6-4/10 9am-Noon 7-12yrs \$380 NCC256

[NEWPORTBEACHCA.GOV/SAILING](http://NEWPORTBEACHCA.GOV/SAILING)

Notice: Registration is through  
OCC Sailing ([occsailing.com/marina-park](http://occsailing.com/marina-park))

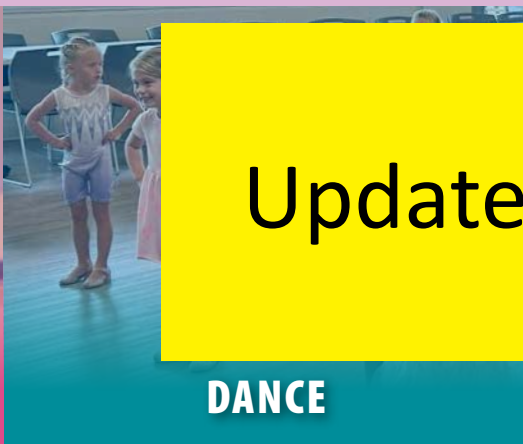
ARTS & THEATRE | DANCE | ENRICHMENT  
GYMNASTICS | HEALTH & FITNESS | MUSIC | SPORTS

# Preschool

[newportbeachca.gov/register](http://newportbeachca.gov/register)



**ARTS & THEATRE**



**DANCE**



**ENRICHMENT**

**Update**

# Preschool Classes

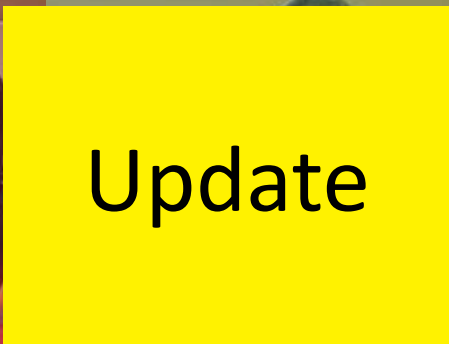
**Spring into fun!** The Recreation & Senior Services Department is here to help your kids blossom by staying active, engaged, and busy this spring! Let your child have a blast making a mess you don't have to spring clean, discover their inner performer, and make new friends in one of our many classes designed just for your little ones.

Be sure to check out our exciting art programs that spark creativity, dynamic fitness classes for all energy levels, bloom their inner songbird, engaging sports programs designed to teach foundational skills, and more!

Caregivers, you can join in the fun too with a variety of parent & me style classes crafted for you to learn and grow together each season.



**GYMNASTICS**



Update

**MUSIC**



**SPORTS**

## ARTS & THEATRE

### Special Person & Me Mixed Media

**Lisa Albert**

Special Person & Me Mixed Media and Clay Little artists will learn basic clay techniques such as coil and slab making, blending, firing and glazing. Imaginative masks, bowls, tiles and fun animal projects will be made. Creative painting projects on canvas, paper, printing, collage and pastels will be taught. Projects are keepsakes. This class shouldn't be missed!

#### LISA ALBERT ART STUDIO

F	3/20-4/10	11am-Noon	2-7yrs	\$250	<b>FB2054</b>
F	5/1-6/5	11am-Noon	2-7yrs	\$250	<b>FB2055</b>

### Storybook Stage Play: Fancy Nancy

#### Take The Stage Productions

All the world's a stage in this fun theater class. Youth will be inspired while learning creative drama skills, playing fun theater games and helping to recreate famous storybook characters - All leading up to a play performance on the last day, complete with costumes. This unique class cultivates creativity, imagination, public speaking skills and confidence!

- Additional fees: \$5 (materials)

#### BONITA CREEK PARK AND COMMUNITY CENTER

F	5/1-6/5	3:30-4:15pm	3-6yrs	\$135	<b>FB2056</b>
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## DANCE

### Fairytale Ballet & Tap

**SoCa Arts**

Class introduces little dancers to the basics of ballet and tap through imaginative movement, upbeat music, and playful storytelling. Children build coordination, rhythm, and confidence while discovering the joy of dance. **No class 4/8**

- Additional fees: \$5 (materials)
- Notice: last day performance for families

#### COMMUNITY YOUTH CENTER (CYC)

W	3/18-4/22	4:35-5:20pm	2.5-4yrs	\$99	<b>CY2016</b>
W	5/6-6/3	4:35-5:20pm	2.5-4yrs	\$99	<b>CY2017</b>

### Princess Ballet

**SoCa Arts**

Twirl into Princess Ballet! Tiny dancers learn beginning ballet through princess music, imagination, and playful movement. Class builds listening skills, coordination, and gross motor development while keeping learning magical and fun. Includes Storytime and a princess craft. **No class 4/8**

- Additional fee: \$5 (materials)
- Notice: last day performance for families

#### COMMUNITY YOUTH CENTER (CYC)

W	3/18-4/22	3:45-4:30pm	3-5yrs	\$99	<b>CY2020</b>
W	5/6-6/3	3:45-4:30pm	3-5yrs	\$99	<b>CY2021</b>

### Zumba® Kids (Tiny Stars)

**CS Dance Factory**

Bring your toddlers to this lively, energetic, interactive class filled with bouncy Latin music and dances. Interactive music created using maracas, drums, sticks and props. Engage their senses with a dance festival of colors, music, rhythms, songs, movement and fun. Fiesta on last day!

- Additional fees: \$25 (materials)

#### COMMUNITY YOUTH CENTER (CYC)

Tu	5/5-6/2	10:15-11am	1.5-3.5yrs	\$130	<b>CY2001</b>
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# ENRICHMENT

## Baby & Me Portuguese

### Portal Languages

Introduce your little one to the sounds and rhythm of the Portuguese language through songs, stories, games, and creative play! Our native-speaking instructors make learning fun and interactive, helping children build vocabulary naturally while exploring culture and everyday expressions.

**PORTAL LANGUAGES SCHOOL COSTA MESA**  
 M 3/16-5/4 4:30-5:15pm 2-5yrs \$225 **FB2010**

## OC Tiny Tots Academy: Preschool

### OC Tiny Tots Academy

Enroll your child in our beachfront classroom, providing a top-notch education. Our skilled teacher works with students to establish the necessary building blocks for success in kindergarten and beyond. Our curriculum adheres to California Preschool Learning Foundations and CCSS guidelines and covers subjects such as phonological and phonemic awareness, printing, number sense, and math reasoning. We prioritize the development of social-emotional skills critical to success. Our students participate in whole and small group instruction, as well as engaging in art, science, multi-sensory learning centers, music, movement, and imaginative play. We focus on the strengthening of social-emotional skills, leadership abilities, and classroom behavior. Our instruction is tailored to meet the unique needs of each student, based on age, abilities, readiness, and social-emotional growth.

**No class 4/6-4/16, 5/21, 5/25**

- **Requirements:** Participants must be fully potty-trained.
- **Additional fees:** \$40 (materials), \$20 (Mon/Wed Only)
- **Please bring:** sack lunch

### MARINA PARK COMMUNITY CENTER

M-Th 3/23-4/30 9am-1pm 3-5yrs \$1000 **MP2001**  
 M-Th 5/4-6/4 9am-1pm 3-5yrs \$900 **MP2003**  
*(Mon/Wed Only)*  
 M/W 3/23-4/29 9am-1pm 3-5yrs \$500 **MP2002**  
 M/W 5/4-6/3 9am-1pm 3-5yrs \$450 **MP2004**

## Preschool Spanish

### Portal Languages

Welcome to our Family Language Class! This unique experience allows you to enjoy a Spanish class while strengthening your bond with your child. Through engaging activities, parents, caregivers, and kids will bring language learning to life, nurturing bilingual skills and making it easy to practice Spanish at home.

**COMMUNITY YOUTH CENTER (CYC)**  
 W 4/15-6/3 3:30-4:15pm 2-5yrs \$205 **CY2010**

**NEWPORT COAST COMMUNITY CENTER**  
 F 3/20-5/8 9:30-10:15am 2-4yrs \$205 **NCC232**

**PORTAL LANGUAGES SCHOOL COSTA MESA**  
 Tu/Th 3/17-4/9 10:30am-11:15pm 2-5yrs \$205 **FB2036**  
 Sa 3/21-5/9 9-9:45am 2-5yrs \$205 **FB2037**

## GYMNASTICS

### Junior Olympians

#### Tumble-N-Kids

Girls and boys are taught fundamental movement and gymnastic skills through introduction of simple directions and fun stations. Beginning cartwheels, rolls, balance beams, mini trampoline, back-handspring barrel, and obstacle courses will be safely introduced. Boost self-esteem, increase body awareness and build strength and coordination for all types of sports! **No class 4/4, 4/6-4/10, 5/23**

- Additional fees: \$5 (materials)
- Please bring: water bottle
- Notice: parent participation may be required.

#### BONITA CREEK PARK AND COMMUNITY CENTER

Th 3/26-6/4 3:50-4:35pm 3.5-5yrs \$255 **FB2032**

#### COMMUNITY YOUTH CENTER (CYC)

M 3/23-6/1 3-3:45pm 3.5-5yrs \$230 **CY2028**

#### MARINA PARK COMMUNITY CENTER

F 3/27-6/5 11:40am-12:25pm 3.5-5yrs \$230 **MP2007**

F 3/27-6/5 3-3:45pm 3.5-5yrs \$230 **MP2008**

#### NEWPORT COAST COMMUNITY CENTER

Tu 3/24-6/2 11:40am-12:25pm 3.5-5yrs \$255 **NCC206**

W 3/25-6/3 11:40am-12:25pm 3.5-5yrs \$255 **NCC207**

### Preschool Ninja-Nastics

#### Tumble-N-Kids

Does your little ninja never stop moving? This is the perfect class to get out some of those wiggles and help build strength, gymnastics skills and confidence. Ninja obstacle courses, jumps, wall runs and balance challenges will increase coordination and boost confidence. Boys and girls will LOVE this class and be proud of all they can accomplish. **No class 4/10, 5/29**

- Additional fees: \$5 (materials)
- Please bring: water bottle

#### NEWPORT COAST COMMUNITY CENTER

F 3/27-6/5 3:15-4pm 4-6yrs \$230 **NCC215**

### Tiny Twisters

#### Tumble-N-Kids

Tiny Twisters and partners Shake-Tumble-N-Roll with upbeat music and friends. Safe spotting tips and age-appropriate tumbling will facilitate child's sensory and motor skill development. Tumblers explore in a safe environment, learn multiple rolls down the "big cheese", crawl through tunnels, & learn gymnastics positions in circle time with fun songs and props.

**No class 4/4, 4/6, 4/8, 4/10, 5/23, 5/25**

- Additional fees: \$5 (materials)
- Requirements: parent participation

#### COMMUNITY YOUTH CENTER (CYC)

M 3/23-6/1 11:40am-12:25pm 9mos-1.5yrs \$230 **CY2030**

#### MARINA PARK COMMUNITY CENTER

F 3/27-6/5 10:50am-11:35pm 9mos-1.5yrs \$230 **MP2006**

#### NEWPORT COAST COMMUNITY CENTER

W 3/25-6/3 10:50am-11:35pm 9mos-1.5yrs \$255 **NCC201**

Sa 3/28-6/6 11:50am-12:35pm 9mos-1.5yrs \$230 **NCC202**

### Tumble Bugs

#### Tumble-N-Kids

Let's move! Music, tumbling challenges, introducing simple directions and routines will help your child develop listening and social interaction skills. Tumble Bugs & partners will participate in circle time & obstacles courses, dance to songs, tumble, roll, jump, balance, walk like animals and finish with parachute activities! **No class 4/4, 4/6-4/10, 5/25**

- Additional fees: \$5 (materials)
- Requirements: parent participation

#### BONITA CREEK PARK AND COMMUNITY CENTER

Th 3/26-6/4 3-3:45pm 1.5-3.5yrs \$255 **FB2059**

#### COMMUNITY YOUTH CENTER (CYC)

M 3/23-6/1 10:50am-11:35pm 1.5-3.5yrs \$230 **CY2032**

M 3/23-6/1 10-10:45am 1.5-3.5yrs \$230 **CY2031**

#### MARINA PARK COMMUNITY CENTER

F 3/27-6/5 10-10:45am 1.5-3.5yrs \$230 **MP2005**

#### NEWPORT COAST COMMUNITY CENTER

Tu 3/24-6/2 10:50am-11:35pm 1.5-3.5yrs \$255 **NCC203**

W 3/25-6/3 10-10:45am 1.5-3.5yrs \$255 **NCC204**

Sa 3/28-6/6 10:50am-11:35pm 1.5-3.5yrs \$230 **NCC205**

## Tumble Ninjas

### Tumble-N-Kids

Got a little one who never stops moving? Join the fun in this high-energy parent & child class! Together, you and your child will explore ninja obstacle courses, jumps, and tumbling skills in a fun and safe environment. Each class is packed with music, movement, and imagination! We'll hop like frogs, tip-toe like tightrope walkers, dance to songs, tumble, roll, and giggle our way through circle time and parachute fun. Partner participation is required, and smiles are guaranteed! **No class 4/7, 4/9**

- Additional fees: \$5 (materials)
- Requirements: parent participation

#### BONITA CREEK PARK AND COMMUNITY CENTER

Th 3/26-6/4 4:40-5:40pm 5-7yrs \$305 **FB2033**

#### NEWPORT COAST COMMUNITY CENTER

Tu 3/24-6/2 10-10:45am 2-3yrs \$255 **NCC200**

## MUSIC

### Little Singers

#### Take The Stage Productions

An introduction to voice for youth who love to sing. Students will build a solid foundation in vocal performance, rhythm, and musicianship while having fun singing favorites from Broadway musicals, Grammy winners, and popular children's songs. Students will develop listening, gross & fine motor skills, coordination of articulators, concentration and memory.

**No class 4/10**

- Additional fees: \$5 (materials)

#### BONITA CREEK PARK AND COMMUNITY CENTER

F 3/20-4/24 3:30-4:15pm 3-5yrs \$115 **FB2034**

### Mini Music Masters

#### Mini Music Masters

This music class provides an introduction to ear training and music fundamentals. Students will explore fun ways to learn about scales, intervals, pitch matching, rhythm, and using Solfage to recognize note sounds. Additionally, students will get to discover the art of composition by creating their own simple melodies and becoming mini music masters! **No class 4/9**

#### COMMUNITY YOUTH CENTER (CYC)

Th 3/19-4/23 8:30-9:30am 2.5-6yrs \$155 **CY2006**

Th 4/30-6/4 8:30-9:30am 2.5-6yrs \$155 **CY2007**

### Music & Wiggles: Spring Adventure

#### Fit First

This action-packed Spring-themed music class lets kids sing, move and explore through the sounds of the season! They'll enjoy lively songs, stories, play instrument and dance activities inspired by springtime animals and outdoor adventures building rhythm, pitch, confidence, and creativity in a fun, interactive experience!

#### NEWPORT COAST COMMUNITY CENTER

F 3/20-4/17 9-9:45am 1-3yrs \$104 **NCC234**

F 5/1-5/29 9-9:45am 1-3yrs \$104 **NCC235**

## South Coast Music Together

### South Coast Music Together

Join the award-winning international research-based music and movement program bringing infants, toddlers, and the adults who love them, the joy of making music together! Learn to support and nurture the innate musicality in your child through an expertly guided class experience in an environment that celebrates each child's individual nature. Winner "Best Music Lessons" Parenting OC 2025 Reader's Choice Awards.

**No class 5/25**

- **Notice:** Participants may bring their own instruments from home or are welcome to use SCMT instruments. Instruments are cleaned after each use.
- **Requirements:** parent participation.
- **More info:** In the event of inclement weather, outdoor classes will be held at an alternate location or remotely on Zoom.

#### Indoor

#### CLIFF DRIVE PARK AND COMMUNITY CENTER

Sa 4/11-6/13 9:30-10:15am 1mos-4yrs \$270 **FB2044**

Sa 4/11-6/13 10:30am-11:15pm 1mos-4yrs \$270 **FB2043**

Tu 4/7-6/9 4:45-5:30pm 1mos-4yrs \$270 **FB2046**

#### COMMUNITY YOUTH CENTER (CYC)

M 4/13-6/1 9:30-10:15am 1mos-4yrs \$205 **CY2022**

M 4/13-6/1 10:30-11:15am 1mos-4yrs \$205 **CY2023**

#### NEWPORT COAST COMMUNITY CENTER

W 4/8-6/10 4:45-5:30pm 1mos-4yrs \$270 **NCC224**

#### Outdoor

#### WESTCLIFF PARK

Tu 4/7-6/9 9:15-10am 1mos-4yrs \$270 **FB2048**

Tu 4/7-6/9 10:15-11am 1mos-4yrs \$270 **FB2047**

W 4/8-6/10 9:15-10am 1mos-4yrs \$270 **FB2050**

W 4/8-6/10 10:15-11am 1mos-4yrs \$270 **FB2049**

## Story Time Comes Alive

### Fit First

A playful, musical, and interactive class where stories come alive through dance, art, puppets, instruments, games, and more. Students explore different cultures and languages while boosting creativity, memory, and communication skills - all while building a lifelong love for reading and learning.

#### NEWPORT COAST COMMUNITY CENTER

F 3/20-4/17 10-10:45am 1-3yrs \$104 **NCC236**

F 5/1-5/29 10-10:45am 1-3yrs \$104 **NCC237**

## You & Me Sing and Dance Together

### Take The Stage Productions

Little ones will have a blast singing and dancing with their grown ups in this class! Students will learn singing warm-ups, play fun games, play rhythm instruments, and learn simple dances with their grown up. Students will develop listening, gross & fine motor skills, concentration, & memory. **No class 4/10**

- **Additional fees:** \$5 (materials)

#### COMMUNITY YOUTH CENTER (CYC)

F 3/20-4/24 9:30-10:15am 1.5-3yrs \$135 **CY2025**

F 5/1-6/5 9:30-10:15am 1.5-3yrs \$135 **CY2026**

# SPORTS

## 8 Sport Multi-Sport: Fundamentals of Sports

### Sportball

Your child will love learning the fundamentals of 8 different sports in our fun and engaging classes. They'll play soccer, baseball, basketball, football, hockey, volleyball, golf, and tennis - all in one place! Children will work with our coaches to build more coordinated movements, social skills, and cooperative play through exciting skill-based games.

#### BOB HENRY PARK

W 3/25-4/15 10:30am-11:15pm 3-5yrs \$95 **FB2003**

W 4/29-6/3 10:30am-11:15pm 3-5yrs \$95 **FB2004**

## 8-Sport Multi-Sport: ABC's of Sports

### Sportball

This is often a child's first time participating in a structured sports class, so everything is new and exciting! At this stage, we focus on breaking down the basics in 8 different sports while learning to follow instructions, taking turns, improving balance, and building confidence in a supportive environment surrounded by caregivers and positive coach role models.

#### BOB HENRY PARK

W 3/25-4/15 9:30-10:15am 16mos-3yrs \$95 **FB2005**

W 4/29-6/3 9:30-10:15am 16mos-3yrs \$95 **FB2006**

#### SUNSET RIDGE PARK

Sa 3/28-4/25 9:30-10:15am 16mos-3yrs \$95 **FB2007**

Sa 5/9-6/6 9:30-10:15am 16mos-3yrs \$95 **FB2008**

## Fun Futsal Session: Toddlers/Preschoolers

### Pregoni Futbol Training

Our fun futsal sessions are designed specifically for toddlers and preschoolers, conducted on-site with an entertaining and fun coach and all the necessary equipment provided. These sessions are perfect for the little ones, focusing on fun, basic motor skills, and team bonding. Join us for an unforgettable experience where your child can learn, play, and connect with others in a supportive and enjoyable environment!

#### NEWPORT COAST COMMUNITY CENTER

W 3/18-4/8 3:30-4:10pm 2-4yrs \$125 **NCC225**

W 4/15-5/6 3:30-4:10pm 2-4yrs \$125 **NCC226**

W 5/13-6/3 3:30-4:10pm 2-4yrs \$125 **NCC227**

## Skyhawks HoopsterTots

### Stack Sports

Discover the joy of basketball with Hoopster Tots! This fun program focuses on dribbling, shooting, passing, and teamwork using adjustable hoops for age-appropriate challenges. Join Hoopster Tots to shoot and score foundational skills! **No class 5/25**

#### NEWPORT COAST COMMUNITY CENTER

M	3/16-4/13	3:20-4pm	3.5-4.5yrs	\$105	<b>NCC218</b>
M	4/27-6/1	3:20-4pm	3.5-4.5yrs	\$105	<b>NCC219</b>
M	3/16-4/13	4:10-4:50pm	4.5-6yrs	\$105	<b>NCC220</b>
M	4/27-6/1	4:10-4:50pm	4.5-6yrs	\$105	<b>NCC221</b>

## Skyhawks Multi-SportTots

### Stack Sports

Begin an athletic journey with Multi-SportTots! This program offers a variety of sports through fun, age-appropriate activities, enhancing balance, coordination and fitness. This engaging introduction to Soccer, Baseball and Basketball is packed with learning and teamwork! **No Class 4/4**

- Requirements: parent participation

#### MARINA PARK COMMUNITY CENTER

Sa	3/28-5/9	9-9:40am	2-3.5yrs	\$119	<b>MP2011</b>
Sa	3/28-5/9	9:45-10:30am	2-3.5yrs	\$119	<b>MP2012</b>
Sa	3/28-5/9	10:40am-11:20pm	3.5-5yrs	\$119	<b>MP2013</b>
Sa	3/28-5/9	11:30am-12:10pm	3.5-5yrs	\$119	<b>MP2014</b>

## Skyhawks SoccerTots

### Stack Sports

Kickstart a passion for soccer with SoccerTots, an active, game-based introduction for young athletes. This program enhances motor skills and self-confidence with engaging activities that focus on developing core soccer skills and introducing friendly competition.

- Requirements: parent participation

#### MARINA PARK COMMUNITY CENTER

W	3/18-4/15	4-4:40pm	2-3.5yrs	\$105	<b>MP2015</b>
W	3/18-4/15	4:50-5:30pm	3.5-4.5yrs	\$105	<b>MP2017</b>
W	3/18-4/15	5:40-6:20pm	4.5-6yrs	\$105	<b>MP2019</b>
W	5/6-6/3	4-4:40pm	2-3.5yrs	\$105	<b>MP2016</b>
W	5/6-6/3	4:50-5:30pm	3.5-4.5yrs	\$105	<b>MP2018</b>
W	5/6-6/3	5:40-6:20pm	4.5-6yrs	\$105	<b>MP2020</b>

## Soccer & T-Ball: Intro to League Play

### Sportball

Learn the fundamental skills of two of the world's most popular sports in this fun and engaging class. We'll start with of soccer, where you'll learn how to dribble, pass, shoot, and defend. Then, we'll switch gears and spend the second half learning the basics of t-ball such as base running, batting, catching & throwing. By the end of the class, you'll be ready to hit the field and have some fun!

#### SUNSET RIDGE PARK

Sa	3/28-4/25	10:30am-11:15pm	3-5yrs	\$95	<b>FB2038</b>
Sa	5/9-6/6	10:30am-11:15pm	3-5yrs	\$95	<b>FB2040</b>
Sa	3/28-4/25	11:30am-12:15pm	2-3yrs	\$95	<b>FB2039</b>
Sa	5/9-6/6	11:30am-12:15pm	2-3yrs	\$95	<b>FB2041</b>

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ARTS & THEATRE | DANCE | GYMNASTICS | HEALTH & FITNESS | MUSIC | SPORTS

# Youth & Teens

[newportbeachca.gov/register](http://newportbeachca.gov/register)



**ARTS & THEATRE**



**DANCE**

**Update**



**ENRICHMENT**



# Youth & Teens Classes

## Spring Forward with Recreation.

The Recreation & Senior Services Department is here to keep your kids active and engaged as the days get brighter. Our exciting spring programs offer a fantastic mix of activities to get your child moving, learning, and blooming in every direction! We are dedicated to a full circle of wellness this season—from the high-energy movement of HIIT Sports Conditioning and Hip Hop Tumble to the social-emotional growth found in our Manners Class, specifically designed to foster empathy, respect, and character.

Maximize your child's after-school time with our After Class Enrichment (ACE) programs, conveniently held at seven school sites throughout Newport Beach. ACE programs offer a stimulating environment where your child can explore new interests, develop valuable skills, and connect with peers in the fresh spring air.

Visit [newportbeachca.gov/ace](http://newportbeachca.gov/ace) for more information and to register for the spring season now!



GYMNASTICS



HEALTH & FITNESS



MUSIC



SPORTS

Update

## ARTS & THEATRE

### Painting, Drawing, Printing, & Clay

**Lisa Albert**

Students will paint, draw, collage and print on a variety of materials such as canvas, quality paper, metal, as well as clay and wood while keeping within a springtime theme. Fundamental techniques, skills & art appreciation will be taught by a professional artist and teacher. Experience this wonderful and exciting class and take home some amazing masterpieces.

#### LISA ALBERT ART STUDIO

Th 3/19-6/4 3:30-4:30pm 5-13yrs \$495 **FB2002**

## DANCE

### All In One Dance

**SoCa Arts**

Leap into the world of dance in this upbeat, fun class! Children learn beginning dance skills in various styles to help them become well-rounded dancers. Class also helps improve balance, coordination, and rhythm. Dance attire and jazz shoes required. Last day performance for families! **No class 4/8**

#### COMMUNITY YOUTH CENTER (CYC)

W 3/18-4/22 6:15-7pm 7-11yrs \$99 **CY2014**

W 5/6-6/3 6:15-7pm 7-11yrs \$99 **CY2015**

### Hip Hop Tumble

**SoCa Arts**

An upbeat, popular class for boys and girls! Dancers learn beginning hip hop and basic tumbling skills in center and across the floor. Class helps improve coordination, rhythm, gross motor skills, and agility. All movements and songs are age-appropriate. Athletic attire and sneakers required. Last day performance for families! **No class 4/8**

#### COMMUNITY YOUTH CENTER (CYC)

W 3/18-4/22 5:25-6:10pm 4-7yrs \$99 **CY2018**

W 5/6-6/3 5:25-6:10pm 4-7yrs \$99 **CY2019**

## ENRICHMENT

### Manners, Character & Social Skills "Foundations"

**Etiquette Factory W Ms. Nelson**

The Etiquette Factory is a unique learning experience designed to change the world one child at a time. We define manners as helping those around you to feel valued. Our exclusive program helps children understand why integrity, respect, empathy and charity help our lives both personally and professionally. Over 50 different etiquette skills are taught using games, role play, music, activities, stories, and discussion. Some of the skills included: introductions, dining etiquette, kindness, tact, communication, being a guest, sharing/borrowing, sincere apologies and so much more! Who knew learning manners could be so much fun?

- Additional fees: \$20 (materials)
- Please bring: water bottle and small snack

#### NEWPORT COAST COMMUNITY CENTER

Tu 4/14-5/19 4-6pm 5-9yrs \$190 **NCC231**

### Spanish for Kids

**Portal Languages**

Boost your teens' Spanish skills after school! This engaging program reinforces grammar and vocabulary from regular classes while building confidence through fun, conversation-focused practice.

- Additional fee: \$20 (FB2011), \$10 (FB2051)

#### COMMUNITY YOUTH CENTER (CYC)

W 4/15-6/3 4:15pm-5pm 5-17yrs \$205 **CY2011**

#### PORTAL LANGUAGES SCHOOL COSTA MESA

F 3/20-5/8 3:30-4:30pm 6-10yrs \$225 **FB2051**

### Spanish Heritage Class for Youth

**Portal Languages**

Reconnect with your heritage and strengthen your Spanish skills in a dynamic and engaging environment! This course is designed for youth with varying levels of Spanish exposure, focusing on conversation to build confidence in everyday interactions. Each lesson builds upon the last, with a strong emphasis on listening, comprehension, and cultural connection but also grammar.

- Additional fees: \$10 (materials)

#### PORTAL LANGUAGES SCHOOL COSTA MESA

W 3/18-5/6 4:30-5:30pm 10-17yrs \$225 **FB2052**

## GYMNASTICS

### Academy 1

#### Tumble-N-Kids

Beginning gymnastics curriculum consists of introductory skills including forward rolls, jumps, basic understanding of cartwheels, handstands and backward rolls. Beginner class includes fundamentals on uneven bars, vault and balance beams with an emphasis on body shaping, conditioning and flexibility to increase body awareness, build strength and coordination and boost self-esteem. **No class 4/7, 4/8**

- Additional fees: \$5 (material)
- Please bring: water bottle

#### NEWPORT COAST COMMUNITY CENTER

Tu	3/24-6/2	4:05-5pm	6-8yrs	\$320	NCC211
W	3/25-6/3	4-5pm	6-8yrs	\$320	NCC212

### Academy 2

#### Tumble-N-Kids

Beginning gymnastics curriculum consists of introductory skills including forward rolls, jumps, basic understanding of cartwheels, handstands and backward rolls. Beginner class includes fundamentals on uneven bars, vault and balance beams with an emphasis on body shaping, conditioning and flexibility to increase body awareness, build strength and coordination and boost self-esteem. **No class 4/7**

- Additional fees: \$5 (materials)
- Please bring: water bottle

#### NEWPORT COAST COMMUNITY CENTER

Tu	3/24-6/2	5-6pm	9-14yrs	\$320	NCC213
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### Academy 3

#### Tumble-N-Kids

Advanced gymnastics curriculum consists of more difficult skills including round-offs, back walkovers, aerial cartwheel drills, back handspring basics along with practice on the gymnastics apparatus-uneven bars, balance beams and vault. Strength and conditioning and flexibility practice will aid gymnasts in developing new skills. **No class 4/8**

- Additional fee: \$5 (materials)
- Requirements: gymnasts must have pre-approval to join this class. Email [info@tumblenkids.com](mailto:info@tumblenkids.com) to schedule a try-out.
- Please bring: water bottle

#### NEWPORT COAST COMMUNITY CENTER

W	3/25-6/3	5-6pm	8-14yrs	\$355	NCC214
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### Cheer Jumps & Stunts

#### Tumble-N-Kids

All levels welcome! Experienced coaches safely teach stunts, cheers, jumps, arm motions, and floor tumbling. Primary tumbling includes cartwheels, rolls and roundoffs. **No class 4/10, 5/29**

- Additional fees: \$5 materials
- Please bring: water bottle

#### NEWPORT COAST COMMUNITY CENTER

F	3/27-6/5	4:05-5:05pm	5-7yrs	\$275	NCC216
F	3/27-6/5	5:05-6:05pm	8-12yrs	\$275	NCC217

### Jammin' Gymnastics

#### Tumble-N-Kids

Girls and boys learn age-appropriate gymnastics skills on floor, balance beam and mini trampoline. Practice rolls, cartwheels, round-offs, walkovers and more! Students will experience the benefits of healthy exercise, building strength and coordination, and increasing flexibility. A lively, non-competitive atmosphere makes learning and accomplishing goals FUN! **No class 4/6, 4/10**

- Additional fees: \$5 (materials)
- Please bring: water bottle

#### COMMUNITY YOUTH CENTER (CYC)

M	3/23-6/1	4:50-5:50pm	6-12yrs	\$275	CY2027
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#### MARINA PARK COMMUNITY CENTER

F	3/27-6/5	4:35-5:35pm	6-12yrs	\$305	MP2010
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### Kartwheel-N-Kids

#### Tumble-N-Kids

Girls and boys learn gymnastics skills including cartwheels, rolls, jumps, handstands, bridges and practice on the balance beam, handspring barrel, trampoline and more. We focus on beginning tumbling skills while incorporating music, obstacle courses, and fun! Progressive skill level instruction creates confidence and success. **No class 4/6-4/8, 4/10**

- Additional fees: \$5 (materials)
- Please bring: water bottle

#### COMMUNITY YOUTH CENTER (CYC)

M	3/23-6/1	3:50-4:50pm	5-7yrs	\$275	CY2029
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#### MARINA PARK COMMUNITY CENTER

F	3/27-6/5	3:50-4:35pm	5-7yrs	\$255	MP2009
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#### NEWPORT COAST COMMUNITY CENTER

Tu	3/24-6/2	3:20-4:05pm	4-6yrs	\$305	NCC209
W	3/25-6/3	3-4pm	4-6yrs	\$355	NCC210

### Ninja-Nastics

#### Tumble-N-Kids

Channel your energy into a FUN class full of jumps, kicks, and rolls that embody the strength of a ninja, technique of a gymnast, and agility of parkour. Students will develop basic gymnastics skills that allow them to safely advance to ninja rolls and parkour. Martial arts style drills will improve balance, coordination and agility. A great class for boys and girls to increase strength and build confidence. **No class 4/9**

- Additional fees: \$5 (materials)
- Please bring: water bottle

#### BONITA CREEK PARK AND COMMUNITY CENTER

Th	3/26-6/4	5:40-6:40pm	7-12yrs	\$305	FB2035
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CITY OF NEWPORT BEACH  
RECREATION & SENIOR SERVICES DEPARTMENT

## Active Kids AFTERSCHOOL



**3 Locations**  
**Community Youth Center**  
**Mariners**  
**Newport Elementary**

Your child can play, learn and explore new things while being in a safe environment. Activities include arts & crafts, indoor & mostly outdoor play, homework help, reading time, movies, structured games and more.  
**No classes: 4/6–4/10, 5/25**  
*All sites are closed on NMUSD and City observed holidays.*

<b>MONDAY–FRIDAY</b> Hours: School Dismissal–6pm	<b>Community Youth Center</b> Spring <b>CYC200</b>
	<b>Mariners: VJC Room</b> Spring <b>MAR200</b>
<b>SPRING PASS 2026</b> <b>MARCH 16–JUNE 5</b>	<b>Newport Elementary</b> Spring <b>NEL200</b>

**\$395/Spring Pass**

**REGISTRATION IS ONLINE ONLY**

**REGISTRATION OPENS**  
**Thursday, February 12 at 8:00 a.m.**

[newportbeachca.gov/register](http://newportbeachca.gov/register)

## HEALTH & FITNESS

### Fit First HIIT Sports Conditioning

#### Fit First

Fit First's HIIT format class for teens is a group workout run by Fit First's certified trainers, designed specifically for teens, to help create a positive connection between your teens and health and wellness. Whether training for a particular sport or working out to stay healthy and active, this class will help students develop proper form, stay fit, and have a great time, learning from seasoned personal trainer professionals. **No class 4/8**

#### BONITA CREEK PARK AND COMMUNITY CENTER

W	3/18-4/22	5-6pm	10-13yrs	\$104	<b>FB2061</b>
W	5/6-6/3	5-6pm	10-13yrs	\$104	<b>FB2062</b>

### Social-Physical Self Defense

#### Fit First

An introduction to self-defense that builds physical, social, emotional, and communication skills. Taught by black belt instructors, classes cover kicks, blocks, and punches while developing self-control, confidence, and community. By the end, kids will showcase a "kata" demonstrating everything they've learned, all while having fun! **No class 4/7**

#### BONITA CREEK PARK AND COMMUNITY CENTER

Tu	3/17-5/5	4-5pm	7-14yrs	\$179	<b>FB2060</b>
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### Speak Up, Lead On: Leadership & Communication

#### Fit First

Through engaging workshops and interactive exercises, students will strengthen public speaking, active listening, and storytelling skills. The course also develops leadership qualities like teamwork, empathy, and strategic thinking.

- **Requirements:** students must be able to work independently and collaborate in teams.

#### NEWPORT COAST COMMUNITY CENTER

Tu	3/17-5/19	4:30-5:30pm	9-12yrs	\$234	<b>NCC240</b>
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## SPORTS

### Judo & Jujitsu-Youth

#### Rick Bradley

Judo and Jujitsu are martial arts that emphasize the use of balance and technique to defeat a larger, stronger opponent by using the opponent's own strength against them. This class will consist of stretching/warming up, fall rolls, mat work and free practice.

- **Notice:** practice uniform can be obtained through the instructor

#### COMMUNITY YOUTH CENTER (CYC)

Tu/Th	3/17-6/4	6-7:15pm	5-17yrs	\$28	<b>CY2012</b>
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## Karate - Beginner

**David Crockett**

Traditional karate with emphasis on discipline, manners and self-defense. Itosu-kai is an older style with a rich history in Japan. Belts can be earned as the students progress.

- Additional fees: \$50 (uniform- optional)

### NEWPORT COAST COMMUNITY CENTER

Tu/Th 3/24-6/4 4-4:45pm 5-16yrs \$260 **NCC258**

## Karate - Intermediate

**David Crockett**

This class is designed for students who have previously participated in the beginner class and achieved 2 levels in Itosu-ryu karate. Emphasis will be placed on higher-level techniques and harder training, with an introduction to kumite (fighting).

- Additional fees: \$50 (uniform- optional)

### NEWPORT COAST COMMUNITY CENTER

Tu/Th 3/24-6/4 4:50-5:40pm 5-16yrs \$260 **NCC260**

## NSA All Skills Boys & Girls Beginner Volleyball Clinic

**Newport Sports Academy**

The NSA Beginner Clinic is designed for boys and girls ages 6-12 who are new to volleyball or have basic skill levels. Led by internationally certified coaches, former pros, national and D1 college players, this clinic provides high-quality training in a fun and engaging environment. This program serves as a foundational step for young athletes who may want to join school or club volleyball teams in the future. Players are divided by age and ability across two courts to ensure every child trains at the correct level and receives equal playing time in a focused group setting. Each session covers essential volleyball fundamentals - serving, passing, setting, and spiking - followed by volleyball-based games, including 6-on-6 play to help athletes apply what they've learned. No experience is required- just bring energy and excitement to learn! This class fills up quickly, so early registration is recommended to secure a spot.

### NEWPORT COAST COMMUNITY CENTER

Th	3/19-4/23	3:30-4:45pm	6-12yrs	\$197	<b>NCC262</b>
Th	4/30-6/4	3:30-4:45pm	6-12yrs	\$197	<b>NCC263</b>
Th	3/19-4/23	4:45-5:40pm	6-12yrs	\$197	<b>NCC264</b>
Th	4/30-6/4	4:45-5:40pm	6-12yrs	\$197	<b>NCC265</b>
Sa	4/4-5/23	10-11:15am	6-12yrs	\$261	<b>NCC266</b>

CITY OF NEWPORT BEACH ▪ RECREATION & SENIOR SERVICES DEPARTMENT  
 EASTBLUFF ▪ HARBOR VIEW ▪ LINCOLN ▪ MARINERS ▪ NEWPORT COAST  
 NEWPORT HEIGHTS ▪ NEWPORT ELEMENTARY

**Winter 2026 Season Dates**  
**MARCH 6–MAY 29**  
**Registration is Now Open**  
 NO CLASS DATES: 4/6-10, 5/25

**Kindergartners through 6th graders**  
 Enrich your child's learning with **After Class Enrichment (ACE)**, a series of recreation classes held immediately after school dismissal. Your favorite instructors are back on campus this year. It's time to excel after the bell with **ACE!**

For more information on schedules, fees and registration visit:  
**WWW.NEWPORTBEACHCA.GOV/ACE**  
 949-644-3151 ▪ ACE@NEWPORTBEACHCA.GOV

## NSA Girls Volleyball: Advanced Clinic Newport Sports Academy

The NSA Advanced Program is designed for girls ages 9-14 with basic to advanced volleyball experience. This program focuses on mastering fundamental skills and understanding the game's rules, enhancing each participant's overall volleyball knowledge. Led by international coaches and former professional players, participants will be placed on teams or different courts to further develop their competitive skills through structured play.

### NEWPORT COAST COMMUNITY CENTER

Th	3/19-4/23	6-7:30pm	9-14yrs	\$215	<b>NCC267</b>
Th	4/30-6/4	6-7:30pm	9-14yrs	\$215	<b>NCC268</b>
F	3/20-4/24	6-7:30pm	9-14yrs	\$215	<b>NCC269</b>
F	5/1-6/5	6-7:30pm	9-14yrs	\$215	<b>NCC270</b>

## Skyhawks Basketball

### Stack Sports

This fun, skill-intensive program is designed for beginning to intermediate players. An active class of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility. **No class 5/25**

### NEWPORT COAST COMMUNITY CENTER

M	3/16-4/13	5-6pm	7-10yrs	\$115	<b>NCC222</b>
M	4/27-6/1	5-6pm	7-10yrs	\$115	<b>NCC223</b>

## Soccer Skill Agility Workshop Pregoni Futbol Training

Ever wondered what makes the difference during a game? Our Soccer Skill Workshop, designed for beginners and experienced players, helps young athletes reach their full potential by focusing on the small details and fine-tuned techniques that elevate their game. Each fun and engaging session teaches cool dribbling moves, turns, footwork, and practical skills players can use during games, all in a supportive environment. **No class 4/6**

### SAN MIGUEL PARK

M	3/16-5/18	4-5pm	6-16yrs	\$293	<b>FB2042</b>
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CITY OF NEWPORT BEACH  
RECREATION & SENIOR SERVICES  
*presents*

# MATT LEINART FLAGFOOTBALL



**2026  
SPRING SEASON  
MARCH-MAY**

**REGISTRATION  
in Now Open**

**PLAYOFFS IN  
May**

**GAMES ARE PLAYED  
Friday Evenings**

**LOCATION  
Bonita Creek Park**



TO REGISTER OR FOR MORE INFORMATION:  
[www.mlflag.com](http://www.mlflag.com) ■ Contact Ryan at 949-422-5864 or [rleinart@mlflag.com](mailto:rleinart@mlflag.com)



## Babysitter, First Aid, CPR & AED Training

### Healthy U

Become the favorite babysitter every family wants! This class provides students with an American Heart Association Heartsaver student workbook, 2-year course completion card, a babysitter reminder binder and other training supplies.

- **Additional fees:** \$45 (materials)
- **Notice:** not the BLS course for healthcare providers
- **Requirements:** advance registration
- **Please bring:** lunch and a drink

#### MARINA PARK COMMUNITY CENTER

Su	3/15	8:30am-4pm	11yrs+	\$110	<b>MP2060</b>
Su	5/17	8:30am-4pm	11yrs+	\$110	<b>MP2061</b>
Su	6/7	8:30am-4pm	11yrs+	\$110	<b>MP2062</b>

## CPR & AED - Heartsaver Adult, Child & Infant

### Healthy U

Don't miss a beat and increase the number of people "Stayin' Alive!" This class provides you with an American Heart Association Heartsaver student workbook and 2-year course completion card.

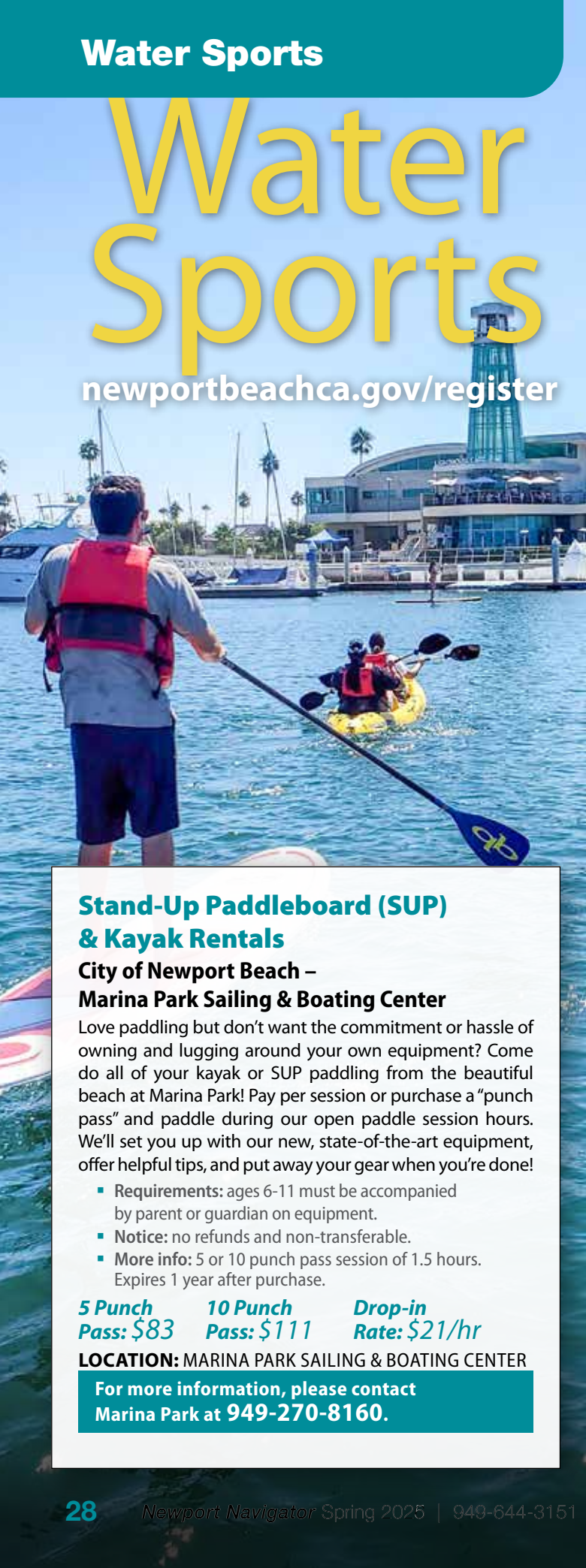
- **Additional fees:** \$25 (materials)
- **Notice:** not the BLS course for healthcare providers
- **Requirements:** advance registration

#### MARINA PARK COMMUNITY CENTER

Su	3/15	8:30am-Noon	11yrs+	\$80	<b>MP2063</b>
Su	5/17	8:30am-Noon	11yrs+	\$80	<b>MP2064</b>
Su	6/7	8:30am-Noon	11yrs+	\$80	<b>MP2065</b>

# Water Sports

[newportbeachca.gov/register](http://newportbeachca.gov/register)



## Stand-Up Paddleboard (SUP) & Kayak Rentals

City of Newport Beach –  
Marina Park Sailing & Boating Center

Love paddling but don't want the commitment or hassle of owning and lugging around your own equipment? Come do all of your kayak or SUP paddling from the beautiful beach at Marina Park! Pay per session or purchase a "punch pass" and paddle during our open paddle session hours. We'll set you up with our new, state-of-the-art equipment, offer helpful tips, and put away your gear when you're done!

- **Requirements:** ages 6-11 must be accompanied by parent or guardian on equipment.
- **Notice:** no refunds and non-transferable.
- **More info:** 5 or 10 punch pass session of 1.5 hours. Expires 1 year after purchase.

**5 Punch Pass: \$83**    **10 Punch Pass: \$111**    **Drop-in Rate: \$21/hr**

**LOCATION:** MARINA PARK SAILING & BOATING CENTER

**For more information, please contact Marina Park at 949-270-8160.**

## SURF

### Girl's Surf Club

#### Endless Sun Surf

This class is led by a World Championship Tour Surfer, who has over 27 years of surf contest experience and was a former NHHS Surf Team Coach. Whether you want to improve your shortboarding skills or longboarding skills, this class is for you! Professional surfers will teach students how to improve their surfing, how to perform maneuvers and how to compete in a surf contest. Fun annual Newport Grom Surf Contest with trophies is held on the last day of the season. **No class 4/9**

- **Notice:** surfing takes place between 18th through 25th St., but meets under Newport Pier
- **Requirements:** prior surf experience; ability to catch own waves recommended.
- **Provided:** surfboards and wetsuits or you may bring your own.

#### NEWPORT PIER

Th	3/19-4/23	3:10-4:30pm	5-17yrs	\$305	<b>MP2031</b>
Th	4/30-5/28	3:10-4:30pm	5-17yrs	\$305	<b>MP2032</b>

### Women's Surf Class

#### Endless Sun Surf

Women are raving about this fun, supportive and encouraging surf class designed by a female professional surfer! In this women-only class, new and experienced surfers will learn about ocean safety, wave selection, etiquette, efficient paddling, pop-up and turning techniques, plus reading and riding waves to the surfer's full potential. Never surfed before? This class is for you! Do you want to improve your surfing? This class is also for you!

- **Notice:** class meets under Newport Pier
- **Provided:** surfboards and wetsuits

#### NEWPORT PIER

Sa	5/2-5/2	8:30-10am	Adult	\$90	<b>MP2026</b>
Sa	5/9-5/9	8:30-10am	Adult	\$90	<b>MP2027</b>
Sa	5/16-5/16	8:30-10am	Adult	\$90	<b>MP2028</b>
Sa	5/23-5/23	8:30-10am	Adult	\$90	<b>MP2029</b>
Sa	5/30-5/30	8:30-10am	Adult	\$90	<b>MP2030</b>

## Adult Surf Class

### Endless Sun Surf

Want to learn to surf with others? Then sign up for this fun, supportive and encouraging surf class for men and women! In this adult-only class, new and experienced surfers will learn about ocean safety, wave selection, etiquette, efficient paddling, pop-up and turning techniques, plus reading and riding waves to the surfer's full potential. Never surfed before? This class is for you! Do you want to improve your surfing? This class is also for you!

- **Notice:** class meets under Newport Pier
- **Provided:** surfboards and wetsuits

#### NEWPORT PIER

Su	5/3-5/3	8:30-10am	Adult	\$90	<b>MP2021</b>
Su	5/10-5/10	8:30-10am	Adult	\$90	<b>MP2022</b>
Su	5/17-5/17	8:30-10am	Adult	\$90	<b>MP2023</b>
Su	5/24-5/24	8:30-10am	Adult	\$90	<b>MP2024</b>
Su	5/31-5/31	8:30-10am	Adult	\$90	<b>MP2025</b>

## Intermediate Surf Class

### Endless Sun Surf

This class is led by a World Championship Tour Surfer, who has over 27 years of surf contest experience and was a former NHHS surf team coach. Whether you want to improve your shortboarding skills or longboarding skills, this class is for you! Professional surfers will teach students how to improve their surfing, how to perform maneuvers and how to compete in a surf contest. Fun annual Newport Grom Surf Contest with trophies is held on the last day of season. **No class 4/7**

- **Notice:** surfing takes place between 18th through 25th St. but meets under the Newport Pier
- **Provided:** surfboards and wetsuits
- **Requirements:** prior surfing experience; ability to catch own waves recommended

#### NEWPORT PIER

Tu	3/17-4/21	3:10-4:30pm	6-12yrs	\$305	<b>MP2033</b>
Tu	4/28-5/26	3:10-4:30pm	6-12yrs	\$305	<b>MP2034</b>

## Monday's Surf Class

### Endless Sun Surf

Learn to surf, or improve your surfing, at the safest and best beach for kids to learn! This class is led by professional surfers who are extremely knowledgeable and passionate about surfing, and have over 23 years of teaching experience. Patient and encouraging surf instructors will teach kids the basic skills of surfing, etiquette, safety, proper wave selection, efficient paddling, pop-up and turning techniques. Come see why we're voted the #1 Surf Camp in OC! **No class 4/6**

- **Additional fees:** \$20 (materials)
- **Notice:** parents drop off and pick up under the Newport Pier (lower level of Lifeguard HG) and assist child into & out of wetsuit
- **Provided:** surfboards and full wetsuits, but you may bring your own
- **Requirements:** Students must have the ability to swim.

#### NEWPORT PIER

M	3/16-4/20	3:30-5pm	5-17yrs	\$305	<b>MP2035</b>
M	4/27-6/1	3:30-5pm	5-17yrs	\$305	<b>MP2036</b>

## Wednesday's Surf Class

### Endless Sun Surf

Learn to surf, or improve your surfing, at the safest and best beach for kids to learn! This class is led by professional surfers who are extremely knowledgeable and passionate about surfing, and have over 23 years of teaching experience. Patient and encouraging surf instructors will teach kids the basic skills of surfing, etiquette, safety, proper wave selection, efficient paddling, pop-up and turning techniques. Come see why we're voted the #1 Surf Camp in OC!

- **Notice:** Parents drop off and pick up under the Newport Pier (lower level of Lifeguard HG) and assist child into & out of wetsuit
- **Provided:** Surfboards and full wetsuits, but you may bring your own.
- **Requirements:** Students must have the ability to swim

#### NEWPORT PIER

W	3/18-4/22	1:30-3pm	4-12yrs	\$305	<b>MP2037</b>
W	4/29-5/27	1:30-3pm	4-12yrs	\$305	<b>MP2038</b>

## Friday's Surf Class

### Endless Sun Surf

Learn to surf or improve your surfing, at the safest and best beach for kids to learn! This class is intended for kids attending any school. Our patient surf instructors will teach kids the basic skills of surfing, etiquette, safety, proper wave selection, efficient paddling, pop-up and turning techniques. **No class 4/10**

- **Additional fees:** \$20 (materials)
- **Notice:** parents drop off and pick up under the Newport Pier (lower level of Lifeguard HG) and assist child into & out of wetsuit
- **Provided:** soft surfboards and wetsuits, or you may bring your own
- **Requirements:** students must have the ability to swim

#### NEWPORT PIER

F	3/20-4/24	4-5:30pm	5-17yrs	\$305	<b>MP2039</b>
F	5/1-5/29	4-5:30pm	5-17yrs	\$305	<b>MP2040</b>

## Kids Surf101

### Newport Surf Camp

Learn the fundamentals of surfing, including paddling, popping up, and riding waves. They'll be taught by experienced surf instructors who will provide a fun and engaging learning environment. Safety is a top priority in a kids surf 101 class, and your child will be taught how to read ocean conditions, identify hazards, and stay safe in the water. Your child will also learn basic surf etiquette, such as sharing waves, respecting other surfers, and being aware of their surroundings. **No class 4/4**

- Additional fees: \$20 materials
- Please bring: towel, water and arrive wearing sunscreen
- Provided: Surfboards and wetsuits

### 29TH STREET BEACH

Sa 3/21-4/18 10-11:30am 6-13yrs \$213 **MP2042**  
 Sa 4/25-5/16 10-11:30am 6-13yrs \$213 **MP2043**

## After School Surf Class

### Newport Surf Camp

Join us after school for fun-filled surf sessions designed to build confidence, ocean awareness, and surf skills! Each week we'll cover paddling, wave reading, takeoffs, turning, and surf etiquette ? all while having a blast in the water with friends. Whether you're just starting out or looking to level up your skills, this class keeps things fun, supportive, and all about catching waves together! **No class 4/9**

- Provided: surfboards and wetsuits

### 28TH STREET BEACH

Th 3/19-4/30 4-5:30pm 6-12yrs \$305 **MP2041**

## Newport Juniors Surf Team

### Newport Surf Camp

Junior surf team is an excellent way for young surfers to hone their skills, meet other like-minded individuals, and develop a sense of camaraderie and sportsmanship. Under the guidance of experienced coaches, team members receive training in surfing techniques, physical fitness, and mental preparation for competitions. This is not a beginner class. **No class 4/7, 4/9**

- Notice: This is not a beginner class
- Please bring: surfboard, sunscreen, towel, wetsuit and water.
- Requirements: Students must have the ability to swim. Must be able to paddle out into lineup independently and have a solid foundation of surfing with 2 or more years of experience.

### 29TH STREET BEACH

Tu/Th 3/17-4/16 6-7am 8-15yrs \$250 **MP2044**  
 Tu/Th 4/21-5/14 6-7am 8-15yrs \$250 **MP2045**

## Teen Surf: Sunday

### Newport Surf Camp

Learn the fundamentals of surfing, including paddling, popping up, and riding waves. They'll be taught by experienced surf instructors who will provide a fun and engaging learning environment. Safety is a top priority, and your teen will be taught how to read ocean conditions, identify hazards, and stay safe in the water. Your teen will also learn the basic surf etiquette, such as sharing waves, respecting other surfers, and being aware of their surroundings. **No class 4/5**

- Additional fees: \$20 (materials)
- Please bring: water and arrive wearing sunscreen
- Provided: wetsuits and boards

### 29TH STREET BEACH

Su 3/22-4/19 9-10:30am 12-17yrs \$213 **MP2046**  
 Su 4/26-5/17 8-10:30am 12-17yrs \$213 **MP2047**



## Endless Sun Surf School

949-533-1022 ▪ [endlessunsurf@hotmail.com](mailto:endlessunsurf@hotmail.com)

1 PERSON	2 PEOPLE	3 PEOPLE
\$95/hour	\$150/hour	\$200/hour
\$185/2 hours	\$290/2 hours	\$370/2 hours
7+ PEOPLE	15+ PEOPLE	20+ PEOPLE
\$110/person for 2 hours	\$80/person for 2 hours	\$70/person for 2 hours

Register at [endlessunsurf.com](http://endlessunsurf.com)

## Newport Surf Camp

866-SURF-CAMP ▪ [newportsurfcamp@gmail.com](mailto:newportsurfcamp@gmail.com)

1 PERSON	2 PEOPLE	3 PEOPLE
\$95/hour	\$150/hour	\$200/hour
\$185/2 hours	\$290/2 hours	\$370/2 hours
7+ PEOPLE	15+ PEOPLE	20+ PEOPLE
\$95/person for 2 hours	\$75/person for 2 hours	\$69/person for 2 hours

Register at [newportsurfcamp.com](http://newportsurfcamp.com)

## Never too Late Adult Surf Camp

### Newport Surf Camp

If you want to learn to surf and feel confident going in the lineup by yourself this is the camp for you. You will learn the fundamentals of surfing, paddling, popping up, and different techniques riding the waves. You'll be taught by experienced surf instructors who will guide you through every step of the process and help you build confidence in the water. **No class 4/4**

- **Additional fees:** \$20 (materials)
- **Please bring:** a towel, sunscreen, and water
- **Provided:** surfboards and wetsuits
- **Requirements:** Students must have the ability to swim.

#### 37TH STREET BEACH

Sa	3/21-4/18	8-10am	Adult	\$255	<b>MP2053</b>
Sa	4/25-5/16	8-10am	Adult	\$255	<b>MP2054</b>

## Intermediate Longboard Surf Class

### Newport Surf Camp

Intermediate/ advanced coaching experience with for longboard surfers who already know the basics and are ready to level up with professional surfers the Prarie Brothers. This program is designed for intermediate longboarders who want to progress quickly through personalized video feedback and professional analysis. The focus is on refining technique, footwork, advanced maneuvers, improving wave selection, enhancing flow, and deepening the surfer's understanding of positioning and timing.

- **Notice:** not a beginner class and equipment is NOT provided for this class
- **Please bring:** must have own board and wetsuit
- **Requirements:** 2+ years surfing equipment

#### 29TH STREET BEACH

M F	3/16-3/27	7:30-9am	Adult	\$605	<b>MP2048</b>
M F	3/30-4/10	7:30-9am	Adult	\$605	<b>MP2049</b>
M F	4/13-4/24	7:30-9am	Adult	\$605	<b>MP2050</b>
M F	4/27-5/8	7:30-9am	Adult	\$605	<b>MP2051</b>
M F	5/11-5/22	7:30-9am	Adult	\$605	<b>MP2052</b>

# BODYBOARDING

## California Bodyboarders

### California Bodyboarders

What better way to spend the afternoons once school is out than in the water, riding waves! All participants will gain valuable ocean experience in a fun and safe environment. Each and every class participants will be taught about ocean safety and ocean conditions before entering the water.

#### CORONA DEL MAR STATE BEACH

Tu	3/31-4/21	3:30-5pm	6-15yrs	\$175	<b>FB2026</b>
Tu	4/28-5/19	3:30-5pm	6-15yrs	\$175	<b>FB2027</b>
W	4/1-4/22	3:30-5pm	6-15yrs	\$175	<b>FB2028</b>
W	4/29-5/20	3:30-5pm	6-15yrs	\$175	<b>FB2029</b>

# SAILING

## Parent & Me Sailing

A one-day class perfect for any adult who wants to explore sailing with their child in a relaxed and safe environment. Learn the basics of sailing on either a 14' dinghy or a small keelboat, accompanied by an instructor who will guide you through safe sailing on Newport Harbor.

- **Requirements:** No prior experience needed. Must be able to swim 50 yards. Registration required for adult and youth participants. Youth participants must be accompanied by an adult age 18 or older.

#### MARINA PARK COMMUNITY & SAILING CENTER

Sa	3/28	10am-1:30pm	6yrs-Adults	\$70
Su	4/26	10am-1:30pm	6yrs-Adults	\$70
Sa	5/30	10am-1:30pm	6yrs-Adults	\$70

## Youth Learn to Sail

Young sailors ages 8 to 13 will learn to sail using our fleet of 8' sabots and 14' quest dinghies. This is a great class for sailors of all skill levels to spend time on the water. New sailors will learn basic sailing skills and gain confidence through dock-side lectures and on-the-water practice. Returning sailors will focus on improving boat handling, sail trim and overall sailing skills. Class topics include boating safety, knots, rigging, sailing theory, boat handling, docking, sail trim and how to right a capsized dinghy. Register for one or two classes or for the series. **No class 4/5, 5/16, 5/25**

- **Requirements:** No prior experience needed. Must be able to swim 50 yards.

#### MARINA PARK COMMUNITY & SAILING CENTER

Su	3/22	10am-1pm	8-13yrs	<b>\$75</b>
Su	3/29	10am-1pm	8-13yrs	<b>\$75</b>
Su	4/12	10am-1pm	8-13yrs	<b>\$75</b>
Su	4/19	10am-1pm	8-13yrs	<b>\$75</b>
Su	3/22-4/19	10am-1pm	8-13yrs	<b>\$275</b>
Sa	5/2	2-5pm	8-13yrs	<b>\$75</b>
Sa	5/9	2-5pm	8-13yrs	<b>\$75</b>
Sa	5/30	2-5pm	8-13yrs	<b>\$75</b>
Sa	5/2-6/6	2-5pm	8-13yrs	<b>\$210</b>

[NEWPORTBEACHCA.GOV/SAILING](http://NEWPORTBEACHCA.GOV/SAILING)

Notice: Registration is through  
OCC Sailing ([occsailing.com/marina-park](http://occsailing.com/marina-park))

# Water Sports

## Explore the J/22 Keelboat

For sailors with intermediate sailing skills, but with no prior experience sailing a J/22 keelboat. You will review rigging, docking, crew work and more as you get ready to take your sailing to the next level and jump into an Intermediate or Advanced J/22 Keelboat class.

- **Requirements:** Intermediate sailing skills. Must be able to swim 50 yards.

### MARINA PARK COMMUNITY & SAILING CENTER

Sa	4/18	2-5:30pm	14yrs-Adults	<b>\$165</b>
Su	6/7	2-5:30pm	14yrs-Adults	<b>\$165</b>

## J/22 Spinnaker Clinic

A great class for competent sailors interested in working on advanced boat handling skills. The focus of this class is on learning how to use the spinnaker, advanced sail trim and helm control. Sailing a J/22 Keelboat you will learn how to rig and use a spinnaker, sail trim and shape, crew work, true and apparent wind.

- **Requirements:** Successful completion of Intermediate Keelboat Sailing or equivalent experience. Participants must be able to swim 50 yards.

### MARINA PARK COMMUNITY & SAILING CENTER

Sa	4/11	9:30am-4:30pm	14yrs-Adults	<b>\$245</b>
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## Private Adaptive Sailing Lessons

### OCC School of Sailing & Seamanship

Our private sailing lessons offer a unique and inclusive curriculum designed specifically for sailors with disabilities. Whether you are new to sailing or ready to get back on the water, we are here to support you at every level.

New sailors will gain foundational skills through classroom instruction and hands-on practice on our adaptive RS Venture sailboat. This boat is specially equipped with forward-facing bucket seats for those with limited core strength and a joystick steering system positioned in front of the driver for ease of access. An adaptive sailing instructor will accompany you onboard, providing tailored instruction and guidance to build your skills and confidence on the water.

For those returning to sailing, our program offers advanced training to further refine skills and enhance on-water independence. Join us for an empowering experience and discover the freedom and joy of adaptive sailing!

- **Requirements:** No prior experience needed. Participants must be able to swim 50 yards.

Email [boating@newportbeachca.gov](mailto:boating@newportbeachca.gov) or call 949-270-8160 to inquire about this program.

*Scholarships Available*



## Marian Bergeson Aquatic Center (MBAC)

Corona del Mar High School  
2102 Eastbluff Drive

**RUN BY NEWPORT BEACH AQUATICS STAFF**

Lap Swim is a great way to stay active this season. Bring a friend and have fun while using kickboards, pull buoys and pace clocks to enhance your workouts!

- Circle swimming is required and lanes are limited.
- Swim cards are non-transferable & non-refundable.
- No cash accepted at the pools.

### 5 Visit Swim Pass

\$16 Adults | \$11 Seniors

### 20 Visit Swim Pass

\$55 Adults | \$38 Seniors

(Non-residents pay an additional \$11 fee)

### Annual Pass

\$176 Adults | \$121 Seniors

(Non-residents pay an additional \$33 fee)

CURRENT DAYS AND TIMES\*

**M-F: 6-9pm | Sa-Su: 7am-2pm**

*\*Subject to change, visit [newportbeachca.gov/aquatics](http://newportbeachca.gov/aquatics) for most up-to-date.*

**For more information, call 949-270-8100.**

## US Sailing Basic Keelboat Certification

For experienced sailors ready to pursue the US Sailing Basic Keelboat Certification. Each session starts with a brief review followed by on-the-water skill development and skills evaluation. Course and evaluation topics for this extensive sailing course includes sail theory, docking, tacking, jibing, crew coordination, navigation rules and aids to navigation, anchoring, reefing, heaving to, and crew overboard recovery.

To allow for more time on the water you will complete the written exam online. Prior to the first class you will receive access to the US Sailing online test which you must be complete prior to your final class meeting. Your active participation at home, in the classroom and on the water is essential for success.

- **Requirements:** Successful completion of Intermediate Keelboat Sailing, Shields 2 or recent equivalent experience as both skipper and crew. Participants must be able to swim 50 yards.

### MARINA PARK COMMUNITY & SAILING CENTER

Su	3/22-3/29	9am-5pm	14yrs-Adults	<b>\$495</b>
Sa	5/30-6/6	9am-5pm	14yrs-Adults	<b>\$495</b>

**NEWPORTBEACHCA.GOV/SAILING**

Notice: Registration is through OCC Sailing ([occsailing.com/marina-park](http://occsailing.com/marina-park))

## OCC SCHOOL OF SAILING & SEAMANSHIP

### Dinghy

#### Beginning Dinghy Sailing

Learn to sail on beautiful Newport Harbor in this introduction to sailing class designed for individuals with little or no sailing experience. Through classroom instruction and on-the-water practice you will learn the fundamentals of how to rig and safely sail a small boat. The class is also a great refresher for those who have not sailed recently. Sailing a 14' dinghy you will learn: boating safety, knots, rigging, sailing theory, boat handling, docking, sail trim and capsize recovery.

- **Requirements:** No prior experience needed. Must be able to swim 50 yards. Need sufficient agility to move about safely in the boat.

#### MARINA PARK COMMUNITY & SAILING CENTER

Sa	4/25-5/16	10am-1:30pm	14yrs-Adults	\$215
Tu-Th	6/9-6/11	Noon-4pm	14yrs-Adults	\$215

#### Intermediate Dinghy Sailing

A great class for students ready to take their dinghy sailing skills to the next level. You will build on basic skills and work on improving boat handling, refining sail trim, skipper and crew teamwork, and problem solving while afloat. Sailing a 14' RS Quest you will practice: rigging, docking, sail trim, sail controls, crew work and communication, reefing and knots. Single-handed sailing will be introduced time and weather permitting. **No class 4/5**

- **Requirements:** Successful completion of Beginning Dinghy Sailing or equivalent experience. Participants must be able to swim 50 yards. Need sufficient agility to move about safely in the boat.

#### MARINA PARK COMMUNITY & SAILING CENTER

Su	3/22-4/19	1:30-5pm	14yrs-Adults	\$215
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### Keelboat

#### Beginning Keelboat Sailing

Learn to sail on beautiful Newport Harbor in this introduction to sailing class designed for individuals with little to no sailing experience who want to learn how to sail on a small keelboat instead of a dinghy. Through classroom instruction and on-the-water practice you will learn the fundamentals of how to rig and safely sail a J/22 keelboat. Your instructor will be on board with you to provide a more hands-on experience. Sailing a J/22 keelboat you will learn boating safety essentials, knots, rigging and docking, sailing theory, boat handling, sail trim and crew overboard rescue procedures. **No class 5/24**

- **Requirements:** No prior experience needed. Participants must be able to swim 50 yards.

#### MARINA PARK COMMUNITY & SAILING CENTER

Tu-Th	4/7-4/9	1-5pm	14yrs-Adults	\$410
Sa	4/18-5/9	10am-1:30pm	14yrs-Adults	\$475
Su	5/3-5/31	10am-1:30pm	14yrs-Adults	\$475
Tu-Th	6/2-6/4	4-8pm	14yrs-Adults	\$410

#### Intermediate Keelboat

For students ready to take the next step after completing the Beginning Keelboat Class, this course builds on foundational skills and introduces the finer points of boat handling and sail theory. You will sail aboard a J/22 keelboat, developing confidence in rigging, docking, and boat control. Throughout the course, you will deepen your understanding of sail trim, sail controls, crew coordination, onboard communication, and anchoring. Emphasis is placed on teamwork as you learn to work effectively as part of a crew.

- **Requirements:** Successful completion of Beginning Keelboat Sailing or equivalent experience. Participants must be able to swim 50 yards.

#### MARINA PARK COMMUNITY & SAILING CENTER

Sa	3/21-4/11	2-5:30pm	14yrs-Adults	\$235
Tu-Th	4/14-4/16	1-4:30pm	14yrs-Adults	\$235
Su	5/3-5/17	2-5:30pm	14yrs-Adults	\$235
Tu-Th	6/9-6/11	4:30-8pm	14yrs-Adults	\$235

#### Advanced Ocean Sailing

For students with intermediate sailing skills who are ready to venture beyond the harbor, this class will focus on expanding your sailing and seamanship skills as you navigate from the harbor into the Pacific Ocean.

Topics include advanced sail trim, sailing wing n'wing the jib using the spinnaker pole, jury-rigging techniques, running aground, towing procedures, understanding tides and currents, reading aids to navigation, and the fundamentals of ocean sailing.

- **Requirements:** Successful completion of Intermediate Keelboat Sailing or equivalent experience. Participants must be able to swim 50 yards.

#### MARINA PARK COMMUNITY & SAILING CENTER

Su	5/10	9:30am-4:30pm	14yrs-Adults	\$245
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[NEWPORTBEACHCA.GOV/SAILING](http://NEWPORTBEACHCA.GOV/SAILING)

Notice: Registration is through OCC Sailing ([occsailing.com/marina-park](http://occsailing.com/marina-park))

# Water Sports



**Private Sailing Lesson Rates**  
**QUEST or J/22**  
**\$275: 3hrs/1 student**  
*Additional Student \$40*



## Sail Pass & Boat Rentals

### 3 STEPS TO SAIL

- 1. Learn:** Build your sailing skills through classes at Marina Park or qualify with equivalent experience/skills.
- 2. Get Rated:** Experienced sailors, age 18+, may complete either the keelboat or the dinghy written exam. Contact Marina Park at **949-270-8160** to sign up. Upon successful completion of the written exam, register for an on-water skills assessment.
- 3. Join the Sail Pass:** After successfully rating, purchase an annual pass or pay a per-use rental fee.

### Sailing Pass Pricing

**Adult Annual Pass:** \$691

**Student Pass:** \$345 (annually); \$114 (quarterly)

*Must be a full-time student at least 18 years old.*

### Boat Rental Pricing

**J/22:** \$21/hour

**RS Quest & Lido:** \$16/hour

*No additional charge for crew.*

**For more information contact:**  
**Marina Park Sailing & Boating Center**  
1600 W Balboa Blvd, Newport Beach, Ca 92663  
949-270-8160 ▪ [boating@newportbeachca.gov](mailto:boating@newportbeachca.gov)

### J/22 Keelboat Rating

For experienced sailors interested in renting the J/22 keelboat at Marina Park through the Sail Pass program.

- **Requirements:** Intermediate sailing skills. Must be able to swim 50 yards. Must register for and pass a written test proctored by Marina Park Sailing and Boating, prior to registering for this on-water assessment class.

#### MARINA PARK COMMUNITY & SAILING CENTER

Su	4/26	2-5:30pm	Adult	<b>\$175</b>
F	5/22	3:30-7pm	Adult	<b>\$175</b>

### 14' RS Quest Dinghy Rating

For experienced sailors interested in renting the 14' RS Quest Dinghy at Marina Park through the Sail Pass program. No prior experience sailing an RS Quest is necessary, as you will review rigging. Your instructor will assess your skills and let you know if you are ready to rent through the Sail Pass program, or if you need more practice.

- **Requirements:** Intermediate sailing skills. Must be able to swim 50 yards. Must register for and pass a written test proctored by Marina Park Sailing and Boating, prior to registering for this on-water assessment class.

#### MARINA PARK COMMUNITY & SAILING CENTER

Sa	4/25	1:30-5pm	Adult	<b>\$175</b>
Su	6/7	10am-1:30pm	Adult	<b>\$175</b>

[NEWPORTBEACHCA.GOV/SAILING](http://NEWPORTBEACHCA.GOV/SAILING)

Notice: Registration is through  
OCC Sailing ([occsailing.com/marina-park](http://occsailing.com/marina-park))



To enjoy access to the rental fleet at Marina Park through the Sail Pass you must pass a written test covering sailing topics, rules and site-specific information, and complete an on-the-water skills assessment. This applies to everyone regardless of years of experience. A passing grade on the written test is required prior to attending an on-the-water ratings class. Separate tests are required for each boat type (keelboat or dinghy). Please call **Marina Park Sailing and Boating** at **949-270-8160** to schedule a written dinghy or keelboat test.

# Racket Sports



## Court Locations Pickleball

**6**

Outdoors & No Lights

### Newport Coast Pickleball Courts

6401 San Joaquin Hills Rd.

**OPEN COURT HOURS**  
Mon-Sun: 7 a.m.-Dusk

**4**

Outdoors & No Lights

### Bonita Canyon Sports Park

1641 Ford Rd.

**OPEN COURT HOURS**  
Mon-Fri: 7-8 a.m. & Noon-Dusk  
Sat: 7 a.m.-9 a.m. & Noon-Dusk  
Sun: 7 a.m.-Dusk

**DROP-IN PLAY\***  
Mon-Sat: 8 a.m.-1pm

## Tennis

**2**

No Lights

### Bonita Canyon Sports Park

Macarthur & Bonita Canyon

**2**

No Lights

### Grant Howald Park

5th & Iris, Corona Del Mar

**2**

No Lights

### Irvine Terrace Park

Malabar & Evita

**2**

With Lights

### Mariners Park

Dover & Irvine Avenue

**4**

No Lights

### San Joaquin Hills Park

San Joaquin Hills Road & Crown Drive North

**4**

No Lights

### West Newport Park

57th & River Jetty

#### **DROP-IN PICKLEBALL\***

Participants are required to supply their own paddle from our approved paddle list found at [newportbeachca.gov/sports](http://newportbeachca.gov/sports). Outdoor pickleball is only permitted on the designated court. For a detailed description, please visit: [newportbeachca.gov/sports](http://newportbeachca.gov/sports).



## Pickleball

CLASSES, LEAGUES,  
& PRIVATE LESSONS

### YOUTH PICKLEBALL

#### Youth Beginning Pickleball

**Melanie Wheatley**

This beginner-level class is perfect for first-time players or those with limited experience. Students will focus on developing basic paddle and ball control skills, learning the fundamental rules, and understanding how to play the game. Expect an energetic learning experience packed with fun skills and drills designed to make the learning process enjoyable and effective. Join us for a dynamic and exciting introduction to pickleball!

#### NEWPORT COAST PICKLEBALL

Tu	3/24-4/21	4-4:50pm	8-12yrs	\$180	<b>YSP200</b>
Tu	5/5-6/2	4-4:50pm	8-12yrs	\$180	<b>YSP201</b>
W	3/25-4/22	4-4:50pm	13-17yrs	\$180	<b>YSP202</b>
W	5/6-6/3	4-4:50pm	13-17yrs	\$180	<b>YSP203</b>

#### Youth Improver Pickleball

**Melanie Wheatley**

Take your game to the next level! This class is designed for players with basic skills, focusing on enhancing your ball control and overall gameplay. Dive into advanced techniques like scoring, volleys, overheads, deep serves, return of serve, resetting, court movement, and sportsmanship. Get ready to elevate your skills and master the court!

#### NEWPORT COAST PICKLEBALL

Th	3/26-4/23	4-4:50pm	8-12yrs	\$180	<b>YSP204</b>
Th	5/7-6/4	4-4:50pm	8-12yrs	\$180	<b>YSP205</b>
F	3/27-4/24	4-4:50pm	13-18yrs	\$180	<b>YSP206</b>
F	5/8-6/5	4-4:50pm	13-18yrs	\$180	<b>YSP207</b>

### INDOOR PICKLEBALL

#### Beginning Indoor Pickleball

**Melanie Wheatley**

This class is designed to introduce you to the basic skills and rules so you can enjoy playing the game. The lessons will include scoring, court positioning, 2 bounce rule, serves, returns, dinks and volleys.

#### NEWPORT COAST COMMUNITY CENTER

Th	3/26-4/23	8-9am	Adult	\$180	<b>NCC250</b>
Th	5/7-6/4	8-9am	Adult	\$180	<b>NCC251</b>

#### Advanced Beginning Indoor Pickleball

**Melanie Wheatley**

This class is designed to build the basic skills taught in the beginner class. In addition, it will include quick volleys, overheads, 3rd shot drops, resetting, deep serves, returns and court movement all set at a quicker pace.

- Requirements: instructor's approval prior to registration.

#### NEWPORT COAST COMMUNITY CENTER

Th	3/26-4/23	9:15-10:15am	Adult	\$180	<b>NCC252</b>
Th	5/7-6/4	9:15-10:15am	Adult	\$180	<b>NCC253</b>

### INDOOR PICKLEBALL

#### Indoor Drop-in Pickleball

**Recreation Staff**

Three indoor courts are for doubles play, no partner required. Paddles and indoor balls available. All skill levels welcome.

- Drop-in cards may be purchased at NCCC.
- Dates & times subject to change.
- Required: minimum 5 visit drop-in card purchase to participate.

**5 Visit Pass: \$15**      **20 Visit Pass: \$50**  
*(non-residents pay an additional \$10 fee)*

#### NEWPORT COAST COMMUNITY CENTER

M	Noon-3pm	Adult	\$3/visit (5 pass required)
F	Noon-3pm	Adult	\$3/visit (5 pass required)



## OUTDOOR PICKLEBALL

### Beginning Pickleball

**Melanie Wheatley**

This class is designed to introduce you to the basic skills and rules so you can enjoy playing the game. Lesson taught will include scoring, court positioning, 2 bounce rule, serves, returns, dinks and volleys.

#### NEWPORT COAST PICKLEBALL

Tu	3/24-4/21	Noon-1pm	Adult	\$180	<b>ASP203</b>
Tu	3/24-4/21	1:15-2:15pm	Adult	\$180	<b>ASP204</b>
Tu	5/5-6/2	Noon-1pm	Adult	\$180	<b>ASP216</b>
Tu	5/5-6/2	1:15-2:15pm	Adult	\$180	<b>ASP217</b>

### Advanced Beginner Pickleball

**Melanie Wheatley**

This class is designed to build upon the basic skills taught in the beginning level 1 class. In addition, it will include quick volleys, overheads, 3rd shot drops, resetting, deep serves, returns, and court movements all set at a quicker pace.

- Requirements: instructor's approval prior to registration

#### NEWPORT COAST PICKLEBALL

M	3/23-4/20	2-3pm	Adult	\$180	<b>ASP200</b>
M	5/4-6/1	2-3pm	Adult	\$180	<b>ASP213</b>
Tu	3/24-4/21	2:30-3:30pm	Adult	\$180	<b>ASP205</b>
Tu	5/5-6/2	2:30-3:30pm	Adult	\$180	<b>ASP218</b>
W	3/25-4/22	Noon-1pm	Adult	\$180	<b>ASP206</b>
W	5/6-6/3	Noon-1pm	Adult	\$180	<b>ASP219</b>

### Intro to Intermediate Pickleball

**Melanie Wheatley**

This class will continue to refine the skill set learned in the prior classes at much elevated level. The class will focus on court strategy, teamwork, shot selection, tracking the ball, blocking, and consistency of play.

- Requirements: Instructor's approval prior to registration.

#### NEWPORT COAST PICKLEBALL

W	3/25-4/22	1:15-2:15pm	Adult	\$180	<b>ASP207</b>
W	5/6-6/3	1:15-2:15pm	Adult	\$180	<b>ASP220</b>
Th	3/26-4/23	2:30-3:30pm	Adult	\$180	<b>ASP211</b>
Th	5/7-6/4	2:30-3:30pm	Adult	\$180	<b>ASP224</b>

### Intermediate Live Ball

**Melanie Wheatley**

Live Ball is designed to create a fast-paced session of "miss-and-out" pickleball set to music! This is a fun and interactive pickleball experience. Skill sets will vary, but the game remains the same. Miss and you're out! Join the fun!

- Requirements: Instructor's approval prior to registration.

#### NEWPORT COAST PICKLEBALL

F	3/27-4/24	3-4pm	Adult	\$180	<b>ASP212</b>
F	5/8-6/5	3-4pm	Adult	\$180	<b>ASP225</b>

### Intro to Intermediate Indoor Pickleball

**Melanie Wheatley**

This class will continue to refine the skill set learned in the prior classes at a much elevated level. The class will focus on court strategy, teamwork, shot selection, tracking the ball, blocking and consistency of play.

- Requirements: Must have Instructor's approval prior to registration.

#### NEWPORT COAST COMMUNITY CENTER

Th	3/26-4/23	10:20-11:20am	Adult	\$180	<b>NCC254</b>
Th	5/7-6/4	10:20-11:20am	Adult	\$180	<b>NCC255</b>

### Intermediate Indoor Pickleball

**Melanie Wheatley**

This class builds upon all the skills in the prior classes with an emphasis on controlling the flow of the game. Course is designed for the advancing player who wants to enhance their court awareness, positioning, and strategy. Players should have the ability to control a forehand/backhand, serves (depth placement), overheads, approaching NVZ and can sustain volley and dink exchanges.

- Requirements: Instructor's approval prior to registration.

#### NEWPORT COAST COMMUNITY CENTER

Tu	3/24-4/21	8-9am	Adult	\$180	<b>NCC248</b>
Tu	5/5-6/2	8-9am	Adult	\$180	<b>NCC249</b>



### Private Pickleball Lessons

**Melanie Wheatley**

Melanie Wheatley competed on the National Senior Women's Tennis Circuit and won 4 National Championships, received the #1 ranking in the Nation by the USTA for 2 years in a row and won 2 Bronze medals at the World Championships in Perth, Australia and Amsterdam. She is transferring her vast knowledge of tennis to the game of pickleball through instruction and coaching to beginners and intermediates. She tailors her teaching to the needs of the individual or team to improve their technical skills and strategy to help them take their game to the next level. Melanie is a PPR certified professional pickleball instructor.

- Participants may sign up for as many lessons as they want and pay at one time.
- Dates and times must be confirmed with instructor prior to registration.
- Email melwheatley54@gmail.com; text or call 562-760-1319
- No refunds

#### Pricing is per person:

1 person	2 people	3+ people
\$100/hr/person	\$70/hr/person	\$60/hr/person

# Racket Sports

## Intermediate Pickleball

**Melanie Wheatley**

This class builds upon all the skills in the prior classes with an emphasis on controlling the flow of the game. Course is designed for the advancing player who wants to enhance their court awareness, positioning, and strategy. Players should have the ability to control a forehand/background, serves (depth placement), overheads, approaching NVZ and can sustain volley and dink exchanges.

- Requirements: Instructor's approval prior to registration.

### NEWPORT COAST PICKLEBALL

M	3/23-4/20	3:15-4:15pm	Adult	\$180	<b>ASP201</b>
M	5/4-6/1	3:15-4:15pm	Adult	\$180	<b>ASP214</b>
W	3/25-4/22	2:30-3:30pm	Adult	\$180	<b>ASP208</b>
W	5/6-6/3	2:30-3:30pm	Adult	\$180	<b>ASP221</b>
Th	3/26-4/23	1:15-2:15pm	Adult	\$180	<b>ASP210</b>
Th	5/7-6/4	1:15-2:15pm	Adult	\$180	<b>ASP223</b>

## Advanced Intermediate Pickleball

**Melanie Wheatley**

This class is designed to bridge the gap between intermediate and advanced level play. Intended for skilled players looking to develop a more competitive learning experience.

- Requirements: Instructor's approval prior to registration.

### NEWPORT COAST PICKLEBALL

M	3/23-4/20	4:20-5:20pm	Adult	\$180	<b>ASP202</b>
M	5/4-6/1	4:20-5:20pm	Adult	\$180	<b>ASP215</b>



**Pickleball**  
LEAGUE

**Team Registration Fee**  
\$400/Residents  
\$450/Non-residents

Newport Coast Pickleball Courts

Learn more & register for the pickleball league at [newportbeachca.gov/sports](http://newportbeachca.gov/sports).

## Advanced Pickleball

**Melanie Wheatley**

This class is designed for competitive players to focus on controlling the flow of the game with emphasis on a winning strategy and mindset.

- Requirements: Instructor's approval prior to registration.

### NEWPORT COAST PICKLEBALL

Th	3/26-4/23	Noon-1pm	Adult	\$180	<b>ASP209</b>
Th	5/7-6/4	Noon-1pm	Adult	\$180	<b>ASP222</b>



## YOUTH TENNIS

### Skyhawks Tennis

#### Stack Sports

Serve up fun with Skyhawks Tennis! This class provides a relaxed environment where fundamental tennis skills are taught along with a wide range of fun activities that help develop agility, balance, movement, sending, receiving and gross motor skills. All equipment provided. **No class 4/4, 5/23, 5/25**

#### GRANT HOWARD PARK

Sa	3/21-4/25	9:30-10:10am	4yrs	\$105	<b>SKY205</b>
Sa	5/2-6/6	9:30-10:10am	4yrs	\$105	<b>SKY207</b>
Sa	3/21-4/25	10:20-11am	5-6yrs	\$105	<b>SKY209</b>
Sa	5/2-6/6	10:20-11am	5-6yrs	\$105	<b>SKY211</b>
Sa	3/21-4/25	11:10am-11:50pm	7-8yrs	\$105	<b>SKY213</b>
Sa	5/2-6/6	11:10am-11:50pm	7-8yrs	\$105	<b>SKY215</b>

#### MARINERS PARK

M	3/16-4/13	4:30-5:10pm	4yrs	\$105	<b>SKY204</b>
M	4/27-6/1	4:30-5:10pm	4yrs	\$105	<b>SKY206</b>
M	3/16-4/13	5:20-6pm	5-6yrs	\$105	<b>SKY208</b>
M	4/27-6/1	5:20-6pm	5-6yrs	\$105	<b>SKY210</b>
M	3/16-4/13	6:10-6:50pm	7-8yrs	\$105	<b>SKY212</b>
M	4/27-6/1	6:10-6:50pm	7-8yrs	\$105	<b>SKY214</b>
Th	3/19-4/16	5-5:40pm	4-5yrs	\$105	<b>SKY202</b>
Th	5/7-6/4	5-5:40pm	4-5yrs	\$105	<b>SKY203</b>
Th	3/19-4/16	5:50-6:30pm	6-8yrs	\$105	<b>SKY200</b>
Th	5/7-6/4	5:50-6:30pm	6-8yrs	\$105	<b>SKY201</b>

## ADULT TENNIS

### Adult Tennis: Beginning Level 1

#### Jim Moore

This is an entry-level class designed for the adult with little to no experience. Class will introduce the basics of tennis, including racquet grip, ground strokes, volley, serves, and begin to rally. **No class 5/25**

- **Please bring:** can of unopened tennis balls & racquet.
- **Notice:** classes cancelled due to weather are made up at the end of the session if time permits. Please call Jim Moore if you need to borrow a tennis racket at 714-887-7735.

#### BONITA CANYON SPORTS PARK

M	3/23-4/20	9-10am	Adult	\$155	<b>JMT200</b>
M	5/4-6/8	9-10am	Adult	\$155	<b>JMT201</b>

#### MARINERS PARK

W	3/25-4/22	10-11am	Adult	\$155	<b>JMT216</b>
W	5/6-6/3	10-11am	Adult	\$155	<b>JMT217</b>
W	3/25-4/22	6-7pm	Adult	\$155	<b>JMT214</b>
W	5/6-6/3	6-7pm	Adult	\$155	<b>JMT215</b>

#### SAN JOAQUIN HILLS PARK

Sa	3/28-4/25	10-11am	Adult	\$155	<b>JMT222</b>
Sa	5/9-6/6	10-11am	Adult	\$155	<b>JMT223</b>

### Adult Tennis: Intermediate Level 2

#### Jim Moore

For players with a 3.0 rating that can rally, control and direct the ball. Drills and live balls are used. **No class 5/25**

- **Please bring:** can of unopened tennis balls & racquet.
- **Notice:** classes cancelled due to weather are made up at the end of the session if time permits. Please call Jim Moore if you need to borrow a tennis racket at 714-887-7735.

#### BONITA CANYON SPORTS PARK

M	3/23-4/20	10-11am	Adult	\$155	<b>JMT202</b>
M	5/4-6/8	10-11am	Adult	\$155	<b>JMT203</b>

#### IRVINE TERRACE PARK

Th	5/7-6/4	9-10am	Adult	\$155	<b>JMT209</b>
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#### MARINERS PARK

W	3/25-4/22	9-10am	Adult	\$155	<b>JMT212</b>
W	5/6-6/3	9-10am	Adult	\$155	<b>JMT213</b>
W	3/25-4/22	7-8pm	Adult	\$155	<b>JMT210</b>
W	5/6-6/3	7-8pm	Adult	\$155	<b>JMT211</b>

#### SAN JOAQUIN HILLS PARK

Sa	3/28-4/25	8-9am	Adult	\$155	<b>JMT220</b>
Sa	5/9-6/6	8-9am	Adult	\$155	<b>JMT221</b>

### Adult Tennis:

### Women's Intermediate Level 2

#### Jim Moore

For players with a 3.0 rating who can rally, control, and direct the ball. Drills and live balls are used.

- **Please bring:** can of unopened tennis balls & racquet.
- **Notice:** classes cancelled due to weather are made up at the end of the session if time permits. Please call Jim Moore if you need to borrow a tennis racket at 714-887-7735.

#### GRANT HOWALD PARK

Tu	3/24-4/21	9:30-11am	Adult	\$155	<b>JMT204</b>
Tu	5/5-6/2	9:30-11am	Adult	\$155	<b>JMT205</b>

### Adult Tennis: Advanced Level 3

#### Jim Moore

Advanced class for players with a 3.5 rating that can rally, control, and direct the ball to a specific target. Drills and Live Ball are used.

- **Please bring:** can of unopened tennis balls & racquet.
- **Notice:** classes cancelled due to weather are made up at the end of the session if time permits. Please call Jim Moore if you need to borrow a tennis racket at 714-887-7735.

#### IRVINE TERRACE PARK

Th	5/7-6/4	8-9am	Adult	\$155	<b>JMT207</b>
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#### SAN JOAQUIN HILLS PARK

Sa	3/28-4/25	9-10am	Adult	\$155	<b>JMT218</b>
Sa	5/9-6/6	9-10am	Adult	\$155	<b>JMT219</b>

ARTS | DANCE | DOG | ENRICHMENT | HEALTH & FITNESS | SPORTS

# Adults

[newportbeachca.gov/register](http://newportbeachca.gov/register)



**ARTS & THEATRE**



**DANCE**



**DOGS**

**Update**

# Adult Classes

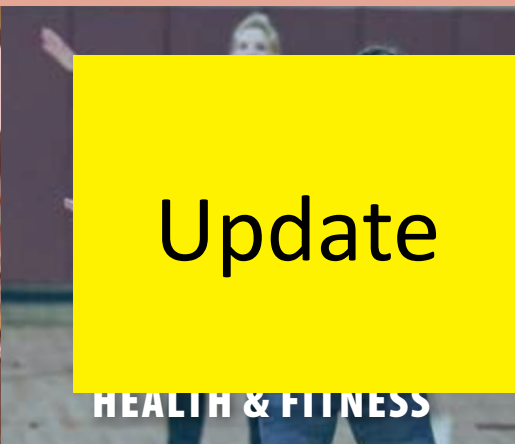
## Your Spring Season Starts Here.

Your Spring Season Starts Here. As the days grow longer, embrace the fresh energy of spring with the Recreation & Senior Services Department! Our engaging spring programs offer a vibrant mix of activities to keep you active, refine your skills, and connect with your community.

Unwind after work and explore new passions! Move and groove in a dance class, prepare for your next global getaway by learning a new language, stay on guard with karate, or soak up the iconic SoCal sun with a game of sand volleyball. From the classroom to the coast, we've got something for everyone to make the most of the season!



**ENRICHMENT**



**HEALTH & FITNESS**



**SPORTS**

## ARTS & THEATRE

### Open Studio Workshop for Adults

**Lisa Albert**

A fun and imaginative space for all level of artists to be creative. Let your inner artist be nurtured. All mediums accepted (ie. paints, oils, watercolors, pastels, clay, printing, metals, and fibers). A credentialed teacher and artist, Lisa Albert, will be overseeing every workshop to help with the creative process and an abundance of encouragement. This is a great time for artists to work on their own projects.

**LISA ALBERT ART STUDIO**

W	3/18-4/29	10:30am-1:30pm	Adult	\$245	<b>FB2000</b>
W	5/6-6/3	10:30am-1:30pm	Adult	\$245	<b>FB2001</b>

## DANCE

### First Dance Private Lessons

**CS Dance Factory**

Preparing for your wedding or interested in learning a couples' dance? Elevate your first dance with personalized private lessons. Partner up for expert guidance in perfecting your dance. Open to all couples or groups seeking a memorable moment. Let us make your first dance extraordinary. **No class 5/16**

- **Requirements:** music must be pre-approved by the instructor before the first lesson, email info@CSDanceFactory.com.
- **Notice:** Registration and lesson is for one couple or group.
- **More info:** for additional private lessons for couples or groups, please contact the instructor.

**OASIS SENIOR CENTER**

Sa	3/21-4/11	10:15-11:15am	Adult	\$460	<b>SS2587</b>
Sa	4/25-5/23	10:15-11:15am	Adult	\$460	<b>SS2588</b>

### Line Dancing: Level 1

**Vickie Jackson**

Learn new and classic line dances while improving physical and mental fitness. Line dancing is proven to decrease the risks of Alzheimer's.

**NEWPORT COAST COMMUNITY CENTER**

*Level 1: Beginner/Improver: No previous experience necessary; includes steps, sequences and vocabulary*

W	3/18-4/22	6:30-7:25pm	Adult	\$51	<b>NCC244</b>
W	4/29-6/3	6:30-7:25pm	Adult	\$51	<b>NCC245</b>

*Level 2: Improver/Intermediate: Previous knowledge of basic steps, sequences and vocabulary required*

W	3/18-4/22	7:30-8:30pm	Adult	\$51	<b>NCC246</b>
W	4/29-6/3	7:30-8:30pm	Adult	\$51	<b>NCC247</b>

### Line Dancing: Learn, Review, and Practice

**Vickie Jackson**

Have Fun! Make Friends! Review and practice dances learned in classes at OASIS on Thursdays and NCCC on Wednesdays. Learn new and classic line dances while improving physical and mental fitness. Line dancing is proven to decrease the risks of Alzheimer's. Knowledge of basic steps and sequences required. **No class 5/29**

**MARINA PARK COMMUNITY CENTER**

F	3/20-4/17	6:30-9pm	Adult	\$60	<b>MP2058</b>
F	5/8-6/5	6:30-9pm	Adult	\$48	<b>MP2059</b>

## DOG TRAINING

### Puppy Training Class

**Pawsitively Perfect Pooches**

Does your pup need better manners? Pawsitively Perfect Pooches has a class for your pup. Pups will learn basic obedience, sit, down, stand, watch, touch, wait, stay, leave it, drop it, come, place and walking nicely on a leash. Class is intended for dogs 10 weeks to 6 months.

**NEWPORT COAST COMMUNITY CENTER**

M	4/6-5/4	6-7pm	Adult	\$155	<b>NCC282</b>
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### Beginner Dog Training

**Pawsitively Perfect Pooches**

Does your dog run the other way when called? Look at you funny when you say sit? Come join Pawsitively Perfect Pooches for basic obedience training. Give your dog the gift of good manners! Class is for dogs 7 months and older.

**NEWPORT COAST COMMUNITY CENTER**

M	4/6-5/4	7:15-8:15pm	Adult	\$155	<b>NCC283</b>
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## ENRICHMENT

### American Sign Language for Beginners

**Portal Languages**

Discover the beauty and expressiveness of American Sign Language in this interactive course designed for beginners. Learn to communicate through hand signs, facial expressions, and body language while gaining insight into Deaf culture and community. Each class focuses on practical communication for everyday situations, helping you build confidence to sign naturally and effectively. No prior experience required!

**PORTAL LANGUAGES SCHOOL COSTA MESA**

Th	3/19-5/7	5:30-6:30pm	Adult	\$225	<b>FB2009</b>
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## Portal Languages

### Portal Languages

Learn a new language, even with little or no prior knowledge! This course focuses on conversation, helping you quickly master everyday interactions. From day one, you'll start speaking your chosen language while building vocabulary, key grammar structures, and essential verbs. Each lesson builds on the previous one, with a strong emphasis on listening and comprehension.

#### COMMUNITY YOUTH CENTER (CYC)

##### *Beginning Spanish 1: \$40 (materials)*

W 4/15-6/3 5-6pm 16yrs+ \$225 **CY2009**

#### NEWPORT COAST COMMUNITY CENTER

##### *Beginning Spanish 1: \$40 (materials)*

F 3/20-5/8 10:15-11:15am 16yrs+ \$225 **NCC233**

#### PORTAL LANGUAGES SCHOOL COSTA MESA

##### *Beginning French 1: \$20 (materials)*

Tu 4/7-5/26 5-6pm Adult \$225 **FB2014**

##### *Beginning Italian 1: \$20 (materials)*

F 3/20-5/8 5:30-6:30pm Adult \$225 **FB2018**

##### *Beginning Portuguese 1: \$10 (materials)*

M 3/16-5/4 5:30-6:30pm 17yrs+ \$225 **FB2022**

##### *Beginning Spanish 1: \$40 (materials)*

Sa 3/21-5/9 9-9:45pm 16yrs+ \$205 **FB2024**

## Italian Conversational: Intermediate Level

### Portal Languages

This lively intermediate class is perfect for those who've completed Levels 1 and 2 or have a solid grasp of present and past tense verbs. We'll dive into fresh grammar structures and expand your vocabulary to help you speak with confidence and flair. With a strong focus on listening, reading, and—most importantly—conversation, you'll sharpen your skills and start thinking like a true Italian!

- Additional fees: \$10 (materials, FB2031 only)

#### PORTAL LANGUAGES SCHOOL COSTA MESA

F 3/20-5/8 6:30-7:30pm Adult \$225 **FB2031**

# HEALTH & FITNESS

## Free Intro to MELT Method: Fascia Fitness

### Niki Parker

Not sure what MELT can do for you to ease the aches and pains of arthritis, aging, repetitive motion, carpal tunnel, plantar fasciitis, stiff and sore joints? Experience a sample class using all MELT tools (provided). Learn the 4 R's of MELT: Reconnect, Rebalance, Rehydrate and Release.

- Requirements: Must be able to get down and off the floor unassisted.
- Please bring: exercise mat, bottled water
- Provided: Melt tools provided and available for purchase.

#### NEWPORT COAST COMMUNITY CENTER

Sa 3/14 9-9:45am Adult \$ **NCC276**

Sa 3/14 9:45-10:30am Adult \$ **NCC277**

Sa 5/2 9-9:45am Adult \$ **NCC278**

Sa 5/2 9:45-10:30am Adult \$ **NCC279**

## Jazzercise

### Karen Halley

Cardio sculpt 60- feel lighter , stronger, and happier with dance based cardio that improves health, tones muscles, and gives energizing mood boost. **No class 5/25**

- Please bring: floor mat, bottled water

#### NEWPORT COAST COMMUNITY CENTER

M/W/F 4/1-4/29 8-9am Adult \$135 **NCC241**

M/W/F 5/1-5/29 8-9am Adult \$135 **NCC242**

##### *Jazzercise: 5 Day pass (No refunds)*

M/W/F 4/1-5/29 8-9am Adult \$75 **NCC243**

## MELT Hand & Foot: For Balance & Stability

### Niki Parker

Learn how to ease pain & stiffness in your body, using soft MELT balls. Feel more stable when you walk! For those who have: arthritis, carpal tunnel, neuropathy, planter fasciitis, low back/hip & knee issues. Early and effective, for everyone. Improve all daily activities and play.

- Please bring: water, comfortable clothing and easy to remove shoes.
- Equipment: MELT tools provided for class and available for purchase.

#### NEWPORT COAST COMMUNITY CENTER

Sa 4/4 10:45am-11:45pm Adult \$30 **NCC273**

Sa 5/2 10:45am-11:45pm Adult \$30 **NCC274**

Sa 6/6 10:45am-11:45pm Adult \$30 **NCC275**

## MELT Method: Fascia Fitness

### Niki Parker

Reduce inflammation, ease chronic neck and lower back pain, improve alignment, enhance athletic performance, and keep your whole body feeling great at any age by treating your fascia with soft MELT tools. In this class, using light compression work with soft rollers and balls, we will rehydrate and release stuck stress living your body's fascia and connective tissue. Class will also include stabilizing/strength exercises to address the weak links that damage joints and inhibit your body's ability to function optimally. ZOOM code is also available for Virtual Attendance, contact Niki @NikiParker@aol.com. **No class 5/16, 5/23**

- Requirements: Must be able to get down and up off the floor.
- Please bring: exercise mat, bottled water, and MELT Roller and Ball kit (available for purchase)

#### NEWPORT COAST COMMUNITY CENTER

Sa 3/21-4/25 9:30-10:30am Adult \$137 **NCC271**

Sa 5/9-6/6 9:30-10:30am Adult \$66 **NCC272**

##### *MELT Method: Fascia Fitness- Drop-in*

Sa 3/21-4/25 9:30-10:30am Adult \$30 **NCC280**

Sa 5/9-6/6 9:30-10:30am Adult \$30 **NCC281**



## Portal Languages Portal Languages

Learn a new language, even with little or no prior knowledge! This course focuses on conversation, helping you quickly master everyday interactions. From day one, you'll start speaking your chosen language while building vocabulary, key grammar structures, and essential verbs. Each lesson builds on the previous one, with a strong emphasis on listening and comprehension.

### LIVE ONLINE VIA ZOOM

#### **Beginning French 1**

F 3/20-5/8 12:30-1:30pm Adult \$225 **FB2013**

#### **Beginning French 2**

F 3/20-5/8 1:30-2:30pm Adult \$225 **FB2015**

#### **Beginning Italian 1**

F 3/20-5/8 Noon-1pm Adult \$225 **FB2016**

Th 4/2-5/21 7-8pm Adult \$225 **FB2017**

#### **Beginning Japanese 1**

M 3/16-5/4 6-7pm Adult \$225 **FB2019**

#### **Beginning Mandarin 1: \$10 (materials)**

Sa 3/21-5/9 9-10am 17yrs+ \$225 **FB2020**

Th 4/2-5/21 6-7pm 17yrs+ \$225 **FB2021**

#### **Beginning Spanish 1: \$10 (materials)**

M 3/30-5/18 6-7pm 16yrs+ \$225 **FB2023**



## Italian Conversational: Intermediate Level

### Portal Languages

This lively intermediate class is perfect for those who've completed Levels 1 and 2 or have a solid grasp of present and past tense verbs. We'll dive into fresh grammar structures and expand your vocabulary to help you speak with confidence and flair. With a strong focus on listening, reading, and—most importantly—conversation, you'll sharpen your skills and start thinking like a true Italian!

- Additional fees: \$10 (materials, FB2031 only)

### LIVE ONLINE VIA ZOOM

F 3/20-5/8 1-2pm Adult \$225 **FB2030**



## Creative Writing Dorothy Spirus

Do you have a half-finished novel, great family stories, or an idea for a children's book, short story or screenplay? Commit to your creativity and complete your project with guidance from a published writer/playwright/former magazine editor. New to creative writing? This live, online class will help you begin. The basics of storytelling will be covered, including characters, conflict, description, and structure. As your awareness grows, your writing improves. Weekly meetings battle procrastination and lively discussions inspire. Writing assignments will help you hone technique and get you started. Fun, casual, and encouraging class environment. Open to all levels of experience.

### LIVE ONLINE VIA ZOOM

Th 3/26-4/30 7:30-9pm Adult \$215 **SS2011**



## Creative Writing Jumpstart Dorothy Spirus

You want to write, but don't know where to start. Begin with a session of guided writing exercises and tips on how to put your ideas into motion for books, scripts, short stories, poetry, and non-fiction. We'll discuss structure, technique, characters, conflict and more. This one-evening intensive class, taught by a published writer/playwright/former magazine editor, will encourage both the novice and experienced writer.

### LIVE ONLINE VIA ZOOM

Tu 3/24-3/24 7-9pm 17yrs+ \$92 **SS2010**



## Online-Only Classes

Online-only classes can be accessed from the comfort of your home or wherever you have a strong WiFi connection.

## Seaside Strength & Stretch

### Judy Aprile

A great way to start your day! Low-impact warm up, followed by targeted strength and flexibility exercises for the whole body. Special attention will be given to postural alignment and static and dynamic stability. This class is very appropriate for older adults.

#### MARINA PARK COMMUNITY CENTER

Tu/Th	4/2-4/30	8-9am	Adult	\$115	<b>MP2055</b>
Tu/Th	5/5-5/28	8-9am	Adult	\$103	<b>MP2056</b>
Tu/Th	6/2-6/30	8-9am	Adult	\$115	<b>MP2057</b>

## Zumba Gold® Dance Fitness: Tues Spring CYC

### CS Dance Factory

Ready to rejuvenate? Embrace Zumba Gold® dance party a low-impact, brain-boosting workout for all ages. Dance away aging with easy moves and uplifting tunes. Join now, groove at your pace, and revel in the joy of movement. Prioritize your body and mind today! **No class 4/7**

- Drop in: \$25 (CY2002, No refunds)

#### COMMUNITY YOUTH CENTER (CYC)

Tu	3/17-6/2	9-10am	Adult	\$225	<b>CY2000</b>
Tu	3/17-6/2	9-10am	Adult	\$25	<b>CY2002</b>

# SPORTS

## Beach Volleyball Basics

### Volley OC

Learn the basics of beach volleyball with AVP Pro Ed Ratledge and his team at CDM Main Beach. Bring a friend or make new ones here! Each class will feature an hour of drills and an hour of play with friends. We'll work on passing, setting, spiking, serving, defense, and team tactics. This class is open to players who can't yet play two on two.

- Additional fees: \$20 (materials)

#### CORONA DEL MAR STATE BEACH

Su	3/22-4/26	11am-1pm	Adult	\$180	<b>FB2011</b>
Su	5/3-6/7	11am-1pm	Adult	\$204	<b>FB2012</b>

## Judo & Jujitsu-Adult

### Rick Bradley

Judo and Jujitsu are martial arts that emphasize the use of balance and technique to defeat a larger, stronger opponent by using the opponent's own strength against them. This class will consist of stretching/warming up, fall rolls, mat work and free practice.

- Notice: practice uniform can be obtained through the instructor

#### COMMUNITY YOUTH CENTER (CYC)

Tu/Th	3/17-6/4	6-7:15pm	Adult	\$51	<b>CY2013</b>
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## Karate: Adult

### David Crockett

Itosu-kai karate is a traditional style with an emphasis based on fundamentals. Basic (kihon), forms (kata), controlled fighting (kumite). The training is medium to hard. Designed for all levels of students, from beginner through intermediate.

- Additional fees: \$50 (uniform, optional)

#### NEWPORT COAST COMMUNITY CENTER

Tu/Th	3/24-6/4	5:45-6:45pm	16yrs+	\$265	<b>NCC259</b>
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## Karate: Adult - Advanced

### David Crockett

Itosu-ryu is designed for adult students who have achieved a minimum of brown belt, and junior students who have achieved red belt in the Itosu-ryu system. Emphasis will be placed on advanced katas and kumite. Training will be medium to hard. Registering for the class includes training on Tuesdays and Thursdays. **No class 5/25**

- Additional fees: \$50 (uniform- optional)
- Notice: Registering for this class includes training on Tuesdays and Thursdays.

#### NEWPORT COAST COMMUNITY CENTER

M	3/23-6/4	6-7pm	7yrs+	\$265	<b>NCC261</b>
Tu/Th	3/23-6/4	5:45-6:45pm			

## Sunday Morning Intermediate Beach Volleyball

### Volley OC

Improve your volleyball skills with AVP Pro Ed Ratledge and his team at CDM. Each class will feature an hour of drills and an hour of play with friends. We'll work on passing, setting, spiking, serving, defense, and team tactics. To ensure an even level, all participants in Intermediate and above classes must be able to play doubles prior to beginning the class. Build a friend group and a healthy, lifelong hobby with Legendary Volleyball Classes.

- Additional fees: \$20 (materials)

#### CORONA DEL MAR STATE BEACH

Su	3/22-4/26	9-11am	Adult	\$180	<b>FB2057</b>
Su	5/3-6/7	9-11am	Adult	\$204	<b>FB2058</b>

# ADULT SPORTS LEAGUES

## PICKLEBALL

**Team Registration Fee**  
**\$400/Residents ■ \$450/Non-residents**  
**Location:** Newport Coast Pickleball Courts

### SPRING 2026

**April 6–June 14**  
REGISTRATION BEGINS: February 2  
REGISTRATION ENDS: March 16\*

## BASKETBALL

**Team Registration Fee** (9 Scheduled Games):  
**\$690/Residents ■ \$740/Non-residents**

**Locations:**  
■ Eastbluff Gym  
■ West Newport Community Center  
■ Newport Coast Community Center

**Dates:**  
Monday–Thursday

### SPRING 2026

**March 30–June 11**  
REGISTRATION BEGINS: February 2  
REGISTRATION ENDS: March 13\*

### SUMMER 2026

**June 22–September 10**  
REGISTRATION BEGINS: May 7  
REGISTRATION ENDS: June 15\*

## SOFTBALL

**Team Registration Fee** (10 Scheduled Games):  
**\$490/Residents ■ \$540/Non-residents**  
Additional \$16 umpire fees paid on the field.

**Locations:**  
■ Bonita Creek Park

**Dates:**  
Tuesday–Thursday  
MEN: Tuesday, Wednesday;  
CO-ED: Tuesday, Thursday

### SUMMER 2026

**May 12–July 30**  
REGISTRATION BEGINS: March 2  
REGISTRATION ENDS: April 20\*

### FALL 2026

**August 31–November 19**  
REGISTRATION BEGINS: July 6  
REGISTRATION ENDS: August 21\*

## CO-ED 11v11 SOCCER

**Team Registration Fee** (10 Scheduled Games):  
**\$1,450/Residents ■ \$1,550/Non-residents**

**Locations:**  
■ Arroyo Park  
■ Bonita Creek Park  
■ Lincoln Athletic Center

**Dates:**  
Wednesday

### FALL 2026

**August 10–November 2**  
REGISTRATION BEGINS: June 15  
REGISTRATION ENDS: July 20\*

## 7v7 SOCCER

### SPRING 2026

**February 23–May 18**  
REGISTRATION BEGINS: December 15  
REGISTRATION ENDS: January 19\*

**Team Registration Fee** (10 Scheduled Games):  
**\$690/Residents ■ \$740/Non-residents**

**Dates:** Monday–Thursday  
MEN: Monday, Wednesday; WOMEN: Tuesday;  
CO-ED: Wednesday, Thursday

**Location:** Bonita Creek Park ■ Grant Howald Park ■ Lincoln Athletic Center

### SUMMER 2026

**June 8–August 7**  
REGISTRATION BEGINS: April 6  
REGISTRATION ENDS: May 15\*

**Team Registration Fee** (10 Scheduled Games):  
**\$690/Residents ■ \$740/Non-residents**

**Dates:** Monday–Thursday  
MEN: Monday, Wednesday; WOMEN: Tuesday;  
CO-ED: Wednesday, Thursday

**\*IF REGISTERING AFTER THE DEADLINE, A \$30 LATE FEE MAY APPLY.**

Registration is accepted on a team only basis. ■ Free Agents accepted via [newportbeachca.gov/sports](http://newportbeachca.gov/sports). ■ Space is available on a first come first serve basis.



**FOR MORE INFORMATION & REGISTRATION:**  
[newportbeachca.gov/sports](http://newportbeachca.gov/sports) ■ [sports@newportbeachca.gov](mailto:sports@newportbeachca.gov)



# BEACH CITY SPORTS

GET IN & GET SOCIAL

**Perfect for men & women living near the peninsula!**

Individuals can register to be placed on a team or register on a designated team. Captains can also register for a team.

Divisions for beginner to intermediate skill levels!



## Coed Beach Flag Football

**BALBOA PIER**

**6–8 p.m. ▪ \$95/person**

**SUNDAYS** March 8–March 10 *(Bye week 4/5)*

## Coed Turf Flag Football

▪ Notice: non-residents pay an additional \$10/person.

**BONITA CREEK PARK**

**6:30–10 p.m. ▪ \$95/person**

**TUESDAYS** March 10–May 7

**THURSDAYS** March 12–May 2

## Coed Sand Volleyball

**BALBOA PIER**

**6–8 p.m. ▪ \$85/person**

**SATURDAYS** March 14–May 9 *(Bye week 4/25)*

## Coed Turf Kickball

▪ Notice: non-residents pay an additional \$10/person.

**BONITA CREEK PARK**

**6:30–10 p.m. ▪ \$85/person**

**MONDAYS** March 9–April 27

**REGISTER AT [BEACHCITYSPORTS.COM](http://BEACHCITYSPORTS.COM)**



### Drop-in Hoops

#### Newport Beach Sports Staff

Pick-up basketball at its finest! Come and join the fun of “pick-up” style hoops. Teams will be broken down to 5 on 5 with a constant winner rotation.

- Individuals welcome: pay and play!
- Gym will be staffed and monitored during play.
- Drop-in cards may be purchased online, at City Hall, or NCCC. Minimum purchase is a 5 visit card.
- **5 Visit Pass: \$15    20 Visit Pass: \$50**  
*Non-residents pay an additional \$10 fee*

#### NEWPORT COAST COMMUNITY CENTER

**W 6:30-9:30pm    Adult    \$3/visit (5 visit pass minimum required)**

ART | DANCE | ENRICHMENT | FITNESS | GAMES | LANGUAGE | TECHNOLOGY

# OASIS

## Older Adult Social & Information Services



### CONTACT INFORMATION:

801 Narcissus Ave., Corona del Mar, 92625

949-644-3244

[newportbeachca.gov/oasis](http://newportbeachca.gov/oasis)



**SUPPORT SERVICES**



**ART**



**DANCE**



**ENRICHMENT**



# OASIS Support

**OASIS Senior Center** is here for our older adult population. Our goal is to give seniors the opportunity to live healthy, active and productive lives. Staff is available to provide assistance with classes, offered both virtually and in-person, special programs/lectures, support groups, transportation, social services, Meals on Wheels, consultation on Medicare and estate planning, medical equipment loans, Sharps disposal containers, SHARP (senior housing assistance repair program) and more.

Call us **Monday–Thursday** from **7:30am–5:30pm** and **Friday** from **7:30am–4:30pm**:

- **OASIS Admin** at (949) 644-3244
- **Friends of OASIS** at (949) 718-1800

For the full listing, please visit our website [newportbeachca.gov/OASIS](http://newportbeachca.gov/OASIS).



**FOREIGN LANGUAGE**



**GAMES**



**HEALTH & FITNESS**



**TECHNOLOGY**

# Support Services

A wide variety of social services are available to assist older adults and their families. Services are designed to enable people to live as independently and safely as possible. Call our Admin Office for further information at **949-644-3244**.

## SOCIAL SERVICE PROGRAMS

### **HICAP: Health Insurance Counseling**

Health Insurance Counseling and Advocacy Program (HICAP) volunteer counselors assist you with information regarding health insurance, Medicare, Part D Drug Plan, Medi-Cal, HMOs, and supplemental. Call **949-644-3244** to schedule an appointment.

### **Information & Referral**

Referrals to a vast assortment of information regarding senior services such as Home Care, Medicare Assistance, Housing Options, Dementia Care, Support Groups, Financial Resources and more.

### **Legal Assistance**

Estate Planning Attorneys donate their time and offer a free half-hour consultation on what they would charge to do the legal work you need. Call the Administration office for their contact information.

### **Medical Equipment Loan**

Wheelchairs, rollators, walkers, canes, crutches, and knee scooters are available for a one-month loan in the Administration office.

### **Senior Home Assistance Repair Program (SHARP)**

Newport Beach residents 60+ can receive critical home repairs and modifications to improve safety and accessibility. Must meet income guidelines and other program requirements. Call the Administration office for more information **949-644-3244**.

### **Telephone Reassurance**

Daily telephone call for seniors who live alone and want someone to check on them.



## SUPPORT GROUPS

### **Alzheimer's Caregiver Support Group**

#### **ALZHEIMER'S ORANGE COUNTY**

For family members and caregivers of those with dementia. Share support and receive valuable information and resources from those who understand.

**Meets the 2nd & 4th Wednesday at 10 am in Room 5**

### **Caregiver Support Group**

#### **CAREGIVER RESOURCE CENTER ORANGE COUNTY**

This group provides a non-judgmental environment to talk openly about issues and concerns of all types of caregiving situations and provides support and resources.

**Meets the 1st & 3rd Wednesday at 1pm in Room 4**

### **Good Grief Group**

#### **CARE CHOICES HOSPICE**

This group provides a supportive and safe place to talk about all the issues concerning grief and how to cope with them in a helpful way.

**Meets the 1st, 3rd (& 5th) Wednesday at 9 am in Room 4**

### **Connections Group**

#### **SHANTI ORANGE COUNTY**

Make deeper connections and new friends. Gather with others to engage in positive topical conversation.

**Meets every Thursday at 2:00 pm in Room 5**

### **NAMI Support Group**

#### **NATIONAL ALLIANCE ON MENTAL ILLNESS**

For family members who have a loved one with mental health issues. Discussions and solutions regarding common issues that can arise.

**Meets the 2nd & 4th Thursday at 12:30 pm in Room 5**

### **Veterans Support Group**

Enjoy camaraderie with other veterans, interesting guest speakers and socializing. Light lunch served.

**Meets the 3rd Tuesday at 11:30 am in the Evelyn Hart Event Center**

### **Compassionate Friends, Newport Beach Chapter**

#### **BASIA MOSINSKI | 844-444-8231**

This support group offers friendship, understanding and hope to families grieving the death of a child at any age, from any cause.

**Meets the 3rd Wednesday at 6:30 pm in Room 5**

# Friends of OASIS



The Friends of OASIS, Inc. is a 501 (c)(3) non-profit California corporation dedicated to supporting the senior community. Join the Friends of OASIS, annual membership **\$30.00 single** or **\$40.00 couple**, and receive the following benefits:

- Receive the monthly OASIS Newsletter in the mail (12 issues)
- Discounts on OASIS travel trips
- Access to the *Sailing Club*
- Discount at various local restaurants
- Discount tickets on the Friends of OASIS Membership Get Together



Call **949-718-1800**, visit [friendsofoasis.org](http://friendsofoasis.org) or stop by the Friends of OASIS Office **Monday–Friday** from **8:00 a.m.–4:00 p.m.** for more information and to join.



## OASIS SAILING CLUB MEMBERSHIP

### ENJOY YEAR-ROUND COASTAL SAILING

All adult ages and experiences are welcome. Sailors can also receive complimentary training to become a certified Mate or Skipper.

### OASIS V AND OASIS VI

Daily sails aboard our Catalina 34 Mk II sloops docked in beautiful Newport Harbor.

### CLUB MEETINGS AND SOCIAL ACTIVITIES

Join our club meetings on the last Wednesday of every month, from 1:30-3:00pm at the OASIS Senior Center. Enjoy the summer picnic, 4th of July parade, holiday party, local restaurant discounts, and more.



For additional information visit our website at [www.oasissailingclub.org](http://www.oasissailingclub.org) or send an email to [oscmembership@oasissailingclub.org](mailto:oscmembership@oasissailingclub.org)



## TRANSPORTATION

The OASIS Senior Center provides curb-to-curb transportation to classes and activities at the senior center, medical appointment, grocery shopping, and other essential errands within Newport Beach City limits. To sign up or for more information please call 949-644-3244.

**Reservation for Transportation:** Requires at least 3 business days' notice and up to 3 weeks in advance.

### Service Hours:

- **Monday–Thursday:** 7:45 a.m.–4:30 p.m.
- **Friday:** 7:45 a.m.–4:00 p.m.

### Same Day Rides:

- Available on Tuesday and Thursday
- Calls must be received between 7:30 a.m.–8:30 a.m.

### Pricing (each way):

- \$1.50 to the OASIS Senior Center
- \$3.00 for all other locations

### Eligibility:

- Age 60+
- Live in a private residence
- Reside within Newport Beach, Corona del Mar or Newport Coast.
- No longer driving or unable to drive.
- Restrictions apply\*

## MEAL PROGRAMS

### Meals On Wheels: Home Delivered Meals

Three (3) nutritious meals are delivered Monday through Friday to home-bound seniors (60+) who qualify for the program.

This program is provided by Meals on Wheels Orange County.

For more information about the program, how it works or if you or a loved one qualifies, please call 949-718-1811.



## JOIN US AT THE *Lunch Café!*

Hot Lunch is Served  
Monday-Friday 12:00-12:30 PM

No reservations required!







To view the menu, scan the QR code or visit:  
[www.mealsonwheelsoc.org/lunch-cafe/](http://www.mealsonwheelsoc.org/lunch-cafe/)

# ART

## Freehand Drawing: Beg/Adv

**Nancy Wahamaki Vasek**

Join in this fun drawing class; the instructor will lead you every step of the way! Beginner to advanced, working in graphite pencil, pen & ink and charcoal. Learn tips to capture and sketch the world around you, keep an artist's journal and awaken to really "seeing". This type of "seeing" creates beautiful drawings and a new awareness of your surroundings.

- **Additional fees:** \$10 (materials)
- **Please bring:** A material list will print out on registration receipt. Bring supplies to first class.

**OASIS SENIOR CENTER**

W 5/6-6/3 9-11am Adult \$135 **SS2050**

## Instructor Assisted Workshop: Beg/Adv

**Nancy Wahamaki Vasek**

This workshop is open to all mediums, including acrylic, watercolor, pastel, colored pencil and drawing (pen & ink, charcoal and graphite). The instructor will help you push your style and give you encouragement to take you to the next step as you work on your own individual project. **No class 5/25**

**OASIS SENIOR CENTER**

M 5/4-6/1 9am-Noon Adult \$100 **SS2055**

## Intermediate/Advanced Ceramics

**Jeffrey Netzer**

This course will investigate ceramic materials and techniques for participants with previous hand-building / wheel throwing experience. Potters wheels are available, but limited.

- **Please bring:** your own hand tools.
- **Additional fees:** \$30 (optional: \$20 clay/per bag, Cone 5 B-mix)

**OASIS SENIOR CENTER**

W 3/18-6/3 9am-Noon Adult \$305 **SS2060**

## Oil & Watercolor Painting: Beginning to Intermediate

**Bobbi Boyd**

Discover your artistic voice in this welcoming class combining oil and watercolor painting- choose your medium. Learn essential techniques, improve your drawing and composition skills, and explore your creativity through personal projects. Whether you're a beginner or looking to grow, you'll enjoy a supportive, inspiring environment with plenty of guidance and fresh ideas.

- **Please bring:** Material list will print on receipt

**OASIS SENIOR CENTER**

W 4/1-4/29 1-4pm Adult \$250 **SS2070**

W 5/6-5/27 1-4pm Adult \$200 **SS2071**

W 6/3-6/24 1-4pm Adult \$200 **SS2072**

## Oil Painting: Intermediate

**Jim Ellsberry**

In this class, we further explore the concepts of color - including hue, value, and chroma (intensity) - and examine methods for mixing clean colors to enhance atmosphere, depth, and visual clarity in our work. Students will complete master copies of paintings by artists such as John Singer Sargent to develop looser, more painterly techniques, reduce unnecessary detail, and build confidence in brushwork. Assignments include Still Life, Portrait, and Landscape studies. While traditional oil paint is recommended, all media are permitted. Prior painting experience is preferred.

- **Additional fees:** \$15 (material)
- **Please bring:** a materials list will print on receipt with supplies needed for class.

**OASIS SENIOR CENTER**

M 3/16-4/13 1-3:30pm Adult \$265 **SS2075**

M 4/27-6/1 1-3:30pm Adult \$265 **SS2076**

# DANCE

## Advanced Beginning Ballet

**Michelle Zehnder Caumiant**

Have you ever dreamed of taking Ballet at any age? This is your chance to dance with like-minded people from similar generations. There will be no pressure or judgement. Everyone is free to work at their own level (which includes stepping back at times.) The music will be Classical piano to romantic and swinging. The focus will be on the movement holding the Barre and then we will come out and play with some steps we are learning at the Barre. Adaptations of movement welcome.

- **Please bring:** ballet slippers by the second class meeting
- **Requirements:** at least 1 year of ballet training suggested
- **Drop-in:** \$23 (DRP270, no refunds)

**OASIS SENIOR CENTER**

F 4/17-6/5 11:30am-12:45pm Adult \$193 **SS2583**

## Beginning Broadway Dance

**CS Dance Factory**

Discover the anti-aging power of dance! Embrace Broadway tunes while mastering simple, partner-free dance techniques in a supportive small group. Learn with ease, dance with confidence, and reap body and mind benefits. Join today for timeless vitality. Free demo on 3/18 - limited space, must pre-register.

**OASIS SENIOR CENTER**

W 3/18 11:15am-Noon Adult Free **SS2584**

W 3/25-6/3 11:15am-Noon Adult \$225 **SS2585**

## Cumbia/Merengue Dance Beginner One: Day Workshop

### CS Dance Factory

Discover the vibrant energy of Cumbia and Merengue's in our beginner-friendly one day workshop. Experience the party dances of the Latin world. No experience or partner required, just bring your enthusiasm!

#### OASIS SENIOR CENTER

Sa 4/18 10:15-11:15am Adult \$30 **SS2586**

## Intermediate Classical Contemporary Ballet

### Michelle Zehnder Caumiant

Join us in learning the graceful, beautiful movements of Classical Ballet. Ballet improves strength, flexibility, coordination, and balance. It is a chance to express and share your creative side through non-stressful movements in a relaxed and supportive classroom environment. This class is designed for people who have had at least 3 years of dance at some time in their lives, adaptations of movement welcomed.

#### No class 5/26

- Please bring: ballet slippers by the second class meeting
- Requirements: at least 3 years of ballet training some time in your life.
- Drop-in: \$23 (DRP270, no refunds)

#### OASIS SENIOR CENTER

Tu 4/14-6/2 11:30am-12:45pm Adult \$169 **SS2589**

## Line Dancing

### Vickie Jackson

Learn new dances and old favorites while improving your physical and mental fitness. Line dancing is proven to decrease the risks of Alzheimer's. **No class 4/23**

#### OASIS SENIOR CENTER

**Level 1 - Beginner/Improver:** *No previous experience; includes instruction in steps, sequences & vocabulary.*

Th 3/19-4/16 1-1:55pm Adult \$43 **SS2590**

Th 5/7-6/4 1-1:55pm Adult \$43 **SS2591**

**Level 2 - Improver/Easy Intermediate:** *Should already know basic steps, sequences and vocabulary.*

Th 3/19-4/16 2-2:55pm Adult \$43 **SS2592**

Th 5/7-6/4 2-2:55pm Adult \$43 **SS2593**

**Level 3 - Easy Intermediate/Intermediate:**

*Step competency required.*

Th 3/19-4/16 3-4pm Adult \$43 **SS2594**

Th 5/7-6/4 3-4pm Adult \$43 **SS2595**

# ENRICHMENT

## Adv. French Literature and Discussion

### Darielle Wilson

Class is conducted exclusively in French. Literature will include classic and modern fiction. Current selections are by Guy de Maupassant, featuring *Bel-Ami*, a portrait of the early years of *La Belle Époque*. Students' reading in class and at home will be reinforced by classroom discussion as well as by short essays and answers to questions. A maximum of 17 students will permit each person an opportunity to speak often, practicing and improving fluency in French. Class is ongoing; please check with instructor for updated information.

#### OASIS SENIOR CENTER

W 3/18-6/3 10am-Noon Adult \$110 **SS2229**

## Chronicling Life Memories

### Marla Miller

Autobiography & Memoir Writing Workshop. No need to be a 'writer' to craft your life story for posterity. In class, students learn the difference between autobiography and memoir and which story form may be the right fit. If you haven't begun to write your story, begin in class with writing prompts offered to inspire. Reading and critiquing stories in class is recommended but not required. Participation is encouraged.

#### OASIS SENIOR CENTER

Tu 3/17-4/21 10am-Noon Adult \$100 **SS2000**

Tu 4/28-6/2 10am-Noon Adult \$100 **SS2001**

## English and American Poetry

### Darielle Wilson

Sail the vast seas of English and American Poetry, both modern and traditional. Embark on in-depth readings of famous poems and short stories. With a senior's wisdom, call upon your own life experiences to discuss ideas presented by the greatest English-speaking literary minds of all time. Class is ongoing; please contact instructor for updated information.

#### OASIS SENIOR CENTER

F 3/20-6/5 10am-Noon Adult \$110 **SS2015**

## SNAPSHOTS: Family Photos Inspired Writing Workshop

### Marla Miller

This series invites participants to use "photos of significance" to help tell the story(s) they want to share with family, friends, and/or craft for publication. Family photo inspired stories (vignettes) read for in-class critiquing. Could this be the beginning of your autobiography or memoir? Perhaps! Join us!

#### OASIS SENIOR CENTER

Th 3/19-4/16 10am-Noon Adult \$100 **SS2002**



### Creative Writing Jumpstart

**Dorothy Spirus**

You want to write, but don't know where to start. Begin with a session of guided writing exercises and tips on how to put your ideas into motion for books, scripts, short stories, poetry, and non-fiction. We'll discuss structure, technique, characters, conflict and more. This one-evening intensive class, taught by a published writer/playwright/former magazine editor, will encourage both the novice and experienced writer.

**LIVE ONLINE VIA ZOOM**

Tu 3/24 7-9pm Adult \$92 **SS2010**

### Creative Writing

**Dorothy Spirus**

Do you have a half-finished novel, great family stories, or an idea for a children's book, short story or screenplay? Commit to your creativity and complete your project with guidance from a published writer/playwright/former magazine editor. New to creative writing? This live, online class will help you begin. The basics of storytelling will be covered, including characters, conflict, description, and structure. As your awareness grows, your writing improves. Weekly meetings battle procrastination and lively discussions inspire. Writing assignments will help you hone technique and get you started. Fun, casual, and encouraging class environment. Open to all levels of experience.

**LIVE ONLINE VIA ZOOM**

Th 7:30-9pm 3/26-4/30 Adult \$215 **SS2011**



Online-Only  
Classes

Online-only classes can be accessed from the comfort of your home or wherever you have a strong WiFi connection.

## The Many Roads of 21st Century Publishing

**Marla Miller**

Publishing has radically shifted. While traditional publishing used to be a writer's only option, the advent of the internet changed this journey. This one day workshop will deliver a thorough overview of today's publishing options and offer recommendations about which one may be right for you and your work. We will cover: traditional, self publishing, indie publishing, small press publishers, hybrid publishers and author website publishing. Marla Miller has traveled down all these publishing roads, from Simon & Schuster to website publishing. She will walk participants down each road and also include 'how to find a literary agent' for those interested. Join us!

**OASIS SENIOR CENTER**

Tu	3/24	1:30-3pm	Adult	\$50	<b>SS2003</b>
Tu	4/21	1:30-3pm	Adult	\$50	<b>SS2004</b>
Tu	5/19	1:30-3pm	Adult	\$50	<b>SS2005</b>
Tu	6/2	1:30-3pm	Adult	\$50	<b>SS2006</b>

## FOREIGN LANGUAGE

### Portal Languages

#### Portal Languages

Learn a new language, even with little or no prior knowledge! This course focuses on conversation, helping you quickly master everyday interactions. From day one, you'll start speaking your chosen language while building vocabulary, key grammar structures, and essential verbs. Each lesson builds on the previous one, with a strong emphasis on listening and comprehension. **No class 5/25**

**OASIS SENIOR CENTER**

**Beginning French 1: \$20 (materials)**

M	3/16-5/4	10-11am	Adult	\$225	<b>SS2200</b>
W	3/18-5/6	5-6pm	Adult	\$225	<b>SS2201</b>

**Beginning French 2: \$20 (materials)**

M	3/16-5/4	11am-Noon	Adult	\$225	<b>SS2205</b>
W	3/18-5/6	6-7pm	Adult	\$225	<b>SS2206</b>

**Beginning Italian 1: \$20 (materials)**

M/W	3/16-4/8	5-6pm	Adult	\$225	<b>SS2210</b>
M/W	4/13-5/6	5-6pm	Adult	\$225	<b>SS2211</b>
M/W	5/11-6/3	5-6pm	Adult	\$205	<b>SS2212</b>

**Beginning Italian 2: \$20 (materials)**

M/W	3/16-4/8	6-7pm	Adult	\$225	<b>SS2215</b>
M/W	4/13-5/6	6-7pm	Adult	\$225	<b>SS2216</b>
M/W	5/11-6/3	6-7pm	Adult	\$205	<b>SS2217</b>

**Beginning Spanish 1: \$40 (materials)**

M	3/16-5/4	5-6pm	Adult	\$225	<b>SS2221</b>
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**Beginning Spanish 2: \$40 (materials)**

M	3/16-5/4	6-7pm	Adult	\$225	<b>SS2226</b>
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## GAMES

### American Mah Jongg for Beginners 101

#### Frank Delgado

Mah Jongg is a game of luck, skill & strategy. Join us for fun, laughter & new friends. Classes will include handouts & time for gameplay.

#### OASIS SENIOR CENTER

W	4/1-4/29	9-11am	Adult	\$160	<b>SS2120</b>
Th	4/2-4/30	9-11am	Adult	\$160	<b>SS2121</b>

### American Mah Jongg Supervised Play

#### Frank Delgado

Take everything you learned in American Mah Jongg for Beginners 101 and continue trying new hands on the Mah Jongg Card. Instructor will provide oversight and suggestions while you play in groups of four.

- Please bring: your current Card of Hands (purchase online)
- Requirements: American Mah Jongg for Beginners 101

#### OASIS SENIOR CENTER

W	5/13-6/10	9-11am	Adult	\$160	<b>SS2122</b>
Th	5/14-6/11	9-11am	Adult	\$160	<b>SS2123</b>

### Beginning Bridge: A Step-by-Step Intro

#### Rose Reynolds

In this introductory course, you'll learn the fundamentals of bridge through a hands-on, interactive approach. Using the cards on the table method, each session will guide you step by step through essential bridge concepts. This method ensures that you're not just learning theory but actively practicing with real cards in front of you. We will cover the basic rules, essential bidding structures, play strategies, and defensive techniques. Every topic will be reinforced by playing through actual bridge hands, so you can see how the concepts work in real-time. Whether you're completely new to bridge or just want to refresh your knowledge, this course will give you a solid foundation and the confidence to play bridge with others.

- Additional fees: \$15 (materials)

#### OASIS SENIOR CENTER

Tu	3/31-5/19	4-5:30pm	Adult	\$196	<b>SS2110</b>
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### Bridge: "April Showers" Shuffle, Deal, and Play

#### Rose Reynolds

Do you love bridge but sometimes feel frustrated by your mistakes or need a little assistance with bidding, opening leads and defense. This is the class for you. Whether you are a beginner or a seasoned player you will have the opportunity to seek guidance from a certified instructor as situations arise in real time at the card table. At the end of this class you will improve your all around bridge play and enjoy the game even more.

#### OASIS SENIOR CENTER

M	3/30-5/11	3:45-5:30pm	Adult	\$168	<b>SS2112</b>
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### Bridge: Improve Your Declarer Play

#### Rose Reynolds

You won the contract, now what? Learn the 5 basic techniques for making your contract in both a notrump and a suit contract. Learn when to count winners or losers. Take the jitters out of playing the hand and learn the basic card play skills to be a success. Gain confidence in your play through hands on learning.

- Additional fees: \$15 (materials)

#### OASIS SENIOR CENTER

Tu	3/31-5/12	2-3:30pm	Adult	\$168	<b>SS2111</b>
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### Bridge: Intermediate Bidding and Play

#### Rose Reynolds

For players with at least two years of bridge experience and familiarity with basic bridge conventions. Many players understand the lessons in class but struggle to recall them in real time at the bridge table. This class is designed to bridge that gap. 8 hands will be carefully selected that draw on your full range of skills: takeout doubles, negative doubles preemptive openings, preemptive raises, Stayman, Jacoby Transfers, strong two club openings, cue bids, Roman Key Card slam bidding and more. The hands will be a random compilation of all your learned skills. Through repetition and seeing these situations again and again, you will naturally improve your proficiency with competitive bidding choices. Over seven weeks, this repeated exposure will lead to noticeable improvement in both confidence and accuracy. The class will play each hand and at the conclusion of each hand the instructor will review the optimal bidding, opening lead, defense and declarer play.

- Requirements: two years bridge experience.
- Additional fees: \$15 (materials)

#### OASIS SENIOR CENTER

M	3/30-5/11	9:30-11am	Adult	\$168	<b>SS2113</b>
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## Bridge: Play of Hand in a No Trump Contract

Jane Dober

In this class you will be learning specific NT strategies: Make 1,3,6, and 7 NT contracts by setting up the long suit, finesses, promotion, and the Safety Play- Count your Winners.

### OASIS SENIOR CENTER

Tu 3/31-5/5 9-11am Adult \$180 **SS2100**

## Bridge: Play of Hand in a Suit Contract

Jane Dober

Managing the Trump Suit is a must to make your contract & overtricks. Using different strategies to make your game, slam, grand slam. Do you always pull trump 1st? Join this class to find out the answer.

### OASIS SENIOR CENTER

Tu 5/12-6/16 9-11am Adult \$180 **SS2101**

## Bridge: Supervised Play

Jane Dober

A series of 10-12 pre-dealt boards randomly set up to challenge your bidding knowledge & play of hand knowledge. Mini Review session at beginning of each class. Hand Records to better understand each bid and played hand.

### OASIS SENIOR CENTER

Tu 5/12-6/16 11:30am-1:30pm Adult \$180 **SS2103**

## Bridge: Two-Suited Tools & Smart Openings

Jane Dober

Overcall Bid that shows 2 Suited hands. Michaels Cue Bid, Unusual NT, Opening light using the Rule of 20.

### OASIS SENIOR CENTER

Tu 3/31-5/5 11:30am-1:30pm Adult \$180 **SS2102**

# HEALTH & FITNESS

## Barre Stretch & Strength

### CS Dance Factory

Live longer, get stronger! Experience a full-body transformation standing at the barre. Engage in gentle, music-infused exercises enhancing balance, mobility, and circulation. Utilize the barre for stability as you build muscle and flexibility. Unwind tension, expand range of motion, and embrace a unique workout in our dance room with build-in barres. Join now! **No class 5/15, 5/25**

### OASIS SENIOR CENTER

M	3/16-6/1	10:15-11am	Adult	\$219	<b>SS2500</b>
W	3/18-6/3	10:15-11am	Adult	\$239	<b>SS2501</b>
F	3/20-6/5	10:15-11am	Adult	\$219	<b>SS2502</b>
M/W/F	3/16-6/5	10:15-11am	Adult	\$585	<b>SS2503</b>

## BattleFit Kickboxing

### KC Currin

Whether you are a seasoned martial artist or a beginner, BattleFit Kickboxing offers the tools and support you need to achieve your fitness goals. In this class you will learn techniques to improve your balance, coordination, flexibility, and self-defense skills. **No class 5/16, 5/25**

- **Please bring:** a towel and water
- **Requirements:** kickboxing gloves
- **Drop-in:** \$25 (DRP260, no refunds)

### OASIS SENIOR CENTER

M/W	4/1-4/29	5-6pm	Adult	\$180	<b>SS2504</b>
Sa	4/4-4/25	Noon-1pm	Adult	\$83	<b>SS2506</b>
Sa	5/2-6/6	Noon-1pm	Adult	\$103	<b>SS2507</b>
M/W	5/4-6/3	5-6pm	Adult	\$180	<b>SS2505</b>

## Brainwave Boxing

### Sara Gutierrez

Brainwave Boxing is a fun, engaging class designed to improve balance, strength, and coordination through boxing techniques. Safely work your joints, challenge your brain, and boost mobility. Proven benefits for Parkinson's and overall wellness. All skill levels welcome, train at your own pace and keep moving strong!

- **Requirements:** boxing gloves (12 oz. size gloves are appropriate)
- **Please bring:** a yoga mat, towel, and water
- **Drop-in:** \$20 (DRP261, no refunds)

### OASIS SENIOR CENTER

M	4/6-4/27	1-2pm	Adult	\$101	<b>SS2511</b>
M	5/4-5/18	1-2pm	Adult	\$75	<b>SS2512</b>
M	6/1-6/29	1-2pm	Adult	\$125	<b>SS2513</b>
Th	4/2-4/30	3:30-4:30pm	Adult	\$125	<b>SS2515</b>
Th	5/7-5/28	3:30-4:30pm	Adult	\$101	<b>SS2516</b>
Th	6/11-6/25	3:30-4:30pm	Adult	\$75	<b>SS2517</b>

## Building Balance and Mobility

### Amber Shearer

This progressive class is designed to improve balance and reduces the risk of falls through activities that strengthen seated and standing posture, enhance walking ability, and support everyday movement. Participants must be able to walk 200 feet without the use of any assistive device (cane or walker). Not suitable for individuals with memory loss or cognitive impairments. Space is limited to 8 students.

**No class 3/18, 3/25, 4/29, 5/25, 5/27**

- **Registration:** Must register in person at OASIS.
- **Requirements:** Pick up a packet in the OASIS Admin. office, complete and bring to the first day of class.

### OASIS SENIOR CENTER

M/W 3/16-6/3 1:30-2:30pm Adult \$195 **SS2518**

## Chair Exercise

### Judy Aprile

Build upper and lower body strength, increase flexibility, improve postural alignment and coordination. All exercises are performed seated. **No class 4/15, 5/25, 6/8, 6/10**

### OASIS SENIOR CENTER

M/W 4/1-4/29 10:05-11am Adult \$59 **SS2519**  
 M/W 6/1-6/29 10:05-11am Adult \$52 **SS2521**  
 M/W 5/4-5/27 10:05-11am Adult \$52 **SS2520**

## Head to Toe Fitness

### Keith Glassman

Starting with dynamic stretching and low impact movements, this class includes light weight-training and floor exercises, helping you maintain bone density as it strengthens and stretches muscles throughout the body. **No class 4/7, 4/9**

- **Please bring:** a mat, hand weights (Tuesday) and resistance bands (Thursdays)
- **Drop-in:** \$12 (DRP263, no refunds)

### OASIS SENIOR CENTER

Tu/Th 3/17-4/16 8-9am Adult \$65 **SS2522**  
 Tu/Th 4/21-5/14 8-9am Adult \$65 **SS2523**  
 Tu/Th 5/19-6/4 8-9am Adult \$50 **SS2524**

## Into to MELT Method

### Niki Parker

Not sure what MELT can do for you to ease the aches and pains of arthritis, aging, repetitive motion, carpal tunnel, plantar fasciitis, stiff and sore joints? Experience a sample class using all MELT tools (provided). Learn the 4 R's of MELT: Reconnect, Rebalance, Rehydrate and Release.

- **Requirements:** Must be able to get down and off the floor unassisted.
- **Please bring:** exercise mat and water
- **Notice:** MELT tools provided and available for purchase.

### OASIS SENIOR CENTER

Tu 3/10 3-4pm Adult \$30 **SS2531**  
 Tu 4/7 3-4pm Adult \$30 **SS2532**  
 Tu 5/5 3-4pm Adult \$30 **SS2533**  
 Tu 6/2 3-4pm Adult \$30 **SS2534**



Over 20 cardio machines, a full line of Technogym strength machines, free weights, stretching machines, resistance bands, medicine balls, Yoga mats, and more!

### Hours of Operation

Monday - Thursday: 7:00 a.m. - 7:00 p.m.  
 Friday: 7:00 a.m. - 5:00 p.m.  
 Saturday & Sunday: 7:00 a.m. - 2:00 p.m.

### ANNUAL MEMBERSHIP

### PERSONAL TRAINING

### FEE

### RATES

- Residents \$137
- Non-Resident \$192

- 30 min on-going \$50
- 1 hour on-going \$80
- 1 hour one-time session \$100

- Age requirement 50 years or older
- **New Member Orientation required prior to first workout, by appointment only**
- Showers, lockers, & cubbies available for day use
- Guest & day passes not available

**(949)718-1818**  
 WWW.NEWPORTBEACHCA.GOV/OASISFITNESS



## Iyengar Yoga

**Carolyn Matsuda**

Yoga is for everyone and every body type. This gentle class will help you to become stronger, flexible, renewed and restored. Iyengar Yoga focuses on building a foundation from the ground up using our legs and arms, to bring alertness to our spine. Props and modifications are used as needed. Instructor is Jr. Intermediate Certified Iyengar Yoga Teacher.

**No class 5/18, 5/21, 5/25, 5/28**

- **Please bring:** a sticky mat and 3 yoga blankets if you have them.
- **Requirements:** Must be able to get down and up from the ground unassisted.
- **Drop-in:** \$25 (DRP264, no refunds)

### OASIS SENIOR CENTER

M	3/30-4/13	10-11:15am	Adult	\$65	<b>SS2525</b>
Th	3/26-4/16	10-11:15am	Adult	\$85	<b>SS2526</b>
M/Th	3/26-4/16	10-11:15am	Adult	\$145	<b>SS2527</b>
M	4/20-6/1	10-11:15am	Adult	\$125	<b>SS2528</b>
Th	4/23-6/4	10-11:15am	Adult	\$145	<b>SS2529</b>
M/Th	4/20-6/4	10-11:15am	Adult	\$195	<b>SS2530</b>

## MELT Method: Self Care Technique

**Niki Parker**

Want to feel better doing what you love? This is your class! Reduce inflammation, relieve neck and back pain, improve alignment, and enhance performance. Using light compression with soft rollers, you'll rehydrate fascia, release tension, and strengthen weak links to prevent joint damage, restore function, and eliminate cellular dehydration causing chronic aches and pains. Zoom code is also available for virtual attendance, contact Niki at NikiParker@aol.com.

- **Requirements:** Must be able to get down and off the floor unassisted.
- **Please bring:** MELT soft roller, exercise mat, water, and wear comfortable clothing.
- **Notice:** MELT roller and ball kit available for purchase.
- **Drop-in:** \$30 (DRP265, no refunds)

### OASIS SENIOR CENTER

Tu	3/17-4/7	2-3pm	Adult	\$88	<b>SS2535</b>
Tu	4/14-5/12	2-3pm	Adult	\$109	<b>SS2536</b>

## MELT Method: Self Care Technique (One Day Workshop)

**Niki Parker**

Want to feel better doing what you love? This is your class! Reduce inflammation, relieve neck and back pain, improve alignment, and enhance performance. Using light compression with soft rollers, you'll rehydrate fascia, release tension, and strengthen weak links to prevent joint damage, restore function, and eliminate cellular dehydration causing chronic aches and pains. Zoom code is also available for virtual attendance, contact Niki at NikiParker@aol.com.

- **Requirements:** must be able to get down and off the floor unassisted.
- **Please bring:** MELT soft roller, exercise mat, and water
- **Notice:** MELT roller and ball kit available for purchase.

### OASIS SENIOR CENTER

Tu	6/2	2-3pm	Adult	\$30	<b>SS2537</b>
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## Physical Training

**Judy Aprile**

This overall conditioning class includes a lite cardiovascular gait variation warm-up and targeted full body strength and flexibility exercises. Activities are performed standing, moving and lying on the floor. **No class 4/3, 4/15, 5/15, 5/25, 6/5, 6/8, 6/10**

- **Please bring:** an exercise mat and hand weights; a towel or small pillow is recommended for neck support if needed

### OASIS SENIOR CENTER

M/W/F	4/1-4/29	7:45-8:35am	Adult	\$79	<b>SS2538</b>
M/W/F	5/4-5/29	7:45-8:35am	Adult	\$73	<b>SS2539</b>
M/W/F	6/1-6/29	7:45-8:35am	Adult	\$73	<b>SS2540</b>
M/W/F	4/1-4/29	8:45-9:35am	Adult	\$79	<b>SS2541</b>
M/W/F	5/4-5/29	8:45-9:35am	Adult	\$73	<b>SS2542</b>
M/W/F	6/1-6/29	8:45-9:35am	Adult	\$73	<b>SS2543</b>

## Pilates for Bone Strength & Balance

**Kathryn Rollins**

These classes promote muscle, bone, and joint health through evidence-based exercises, resistance training, and functional movement. Participants enhance strength, flexibility, and balance while building confidence through practical knowledge. Ideal for individuals committed to maintaining bone and overall skeletal health. Led by a Buff Bones® certified nurse specializing in injury prevention.

- **Please bring:** a mat, small towel for your head, and 1.5lb weights are optional
- **Drop-in:** \$25 (DRP266, no refunds)

### OASIS SENIOR CENTER

Tu	3/17-4/21	10-11am	Adult	\$112	<b>SS2546</b>
Tu	4/28-6/2	10-11am	Adult	\$112	<b>SS2547</b>

## Pilates Mat

### Kathryn Rollins

This class will focus on strength, flexibility, and physical balance. Each session integrates functional moves and applies anatomy education with the aim of deeper physical work and increased confidence, mobility, and injury prevention. Classes are led by a Lifestyle Medicine nurse with expertise in injury prevention.

- **Please bring:** a mat and small towel for your head
- **Drop-in:** \$25 (DRP266, no refunds)

#### OASIS SENIOR CENTER

Tu	3/17-4/21	8:45-9:45am	Adult	\$112	<b>SS2544</b>
Tu	4/28-6/2	8:45-9:45am	Adult	\$112	<b>SS2545</b>

## Pilates Trio: Bones, Balance, & Flexibility – Mat/Standing

### Kathryn Rollins

This class focuses on bone density, balance, strength and flexibility. Through bone-strengthening moves, Pilates, and balance-focused exercises, you'll build core strength, improve mobility, and gain anatomical knowledge. Led by a Lifestyle Medicine nurse specializing in injury prevention.

- **Please bring:** a mat and small towel for your head
- **Drop-in:** \$25 (DRP266, no refunds)

#### OASIS SENIOR CENTER

Th	3/19-4/23	7:45-8:45am	Adult	\$112	<b>SS2548</b>
Th	4/30-6/4	7:45-8:45am	Adult	\$112	<b>SS2549</b>

## SoulFlex

### Stephanie von Meeteren

Build strength, balance, bone density, and mobility while cultivating calm and peace of mind. This fun, research-informed class blends modern science with ancient wisdom. All levels are welcome, no experience needed, with modifications provided.

- **Please bring:** yoga mat
- **Requirements:** able to be in plank position from your knees; able to get up and down from the floor unassisted
- **Drop-in:** \$25 (DRP267, no refunds)

#### OASIS SENIOR CENTER

W	3/18	12:30-1:30pm	Adult	Free	<b>SS2550</b>
W	3/25-6/3	12:30-1:30pm	Adult	\$225	<b>SS2551</b>
F	3/20-6/5	2-3pm	Adult	\$245	<b>SS2552</b>
W/F	3/20-6/5	Above Times	Adult	\$465	<b>SS2553</b>

## SoulSpark: Brain Boost Workshop

### Stephanie von Meeteren

Classes are accessible for all levels, no experience needed. Led by a Certified Yoga Therapist. Learn ways to enhance cognitive function, improve balance, and promote overall wellbeing through gentle, accessible practices and holistic Ayurvedic lifestyle practices. Designed to support individuals with dementia and their caregivers. This unique clinic focuses on techniques and practices to calm the mind, boost mental clarity, improve sleep, and build self-confidence. Helpers, wheelchairs, walkers are welcome. Includes discussion and practices you can do at home.

#### OASIS SENIOR CENTER

Tu	5/5	3-4pm	Adult	\$25	<b>SS2564</b>
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## SoulSpark - Hatha Yoga

### Stephanie von Meeteren

Prepare your mind and body for the day. If you can breathe, you can do yoga, and this session is designed to balance your mind and body for whatever the day brings. Each session concludes with a meditation to seal in the benefits. No prior experience is needed, modifications are available for all levels. Led by a Certified Yoga Therapist. **No class 5/25**

- **Please bring:** yoga mat
- **Requirements:** able to be in a plank position from your knees; able to get up and down from the floor unassisted
- **Drop-in:** \$25 (DRP267, no refunds)

#### LIVE ONLINE VIA ZOOM

W	4/1-4/1	8-9am	Adult	Free	<b>SS2558</b>
W	4/8-4/29	8-9am	Adult	\$85	<b>SS2559</b>
W	5/6-5/27	8-9am	Adult	\$85	<b>SS2560</b>



## Online-Only Classes

Online-only classes can be accessed from the comfort of your home or wherever you have a strong WiFi connection.

## SoulSpark: Hatha Yoga

### Stephanie von Meeteren

Prepare your mind and body for the day. If you can breathe, you can do yoga, and this session is designed to balance your mind and body for whatever the day brings. Each session concludes with a meditation to seal in the benefits. No prior experience is needed, modifications are available for all levels. Led by a Certified Yoga Therapist. **No class 5/25**

- **Please bring:** yoga mat
- **Requirements:** able to be in a plank position from your knees; able to get up and down from the floor unassisted
- **Drop-in:** \$25 (DRP267, no refunds)

#### OASIS SENIOR CENTER

M	3/16	11:30am-12:30pm	Adult	Free	<b>SS2554</b>
Th	3/19-6/4	10:30-11:30am	Adult	\$245	<b>SS2556</b>
M	3/23-6/1	11:30am-12:30pm	Adult	\$205	<b>SS2555</b>
M/Th	3/19-6/4	Above Times	Adult	\$445	<b>SS2557</b>

## SoulSpark: Restorative Yoga

### Stephanie von Meeteren

Experience restorative yoga, breathwork, and meditation to ease into the late afternoon or evening. These gentle classes reset the nervous system for optimum healing and rejuvenation, helping reduce stress, ease pain, and improve sleep. No experience needed, modifications for all levels. Led by a Certified Yoga Therapist.

- **Requirements:** able to be in a plank position from your knees; able to get up and down from the floor unassisted
- **Drop-in:** \$25 (DRP267, no refunds)

#### OASIS SENIOR CENTER

Tu	3/17	4:30-5:30pm	Adult	Free	<b>SS2561</b>
Tu	3/24-6/2	4:30-5:30pm	Adult	\$225	<b>SS2562</b>

## SoulSpark: Sleep Well Workshop

### Stephanie von Meeteren

Classes are accessible for all levels, no experience needed. Led by a Certified Yoga. Ready to wake refreshed? Learn easy and practical ways to improve sleep quality and duration to feel your best! We will be learning how to regulate the nervous system to bring ease to body and mind. This is the key to quality sleep. Includes discussion and practical practices you can do at home.

#### OASIS SENIOR CENTER

Tu	4/7	3-4pm	Adult	\$25	<b>SS2563</b>
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## Sound Bath & Meditation

### Stephanie von Meeteren

Enter a peaceful sanctuary with nourishing sessions for body and mind. Open to all, these classes include yoga nidra, meditation, gentle movement, and breathwork, culminating in a crystal bowl sound bath. Bring what comforts you, and stay for tea and connection with our welcoming community.

- **Please bring:** mat, blanket, pillow and eye covering
- **Notice:** Not recommended for individuals prone to seizures.

#### OASIS SENIOR CENTER

Th	4/2	5:30-6:30pm	Adult	\$25	<b>SS2565</b>
Th	4/30	5:30-6:30pm	Adult	\$25	<b>SS2566</b>
Th	5/28	5:30-6:30pm	Adult	\$25	<b>SS2567</b>
Th	Spring Package	5:30-6:30pm	Adult	\$65	<b>SS2568</b>

## Tai Chi Qigong

### Diana Wong

Being one of the most effective, widely practiced body and mind exercises in the world, the continuous circular, gentle movements of Tai Chi create a powerful flow of energy that will enhance physical health and cultivate tranquility and harmony in your mind. This class provides step by step instruction for Tai Chi Qigong 18 movements. **No class 3/26**

- **Drop-in:** \$25 (DRP268, no refunds)

#### OASIS SENIOR CENTER

Tu	3/17-4/21	9:30-10:30am	Adult	\$109	<b>SS2569</b>
Th	3/19-4/23	9:30-10:30am	Adult	\$92	<b>SS2570</b>
Tu/Th	3/17-4/23	9:30-10:30am	Adult	\$183	<b>SS2571</b>
Tu	3/17-6/2	9:30-10:30am	Adult	\$199	<b>SS2572</b>
Th	3/19-6/4	9:30-10:30am	Adult	\$183	<b>SS2573</b>
Tu/Th	3/17-6/4	9:30-10:30am	Adult	\$268	<b>SS2574</b>
Tu	4/28-6/2	9:30-10:30am	Adult	\$109	<b>SS2575</b>
Th	4/30-6/4	9:30-10:30am	Adult	\$109	<b>SS2576</b>
Tu/Th	4/28-6/4	9:30-10:30am	Adult	\$199	<b>SS2577</b>

## Zumba Gold® Dance Fitness

### CS Dance Factory

Prioritize your health and embrace movement for a balanced life. Maintaining physical and mental well-being is essential to longevity. Regular movement not only enhances fitness but also supports overall health, reducing the need for medical care. Join our class to bring you joy, alleviate stress, and foster a sense of community. **No class 5/14, 5/15, 5/16, 5/25**

- **Drop-in:** \$25 (DRP269, no refunds)

#### OASIS SENIOR CENTER

M	3/16-6/1	9-10am	Adult	\$203	<b>SS2578</b>
W	3/18-6/3	9-10am	Adult	\$221	<b>SS2579</b>
Th	3/19-6/4	9-10am	Adult	\$203	<b>SS2580</b>
F	3/20-6/5	9-10am	Adult	\$203	<b>SS2581</b>
Sa	3/21-6/6	9-10am	Adult	\$203	<b>SS2582</b>

**Multi-day discount offered on M/W/F, 3 days for the price of 2! Make-ups built in.**

M/W/F	3/16-6/5	9-10am	Adult	\$413	<b>SS2508</b>
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# TECHNOLOGY

## Apple iPhone For Beginners

**Carole Kamper**

The class is designed for new and not so new users of iPhones. Instruction will cover the basics of making and receiving calls, setting up voicemail, sending and receiving text messages and other general topics of use to beginning Apple iPhone users. Please contact the instructor if you have any questions regarding the version/model of your Apple iPhone for this class.

- Please bring: Apple ID and password

**OASIS SENIOR CENTER**

W	4/15	10:30am-12:30pm	Adult	\$44	<b>SS2300</b>
Tu	6/2	1-3pm	Adult	\$44	<b>SS2301</b>

## Apple Mac Laptop Class

**Carole Kamper**

Bring your Mac laptop to the computer lab at OASIS to learn the basis of using it. We also will look at many of the features that will make your use more efficient, enjoyable and hopefully less frustrating! We will review the Docking Station, Toolbars, important setting, help you set up a customize the desktop, even adding a favorite picture to enjoy. Join this class, meet fellow "Mac" users and learn together. Contact instructor for questions.

- Please bring: Mac laptop and charger

**OASIS SENIOR CENTER**

W	4/1	10:30am-12:30pm	Adult	\$45	<b>SS2315</b>
Tu	5/19	1-3pm	Adult	\$45	<b>SS2316</b>

## iPad Basics

**Carole Kamper**

This class will help you learn the basics of your Apple iPad. We will cover using an iPad as a reader, accessing the internet, doing email, and watching videos/movies. We will also explore taking photos and storing them as well as using the calendar.

- Please bring: Apple ID and password

**OASIS SENIOR CENTER**

Th	4/9	1-3pm	Adult	\$44	<b>SS2305</b>
W	5/20	10:30am-12:30pm	Adult	\$44	<b>SS2306</b>

## Making a Shutterfly Album

**Carole Kamper**

Learn how to make a printable photo album using the website Shutterfly. Using the Shutterfly Smartphone app, you will also learn how to upload pictures from your devices directly to your Shutterfly account. Come and explore your creativity in this fun, project-based class.

- Requirements: basic computer skills

**OASIS SENIOR CENTER**

M	4/13	1-3pm	Adult	\$44	<b>SS2320</b>
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## Private Technology Lessons

**Carole Kamper**

Private instruction (can be in person or online depending on preference) designed to zero in on your needs taught by a credentialed instructor with 25+ years of teaching computers to adults. Professional, in-depth help for your computer (PC or MAC), tablet, iPhone or iPad.

- **More info:** Contact the instructor directly to set up lesson date/time.
- **Notice:** Dates and times to be agreed upon by instructor and student before registration.
- **Registration:** Must register and pay at the OASIS Senior Center 5 business days prior to lesson. No refunds once registered.

**OASIS SENIOR CENTER**

M-F	3/16-6/5	9am-5pm	Adult	\$60	<b>DRP200</b>
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## What good are these Apps on my iPhone/iPad or Tablet?

**Carole Kamper**

Do you want to do online banking? Do you want to learn more about Venmo or Zelle? Schedule an appointment with a health care provider? Order lunch or dinner? Check flight status or get driving directions? Watch and participate in a Zoom meeting? Would you like to learn about the world of Podcasting? If you are wondering how to do more with APPS on your smart phone or tablet come explore all this and more.

- Please bring: Apple ID and password

**OASIS SENIOR CENTER**

W	3/25	10:30am-12:30pm	Adult	\$44	<b>SS2310</b>
M	5/4	10:30am-12:30pm	Adult	\$44	<b>SS2311</b>



## Private Technology Lessons

**Carole Kamper**

Private instruction (can be in person or online depending on preference) designed to zero in on your needs taught by a credentialed instructor with 25+ years of teaching computers to adults. Professional, in-depth help for your computer (PC or MAC), tablet, iPhone or iPad.

- **More info:** Contact the instructor directly to set up lesson date/time.
- **Notice:** Dates and times to be agreed upon by instructor and student before registration.
- **Registration:** Must register and pay at the OASIS Senior Center 5 business days prior to lesson. No refunds once registered.

**OASIS SENIOR CENTER**

M-F	3/16-6/5	9am-5pm	Adult	\$60	<b>DRP200</b>
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## NEWPORT BEACH PUBLIC LIBRARY

**LIBRARY SERVICES DIRECTOR**  
Melissa Hartson

**BOARD OF LIBRARY TRUSTEES**  
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Lauren Kramer  
Dorothy Larson  
Meghan Murray  
Chase Rief

**LIBRARY LOCATIONS & HOURS**  
**CENTRAL LIBRARY | 949-717-3800**  
1000 Avocado Avenue, Newport Beach  
Monday-Thursday: 9am to 9pm  
Friday & Saturday: 9am to 6pm  
Sunday: Noon to 5pm

**BALBOA BRANCH | 949-644-3076**  
100 East Balboa Boulevard, Balboa  
Monday-Saturday: 9am to 6pm  
Sunday: Closed

**CORONA DEL MAR BRANCH | 949-644-3075**  
410 Marigold Avenue, Corona del Mar  
Monday-Saturday: 9am to 6pm  
Sunday: Closed

**CREAN MARINERS BRANCH | 949-717-3838**  
1300 Irvine Avenue, Newport Beach  
Monday-Thursday: 9am to 9pm  
Friday & Saturday: 9am to 6pm  
Sunday: Noon to 5pm

[newportbeachlibrary.org](http://newportbeachlibrary.org)

## GIVE THE GIFT OF BOOKS

Stop by the Friends Bookstore to find that perfect gift — with bargain prices on everything from bestsellers to children’s books, vintage to cookbooks and more. The Bookstore is run by a dedicated team of volunteers, with all proceeds going to fund critical library programs. Central Library, first floor. Open M-Sat, 10:30 am to 3:00 pm. Stop by and say hello!





Through generous donations, the Newport Beach Public Library Foundation provides vital funding that keeps our libraries modern. Over the past decade, the Foundation has contributed more than \$7 million to fund programs, technology, and services for the 1.2 million annual users of the four library branches. Join us at [nbpl.foundation](https://nbpl.foundation)

## WITTE LECTURES

### JULIAN GEWIRTZ

U.S.- CHINA TENSIONS—PAST, PRESENT, AND FUTURE

Friday, February 27, 7:00pm

Saturday, February 28, 2:00pm

Central Library Friends Room

Dr. Julian Gewirtz is the author of three books including *Never Turn Back: China and the Forbidden History of the 1980s*, which was named the best book of the year by Foreign Affairs and BBC History, and the *Making of Global China* and *Your Face My Flag: Poems*. He was previously Senior Fellow for China Studies at the Council on Foreign Relations, Lecturer in History at Harvard University and Columbia University. Gewirtz was recently named one of “50 people shaping our society” by the *Washington Post*. He received his doctoral degree in modern Chinese history from Oxford University, where he was a Rhodes Scholar, and his undergraduate degree from Harvard College.

### PIPPA MALMGREN

INTERNATIONAL RELATIONS AND THE FUTURE OF GLOBAL ECONOMY

Friday, March 27, 7:00pm

Saturday, March 28, 2:00pm

Witte Hall

An economist, author, and economic advisor to President George W. Bush, Pippa Malmgren is known for her expertise in global financial markets and geopolitics. Credited with coining the term “shrinkflation,” she provides insights on emerging trends, technology, and risks shaping the global economy. Her most recent bestseller, *The Infinite Leader*, won the International Press Award for the Best Book on Leadership. She serves as a judge on The Queen’s Enterprise Business Awards and was a member of the Board of Directors for The Department for International Trade in the UK. She is a Senior Associate Fellow of the Royal United Services Institute, a defense and security think tank in London.

Tickets and information available here: <https://nbplf.foundation/programs/wittelectures/>

## MEDICINE IN OUR BACKYARD

The Newport Beach Public Library Foundation in collaboration with UCI Health is pleased to present *Medicine in Our Backyard* featuring an extraordinary group of renowned doctors and researchers speaking on a wide range of topics.

### INNOVATIVE APPROACHES TO WEIGHT MANAGEMENT: A PHYSICIAN'S PERSPECTIVE

Shaun Daly, MD FACS, Assistant Professor, Department of Surgery, UC Irvine School of Medicine

Monday, January 26, 2026 7:00pm

Today’s weight loss options offer hope for those struggling with obesity and related health issues. From supervised medical programs emphasizing diet and exercise to innovative medications and safe bariatric surgeries, there are now more effective solutions than ever. We’ll explore these recent advancements with Shaun Daly, MD, to help you find the best approach for your weight loss journey.

### HEART DISEASE PREVENTION AND TREATMENT

Andy Huang, MD, Assistant Professor, Mary & Steve Wen Cardiovascular Division, Department of Medicine, UC Irvine School of Medicine

Monday, February 23, 2026 7:00pm

This lecture highlights key steps individuals can take to maintain heart health, including managing blood pressure, eating a heart-healthy diet and staying active. Attendees will learn how to reduce the risk of heart disease and improve cardiovascular wellness.

Held in the Newport Beach Civic Center Community Room, 100 Civic Center Drive. Register for this free program at <https://nbplf.foundation/programs/medicine-in-our-backyard/>

# Winter Children's Programs

*At the Newport Beach Public Library*

## CENTRAL LIBRARY

### STORYTIMES

Books & Babies	M	Weekly	10:30-11am	0-2yrs
Toddler	W	Weekly	10:30-11am	1.5-2.5yrs
Preschool	Th	Weekly	10:30-11am	3-5yrs

### BARK: READ TO A DOG

Build reading skills by reading aloud to a certified BARK therapy dog.

Tu	1/6, 2/3, 3/3	4-5pm	6-11yrs
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### BOARD GAME SATURDAYS

Enjoy board games and puzzles in a fun, screen-free setting.

Sa	1/10, 1/24, 2/14, 2/28, 3/14	2-4pm	3-11yrs
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### DROP-IN CRAFTERNOONS

Get creative with open-ended art materials that inspire imagination.

Tu	1/13, 2/10, 3/10	4-5pm	3-8yrs
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### BOOK CLUB EXPLORERS

Discuss books and do fun activities at this monthly book club for upper elementary students. Registration required.

Th	1/15, 2/19, 3/19	4-5pm	9-12yrs
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### LEGO SATURDAYS

Spin the challenge wheel or build freely to create with LEGO!

Sa	1/17, 2/7, 2/21, 3/7	2-4pm	3-11 yrs
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### STEAM LAB

Learn about the world around you through science, technology, engineering, arts, and math.

Tu	1/20, 2/17, 3/17	4-5pm	5-9yrs
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### FAMILY BINGO AFTERNOON

A fun-filled hour of BINGO for the whole family!

Tu	1/27	4-5pm	3-11yrs
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### ART SPACE

Create projects inspired by famous artists throughout history.

Th	2/5, 3/5	4-5pm	8-11yrs
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## CENTRAL CONTINUED

### FUSE BEAD PARTY

Create fun, colorful art with fuse beads!

Tu	2/24	4-5pm	6-11yrs
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## CORONA DEL MAR BRANCH

### STORYTIMES

Songs & Stories	F	Weekly	10:30-11am	2-5yrs
Family	Sa	Weekly	10:30-11am	3-7yrs

### TOY TRAIN TUESDAYS

Build with wooden toy trains. We provide tracks, trains, and more!

Tu	Weekly	10:30-11:30am	0-5yrs
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### STUFFED ANIMAL SLEEPOVER

Bring your stuffed animal friends and let them have an overnight adventure at the library!

F	1/9	11am-2pm	0-12yrs
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### BARK! READ TO A DOG

Build reading skills by reading aloud to a certified BARK therapy dog.

Th	1/15, 2/19, 3/19	4-5pm	6-11yrs
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### SENSORY PLAY

Explore sensory bins to support early development through textures and play.

Th	2/5, 3/5	10:30-11:30am	3-5yrs
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### LIBRARY I SPY

Search the library for items hidden in plain sight. Find them all and win a prize!

M-Sa	3/2-3/7	Daily	0-12yrs
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## CREAN MARINERS BRANCH

### STORYTIMES

Pajama - NEW!	M	Weekly	6:30-7pm	3-7yrs
Books & Babies	Tu	Weekly	9:30-10am	0-2yrs
Books & Babies	Tu	Weekly	10:30-11am	0-2yrs
Toddler	Th	Weekly	10:30-11am	1.5-2.5yrs

### LEGO WEDNESDAYS

Build, invent, and explore with LEGO bricks!  
W Weekly 3-4pm 3-11yrs

### STEAM LAB

Hands-on STEAM activities to inspire innovation and creativity.  
Th 1/8, 2/12, 3/12 4-5pm 5-9yrs

### BARK! READ TO A DOG

Build reading skills by reading aloud to a certified BARK therapy dog.  
Th 1/22, 2/26 4-5pm 6-11yrs

### VALENTINE'S CRAFTS

Take them "to-go" or do them in the library. You choose!  
M 2/9 All Day 3-8yrs

## BALBOA BRANCH/MARINA PARK

### STORYTIMES

Preschool W Weekly 10:30-11:30am 3-5yrs

### WONDERFUL WINTER CRAFTS

Let's welcome the new year and celebrate Winter with crafts!  
Th 1/8 4-5pm 3-8yrs

### HEARTS & HUGS CRAFTS

Join us for cute Valentine-themed crafting.  
Th 2/12 4-5pm 3-8yrs

*Children's events are free and open to the public. Registration not required, unless stated in program description. Materials available while supplies last. Children must be accompanied by an adult. Funding is generously provided by the Friends of the Library.*

[www.newportbeachlibrary.org](http://www.newportbeachlibrary.org)



# newportkids.org

## GENEALOGY UNCOVERED

Join us for Genealogy Uncovered, a fascinating guide to uncovering your own family tree. Registration required at [newportbeachlibrary.org](http://newportbeachlibrary.org)

### BEGINNING GENEALOGY WORKSHOP

Wednesday, Jan 28 10am – 12pm

Friends Room, Central Library

An introduction to genealogical research; how to get started, understanding useful resources and the basics.

### GENEALOGY BRICK WALL BARRIER

Wednesday, Feb 18 10am-12pm

Friends Room, Central Library

Bring your best/worst 'Brick Wall' research challenge to this class and let the group creativity and critical thinking help you consider new angles to approach your challenge. Presentation by the instructor will be approximately 30 minutes and the remaining 90 minutes will be an interactive round table. Participants will have the opportunity to discuss their progress, ask questions and receive guidance. Students should arrive prepared with their own research materials and questions.

### METHODOLOGY ROUNDUP - MAR 18

Wednesday March 18 10am –12pm

With many ways to achieve the same goal in your research, this class will cover a variety of resources some might not have considered before. Presentation by the instructor will be approximately 30 minutes; the remaining 90 minutes will be an interactive round table. Students should arrive prepared with their own research materials and questions.



## STORYTELLERS WRITING WORKSHOPS

Topic-specific, stand-alone classes designed to enhance writing skills and knowledge of the publishing process. Participation in the Storytellers Writing Series prior to attending is recommended. Registration is required and free. Space is limited. Central Library, Friends Room. To register, visit [newportbeachlibrary.org/calendar/writing-programs](http://newportbeachlibrary.org/calendar/writing-programs)

### STORYTELLERS EXTENDED: CRAFTING AN EFFECTIVE BOOK PROPOSAL

Tuesday, Feb 10, 5-7:00pm

This session will guide participants through the essential elements of a successful book proposal. Learn how to structure their proposals to appeal to both agents and publishers, including key components such as market analysis, competitive titles, and a compelling author bio.

### STORYTELLERS EXTENDED: WRITING TECHNIQUE, SHOW DON'T TELL

Wednesday, Feb 25 10am-12pm

This advanced workshop will delve into the critical writing technique of "showing" rather than "telling." Participants will engage in exercises that emphasize sensory details and active imagery, enhancing their ability to create vivid scenes that resonate with readers.

### STORYTELLERS EXTENDED: MARKETING YOURSELF AS A WRITER

Wednesday, Jan 7, 10am-12pm

Wednesday, Mar 4 10am-12pm

In this session, participants will learn strategies for effectively promoting their work and building a personal brand as a writer. Topics will include leveraging social media, creating an author website, networking, and developing a marketing plan tailored to their audience.

### STORYTELLERS EXTENDED: WRITING TECHNIQUE, CRAFTING DIALOGUE

Wednesday, Jan 21 10am-12pm

Wednesday, Mar 25 10am-12pm

This interactive session will focus exclusively on the art of dialogue. Participants are encouraged to bring excerpts from their own writing, and together we will work to enhance the dialogue within those pieces, ensuring it feels authentic and drives the narrative forward.



## HUGO ZHANG AT THE CENTRAL LIBRARY GALLERY

Don't miss the Hugo Zhang exhibit at the Newport Beach Public Library, beginning December 15. Zhang is an American analogue photographer based in Irvine, California, who uses wooden view cameras to capture images of places, people and things on sheets of black and white negative film. "One of the few obsessions in my life is making images with wooden cameras," Zhang states. "When I set up my camera and study the reflected images on the ground glass under the dark cloth, I often have a strange feeling these inanimate things start to awaken from their long sleep and begin to murmur to me. Every place I've visited, every face I've seen and every object I've observed are indeed gifts to my life. By capturing their images on silver paper, I hope to bear witness to their glory and unique life."

Mr. Zhang's artwork will be on display December 15 through February 6 at the Newport Beach Central Library, 1000 Avocado Avenue, Newport Beach.

*The City of Newport Beach maintains exhibit space at the Central Library, 1000 Avocado Avenue. The Lobby Gallery in the Central Library has approximately 38 feet of linear wall space designed for two-dimensional pieces of art. Regional artists are encouraged to submit exhibition proposals. For questions, please contact the Newport Beach Cultural Arts Division at 949-717-3802 or arts@newportbeachca.gov.*



## STUDENT ART EXHIBITION BEGINS JANUARY 6

The Newport Beach Student Art Exhibition, an opportunity for students grades pre-K through 12th grade to showcase their creativity, will be on display from January 5 through February 23, 2026, on the first floor of the Newport Beach Central Library. Students submitted artworks in the fall for consideration of gift card prizes. The winners will be selected by the Newport Beach City Arts Commission.

Come and see this delightful display of creativity, imagination, and artistic expression by young artists!



## A-B

### All Things Science

949-979-5849  
atsclub.org  
hello@atsclub.org

### Barbara Yin Milbert

pacpal33@yahoo.com

### Beach City Sports

Beachcitysports.com  
Info@beachcitysports.com

### Bionerds

949-288-1486  
admin@bionerdsllc.com

### Bobbi Boyd

949-544-9383

### Brainstorm STEM Education

949-607-8676  
info@brainstormedu.com

## C

### California Bodyboarders

949-413-5671  
californiabodyboarders.com  
californiabodyboarders@gmail.com

### Carole Kamper

949-230-5902

### Carolyn Matsuda

714-388-4328  
cmats84@msn.com

### Claudia Hindu

chindu@claudiasarttherapy.com

### Conversa, Inc.

714-360-7757  
conversaspanish.com  
sales@conversaspanish.com

### CS Dance Factory

949-230-5934  
csdancefactory.com  
info@csdancefactory.com

## D

### Darielle Wilson

949-675-5182

### David Crockett

714-206-9066

### Diana Wong

dianawong2001@yahoo.com

### Dorothy Spirus

yourprofessorD@gmail.com

## E-F

### Endless Sun Surf School

949-533-1022  
endlessunsurf.com  
endlessunsurf@hotmail.com

### Etiquette Factory with Ms. Nelson

Etiquettewithmsjenn@gmail.com

### Fit First

657-204-5427  
fitfirstca@gmail.com  
www.fitfirstfamily.com

### Frank Delgado

frankdel949@yahoo.com

### Friendship Circle OC

949-721-9800  
chani@friendshipoc.org  
Friendshipoc.org

## G-H

### Green Room Music

714-875-8175  
dmitrykoudymov@hotmail.com

### Healthy U

714-374-3008

## I-J

### Jake Jacobs

Jakeair99@gmail.com

### Jane Dober

Janedober@gmail.com

### Jeff Netzer

jnetzer2@hotmail.com

### Jim Ellsberry

Jim@jimellsberry.com

### Jim Moore

714-887-7735  
Jmoore1953@yahoo.com

### John Leonard

949-852-8689  
johnleonardgolf@gmail.com  
johnleonardsgolf.com

### Judy Aprile

jjjaprile@gmail.com

## K

### Karen Halley

949-412-9842  
khalley2@cox.net

### Kathryn Rollins

949-422-9834  
info@ahappybalance.com  
kathryn@ahappybalance.com

### Keith Glassman

keith.glassman@gmail.com

### Kenneth "KC" Currin

kcbattlefit@gmail.com

## L-M

### Lisa Albert

949-887-1490  
lisaalbertartclasses.com  
lisaalbert13@yahoo.com

### Matt Leinart Flag Football

949-422-5964  
mlflagnb.com

### Melanie Wheatley

562-760-1319  
melwheatley54@gmail.com

### Michelle Zehnder Caumiant

mcaumiant26@gmail.com

### Mini League

949-290-8629  
minileaguelb.com  
mini@minileaguelb.com

### Mini Music Masters

949-354-7789  
mini.music.masters.oc@gmail.com



## N

**Nancy Wahamaki Vasek**  
*nwwasek@gmail.com*

### Newport Beach City Aquatics Staff

949-270-8100  
*newportbeachca.gov/aquatics*  
*aquatics@newportbeachca.gov*

### Newport Beach City Recreation Staff

949-644-3151  
*newportbeachca.gov/recreation*  
*recreation@newportbeachca.gov*

### Newport Beach City Sports Staff

949-644-3151  
*newportbeachca.gov/sports*  
*sports@newportbeachca.gov*

### Newport Harbor Lawn Bowling Club

*classes@nhlbc.com*

### Newport Sports Academy

*newportsportsacademy@gmail.com*

### Newport Surf Camp

1-866-SURF-CAMP  
*newportsurfcamp.com*  
*newportsurfcamp@gmail.com*

### Newport Volleyball Academy

949-500-7118  
*danieltglenn@gmail.com*

### Niki Parker

*nikiparker@aol.com*

## O

### OC Habitats

949-697-8651  
*info@ochabitats.org*

### OCC School of Sailing & Seamanship

949-645-9412  
*occsailing.com*  
*sailing@occsailing.com*

### OC Tiny Tots Academy

949-433-5065  
*octinytots.com*

## P

### Parker-Anderson Enrichment

714-589-6189  
*oc@parker-anderson.org*

### Pateadores Soccer

949-386-7244  
*ocpateadores.org*  
*admin@pateadores.org*

### Pawsitively Perfect Pooches

310-430-5322 x 5322  
*melissa@pawperpoo.com*

### Play-Well TEKnologies

949-504-2257  
*chriissy@play-well.org*

### Portal Languages

714-979-1655  
*costamesa@portallanguages.com*

### Pregoni Fútbol Training

714-808-2010  
*pregonifutboltraining.com*  
*pregonift@gmail.com*

## Q-R

### Rick Bradley

949-466-1011

### Rose Reynolds

*pareynolds@aol.com*

## S

### Sara Gutierrez

*sararez@betterlifeboxing.com*

### Skate Coastal

918-428-6027  
*skatecoastal.com*  
*skatecoastaloc@gmail.com*

### Skatedogs

714-313-8787  
*skatedogs.com*  
*mail@skatedogs.com*

### SoCa Arts

714-486-2022  
*socaarts.com*  
*info@socaarts.com*

### South Coast Music Together

949-281-0005  
*southcoastmusictogether.com*

### Sportball

714-313-8787  
*sportball.com*  
*jrichie@sportball.com*

### Sports X Group

949-344-4250  
*sports-x.com*  
*saguiar@sports-x.com*

### Stack Sports (Skyhawks Sports Academy)

800-804-3509  
*skyhawks.com*  
*skyhawks@skyhawks.com*

### Stephanie von Meeteren-SoulSpark

*info@mysoulspark.com*

### Strategic Kids

949-215-6956  
*strategickids.com*  
*orangecounty@strategickids.com*

## T

### Take the Stage Productions

*takethestageproductions.com*  
*info@takethestageproductions.com*

### Theresa Ripke

*mail@theresaripke.com*

### Tumble-N-Kids

714-842-3586  
*info@tumblenkids.com*  
*tumblenkids.com*

## U-Z

### Vickie Jackson

951-809-8010  
*vickie@promodonnas.com*

### Volley OC

714-397-1038  
*info@volleyoc.com*

### Youthought w/ Ms. Jen

*jen@thoughtfultheater.com*



## Online

Available only prior to class start date.

1. Go to [newportbeachca.gov/register](http://newportbeachca.gov/register)
2. Click on My Account.
3. Enter Username & Password.
4. Click on Register for Activities.
5. Sort Activities or Search for class
6. Click on Name of Activity
7. Click Enroll Now
8. Select eligible participant and Add to cart
9. Follow steps for payment.



## Mail-In or Email

**REGISTRATION FORM & PAYMENT TO:**

**Recreation & Senior Services Dept.**

City of Newport Beach

100 Civic Center Drive

Newport Beach, CA 92660

[recreation@newportbeachca.gov](mailto:recreation@newportbeachca.gov)



## Fax-In

Both pages of the registration form including your Visa, MasterCard, Discover or AmEx card number, expiration date, and security code and fax to 949-644-3155. Faxes are processed during regular business hours.



## Walk-In

**Recreation & Senior Services Dept.**

100 Civic Center Dr.

Newport Beach, CA 92660

**Monday–Thursday:** 7:30 a.m.–5:30 p.m.

**Friday:** 7:30 a.m.–4:30 p.m.

**Marina Park Community Center**

1600 West Balboa Blvd.

Newport Beach, CA 92663

**Monday–Thursday:** 7:30 a.m.–5:30 p.m.

**Friday:** 7:30 a.m.–4:30 p.m.

**Newport Coast Community Center**

6401 San Joaquin Hills Rd.

Newport Beach, CA 92657

**Monday–Thursday:** 8 a.m.–8 p.m.

**Friday:** 8 a.m.–4 p.m.

**Saturday:** 9 a.m.–Noon

**OASIS Senior Center**

801 Narcissus Ave.

Corona del Mar, CA 92625

**Monday–Thursday:** 7:30 a.m.–5:30 p.m.

**Friday:** 7:30 a.m.–4:30 p.m.

## Registration Information

- Registration is required for all programs/camps.
- Programs/camps are subject to change without notice.
- Fax and mail-in registrations are processed upon receipt of a completed and signed registration form.
- Confirmation receipts are emailed for fax and mail-in registration. Online registration receipts available under account information.
- Registration will NOT be accepted over the phone.
- Fees are not pro-rated for missed classes or late registration.
- If program/camp is full, you will be placed on a wait list. If space becomes available, City staff will contact you to collect payment and provide a 24 hour response time before moving to the next person on the list. No class petitioning permitted.

## Refund Policy

### Program Cancellation

A full refund will be granted if program is cancelled by the Recreation & Senior Services Department.

### Participant Request for Program/Camps

Unless otherwise noted, no refunds after the commencement of the second class or camp. Refunds for workshops and one or two day classes will be granted if requested five business days before class begins. Refund fees are assessed per person per activity, not per transaction. **There is a non-refundable \$5 administrative fee per class.**

## Refund Fees

### Contract Programs (Camps/Classes)

- \$10 for activities \$74 and under before activity begins
- \$20 for activities \$75 and above before activity begins
- If request is made before the second day of camp or class a refund fee equivalent to a single day will be charged unless otherwise noted.
- NO REFUNDS after commencement of second day of camp or class.
- NO REFUNDS issued for events, excursions, or material fees.

### City of Newport Beach Staffed Programs

#### Day Camps (Including Pint-Sized Campers)

- \$25 refund fee applies for withdrawals with seven days or more notice.
- \$50 refund fee applies for withdrawals with six days or less notice.
- No refunds will be issued once the registered camp session has begun.

#### Active Kids Afterschool Program

- No refunds will be issued once the program has begun.

### Refund Processing Time/Payment Type

- Check/Cash – Refunds issued within 3-4 weeks by mailed check.
- Credit Card – Refunds processed within 3-5 days.

## Participant Code of Conduct

All participants are expected to exhibit appropriate behavior at all times while participating, being a spectator, or attending any program or activity conducted or sponsored by the City of Newport Beach Recreation & Senior Services Department. The following guidelines are designed to provide safe and enjoyable activities for all participants:

- Be respectful of and to all participants and program staff.
- Take direction from program staff/supervisors.
- Refrain from using abusive or foul language.
- Refrain from causing bodily harm to self, other participants, or program staff/supervisors.
- Refrain from damaging equipment, supplies, and facilities.
- Refrain from harassment of staff, instructors or participants.
- Failure to follow these rules may result in denial of program participation privileges. The City of Newport Beach Recreation & Senior Services Department strives to make your participation fun-filled, rewarding, educational and safe. Thank you for your cooperation.

## CREDIT CARD INFORMATION



Credit Card Number

Exp. Date

Full Name Appearing On the Credit Card

CVV (3 or 4 digit code on back of card)



**CITY OF NEWPORT BEACH**  
RECREATION & SENIOR SERVICES DEPARTMENT

100 Civic Center Drive ■ Newport Beach, CA 92660  
Phone: 949-644-3151 ■ Fax: 949-644-3155  
email: recreation@newportbeachca.gov ■ newportbeachca.gov

# Registration

Please note, your receipt will be emailed.

**ADULT/GUARDIAN INFORMATION** (Please print all information)

Adult/Guardian Last Name		Adult/Guardian First Name	
Address		City	Zip Code
Home Phone	Cell Phone	Work Phone	Email

**PARTICIPANT & COURSE INFORMATION**

Participants Name	Date of Birth	Gender	Course #	Class Name	Fee
<i>example</i> Bobby Newport	12/13/13	M	NCC230	Gymnastics	\$89

Checks payable to: **City of Newport Beach.**  
For credit card payments, fill out the adjacent page.

*Special Assistance* If you need special accommodations for activities notify the Recreation & Senior Services Dept. at 949-644-3151 or recreation@newportbeachca.gov.

**REFUND POLICY** Unless otherwise noted, no refunds after the commencement of the second class or camp. Refunds for workshops and one or two day classes will be granted if requested five business days before class begins. Refund fees are assessed per person per activity, not per transaction. There is a non-refundable \$5 administrative fee per class.

**REFUND FEE CONTRACT PROGRAMS (Unless otherwise noted):** \$10/program for programs \$74 and under and \$20/program for programs \$75 and above if requested before the commencement of the program. If request is made before the second day of program, a refund fee equivalent to a single day will be charged unless otherwise noted. NO REFUNDS after commencement of second day of camp. NO REFUNDS issued for events, excursions, or material fees.

**REFUND FEE NEWPORT BEACH DAY CAMP/PINT SIZED CAMPERS:** \$25/camp for withdrawals with seven or more days notice and \$50/camp for withdrawals with six days or less notice. NO REFUNDS once camp begins.

**REGISTRATION INFORMATION & POLICIES** I (We) the undersigned certify that I (We) have read, reviewed, understand and agree to the Registration Information & Policies on adjacent page. These policies are also included as part of your receipt.

**PHOTO RELEASE** I understand that from time to time City representatives may photograph activities of City recreation programs and participants. By signing this form, I authorize the City of Newport Beach to use or publish any photographs taken by the City showing my participation or my child/children's participation to promote classes on the City's website and other social media used by the City, future publications of the Newport Navigator, promotional emails, and/or fliers.

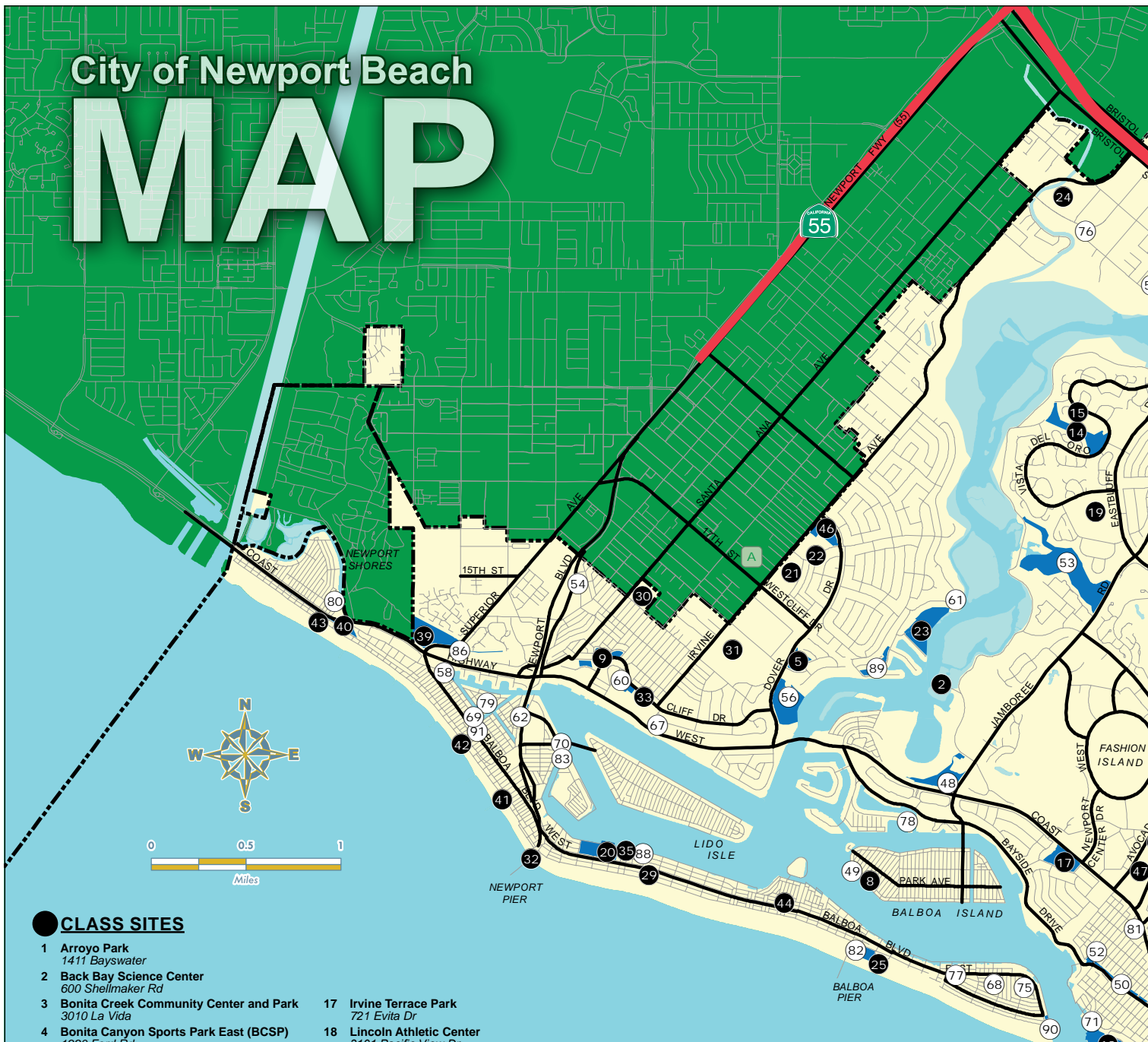
**WAIVER & RELEASE OF LIABILITY** In consideration for participation in the programs and activities held in person, through an online platform, or by any other means whether located on or off of public property ("PROGRAMS"), conducted by the City of Newport Beach, the Newport-Mesa Unified School District, or other such providers ("PROGRAM PROVIDERS"), I, on behalf of myself and on behalf of the participant of the PROGRAMS if someone other than me (both collectively, "PARTICIPANT") hereby: **(1)** acknowledge that participation in the PROGRAMS is voluntary; **(2)** agree to follow and abide by all rules, regulations, guidelines, and codes of conduct applicable to participation in the PROGRAMS; **(3)** certify that the PARTICIPANT is in good health and physically able to participate in the PROGRAMS, and does not have a medical condition that could make participation in the PROGRAMS hazardous to PARTICIPANT's health or the health of others; **(4)** agree to provide verification from a licensed medical professional of PARTICIPANT's physical fitness to participate in the PROGRAMS when requested by PROGRAM PROVIDERS; **(5)** agree that failure to disclose that participation by PARTICIPANT could create an unreasonable risk to PARTICIPANT or others may result in the PROGRAM PROVIDERS terminating PARTICIPANT from the PROGRAMS; **(6)** agree that PROGRAM PROVIDERS may terminate PARTICIPANT from participation in PROGRAMS at any time and in their sole and absolute discretion; **(7)** understand that participation in the PROGRAMS could result in bodily injury, property damage, death, disability, or other loss to PARTICIPANT or others as a result of, including by not limited to, strenuous physical activity or exertion, striking or being struck by objects or persons, falling, slipping, tripping, colliding with other persons or things, exposure to moisture, heat, cold, humidity, or sickness and disease (including but not limited to, COVID-19), which injuries and damage may include, but are not limited to, scrapes, bruises, cuts, sprains, strains, tearing or pulling of muscles or ligaments, fractures, dislocation of joints or bones, head or facial injuries, spinal cord injuries, internal injuries, or other injuries of any nature whatsoever which could be permanent or even fatal (collectively, "RISK OF INJURY"); **(8)** CERTIFY THAT PARTICIPANT AGREES TO ASSUME ANY AND ALL RISK OF INJURY ON BEHALF OF PARTICIPANT AND ANYONE WHO MAY CLAIM ON PARTICIPANT'S BEHALF; **(9)** CERTIFY THAT PARTICIPANT AGREES, ON BEHALF OF PARTICIPANT AND ANYONE WHO MIGHT CLAIM ON PARTICIPANT'S BEHALF, TO RELEASE, WAIVE, AND HOLD THE PROGRAM PROVIDERS HARMLESS FROM ANY AND ALL CLAIMS, ACTIONS, PROCEEDINGS, AND LIABILITY OF EVERY KIND OR NATURE WHATSOEVER, WHETHER FORESEEN OR UNFORESEEN, KNOWN OR UNKNOWN, RELATED TO, CAUSED BY, OR ARISING OUT OF PARTICIPANT'S PARTICIPATION IN THE PROGRAMS; and, **(10)** certify under penalty of perjury under the laws of the state of California that the foregoing is true and correct.

<b>Total Class Fees</b>	
<b>Non-Resident Fee for Classes</b> \$5/class \$74 & below or \$10/class \$75 & up	
<b>Non-Resident Fee for Camps</b> \$10/camp \$124 & below or \$20/camps \$125 & up	
<b>GRAND TOTAL</b>	

**Mandatory Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

# City of Newport Beach

# MAP

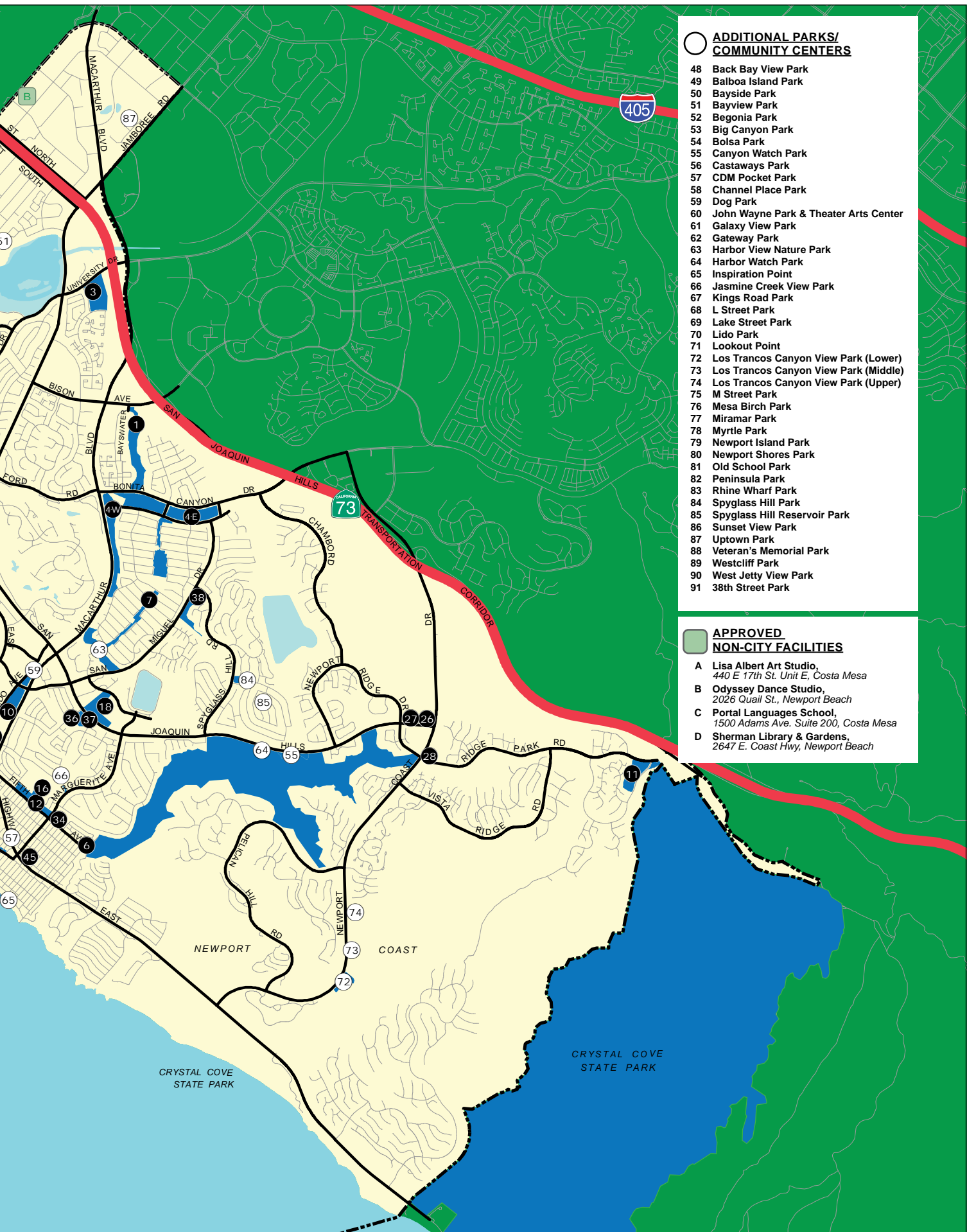


## CLASS SITES

- |   |   |   |
|---|---|---|
| 1 Arroyo Park<br>1411 Bayswater   | 17 Irvine Terrace Park<br>721 Evita Dr  | 32 Newport Pier<br>Newport Blvd, Balboa Blvd W                            |
| 2 Back Bay Science Center<br>600 Shellmaker Rd  | 18 Lincoln Athletic Center<br>3101 Pacific View Dr  | 33 Newport Theatre Arts Center<br>2501 Cliff Dr                           |
| 3 Bonita Creek Community Center and Park<br>3010 La Vida  | 19 Marian Bergeson Aquatic Center (MBAC)<br>Corona del Mar High School<br>2102 Eastbluff Dr | 34 OASIS Senior Center<br>801 Narcissus Ave, Corona del Mar               |
| 4 Bonita Canyon Sports Park East (BCSP)<br>1990 Ford Rd   | 20 Marina Park<br>1600 Balboa Blvd W  | 35 Sailing Center/SUP Rentals<br>1600 Balboa Blvd W                       |
| 4 Bonita Canyon Sports Park West (BCSP)<br>1641 Ford Rd   | 21 Mariners Elementary School<br>2100 Mariners Dr   | 36 San Joaquin Hills Lawn Bowling Center<br>1550 Crown Dr, Corona del Mar |
| 5 Bob Henry Park<br>900 Dover Dr  | 22 Mariners Park<br>Vincent Jorgensen Community Center (VJC)<br>1300 Irvine Ave             | 37 San Joaquin Hills Tennis Court<br>1550 Crown Dr, Corona del Mar        |
| 6 Buck Gully Reserve<br>Poppy Ave, Corona del Mar   | 23 Newport Aquatic Center (NAC)<br>1 White Cliffs Dr  | 38 San Miguel Park<br>2200 San Miguel Dr                                  |
| 7 Buffalo Hills Park<br>1901 Port Providence Pl   | 24 Newport Beach Golf Course<br>3100 Irvine Ave   | 39 Sunset Ridge Park<br>4850 West Coast Hwy                               |
| 8 Carroll Beek Community Center<br>115 Agate Ave, Balboa Island                                     | 25 Newport Beach Junior Lifeguards Building<br>901 East Ocean Front                         | 40 West Newport Park/Tennis Courts<br>5800 Seashore Dr                    |
| 9 Cliff Drive Park and Community Center<br>301 Riverside Ave  | 26 Newport Coast Community Center (NCCC)<br>6401 San Joaquin Hills Rd, Newport Coast        | 41 28th St Beach<br>28th St, Balboa Blvd                                  |
| 10 City Hall/Recreation and Senior Services<br>Department and Community Room<br>100 Civic Center Dr | 27 Newport Coast Pickleball Courts<br>6401 San Joaquin Hills Rd, Newport Coast              | 42 36th St Beach<br>36th St, Balboa Blvd                                  |
| 11 Coastal Peak Park<br>20403 East Coastal Peak, Newport Coast                                      | 28 Newport Coast Elementary School<br>6655 Ridge Park Rd, Newport Coast                     | 43 61st St Beach<br>61st St, Seashore Dr                                  |
| 12 Community Youth Center (CYC)<br>Grant Howald Park<br>3000 Fifth Ave, Corona del Mar              | 29 Newport Elementary School<br>1327 Balboa Blvd W  |   |
| 13 Corona del Mar Beach<br>3029 Breakers Dr   | 30 Newport Heights Elementary School<br>300 15th St   |   |
| 14 Eastbluff Park/Boys and Girls Club<br>2555 Vista del Oro   | 31 Newport Harbor High School<br>600 Irvine Ave   |   |
| 15 Eastbluff Elementary School<br>2627 Vista del Oro  |   |   |
| 16 Harbor View Elementary School<br>900 Goldenrod Ave, Corona del Mar                               |   |   |

## LIBRARIES

- 44 Balboa Branch  
100 Balboa Blvd E
- 45 Corona del Mar Branch  
420 Marigold Ave, Corona del Mar
- 46 Crean Mariners Branch  
1300 Irvine Ave
- 47 Newport Beach Central Library  
1000 Avocado Ave



- ADDITIONAL PARKS/  
COMMUNITY CENTERS**
- 48 Back Bay View Park
  - 49 Balboa Island Park
  - 50 Bayside Park
  - 51 Bayview Park
  - 52 Begonia Park
  - 53 Big Canyon Park
  - 54 Bolsa Park
  - 55 Canyon Watch Park
  - 56 Castaways Park
  - 57 CDM Pocket Park
  - 58 Channel Place Park
  - 59 Dog Park
  - 60 John Wayne Park & Theater Arts Center
  - 61 Galaxy View Park
  - 62 Gateway Park
  - 63 Harbor View Nature Park
  - 64 Harbor Watch Park
  - 65 Inspiration Point
  - 66 Jasmine Creek View Park
  - 67 Kings Road Park
  - 68 L Street Park
  - 69 Lake Street Park
  - 70 Lido Park
  - 71 Lookout Point
  - 72 Los Trancos Canyon View Park (Lower)
  - 73 Los Trancos Canyon View Park (Middle)
  - 74 Los Trancos Canyon View Park (Upper)
  - 75 M Street Park
  - 76 Mesa Birch Park
  - 77 Miramar Park
  - 78 Myrtle Park
  - 79 Newport Island Park
  - 80 Newport Shores Park
  - 81 Old School Park
  - 82 Peninsula Park
  - 83 Rhine Wharf Park
  - 84 Spyglass Hill Park
  - 85 Spyglass Hill Reservoir Park
  - 86 Sunset View Park
  - 87 Uptown Park
  - 88 Veteran's Memorial Park
  - 89 Westcliff Park
  - 90 West Jetty View Park
  - 91 38th Street Park

- APPROVED  
NON-CITY FACILITIES**
- A Lisa Albert Art Studio,  
440 E 17th St. Unit E, Costa Mesa
  - B Odyssey Dance Studio,  
2026 Quail St., Newport Beach
  - C Portal Languages School,  
1500 Adams Ave. Suite 200, Costa Mesa
  - D Sherman Library & Gardens,  
2647 E. Coast Hwy, Newport Beach

City of Newport Beach  
100 Civic Center Drive  
Newport Beach, CA 92660

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