

Shape up your savings

Regular checkups now can help keep your future finances healthy

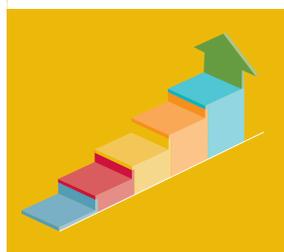
Like your physical health, your financial health depends on smart choices and regular checkups. Here are some steps you can take to help you get or keep your retirement savings in shape.



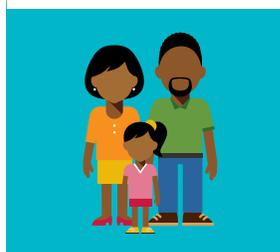
View your estimated monthly retirement income on your plan website to see if you're saving enough for the future you want.



Consider contributing even more as you near retirement through catch-up options that may boost your savings.



Make small increases to your savings on a regular basis; they might make a big difference down the road.



Update your beneficiary as your marital status or family situation changes to help ensure your benefits go to the individual(s) you choose.



Review your investment mix periodically and make changes when needed; the investment mix that's appropriate for you changes over time.



**Get started on your checkup
online or by phone.**

empowermyretirement.com

800-701-8255

**Get help with your checkup!
Schedule a one on one meeting
with your local representative.**

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NOW IS A GOOD TIME



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